



2023 SPEEDO SECTIONALS – BOISE, ID JULY 13 – 16, 2023

Hosted by: Idaho Competitive Aquatics Idaho Central Aquatic Center 3575 S. Findley Ave., Boise, ID 83705

Entries OPEN June 1, 2023

ENTRY DEADLINE: July 5, 2023 * 11:59 PM MOUNTAIN

Held Under the Sanction of Snake River Swimming, Inc. and USA Swimming, Inc.
Sanction #23-13 * Time Trial Sanction #23-14

Websites:

boisesectionals.com * snakeriverswimming.org * westernzoneswimming.org * usaswimming.org

Sanction:

This meet has been sanctioned by Snake River Swimming and current USA Swimming rules and Snake River Swimming Policies & Procedures will apply. All athletes must be currently registered as annual members for 2023 with USA Swimming. Snake River Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability:

In granting this sanction and by any person's participation in the meet, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that Snake River Swimming, Inc., all meet officials, the Idaho central Aquatics Center, and Idaho Competitive Aquatics, LLC shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet. Damage to the facility, when proved, will cause the offending athlete, if unattached, or the offending athlete's team, if attached, to be held accountable for repairs.

Meet Referee Ron Van pool 206-617-1611 (cell) ronvp@aol.com Admin Referee Herb Schwab 281-242-1334 (cell) herb.schwab@gmail.com Meet Director Ryan Stratton 208-409-2293 (cell) ryan@strattoncpa.com

Facility:

Indoor Myrtha competition tank, 50 meters by 25 yards, 8 lanes, 2.5 meters per lane, uniform depth of 6 feet 7 inches (2 meters). Electronic timing and LCD scoreboard systems. Indoor 25-yard, 6-lane tank serves as the warmup pool, and has uniform depth of 4 feet. Indoor bleacher-style seating for 1,200 spectators, plus a team seating area for 800+ athletes. Onsite parking for administrative personnel and officials. Bus parking available at adjacent Flying J Travel Center Truck Stop. Parking for spectators, team vehicles, and buses is available at adjacent shopping center parking lots. Free street parking is also available.

Pool Certification:

The competition course has been certified in accordance with 104.2.2 C (4). and is on file with USA Swimming.



MEET SCHEDULE SUMMARY

MEETING SCHEDULE					
General Meeting	Sunday July 9, 2023, via Zoom @ 7:00 pm Mountain (MDT)				
Coaches Meeting	Thursday, July 13, 2023 at 7:15 am, if necessary.				
Officials' Meetings	One hour before the start of each session * Location TBA				
COMPETITION SCHEDULE	PRELIMINARIES	FINALS			
Thursday – Sunday July 13 – 16, 2023	Warm-Up: 7:00 AM – 8:50 AM Competition: 9:00 AM	Warm-Up: 4:00 PM – 5:20 PM Competition: 5:30 PM			

Supervised Warm-Ups

The 50M tank will be available for supervised warm-ups on Wednesday, July 12th, from 11:00 am - 7:00 pm.

MEET FORMAT:

- Meet format will be LCM Prelims (8 lanes) and LCM Finals (8 lanes). One championship heat (A) and three consolation heats (B-C-D) will compete in Finals, except as noted in the Order of Events, p.3 of this Announcement. The "D" Final will be conducted as an 18&U Only heat.
- Order of seeding will be Long Course Meters (LCM), Short Course Meters (SCM), Short Course Yards (SCY).
 Bonus events will be seeded after the above, in the same order: BLCM-BSCM-BSCY.
- Preliminary Heats of Individual Events and Timed Finals Events will be seeded and swum FASTEST to SLOWEST, except as noted in the Order of Events, p.3 of this Announcement.
- Circle-Seeding: Top 3 heats of preliminary individual events 200M or less, and top 2 heats of preliminary individual events of 400M or more, will be circle-seeded, with the fastest athlete in HEAT 1.
- ODD/EVEN Heats with chase starts will be used in all Preliminary Heats of Individual Events except for the 50 Freestyles. All heats of
 the 50 Freestyles will start at the EAST end of the pool. Timed Finals Events including Relays will start at the WEST end of the pool (no
 chase starts).
- Finals Heats of Individual Events will swum SLOWEST to FASTEST: Bonus (D), Bonus (C), Consolation (B), Championship (A).
- Finals Ready Room & Presentation of Awards A Finals Ready Room MAY be used to parade the Championship heat of Individual Finals events. Awards MAY be presented immediately following the swimming of each Individual Championship (A) Heat. Final details will be confirmed at the General Meeting.
- Athletes may qualify for and enter the 800M and/or 1500M Freestyles using any of the 800M/1000Y or 1500M/1650Y time standards.
- Relay teams entered in the 400M Freestyle Relay, the 800M Freestyle Relay, and 400M Medley Relay wishing to swim in preliminary heats rather than finals heats need to notify Admin Referee of this intent by the stated scratch deadline for that day's events.
- Athletes entered in the 800M and 1500M Freestyles wishing to swim in preliminary heats rather than the finals heat need to declare this
 intention by the stated scratch deadline for these events.



