

**Last Chance Senior Meet**  
Hosted by  
**West Chester Golf & Country Club**  
**Saturday, July 16, 2011**  
**Internal Entry Form**

WCGCC is offering the older swimmers a meet where they can have one "Last Chance" to achieve times for use in Championships, since often swimmers only swim Free and Back at dual meets. We are using an alternate age grouping to offer those swimmers that have aged up this summer a better chance of winning their races.

We will once again offer the Coaches Relay as the last event.

**LOCATION: West Chester Golf & Country Club Pool**

The following phone number is available for emergency use during the meet. 610-696-0150  
**FACILITY:** This meet will be run in a 6 lane, 25-meter outdoor pool. The starting end has a depth of 12 feet. The facility is equipped with Competitor non-turbulent lane lines and starting blocks. Seating for swimmers is on the grass, seating is available for spectators. Parking is available adjacent to the pool and in the lot up by the tennis courts.

**MEET DIRECTOR: Charlie Clark**

**ENTRY COORDINATOR: Doug Tunnell 610-636-2606 (cell) & 610-521-1880 (work)**

**START TIMES:** Warm-up: 7:30 AM; Meet: 9:00 AM; Scratch Meeting: 8:00 AM

**WARM-UP:** The warm-up sessions will be divided into periods of equal length depending on the number of swimmers entered. Warm-up schedules will be posted on the WCGCC web site prior to the meet and will be made available to the coaches at the meet. Sprint/Start lanes will be available for all teams at the end of the warm-up session. No diving or backstroke starts will be permitted except in sprint lanes, when designated. The referee may remove anyone from the warm-up for failure to comply with warm-up rules.

**RULES:** This meet will be run according to "Federation" & CCCCSSL rules and regulations. All events are Pre-Seeded, Timed Finals. Coaches should attend the coaches meeting.

**ENTRIES:** Swimmers may enter up to five (5) individual events.

**AWARDS:** Ribbons are awarded for 1<sup>st</sup> – 6<sup>th</sup> place.

**SPECTATORS:** Programs will be available for \$2.00.

**REFRESHMENTS:** Food and Drinks will be on sale throughout the meet.

**ELIGIBILITY:** This meet is open to any swimmer that is currently on their Teams active roster. Swimmers will compete in age groups based on their age as of **June 1st 2011** as rostered for the dual meet season.

**HOW TO ENTER:** All Events are Pre-Seeded, Timed Final events. Entries should be submitted in the course in which they were achieved. The host team will convert all times to SCM for seeding. All times submitted must be the swimmer's best time. Entries must be submitted using HY-TEK software format. They can be submitted either via email or on a disk. A completed Meet Summary Sheet, a hard copy printout listing each swimmer alphabetically, with each swimmer's events and entry times, must accompany the entry fees.

An "**Internal Entry Form**" is provided for you to collect entry information from your swimmers.

**ENTRY FEES:** Entry fees are \$12.00 per swimmer.

Please send one check per club, payable to: **West Chester Golf & Country Club.**

**SEND TO:** Email entries to, [Charles.G.Clark@kcc.com](mailto:Charles.G.Clark@kcc.com)

Mail checks and summary forms to:

**Doug Tunnell**  
**408 Brookmeade Drive**  
**West Chester, PA. 19380**

**ENTRY DEADLINES. Meet Entries** via email or disk must be received by **July 11th, 2011**

2. Meet paperwork, and Entry Fees must be received **by JULY 12TH, 2011**

3. Email confirmations will be sent for your entries. Entry lists will be sent via email **by July 13th.** Coaches are responsible for checking the accuracy of the entries. Corrections must be received by **July 14th.**

**DECK ENTRIES:** Deck Entries are permitted if open lanes are available.

**EMAIL LIST** Be sure and include your email address on the Meet Summary Sheet. An E-Mail list will be created to ensure that you get any updates, corrections, changes, or announcements that might occur prior to the meet start date. Entries for verification will be emailed to this address.

