



Stone Lake @ Gower

Heat Sheets

Thursday, June 20
4:00 pm

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By:



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Congratulations, Addy Cass!

**11 seasons as a Stone Lake
Stingray!**

**All the best to you in your next
adventure as you head to
Washington and Lee University
this fall!**

Kae Fairey Class of 2024

My favorite swim team memories were during swim meets when we would have rain delays. On the occasions when the rain was too heavy to swim, but there were no storm risks, the coaches would join the swimmers at the tents. They would blast music, cheer, sing and dance with us turning the delay into an party. This reminds me of the Eleonor Roosevelt quote, “ A stumbling block to the pessimist, is a stepping stone to the optimist.”





GEORGIA HARPER

From Guppies to Big Team
to Coach...you have raced,
cheered, played, partied,
planned, and you have built
friendships that will last a
lifetime!! Daddy & I have
enjoyed every moment of
YOU! Go be **GREAT!**
Clemson Bound!!!



Congratulations Coach Matthew!

Matthew will be attending Virginia Tech in the fall. He has been swimming with Stone Lake Stingrays since he was seven years old.





CLASS OF 2024

SARAH CAMPBELL SMITH



Sarah Campbell graduated from Classical Conversations and will attend Berry College to study animal science with the plan of becoming a veterinarian. After 13 summers swimming for the Stone Lake Stingrays, she will now swim for the Vikings at Berry.



Thanks for the
memories Stone Lake!

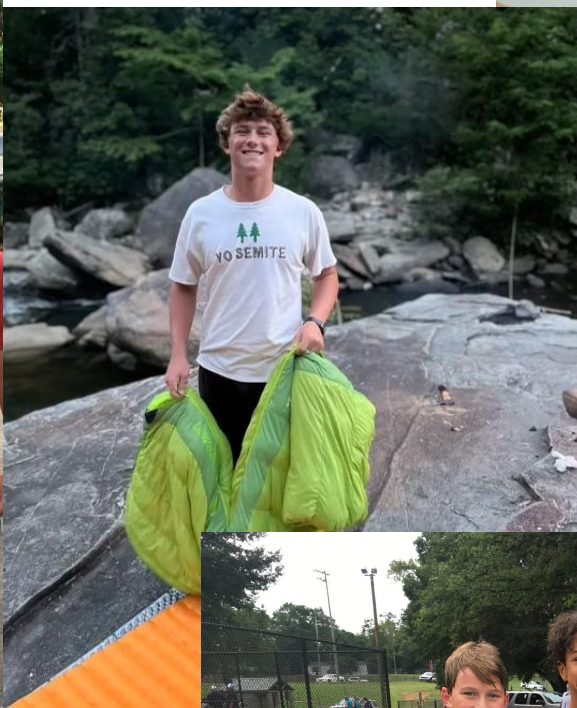
Congratulations Charlie! Citadel Bound!



Congratulations Coach Sam!

Good Luck at Clemson





Sam -

We simply could not be more proud of you! It has been one of our greatest joys to be granted the privilege to call you our son. Watching you swim over the years are some of our sweetest memories, and seeing that passion for the sport morph into a love of coaching has made us so very proud. You bring fun, joy, energy, and passion wherever you go, and while we will surely miss that combination around our house, we can't wait to see how God continues to use the gifts he's given you at Clemson. You are wonderful son who has become a true friend. Thanks for putting up with your weirdo parents.

We love you! - Mom & Dad

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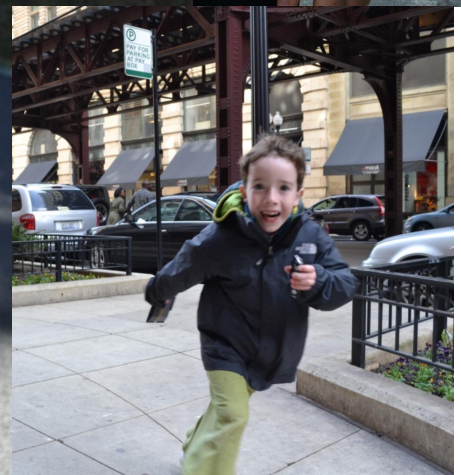
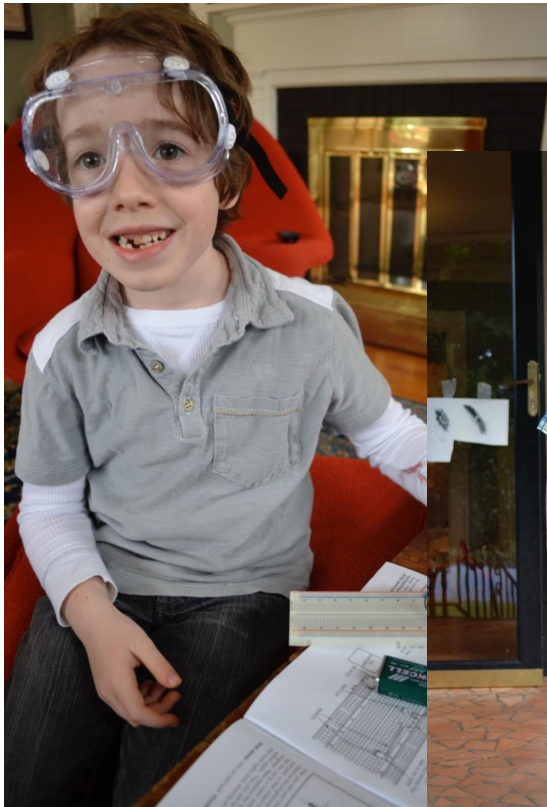
A photograph of three young men standing on a concrete deck next to a swimming pool. The man on the left is wearing a white t-shirt with 'STARS' printed on it and white shorts. The man in the center is shirtless and wearing dark blue swim trunks. The man on the right is shirtless and wearing black swim trunks. They are all smiling at the camera. In the background, there is a swimming pool with blue lane lines, a red-roofed building, and trees. A small white cup is on the ground in the foreground.

Next Stop:
Villanova University School of
Engineering
Class of 2028
\\

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Calvin has grown from a Stingray Guppy to a future Clemson Tiger and swimming at Stone Lake has played an instrumental role in his life and his summers.

Thank you to all of the coaches and volunteers over the years that have made it such a special experience for our whole family!



#1 Girls 8 & Under 100m Medley Relay

GOW	Gower Swim Team	2014	1:24.69
	Darby Scroggins, Lilla Bogнар,		
	Molly Kate Bannister, Sylvia Walker		
SL	Stone Lake	2002	1:27.79
	K. Crawford, K. McNamara, A. Poe,		
	K. Whisenhunt		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	1:45.84
	1) Feenster, Eleanor (8)	2) Conroy, Lilah (8)	
	3) Johnson, Adeline (8)	4) Lanz, Natalia (8)	
4	Stone Lake Team	A SL	1:52.08
	1) Cloyd, Ella Brooks (8)	2) Tepe, Ava (8)	
	3) Benson, Judy (8)	4) Odum, Hollis (8)	
5	Gower Swim Team	A GOWER	1:35.97
	1) Graves, Quinn (8)	2) Vaughan, Millie (8)	
	3) Mckellar, Evelyn (8)	4) Meece, Mary Frances (8)	
6	Stone Lake Team	B SL	NT
	1) Huffling, Reagan (7)	2) Cooper, Claire (7)	
	3) Cloyd, Hannah (6)	4) Hawthorne, Harriet (7)	
7	—		
8	—		

#2 Boys 8 & Under 100m Medley Relay

GOW	Gower Swim Team	2012	1:21.55
	Nils Bogнар, William Henderson,		
	Ben Bannister, Jack Williams		
SL	Stone Lake	2010	1:24.50
	W. Boyd, C. Baird, M. Melton, N.		
	DePiero		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	2:06.18
	1) Morris, Monty (7)	2) Knobloch, John David (8)	
	3) Sanders, Smith (8)	4) Kohart, Jackson (7)	
3	Gower Swim Team	B GOWER	1:52.33
	1) Mathis, Dean (8)	2) Hicklin, Sanford (7)	
	3) Howard, David (8)	4) Leifheit, Jesse (8)	
4	Stone Lake Team	A SL	1:40.93
	1) Poe, Grayson (8)	2) Lattimore, Mac (8)	
	3) Stratton, Anthony (7)	4) Mitchell, Charlie (7)	
5	Gower Swim Team	A GOWER	1:37.61
	1) Crosby, Hopkins (8)	2) Price, Thomas (7)	
	3) Favela, Cruz (8)	4) Prossie, Townes (8)	
6	Stone Lake Team	B SL	1:49.02
	1) McCloud, Gavin (8)	2) Pfeiffer, Rivers (8)	
	3) Smith, Brady (8)	4) Payne, Luke (8)	
7	—		
8	—		

#3 Girls 9-10 100m Medley Relay

GOW	Gower Swim Team	2012	1:10.77
	Jessie Crowley, Cara Bogнар,		
	Kate Faris, Isabella Hall		
SL	Stone Lake	2000	1:09.58
	L. Hill, M. Gould, E. Ligon, K.		
	Latham		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	1:31.29
	1) Robinson, Raelynn (10)	2) Thompson, Cannon (9)	
	3) Taylor, Charlotte (10)	4) Taylor, Elida (10)	
3	Gower Swim Team	B GOWER	1:23.02
	1) Nuttall, Emily (10)	2) Sweeny, Beatrice (9)	
	3) Gault, Sadie (10)	4) Cooke, Evie (9)	
4	Stone Lake Team	A SL	1:24.62
	1) Pretulak, Marion (10)	2) Powell, Liza (10)	
	3) Huffling, Olivia (10)	4) Sampson, Bitsy (10)	
5	Gower Swim Team	A GOWER	1:12.93
	1) Leifheit, Elaine (10)	2) Batson, Josie (10)	
	3) Leonard, Emmy (10)	4) Crigler, Mary Ellis (10)	
6	Stone Lake Team	B SL	1:28.81
	1) Benson, Penny (10)	2) Miller, Teagan (9)	
	3) Kohart, Eliana (9)	4) Hawthorne, Louise (10)	
7	Stone Lake Team	D SL	1:37.59
	1) Redd, Sutton (9)	2) Eller, Sarah Quincy (10)	
	3) Blank, Lillian (10)	4) Kleinfelter, Mollie (10)	
8	—		

#4 Boys 9-10 100m Medley Relay

GOW	Gower Swim Team	2014	1:10.38
	Nils Bogнар, Bennett Parramore,		
	Ben Bannister, Preston Canady		
SL	Stone Lake	2012	1:10.17
	N. DePiero, C. Baird, M. Melton,		
	J. Doyle		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	1:42.38
	1) Carson, Gibbs (9)	2) Stenbeck, James (10)	
	3) Johnson, Hugh (9)	4) Gibson, Jacob (9)	
3	Gower Swim Team	B GOWER	1:24.66
	1) Ward, Trenton (10)	2) Turman, Will (9)	
	3) Hunt, Finn (9)	4) Klein, Parker (10)	
4	Stone Lake Team	A SL	1:17.19
	1) Watkins, Brooks (9)	2) Poe, Crawford (10)	
	3) Sopko, Neal (9)	4) Pfeiffer, Keys (10)	
5	Gower Swim Team	A GOWER	1:18.86
	1) Armaly, Matthew (10)	2) Bailey, Beau (10)	
	3) Morris, Callen (10)	4) Kramer, Adam (9)	
6	Stone Lake Team	B SL	1:31.87
	1) McCloud, Gabe (10)	2) Reisner, Graeme (10)	
	3) Boyd, Wyatt (9)	4) Shuler, Fritz (10)	
7	Stone Lake Team	D SL	1:49.87
	1) Reid, Miller (10)	2) Allen, Patrick (9)	
	3) Chaney, Tommy (9)	4) Blankenship, James (9)	
8	—		

#5 Girls 11-12 200m Medley Relay

GOW	Gower Swim Team	2003	2:20.86
	Alex Roper, Ellen Kilgore, Sarah		
	Miller, Taylor Stokes		
SL	Stone Lake	2009	2:16.85
	H. Middleton, A. Borum, A.H.		
	Mazzola, M. Whisenhunt		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	3:06.02
	1) Magg, Vivian (12)	2) Prieshoff, Renna (11)	
	3) Anderson, Margaret Scott (12)	4) Fairey, Jane (12)	
3	Gower Swim Team	B GOWER	2:51.35
	1) Mckellar, Izzy (11)	2) Batson, Etta (12)	
	3) Marchant, Kate (12)	4) Shaw, Aliza (11)	
4	Stone Lake Team	A SL	2:32.82
	1) Metcalfe, Riley (11)	2) Sopko, Avery (11)	
	3) Beason, Naomi (11)	4) Terry, Maggie (12)	
5	Gower Swim Team	A GOWER	2:35.38
	1) Taylor, Celia (11)	2) Hart, Sophie (12)	
	3) Traynham, Hamrick (12)	4) Armaly, Lauren (12)	
6	Stone Lake Team	B SL	2:52.61
	1) Staby, Addison (12)	2) Archibald, Ruby (12)	
	3) Hooper, Grace (12)	4) Morris, Madden (12)	
7	—		
8	—		

#6 Boys 11-12 200m Medley Relay

GOW	Gower Swim Team	2014	2:15.83
	Sloan Norwood, Liam Walker,		
	Bruce Bannister, Porter Brown		
SL	Stone Lake Stingrays	2023	2:16.71
	Spence Conley, Marshall Metcalfe,		
	Rhys Boyd, Youjin Pang		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	3:24.45
	1) Latham, Thomas (12)	2) Archibald, Abraham (11)	
	3) Umstetter, Sam (11)	4) Reisner, Wyatt (11)	
3	Gower Swim Team	B GOWER	3:07.44
	1) Underwood, Ridge (11)	2) Glenn, Robert (12)	
	3) Shaw, Liam (11)	4) Brannon, Nate (12)	
4	Stone Lake Team	A SL	2:34.35
	1) Allen, Thomas (12)	2) Clinkscales, Taylor (11)	
	3) Fuduric, Hoke (12)	4) Johnson, David (12)	
5	Gower Swim Team	A GOWER	2:34.94
	1) Leifheit, Owen (12)	2) McDaniel, Schaefer (12)	
	3) Shaw, Wyatt (11)	4) Watkins, Noah (12)	
6	Stone Lake Team	B SL	2:50.01
	1) Doyle, Patrick (12)	2) Velez, Sebi (11)	
	3) Sanders, William (11)	4) Payne, Sam (12)	
7	—		
8	—		

#7 Girls 13-14 200m Medley Relay

GOW	Gower Swim Team	2005	2:08.83
	Alex Roper, Sarah Miller, Morgan Trickett, Ellen Kilgore		
SL	Stone Lake	2011	2:10.15
	H. Middleton, A. Borum, A. H. Mazzola, M. Whisenhunt		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	2:53.32
	1) Vaughan, Ella (13)	2) Reed, Kate (13)	
	3) Conroy, Caroline (14)	4) Dey, Catherine (13)	
4	Stone Lake Team	A SL	2:23.79
	1) Hamby, Camille (14)	2) Sebok, Jorja (14)	
	3) Hinson, Mary Hazel (13)	4) Hooper, Ridley (13)	
5	Gower Swim Team	A GOWER	2:23.30
	1) Seeley, Susan (14)	2) Carter, Sarah (13)	
	3) Alexander, Sutton (13)	4) Doherty, Lane (14)	
6	Stone Lake Team	B SL	2:41.43
	1) Van Ginhoven, Helen (13)	2) Miller, Kiera (13)	
	3) Arnett, Annabelle (13)	4) Odum, Pearce (13)	
7	—		
8	—		

