

### Seasonal Spreadsheet Report

**DuQuoin Swimming Indians [DQST-IL]**

**Times since: 13-Jun-22 Times until: 28-Jun-22**

**Convert To: SC Print: SC**

<b>Adams, Juls</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>25</b>	<b>100</b>									
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>									
Herrin All Stroke Invitational	Jun-25-22	29.00			23.41													
Salem @ DuQuoin 2022	Jun-21-22	26.70	57.62					32.95										
Anna Invitational 2022	Jun-18-22	27.54			24.16			34.39										
Anna @ DuQuoin 2022	Jun-16-22	28.19			26.49		39.86											
<b>Anders, Darrell</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>25</b>	<b>25</b>	<b>100</b>										
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>										
Du Quoin @ Carbondale 2022	Jun-28-22	58.20			1:25.07													
Du Quoin @ Marion 2022	Jun-23-22	48.08			1:15.90													
Salem @ DuQuoin 2022	Jun-21-22	50.31																
Anna @ DuQuoin 2022	Jun-16-22	1:24.98																
<b>Beard, Beckett</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>25</b>	<b>25</b>	<b>100</b>										
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>										
Du Quoin @ Carbondale 2022	Jun-28-22	51.90			59.26													
Du Quoin @ Marion 2022	Jun-23-22	51.75			59.37													
Anna @ DuQuoin 2022	Jun-16-22				1:22.80													
<b>Beard, Bo</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>25</b>	<b>100</b>									
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>									
Du Quoin @ Carbondale 2022	Jun-28-22	22.54	51.40															
Du Quoin @ Marion 2022	Jun-23-22	22.64	52.97		31.13													
Salem @ DuQuoin 2022	Jun-21-22	23.17	55.51															
Anna @ DuQuoin 2022	Jun-16-22	24.71			31.80			38.86										
<b>Bird, Maddie</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>							
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>							
Du Quoin @ Carbondale 2022	Jun-28-22	20.63					26.86				2:10.80							
Herrin All Stroke Invitational	Jun-25-22	20.08			26.36		27.57		28.39									
Du Quoin @ Marion 2022	Jun-23-22	20.87					28.07				2:12.71							
Salem @ DuQuoin 2022	Jun-21-22	21.69	50.21						26.72									
Anna Invitational 2022	Jun-18-22	20.08	48.83		25.62		30.30											
Anna @ DuQuoin 2022	Jun-16-22				26.96		29.45				2:13.16							









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<b>Heape, Lauren</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>				
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>				
Du Quoin @ Carbondale 2022	Jun-28-22		30.86	1:09.93									1:19.48				
Du Quoin @ Marion 2022	Jun-23-22			1:10.91								34.13	1:20.81				
<b>Helmer, Amelia</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Du Quoin @ Carbondale 2022	Jun-28-22	22.73	54.48				28.63										
Du Quoin @ Marion 2022	Jun-23-22		52.39														
Salem @ DuQuoin 2022	Jun-21-22	23.73			30.05		28.51										
<b>Helmer, Claire</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>25</b>	<b>100</b>								
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>								
Du Quoin @ Carbondale 2022	Jun-28-22	32.72			37.33		35.22										
Du Quoin @ Marion 2022	Jun-23-22	30.49					32.49										
Salem @ DuQuoin 2022	Jun-21-22		1:12.67				35.64	42.67									
<b>Helmer, Ryan</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Du Quoin @ Carbondale 2022	Jun-28-22	29.22															
Du Quoin @ Marion 2022	Jun-23-22	30.16	1:04.15														
Salem @ DuQuoin 2022	Jun-21-22	31.90			38.62												
<b>Hopkins, Alec</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>				
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>				
Du Quoin @ Carbondale 2022	Jun-28-22		35.30				1:43.33					38.32					
Du Quoin @ Marion 2022	Jun-23-22			1:24.65								37.46	1:34.39				
Salem @ DuQuoin 2022	Jun-21-22		38.56	1:23.40								43.09					
Anna @ DuQuoin 2022	Jun-16-22		36.48				1:50.99					39.89					
<b>Hopkins, Josie</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>100</b>				
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>				
Du Quoin @ Carbondale 2022	Jun-28-22								1:11.28			54.67	2:03.29				
Herrin All Stroke Invitational	Jun-25-22		39.58			1:01.18			1:05.88			56.30					
Du Quoin @ Marion 2022	Jun-23-22					1:03.26						51.39	2:02.67				
Salem @ DuQuoin 2022	Jun-21-22								1:10.71			55.96	2:01.54				
Anna @ DuQuoin 2022	Jun-16-22			1:51.00								1:00.64					