**VOLUNTEERS:** We are asking each team to provide 3 timers. Additional volunteers are welcome.

**SAFETY:** First Aid will be located in the Guards Office.

**Spectators are asked to refrain from using flash cameras at the start of each race.**

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**Order of Events**

**Event Name**

- 1 Girls 10-11 25 Freestyle
- 2 Boys 10-11 25 Freestyle
- 3 Girls 12-13 50 Freestyle
- 4 Boys 12-13 50 Freestyle
- 5 Girls 14-15 50 Freestyle
- 6 Boys 14-15 50 Freestyle
- 7 Girls 16 & Over 50 Freestyle
- 8 Boys 16 & Over 50 Freestyle
- 9 Girls 10-11 25 Breaststroke
- 10 Boys 10-11 25 Breaststroke
- 11 Girls 12-13 50 Breaststroke
- 12 Boys 12-13 50 Breaststroke
- 13 Girls 14-15 50 Breaststroke
- 14 Boys 14-15 50 Breaststroke
- 15 Girls 16 & Over 50 Breaststroke
- 16 Boys 16 & Over 50 Breaststroke
- 17 Girls 10-11 100 IM
- 18 Boys 10-11 100 IM
- 19 Girls 12-13 100 IM
- 20 Boys 12-13 100 IM
- 21 Girls 14-15 100 IM
- 22 Boys 14-15 100 IM
- 23 Girls 16 & Over 100 IM
- 24 Boys 16 & Over 100 IM
- 15 *Minute Break*
- 25 Girls 10-11 25 Backstroke
- 26 Boys 10-11 25 Backstroke
- 27 Girls 12-13 50 Backstroke
- 28 Boys 12-13 50 Backstroke
- 29 Girls 14-15 50 Backstroke
- 30 Boys 14-15 50 Backstroke
- 31 Girls 16 & Over 50 Backstroke
- 32 Boys 16 & Over 50 Backstroke
- 33 Girls 10-11 25 Butterfly
- 34 Boys 10-11 25 Butterfly
- 35 Girls 12-13 50 Butterfly
- 36 Boys 12-13 50 Butterfly
- 37 Girls 14-15 50 Butterfly
- 38 Boys 14-15 50 Butterfly
- 39 Girls 16 & Over 50 Butterfly
- 40 Boys 16 & Over 50 Butterfly
- 41 Girls 10-11 50 Freestyle
- 42 Boys 10-11 50 Freestyle
- 43 Girls 12-13 100 Freestyle
- 44 Boys 12-13 100 Freestyle
- 45 Girls 14-15 100 Freestyle
- 46 Boys 14-15 100 Freestyle
- 47 Girls 16 & Over 100 Freestyle
- 48 Boys 16 & Over 100 Freestyle
- 49 Old Timer & Coach 100 Free Relay

Last Chance Senior Meet  
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Meet Summary Sheet

Team Name: \_\_\_\_\_ Team Code: \_\_\_\_\_

Head Coach: \_\_\_\_\_ Phone #: \_\_\_\_\_

Entry Contact: \_\_\_\_\_ Phone #: \_\_\_\_\_

Mailing Address:

**E-Mail Address:**

**FEE SUMMARY:**

**Total # of Individual Athletes** \_\_\_\_\_ x \$12.00 = \_\_\_\_\_

**TOTAL:** \_\_\_\_\_

Team Representative: \_\_\_\_\_ Date: \_\_\_\_\_

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Swimmer's Name \_\_\_\_\_

Please enter me in (Circle no more than five)

**10-11** 25 Free, 25 Breast, 100 IM, 25 Back, 25 Fly, 50 Free

**12-13** 50 Free, 50 Breast, 100 IM, 50 Back, 50 Fly, 100 Free

**14-15** 50 Free, 50 Breast, 100 IM, 50 Back, 50 Fly, 100 Free

**16 & Over** 50 Free, 50 Breast, 100 IM, 50 Back, 50 Fly, 100 Free

Individual entries must be submitted no later than **July 11<sup>th</sup>, 2011**

\_\_\_\_\_  
(Insert your team's entry deadline here.)

One check per family payable to:

\_\_\_\_\_  
(Insert your team's check payable information here)