#8 Boys 13-14 200m Medley Relay

GOW	Gower Swim Team	2016	1:58.54
	Sloan Norwood, Bruce Bannister, Liam Walker, John Etheridge		
SL	Stone Lake Stingrays	2022	2:01.04
	Ford Shirley, Nielsen Hamby, Hane Pretulak, Walker Simpson		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	2:45.20
	1) Gilley, Falon (14)	2) Redd, Crawford (13)	
	3) Clements, Hugh (13)	4) Johnson, Joseph (14)	
3	Gower Swim Team	B GOWER	2:34.08
	1) Suddeth, Burns (13)	2) Plyler, Jay (13)	
	3) Van Hook, Stewart Henry (14)	4) Watkins, Gage (14)	
4	Stone Lake Team	A SL	2:15.53
	1) Fuduric, Jesse (14)	2) Boyd, Rhys (13)	
	3) Beason, Quinn (14)	4) Velez, Andy (14)	
5	Gower Swim Team	A GOWER	2:23.53
	1) Taylor, Charlie (14)	2) Cobb, Jackson (14)	
	3) Gault, Sam (14)	4) Czarsty, Reynolds (14)	
6	Stone Lake Team	B SL	2:22.53
	1) Pang, Youjin (13)	2) Powell, Liam (14)	
	3) Conley, Spence (13)	4) Singletary, Jack (13)	
7	—		
8	—		

#9 Women 15 & Over 200m Medley Relay

GOW	Gower Swim Team	2023	1:59.14
	Delaney Franklin, Courtney Carter, Sylvia Walker, Lilly Gault Abdella		
SL	Stone Lake	2014	2:05.63
	M. Whisenhunt, A. Riordan, A. H. Mazzola, L. Konopka		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	2:22.87
	1) Plyler, Annette (16)	2) Darby, Marian (18)	
	3) Bannister, Molly Kate (18)	4) Suddeth, Ryan (15)	
4	Stone Lake Team	A SL	2:13.02
	1) Cree, Emma (17)	2) Clements, Aurora (17)	
	3) Vande Velde, Uma (16)	4) Smith, Sarah Campbell (18)	
5	Gower Swim Team	A GOWER	2:11.25
	1) Abdella, Lilly Gault (16)	2) Adams, Eliza (18)	
	3) Porterfield, Sterling (15)	4) Brannon, Madi (15)	
6	Stone Lake Team	B SL	2:29.30
	1) Cass, Addy (17)	2) Arnett, Caroline (16)	
	3) Kudlak, Alex (17)	4) Dunbar, Susannah (15)	
7	—		
8	—		

#10 Men 15 & Over 200m Medley Relay

GOW	Gower Swim Team	2023	1:48.80
	Bennett Parramore, Thomas Henderson, Brayden Franklin, Benja Hwang		
SL	Stone Lake Stingrays	2021	1:51.18
	Nils Bogner, Sam Udouj, Jack Doyle, Austin Hamby		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	2:02.33
	1) Carter, Rick (16)	2) Lawrence, Clark (16)	
	3) Caldwell, Watson (16)	4) Norwood, Stokes (16)	
4	Stone Lake Team	A SL	1:52.93
	1) Shirley, Ford (16)	2) Udouj, Sam (18)	
	3) Hamby, Nielsen (16)	4) Ryberg, Matthew (18)	
5	Gower Swim Team	A GOWER	1:55.36
	1) Taylor, Cade (16)	2) Hwang, Tophier (16)	
	3) Adams, William (17)	4) Fisher, Griffin (17)	
6	Stone Lake Team	B SL	2:13.07
	1) Latham, Andy (15)	2) Byce, Calvin (18)	
	3) Shirley, Gus (15)	4) Doyle, William (19)	
7	—		
8	—		

#11 Girls 8 & Under 25m Freestyle

GOW	K. Smetana	1984	16.14
	Gower Swim Team		
SL	Meredith Whisenhunt	2005	17.06
	Stone Lake		

Heat 1 of 6

1	Feemster, Eleanor	8 GOWER	23.09
2	Cloyd, Hannah	6 SL	25.05
3	Vaughan, Millie	8 GOWER	22.03
4	Odum, Hollis	8 SL	21.25
5	Lanz, Natalia	8 GOWER	20.82
6	Huffling, Reagan	7 SL	23.76
7	Mckellar, Evelyn	8 GOWER	22.38
8	Benson, Judy	8 SL	25.15

Heat 2 of 6

1	Graves, Quinn	8 GOWER	23.84
2	Ross, Ali	7 SL	29.67
3	Scott, Charley	8 GOWER	23.35
4	Hawthorne, Harriet	7 SL	28.22
5	Halphen, Harper	7 GOWER	23.21
6	Nevels, Zoe	8 SL	29.58
7	Muirhead, Kinley	8 GOWER	23.56
8	Pittman, Caroline	7 SL	30.82

Heat 3 of 6

1	Pruitt, Elliott	8 GOWER	27.39
2	Blank, Eleanor	7 SL	35.09
3	O'Neal, Lillie	8 GOWER	25.12
4	Cooper, Claire	7 SL	30.88
5	Conroy, Lilah	8 GOWER	24.69
6	Griese, Ellie	7 SL	32.90
7	Bemisderfer, Reaves	7 GOWER	25.75
8	Grainger, Tallie	8 SL	41.71

Heat 4 of 6

1	Benson, Camille	8 GOWER	30.45
2	Haselden, Eleanor	8 GOWER	29.75
3	Coln, Charlotte	7 GOWER	28.75
4	Sanders, Pressley	7 SL	42.99
5	Mullins, Katie Mae	7 GOWER	27.67
6	Rose, Maya	7 GOWER	29.46
7	Grounsell, Louise	8 GOWER	29.88
8	Lennon, Dani	8 GOWER	30.84

Heat 5 of 6

1	Dial, Lucy	7 GOWER	35.40
2	Carter, Andie	7 GOWER	33.94
3	Walsh, Marlowe	8 GOWER	33.56
4	Mckellar, Ellie	7 GOWER	32.25
5	Huffman, Catherine	7 GOWER	32.60
6	Woodward, Eleanor	8 GOWER	33.81
7	Waldrep, Evie	6 GOWER	34.69
8	Dunlap, Layla	7 GOWER	35.44

Heat 6 of 6

1	McDerment, Lucy	6 GOWER	42.59
2	Shuman, Brooklyn	7 GOWER	40.20
3	Shoultz, Ruthie	6 GOWER	40.58
4	Willis, Maggie	7 GOWER	47.78
5	—		
6	—		
7	—		
8	—		

Heat 5 of 7

1	Kirby, Harris	7 GOWER	31.94
2	Conroy, Sam	6 GOWER	31.30
3	Riddle, Luke	7 GOWER	31.27
4	Thompson, Hayes	7 SL	41.91
5	Schwartz, Deacon	8 GOWER	31.22
6	Chaney, Emmett	6 SL	42.22
7	Merriam, Hudson	8 GOWER	31.88
8	Chong, Leo	8 GOWER	32.53

Heat 3 of 6

1	Caldwell, Gully	10 GOWER	21.27
2	Mathias, Clara	9 SL	21.25
3	Young, Reese	10 GOWER	19.44
4	Robirds, Kyle	10 SL	20.77
5	Uzas, Hadley Claire	10 GOWER	18.26
6	Kleinfelter, Mollie	10 SL	21.12
7	Whitted, Francie	10 GOWER	19.71
8	Robinson, Raelynn	10 SL	21.58

Heat 6 of 7

1	McGee, Bo	6 GOWER	37.71
2	Mullins, Carlyle	7 GOWER	35.94
3	Mullins, Cooper	7 GOWER	34.68
4	Paul, Mac	7 GOWER	32.91
5	Oglesby, JP	7 GOWER	33.63
6	Schneider, Geoffrey	8 GOWER	35.46
7	Guinan, Toby	7 GOWER	36.37
8	—		

Heat 4 of 6

1	Roper, Fowler	9 GOWER	22.97
2	Dornback, Matilda	10 SL	24.35
3	Cappio, Courtney	10 GOWER	21.87
4	Redd, Sutton	9 SL	22.34
5	McGee, Mary Ward	10 GOWER	21.53
6	Hooper, Liza	9 SL	23.82
7	Huffman, Ella	9 GOWER	22.89
8	Lattimore, Hannah	10 SL	24.53

#12 Boys 8 & Under 25m Freestyle

	Ben Bannister	2012	15.68
	Gower Swim Team		
	Michael Melton	2011	16.98
	Stone Lake		

Heat 1 of 7

1	Leifheit, Jesse	8 GOWER	21.47
2	Payne, Luke	8 SL	22.34
3	Crosby, Hopkins	8 GOWER	18.92
4	Poe, Grayson	8 SL	19.75
5	Prosis, Townes	8 GOWER	17.73
6	Mitchell, Charlie	7 SL	21.38
7	Favela, Cruz	8 GOWER	21.44
8	Smith, Brady	8 SL	24.08

Heat 2 of 7

1	Scales V, Charlie	8 GOWER	25.08
2	Knobeloch, John David	8 SL	26.50
3	Howard, David	8 GOWER	23.53
4	Sampson, Hunter	8 SL	25.59
5	Mathis, Dean	8 GOWER	22.31
6	Kohart, Jackson	7 SL	26.02
7	Carter, Jac	7 GOWER	23.56
8	Dixon, William	8 SL	27.02

Heat 3 of 7

1	Hicklin, Sanford	7 GOWER	28.62
2	Allen, Connor	7 SL	27.78
3	Thompson, Pierce	8 GOWER	27.66
4	Chandler, Pete	8 SL	27.48
5	Shigley, Cooper	8 GOWER	27.48
6	Smith, Sully	7 SL	27.63
7	Baber, Colin	7 GOWER	27.78
8	Kleinfelter, Cooper	7 SL	28.34

Heat 4 of 7

1	Pittman, Anderson	8 GOWER	30.93
2	Fox, Waylon	7 SL	36.69
3	Atkinson, Dawson	8 GOWER	29.46
4	Finch, Harvey	7 SL	32.45
5	Nocks, Charlie	8 GOWER	29.01
6	Gustave, Calder	7 SL	34.61
7	Cranford, James	7 GOWER	29.62
8	Dunlap, Holcomb	7 SL	36.89

Heat 7 of 7

1	—		
2	—		
3	—		
4	—		
5	—		
6	Gettys, Gantt	7 GOWER	NT
7	Shirley, Mills	7 GOWER	38.59
8	Hart, Nate	7 GOWER	46.51

Heat 5 of 6

1	Hicklin, Mary Joyce	10 GOWER	24.91
2	Icenhour, Miller	9 SL	29.00
3	Doherty, Anna Pearse	9 GOWER	24.59
4	Pittman, Lib	9 SL	25.21
5	Gettys, Scarlett	10 GOWER	24.40
6	Heegard, Ella	10 SL	28.89
7	Kirby, Emma	9 GOWER	24.90
8	Staby, Natalie	9 SL	30.12

Heat 6 of 6

1	Warfield, Emerson	9 GOWER	42.46
2	Williams, Eleanor	9 GOWER	26.40
3	Ross, Josie	9 GOWER	29.56
4	—		
5	—		
6	—		
7	—		
8	—		

#13 Girls 9-10 25m Freestyle

	Elaine Leifheit	2024	14.14
	Gower Swim Team		
	Maggie Gould	2000	14.76
	Stone Lake		

Heat 1 of 6

1	Prosis, Piper	10 GOWER	17.47
2	Hawthorne, Louise	10 SL	18.70
3	Crigler, Mary Ellis	10 GOWER	17.08
4	Sampson, Bitsy	10 SL	17.46
5	Leonard, Emmy	10 GOWER	15.75
6	Huffling, Olivia	10 SL	18.18
7	Gault, Sadie	10 GOWER	17.27
8	Taylor, Elida	10 SL	18.76

Heat 2 of 6

1	Sparkman, Hadley	10 GOWER	18.14
2	Kohart, Eliana	9 SL	19.63
3	Batson, Josie	10 GOWER	17.57
4	Blank, Lillian	10 SL	19.40
5	Cooke, Evie	9 GOWER	17.51
6	Pretulak, Marion	10 SL	19.57
7	Nuttall, Emily	10 GOWER	17.91
8	Eller, Sarah Quincy	10 SL	19.70

*Combined w/ E14 H5

#14 Boys 9-10 25m Freestyle

	Ben Bannister	2014	14.11
	Gower Swim Team		
	Nathan DePiero	2012	14.52
	Stone Lake		

Heat 1 of 5

1	Klein, Parker	10 GOWER	17.01
2	Pfeiffer, Keys	10 SL	17.78
3	Kramer, Adam	9 GOWER	16.21
4	Watkins, Brooks	9 SL	16.03
5	Armaly, Matthew	10 GOWER	15.95
6	Poe, Crawford	10 SL	17.57
7	McDaniel, Fuller	9 GOWER	16.61
8	Reisner, Graeme	10 SL	18.04

Heat 2 of 5

1	Haselden, Wyatt	10 GOWER	18.21
2	Reid, Miller	10 SL	20.36
3	Cornish, Charley	10 GOWER	18.09
4	Shuler, Fritz	10 SL	18.90
5	Ward, Trenton	10 GOWER	17.11
6	Gibson, Jacob	9 SL	19.42
7	Turman, Will	9 GOWER	18.19
8	Stenbeck, James	10 SL	20.70

Heat 3 of 5

1	Holliday, Hayes	9 GOWER	20.58
2	McCloud, Gabe	10 SL	21.80
3	Hunt, Finn	9 GOWER	19.90
4	Blankenship, James	9 SL	21.05
5	Horin, Jack	10 GOWER	18.27
6	Carson, Gibbs	9 SL	21.29
7	Bailey, Beau	10 GOWER	20.06
8	Mahoney, Fionn	9 SL	23.24

Heat 4 of 5

1	Montgomery, James	9 GOWER	25.22
2	Bemisderfer, Ward	9 GOWER	22.81
3	Riddle, Beau	9 GOWER	21.24
4	Dunson, Ford	10 SL	30.09
5	Sharp, Mack	10 GOWER	20.69
6	McGee, Henry	10 GOWER	22.51
7	Robinson, Stone	9 GOWER	23.94
8	Moss, Lochlan	9 GOWER	25.35

Heat 5 of 5

1	—		
2	—		
3	—		
4	—		
5	Hart, Drummond	10 GOWER	30.31
6	Covington, Stokes	9 GOWER	25.40
7	Ryan, Sam	9 GOWER	25.84
8	Powell, Hutch	9 GOWER	31.44

*Swimming w/ E13 Hb

#15 Girls 11-12 50m Freestyle

GOW	Lilly Gault Abdella	2020	28.20
	Gower Swim Team		
SL	Meredith Whisenhunt	2009	29.22
	Stone Lake		

Heat 1 of 6

1	Marchant, Kate	12 GOWER	35.78
2	Archibald, Ruby	12 SL	35.18
3	Hart, Sophie	12 GOWER	33.51
4	Terry, Maggie	12 SL	34.77
5	Armaly, Lauren	12 GOWER	29.47
6	Hooper, Grace	12 SL	34.91
7	Shaw, Aliza	11 GOWER	35.09
8	Metcalfe, Riley	11 SL	35.83

Heat 2 of 6

1	Mckellar, Izzy	11 GOWER	39.02
2	Magg, Vivian	12 SL	39.61
3	Taylor, Celia	11 GOWER	37.07
4	Staby, Addison	12 SL	36.77
5	Trussell, Vivian	11 GOWER	37.01
6	Morris, Madden	12 SL	39.05
7	McCall, Macy	12 GOWER	37.14
8	Anderson, Margaret Scott	12 SL	40.39

Heat 3 of 6

1	Hutchison, Julia	11 GOWER	40.24
2	Priesshoff, Renna	11 SL	41.35
3	Conroy, Abbie	12 GOWER	39.94
4	Carson, Bea	11 SL	40.75
5	Horin, Anna	12 GOWER	39.36
6	Lowery, Eliza	11 SL	41.17
7	Cobb, Nora kate	11 GOWER	40.11
8	Dentici, Anne Charlotte	12 SL	41.44

