

**2023 Speedo Sectionals at Boise**  
**Boise, Idaho**  
**July 13-16, 2023**  
**Thursday, July 13, 2023**  
**Estimated Preliminaries Timeline**

		<u>No. of Heats</u>	<u>Est. Start Time</u>
Event #1	Women's 200 Meter Medley Relay	3	9:30 AM
Event #2	Men's 200 Meter Medley Relay	3	9:38 AM
<b>10 Minute Break</b>			
Event #3	Women's 100 Meter Freestyle	8	9:57 AM
Event #4	Men's 100 Meter Freestyle	9	10:11 AM
Event #7	Women's 200 Meter Breaststroke	5	10:26 AM
Event #8	Men's 200 Meter Breaststroke	5	10:45 AM
Event #9	Women's 200 Meter Butterfly	3	11:03 AM
Event #10	Men's 200 Meter Butterfly	5	11:14 AM
<b>10 Minute Break</b>			11:30 AM
<b>Distance Freestyle</b>			
Event #5	Women's 800 Meter Freestyle	3	11:40 AM
Event #6	Men's 800 Meter Freestyle	3	
<i>*Events 5 and 6 will swim fastest to slowest.</i>			
<i>*Events 5 and 6 will alternate heats women/men.</i>			
<i>*The fastest heats of Events 5 and 6 will swim during finals.</i>			
<b>End of Session</b>			12:39 PM

*All events will swim fastest to slowest.*

*All heats will start from the West/Finals end of the pool.*

*Relay cards for the 200 Meter Medley Relay are due at 8:00 AM.*

*Scratch box for tomorrow's events closes at 6:00 PM today.*

## 2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

## Meet Program - Prelims - Thursday

**Event 1 Women 200 LC Meter Medley Relay**

MEET: 1:55.14 7/21/2010 Colorado Stars

M Franklin, C Wixted, K Naze, C Piehl

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 3 Finals**

1	BOZ-MT	A	2:04.51
2	VAN-IE	A	2:02.71
3	PSC-AZ	A	1:56.64
4	NEP-AZ	A	1:49.46
5	LIFE-AZ	A	1:52.82
6	PSC-AZ	B	2:00.16
7	KING-PN	A	2:03.57
8	BY-SR	A	2:05.37

**Heat 2 of 3 Finals**

1	SWAT-IE	A	2:11.31
2	PSC-AZ	C	2:08.10
3	SAW-SR	A	2:07.30
4	FST-CO	A	2:06.00
5	MAC-MT	A	2:07.20
6	KING-PN	B	2:07.50
7	FAST-AZ	A	2:11.06
8			

**Heat 3 of 3 Finals**

1			
2			
3	NEP-AZ	B	2:02.49YB
4	BY-SR	B	2:12.29
5	KING-PN	C	2:13.39
6			
7			
8			

**Event 2 Men 200 LC Meter Medley Relay**

MEET: 1:42.58 7/2012 Denver Hilltoppers

K. Milberg, T. Krall, R. Barrett, D. MacKenzie

Lane	Team	Relay	Seed Time
------	------	-------	-----------

**Heat 1 of 3 Finals**

1	PSC-AZ	B	1:52.40
2	PSC-AZ	C	1:52.05
3	SWAT-IE	A	1:49.39
4	NEP-AZ	A	1:43.43
5	PSC-AZ	A	1:44.38
6	KING-PN	A	1:50.24
7	PSC-AZ	D	1:52.28
8	FST-CO	A	1:53.04

**Heat 2 of 3 Finals**

1	FST-CO	B	1:55.24
2	FAST-AZ	A	1:55.16
3	NEP-AZ	B	1:54.80
4	BY-SR	A	1:53.76
5	KING-PN	B	1:54.00
6	KING-PN	C	1:55.00
7	AQFO-AZ	A	1:55.20
8	HLST-MT	A	1:57.80

**Heat 3 of 3 Finals**

1			
2	RPC-AZ	A	2:12.04LB
3	KING-PN	D	1:59.69
4	BOZ-MT	A	1:57.88
5	PSC-AZ	E	1:58.30
6	BY-SR	B	1:59.70LB
7			
8			

**Event 3 Women 100 LC Meter Freestyle**

MEET: 54.01 7/1/2000 INGE DE BRUIJN

55.79 OLYT Olympic Trials

56.39 PRO TYR Pro Champs

57.59 JR-A Summer Juniors

58.19 JR-B Juniors Bonus

59.39 FUTR 2023 Futures

Lane	Name	Age	Team	Seed Time
------	------	-----	------	-----------

**Heat 1 of 8 Prelims**

1	Lewis, Addy	18	MAC-MT	1:00.75
2	Zallen, Sloan	16	FST-CO	59.83
3	Neilson, MJ	16	PSC-AZ	59.25 FUTR
4	Gonzalez, Carla	25	PSC-AZ	56.57 JR-A
5	Perry, Abigail	16	FLFN-CO	58.57 FUTR
6	La, Yvy	15	KING-PN	59.71
7	Hyde, Catherine	18	SMR-OR	1:00.62
8	Miller, Abbie	15	FSS-AZ	1:01.15

