

AZ Swimming 2023 LC Regional Championship - 7/7/2023 to 7/9/2023**Meet Referee: Ellen McCoy****Session Report**

Session: 1 Friday, July 7th PM

Day of Meet: 1 Starts at 04:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 13-18 400 IM	14	2 u	04:00 PM	_____
Finals	2 Men 13-18 400 IM	16	2 u	04:14 PM	_____
Finals	3 Girls 12 & Under 50 Freestyle	119	15 u	04:28 PM	_____
Finals	4 Boys 12 & Under 50 Freestyle	56	7 u	04:43 PM	_____
Finals	5 Women 11-18 800 Freestyle	24	3 u	04:51 PM	_____
Finals	6 Men 11-18 800 Freestyle	14	2 u	05:28 PM	_____
Finals	7 Girls 12 & Under 50 Backstroke	98	13 u	05:51 PM	_____
Finals	8 Boys 12 & Under 50 Backstroke	59	8 u	06:10 PM	_____
Finals	9 Girls 12 & Under 50 Breaststroke	88	11 u	06:22 PM	_____
Finals	10 Boys 12 & Under 50 Breaststroke	39	5 u	06:37 PM	_____
Finals	11 Girls 12 & Under 50 Butterfly	78	10 u	06:43 PM	_____
Finals	12 Boys 12 & Under 50 Butterfly	37	5 u	06:55 PM	_____
	Swimmers Counts for Warm-ups: 294	=====	=====		
	Entry / Heat Totals:	642	83		
	Finish Time			07:01 PM	_____

Session: 2 Saturday, July 8th Prelims 13-18

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	13 Women 13-18 100 Freestyle	100	13 u	08:00 AM	_____
Prelims	14 Men 13-18 100 Freestyle	80	10 u	08:22 AM	_____
Prelims	15 Women 13-18 200 Backstroke	30	4 u	08:37 AM	_____
Prelims	16 Men 13-18 200 Backstroke	20	3 u	08:52 AM	_____
Prelims	17 Women 13-18 100 Breaststroke	36	5 u	09:02 AM	_____
Prelims	18 Men 13-18 100 Breaststroke	43	6 u	09:12 AM	_____
Prelims	19 Women 13-18 200 Butterfly	2	1 u	09:24 AM	_____
Prelims	20 Men 13-18 200 Butterfly	4	1 u	09:27 AM	_____
Prelims	21 Women 13-18 200 IM	68	9 u	09:31 AM	_____
Prelims	22 Men 13-18 200 IM	52	7 u	10:01 AM	_____
Finals	23 Women 13-18 400 Freestyle Relay	11	2 u	10:24 AM	_____
Finals	24 Men 13-18 400 Freestyle Relay	9	2 u	10:34 AM	_____
Finals	25 Women 13-14 400 Freestyle Relay	10	2 u	10:44 AM	_____
Finals	26 Men 13-14 400 Freestyle Relay	6	1 u	10:55 AM	_____
	Break: 5 Minutes:				
Finals-S	27 Women 13-18 400 Freestyle	20	3 u	11:05 AM	_____
Finals-S	28 Men 13-18 400 Freestyle	11	2 u	11:23 AM	_____
	Swimmers Counts for Warm-ups: 223	=====	=====		
	Entry / Heat Totals:	502	71		
	Finish Time			11:35 AM	_____

AZ Swimming 2023 LC Regional Championship - 7/7/2023 to 7/9/2023**Meet Referee: Ellen McCoy****Session Report**