Heat 4 of 6

1	Weber, Anna	11 GOWER	41.97
2	Gilley, Nola	11 SL	46.44
3	Brookshire, Marie	11 GOWER	41.45
4	Gibson, Megan	12 SL	43.89
5	Batson, Etta	12 GOWER	40.46
6	Johnson, Catherine	11 SL	44.13
7	Fisher, Amber	12 GOWER	41.76
8	Blankenship, Vivian	11 SL	48.98

Heat 5 of 6

1	—		
2	Grainger, Melodie	11 SL	59.81
3	Cornish, Clairly	12 GOWER	46.26
4	Mathias, Libba	11 SL	49.31
5	Czarsty, Kennedy	12 GOWER	42.47
6	Shirley, Libby	11 SL	50.32
7	Favela, Paloma	12 GOWER	48.84
8	—		

Heat 6 of 6

1	Hodge, Katherine	11 GOWER	1:00.91
2	Feemster, Annie Knox or AK	12 GOWER	50.29
3	Willis, Charlotte	11 GOWER	54.22
4	—		
5	—		
6	—		
7	—		
8	—		

*Combined w/ E16 H4

#16 Boys 11-12 50m Freestyle

GOW	W. Johnson	1998	27.91
	Gower Swim Team		
SL	Marshall Metcalfe	2023	28.11
	Stone Lake Stingrays		

Heat 1 of 4

1	Shaw, Liam	11 GOWER	36.70
2	Allen, Thomas	12 SL	33.78
3	Watkins, Noah	12 GOWER	35.31
4	Fuduric, Hoke	12 SL	31.87
5	Leifheit, Owen	12 GOWER	29.81
6	Johnson, David	12 SL	32.94
7	McDaniel, Schaefer	12 GOWER	35.96
8	Sanders, William	11 SL	33.88

Heat 2 of 4

1	Underwood, Ridge	11 GOWER	40.09
2	Latham, Thomas	12 SL	38.44
3	Watson, Bo	12 GOWER	38.88
4	Velez, Sebi	11 SL	34.41
5	Brannon, Nate	12 GOWER	38.64
6	Payne, Sam	12 SL	35.45
7	Uzas, Hampton	12 GOWER	39.41
8	Clinkscales, Taylor	11 SL	38.57

Heat 3 of 4

1	Conroy, Ben	12 GOWER	48.39
2	Reid, Hudson	11 SL	53.51
3	Robinson, Brooks	11 GOWER	44.28
4	Reisner, Wyatt	11 SL	40.17
5	Turman, Lee	11 GOWER	43.06
6	Archibald, Abraham	11 SL	48.63
7	Robinson, Jack	12 GOWER	45.94
8	—		

Heat 4 of 4

1	—		
2	—		
3	—		
4	—		
5	Craddock, Davis	11 GOWER	1:23.98
6	Powell, Rhodes	11 GOWER	48.82
7	Galipeau, Charlie	11 GOWER	1:02.84
8	—		

*Swimming w/ E15 Hb

#17 Girls 13-14 50m Freestyle

GOW	Lilly Gault Abdella	2021	27.31
	Gower Swim Team		
SL	Keelin McNamara	2007	27.77
	Stone Lake		

Heat 1 of 3

1	Vaughan, Ella	13 GOWER	35.22
2	Odum, Pearce	13 SL	33.84
3	Doherty, Lane	14 GOWER	34.09
4	Hamby, Camille	14 SL	31.22
5	Carter, Sarah	13 GOWER	33.31
6	Hooper, Ridley	13 SL	33.67
7	Dey, Catherine	13 GOWER	35.18
8	Morris, Miller	14 SL	34.15

Heat 2 of 3

1	Banks, Izzy	13 GOWER	41.29
2	Umstetter, Ava	14 SL	35.88
3	Dunlap, Presley	13 GOWER	39.28
4	Sebok, Jorja	14 SL	35.46
5	Reed, Kate	13 GOWER	36.23
6	Arnett, Annabelle	13 SL	35.73
7	Conroy, Caroliine	14 GOWER	39.43
8	Miller, Kiera	13 SL	36.00

Heat 3 of 3

1	Reid, Annabelle	13 SL	45.66
2	Taylor, Abygail	13 SL	39.26
3	Walsh, Quinn	14 GOWER	45.00
4	Harper, Bella	14 SL	38.65
5	Frisch, Evelyn	13 GOWER	43.18
6	Meister, Riley	14 SL	39.17
7	Hodge, Ella Pierce	13 GOWER	50.03
8	—		

#18 Boys 13-14 50m Freestyle

GOW	Liam Walker	2016	24.81
	Gower Swim Team		
SL	Nathan DePiero	2016	24.98
	Stone Lake Stingrays		

Heat 1 of 3

1	Abdella, Topher	13 GOWER	31.92
2	Fuduric, Jesse	14 SL	31.14
3	Watkins, Gage	14 GOWER	30.98
4	Velez, Andy	14 SL	30.15
5	Czarsty, Reynolds	14 GOWER	30.26
6	Powell, Liam	14 SL	30.82
7	Trussell, Xavier	13 GOWER	31.73
8	Johnson, Joseph	14 SL	32.56

Heat 2 of 3

1	Vogt, Mateo	13 GOWER	34.81
2	Powell, Parks	13 SL	35.31
3	Cobb, Jackson	14 GOWER	33.12
4	Gilley, Falon	14 SL	32.83
5	Plyler, Jay	13 GOWER	33.00
6	Clinkscales, Patrick	13 SL	34.80
7	Mellard, Wilkes	13 GOWER	33.51
8	Clements, Hugh	13 SL	35.65

Heat 3 of 3

1	—		
2	—		
3	Craddock, Reid	14 GOWER	45.43
4	Sweeny, Victor	13 GOWER	35.06
5	Boggs, Carlton	13 GOWER	40.99
6	—		
7	—		
8	—		

#19 Women 15 & Over 50m Freestyle

GOW	Lilly Gault Abdella	2023	26.49
	Gower Swim Team		
SL	Meredith Whisenhunt	2014	27.20
	Stone Lake		

Heat 1 of 4

1	Porterfield, Sterling	15 GOWER	30.25
2	Vande Velde, Uma	16 SL	31.22
3	Bannister, Molly Kate	18 GOWER	29.84
4	Clements, Aurora	17 SL	29.25
5	Brannon, Madi	15 GOWER	29.04
6	Smith, Sarah Campbell	18 SL	29.29
7	Suddeth, Ryan	15 GOWER	30.10
8	Cass, Addy	17 SL	31.94

Heat 2 of 4

1	Johnson, Addie	15 GOWER	31.65
2	Dunbar, Susannah	15 SL	34.05
3	Sweeny, Addie	15 GOWER	31.15
4	Kudlak, Alex	17 SL	31.94
5	Adams, Eliza	18 GOWER	30.49
6	Cree, Emma	17 SL	33.71
7	Plyler, Annette	16 GOWER	31.55
8	Arnett, Caroline	16 SL	34.88

Heat 3 of 4

1	Adams, Anna Miller	18 GOWER	36.91
2	Reed, Elizabeth	16 GOWER	36.43
3	Etheridge, Ella	18 GOWER	35.82
4	Barrett, Hannah	15 SL	35.89
5	Key, Amelia	15 GOWER	34.81
6	Warthen, Meredith	17 SL	41.16
7	Griffeth, Lucy	15 GOWER	36.56
8	Chambers, Kate	15 GOWER	37.62

Heat 4 of 4

1	—		
2	—		
3	Taylor, Clayton	18 GOWER	39.36
4	White, SK	16 GOWER	37.67
5	King, Caroline	15 GOWER	37.78
6	—		
7	—		
8	—		

#20 Men 15 & Over 50m Freestyle

GOW	Robert Borowicz	2013	23.17
	Gower Swim Team		
SL	Nathan DePiero	2018	24.15
	Stone Lake Stingrays		

Heat 1 of 3

1	Caldwell, Watson	16 GOWER	27.28
2	Shirley, Ford	16 SL	26.12
3	Fisher, Griffin	17 GOWER	26.22
4	Ryberg, Matthew	18 SL	25.00
5	Adams, William	17 GOWER	25.29
6	Whisenhunt, JW	17 SL	26.00
7	Norwood, Stokes	16 GOWER	26.97
8	Udoux, Sam	18 SL	26.34

Heat 2 of 3

1	Sweeny, Cooper	17 GOWER	30.19
2	Latham, Andy	15 SL	28.12
3	Manning, Riggs	16 GOWER	29.81
4	Shirley, Gus	15 SL	27.68
5	Ward, Wyatt	18 GOWER	27.52
6	Doyle, William	19 SL	27.68
7	McGriff, Slade	15 GOWER	29.84
8	Sanders, Charlie	17 SL	30.17

Heat 3 of 3

1	—		
2	Dey, Colin	15 GOWER	34.20
3	Meece, McCall	15 GOWER	30.81
4	Dickerson, Brady	18 GOWER	30.52
5	Porterfield, Nate	18 GOWER	30.69
6	Troyer, Drew	15 GOWER	32.45
7	Boggs, Grant	16 GOWER	36.06
8	—		

#21 Girls 8 & Under 100m IM

GOW	K. Smetana	1984	1:29.37
	Gower Swim Team		
SL	Meredith Whisenhunt	2005	1:29.20
	Stone Lake		

Heat 1 of 1

1	Graves, Quinn	8 GOWER	NT
2	Benson, Judy	8 SL	2:32.97
3	Johnson, Adeline	8 GOWER	2:24.23
4	Cloyd, Ella Brooks	8 SL	2:08.79
5	Meece, Mary Frances	8 GOWER	1:56.15
6	Tepe, Ava	8 SL	2:11.47
7	Czarsty, Campbell	8 GOWER	2:27.15
8	O'Neal, Lillie	8 GOWER	NT

#22 Boys 8 & Under 100m IM

GOW	Nils Bognar	2012	1:29.95
	Gower Swim Team		
SL	Bryan Riordan	2005	1:36.12
	Stone Lake		

Heat 1 of 2

1	Mellard, Riggins	8 GOWER	2:34.09
2	Lattimore, Mac	8 SL	2:38.49
3	Morris, Graham	7 GOWER	2:16.75
4	Stratton, Anthony	7 SL	2:06.42
5	Prosis, Townes	8 GOWER	2:10.57
6	Poe, Grayson	8 SL	2:09.51
7	Price, Thomas	7 GOWER	2:26.60
8	Payne, Luke	8 SL	2:45.30

Heat 2 of 2

1	—		
2	Leifheit, Jesse	8 GOWER	NT
3	Scales V, Charlie	8 GOWER	2:52.87
4	Kleinfelter, Cooper	7 SL	NT
5	Duncan, Teddy	8 GOWER	2:48.53
6	Kohart, Jackson	7 SL	NT
7	—		
8	—		

#23 Girls 9-10 100m IM

GOW	Elaine Leifheit	2024	1:18.43
	Gower Swim Team		
SL	Meredith Whisenhunt	2007	1:19.11
	Stone Lake		

Heat 1 of 4

1	Price, Mary Alice	10 GOWER	1:56.32
2	Thompson, Cannon	9 SL	1:54.76
3	Batson, Josie	10 GOWER	1:44.28
4	Sampson, Bitsy	10 SL	1:47.95
5	Leifheit, Elaine	10 GOWER	1:18.43
6	Taylor, Elida	10 SL	1:52.20
7	Lanz, Hannah	9 GOWER	1:56.32
8	Taylor, Charlotte	10 SL	1:56.53

Heat 2 of 4

1	Duncan, Mary Eliza	10 GOWER	2:06.40
2	Hooper, Liza	9 SL	2:17.70
3	Whitted, Francie	10 GOWER	2:00.95
4	Benson, Penny	10 SL	2:00.82
5	Marchant, Caroline	9 GOWER	1:56.94
6	Getson, Grace	9 SL	2:08.68
7	Broome, Julia	10 GOWER	2:02.27
8	Dunbar, Mary Margaret	9 SL	NT

Heat 3 of 4

1	—		
2	Shoultz, Mary Davis	10 GOWER	2:26.62
3	Uzas, Hadley Claire	10 GOWER	2:21.34
4	Robinson, Raelynn	10 SL	NT
5	Huffman, Ella	9 GOWER	2:13.12
6	Thomas, Reagan	10 SL	NT
7	Halphen, Hattie	9 GOWER	2:36.32
8	—		

Heat 4 of 4

1	—		
2	—		
3	Pittman, Ansley	10 GOWER	NT
4	Sweeny, Beatrice	9 GOWER	2:44.18
5	Blumer, Berkeley	9 GOWER	2:52.62
6	—		
7	—		
8	—		

#24 Boys 9-10 100m IM

GOW	Bruce Bannister	2012	1:20.68
	Gower Swim Team		
SL	Nathan DePiero	2012	1:20.86
	Stone Lake		

Heat 1 of 2

1	Trussell, Oliver	9 GOWER	2:13.83
2	Allen, Patrick	9 SL	2:25.19
3	Pruitt, Henry	10 GOWER	2:06.66
4	Watkins, Brooks	9 SL	1:32.24
5	Morris, Callen	10 GOWER	1:33.67
6	Boyd, Wyatt	9 SL	1:52.13
7	Waldrep, Jack	9 GOWER	2:10.68
8	Bugay, John Thomas	10 SL	3:01.84

Heat 2 of 2

1	Johnson, Hugh	9 SL	NT
2	Dentici, Cannon	10 SL	NT
3	Haselden, Wyatt	10 GOWER	NT
4	Chaney, Tommy	9 SL	NT
5	Dunlap, Cruz	10 GOWER	NT
6	Shuler, Fritz	10 SL	NT
7	Banks, Tommy	10 GOWER	NT
8	—		

#25 Girls 11-12 100m IM

GOW	Lilly Gault Abdella	2020	1:11.31
	Gower Swim Team		
SL	Keelin McNamara	2006	1:10.97
	Stone Lake		

Heat 1 of 2

1	Hutchison, Julia	11 GOWER	2:05.80
2	Brewington, Lily	11 SL	NT
3	Traynham, Hamrick	12 GOWER	1:37.99
4	Sopko, Avery	11 SL	1:22.25
5	Armaly, Lauren	12 GOWER	1:16.57
6	Beason, Naomi	11 SL	1:28.14
7	Brookshire, Marie	11 GOWER	1:52.45
8	—		

Heat 2 of 2

1	—		
2	—		
3	Moss, Scarlett	11 GOWER	NT
4	Mudge, Ella	11 GOWER	2:05.81
5	Fisher, Amber	12 GOWER	NT
6	—		
7	—		
8	—		

#26 Boys 11-12 100m IM

GOW	Henry Faris	1983	1:10.57
	Gower Swim Team		
SL	Nathan DePiero	2014	1:11.49
	Stone Lake		

Heat 1 of 1

1	Brannon, Nate	12 GOWER	NT
2	Velez, Sebi	11 SL	1:35.45
3	Watson, Bo	12 GOWER	2:02.44
4	Doyle, Patrick	12 SL	1:27.90
5	Shaw, Wyatt	11 GOWER	1:31.75
6	Sanders, William	11 SL	1:30.32
7	McGriff, Liam	11 GOWER	2:17.37
8	Umstetter, Sam	11 SL	1:47.16

#27 Girls 13-14 100m IM

GOW	Morgan Trickett	2005	1:07.77
	Gower Swim Team		
SL	Keelin McNamara	2007	1:08.90
	Stone Lake		

Heat 1 of 1

1	Cappio, Allie	13 GOWER	1:49.91
2	Ryberg, Sonia	13 SL	1:37.70
3	Alexander, Sutton	13 GOWER	1:17.08
4	Van Ginhoven, Helen	13 SL	1:28.14
5	Seeley, Susan	14 GOWER	1:13.41
6	Odum, Pearce	13 SL	1:29.20
7	Carter, Sarah	13 GOWER	1:21.89
8	Meister, Riley	14 SL	NT