**Heat 2 of 8 Prelims**

1	Hansel, Maggie	15	RIP-CO	1:00.79
2	Kelaher, Kaci	17	FORD-AZ	59.99
3	Parrish, Issabelle	16	MRA-IE	59.54
4	Huffmaster, Julia	17	BOZ-MT	57.87 JR-B
5	Jones, Rylie	21	VAN-IE	58.61 FUTR
6	Chen, Elayne	15	KING-PN	59.74
7	Stafford, Leila	14	FAST-AZ	1:00.63
8	Djatej, Franzi	17	SWAT-IE	1:01.19



TOYOTA

## 2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

## Meet Program - Prelims - Thursday

## Heat 3 Prelims (#3 Women 100 LC Meter Freestyle)

1	Canaday, Keaton	17 KING-PN	1:01.09	
2	Bureau, Ella	19 BY-SR	1:00.22	
3	Rahn, Bethany	19 VAN-IE	59.70	
4	Doane, Camden	17 KING-PN	57.99	JR-B
5	Janky, Amber	16 FAST-AZ	59.22	FUTR
6	Tomey, Taylor	17 PSC-AZ	59.79	
7	Lindstrom, Emma	16 AVON-CO	1:00.65	
8	Krew, Sam	20 COUG-IE	50.55Y	

## Heat 4 of 8 Prelims

1	Dinnen, Bridgid	15 VAN-IE	52.97Y	
2	Inouye, Chloe	16 PAQ-HI	52.38Y	
3	Shanley, Kathryn	20 FST-CO	52.33Y	
4	Anderson, Clara	19 COUG-IE	51.49Y	
5	Brgoch, Skylar	19 COUG-IE	52.23Y	
6	Koza, Becca	15 LGSC-IE	52.34Y	
7	Varda, Danika	17 BOZ-MT	52.86Y	
8	McFarland, Ellie	18 BY-SR	52.97Y	

## Heat 5 of 8 Prelims

1	Lewis, Camryn	17 UN-PS-AZ	1:01.47LB	
2	Parker, Riley	19 VAST-PN	1:01.36LB	
3	Smith, Wren	15 FAST-AZ	53.42Y	
4	Stack, Ella	16 MAC-MT	52.98Y	
5	Hurd, Sophia	17 PAQ-HI	53.03Y	
6	Ingalls, Emma	17 SWAT-IE	53.61Y	
7	Engle, Jaidan	17 NEP-AZ	1:01.46LB	
8	Berthoud, Sarah	18 SWAT-IE	1:01.72LB	

## Heat 6 of 8 Prelims

1	Kainass, Gwen	17 PSC-AZ	1:02.62LB	
2	Lindstrom, Lauren	15 LIFE-AZ	1:02.20LB	
3	Garland, Lili	15 LIFE-AZ	1:01.99LB	
4	Reich, Abby	16 PSC-AZ	1:01.78LB	
5	Switzer, Zoey	15 FAST-AZ	1:01.86LB	
6	Sheldon, Emily	17 PSC-AZ	1:02.09LB	
7	Stemmons, Tavia	19 NEP-AZ	1:02.27LB	
8	Edge, Poppy	17 COUG-IE	1:02.71LB	

## Heat 7 of 8 Prelims

1	Wong-Boulanger, Sabine	17 WWSC-IE	1:03.96LB	
2	Beskind, Julia	17 FAST-AZ	1:03.72LB	
3	Clarke, Charli	13 KING-PN	1:03.52LB	
4	Ernst, Hannah	17 NEP-AZ	1:02.98LB	
5	Shuler, Sofia	18 BY-SR	1:03.04LB	
6	Schaffer, Sadie	16 NST-SR	1:03.64LB	
7	Baldwin, Maddie	17 LIFE-AZ	1:03.93LB	
8	Afman, Zoe	18 FST-CO	1:04.10LB	

## Heat 8 of 8 Prelims

1	Biglow, Lauren	17 PC-UT	1:06.11LB	
2	Flikkema, Dylon	13 BOZ-MT	1:05.91LB	
3	McColley, Rylee	17 BOZ-MT	1:04.66LB	
4	Hand, Hope	17 NEP-AZ	1:04.26LB	
5	Bontemps, Julia	17 KING-PN	1:04.58LB	
6	Ascher, Adalynn	16 MAC-MT	1:05.48LB	
7	Coleman, Emilie	17 FST-CO	1:05.92LB	
8	Ackerman, Kileigh	17 EVER-CO	1:07.81LB	