Session: 3 Saturday, July 8th 12 & Under Timed Finals

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	29 Girls 11-12 400 IM	5	1 u	12:30 PM	_____
Finals	30 Boys 11-12 400 IM	2	1 u	12:38 PM	_____
Finals	31 Girls 11-12 100 Freestyle	71	9 u	12:45 PM	_____
Finals	32 Boys 11-12 100 Freestyle	25	4 u	01:00 PM	_____
Finals	33 Girls 10 & Under 100 Freestyle	43	6 u	01:08 PM	_____
Finals	34 Boys 10 & Under 100 Freestyle	27	4 u	01:20 PM	_____
Finals	35 Girls 11-12 200 Backstroke	15	2 u	01:28 PM	_____
Finals	36 Boys 11-12 200 Backstroke	5	1 u	01:35 PM	_____
Finals	37 Girls 11-12 100 Breaststroke	52	7 u	01:39 PM	_____
Finals	38 Boys 11-12 100 Breaststroke	15	2 u	01:54 PM	_____
Finals	39 Girls 10 & Under 100 Breaststroke	29	4 u	01:59 PM	_____
Finals	40 Boys 10 & Under 100 Breaststroke	19	3 u	02:09 PM	_____
Finals	41 Girls 11-12 200 Butterfly	3	1 u	02:17 PM	_____
Finals	42 Boys 11-12 200 Butterfly	4	1 u	02:21 PM	_____
Finals	43 Girls 10 & Under 200 Freestyle Relay	7	1 u	02:25 PM	_____
Finals	44 Boys 10 & Under 200 Freestyle Relay	2	1 u	02:28 PM	_____
Finals	45 Girls 12 & Under 200 Freestyle Relay	17	3 u	02:31 PM	_____
Finals	46 Boys 12 & Under 200 Freestyle Relay	9	2 u	02:40 PM	_____
	Break: 5 Minutes:				
Finals	47 Girls 10 & Under 400 Freestyle	6	1 u	02:52 PM	_____
Finals	48 Boys 10 & Under 400 Freestyle	2	1 u	02:59 PM	_____
Finals	49 Girls 11-12 400 Freestyle	32	4 u	03:06 PM	_____
Finals	50 Boys 11-12 400 Freestyle	13	2 u	03:32 PM	_____
	Swimmers Counts for Warm-ups: 213	=====	=====		
	Entry / Heat Totals:	403	61		
	Finish Time			03:45 PM	_____

AZ Swimming 2023 LC Regional Championship - 7/7/2023 to 7/9/2023**Meet Referee: Ellen McCoy****Session Report**

Session: 4 Saturday, July 8th Finals 13-18

Day of Meet: 2 Starts at 05:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women 13-18 100 Freestyle	32	4 u	05:00 PM	_____
Finals	14 Men 13-18 100 Freestyle	32	4 u	05:07 PM	_____
Finals	15 Women 13-18 200 Backstroke	30	4 u	05:12 PM	_____
Finals	16 Men 13-18 200 Backstroke	20	4 u	05:27 PM	_____
Finals	17 Women 13-18 100 Breaststroke	32	4 u	05:41 PM	_____
Finals	18 Men 13-18 100 Breaststroke	32	4 u	05:48 PM	_____
Finals	19 Women 13-18 200 Butterfly	2	4 u	05:56 PM	_____
Finals	20 Men 13-18 200 Butterfly	4	4 u	06:09 PM	_____
Finals	21 Women 13-18 200 IM	32	4 u	06:22 PM	_____
Finals	22 Men 13-18 200 IM	32	4 u	06:35 PM	_____
Finals-2	27 Women 13-18 400 Freestyle	16	2 u	06:47 PM	_____
Finals-2	28 Men 13-18 400 Freestyle	16	2 u	06:59 PM	_____
	Swimmers Counts for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	280	44		
	Finish Time			07:11 PM	_____

Session: 5 Sunday, July 9th Prelims 13-18

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	51 Women 13-18 200 Freestyle	71	9 u	08:00 AM	_____
Prelims	52 Men 13-18 200 Freestyle	53	7 u	08:28 AM	_____
Prelims	53 Women 13-18 100 Backstroke	44	6 u	08:48 AM	_____
Prelims	54 Men 13-18 100 Backstroke	34	5 u	09:01 AM	_____
Prelims	55 Women 13-18 200 Breaststroke	27	4 u	09:11 AM	_____
Prelims	56 Men 13-18 200 Breaststroke	23	3 u	09:26 AM	_____
Prelims	57 Women 13-18 100 Butterfly	38	5 u	09:37 AM	_____
Prelims	58 Men 13-18 100 Butterfly	35	5 u	09:46 AM	_____
Prelims	59 Women 13-18 50 Freestyle	99	13 u	09:54 AM	_____
Prelims	60 Men 13-18 50 Freestyle	78	10 u	10:06 AM	_____
Finals	61 Women 13-14 400 Medley Relay	9	2 u	10:16 AM	_____
Finals	62 Men 13-14 400 Medley Relay	4	1 u	10:29 AM	_____
Finals	63 Women 13-18 400 Medley Relay	10	2 u	10:35 AM	_____
Finals	64 Men 13-18 400 Medley Relay	10	2 u	10:48 AM	_____
	Break: 5 Minutes:				
Finals	65 Women 13-18 1500 Freestyle	8	1 u	11:05 AM	_____
Finals	66 Men 13-18 1500 Freestyle	3	1 u	11:28 AM	_____
	Swimmers Counts for Warm-ups: 220	=====	=====		
	Entry / Heat Totals:	546	76		
	Finish Time			11:55 AM	_____