#28 Boys 13-14 100m IM

GOW	Bruce Bannister	2016	1:03.09
	Gower Swim Team		
SL	Nathan DePiero	2016	1:01.17
	Stone Lake Stingrays		

Heat 1 of 2

1	Suddeth, Burns	13 GOWER	1:34.00
2	Conley, Spence	13 SL	1:19.35
3	Gault, Sam	14 GOWER	1:27.59
4	Beason, Quinn	14 SL	1:11.01
5	Taylor, Charlie	14 GOWER	1:12.94
6	Pang, Youjin	13 SL	1:16.76
7	Plyler, Jay	13 GOWER	1:27.91
8	Powell, Liam	14 SL	1:29.34

Heat 2 of 2

1	—		
2	—		
3	Singletery, Jack	13 SL	NT
4	Powell, Parks	13 SL	NT
5	McGee, Pac	13 GOWER	2:02.44
6	—		
7	—		
8	—		

#29 Women 15 & Over 100m IM

GOW	Delaney Franklin	2021	1:06.02
	Gower Swim Team		
SL	Lilla Bogнар	2024	1:03.27
	Stone Lake Stingrays		

Heat 1 of 2

1	Sweeny, Addie	15 GOWER	1:29.01
2	Darby, Marian	18 GOWER	1:28.27
3	Plyler, Annette	16 GOWER	1:24.95
4	Clements, Aurora	17 SL	1:12.44
5	Abdella, Lilly Gault	16 GOWER	1:07.18
6	Vande Velde, Uma	16 SL	1:14.72
7	Sheppard, Kyre	16 GOWER	1:28.86
8	Bannister, Caroline	15 GOWER	1:30.57

Heat 2 of 2

1	Sanders, Caroline	17 GOWER	1:45.54
2	Henderson, Anna Kate	18 GOWER	1:32.90
3	Rumchak, Rosemary	18 GOWER	1:34.63
4	Chambers, Caroline	17 GOWER	1:50.82
5	—		
6	—		
7	—		
8	—		

#30 Men 15 & Over 100m IM

GOW	Bruce Bannister	2020	59.40
	Gower Swim Team		
SL	Jack Doyle	2021	57.85
	Stone Lake Stingrays		

Heat 1 of 2

1	Taylor, Cade	16 GOWER	1:09.71
2	Byce, Calvin	18 SL	1:21.44
3	Carter, Rick	16 GOWER	1:05.30
4	Udouj, Sam	18 SL	1:02.84
5	Hwang, Tophier	16 GOWER	1:04.39
6	Hamby, Nielsen	16 SL	1:03.24
7	Caldwell, Watson	16 GOWER	1:09.27
8	Byce, Heyward	15 SL	1:22.67

Heat 2 of 2

1	—		
2	—		
3	—		
4	—		
5	Caldwell, Trib	15 GOWER	1:44.32
6	Lawrence, Clark	16 GOWER	1:21.88
7	Wynn, Ray	15 GOWER	1:29.22
8	Van Hook, Charlie	18 GOWER	NT

*Swimming w/ E29 H2

#31 Girls 8 & Under 25m Breaststroke

GOW	Cara Bogнар	2009	22.16
	Gower Swim Team		
SL	Alaina Riordan	2007	22.51
	Stone Lake		

Heat 1 of 4

1	Ashburn, Addi	8 GOWER	30.79
2	Odum, Hollis	8 SL	NT
3	Mckellar, Evelyn	8 GOWER	27.71
4	Cloyd, Ella Brooks	8 SL	31.62
5	Vaughan, Millie	8 GOWER	27.54
6	Tepe, Ava	8 SL	33.35
7	Conroy, Lilah	8 GOWER	29.58
8	Pruitt, Elliott	8 GOWER	31.73

Heat 2 of 4

1	Coln, Charlotte	7 GOWER	41.00
2	Czarsty, Campbell	8 GOWER	34.27
3	Halphen, Harper	7 GOWER	33.88
4	Muirhead, Kinley	8 GOWER	31.86
5	Johnson, Adeline	8 GOWER	31.89
6	Caldwell, Sims	7 GOWER	34.18
7	Benson, Camille	8 GOWER	40.47
8	Huffman, Catherine	7 GOWER	41.59

Heat 3 of 4

1	Haselden, Eleanor	8 GOWER	NT
2	Waldrep, Evie	6 GOWER	49.44
3	Grounsell, Louise	8 GOWER	46.29
4	Cleveland, Mary Earle	8 GOWER	42.81
5	Lennon, Dani	8 GOWER	45.40
6	Coln, Livie	8 GOWER	47.47
7	Scott, Charley	8 GOWER	NT
8	Covington, Keating	6 GOWER	NT

Heat 4 of 4

1	—		
2	—		
3	Bemisderfer, Reaves	7 GOWER	NT
4	Woodward, Eleanor	8 GOWER	NT
5	Carter, Andie	7 GOWER	NT
6	Walsh, Marlowe	8 GOWER	NT
7	—		
8	—		

#32 Boys 8 & Under 25m Breaststroke

GOW	K. Lupo	1987	21.00
	Gower Swim Team		
SL	Christian Baird	2008	22.86
	Stone Lake		

Heat 1 of 4

1	Hicklin, Sanford	7 GOWER	33.42
2	Pfeiffer, Rivers	8 SL	31.49
3	Favela, Cruz	8 GOWER	29.08
4	Lattimore, Mac	8 SL	30.36
5	Price, Thomas	7 GOWER	28.99
6	McCloud, Gavin	8 SL	31.18
7	Leifheit, Jesse	8 GOWER	32.66
8	Morris, Monty	7 SL	33.46

Heat 2 of 4

1	Whitted, Thomas	7 GOWER	37.89
2	Thompson, Hayes	7 SL	NT
3	Scales V, Charlie	8 GOWER	35.97
4	Knobeloch, John David	8 SL	33.96
5	Schwartz, Deacon	8 GOWER	33.70
6	Sanders, Smith	8 SL	37.23
7	McDerment, Gray	8 GOWER	36.56
8	Crosby, Zeke	6 GOWER	50.00

Heat 3 of 4

1	Kramer, Graham	7 GOWER	NT
2	Paul, Mac	7 GOWER	NT
3	Banks, Roy	7 GOWER	NT
4	Hart, Nate	7 GOWER	59.67
5	Kirby, Harris	7 GOWER	NT
6	Conroy, Sam	6 GOWER	NT
7	Oglesby, JP	7 GOWER	NT
8	Pittman, Anderson	8 GOWER	NT

Heat 4 of 4

1	—		
2	Holliday, Whit	7 GOWER	NT
3	Mullins, Carlyle	7 GOWER	NT
4	Riddle, Luke	7 GOWER	NT
5	Mathis, Dean	8 GOWER	NT
6	Shirley, Mills	7 GOWER	NT
7	Baber, Colin	7 GOWER	NT
8	—		

#33 Girls 9-10 25m Breaststroke

GOW	Elaine Leifheit	2024	18.62
	Gower Swim Team		
SL	Avery Sopko	2023	17.87
	Stone Lake Stingrays		

Heat 1 of 5

1	Broome, Julia	10 GOWER	27.59
2	Hawthorne, Louise	10 SL	25.06
3	Sweeny, Beatrice	9 GOWER	22.96
4	Miller, Teagan	9 SL	24.91
5	Batson, Josie	10 GOWER	21.08
6	Powell, Liza	10 SL	25.06
7	Young, Reese	10 GOWER	27.45
8	Thompson, Cannon	9 SL	25.15

Heat 2 of 5

1	Wolcott, Julie	10 GOWER	30.06
2	Chandler, Libby	10 SL	33.50
3	Lanz, Caroline	9 GOWER	28.76
4	Walsh, Addie	10 SL	30.12
5	Cleveland, Gretchen	10 GOWER	28.17
6	Lattimore, Hannah	10 SL	31.19
7	McGee, Mary Ward	10 GOWER	29.96
8	Dornback, Matilda	10 SL	35.82

Heat 3 of 5

1	Roper, Fowler	9 GOWER	34.75
2	Mathias, Clara	9 SL	NT
3	Crigler, Reed	9 GOWER	30.77
4	Staby, Natalie	9 SL	NT
5	Williams, Eleanor	9 GOWER	30.70
6	Pittman, Lib	9 SL	NT
7	Stout, Shelley	9 GOWER	34.00
8	Icenhour, Miller	9 SL	NT

Heat 4 of 5

1	Caldwell, Millan	10 GOWER	41.32
2	Ross, Josie	9 GOWER	39.34
3	Hicklin, Mary Joyce	10 GOWER	37.07
4	Gettys, Scarlett	10 GOWER	34.78
5	Marchant, Caroline	9 GOWER	35.53
6	Kirby, Emma	9 GOWER	37.80
7	Shoultz, Mary Davis	10 GOWER	39.82
8	Blumer, Berkeley	9 GOWER	42.34

Heat 5 of 5

1	Warfield, Emerson	9 GOWER	NT
2	Finley, Madelyn	10 GOWER	42.89
3	Shoultz, Penny	9 GOWER	48.83
4	—		
5	—		
6	—		
7	—		
8	—		

*Combined w/ E34 H4

#34 Boys 9-10 25m Breaststroke

GOW	Z. Hickerson	1998	18.89
	Gower Swim Team		
SL	Nathan DePiero	2012	20.57
	Stone Lake		

Heat 1 of 4

1	Sharp, Mack	10 GOWER	27.73
2	Allen, Patrick	9 SL	29.94
3	Turman, Will	9 GOWER	24.71
4	Watkins, Brooks	9 SL	21.45
5	Bailey, Beau	10 GOWER	22.97
6	Poe, Crawford	10 SL	23.15
7	Pruitt, Henry	10 GOWER	27.01
8	Dentici, Cannon	10 SL	32.16

Heat 2 of 4

1	Moss, Lochlan	9 GOWER	31.71
2	Woodward, Philip	10 GOWER	31.09
3	Ryan, Sam	9 GOWER	29.12
4	Dunson, Ford	10 SL	NT
5	Waldrep, Jack	9 GOWER	28.56
6	Bemisderfer, Ward	9 GOWER	30.57
7	Hendrix, Guy	9 GOWER	31.27
8	McGee, Henry	10 GOWER	31.85

Heat 3 of 4

1	—		
2	Covington, Stokes	9 GOWER	43.31
3	Horin, Jack	10 GOWER	36.57
4	Cornish, Charley	10 GOWER	32.89
5	Robinson, Stone	9 GOWER	36.15
6	Carter, Walt	10 GOWER	43.06
7	Banks, Boardy	10 GOWER	46.01
8	—		

Heat 4 of 4

1	—		
2	—		
3	—		
4	—		
5	Horin, Sam	9 GOWER	NT
6	Powell, Hutch	9 GOWER	NT
7	Riddle, Beau	9 GOWER	NT
8	—		

*Swimming w/ E33 H5

#35 Girls 11-12 50m Breaststroke

GOW	Lilly Gault Abdella	2020	37.50
	Gower Swim Team		
SL	Alaina Riordan	2011	35.85
	Stone Lake		

Heat 1 of 3

1	Mudge, Ella	11 GOWER	52.77
2	Gibson, Megan	12 SL	52.40
3	Trussell, Vivian	11 GOWER	48.78
4	Sopko, Avery	11 SL	39.35
5	Batson, Etta	12 GOWER	47.95
6	Priesshoff, Renna	11 SL	52.16
7	Marchant, Kate	12 GOWER	51.88
8	Blankenship, Vivian	11 SL	54.07

Heat 2 of 3

1	Cornish, Clair	12 GOWER	1:13.70
2	Grainger, Melodie	11 SL	1:38.32
3	Favela, Paloma	12 GOWER	55.61
4	Johnson, Catherine	11 SL	1:02.25
5	Cobb, Nora Kate	11 GOWER	54.52
6	Shirley, Libby	11 SL	1:04.75
7	McCall, Macy	12 GOWER	1:05.38
8	—		

Heat 3 of 3

1	Willis, Charlotte	11 GOWER	NT
2	Hodge, Katherine	11 GOWER	NT
3	—		
4	—		
5	—		
6	—		
7	—		
8	—		

#36 Boys 11-12 50m Breaststroke

GOW	Wyatt Boliek	2005	35.84
	Gower Swim Team		
SL	Sam Udouj	2018	36.56
	Stone Lake Stingrays		

Heat 1 of 2

1	Waldrep, Thomas	11 GOWER	56.53
2	Archibald, Abraham	11 SL	1:00.47
3	Shaw, Wyatt	11 GOWER	49.46
4	Clinkscales, Taylor	11 SL	45.52
5	McDaniel, Schaefer	12 GOWER	47.03
6	Johnson, David	12 SL	47.79
7	Shaw, Liam	11 GOWER	51.72
8	Uzas, Hampton	12 GOWER	56.72

Heat 2 of 2

1	—		
2	—		
3	McGriff, Liam	11 GOWER	NT
4	Powell, Rhodes	11 GOWER	1:17.41
5	Conroy, Ben	12 GOWER	59.54
6	Riddle, Hank	11 GOWER	1:01.28
7	Turman, Lee	11 GOWER	NT
8	Robinson, Brooks	11 GOWER	NT

#37 Girls 13-14 50m Breaststroke

GOW	Delaney Franklin	2018	35.02
	Gower Swim Team		
SL	Keelin McNamara	2007	35.02
	Stone Lake		

Heat 1 of 3

1	Sparkman, AnnaPage	14 GOWER	52.84
2	Odum, Pearce	13 SL	44.31
3	Carter, Sarah	13 GOWER	42.50
4	Hinson, Mary Hazel	13 SL	39.06
5	Alexander, Sutton	13 GOWER	42.27
6	Sebok, Jorja	14 SL	40.67
7	Vaughan, Ella	13 GOWER	46.25
8	Miller, Kiera	13 SL	45.48

Heat 2 of 3

1	Dunlap, Presley	13 GOWER	58.17
2	Walsh, Kate	13 SL	53.30
3	Banks, Izzy	13 GOWER	55.10
4	Arnett, Annabelle	13 SL	47.45
5	Conroy, Caroliine	14 GOWER	53.17
6	Ryberg, Sonia	13 SL	48.54
7	Cappio, Allie	13 GOWER	56.25
8	—		

Heat 3 of 3

1	—		
2	—		
3	Hodge, Ella Pierce	13 GOWER	NT
4	Fisher, Rebecca	13 GOWER	58.87
5	Walsh, Quinn	14 GOWER	59.93
6	—		
7	—		
8	—		

#38 Boys 13-14 50m Breaststroke

GOW	Bruce Bannister	2016	32.48
	Gower Swim Team		
SL	Nielsen Hamby	2022	32.38
	Stone Lake Stingrays		

Heat 1 of 2

1	King, Jax	13 GOWER	47.37
2	Singletary, Jack	13 SL	43.56
3	Cobb, Jackson	14 GOWER	43.98
4	Powell, Liam	14 SL	39.08
5	Trussell, Xavier	13 GOWER	42.66
6	Boyd, Rhys	13 SL	39.76
7	Plyler, Jay	13 GOWER	44.28
8	Redd, Crawford	13 SL	44.94

Heat 2 of 2

1	Craddock, Reid	14 GOWER	1:17.68
2	Vogt, Mateo	13 GOWER	1:08.72
3	Mellard, Wilkes	13 GOWER	54.20
4	Clinkscales, Patrick	13 SL	49.20
5	Dorr, Cooper	14 GOWER	51.77
6	Boggs, Carlton	13 GOWER	1:01.00
7	Sweeny, Victor	13 GOWER	1:09.84
8	—		

#39 Women 15 & Over 50m Breaststroke

GOW	Delaney Franklin	2023	33.17
	Gower Swim Team		
SL	Alaina Riordan	2016	34.46
	Stone Lake Stingrays		