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<b>Krelo, Sylvia</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>25</b>	<b>100</b>								
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>								
Du Quoin @ Carbondale 2022	Jun-28-22	38.49	1:34.73		47.27												
Du Quoin @ Marion 2022	Jun-23-22	43.47			52.99		49.00										
Salem @ DuQuoin 2022	Jun-21-22	43.54					50.59										
Anna @ DuQuoin 2022	Jun-16-22	49.97			59.02												
<b>Kremer, Carrigan</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Du Quoin @ Carbondale 2022	Jun-28-22		56.87		28.21				26.96								
Herrin All Stroke Invitational	Jun-25-22	22.84			28.31		33.92										
Du Quoin @ Marion 2022	Jun-23-22	21.97	54.04		28.25												
Salem @ DuQuoin 2022	Jun-21-22	23.24			28.13		32.86										
Anna Invitational 2022	Jun-18-22	22.74			27.36												
Anna @ DuQuoin 2022	Jun-16-22				30.50				27.34								
<b>Kremer, Easton</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>25</b>	<b>25</b>	<b>100</b>									
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>									
Du Quoin @ Carbondale 2022	Jun-28-22	51.81			47.53												
Herrin All Stroke Invitational	Jun-25-22	51.66			1:04.06												
Du Quoin @ Marion 2022	Jun-23-22	54.50			1:08.93												
Salem @ DuQuoin 2022	Jun-21-22	53.36			1:09.25												
<b>Kuhnert, Kadence</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Herrin All Stroke Invitational	Jun-25-22	21.23			25.63		29.74		22.23								
Du Quoin @ Marion 2022	Jun-23-22		50.99						22.18		1:55.54						
Salem @ DuQuoin 2022	Jun-21-22				25.57		27.53		22.06								
Anna Invitational 2022	Jun-18-22	21.16			25.11				23.70		1:58.79						
Anna @ DuQuoin 2022	Jun-16-22		51.04						23.35		1:58.91						

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<b>Kuhnert, Kaitlyn</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>25</b>	<b>100</b>								
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>								
Du Quoin @ Carbondale 2022	Jun-28-22	28.23	1:03.03		27.73												
Herrin All Stroke Invitational	Jun-25-22	28.52			30.11		42.97										
Du Quoin @ Marion 2022	Jun-23-22		1:08.28		28.89		44.85										
Salem @ DuQuoin 2022	Jun-21-22	30.71			29.56		41.03										
Anna Invitational 2022	Jun-18-22	27.19	1:05.03		28.48			37.21									
Anna @ DuQuoin 2022	Jun-16-22	30.11															
<b>Kuhnert, Kamryn</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>25</b>	<b>25</b>	<b>100</b>									
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Breast</b>	<b>Fly</b>	<b>IM</b>									
Du Quoin @ Carbondale 2022	Jun-28-22	1:04.38			1:02.63												
Salem @ DuQuoin 2022	Jun-21-22	1:06.83															
<b>Leeper, Maggie</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Salem @ DuQuoin 2022	Jun-21-22	34.67			39.10												
Anna @ DuQuoin 2022	Jun-16-22	36.02	1:31.23		33.42												
<b>Lewis, Aiden</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Du Quoin @ Carbondale 2022	Jun-28-22		38.21						19.54		1:41.47						
Herrin All Stroke Invitational	Jun-25-22	17.52			20.75		23.75		20.37								
Du Quoin @ Marion 2022	Jun-23-22		38.77						19.70		1:40.42						
Salem @ DuQuoin 2022	Jun-21-22		41.04						20.38		1:47.84						
Anna Invitational 2022	Jun-18-22		39.54		21.64				19.12		1:40.16						
<b>Lewis, Emerson</b>		<b>25</b>	<b>50</b>	<b>100</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>25</b>	<b>50</b>	<b>100</b>						
		<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Back</b>	<b>Back</b>	<b>Breast</b>	<b>Breast</b>	<b>Fly</b>	<b>Fly</b>	<b>IM</b>						
Du Quoin @ Carbondale 2022	Jun-28-22	20.54			26.24		27.29										
Herrin All Stroke Invitational	Jun-25-22	20.37			28.42		27.02		29.36								
Du Quoin @ Marion 2022	Jun-23-22	21.32			26.08		27.40										
Salem @ DuQuoin 2022	Jun-21-22	20.73			25.25		27.45										
Anna Invitational 2022	Jun-18-22	21.08	45.44				27.51				2:03.16						