AZ Swimming 2023 LC Regional Championship - 7/7/2023 to 7/9/2023**Meet Referee: Ellen McCoy****Session Report**

Session: 6 Sunday, July 9th Timed Finals 12 & Unders

Day of Meet: 3 Starts at 12:30 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	67 Girls 11-12 200 Freestyle	50	7 u	12:30 PM	_____
Finals	68 Boys 11-12 200 Freestyle	17	3 u	12:53 PM	_____
Finals	69 Girls 10 & Under 200 Freestyle	18	3 u	01:03 PM	_____
Finals	70 Boys 10 & Under 200 Freestyle	7	1 u	01:15 PM	_____
Finals	71 Girls 11-12 100 Backstroke	52	7 u	01:18 PM	_____
Finals	72 Boys 11-12 100 Backstroke	27	4 u	01:34 PM	_____
Finals	73 Girls 10 & Under 100 Backstroke	30	4 u	01:43 PM	_____
Finals	74 Boys 10 & Under 100 Backstroke	15	2 u	01:53 PM	_____
Finals	75 Girls 11-12 200 IM	34	5 u	01:58 PM	_____
Finals	76 Boys 11-12 200 IM	15	2 u	02:17 PM	_____
Finals	77 Girls 10 & Under 200 IM	15	2 u	02:24 PM	_____
Finals	78 Boys 10 & Under 200 IM	4	1 u	02:33 PM	_____
Finals	79 Girls 11-12 100 Butterfly	30	4 u	02:37 PM	_____
Finals	80 Boys 11-12 100 Butterfly	10	2 u	02:45 PM	_____
Finals	81 Girls 10 & Under 100 Butterfly	8	1 u	02:49 PM	_____
Finals	82 Boys 10 & Under 100 Butterfly	6	1 u	02:51 PM	_____
Finals	83 Girls 11-12 200 Breaststroke	24	3 u	02:54 PM	_____
Finals	84 Boys 11-12 200 Breaststroke	7	1 u	03:06 PM	_____
Finals	85 Girls 10 & Under 200 Medley Relay	6	1 u	03:10 PM	_____
Finals	86 Boys 10 & Under 200 Medley Relay	1	1 u	03:14 PM	_____
Finals	87 Girls 12 & Under 200 Medley Relay	16	2 u	03:18 PM	_____
Finals	88 Boys 12 & Under 200 Medley Relay	7	1 u	03:25 PM	_____
	Break: 5 Minutes:				
Finals	89 Girls 11-12 1500 Freestyle	3	1 u	03:34 PM	_____
Finals	90 Boys 11-12 1500 Freestyle	0	0	03:58 PM	_____
	Swimmers Counts for Warm-ups: 185	=====	=====		
	Entry / Heat Totals:	402	59		
	Finish Time			03:58 PM	_____

AZ Swimming 2023 LC Regional Championship - 7/7/2023 to 7/9/2023**Meet Referee: Ellen McCoy****Session Report**

Session: 7 Sunday, July 9th Finals 13-18

Day of Meet: 3 Starts at 05:00 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	51 Women 13-18 200 Freestyle	32	4 u	05:00 PM	_____
Finals	52 Men 13-18 200 Freestyle	32	4 u	05:12 PM	_____
Finals	53 Women 13-18 100 Backstroke	32	4 u	05:23 PM	_____
Finals	54 Men 13-18 100 Backstroke	32	4 u	05:31 PM	_____
Finals	55 Women 13-18 200 Breaststroke	27	4 u	05:39 PM	_____
Finals	56 Men 13-18 200 Breaststroke	23	4 u	05:54 PM	_____
Finals	57 Women 13-18 100 Butterfly	32	4 u	06:08 PM	_____
Finals	58 Men 13-18 100 Butterfly	32	4 u	06:15 PM	_____
Finals	59 Women 13-18 50 Freestyle	32	4 u	06:21 PM	_____
Finals	60 Men 13-18 50 Freestyle	32	4 u	06:25 PM	_____
	Swimmers Counts for Warm-ups: 170	=====	=====		
	Entry / Heat Totals:	306	40		
	Finish Time			06:29 PM	_____