Heat 1 of 4

1	Suddeth, Ryan	15 GOWER	41.30
2	Smith, Sarah Campbell	18 SL	41.84
3	Adams, Eliza	18 GOWER	36.95
4	Clements, Aurora	17 SL	35.92
5	Abdella, Lilly Gault	16 GOWER	34.81
6	Kudlak, Alex	17 SL	39.85
7	Darby, Marian	18 GOWER	39.56
8	Cree, Emma	17 SL	43.09

Heat 2 of 4

1	Adams, Anna Miller	18 GOWER	48.28
2	Etheridge, Ella	18 GOWER	46.97
3	Sheppard, Kyre	16 GOWER	42.65
4	Arnett, Caroline	16 SL	45.80
5	Bannister, Caroline	15 GOWER	41.92
6	Barrett, Hannah	15 SL	48.41
7	Conroy, Maggie	16 GOWER	47.37
8	Sanders, Caroline	17 GOWER	48.62

Heat 3 of 4

1	—		
2	Griffeth, Lucy	15 GOWER	51.44
3	Key, Amelia	15 GOWER	50.02
4	Rumchak, Rosemary	18 GOWER	48.81
5	Chambers, Caroline	17 GOWER	50.01
6	Mellard, Anna Carmen	15 GOWER	50.20
7	Reed, Elizabeth	16 GOWER	51.74
8	—		

Heat 4 of 4

1	—		
2	—		
3	Taylor, Clayton	18 GOWER	58.81
4	White, SK	16 GOWER	52.55
5	King, Caroline	15 GOWER	53.78
6	—		
7	—		
8	—		

#40 Men 15 & Over 50m Breaststroke

GOW	Bruce Bannister	2020	30.15
	Gower Swim Team		
SL	Colton Spark	2011	30.29
	Stone Lake Stingrays		

Heat 1 of 2

1	Manning, Riggs	16 GOWER	40.12
2	Byce, Calvin	18 SL	38.94
3	Fisher, Griffin	17 GOWER	32.11
4	Udoudj, Sam	18 SL	30.72
5	Hwang, Topher	16 GOWER	31.77
6	Hamby, Nielsen	16 SL	31.75
7	Lawrence, Clark	16 GOWER	35.95
8	Byce, Heyward	15 SL	39.20

Heat 2 of 2

1	Dickerson, Brady	18 GOWER	56.13
2	Dey, Colin	15 GOWER	44.95
3	Boggs, Grant	16 GOWER	43.03
4	Sweeny, Cooper	17 GOWER	40.41
5	Ward, Gibson	16 GOWER	42.44
6	Troyer, Drew	15 GOWER	43.18
7	Van Hook, Charlie	18 GOWER	49.81
8	Galipeau, Jacob	15 GOWER	56.84

#41 Girls 8 & Under 50m Freestyle

GOW	Elaine Leifheit	2022	36.03
	Gower Swim Team		
SL	Meredith Whisenhunt	2005	35.62
	Stone Lake		

Heat 1 of 3

1	Feemster, Eleanor	8 GOWER	1:05.72
2	Cloyd, Hannah	6 SL	1:00.31
3	Lanz, Natalia	8 GOWER	48.47
4	Odum, Hollis	8 SL	50.38
5	Meece, Mary Frances	8 GOWER	43.78
6	Huffling, Reagan	7 SL	51.45
7	Czarsty, Campbell	8 GOWER	54.50
8	Ross, Ali	7 SL	1:06.47

Heat 2 of 3

1	—		
2	Blank, Eleanor	7 SL	NT
3	Mckellar, Ellie	7 GOWER	1:12.81
4	Hawthorne, Harriet	7 SL	1:09.72
5	Mullins, Katie Mae	7 GOWER	1:06.56
6	Griese, Ellie	7 SL	1:20.18
7	Rose, Maya	7 GOWER	1:16.88
8	—		

Heat 3 of 3

1	Carter, Andie	7 GOWER	NT
2	Dunlap, Layla	7 GOWER	1:46.01
3	Dial, Lucy	7 GOWER	NT
4	—		
5	—		
6	—		
7	—		
8	—		

#42 Boys 8 & Under 50m Freestyle

GOW	K. Lupo	1987	36.11
	Gower Swim Team		
SL	Bryan Riordan	2005	37.80
	Stone Lake		

Heat 1 of 4

1	Carter, Jac	7 GOWER	1:00.71
2	Mitchell, Charlie	7 SL	50.45
3	Morris, Graham	7 GOWER	51.56
4	Poe, Grayson	8 SL	47.29
5	Crosby, Hopkins	8 GOWER	48.09
6	McCloud, Gavin	8 SL	49.93
7	Cooke, Vaden	7 GOWER	58.59
8	Pfeiffer, Rivers	8 SL	53.88

Heat 2 of 4

1	Duncan, Teddy	8 GOWER	1:13.57
2	Sampson, Hunter	8 SL	1:04.53
3	Shigley, Cooper	8 GOWER	1:03.90
4	Morris, Monty	7 SL	58.48
5	Mellard, Riggins	8 GOWER	1:01.46
6	Smith, Sully	7 SL	1:02.28
7	Cranford, James	7 GOWER	1:05.12
8	Chandler, Pete	8 SL	1:05.33

Heat 3 of 4

1	Guinan, Toby	7 GOWER	NT
2	Schneider, Geoffrey	8 GOWER	1:45.88
3	Thompson, Pierce	8 GOWER	1:33.90
4	Whitted, Thomas	7 GOWER	1:13.61
5	Mullins, Cooper	7 GOWER	1:19.72
6	Nocks, Charlie	8 GOWER	1:37.59
7	Merriam, Hudson	8 GOWER	NT
8	—		

Heat 4 of 4

1	—		
2	—		
3	—		
4	—		
5	Crosby, Zeke	6 GOWER	NT
6	Chong, Leo	8 GOWER	NT
7	Atkinson, Dawson	8 GOWER	NT
8	—		

#43 Girls 9-10 50m Freestyle

GOW	Elaine Leifheit	2024	32.08
	Gower Swim Team		
SL	Meredith Whisenhunt	2007	32.22
	Stone Lake		

Heat 1 of 5

1	Whitted, Francie	10 GOWER	43.58
2	Taylor, Elida	10 SL	43.94
3	Prosisie, Piper	10 GOWER	42.52
4	Sampson, Bitsy	10 SL	39.58
5	Leifheit, Elaine	10 GOWER	32.08
6	Powell, Liza	10 SL	43.04
7	Lanz, Hannah	9 GOWER	43.34
8	Blank, Lillian	10 SL	44.16

Heat 2 of 5

1	Shultz, Mary Davis	10 GOWER	46.31
2	Robirds, Kyle	10 SL	46.06
3	Pittman, Ansley	10 GOWER	45.28
4	Eller, Sarah Quincy	10 SL	44.66
5	Sparkman, Hadley	10 GOWER	44.28
6	Huffling, Olivia	10 SL	45.58
7	Price, Mary Alice	10 GOWER	45.78
8	Kohart, Eliana	9 SL	46.34

Heat 3 of 5

1	Crigler, Reed	9 GOWER	49.14
2	Dunbar, Mary Margaret	9 SL	48.71
3	Duncan, Mary Eliza	10 GOWER	47.78
4	Pretulak, Marion	10 SL	47.19
5	Nuttall, Emily	10 GOWER	46.72
6	Hawthorne, Louise	10 SL	47.73
7	Wolcott, Julie	10 GOWER	49.12
8	Getson, Grace	9 SL	49.65

Heat 4 of 5

1	Holphen, Hattie	9 GOWER	1:01.55
2	Heegard, Ella	10 SL	NT
3	Doherty, Anna Pearse	9 GOWER	54.89
4	Kleinfelter, Mollie	10 SL	49.66
5	Caldwell, Gully	10 GOWER	51.31
6	Walsh, Addie	10 SL	57.58
7	Cappio, Courtney	10 GOWER	56.15
8	—		

Heat 5 of 5

1	—		
2	—		
3	Lanz, Caroline	9 GOWER	1:16.61
4	Finley, Madelyn	10 GOWER	1:05.68
5	Stout, Shelley	9 GOWER	1:12.84
6	—		
7	—		
8	—		

#44 Boys 9-10 50m Freestyle

	Nils Bognar	2014	29.92
	Gower Swim Team		
	Nathan DePiero	2012	32.55
	Stone Lake		

Heat 1 of 3

1	Cornish, Charley	10 GOWER	45.52
2	Reisner, Graeme	10 SL	42.51
3	Kramer, Adam	9 GOWER	35.26
4	Sopko, Neal	9 SL	39.34
5	Morris, Callen	10 GOWER	35.03
6	Pfeiffer, Keys	10 SL	42.17
7	Haselden, Wyatt	10 GOWER	44.15
8	Gibson, Jacob	9 SL	43.72

Heat 2 of 3

1	Carter, Walt	10 GOWER	57.30
2	Stenbeck, James	10 SL	53.98
3	Trussell, Oliver	9 GOWER	51.21
4	Shuler, Fritz	10 SL	47.35
5	Waldrep, Jack	9 GOWER	45.56
6	Carson, Gibbs	9 SL	51.84
7	Dunlap, Cruz	10 GOWER	56.10
8	Chaney, Tommy	9 SL	1:00.91

Heat 3 of 3

1	Banks, Boardy	10 GOWER	1:04.72
2	Montgomery, James	9 GOWER	1:00.09
3	McGee, Henry	10 GOWER	59.44
4	Mahoney, Fionn	9 SL	1:04.98
5	Myrick, Lincoln	9 GOWER	59.35
6	Reid, Miller	10 SL	NT
7	Woodward, Philip	10 GOWER	1:01.21
8	Hart, Drummond	10 GOWER	1:15.68

#45 Girls 11-12 100m Freestyle

	Lilly Gault Abdella	2020	1:01.23
	Gower Swim Team		
	Ellen Ligon	2002	1:04.28
	Stone Lake		

Heat 1 of 3

1	Weber, Anna	11 GOWER	1:38.20
2	Terry, Maggie	12 SL	1:18.89
3	Trussell, Vivian	11 GOWER	1:22.68
4	Beason, Naomi	11 SL	1:18.17
5	Hart, Sophie	12 GOWER	1:16.47
6	Archibald, Ruby	12 SL	1:18.58
7	Shaw, Aliza	11 GOWER	1:24.15
8	Metcalfe, Riley	11 SL	1:19.07

Heat 2 of 3

1	Carson, Bea	11 SL	1:40.63
2	Fairey, Jane	12 SL	1:36.24
3	Czarsty, Kennedy	12 GOWER	1:47.05
4	Staby, Addison	12 SL	1:25.11
5	Horin, Anna	12 GOWER	1:44.03
6	Morris, Madden	12 SL	1:34.64
7	Taylor, Celia	11 GOWER	NT
8	—		

Heat 3 of 3

1	—		
2	—		
3	Gilley, Nola	11 SL	NT
4	Brewington, Lily	11 SL	1:48.15
5	Dentici, Anne Charlotte	12 SL	1:49.15
6	—		
7	—		
8	—		

#46 Boys 11-12 100m Freestyle

	Robert Borowicz	2007	1:02.29
	Gower Swim Team		
	Nathan DePiero	2014	1:02.24
	Stone Lake		

Heat 1 of 2

1	Waldrep, Thomas	11 GOWER	1:44.70
2	Velez, Sebi	11 SL	1:16.83
3	Watkins, Noah	12 GOWER	1:23.77
4	Doyle, Patrick	12 SL	1:13.90
5	Shaw, Wyatt	11 GOWER	1:19.38
6	Fuduric, Hoke	12 SL	1:16.47
7	Underwood, Ridge	11 GOWER	1:43.08
8	Johnson, David	12 SL	1:22.75

Heat 2 of 2

1	Glenn, Robert	12 GOWER	NT
2	Reisner, Wyatt	11 SL	1:44.75
3	Riddle, Hank	11 GOWER	1:51.61
4	Payne, Sam	12 SL	1:26.09
5	Brown, Will	11 GOWER	1:47.83
6	Latham, Thomas	12 SL	1:29.53
7	Conroy, Ben	12 GOWER	1:56.06
8	—		

#47 Girls 13-14 100m Freestyle

	Lilly Gault Abdella	2021	1:00.33
	Gower Swim Team		
	Meredith Whisenhunt	2011	1:02.16
	Stone Lake		

Heat 1 of 2

1	Reed, Kate	13 GOWER	1:33.71
2	Morris, Miller	14 SL	1:17.55
3	Dey, Catherine	13 GOWER	1:22.76
4	Hinson, Mary Hazel	13 SL	1:05.31
5	Seeley, Susan	14 GOWER	1:03.64
6	Hamby, Camille	14 SL	1:10.92
7	Fisher, Rebecca	13 GOWER	1:29.21
8	Van Ginhoven, Helen	13 SL	1:20.24

Heat 2 of 2

1	—		
2	Walsh, Kate	13 SL	1:34.66
3	Sparkman, AnnaPage	14 GOWER	NT
4	Umstetter, Ava	14 SL	1:24.64
5	Frisch, Evelyn	13 GOWER	1:50.25
6	Taylor, Abygail	13 SL	1:27.83
7	Reid, Annabelle	13 SL	NT
8	—		

#48 Boys 13-14 100m Freestyle

GOW	Liam Walker	2016	54.83
	Gower Swim Team		
SL	Thomas Caldwell	2010	57.42
	Stone Lake		

Heat 1 of 2

1	Abdella, Topher	13 GOWER	1:14.74
2	Boyd, Rhys	13 SL	1:12.46
3	Czarsty, Reynolds	14 GOWER	1:08.60
4	Beason, Quinn	14 SL	1:01.89
5	Taylor, Charlie	14 GOWER	1:03.28
6	Velez, Andy	14 SL	1:07.13
7	Watkins, Gage	14 GOWER	1:12.35
8	Johnson, Joseph	14 SL	1:17.53

Heat 2 of 2

1	Knight, Davis	13 GOWER	1:39.31
2	Clements, Hugh	13 SL	1:28.40
3	Dorr, Cooper	14 GOWER	1:20.58
4	Redd, Crawford	13 SL	1:24.35
5	Van Hook, Stewart	13 GOWER	1:15.38
6	Clinkscales, Patrick	13 SL	1:24.56
7	McGee, Pac	13 GOWER	1:35.91
8	Craddock, Reid	14 GOWER	1:51.53

#49 Women 15 & Over 100m Freestyle

GOW	Sylvia Walker	2022	57.96
	Gower Swim Team		
SL	Meredith Whisenhunt	2013	59.05
	Stone Lake Stingrays		

Heat 1 of 2

1	Bannister, Caroline	15 GOWER	1:19.09
2	Smith, Sarah Campbell	18 SL	1:07.44
3	Johnson, Addie	15 GOWER	1:15.46
4	Vande Velde, Uma	16 SL	1:06.35
5	Abdella, Lilly Gault	16 GOWER	57.96
6	Cass, Addy	17 SL	1:07.11
7	Gault, CeCe	18 GOWER	1:18.58
8	Dunbar, Susannah	15 SL	1:14.43

Heat 2 of 2

1	—		
2	Chambers, Caroline	17 GOWER	1:33.60
3	Henderson, Anna	18 GOWER	1:25.09
4	Warthen, Meredith	17 SL	1:39.31
5	Mellard, Anna	15 GOWER	1:20.23
6	Barrett, Hannah	15 SL	NT
7	—		
8	—		

#50 Men 15 & Over 100m Freestyle

GOW	Robert Borowicz	2013	52.16
	Gower Swim Team		
SL	Nathan DePiero	2018	52.15
	Stone Lake Stingrays		

Heat 1 of 2

1	Wynn, Ray	15 GOWER	1:15.53
2	Shirley, Gus	15 SL	1:01.84
3	Taylor, Cade	16 GOWER	59.54
4	Ryberg, Matthew	18 SL	55.81
5	Adams, William	17 GOWER	55.40
6	Doyle, William	19 SL	1:01.59
7	McGriff, Slade	15 GOWER	1:11.66
8	Hamby, Nielsen	16 SL	1:02.93

