

The Race Pace Developmental

Sanction AZ21-24

Held under sanction of USA Swimming, Inc.

- Liability: It is understood and agreed that USA Swimming, Inc., Arizona Swimming, Inc., Verde Valley High Performance LLC, Sedona School District, the City of Sedona and all meet officials shall be held harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.
- Hosted By: Sedona Race Pace Club AZ
Location: Sedona Posse Grounds Pool
Meet Referee: Art Gramer artgramer@cox.net
Meet Director: Sean Emery sean8em@gmail.com
Course: Outdoor, 25 yard, 8 lane heated pool (4 lane course and 4 lane warm up down), Colorado Starting system, electronic timing. Warm-up and warm-down will be available throughout the meet. Arizona Swimming warm-up/warm down procedures will be posted and enforced and social distancing guidelines will be followed
- Eligibility: Open to any Arizona Swimming registered swimmer attached to SRPC, or unattached swimmers training with SRPC, holding a current USA Swimming/Arizona Swimming registration card as of the meet entry deadline.

AZ Rules

Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy (“MAAPP”).
3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.
4. The competition course has not been certified in accordance with 104.2.2C(4) as to pool length.
5. The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet, 0 inches at the start end and 5 feet, 0 inches at the turn end.
6. Deck changes are prohibited.
7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
8. No swimmer will be permitted to compete unless swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
10. All referees, starters, administrative officials, chief judges and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AzSI issued Picture ID’s to the Meet Referee
12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AzSI issued Picture ID’s to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshal’s shall wear their identifying vests.
14. Swimmers with a disability are welcome. The Swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

- Rules:
1. Events are pre-seeded, timed final events, functionally seeded and scored separately,
 2. Swimmers are limited to 4 individual events per day.
 3. To enter, individuals must submit fastest conforming (SCY) timed achieved.
 4. The meet will be limited to conform to the AZ group gathering guidelines.
 5. Swimmers will be assigned a session as soon as practical after the meet entry deadline.

Awards: **Ribbons for the top 3 placings**

Entry Fees: Individual Event: \$3.00
 LSC Surcharge \$8.00
 Entry fees must be paid by the start of the meet. Please make checks payable to Sedona Race Pace Club, NO REFUNDS

Entries: **All entries must be submitted via email to sean8em@gmail.com in electronic format which can be uploaded into Meet Maestro Manager(which can convert into Hytek Files).** Entries must be received October 11, 2020 and must be accompanied by a .pdf of the meet entries as contained in the electronic file. The electronic copy will have precedence in case of discrepancy.

Assumption of risk disclaimer statement:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND ARIZONA SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM MANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Guidelines: Sedona Race Pace Club will be following guidelines for social distancing established by the CDC, USA Swimming, State of Arizona Executive Order, and Arizona Department of Health Services (AZDHS) and any local or facility guidelines.

- CDC Guidelines for Pool Reopening
- USA Swimming Guidelines for Opening
- State of Arizona Executive Order:
- AZDHS Guidelines

Session I – Saturday, October 17, 2020
Session 1a: 9am Warm Up, 9:40am Start

Girls #	Event	Boys #
5	Open 50 Free	6
7	Open 200 Fly	8
--	<i>Break</i>	--
9	Open 100 Back	10
11	Open 100 Breast	12
--	<i>Break</i>	--
13	Open 200 Free	14

Session II -Saturday, October 17, 2020
Session 2 a: 11:30 am warm up, 12:00pm Start

Girls#	Event	Boys #
15	Open 50 Free	16
17	Open 50 Fly	18
---	<i>Break</i>	----
19	Open 50 back	20
21	Open 50 Breast	22
---	<i>Break</i>	----
23	Open 100 Free	24