## Event 4 Men 100 LC Meter Freestyle

MEET:	48.77	7/2009	Lyndon Ferns
	49.99	OLYT Olympic Trials	
	50.49	PRO TYR Pro Champs	
	51.99	JR-A Summer Juniors	
	52.89	JR-B Juniors Bonus	
	53.79	FUTR 2023 Futures	

## Lane Name Age Team Seed Time

## Heat 1 of 9 Prelims

1	Smith, Denton	20 PSC-AZ	53.97	
2	Sheffert, Tanner	15 PSC-AZ	53.77	FUTR
3	Shue, Milo	18 BY-SR	52.85	JR-B
4	Jones, Keaton	18 NEP-AZ	50.36	PRO
5	Coombs, Andrew	16 KING-PN	52.17	JR-B
6	Kelly, Keegan	17 FORD-AZ	53.25	FUTR
7	Duarte, Trypp	17 AQFO-AZ	53.85	
8	Todd, Bayden	16 FST-CO	54.39	

## Heat 2 of 9 Prelims

1	Killian, Graham	17 NEP-AZ	54.10	
2	Bednarz, Bartek	17 NEP-AZ	53.79	FUTR
3	Yang, Beri	19 NEP-AZ	52.87	JR-B
4	Pickles, Ian	18 NEP-AZ	50.78	JR-A
5	Vetsch, August	17 NEP-AZ	52.21	JR-B
6	Esser, Devin	20 NEP-AZ	53.44	FUTR
7	Ravegum, Drew	18 FST-CO	53.86	
8	Robinson, Jens	15 AZSL-AZ	54.61	

## Heat 3 of 9 Prelims

1	Stemmons, Gideon	17 NEP-AZ	54.30	
2	Schreiber, James	17 FLFN-CO	53.81	
3	Martin, Aaron	17 NEP-AZ	53.15	FUTR
4	Dowdall, Finn	20 PSC-AZ	51.72	JR-A
5	Wu, Kevin	18 NEP-AZ	52.35	JR-B
6	Stamer, Ryan	16 FAST-AZ	53.73	FUTR
7	Irons, Devin	16 PSC-AZ	53.95	
8	Edmiston, Scott	17 FAST-AZ	54.80	



## 2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

## Meet Program - Prelims - Thursday

**Heat 4 Prelims (#4 Men 100 LC Meter Freestyle)**

1	Wrona, Sebastian	16	OA-UT	55.12
2	Ricker, Zane	16	LGSC-IE	55.08
3	Sinclair, Adam	18	SSC-UT	55.01
4	Hammer, Aiden	15	KING-PN	54.82
5	Cole, Aidan	16	KING-PN	54.95
6	Koschmann, Soren	16	RIP-CO	55.05
7	Springer, Jack	19	KING-PN	55.10
8	Covington, Dylan	19	FST-CO	55.15

**Heat 5 of 9 Prelims**

1	Gomez, Asher	16	PSC-AZ	55.79
2	Salmen, Duncan	16	FST-CO	55.59
3	Postlewait, Samuel	17	NST-OR	55.38
4	Theis, Kaleo	19	SWAT-IE	55.23
5	VanLuvanee, Adam	18	FSS-AZ	55.30
6	Weinstein, Peter	19	FST-CO	55.58
7	Heikkila, Dylan	15	KING-PN	55.77
8	Silva, Jake	17	NEP-AZ	55.80

**Heat 6 of 9 Prelims**

1	Stratton, Shae	17	SAW-SR	47.87Y
2	Williams, Samuel	17	CCAT-UT	47.58Y
3	Hargreaves, Austin	15	S2-AZ	47.27Y
4	Kwon, Adam	17	KING-PN	55.88
5	Ponomarev, Tony	19	KING-PN	46.58Y
6	Stemmons, Asher	21	NEP-AZ	47.37Y
7	Scifres, Cody	18	FLFN-CO	47.65Y
8	Apostol, Daniel	16	BY-MT	47.94Y

**Heat 7 of 9 Prelims**

1	Suaverdez, Landon	17	PSC-AZ	48.45Y
2	McColley, Calahan	15	BOZ-MT	48.27Y
3	Schubert, Jacob	17	NST-SR	48.15Y
4	Senske, Owen	16	VAN-IE	48.01Y
5	Bravo, Marcos	17	PSC-AZ	48.11Y
6	Shue, Jasper	16	BY-SR	48.16Y
7	Krattiger, Garrett	17	HLST-MT	48.37Y
8	Boyd, Breck	15	AVON-CO	55.99LB

**Heat 8 of 9 Prelims**

1	Sanders, Jayden	17	PSC-AZ	56.89LB
2	Le, Ryan	16	PSC-AZ	56.77LB
3	Jantzi, Ethan	17	AQFO-AZ	56.37LB
4	Alexander, Cameron	19	KING-PN	56.10LB
5	Wesley, Leo	17	RPC-AZ	56.25LB
6	Mooney, Noah	16	FST-CO	56.42LB
7	Elgie, Keegan	16	PC-UT	56.86LB
8	Sundeen, Winston	16	BOZ-MT	57.11LB