Heat 2 of 2

1	—		
2	Porterfield, Nate	18 GOWER	NT
3	Manning, Riggs	16 GOWER	1:17.40
4	Latham, Andy	15 SL	1:05.22
5	Ward, Gibson	16 GOWER	1:16.23
6	Caldwell, Trib	15 GOWER	1:31.28
7	Dey, Colin	15 GOWER	NT
8	—		

#51 Girls 8 & Under 25m Backstroke

GOW	Elaine Leifheit	2022	19.71
	Gower Swim Team		
SL	Emerson Harper	2016	21.17
	Stone Lake Stingrays		

Heat 1 of 6

1	Muirhead, Kinley	8 GOWER	29.25
2	Cloyd, Hannah	6 SL	30.53
3	Conroy, Lilah	8 GOWER	26.56
4	Cloyd, Ella Brooks	8 SL	26.72
5	Graves, Quinn	8 GOWER	25.38
6	Huffling, Reagan	7 SL	27.10
7	Feemster, Eleanor	8 GOWER	26.94
8	Nevels, Zoe	8 SL	31.86

Heat 2 of 6

1	Caldwell, Sims	7 GOWER	32.84
2	Griese, Ellie	7 SL	36.44
3	Haselden, Eleanor	8 GOWER	32.48
4	Pittman, Caroline	7 SL	33.37
5	Lanz, Natalia	8 GOWER	31.11
6	Ross, Ali	7 SL	33.69
7	Ashburn, Addi	8 GOWER	32.51
8	Blank, Eleanor	7 SL	37.42

Heat 3 of 6

1	Covington, Keating	6 GOWER	33.97
2	Cooper, Claire	7 SL	41.24
3	Benson, Camille	8 GOWER	33.37
4	Grainger, Tallie	8 SL	37.66
5	Bemisderfer, Reaves	7 GOWER	33.08
6	Hawthorne, Harriet	7 SL	39.63
7	Pruitt, Elliott	8 GOWER	33.44
8	Sanders, Pressley	7 SL	44.61

Heat 4 of 6

1	Cleveland, Mary Earle	8 GOWER	37.78
2	O'Neal, Lillie	8 GOWER	36.98
3	Woodward, Eleanor	8 GOWER	36.19
4	Waldrep, Evie	6 GOWER	34.16
5	Coln, Charlotte	7 GOWER	34.18
6	Coln, Livie	8 GOWER	36.58
7	Dial, Lucy	7 GOWER	37.53
8	Mckellar, Ellie	7 GOWER	39.01

Heat 5 of 6

1	—		
2	Dunlap, Layla	7 GOWER	48.58
3	Mullins, Katie Mae	7 GOWER	44.65
4	Rose, Maya	7 GOWER	39.22
5	Walsh, Marlowe	8 GOWER	39.48
6	Shuman, Brooklyn	7 GOWER	45.84
7	McDerment, Lucy	6 GOWER	54.62
8	—		

Heat 6 of 6

1	—		
2	—		
3	Willis, Maggie	7 GOWER	NT
4	Shoultz, Ruthie	6 GOWER	59.37
5	Huffman, Catherine	7 GOWER	NT
6	—		
7	—		
8	—		

#52 Boys 8 & Under 25m Backstroke

GOW	S. Fisher	1983	19.50
	Gower Swim Team		
SL	Brooks Watkins	2023	19.62
	Stone Lake Stingrays		

Heat 1 of 7

1	Kramer, Graham	7 GOWER	28.50
2	Morris, Monty	7 SL	28.47
3	Price, Thomas	7 GOWER	28.31
4	Stratton, Anthony	7 SL	25.02
5	Prosise, Townes	8 GOWER	26.56
6	Mitchell, Charlie	7 SL	26.72
7	Mathis, Dean	8 GOWER	28.45
8	Payne, Luke	8 SL	29.20

Heat 2 of 7

1	Cranford, James	7 GOWER	31.56
2	Sampson, Hunter	8 SL	31.38
3	Howard, David	8 GOWER	30.68
4	Smith, Brady	8 SL	29.28
5	Mellard, Riggins	8 GOWER	28.75
6	Lattimore, Mac	8 SL	30.39
7	Carter, Jac	7 GOWER	31.38
8	Finch, Harvey	7 SL	33.46

Heat 3 of 7

1	Banks, Roy	7 GOWER	35.91
2	Knobeloch, John David	8 SL	37.78
3	Shigley, Cooper	8 GOWER	33.46
4	Allen, Connor	7 SL	35.09
5	Crosby, Zeke	6 GOWER	31.71
6	Kleinfelter, Cooper	7 SL	36.61
7	Chong, Leo	8 GOWER	34.68
8	Kohart, Jackson	7 SL	38.25

Heat 4 of 7

1	Cooke, Vaden	7 GOWER	38.39
2	Dixon, William	8 SL	42.00
3	Kirby, Harris	7 GOWER	36.66
4	Fox, Waylon	7 SL	38.47
5	Baber, Colin	7 GOWER	36.54
6	Smith, Sully	7 SL	40.01
7	Schwartz, Deacon	8 GOWER	37.47
8	Thompson, Hayes	7 SL	47.71

Heat 5 of 7

1	Holliday, Whit	7 GOWER	39.07
2	Sanders, Smith	8 SL	NT
3	McGee, Bo	6 GOWER	38.78
4	Chaney, Emmett	6 SL	55.01
5	Atkinson, Dawson	8 GOWER	38.40
6	Gustave, Calder	7 SL	1:03.27
7	Conroy, Sam	6 GOWER	38.85
8	Dunlap, Holcomb	7 SL	NT

Heat 6 of 7

1	Mullins, Cooper	7 GOWER	49.12
2	Mullins, Carlyle	7 GOWER	46.08
3	Hicklin, Sanford	7 GOWER	45.25
4	Merriam, Hudson	8 GOWER	40.46
5	Oglesby, JP	7 GOWER	42.53
6	Schneider, Geoffrey	8 GOWER	45.67
7	Hart, Nate	7 GOWER	47.65
8	Paul, Mac	7 GOWER	49.78

Heat 7 of 7

1	—		
2	Riddle, Luke	7 GOWER	1:08.11
3	Shirley, Mills	7 GOWER	58.55
4	Nocks, Charlie	8 GOWER	50.30
5	McDerment, Gray	8 GOWER	51.65
6	Guinan, Toby	7 GOWER	1:08.07
7	Gettys, Gantt	7 GOWER	NT
8	—		

#53 Girls 9-10 25m Backstroke

	Elaine Leifheit	2024	16.88
Gower Swim Team			
	Meredith Whisenhunt	2007	17.16
Stone Lake			

Heat 1 of 6

1	Gault, Sadie	10 GOWER	22.93
2	Benson, Penny	10 SL	23.32
3	Crigler, Mary Ellis	10 GOWER	21.25
4	Robirds, Kyle	10 SL	22.48
5	Leonard, Emmy	10 GOWER	20.43
6	Pretulak, Marion	10 SL	22.69
7	Nuttall, Emily	10 GOWER	22.52
8	Robinson, Raelynn	10 SL	23.58

Heat 2 of 6

1	Sparkman, Hadley	10 GOWER	25.06
2	Taylor, Charlotte	10 SL	25.35
3	Prosis, Piper	10 GOWER	23.64
4	Redd, Sutton	9 SL	23.82
5	Marchant, Caroline	9 GOWER	23.18
6	Blank, Lillian	10 SL	24.67
7	Crigler, Reed	9 GOWER	24.25
8	Thomas, Reagan	10 SL	26.18

Heat 3 of 6

1	Duncan, Mary Eliza	10 GOWER	26.53
2	Lattimore, Hannah	10 SL	28.08
3	Uzas, Hadley Claire	10 GOWER	26.09
4	Miller, Teagan	9 SL	26.63
5	Price, Mary Alice	10 GOWER	26.04
6	Kleinfelter, Mollie	10 SL	27.00
7	Cleveland, Gretchen	10 GOWER	26.32
8	Pittman, Lib	9 SL	28.78

Heat 4 of 6

1	Kirby, Emma	9 GOWER	29.42
2	Dornback, Matilda	10 SL	38.85
3	Hicklin, Mary Joyce	10 GOWER	28.91
4	Chandler, Libby	10 SL	29.30
5	Doherty, Anna Pearse	9 GOWER	28.87
6	Icenhour, Miller	9 SL	35.71
7	Ross, Josie	9 GOWER	29.38
8	Staby, Natalie	9 SL	40.41

Heat 5 of 6

1	—		
2	Shoultz, Penny	9 GOWER	32.72
3	Halphen, Hattie	9 GOWER	30.89
4	Cooke, Evie	9 GOWER	29.84
5	Caldwell, Millan	10 GOWER	30.59
6	Lanz, Caroline	9 GOWER	30.93
7	Roper, Fowler	9 GOWER	33.61
8	—		

Heat 6 of 6

1	Warfield, Emerson	9 GOWER	50.82
2	Blumer, Berkeley	9 GOWER	35.56
3	Gettys, Scarlett	10 GOWER	35.57
4	—		
5	—		
6	—		
7	—		
8	—		

#54 Boys 9-10 25m Backstroke

	Nils Bogнар	2014	16.79
Gower Swim Team			
	Brooks Watkins	2024	18.70
Stone Lake Stingrays			

Heat 1 of 5

1	Klein, Parker	10 GOWER	21.88
2	Boyd, Wyatt	9 SL	23.81
3	McDaniel, Fuller	9 GOWER	21.24
4	Sopko, Neal	9 SL	20.40
5	Armaly, Matthew	10 GOWER	20.71
6	Poe, Crawford	10 SL	22.85
7	Ward, Trenton	10 GOWER	21.81
8	McCloud, Gabe	10 SL	25.29

Heat 2 of 5

1	Horin, Jack	10 GOWER	24.99
2	Blankenship, James	9 SL	27.04
3	Kramer, Adam	9 GOWER	24.19
4	Gibson, Jacob	9 SL	26.18
5	Hunt, Finn	9 GOWER	22.81
6	Carson, Gibbs	9 SL	26.57
7	Dunlap, Cruz	10 GOWER	24.78
8	Reid, Miller	10 SL	27.46

Heat 3 of 5

1	Horin, Sam	9 GOWER	30.68
2	Mahoney, Fionn	9 SL	30.52
3	Bailey, Beau	10 GOWER	27.94
4	Johnson, Hugh	9 SL	27.65
5	Banks, Tommy	10 GOWER	26.69
6	Chaney, Tommy	9 SL	28.25
7	Holliday, Hayes	9 GOWER	28.81
8	Allen, Patrick	9 SL	31.32

*Combined w/ ESH HS

Heat 4 of 5

1	Montgomery, James	9 GOWER	33.77
2	Bemisderfer, Ward	9 GOWER	32.91
3	Myrick, Lincoln	9 GOWER	32.90
4	Dunson, Ford	10 SL	37.65
5	Woodward, Philip	10 GOWER	31.06
6	Bugay, John Thomas	10 SL	38.04
7	Robinson, Stone	9 GOWER	33.00
8	—		

Heat 5 of 5

1	—		
2	—		
3	—		
4	—		
5	Hendrix, Guy	9 GOWER	39.38
6	Hart, Drummond	10 GOWER	34.50
7	Riddle, Beau	9 GOWER	34.57
8	—		

#55 Girls 11-12 50m Backstroke

GOW	Lauren Murray	2015	32.85
	Gower Swim Team		
SL	Meredith Whisenhunt	2009	33.19
	Stone Lake		

Heat 1 of 5

1	Traynham, Hamrick	12 GOWER	45.43
2	Terry, Maggie	12 SL	42.79
3	Mckellar, Izzy	11 GOWER	44.28
4	Sopko, Avery	11 SL	39.78
5	Taylor, Celia	11 GOWER	40.93
6	Metcalfe, Riley	11 SL	41.75
7	Hart, Sophie	12 GOWER	44.75
8	Hooper, Grace	12 SL	43.18

Heat 2 of 5

1	Conroy, Abbie	12 GOWER	50.56
2	Prieshoff, Renna	11 SL	48.33
3	Marchant, Kate	12 GOWER	48.95
4	Morris, Madden	12 SL	46.20
5	Batson, Etta	12 GOWER	46.89
6	Magg, Vivian	12 SL	46.26
7	Czarsty, Kennedy	12 GOWER	50.51
8	Fairey, Jane	12 SL	48.77

Heat 3 of 5

1	Cornish, Clairly	12 GOWER	53.09
2	Carson, Bea	11 SL	53.18
3	McCall, Macy	12 GOWER	52.16
4	Lowery, Eliza	11 SL	49.82
5	Brookshire, Marie	11 GOWER	50.84
6	Anderson, Margaret Scott	12 SL	49.95
7	Horin, Anna	12 GOWER	52.94
8	Gibson, Megan	12 SL	53.39

Heat 4 of 5

1	Willis, Charlotte	11 GOWER	1:11.61
2	Brewington, Lily	11 SL	55.91
3	Hodge, Katherine	11 GOWER	1:00.40
4	Gilley, Nola	11 SL	54.45
5	Moss, Scarlett	11 GOWER	56.09
6	Blankenship, Vivian	11 SL	55.37
7	Feemster, Annie Knox or AK	12 GOWER	1:00.40
8	Dentici, Anne Charlotte	12 SL	56.43

Heat 5 of 5

1	Grainger, Melodie	11 SL	1:11.35
2	Mathias, Libba	11 SL	57.40
3	Shirley, Libby	11 SL	1:04.45
4	—		
5	—		
6	—		
7	—		
8	—		

#56 Boys 11-12 50m Backstroke

GOW	Nils Bognar	2016	32.36
	Gower Swim Team		
SL	Jack Doyle	2014	34.69
	Stone Lake		

Heat 1 of 3

1	Underwood, Ridge	11 GOWER	49.19
2	Clinkscales, Taylor	11 SL	46.48
3	Watkins, Noah	12 GOWER	43.64
4	Allen, Thomas	12 SL	40.05
5	Leifheit, Owen	12 GOWER	34.54
6	Doyle, Patrick	12 SL	41.45
7	McDaniel, Schaefer	12 GOWER	47.03
8	Latham, Thomas	12 SL	48.83

Heat 2 of 3

1	Glenn, Robert	12 GOWER	57.92
2	Archibald, Abraham	11 SL	58.69
3	Brown, Will	11 GOWER	52.32
4	Umstetter, Sam	11 SL	51.58
5	Waldrep, Thomas	11 GOWER	50.75
6	Reisner, Wyatt	11 SL	55.02
7	Robinson, Brooks	11 GOWER	53.68
8	Reid, Hudson	11 SL	1:08.85

Heat 3 of 3

1	—		
2	—		
3	—		
4	—		
5	Craddock, Davis	11 GOWER	1:37.04
6	Robinson, Jack	12 GOWER	1:03.21
7	Galipeau, Charlie	11 GOWER	1:24.15
8	—		

#57 Girls 13-14 50m Backstroke

GOW	K. Hicks	1999	31.16
	Gower Swim Team		
SL	Kate Purtle	2023	32.00
	Stone Lake		

Heat 1 of 3

1	Conroy, Caroline	14 GOWER	46.47
2	Umstetter, Ava	14 SL	41.06
3	Doherty, Lane	14 GOWER	40.66
4	Hamby, Camille	14 SL	36.58
5	Seeley, Susan	14 GOWER	33.87
6	Hooper, Ridley	13 SL	40.49
7	Dey, Catherine	13 GOWER	42.02
8	Morris, Miller	14 SL	42.93

Heat 2 of 3

1	Hodge, Ella Pierce	13 GOWER	51.72
2	Miller, Kiera	13 SL	44.98
3	Banks, Izzy	13 GOWER	50.28
4	Harper, Bella	14 SL	43.06
5	Reed, Kate	13 GOWER	48.15
6	Ryberg, Sonia	13 SL	43.72
7	Dunlap, Presley	13 GOWER	51.14
8	Meister, Riley	14 SL	46.11