ORDER OF EVENTS

Women's Event#	Thursday * July 13, 2023	Men's Event #	
1	200 Medley Relay (A)	2	
3	100 Freestyle	4	
5	800 Freestyle (B)	6	
7	200 Breaststroke	8	
9	200 Butterfly	10	
11	200 Freestyle Relay (C)	12	
Women's Event #	Friday * July 14, 2023	Men's Event #	
13	100 Backstroke	14	
15	200 Freestyle	16	
17	400 Individual Medley	18	
19	400 Freestyle Relay (D)	20	
Women's Event #	Saturday * July 15, 2023	Men's Event #	
21	200 Backstroke	22	
23	400 Freestyle	24	
25	100 Breaststroke	26	
27	100 Butterfly	28	
29	800 Freestyle Relay (D)	30	
Women's Event #	Sunday * July 16, 2023 Men's E		
31	200 Individual Medley		
33	1500 Freestyle (B)		
35	50 Freestyle 36		
37	400 Medley Relay (D) 38		

A: The 200 Medley Relay will be conducted as timed finals, **swum fastest to slowest**, **ALL heats** in event order at the **beginning of Prelims**. There may be a 10-min break following the conclusion of Event 2, prior to the start of the preliminary heats of Event 3.

B: The 800 Freestyles will be conducted as timed finals, with the fastest seeded heat of women and the fastest seeded heat of men swimming in Finals in event order.

ALL other heats will be swum in Prelims, alternating women's and men's heats, fastest to slowest, following the completion of Event 10.

Athletes may qualify for these events using any of the 800M/1000Y or 1500M/1650Y time standards.

C: The 200 Free Relays will be conducted as timed finals with ALL heats in at the end of Finals.

There may be a 10-min break following the conclusion of Finals Event 10, prior to the start of Event 11.

The order for the relays shall be the Women's 2nd Fastest Heat, Women's Fastest Heat, Men's 2nd Fastest Heat, Men's Fastest Heat, Women's 3rd Fastest Heat, Men's 3rd Fastest Heat, Women's 4th Fastest Heat, Men's 4th Fastest Heat, etc.

D: These relay events will be conducted as timed finals with the fastest two heats of women and the fastest two heats of men swum in event order at the <u>end</u> of Finals. Finals heats will be swum in the following order: second fastest heat, fastest heat. There may be a 10-minute break prior to the start of these relay heats in Finals.

All other heats will be swum at the end of preliminaries, alternating women's and men's heats, fastest to slowest.

B: The 1500 Freestyles will be conducted as timed finals, following the National Championship format, with the fastest heat of women and the fastest heat of men swimming in Finals in event order.

All other heats will be swum **slowest to fastest**, alternating women and men beginning at a predetermined time, so the second fastest heat of the men's event is concluded 90 minutes before the evening Finals session is scheduled to begin.

Athletes may qualify for these events using any of the 800M/1000Y or 1500M/1650Y time standards.