**Heat 9 of 9 Prelims**

1				
2	Molloy, Brian	15	AVON-CO	57.82LB
3	Cox, Carter	15	KING-PN	57.63LB
4	Sherick, Paul	15	LOVE-CO	57.18LB
5	Gingras, Ethan	15	VAN-IE	57.58LB
6	Sage, Payton	23	FST-CO	57.80LB
7	Hart, Josh	16	SAW-SR	1:00.53LB
8				

**Event 7 Women 200 LC Meter Breaststroke**

MEET: 2:28.89 3/2008 MEGAN JENDRICK

2:31.69 OLYT Olympic Trials

2:33.79 PRO TYR Pro Champs

2:38.29 JR-A Summer Juniors

2:38.59 JR-B Juniors Bonus

2:43.39 FUTR 2023 Futures

Lane	Name	Age	Team	Seed	Time
------	------	-----	------	------	------

**Heat 1 of 5 Prelims**

1	Kovalscik, McKenzie	20	BY-SR	2:48.87
2	Inouye, Chloe	16	PAQ-HI	2:46.71
3	Moses, Jillian	19	TRA-CA	2:41.80 FUTR
4	Varda, Danika	17	BOZ-MT	2:34.00 JR-A
5	Byrnes Cortinas, Nicole	16	NEP-AZ	2:40.15 FUTR
6	Li, Lilian	15	FAST-AZ	2:43.98
7	Hunt, Fran	15	BY-SR	2:47.84
8	Quihuiz, Chloe	15	NEP-AZ	2:50.69

**Heat 2 of 5 Prelims**

1	Cos, Dominique	20	FLFN-CO	2:49.01
2	Gourley, Veronica	17	KING-PN	2:47.40
3	Coleman, Emilie	17	FST-CO	2:42.94 FUTR
4	Clise, Maya	19	KING-PN	2:37.83 JR-A
5	Warriner, Corinne	16	NEP-AZ	2:40.20 FUTR
6	Crawford, Courtney	17	LIFE-AZ	2:45.96
7	McColley, Rylee	17	BOZ-MT	2:48.12
8	Lotz, Julia	16	PSC-AZ	2:51.59

**Heat 3 of 5 Prelims**

1	Dalbik, Sahara	17	NEP-AZ	2:49.03
2	Gao, Brisa	15	PDST-PN	2:47.81
3	Tognoni, Bella	15	SV5B-SR	2:43.52
4	Ross, Marlies	25	PSC-AZ	2:37.88 JR-A
5	Doane, Camden	17	KING-PN	2:40.57 FUTR
6	Nie, Kathy	15	SAW-SR	2:46.20
7	Rains, Riley	17	FST-CO	2:48.19
8	Putt, Takara	17	VAST-PN	2:51.96



TOYOTA

## 2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

## Meet Program - Prelims - Thursday

**Heat 4 Prelims (#7 Women 200 LC Meter Breaststroke)**

1	Oldham, Haily	20 VAN-IE	2:26.49Y
2	Hancock, Analiese	16 AQFO-AZ	2:54.08
3	Field, Ava	15 KING-PN	2:53.55
4	Baldwin, Maddie	17 LIFE-AZ	2:52.13
5	Afman, Zoe	18 FST-CO	2:53.10
6	Clarke, Charli	13 KING-PN	2:53.78
7	Conger, Jennifer	21 VAN-IE	2:23.53Y
8	Carras, Corrina	17 KING-PN	2:28.09Y

**Heat 5 of 5 Prelims**

1			
2			
3	Schaffer, Sadie	16 NST-SR	2:58.06LB
4	Parker, Riley	19 VAST-PN	2:56.08LB
5	Deneen, Marin	13 RIP-CO	2:57.37LB
6	Werni, Ava	15 MAC-MT	3:01.41LB
7			
8			

**Event 8 Men 200 LC Meter Breaststroke**

MEET:	2:13.72	7/2013	Naoya Tomita
	2:15.99	OLYT Olympic Trials	
	2:18.09	PRO TYR Pro Champs	
	2:23.29	JR-A Summer Juniors	
	2:24.99	JR-B Juniors Bonus	
	2:29.09	FUTR 2023 Futures	

**Lane Name Age Team Seed Time****Heat 1 of 5 Prelims**

1	Apostol, Daniel	16 BY-MT	2:34.42
2	Gingras, Owen	17 VAN-IE	2:29.94
3	Pickles, Evan	18 NEP-AZ	2:23.60 JR-B
4	Kistler, Drew	20 SWAT-IE	2:20.79 JR-A
5	Uhl, Tobin	15 FST-CO	2:22.99 JR-A
6	Slankard, Luke	15 FST-CO	2:27.48 FUTR
7	Kung, Ian	16 NEP-AZ	2:33.17
8	Irons, Devin	16 PSC-AZ	2:36.45