Heat 3 of 3

1	Frisch, Evelyn	13 GOWER	57.84
2	Taylor, Abygail	13 SL	50.20
3	Walsh, Quinn	14 GOWER	55.61
4	Reid, Annabelle	13 SL	55.60
5	—		
6	—		
7	—		
8	—		

#58 Boys 13-14 50m Backstroke

GOW	Robert Borowicz	2009	28.73
	Gower Swim Team		
SL	Bryan Riordan	2011	30.22
	Stone Lake		

Heat 1 of 3

1	Watkins, Gage	14 GOWER	43.22
2	Conley, Spence	13 SL	36.25
3	Suddeth, Burns	13 GOWER	40.54
4	Fuduric, Jesse	14 SL	34.79
5	Taylor, Charlie	14 GOWER	32.39
6	Pang, Youjin	13 SL	35.42
7	Gault, Sam	14 GOWER	41.13
8	Singletary, Jack	13 SL	39.71

Heat 2 of 3

1	Mellard, Wilkes	13 GOWER	50.02
2	Johnson, Joseph	14 SL	46.61
3	Cobb, Jackson	14 GOWER	46.53
4	Gilley, Falon	14 SL	42.71
5	King, Jax	13 GOWER	43.35
6	Redd, Crawford	13 SL	44.11
7	Van Hook, Stewart Henry	13 GOWER	48.01
8	—		

Heat 3 of 3

1	—		
2	—		
3	—		
4	—		
5	—		
6	Knight, Davis	13 GOWER	57.78
7	Powell, Parks	13 SL	48.70
8	Vogt, Mateo	13 GOWER	50.16

*Swimming w/ E57 H3

#59 Women 15 & Over 50m Backstroke

	Delaney Franklin	2023	30.60
	Gower Swim Team		
	Lilla Bogнар	2024	29.20
	Stone Lake Stingrays		

Heat 1 of 3

1	Bannister, Molly Kate	18 GOWER	37.57
2	Dunbar, Susannah	15 SL	41.56
3	Brannon, Madi	15 GOWER	35.61
4	Cree, Emma	17 SL	34.91
5	Porterfield, Sterling	15 GOWER	35.22
6	Cass, Addy	17 SL	35.76
7	Suddeth, Ryan	15 GOWER	35.84
8	Arnett, Caroline	16 SL	42.53

Heat 2 of 3

1	Sanders, Caroline	17 GOWER	46.53
2	Adams, Anna Miller	18 GOWER	43.45
3	Gault, CeCe	18 GOWER	41.53
4	Johnson, Addie	15 GOWER	39.82
5	Conroy, Maggie	16 GOWER	40.31
6	Mellard, Anna Carmen	15 GOWER	42.16
7	Griffeth, Lucy	15 GOWER	45.27
8	Chambers, Kate	15 GOWER	46.81

Heat 3 of 3

1	Adams, Eliza	18 GOWER	NT
2	Etheridge, Ella	18 GOWER	48.69
3	Taylor, Clayton	18 GOWER	48.97
4	King, Caroline	15 GOWER	NT
5	—		
6	—		
7	—		
8	—		

#60 Men 15 & Over 50m Backstroke

	Bennett Parramore	2023	25.93
	Gower Swim Team		
	Nils Bogнар	2021	27.12
	Stone Lake Stingrays		

Heat 1 of 3

1	Norwood, Stokes	16 GOWER	37.75
2	Doyle, William	19 SL	34.72
3	Taylor, Cade	16 GOWER	29.67
4	Shirley, Ford	16 SL	29.04
5	Hwang, Tophier	16 GOWER	29.64
6	Whisenhunt, JW	17 SL	30.34
7	Carter, Rick	16 GOWER	30.15
8	Latham, Andy	15 SL	34.94

Heat 2 of 3

1	—		
2	Ward, Gibson	16 GOWER	41.17
3	Wynn, Ray	15 GOWER	40.87
4	Sanders, Charlie	17 SL	40.42
5	Meece, McCall	15 GOWER	39.60
6	McGriff, Slade	15 GOWER	41.07
7	Troyer, Drew	15 GOWER	44.33
8	—		

Heat 3 of 3

1	—		
2	—		
3	—		
4	—		
5	—		
6	Galipeau, Jacob	15 GOWER	48.96
7	Caldwell, Trib	15 GOWER	45.45
8	Dickerson, Brady	18 GOWER	46.46

*Swimming w/ E59 H3

#61 Girls 8 & Under 25m Butterfly

	K. Smetana	1984	17.05
	Gower Swim Team		
	Meredith Whisenhunt	2005	18.56
	Stone Lake		

Heat 1 of 3

1	Johnson, Adeline	8 GOWER	28.50
2	Nevels, Zoe	8 SL	31.64
3	Mckellar, Evelyn	8 GOWER	24.03
4	Benson, Judy	8 SL	30.76
5	Meece, Mary Frances	8 GOWER	23.10
6	Tepe, Ava	8 SL	30.92
7	Vaughan, Millie	8 GOWER	26.42
8	Cooper, Claire	7 SL	42.11

Heat 2 of 3

1	Cleveland, Mary Earle	8 GOWER	48.19
2	Coln, Livie	8 GOWER	42.00
3	Caldwell, Sims	7 GOWER	32.66
4	Pittman, Caroline	7 SL	NT
5	Halphen, Harper	7 GOWER	29.25
6	Ashburn, Addi	8 GOWER	35.86
7	Lennon, Dani	8 GOWER	44.20
8	—		

Heat 3 of 3

1	Grounsell, Louise	8 GOWER	NT
2	Scott, Charley	8 GOWER	NT
3	Covington, Keating	6 GOWER	NT
4	—		
5	—		
6	—		
7	—		
8	—		

*Combined w/ E62 H3

#62 Boys 8 & Under 25m Butterfly

	K. Lupo	1987	17.02
	Gower Swim Team		
	Neal Sopko	2023	17.71
	Stone Lake Stingrays		

Heat 1 of 3

1	Morris, Graham	7 GOWER	31.22
2	Smith, Brady	8 SL	27.37
3	Crosby, Hopkins	8 GOWER	28.95
4	Stratton, Anthony	7 SL	23.44
5	Favela, Cruz	8 GOWER	26.77
6	McCloud, Gavin	8 SL	26.83
7	Howard, David	8 GOWER	28.99
8	Pfeiffer, Rivers	8 SL	30.20

Heat Sheet

Heat 2 of 3

1	Holliday, Whit	7 GOWER	51.46
2	Cooke, Vaden	7 GOWER	42.94
3	Duncan, Teddy	8 GOWER	40.73
4	Sanders, Smith	8 SL	37.73
5	Banks, Roy	7 GOWER	39.91
6	Allen, Connor	7 SL	NT
7	Whitted, Thomas	7 GOWER	44.69
8	Thompson, Pierce	8 GOWER	NT

Heat 3 of 3

1	—		
2	—		
3	—		
4	—		
5	McDermert, Gray	8 GOWER	NT
6	Pittman, Anderson	8 GOWER	NT
7	Kramer, Graham	7 GOWER	NT
8	McGee, Bo	6 GOWER	NT

#63 Girls 9-10 25m Butterfly

GOW	Elaine Leifheit	2024	15.45
	Gower Swim Team		
SL	Avery Sopko	2023	15.62
	Stone Lake Stingrays		

Heat 1 of 5

1	Gault, Sadie	10 GOWER	20.03
2	Powell, Liza	10 SL	23.28
3	Leonard, Emmy	10 GOWER	17.89
4	Huffling, Olivia	10 SL	19.41
5	Leifheit, Elaine	10 GOWER	15.45
6	Kohart, Eliana	9 SL	21.88
7	Crigler, Mary Ellis	10 GOWER	19.72
8	Thompson, Cannon	9 SL	23.54

Heat 2 of 5

1	Cooke, Evie	9 GOWER	23.33
2	Eller, Sarah Quincy	10 SL	24.88
3	Sweeny, Beatrice	9 GOWER	22.09
4	Taylor, Charlotte	10 SL	23.80
5	Lanz, Hannah	9 GOWER	20.65
6	Redd, Sutton	9 SL	24.07
7	Young, Reese	10 GOWER	22.43
8	Dunbar, Mary Margaret	9 SL	25.80

Heat 3 of 5

1	Cappio, Courtney	10 GOWER	26.66
2	Thomas, Reagan	10 SL	29.57
3	Caldwell, Gully	10 GOWER	25.62
4	Hooper, Liza	9 SL	28.41
5	Pittman, Ansley	10 GOWER	24.45
6	Benson, Penny	10 SL	28.61
7	Cleveland, Gretchen	10 GOWER	25.97
8	Miller, Teagan	9 SL	30.98

Heat 4 of 5

1	Williams, Eleanor	9 GOWER	31.96
2	Chandler, Libby	10 SL	32.69
3	McGee, Mary Ward	10 GOWER	29.51
4	Walsh, Addie	10 SL	31.23
5	Broome, Julia	10 GOWER	27.97
6	Getson, Grace	9 SL	31.57
7	Stout, Shelley	9 GOWER	29.71
8	Mathias, Clara	9 SL	NT

Heat 5 of 5

1	—		
2	Shoultz, Penny	9 GOWER	40.90
3	Caldwell, Millan	10 GOWER	33.71
4	Heegard, Ella	10 SL	NT
5	Huffman, Ella	9 GOWER	33.39
6	Finley, Madelyn	10 GOWER	39.31
7	Wolcott, Julie	10 GOWER	NT
8	—		

#64 Boys 9-10 25m Butterfly

GOW	Henry Faris	1981	15.61
	Gower Swim Team		
SL	William Kennedy	2009	16.26
	Stone Lake		

Heat 1 of 4

1	Hunt, Finn	9 GOWER	21.13
2	Pfeiffer, Keys	10 SL	21.59
3	Armaly, Matthew	10 GOWER	19.53
4	Sopko, Neal	9 SL	17.56
5	Morris, Callen	10 GOWER	18.97
6	Boyd, Wyatt	9 SL	20.96
7	Turman, Will	9 GOWER	21.06
8	Johnson, Hugh	9 SL	27.14

Heat 2 of 4

1	Sharp, Mack	10 GOWER	26.45
2	McCloud, Gabe	10 SL	30.44
3	McDaniel, Fuller	9 GOWER	21.83
4	Stenbeck, James	10 SL	27.66
5	Ward, Trenton	10 GOWER	21.41
6	Reisner, Graeme	10 SL	27.80
7	Klein, Parker	10 GOWER	24.28
8	Dentici, Cannon	10 SL	33.64

Heat 3 of 4

1	Moss, Lochlan	9 GOWER	NT
2	Banks, Boardy	10 GOWER	33.25
3	Trussell, Oliver	9 GOWER	28.23
4	Bugay, John Thomas	10 SL	38.97
5	Holliday, Hayes	9 GOWER	27.94
6	Blankenship, James	9 SL	NT
7	Myrick, Lincoln	9 GOWER	38.19
8	Covington, Stokes	9 GOWER	NT

Heat 4 of 4

1	—		
2	Hendrix, Guy	9 GOWER	NT
3	Ryan, Sam	9 GOWER	NT
4	Banks, Tommy	10 GOWER	NT
5	Carter, Walt	10 GOWER	NT
6	Horin, Sam	9 GOWER	NT
7	Pruitt, Henry	10 GOWER	NT
8	—		

#65 Girls 11-12 50m Butterfly

GOW	K. Hicks	1998	31.43
	Gower Swim Team		
SL	Alaina Riordan	2011	31.95
	Stone Lake		

Heat 1 of 3

1	Cobb, Nora kate	11 GOWER	45.62
2	Archibald, Ruby	12 SL	44.57
3	Traynham, Hamrick	12 GOWER	37.64
4	Beason, Naomi	11 SL	36.95
5	Armaly, Lauren	12 GOWER	33.01
6	Hooper, Grace	12 SL	39.91
7	Mckellar, Izzy	11 GOWER	44.09
8	Magg, Vivian	12 SL	46.60

Heat 2 of 3

1	Moss, Scarlett	11 GOWER	56.15
2	Lowery, Eliza	11 SL	52.34
3	Shaw, Aliza	11 GOWER	50.82
4	Anderson, Margaret Scott	12 SL	47.30
5	Conroy, Abbie	12 GOWER	45.96
6	Fairey, Jane	12 SL	52.17
7	Weber, Anna	11 GOWER	52.61
8	Johnson, Catherine	11 SL	54.18

Heat 3 of 3

1	—		
2	—		
3	Hutchison, Julia	11 GOWER	NT
4	Staby, Addison	12 SL	NT
5	Fisher, Amber	12 GOWER	56.28
6	Mudge, Ella	11 GOWER	NT
7	—		
8	—		

#66 Boys 11-12 50m Butterfly

GOW	Henry Faris	1983	29.60
	Gower Swim Team		
SL	Michael Melton	2015	30.52
	Stone Lake		

Heat 1 of 2

1	McGriff, Liam	11 GOWER	53.47
2	Allen, Thomas	12 SL	41.17
3	Shaw, Liam	11 GOWER	45.59
4	Fuduric, Hoke	12 SL	35.84
5	Leifheit, Owen	12 GOWER	35.42
6	Sanders, William	11 SL	40.62
7	Watson, Bo	12 GOWER	49.27
8	Payne, Sam	12 SL	46.54

Heat 2 of 2

1	Riddle, Hank	11 GOWER	NT
2	Turman, Lee	11 GOWER	NT
3	Brown, Will	11 GOWER	1:07.31
4	Umstetter, Sam	11 SL	54.98
5	Brannon, Nate	12 GOWER	1:03.22
6	Glenn, Robert	12 GOWER	NT
7	Robinson, Jack	12 GOWER	NT
8	—		

#67 Girls 13-14 50m Butterfly

GOW	Lilly Gault Abdella	2022	30.68
	Gower Swim Team		
SL	Alison Snover	2009	30.51
	Stone Lake		

Heat 1 of 2

1	Cappio, Allie	13 GOWER	47.65
2	Van Ginhoven, Helen	13 SL	38.81
3	Doherty, Lane	14 GOWER	37.40
4	Hinson, Mary Hazel	13 SL	32.87
5	Alexander, Sutton	13 GOWER	32.84
6	Hooper, Ridley	13 SL	35.52
7	Vaughan, Ella	13 GOWER	41.09
8	Arnett, Annabelle	13 SL	41.40

Heat 2 of 2

1	Walsh, Kate	13 SL	48.74
2	Sparkman, AnnaPage	14 GOWER	48.20
3	Sebok, Jorja	14 SL	41.69
4	Fisher, Rebecca	13 GOWER	47.94
5	Harper, Bella	14 SL	44.41
6	—		
7	—		
8	—		

#68 Boys 13-14 50m Butterfly

GOW	Liam Walker	2016	27.04
	Gower Swim Team		
SL	Nathan DePiero	2016	27.19
	Stone Lake Stingrays		

Heat 1 of 3

1	Czarsty, Reynolds	14 GOWER	38.35
2	Boyd, Rhys	13 SL	33.81
3	Gault, Sam	14 GOWER	36.90
4	Beason, Quinn	14 SL	30.83
5	Trussell, Xavier	13 GOWER	35.61
6	Velez, Andy	14 SL	32.57
7	Van Hook, Stewart	13 GOWER	38.28
8	Henry		
8	Pang, Youjin	13 SL	34.11

Heat 2 of 3

1	King, Jax	13 GOWER	43.78
2	Gilley, Falon	14 SL	43.10
3	Sweeny, Victor	13 GOWER	41.70
4	Fuduric, Jesse	14 SL	34.98
5	Abdella, Topher	13 GOWER	38.44
6	Conley, Spence	13 SL	35.57
7	Suddeth, Burns	13 GOWER	42.64
8	Clements, Hugh	13 SL	44.99