2023 USA Swimming Speedo Championship Series Western Region Section Summer Time Standards

July 13 – 16, 2023 * Idaho Central Aquatic Center * Boise, ID Qualifying Time Period: June 1, 2022 – close of entries

Women				Men		
SCY	SCM	LCM	EVENTS	SCY	SCM	LCM
24.55	27.30	28.14	50 Free	22.05	24.35	25.49
53.09	58.20	1:00.69	100 Free	47.70	52.60	55.29
1:54.86	2:06.54	2:11.55	200 Free	1:44.33	1:55.49	2:01.00
5:09.03	4:26.82	4:39.11	400/500 Free	4:45.94	4:07.51	4:20.00
10:46.09	9:22.55	9:42.19	800/1000 Free	10:03.86	8:48.32	9:12.79
18:09.88	17:58.11	18:44.59	1500/1650 Free	17:03.26	16:44.43	17:36.59
58.99	1:05.55	1:08.94	100 Back	53.55	59.47	1:03.66
2:07.19	2:21.52	2:28.00	200 Back	1:56.75	2:10.89	2:19.00
1:07.46	1:14.11	1:19.63	100 Breast	59.79	1:05.11	1:12.09
2:27.11	2:41.52	2:53.49	200 Breast	2:11.63	2:23.36	2:38.50
58.19	1:03.73	1:06.27	100 Fly	52.61	58.61	1:00.36
2:10.19	2:24.26	2:31.16	200 Fly	1:58.81	2:11.94	2:19.05
2:09.73	2:23.08	2:30.51	200 Ind. Medley	1:57.77	2:10.12	2:17.70
4:36.50	5:04.87	5:18.84	400 Ind. Medley	4:13.34	4:40.45	4:57.79
1:44.69	1:56.89	1:59.29	200 Free Relay	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 Free Relay	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 Free Relay	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 Medley Relay	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 Medley Relay	3:47.49	4:15.75	4:23.39



RULES:

- Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules and the Minor Athlete Abuse Prevention Policy ("MAAPP") which is detailed on p. 12 of this meet announcement. Current Snake River Swimming Policies & Procedures Manual will also apply.
- All athletes entered in the meet must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Any athlete without a coach in attendance must report to the Meet Director or Meet Referee who may assist an athlete in making supervision arrangements, but it is the athlete's responsibility to make these arrangements prior to the start of the meet and to so notify the Meet Referee.
- Any athlete entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start, including both a Forward Start and a Backstroke Start, or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the athlete or the athlete's legal guardian to ensure compliance with this requirement and to bring proof of such certification to the meet.
- It shall be the athletes' and coaches' responsibility to acquaint themselves with all the information in this Meet Announcement and any information and changes announced at the General Meeting.
- Athletes and coaches are responsible for being familiar with this meet's scratch rules and procedures.
- Deck changes are prohibited.
- The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms.
- Photography including visual recordings is not allowed behind the blocks during the start of a race or relay exchange.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- All athletes entered in the competition must comply with current USA Swimming rules regarding swimwear.
- Medical supervision will be available to all athletes participating in the meet. Personnel with current Red Cross lifeguarding, first aid, and CPR/AED certification will be available throughout warm-ups and competition. The facility's AEDs are located in the Northeast corner under the scoreboard and in the Southwest corner adjacent to the lobby doors.

RESTRICTIONS:

- This is a CLOSED-DECK meet. Only athletes, coaches, officials, and assigned meet volunteers will be permitted on the competition deck.
- Tobacco products of any kind, vaping, alcoholic beverages, and glass containers are not allowed in the swimming venue.
- Shaving is not permitted anywhere in the facility.
- Service animals only allowed in the facility.

Broadcast Statement

Photographs, videotape, audio, and/or other visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use and may not be broadcast, published, disseminated, or used for any commercial purpose without the prior consent of USA Swimming.

Photography and Videos

Photographers and/or videographers may be present on deck at this meet. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

ELIGIBILITY:

This meet is open to all athletes who:

- Are currently registered annual premium or outreach members of USA Swimming. There will be no on-deck USA Swimming registration.
- 2. Are currently registered with a USA Swimming LSC within the Western Region Section of the Western Zone (AK, AZ, CO, IE, HI, MT, NM, OR, PN, SR, UT, WY) as of the day meet entries close. In addition, the meet will allow up to 100 out-of-section swimmers via notification to the Meet Director on a first come, first serve basis.
- 3. On-deck transfer into an eligible LSC is not allowed.
- 4. Have met the appropriate qualifying times in competition between June 1, 2022, and the close of entries.
- 5. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions.
 - See STATEMENT OF ELIGIBILITY QUALIFYING ENTRY TIMES, p. 6 of this meet announcement for details.
 - Proof of relay entry times is not required.
 - > Relay-only athletes WILL be allowed at this meet see details under ENTRIES, p . 6 of this announcement.
- 6. Athletes with a disability who have achieved USA Swimming Sectional Para qualifying time standards during the qualifying period for this meet may enter up to four (4) individual events for which the USA Swimming Sectional Para time standard has been achieved. Each athlete has the option of swimming a half distance for any event entered. Athletes with disabilities may also participate in SCY Time Trials on the same basis. See the last page of this meet announcement for more information.
- 7. For informational and planning purposes, an initial psych sheet and unofficial preliminary timeline will be made available ASAP following the close of regular entries. The psych sheet will contain markings to indicate times requiring proof as required under Eligibility #5, above. The psych sheet will be posted on the websites listed on p.1 of this Meet Announcement and will be emailed to the primary coach of record.



