

Parent Information

RED DIVISION MEET 2022 **Friday, July 8 – Saturday, July 9**

Gower Swim Team is honored to host Devenger, Greenville Country Club, Sugar Creek and Stone Lake for the 2022 Red Division Meet. Please review the following guidelines and suggestions and reach out to your SAIL rep with any questions. In addition, please communicate applicable information to your swimmers including safety, sportsmanship, and keeping areas clean.

Tuesday, July 5: TEAM PRACTICES

Gower Pool; 126 Shallowford Road, Greenville 29607

Each team will have 30 minutes to practice at Gower to familiarize swimmers with the pool. We HIGHLY encourage swimmers to carpool in order to limit the amount of cars with the quick turn-around between team practices.

Tuesday, July 5th

5:10 PM – 5:50 SCR

5:55 PM – 6:35: GCC

6:40 PM – 7:20: SL

7:25 PM – 8:05: DEV

While at the pool, please make sure swimmers know where to go when they arrive Friday or Saturday. Let them know where their tent will be located, how they will enter the pool, and how they will exit the pool to return to the tent. We will be available to walk your swimmers through the process.

WEATHER: In case your practice is cancelled for weather, we have reserved the pool for make-up practices on Wednesday evening. Your SAIL rep will contact you regarding your make-up time.

MEET: Friday, July 8 – Saturday, July 9

FRIDAY: Meet starts at 3:00 pm.

AGE GROUPS SWIMMING – 10 and Under

Team warm-up times are listed below. Swimmers should be at the pool no later than 15 minutes prior to warm-ups to drop things off in the tent area and proceed to the pool for warm-ups.

<u>WARM-UP TIME</u>	<u>TEAM</u>
12:50-1:08	SCR
1:10-1:28	GCC
1:30-1:48	SL
1:50-2:08	GOW
2:10-2:28	DEV

Officials Meeting at 2:30 pm: Officials report to the officials table on the pool deck to check in. Second half officials report when called around Event #33.

Timers Meeting at 2:40 pm: The head timer and the assistant referee will meet with the timers at 2:40 pm by the officials table on the pool deck. Second half timers report when called around Event #33.

SATURDAY: Meet starts at 9:30 am.

AGE GROUPS SWIMMING – 11 and Up

Team warm-up times are listed below. Swimmers should be at the pool no later than 15 minutes prior to warm-ups to drop things off in the tent area and proceed to the pool for warm-ups.

<u>WARM-UP TIME</u>	<u>TEAM</u>
7:20-7:38	DEV
7:40-7:58	GOW
8:00-8:18	SL
8:20-8:38	GCC
8:40-8:58	SCR

Officials Meeting at 9:00 am: Officials report to the officials table on the pool deck to check in. Second half officials report when called around Event #37.

Timers Meeting at 9:10 am: The head timer and the assistant referee will meet with the timers at 9:10 am by the officials table on the pool deck. Second half timers report when called around Event #37.

SWIMMER DROP-OFF for Friday and Saturday

We request that everyone approach the Gower Pool from the Stillwood Road end of Shallowford Road.

Parking Marshalls and City Police will be on hand to provide directions and for your safety. Please follow their guidance.

Upon turning into the Gower pool parking lot the swimmer tent area will be located on the left. At the bottom of the parking lot the traffic will be divided into two lanes. The **LEFT** lane will be for swimmer drop-off while the **RIGHT** lane will serve those simply wishing to advance forward to park. Please give yourself plenty of time to get your swimmer to the pool.

We ask that when dropping off your swimmers, please pull forward as far as possible, following the Marshall's directions. **DO NOT LEAVE YOUR CAR UNATTENDED.** Exit the swimmer drop-off line by advancing straight into the Gower Park. (Note: If you are dropping and leaving you will still need to drive through the Park and exit onto Laurel Creek Lane.)

If you are entering Gower from Laurens Road via Henderson Road:

Follow Henderson Road, turn RIGHT onto Stillwood, turn RIGHT onto Shallowford. Proceed to the pool located on the right side of the road.

If you are entering Gower from Laurens Road via Wembley Road:

Follow Wembley Road, turn LEFT onto Inglesby, turn RIGHT onto Pimlico, turn LEFT onto Shallowford. Proceed to the pool located on the right side of the road.

If you are entering Gower from S. Pleasantburg via Cleveland St. Ext.:

Follow Cleveland Street Ext., turn LEFT onto Henderson Road, turn LEFT onto Stillwood, turn RIGHT onto Shallowford. Proceed to the pool located on the right side of the road.

RESERVED PARKING

Your SAIL Rep will receive a limited number of reserved parking passes at the Tuesday night seeding meeting and will distribute them according to the needs of your team. **Reserved parking will be located in the paved lot as well as a special roped off area located in Gower Park directly behind the pool.** An attendant will man the entrance to these areas. *Permits must be displayed on the dash of your vehicle throughout the entire meet.*

PARKING

Gower will have approximately 350 parking spaces available in the Gower Park behind the pool. These will be the **MOST CONVENIENT** spaces to enter the pool deck. Access to the park parking lot behind the pool will **ONLY** be through the Gower Pool park access. You may also choose to park in the paved parking lot at Gower Park. This lot is accessible from either Laurel Creek Road or by driving through the Gower Park. (NOTE: *The park parking will be one-way traffic with entrance being through Gower Pool and exit being through Gower Park*)
SEE ATTACHED MAP



Neighborhood parking: If you choose to park in the neighborhood, you MUST observe the NO PARKING SIGNS posted throughout to ensure safety and appropriate traffic flow for this event.