**Heat 2 of 5 Prelims**

1	O'Connor, Cavan	14 BOZ-MT	2:35.48
2	Li, Harrison	15 PDST-PN	2:31.35
3	Mungia, Tres	18 NEP-AZ	2:24.52 JR-B
4	Dooling, Carter	19 OV-AZ	2:21.08 JR-A
5	Clise, Cota	16 KING-PN	2:23.26 JR-A
6	Koza, Tim	19 LGSC-IE	2:28.40 FUTR
7	Jantzi, Ethan	17 AQFO-AZ	2:34.30
8	Ma, William	15 KING-PN	2:36.63

**Heat 3 of 5 Prelims**

1	Senske, Owen	16 VAN-IE	2:35.59
2	Bednarz, Bartek	17 NEP-AZ	2:31.44
3	Ravegum, Drew	18 FST-CO	2:24.69 JR-B
4	Yang, Beri	19 NEP-AZ	2:22.55 JR-A
5	Neilson, Teddy	16 PSC-AZ	2:23.47 JR-B
6	Wood, Nico	17 PSC-AZ	2:29.08 FUTR
7	Dowe, Kyle	16 FAST-AZ	2:34.41
8	Cristoloveanu, Luca	14 MRA-IE	2:36.91

**Heat 4 of 5 Prelims**

1	Yoked, Reef	18 PC-UT	2:39.87
2	Humphreys, Caleb	18 PSC-AZ	2:39.47
3	Kelsang, Tenzin	15 GACC-OR	2:38.74
4	Jones, Matthew	16 KING-PN	2:37.64
5	Akpan, Jaden	15 BY-SR	2:38.54
6	Goetsch, Devin	17 HLST-MT	2:39.27
7	Hess, Robert	16 FORD-AZ	2:39.57
8			

**Heat 5 of 5 Prelims**

1			
2			
3	DeGraw, Aeden	19 BOZ-MT	2:48.98LB
4	Hart, Josh	16 SAW-SR	2:11.95Y
5	Pham, Ted	18 PSC-AZ	2:44.69LB
6			
7			
8			

**Event 9 Women 200 LC Meter Butterfly**

MEET:	2:10.33	7/2010	Andrea Taylor
	2:13.69	OLYT Olympic Trials	
	2:14.59	PRO TYR Pro Champs	
	2:16.99	JR-A Summer Juniors	
	2:18.99	JR-B Juniors Bonus	
	2:21.89	FUTR 2023 Futures	

**Lane Name Age Team Seed Time****Heat 1 of 3 Prelims**

1	Lotz, Julia	16 PSC-AZ	2:11.86Y
2	La, Yvy	15 KING-PN	2:30.54
3	Spielman, Lucy	15 RPC-AZ	2:26.27
4	Neilson, MJ	16 PSC-AZ	2:19.84 FUTR
5	Wieckowski, Kayla	18 SA-SR	2:22.11
6	Rahn, Bethany	19 VAN-IE	2:27.60
7	Nie, Kathy	15 SAW-SR	2:06.28Y
8			



TOYOTA

## 2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

## Meet Program - Prelims - Thursday

**Heat 2 Prelims (#9 Women 200 LC Meter Butterfly)**

1	Urban, Elizabeth	14	HLST-MT	2:45.70	LB
2	Ingalls, Emma	17	SWAT-IE	2:31.87	
3	Babson, Kyla	18	FORD-AZ	2:26.88	
4	Gleason, Danielle	17	PSC-AZ	2:20.06	FUTR
5	Ruark, Bri	18	SAW-SR	2:22.92	
6	George, Genevieve	16	PSC-AZ	2:28.23	
7	Krew, Sam	20	COUG-IE	2:06.49	Y
8					

**Heat 3 of 3 Prelims**

1					
2	Tabino, Taylor	14	SWAT-IE	2:32.25	
3	Miller, Abbie	15	FSS-AZ	2:27.59	
4	Huffmaster, Julia	17	BOZ-MT	2:20.11	FUTR
5	Kelaher, Kaci	17	FORD-AZ	2:23.31	
6	Lewis, Elly	15	MAC-MT	2:30.06	
7	Buyers, Amelia	20	VAN-IE	2:07.83	Y
8					

**Event 10 Men 200 LC Meter Butterfly**

MEET:	1:58.94	7/2014	Andrew Torres
	2:00.49	OLYT Olympic Trials	
	2:01.69	PRO TYR Pro Champs	
	2:05.09	JR-A Summer Juniors	
	2:06.89	JR-B Juniors Bonus	
	2:10.19	FUTR 2023 Futures	