Meet Entry Procedures:

Entries will be submitted for this meet via Email using a meet entry file & PDF documents (see below for additional information)

Meet Entry Chair:

Herb Schwab 281-242-1334 (cell) herb.schwab@gmail.com

Dates & Deadlines:

• Entries Open: Thursday, June 1, 2023

Regular Entries Deadline: Wednesday, July 5, 2023 @11:59pm MDT
 New Qualifiers Deadline: Sunday, July 9, 2023 @11:59pm MDT

Late Entries Deadline: Sunday, July 9, 2023 @ 11:59pm MDT (penalties apply)

STATEMENT OF ELIGIBILITY - QUALIFYING ENTRY TIMES:

Athletes must have entry times that meet the following criteria in order to be eligible to enter this meet:

- Have met the appropriate 2023 qualifying entry times in competition between June 1, 2022, and the close of entries, as noted above.
 - a. Qualifying times for this meet will be the 2023 Western Region Summer Sectional Time Standards. These are found in the meet announcement on p. 4.
 - b. <u>Relay-only athletes will be allowed at this meet</u>. Athletes must pay the athlete surcharge to be entered in the meet and compete in relays, and time trials (if available).
 - c. Proof of relay entry times is not required.
- 2. Have qualifying entry times achieved at USA Swimming sanctioned, approved, or observed competitions, or a recognized foreign competition.
- 3. **Entry times must meet the "Proof of Times" requirements listed below.** It is the responsibility of the entering club, or individual if entering unattached, to verify that entry times meet these "Proof of Times" requirements.
- 4. Meet Management reserves the right to request "Proof of Times" documentation at any point.

Proof of Times:

- **SWIMS:** If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times > Individual Times Search) and it was swum in the appropriate qualifying period, it is considered a proven official time.
- Official Meet Results: If a time for a swimmer is listed in the official meet results of a USA Swimming sanctioned, approved, or observed competition, or a recognized foreign competition, and it was swum in the appropriate qualifying period, it is considered a proven official time.
- Meet Mobile is NOT acceptable as verification for "Proof of Times"

Preparing Entries:

All meet entries will be conducted via Hy-Tek -or- Hy-Tek compatible entry files, using the official meet events entry file posted on the Western Zone website under this event. The official entry file includes qualifying times for SCY, SCM, and LCM using the meet qualifying time standards and designates the qualifying time period as June 1, 2022 through the close of entries.

Bonus Events:

Events that do not meet the meet the qualifying standard may be entered as "Bonus" if they meet the "Bonus" event requirements on p. 7 of this meet announcement. These events must be clearly marked as "Bonus" when preparing entries, and clearly marked as "Bonus" on the PDF copy of entries when submitted.



Event Limit:

Each entered athlete may participate in up to six (6) individual events total for the meet, not including Time Trials, and up to five (5) relays, but no more than three (3) individual events per day, including Time Trials. All athletes, including relay-only athletes, are limited to three (3) Time Trial entries during the meet.

There is no limit to the number of relays a club may enter, but only the top two (2) relay teams per club can score in each event and will appear in the top 24 results in each relay event.

Bonus Events:

Athletes entered in the meet with at least one qualified individual event may enter up to a maximum of two bonus events, not to exceed six (6) individual events total for the meet (not including Time Trials). There are NO qualifying time standards for bonus events, but bonus times must appear in SWIMS within the qualifying time period: June 1, 2022 – entry deadline, July 5, 2023.

Relay-Only Athletes:

Relay-only athletes WILL be allowed at this meet and must pay the athlete surcharge to be officially entered and compete on relays. Rely-only athletes who have been entered in the meet and have paid the athlete surcharge are eligible to enter Time Trials, with a maximum of three (3) Time Trial entries during the meet.