PLEASE RESPECT THE “NO PARKING” SIGNS AND TRAFFIC CONES!! These areas are no parking for a reason and violators could be subject to towing at the vehicle owners expense.

HANDICAP PARKING

We have a limited number of handicapped parking spaces. These spaces will be located on the left side of the paved parking lot just before the entrance to the park. If possible, please drop those requiring special access off at the pool and have another in the party drive the car to the parking area at the park behind the pool.

VOLUNTEER CHECK IN

Volunteer check in will be located under the breezeway near concessions. The volunteer coordinator will give you your badge and direct you to your location. **Please visit volunteer check in before going to your location so that we can verify all volunteers are accounted for** and return your badge at the end of your shift. In general, **first half volunteers should check in by 2:00 pm on Friday and 9:00 am Saturday** and second half volunteers should check in when called around Event #34 on Friday and Event #37 on Saturday. Some volunteer positions may have different time requirements, however, so consult the volunteer sign ups sent to each team.

CONCESSIONS

Gower Concessions will offer our typical full menu for Friday evening and Saturday afternoon. This will include our fresh grilled burgers, hot dogs, Chick-Fil-A sandwiches and nuggets, our popular chicken pasta and wild rice chicken salads, carrots and hummus, and more!

On Saturday morning, we will have breakfast items to include Chick-fil-A biscuits, Krispy Kreme donuts, and juice. Cash and Credit Cards will be accepted!

SEATING

We will have bleachers in addition to the open space on the upper observation deck. No one will be permitted into the pool area before 12:00pm on Friday and 7:00 am on Saturday.

Saving bleacher space in advance of the meet **WILL NOT** be permitted.

**Exception: There will be reserved seating for the coaches, some officials and sponsors, which will be clearly marked.*

MEET RESULTS

During the meet, results will be posted on results boards located on the park side fence in the back pool.

ALCOHOL

As part of your SAIL organization by-laws, no alcohol is permitted during SAIL sponsored events.

BODY PAINT AND NOISE MAKERS

Individuals with body paint **WILL NOT** be allowed on the pool deck or in the pool. No air horns or other horns. Clappers and bells are permitted.

HEAT SHEETS

Limited quantity of Heat Sheets will be available for free courtesy of Palmetto Family Orthodontics on both Friday and Saturday sessions until they are gone. A link to the electronic heat sheet will be provided by your team.

BAD WEATHER CONTINGENCY PLAN

Severe Weather: In the event of severe weather, all swimmers and spectators should go to their cars. Please assist the swimmers in moving to cars. We will be in touch with the National Weather Service to monitor potentially bad weather in the area. It is at the lifeguard's and referee's discretion whether or not to stop the meet. The Meet Referee, a lifeguard, Meet Director, and SAIL Reps from each team will decide when the meet shall resume.

Meet Stoppage: In the event of stopping the meet for bad weather on Friday evening, warm-ups will begin on Saturday no earlier than 2:30 pm with the same order of events as Friday evening. If the meet is stopped on Saturday for bad weather, your SAIL Rep will meet with other officials and inform you of a new schedule.

ELECTRONIC TIMING SYSTEM

We are using a semi-pro timing system available through the Greenville County Recreation Department. We are using hand held electronic plungers (3 per lane) which automatically record swim times when the user presses the plunger. Each lane will use plungers and backup stopwatches.

FACILITIES/RESTROOMS

Restrooms: We have men's and women's restroom facilities in the bathhouse. In addition, we will have portable toilet facilities located in Gower Park and in the paved parking lot at the pool. These will be maintained so that they are sanitary throughout the event.

CHILD PROTECTION

If a swimmer is witness to or experiences a violation of safety, please take the following steps: (1) Secure the child's safety. (2) Do not leave the child unsupervised when reporting the incident. (3) Do not give an accused person access to the child. (4) Notify the child's coach and parents, if they have not been informed. (5) The coach or parent will notify the SAIL Rep for the team. (6) The SAIL Rep will contact the appropriate authorities. (7) Do not confront the person accused of the violation.

SPORTSMANSHIP

Swimmers and their families are expected to demonstrate teamwork, integrity, respect, and good sportsmanship in order that all Divisionals participants have a positive experience. This means treating swimmers, coaches, officials, and fans from all teams with respect. Parents should talk to their swimmers about the importance of sportsmanship. Swimmers should look for opportunities to build rapport with other teams, to win gracefully or lose graciously, and to avoid criticism of others.

AWARDS CEREMONY

We will have an awards presentation at the time the results have been finalized. We will present trophies for both the Metcalf Cup (high points) and the Founder's Cup (quality points). All head coaches will be asked to stand together on the pool deck and swimmers will remain under their team tent.

Note: Swimmers WILL NOT be allowed to jump in the pool during the award presentation.

Meet Director

Chris Abdella: 864-650-1165; chrisabdella@att.net

Meet Referee

Nicki Creech: 864-420-5137; ndcreech@gmail.com

Division Computer Operator

Lissa Franklin: 864-207-3030; familyof5in07@gmail.com

Gower SAIL Rep

Lee Taylor: 864-230-8532; lbtiii@hotmail.com

Gower Swim Moms

Kimberly Abdella: 864-593-1825; kimberlyabdella@att.net

Rebecca Gault: 864-616-3606; rebeccag@capllc.com