**Lane Name Age Team Seed Time****Heat 1 of 5 Prelims**

1	Robertson, Tate	16	NEP-AZ	2:17.57	
2	Wrona, Sebastian	16	OA-UT	2:13.33	
3	Babson, Riley	22	FORD-AZ	2:07.32	FUTR
4	Hochwalt, Michael	17	SWAT-IE	2:00.77	PRO
5	Vetsch, August	17	NEP-AZ	2:05.33	JR-B
6	Kwon, Adam	17	KING-PN	2:11.94	
7	Slankard, Luke	15	FST-CO	2:14.64	
8	Curran, Evan	17	FST-CO	2:18.44	

**Heat 2 of 5 Prelims**

1	Joswiak, Ashton	15	PSC-AZ	2:17.96	
2	Ma, William	15	KING-PN	2:13.63	
3	Smith, Denton	20	PSC-AZ	2:07.51	FUTR
4	Jones, Keaton	18	NEP-AZ	2:01.44	PRO
5	Coombs, Andrew	16	KING-PN	2:05.98	JR-B
6	Simmons, Andrew	17	NEP-AZ	2:13.00	
7	Robertson, Owen	15	GACC-OR	2:15.88	
8	Eussen, Lucas	17	KING-PN	2:18.69	

**Heat 3 of 5 Prelims**

1	Uhl, Tobin	15	FST-CO	2:18.42	
2	Mantz, Matthew	19	SWAT-IE	2:14.23	
3	VanLuvanee, Adam	18	FSS-AZ	2:10.24	
4	Hamblin, Carson	18	NEP-AZ	2:05.22	JR-B
5	Hammer, Aiden	15	KING-PN	2:06.58	JR-B
6	Kirk, Bryce	17	RPC-AZ	2:13.05	
7	Alexander, Cameron	19	KING-PN	2:17.05	
8	Johnson, Chase	16	SSC-UT	2:19.14	

**Heat 4 of 5 Prelims**

1	Alexander, Braiden	16	KING-PN	2:21.80	LB
2	Putt, Theo	14	VAST-PN	2:00.57	Y
3	Logan, Gavin	15	AQFO-AZ	1:57.06	Y
4	Mallender, Ryan	16	PSC-AZ	2:20.14	
5	Wood, Nico	17	PSC-AZ	2:20.20	
6	Goetsch, Devin	17	HLST-MT	1:58.49	Y
7	Williams, Samuel	17	CCAT-UT	2:00.85	Y
8					

**Heat 5 of 5 Prelims**

1					
2					
3	Dang, Dylan	17	KING-PN	2:45.70	LB
4	Ellison, Joseph	16	PSC-AZ	2:21.84	LB
5	Koza, Tim	19	LGSC-IE	2:24.31	LB
6					
7					
8					



TOYOTA

## 2023 LC Speedo Sectionals - Boise, ID, Sanction #: 23-13

July 13-16, 2023

## Meet Program - Prelims - Thursday

## Event 5 / 6 Women / Men 800 Free

W MEET: 8:40.26 3/2008 Andrea Taylor

M MEET: 8:06.41 7/2015 Jacob Ores

8:45.79 Women OLYT Olympic Trials

8:48.09 Women PRO TYR Pro Champs

8:58.69 Women JR-A Summer Juniors

9:06.69 Women JR-B Juniors Bonus

9:13.79 Women FUTR 2023 Futures

8:09.69 Men OLYT Olympic Trials

8:12.99 Men PRO TYR Pro Champs

8:23.09 Men JR-A Summer Juniors

8:33.79 Men JR-B Juniors Bonus

8:40.69 Men FUTR 2023 Futures

## Lane Name Age Team Seed Time

## Heat 1 (Heat 1 Women 800 Free) Swimming with Finals

1	Henikman, Viri	14	FAST-AZ	9:29.52	
2	Symington, Lelia	16	PSC-AZ	9:24.40	
3	Sheldon, Emily	17	PSC-AZ	9:17.40	
4	Gleason, Danielle	17	PSC-AZ	8:56.32	JR-A
5	Chen, Elayne	15	KING-PN	9:12.61	FUTR
6	Zallen, Sloan	16	FST-CO	9:19.29	
7	LaTendresse, Kaitlyn	15	KING-PN	9:26.09	
8	Babson, Kyla	18	FORD-AZ	9:31.41	

## Heat 2 (Heat 1 Men 800 Free) Swimming with Finals

1	Eichler, Karsten	16	PSC-AZ	8:54.93	
2	Robertson, Owen	15	GACC-OR	8:52.73	
3	Bradley, Carter	15	FST-CO	8:48.13	
4	Babson, Riley	22	FORD-AZ	8:24.75	JR-B
5	Troeschler, Jacob	20	BY-SR	8:37.44	FUTR
6	Joswiak, Ashton	15	PSC-AZ	8:49.54	
7	Lev-Tov, Joseph	18	RIP-CO	8:53.87	
8	Metzgar, Samuel	15	KING-PN	8:59.15	