Meet Surcharge \$40.00 surcharge per athlete, including relay-only athletes

\$25.00 credential surcharge per coach/team manager/chaperone

(any non-athlete with current USA Swimming credentials who will be on-deck with a team)

Meet Entry Fees \$20.00 per individual event entry

\$40.00 per relay entry

REGULAR Entry Deadline Entries must be received via email, time-stamped by 11:59 PM Mountain, July 5, 2023

After July 5, 2023, updating times for existing entries is not permitted.

Late Entries Fees \$40.00 surcharge per swimmer

\$40.00 per individual event - late entry

\$80.00 per relay - late entry

Payment of Entries:

Payment for entries will be collected on-site at the REGISTRATION DESK and must be paid in full to receive the team's packet containing meet credentials and team information.

- Teams will have the option of paying by either check or credit/debit card at the Registration Desk.
- Make checks payable to IDAHO COMPETITIVE AQUATICS
- If paying by credit card, a 2.75% convenience fee will be added to your invoice.

Submitting Regular Entries:

Submit entries via email to the Meet Entry Chair, Herb Schwab (herb.schwab@gmail.com) by the regular meet entry deadline (July 5, 2023 at 11:59pm MDT).

Regular Entry Submissions must include the following:

- 1. Zipped Hy-Tek -or- Hy-Tek compatible entry file (eg Team Manager or Team Unify)
- 2. PDF copy of individual entries, with "Bonus" events clearly designated on the entry report
- 3. PDF copy of relay entries
- 4. PDF copy of entry fees due
- 5. Contact information including email and cell numbers for both:
 - a. The individual responsible for the entry and pre-meet communications
 - b. The coach responsible during the meet for entry, admin & other meet-related matters.

Updates to REGULAR Meet Entries:

Entries may be updated until the regular meet entry deadline (July 5, 2023 at 11:59 pm MDT) to add additional swims and update entry times.

- Send entry changes via email to the Entry Chair clearly detailing the changes in the body of the email.
- Do NOT send a new entry file
- If adding NEW swimmers, the following information must be included: (1) Full legal name, (2) Date of birth, (3) Gender, (4) USA Swimming ID number

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Entry Deletions:

Once an entry file has been submitted, **NO** entries may be removed from the meet; these will be processed as scratches - NO refunds will be issued.

Submitting NEW Qualifying Swims:

New Qualifying Swims Deadline - Sunday, July 9, 2023 @ 11:59 pm MDT

This provision serves to allow swimmers entered in the meet to add qualifying swims achieved after the regular entries deadline and allow swimmers that achieve their first meet qualifying time after the regular entry deadline to enter the meet.

- Send entry changes via email to the Entry Chair clearly detailing the changes in the body of the email.
- Do NOT send a new entry file
- If adding NEW swimmers, the following information must be included: (1) Full legal name, (2) Date of birth, (3) Gender, (4) USA Swimming ID number
- Athletes who have achieved a NEW qualifying time for a previously entered Bonus event may use that event as a qualifying swim, for the purposes of adding an additional Bonus swim.

Payment for new qualifying swims will be collected with Regular Entry Fees at the Registration Desk at check-in.

Submitting LATE Entries:

LATE Entries Deadline - Sunday, July 9, 2023 @ 11:59 pm MDT

This provision serves to allow swimmers entered in the meet to add additional events that were not entered during the regular entry period and were not achieved as NEW qualifying swims, and allow new swimmers to enter the meet who did not achieve their first meet qualifying time after the entry deadline

- Send entry changes via email to the Entry Chair clearly detailing the changes in the body of the email.
- Do NOT send a new entry file
- If adding NEW swimmers, the following information must be included: (1) Full legal name, (2) Date of birth, (3) Gender, (4) USA Swimming ID number

These entries are subject to the regular meet surcharge (if adding new swimmer to meet), and double entry fees. Payment for LATE entries will be collected at the Registration Desk at check-in.

Submitting Entries for UNATTACHED athletes NOT swimming with a team:

- Send entry changes via email to the Entry Chair clearly detailing the changes in the body of the email.
- Do NOT send a new entry file
- If adding NEW swimmers, the following information must be included: (1) Full legal name, (2) Date of birth, (3) Gender, (4) USA Swimming ID number

These entries are subject to the same entry deadlines as teams, for Regular Meet Entries, NEW Qualifying Swims, and LATE Entries. Payment for these entries will be collected at the Registration Desk at check-in.

