

2022 Silver Fins Long Course Season Opener

May 14-15 2022

Held under sanction of USA Swimming, Inc.

Sanctioned by: Arizona Swimming Inc.

Sanction #: AZ22-75

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., Arizona Swimming Inc., City of Goodyear, Valley of sun YMCA, YMCA Westside Silver Fins and all meet officials shall be held harmless from any and all liabilities or claims for damages by reason of injuries to anyone during the conduct of this meet, which includes warm-up sessions.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND Arizona Swimming, Inc AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Hosted by: YMCA Westside Silver Fins

Location: Southwest Valley Family YMCA
2919 N. Litchfield Rd Goodyear, AZ 85395

Meet Director: Denise Stewart denise.stewart@vosymca.org

Meet Referee: Roger Wright - rogerwrightpe@gmail.com

Course: Outdoor 8-lane 50-Meter pool with non-turbulent lane dividers. Colorado start and automatic timing system with touchpads and 10-lane display board will be used. Warmup and cool down will be available in our recreational pool

Eligibility:

1. Open to any USA swimming athlete holding a current USA swimmers register.
2. This is an Arizona Swimming A/B/C meet, and open to the first 600 athletes.
3. All events will be timed finals.
4. All Swimmers are limited to 4 events per day, Max of 8
5. Positive check in for the 400 IM, 400 free & 800 free events is required and closes 30 mins before the start of those event sessions.
6. The 800 Free, 400 IM & 400 Free will be swum Fastest to slowest
7. All events except the 400 IM, 400 free and 800 free are pre-seeded. No deck entries will be allowed
8. Entry times should be swimmers' best LONG COURSE times.
9. Time Trials will not be offered

AZ Rules:

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP").
3. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. The competition course has been certified in accordance with 104.2.2C(4) as to pool length. A copy of such certification is on file with USA Swimming
5. The minimum water depth, measured in accordance with Article 103.2.3, is 6 feet, 6 inches at the start end and 4 feet, 2 inches at the turn end.
6. Deck changes are prohibited.
7. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
8. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
9. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
10. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
11. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition. If requested, Arizona Officials and Meet Marshals must present their AZSI issued Picture ID to the Meet Referee
12. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition. If requested, Arizona Coaches must present their AZSI issued Picture ID to the Clerk of Course. Deck Pass will be accepted as proof of current membership with an accompanying photo ID.
13. All Officials, Coaches and Meet Marshals shall display their valid Arizona Swimming Picture ID badge in a visible manner at all times. Meet Marshals shall wear their identifying vests.
14. Swimmers with a disability are welcome. The Swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and of the requested modification. The swimmer/coach shall provide any assistant(s) or equipment (tappers, deck mats, etc.) if required.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Meet Rules:

1. For the safety of all swimmers, coaches, and meet personnel, all policies and procedures related to social distancing must be followed by all individuals at the meet. All information will be emailed to participants and posted to the YWSF website.
3. All swimmers, coaches, officials and meet workers will be temperature checked before entering the facility
2. Swimmers are limited to 8 (10/U) 9 (11/O) individual events, over the course of the weekend.
3. Spectators will be limited to the first and second set of bleachers on the Northwest side of the pool.
4. Teams may set up on the basketball court inside the YMCA fence. And may be left overnight if needed.
5. Any overnight canopy set up in the park is subject to theft or fine. Fines will be assessed to teams responsible.
6. Masks are optional by all swimmers, coaches, and all meet staff upon entering the facility.
7. YWSF has taken enhanced health and safety measures for all those involved in this event. Individuals must follow all posted instructions. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending YMCA Westside Silver Fins Long Course Season Opener meet, individuals voluntarily assume all risks related to exposure to COVID-19.

Policies and Procedures for Social Distancing:

YMCA Westside Silver Fins will be following guidelines for social distancing established by the CDC, USA Swimming, State of Arizona Executive Order, and Arizona Department of Health Services (AZDHS).

- CDC Guidelines for Pool Reopening:
- USA Swimming Guidelines for Opening
- State of Arizona Executive Order:
- AZDHS Guidelines

Entries: Entries must be sent with a HyTek or compatible file. Entries should be emailed to ymcasilverfins@gmail.com. The meet will be limited to conform to the AZ group gathering guidelines.
No late entries or deck entries will be accepted. Entries must be received by Thursday, May 5th, 2021.

Entry Fees: LSC Surcharge \$8.00
 Individual Events \$5.00
Entry fees are nonrefundable.

Awards: Certificates will be awarded to swimmers who achieve AZ Swimming “A” times or AZ Swimming “B” times for the first time in that event.

Concessions: Our Snack Bar will be open and selling food. Hospitality will be available for coaches, officials and volunteers.

2022 Silver Fin Long Course Season Opener

Warm-up 7:15 am

Meet Start 8:30 am

Saturday, May 14th			
Girls	Age	Event	Boys
1	13 & Up	200 IM	2
3	12 & Under	200 IM	4
5	13 & Up	100 Back	6
7	12 & Under	100 Back	8
9	10 & Under	50 Breast	10
11	11-12	50 Breast	12
13	13 & Up	200 Free	14
15	12 & Under	200 Free	16
17	13 & Up	100 Fly	18
19	12 & Under	100 Fly	20
21	13 & Up	200 Breast	22
23	12 & Under	200 Breast	24
25	13 & Up	50 Free	26
27	12 & Under	50 Free	28
29	Open	800 Free	30

Sunday, May 15th			
Girls	Age	Event	Boys
31	Open	400 IM	32
33	12 & Under	100 Free	34
35	13 & Up	100 Free	36
37	11-12	50 Fly	38
39	10 & Under	50 Fly	40
41	12 & Under	200 Back	42
43	13 & Up	200 Back	44
45	12 & Under	200 Fly	46
47	13 & Up	200 Fly	48
49	12 & Under	100 Breast	50
51	13 & Up	100 Breast	52
53	11-12	50 Back	54
55	10 & Under	50 Back	56
57	Open	400 Free	58

- Note: 800 Free, 400 IM & 400 Free must positive check in 30 minutes before the start of the session.
 - Note: 800 Free must provide own timer and counter
 - Note: 800 Free, 400 IM and 400 Free will be swum Fastest to slowest