## Heat 3 (Heat 2 Women 800 Free)

1	Jones, Ezmee	15	NEP-AZ	9:40.34	
2	Blute, Desiree	15	FAST-AZ	9:37.90	
3	Lewis, Elly	15	MAC-MT	9:37.27	
4	Wieckowski, Kayla	18	SA-SR	9:13.21	FUTR
5	Manley, Laura	17	OV-AZ	9:33.75	
6	Hansel, Maggie	15	RIP-CO	9:37.71	
7	Parrish, Makhaela	18	MRA-IE	9:38.30	
8	Ma, Elizabeth	17	KING-PN	9:40.68	

## Heat 4 (Heat 2 Men 800 Free)

1	Padilla-Diaz, Ruben	17	FAST-AZ	9:08.05	
2	Stewart, Alex	17	SSC-UT	9:05.20	
3	Bona, Eli	15	WWSC-IE	9:03.67	
4	Curran, Evan	17	FST-CO	9:00.91	
5	Crawford, Markus	15	PSC-AZ	9:02.87	
6	Ricker, Zane	16	LGSC-IE	9:04.02	
7	Krattiger, Garrett	17	HLST-MT	9:06.73	
8	Robertson, Tate	16	NEP-AZ	9:10.88	

## Heat 5 (Heat 3 Women 800 Free)

1	Bringard, Beca	17	SSC-UT	10:50.31Y	
2	Lane, Gretchen	16	PC-UT	10:40.16Y	
3	Westphal, Hope	17	SWAT-IE	9:45.18	
4	Tarran, Kirsten	16	FST-CO	9:41.72	
5	Eichler, Kennedy	20	PSC-AZ	9:43.05	
6	Ho, Sydney	15	PSC-AZ	10:21.78Y	
7	Bossa, Camila	15	KING-PN	10:49.37Y	
8	Fritz, Eden	16	SWAT-IE	10:04.84LB	

## Heat 6 (Heat 3 Men 800 Free)

1	Grewal, Shah	15	KING-PN	9:55.54Y	
2	Akpan, Jaden	15	BY-SR	9:17.42	
3	Uberuaga, Teodoro	17	COUG-IE	9:14.78	
4	Hale, Nash	16	SSC-UT	9:11.38	
5	Whitson, Grady	16	CUDA-NM	9:14.57	
6	Hill, Bryson	16	SWAT-IE	9:16.88	
7	Clise, Cota	16	KING-PN	9:43.33Y	
8	Taylor, Jaime	16	PC-UT	9:59.92Y	

## Heat 7 (Heat 4 Women 800 Free)

1					
2	Teunissen, Ava	13	RIP-CO	11:20.63YB	
3	Field, Ava	15	KING-PN	10:17.80LB	
4	Hill, Julia	16	BSC-SR	10:24.52LB	
5					
6					
7					
8					

Combined Heat

## Heat 8 (Heat 4 Men 800 Free)

1					
2					
3					
4					
5					
6	Alexander, Braiden	16	KING-PN	9:44.23LB	
7	Homes, Connor	15	FORD-AZ	10:10.53Y	
8	Sanders, Prentice	15	KING-PN	9:22.42LB	



TOYOTA

**2023 Speedo Sectionals at Boise**  
**Boise, Idaho**  
**July 13-16, 2023**  
**Thursday, July 13, 2023**  
**Finals Timeline—All times are estimates.**

Competition Pool Clears		5:20 PM
National Anthem		5:25 PM
Awards	Women's 200 Meter Medley Relay	5:27 PM
Awards	Men's 200 Meter Medley Relay	5:28 PM
Event #3	Women's 100 Meter Freestyle	
	D-Final	5:30 PM
	Bonus Final	5:31 PM
	Consolation Final	5:33 PM
	Parade Championship Final	5:34 PM
	Awards	5:37 PM
Event #4	Men's 100 Meter Freestyle	
	D-Final	5:40 PM
	Bonus Final	5:42 PM
	Consolation Final	5:43 PM
	Parade Championship Final	5:44 PM
	Awards	5:47 PM
Event #5	Women's 800 Meter Freestyle	
	Parade Fastest	5:50 PM
	Awards	6:02 PM
Event #6	Men's 800 Meter Freestyle	
	Parade Fastest	6:05 PM
	Awards	6:16 PM
Event #7	Women's 200 Meter Breaststroke	
	D-Final	6:19 PM
	Bonus Final	6:23 PM
	Consolation Final	6:26 PM
	Parade Championship Final	6:30 PM
	Awards	6:35 PM
Event #8	Men's 200 Meter Breaststroke	
	D-Final	6:38 PM
	Bonus Final	6:41 PM
	Consolation Final	6:44 PM
	Parade Championship Final	6:47 PM
	Awards	6:52 PM
Event #9	Women's 200 Meter Butterfly	
	Bonus Final	6:55 PM
	Consolation Final	6:58 PM
	Parade Championship Final	7:01 PM
	Awards	7:05 PM
Event #10	Men's 200 Meter Butterfly	
	D-Final	7:08 PM
	Bonus Final	7:11 PM
	Consolation Final	7:14 PM
	Parade Championship Final	7:17 PM
	Awards	7:21 PM