Meet Entry Questions:

Questions concerning meet entries should be directed to Meet Director, Ryan Stratton (ryan@strattoncpa.com) AND Administrative Referee / Meet Entry Chair, Herb Schwab (herb.schwab@gmail.com).

REGISTRATION DESK:

All athletes, coaches, and officials participating in this competition must be currently registered for 2023 with USA Swimming.

- > All athletes, coaches, and officials should be prepared to present their USA Swimming ID Card or Deck Pass as proof of their registration to the Meet Referee, the Meet Director, or their designee at any time. Photo ID may also be requested.
- All athletes, coaches, and officials will receive a meet-specific credential, which will serve as a deck pass, and is to be displayed to access the competition deck and team areas.
- Site-specific details for the Registration Desk will be shared following the close of regular entries on July 5, 2023 and reviewed at the General Meeting.

TT Sanction #23-14



GENERAL MEETING:

A General Meeting will be held via ZOOM on Sunday, July 9, 2023, at 7:00 PM Mountain Time. Registration to receive the ZOOM meeting link will be available on the Western Zone website under "EVENTS > WRS Summer Sectionals," and distributed to WRS LSC Office Contacts. Teams must have a coach or team representative in attendance. Coaches not in attendance are responsible for obtaining and being familiar with the information covered in the General Meeting.

SCRATCH PROCEDURES:

The USA Swimming National Championship scratch procedure and no-show rules will be used at this meet, except as noted below. These rules are described in the current USA Swimming Rule 207.11.6 in the Current Rule Book.

Scratch Deadline for all Preliminary and Timed Finals Events, including Relays, the 800M Freestyles, and the 1500M Freestyles, will be 6:00 pm of the day PRIOR to the event being swum.

- Scratches for preliminary and timed finals events will be done via the Administrative Referee, Herb Schwab, either in person on-site, or by email: herb.schwab@gmail.com
- Athletes are considered checked in for all individual events unless scratched.

Scratches From Finals

All scratches from Finals must be completed within the deadlines specified by the USA Swimming Rule 207.11.6 and must be made onsite with the Administrative Referee at the meet.

RELAYS:

- Scratches for relays are requested prior to the scratch deadline for that day's events. Please submit at the Administration Desk.
- Entry forms for the submission of names not previously submitted with entries, or for making changes to athletes swimming on a relay, will be available at Administration Desk. Please list the competing relay swimmers with first and last names and order of swimming for each entered relay.
- Relay forms are due to the Administration Desk no later than one (1) hour prior to the start of the relays. However, relay order may be changed up to the time of the swim at the blocks.

MEET TIMELINE:

If the projected length of a preliminary session exceeds 4½ hours, the Meet Referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to adjust. All adjustments will be announced at the General Meeting, and as necessary during the event

If the projected length of the 800M Freestyle or the 1500M Freestyle heats do not allow for the Finals session to start as originally scheduled, the Meet Referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to adjust. All adjustments will be announced at the General Meeting, and as necessary during the event.

WARMUPS:

Snake River Swimming Safety Guidelines and Warm-Up Procedures will be in effect for this meet. A copy of these guidelines and procedures will be reviewed at the General Meeting, will be posted on the websites listed on p. 1 of this Announcement, and will be posted at the facility. The Meet Referee reserves the right to modify warm-ups as determined to be in the best interest of the safety of the athletes and the conduct of the meet.

SCORING:

Scoring will be on a twenty-four (24) place basis.

Achieved times swum in Finals/Timed Finals must meet the event's time standard to score.

- Individual events: 32-28-27-26-25-24-23-22-20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1.
- Relays: 64-56-54-52-50-48-46-44-40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2.

AWARDS:

- Medals: top eight (8) individual and top three (3) relay places.
- Trophies/Plaques for team awards: First through Third places for Women, Men, and Combined. Team scoring will include both individual and relay events to 24 places each. Both women and men must score for a team to be eligible for a combined scoring team award.
- Individual High Point Awards: Top-scoring Woman and Top-scoring Man (individual events only)
- Awards MAY be presented at this event. Final details will be announced at the General Meeting.