Heat 3 of 3

1	—		
2	—		
3	—		
4	—		
5	—		
6	Knight, Davis	13 GOWER	1:12.70
7	Dorr, Cooper	14 GOWER	48.19
8	McGee, Pac	13 GOWER	57.96

#69 Women 15 & Over 50m Butterfly

GOW	Sylvia Walker	2023	28.77
	Gower Swim Team		
SL	Meredith Whisenhunt	2014	28.62
	Stone Lake Stingrays		

Heat 1 of 2

1	Henderson, Anna	18 GOWER	38.35
1	Kate		
2	Brannon, Madi	15 GOWER	35.06
3	Bannister, Molly Kate	18 GOWER	34.81
4	Kudlak, Alex	17 SL	32.90
5	Porterfield, Sterling	15 GOWER	32.61
6	Warthen, Meredith	17 SL	49.24
7	Darby, Marian	18 GOWER	37.76
8	Conroy, Maggie	16 GOWER	39.57

Heat 2 of 2

1	White, SK	16 GOWER	50.51
2	Reed, Elizabeth	16 GOWER	44.35
3	Key, Amelia	15 GOWER	40.23
4	Gault, CeCe	18 GOWER	39.60
5	Sheppard, Kyre	16 GOWER	39.78
6	Rumchak, Rosemary	18 GOWER	42.58
7	Chambers, Kate	15 GOWER	49.80
8	—		

#70 Men 15 & Over 50m Butterfly

GOW	Liam Walker	2018	25.47
	Gower Swim Team		
SL	Jack Doyle	2021	25.82
	Stone Lake Stingrays		

Heat 1 of 3

1	Fisher, Griffin	17 GOWER	29.59
2	Shirley, Gus	15 SL	31.51
3	Carter, Rick	16 GOWER	29.15
4	Ryberg, Matthew	18 SL	27.71
5	Adams, William	17 GOWER	27.70
6	Shirley, Ford	16 SL	28.74
7	Caldwell, Watson	16 GOWER	29.26
8	Sanders, Charlie	17 SL	33.41

Heat 2 of 3

1	—		
2	Porterfield, Nate	18 GOWER	36.75
3	Lawrence, Clark	16 GOWER	33.49
4	Byce, Calvin	18 SL	38.08
5	Norwood, Stokes	16 GOWER	32.25
6	Byce, Heyward	15 SL	38.96
7	Meece, McCall	15 GOWER	48.19
8	—		

Heat 3 of 3

1	—		
2	—		
3	Sweeny, Cooper	17 GOWER	NT
4	Galipeau, Jacob	15 GOWER	NT
5	Van Hook, Charlie	18 GOWER	NT
6	—		
7	—		
8	—		

*Swimming w/ E67 H2

*combined w/ E 68 H3

#71 Girls 8 & Under 100m Freestyle Relay

GOW	Gower Swim Team	1999	1:14.30
	A. Roper, C. Bowman, S. Miller, A. Stewart		
SL	Stone Lake	2002	1:15.60
	K. McNamara, K. Crawford, A. Poe, K. Whisenhunt		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	2:09.69
	1) Griesse, Ellie (7)	2) Blank, Eleanor (7)	
	3) Cooper, Claire (7)	4) Pittman, Caroline (7)	
3	Gower Swim Team	B GOWER	1:33.21
	1) Halphen, Harper (7)	2) Muirhead, Kinley (8)	
	3) Scott, Charley (8)	4) Feemster, Eleanor (8)	
4	Stone Lake Team	A SL	1:33.88
	1) Tepe, Ava (8)	2) Benson, Judy (8)	
	3) Huffling, Reagan (7)	4) Cloyd, Ella Brooks (8)	
5	Gower Swim Team	A GOWER	1:24.25
	1) Lanz, Natalia (8)	2) Mckellar, Evelyn (8)	
	3) Vaughan, Millie (8)	4) Meece, Mary Frances (8)	
6	Stone Lake Team	B SL	1:52.62
	1) Cloyd, Hannah (6)	2) Ross, Ali (7)	
	3) Nevels, Zoe (8)	4) Hawthorne, Harriet (7)	
7	—		
8	—		

#72 Boys 8 & Under 100m Freestyle Relay

GOW	Gower Swim Team	2012	1:11.35
	Nils Bogнар, Jack Williams, William Henderson, Ben Bannister		
SL	Stone Lake	2010	1:17.59
	N. DePiero, W. Boyd, M. Melton, C. Baird		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	1:42.19
	1) Kohart, Jackson (7)	2) Knobloch, John David (8)	
	3) Sampson, Hunter (8)	4) Smith, Brady (8)	
3	Gower Swim Team	B GOWER	1:32.40
	1) Kramer, Graham (7)	2) Howard, David (8)	
	3) Morris, Graham (7)	4) Mathis, Dean (8)	
4	Stone Lake Team	A SL	1:22.84
	1) McCloud, Gavin (8)	2) Mitchell, Charlie (7)	
	3) Stratton, Anthony (7)	4) Poe, Grayson (8)	
5	Gower Swim Team	A GOWER	1:19.56
	1) Crosby, Hopkins (8)	2) Leifheit, Jesse (8)	
	3) Favela, Cruz (8)	4) Prosisie, Townes (8)	
6	Stone Lake Team	B SL	1:30.77
	1) Lattimore, Mac (8)	2) Morris, Monty (7)	
	3) Payne, Luke (8)	4) Pfeiffer, Rivers (8)	
7	—		
8	—		

#73 Girls 9-10 100m Freestyle Relay

GOW	Gower Swim Team	2016	1:03.03
	Lilla Bogнар, Darby Scroggins, Tate Workman, Sylvia Walker		
SL	Stone Lake	2004	1:02.47
	K. Crawford, K. Nocella, K. Whisenhunt, K. McNamara		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	1:21.29
	1) Thompson, Cannon (9)	2) Benson, Penny (10)	
	3) Powell, Liza (10)	4) Kleinfelter, Mollie (10)	
3	Gower Swim Team	B GOWER	1:10.46
	1) Batson, Josie (10)	2) Prosisie, Piper (10)	
	3) Nuttall, Emily (10)	4) Cooke, Evie (9)	
4	Stone Lake Team	A SL	1:13.10
	1) Huffling, Olivia (10)	2) Hawthorne, Louise (10)	
	3) Taylor, Elida (10)	4) Sampson, Bitsy (10)	
5	Gower Swim Team	A GOWER	1:04.24
	1) Leonard, Emmy (10)	2) Gault, Sadie (10)	
	3) Crigler, Mary Ellis (10)	4) Leifheit, Elaine (10)	
6	Stone Lake Team	B SL	1:18.67
	1) Blank, Lillian (10)	2) Eller, Sarah Quincy (10)	
	3) Kohart, Eliana (9)	4) Taylor, Charlotte (10)	
7	Stone Lake Team	D SL	1:33.26
	1) Dunbar, Mary Margaret (9)	2) Mathias, Clara (9)	
	3) Chandler, Libby (10)	4) Walsh, Addie (10)	
8	—		

#74 Boys 9-10 100m Freestyle Relay

GOW	Gower Swim Team	2014	1:00.96
	Nils Bogнар, Ryn Sheppard, Preston Canady, Ben Bannister		
SL	Stone Lake Stingrays	2021	1:02.97
	Youjin Pang, Jack Singletary, Rhys Boyd, Marshall Metcalfe		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	1:22.92
	1) Carson, Gibbs (9)	2) Stenbeck, James (10)	
	3) Boyd, Wyatt (9)	4) Reid, Miller (10)	
3	Gower Swim Team	B GOWER	1:10.00
	1) McDaniel, Fuller (9)	2) Turman, Will (9)	
	3) Cornish, Charley (10)	4) Ward, Trenton (10)	
4	Stone Lake Team	A SL	1:07.99
	1) Watkins, Brooks (9)	2) Pfeiffer, Keys (10)	
	3) Poe, Crawford (10)	4) Sopko, Neal (9)	
5	Gower Swim Team	A GOWER	1:04.85
	1) Armaly, Matthew (10)	2) Klein, Parker (10)	
	3) Kramer, Adam (9)	4) Morris, Callen (10)	
6	Stone Lake Team	B SL	1:16.10
	1) Johnson, Hugh (9)	2) Gibson, Jacob (9)	
	3) Shuler, Fritz (10)	4) Reisner, Graeme (10)	
7	—		
8	—		

#75 Girls 11-12 200m Freestyle Relay

GOW	Gower Swim Team	2012	2:06.23
	Madelyn Dullea, Maryevelyn Brown, Anne Marie Faris, Kirkley Norwood		
SL	Stone Lake	2009	2:03.90
	A.H. Mazzola, A. Borum, H. Middleton, M. Whisenhunt		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	2:30.05
	1) Taylor, Celia (11)	2) Traynham, Hamrick (12)	
	3) McCall, Macy (12)	4) Trussell, Vivian (11)	
4	Stone Lake Team	A SL	2:17.10
	1) Hooper, Grace (12)	2) Archibald, Ruby (12)	
	3) Terry, Maggie (12)	4) Sopko, Avery (11)	
5	Gower Swim Team	A GOWER	2:13.85
	1) Hart, Sophie (12)	2) Marchant, Kate (12)	
	3) Shaw, Aliza (11)	4) Armaly, Lauren (12)	
6	Stone Lake Team	B SL	2:27.62
	1) Metcalfe, Riley (11)	2) Beason, Naomi (11)	
	3) Morris, Madden (12)	4) Staby, Addison (12)	
7	—		
8	—		

#76 Boys 11-12 200m Freestyle Relay

GOW	Gower Swim Team	2014	1:59.52
	Liam Walker, John Etheridge, Porter Brown, Bruce Bannister		
SL	Stone Lake	2009	2:04.09
	B. Riordan, B. Duvall, H. Kendrick, M. Nocella		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	2:52.08
	1) Clinkscales, Taylor (11)	2) Reisner, Wyatt (11)	
	3) Umstetter, Sam (11)	4) Archibald, Abraham (11)	
3	Gower Swim Team	B GOWER	2:34.31
	1) Brannon, Nate (12)	2) Underwood, Ridge (11)	
	3) Watson, Bo (12)	4) Shaw, Liam (11)	
4	Stone Lake Team	A SL	2:12.24
	1) Doyle, Patrick (12)	2) Fuduric, Hoke (12)	
	3) Sanders, William (11)	4) Johnson, David (12)	
5	Gower Swim Team	A GOWER	2:15.00
	1) Shaw, Wyatt (11)	2) McDaniel, Schaefer (12)	
	3) Watkins, Noah (12)	4) Leifheit, Owen (12)	
6	Stone Lake Team	B SL	2:22.08
	1) Allen, Thomas (12)	2) Velez, Sebi (11)	
	3) Payne, Sam (12)	4) Latham, Thomas (12)	
7	—		
8	—		

#77 Girls 13-14 200m Freestyle Relay

GOW	Gower Swim Team	2012	1:55.09
	Savannah Gaido, Brittany Fisher, Lucy Ellison, Lille Kath Anderson		
SL	Stone Lake	2012	1:56.13
	L. Konopka, A. Riordan, N. Konopka, A.H. Mazzola		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	2:31.26
	1) Ryberg, Sonia (13)	2) Harper, Bella (14)	
	3) Walsh, Kate (13)	4) Miller, Kiera (13)	
3	Gower Swim Team	B GOWER	2:24.59
	1) Vaughan, Ella (13)	2) Fisher, Rebecca (13)	
	3) Reed, Kate (13)	4) Dey, Catherine (13)	
4	Stone Lake Team	A SL	2:08.44
	1) Hooper, Ridley (13)	2) Morris, Miller (14)	
	3) Hamby, Camille (14)	4) Hinson, Mary Hazel (13)	
5	Gower Swim Team	A GOWER	2:07.50
	1) Alexander, Sutton (13)	2) Doherty, Lane (14)	
	3) Carter, Sarah (13)	4) Seeley, Susan (14)	
6	Stone Lake Team	B SL	2:21.95
	1) Sebok, Jorja (14)	2) Arnett, Annabelle (13)	
	3) Van Ginhoven, Helen (13)	4) Umstetter, Ava (14)	
7	—		
8	—		

#78 Boys 13-14 200m Freestyle Relay

GOW	Gower Swim Team	2016	1:46.63
	Bruce Bannister, Sloan Norwood, John Etheridge, Liam Walker		
SL	Stone Lake Stingrays	2021	1:49.71
	John Walter Whisenhunt, Nielsen Hamby, Charlie Whitlock, Ford Shirley		

Heat 1 of 1

1	—		
2	Stone Lake Team	C SL	2:18.59
	1) Gilley, Falon (14)	2) Clinkscales, Patrick (13)	
	3) Powell, Parks (13)	4) Clements, Hugh (13)	
3	Gower Swim Team	B GOWER	2:10.55
	1) Suddeth, Burns (13)	2) King, Jax (13)	
	3) Cobb, Jackson (14)	4) Abdella, Topher (13)	
4	Stone Lake Team	A SL	2:01.05
	1) Velez, Andy (14)	2) Powell, Liam (14)	
	3) Fuduric, Jesse (14)	4) Beason, Quinn (14)	
5	Gower Swim Team	A GOWER	2:01.84
	1) Czarsty, Reynolds (14)	2) Trussell, Xavier (13)	
	3) Watkins, Gage (14)	4) Taylor, Charlie (14)	
6	Stone Lake Team	B SL	2:07.54
	1) Pang, Youjin (13)	2) Boyd, Rhys (13)	
	3) Conley, Spence (13)	4) Singletary, Jack (13)	
7	—		
8	—		

#79 Women 15 & Over 200m Freestyle Relay

GOW	Gower Swim Team	2023	1:49.61
	Lilly Gault Abdella, Molly Kate Bannister, Sylvia Walker, Delaney Franklin		
SL	Stone Lake Stingrays	2022	1:54.06
	Emory Allen, Maddie Johnson, Aurora Clements, Claire DePiero		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	2:03.72
	1) Adams, Eliza (18)	2) Darby, Marian (18)	
	3) Johnson, Addie (15)	4) Bannister, Molly Kate (18)	
4	Stone Lake Team	A SL	2:01.70
	1) Clements, Aurora (17)	2) Kudlak, Alex (17)	
	3) Vande Velde, Uma (16)	4) Smith, Sarah Campbell (18)	
5	Gower Swim Team	A GOWER	1:56.18
	1) Brannon, Madi (15)	2) Porterfield, Sterling (15)	
	3) Suddeth, Ryan (15)	4) Abdella, Lilly Gault (16)	
6	Stone Lake Team	B SL	2:14.58
	1) Cass, Addy (17)	2) Cree, Emma (17)	
	3) Dunbar, Susannah (15)	4) Arnett, Caroline (16)	
7	—		
8	—		

#80 Men 15 & Over 200m Freestyle Relay

GOW	Gower Swim Team	2021	1:38.47
	Ryn Sheppard, Bennett Parramore, William Henderson, Ben Bannister		
SL	Stone Lake Stingrays	2021	1:39.82
	Sam Udouj, Jack Doyle, Austin Hamby, Nils Bognar		

Heat 1 of 1

1	—		
2	—		
3	Gower Swim Team	B GOWER	1:54.70
	1) Taylor, Cade (16)	2) Ward, Gibson (16)	
	3) McGriff, Slade (15)	4) Caldwell, Watson (16)	
4	Stone Lake Team	A SL	1:43.47
	1) Ryberg, Matthew (18)	2) Hamby, Nielsen (16)	
	3) Whisenhunt, JW (17)	4) Shirley, Ford (16)	
5	Gower Swim Team	A GOWER	1:44.13
	1) Hwang, Topher (16)	2) Norwood, Stokes (16)	
	3) Fisher, Griffin (17)	4) Adams, William (17)	
6	Stone Lake Team	B SL	1:53.65
	1) Shirley, Gus (15)	2) Doyle, William (19)	
	3) Latham, Andy (15)	4) Udouj, Sam (18)	
7	—		
8	—		