**10 Minute Break**

		<u>No. of Heats</u>	
Event #11	Women's 200 Meter Freestyle Relay	3	7:34 PM
Event #12	Men's 200 Meter Freestyle Relay	3	7:39 PM
	<b>End of Session</b>		7:48 PM

***Scratch box for tomorrow's events closes at 6:00 PM today.***

***Relay cards for the 200 Meter Freestyle Relay are due at 6:30 PM.***

***The 200 Meter Freestyle Relays will swim fastest to slowest.***



**Unofficial Timeline for Preliminaries Sessions**  
**2023 Speedo Sectionals at Boise**  
**Boise, Idaho**  
**July 13-16, 2023**

**Estimated Preliminaries Timeline, Prior to Scratches**

<b><u>Thursday, July 13, 2023</u></b>			
1	W 200M Medley Relay	3	9:30 AM
2	M 200M Medley Relay	3	9:38 AM
<b>10 Minute Break</b>			
3	W 100M Freestyle	8	9:57 AM
4	M 100M Freestyle	9	10:11 AM
7	W 200M Breaststroke	5	10:26 AM
8	M 200M Breaststroke	5	10:45 AM
9	W 200M Butterfly	3	11:03 AM
10	M 200M Butterfly	5	11:14 AM
<b>End of Session</b>			11:30 AM
<b><u>Distance Freestyle</u></b>			
5	W 800M Freestyle	3	11:40 AM
6	M 800M Freestyle	3	
<b>*Events 5 and 6 will swim fastest to slowest.</b>			
<b>*Events 5 and 6 will alternate heats women/men.</b>			
<b>*The fastest heats of Events 5 and 6 will swim during finals.</b>			
<b>End of Session</b>			12:39 PM

**Friday, July 14, 2023**

13	W 100M Backstroke	5	9:30 AM
14	M 100M Backstroke	7	9:41 AM
15	W 200M Freestyle	7	9:56 AM
16	M 200M Freestyle	9	10:17 AM
17	W 400M Individual Medley	4	10:42 AM
18	M 400M Individual Medley	5	11:07 AM
<b>10 Minute Break</b>			
19	W 400M Freestyle Relay	1	11:47 AM
20	M 400M Freestyle Relay	1	
<b>*Events 19 and 20 will alternate heats women/men.</b>			
<b>*The fastest two heats of Events 19 and 20 will swim during finals.</b>			
<b>End of Session</b>			11:56 AM

**Saturday, July 15, 2023**

21	W 200M Backstroke	4	9:30 AM
22	M 200M Backstroke	5	9:44 AM
23	W 400M Freestyle	6	10:02 AM
24	M 400M Freestyle	5	10:35 AM
25	W 100M Breaststroke	5	11:02 AM
26	M 100M Breaststroke	6	11:13 AM
27	W 100M Butterfly	6	11:25 AM
28	M 100M Butterfly	9	11:37 AM
<b>10 Minute Break</b>			
29	W 800M Freestyle Relay	0	12:03 PM
30	M 800M Freestyle Relay	0	
<b>*Events 29 and 30 will alternate heats women/men.</b>			
<b>*The fastest two heats of Events 29 and 30 will swim during finals.</b>			
<b>End of Session</b>			12:03 PM

**Sunday, July 16, 2023**

31	W 200M Individual Medley	7	9:30 AM
32	M 200M Individual Medley	8	9:53 AM
35	W 50M Freestyle	7	10:17 AM
36	M 50M Freestyle	9	10:26 AM
<b>10 Minute Break</b>			
37	W 400M Medley Relay	1	10:47 AM
38	M 400M Medley Relay	0	
<b>*Events 37 and 38 will alternate heats women/men.</b>			
<b>*The fastest two heats of Events 37 and 38 will swim during finals.</b>			
<b>End of Session</b>			10:52 AM
<b><u>Distance Freestyle</u></b>			
33	W 1500M Freestyle	3	2:08 PM
34	M 1500M Freestyle	3	2:27 PM
<b>*Events 33 and 34 will swim slowest to fastest.</b>			
<b>*Events 33 and 34 will alternate heats women/men.</b>			
<b>*The fastest heats of Events 33 and 34 will swim during finals.</b>			
<b>End of Session</b>			4:00 PM

**The official timeline will be printed in each day's preliminaries heat sheet.**

**Events in preliminaries sessions will swim fastest to slowest except as otherwise noted.**

**The 50 Meter Freestyle will start from the East/Scoreboard end of the pool. All other events will start from the West/Finals end of the pool.**

**Scratch box for each day's events closes at 6:00 PM the evening before the event.**

**The competition pool clears 10 minutes prior to session start.**