TIME TRIALS:

- Time Trials will be held under a separate sanction of Snake River Swimming, Inc.
- Time Trials will be conducted on a time-available basis and are limited to approximately one hour.
- Entries for Time Trials will be conducted via deck entries.
- Athletes must be entered in the meet and have paid the athlete surcharge to swim in Time Trials.
- Each time trial swum will count toward the daily event limit with a combination of time trials and individual meet events not to exceed three (3) per day. Athletes are limited to three (3) time trials total during the meet.
- The 800M and 1500M Freestyle Events will only be offered on one day. The Meet Referee will determine the day based on the size of the meet and available time and will announce the day at the General Meeting.
- Time Trial Entry Fees: \$20.00 per individual event \$40.00 per relay event

TIMERS:

- Swimmers/clubs MAY be responsible for providing their own timers and lap counters, if desired, for the 800M and 1500M
 Freestyle events and for all Time Trial events. Final details will be provided at the General Meeting.
- Teams MAY be assigned lanes for the preliminary sessions based on the number of swimmers entered. Final details will be
 provided at the General Meeting. IF teams are assigned lanes for preliminary timing, these timing assignments will be emailed
 to the Head Coach listed on a team's Summary Entry Form and will be posted on the websites listed on p. 1 of this
 Announcement following the close of entries on July 6, 2022.

TRAVEL FUND:

A portion of the meet entry fees from this meet are used to fund a travel reimbursement to eligible swimmers and coaches. Athletes who participate in this meet and participated in the 2023 Phillips 66 National Championships or the 2023 Speedo Junior National Championships are eligible for a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend the designated Championship Meets. Application for reimbursement must be made by submittingthe Travel Reimbursement form within ten (10) days following the conclusion of the Championship Meet attended.

The Reimbursement Form is posted on the Western Zone website under "EVENTS > 2023 WRS Summer Sectionals."

Final deadline for submission: August 15, 2023.

OFFICIALS:

- If you will be attending this meet, please complete the online Application to Officiate HERE to assist with meet planning.

 The online Application is also posted on the Western Zone website under "OFFICIALS > APPLICATIONS" and under "EVENTS > 2023 WRS Summer Sectionals."
- Applications for assigned position must be received by June 5, 2023.
- Applications must be received by June 19, 2023, to be eligible to receive a meet shirt. Every attempt will be made to
 provide the size requested; however, shirt size and availability cannot be guaranteed by the host. You must work a minimum
 of four (4) sessions to receive a meet shirt.
- This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew certifications need to complete the online Application Form and notify the Meet Referee upon arrival at the meet. Instructions forcertification will be provided during Officials' Meetings.
- Officials' Meetings will be one hour before each day's sessions. All certified officials are welcome to attend and work this
 meet.
- The uniform for officials for the meet will be a white polo shirt and khaki shorts, skirt, or pants, with long pants or skirts for Finals, please. White, closed toe shoes and white socks complete the uniform.

COACHES & OFFICIALS SOCIAL:

A Coaches and Officials Social is being planned for this event. Details will be announced at the General Meeting.



OTHER IMPORTANT INFORMATION:

Hospitality

A Hospitality Room will be provided by for coaches and officials only; athletes are not permitted in the Hospitality room.

Concessions

Concessions MAY be available throughout the competition – details to be confirmed and shared at the General Meeting. Concessions will include Food Truck Vendors.

Heat Sheets

Electronic heat sheets MAY be available through Meet Mobile™ and MAY be posted to the websites listed on p.1 of this announcement - details to be confirmed and shared at the General Meeting.

Meet Information & Results

Meet Information and post-meet results will be posted to the websites listed on p.1 of this Announcement.

Parking at the Facility

- ➤ Free public parking is available adjacent to the Aquatic Center.
- > BUSES will be able to drop off in front of the Aquatic Center, and park nearby at Flying J Travel Center Truck Stop
- > NO RV Overnight Parking Allowed.





SAFE SPORT

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

A quality control system has been implemented to ensure that individuals who are ineligible for participation are unable to participate in this competition. Additionally, all adult members of USA Swimming who have not completed their Athlete Protection Training will not be able to participate in this competition.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or before July 13, 2023, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed.

Times achieved by an athlete who turns age 18 on or before July 13, 2023, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.