



## RPC Season Opener September 9-10, 2023

Held under sanction of USA Swimming Inc.

**Sanctioned by:** Arizona Swimming Inc.

**Sanction #:** AZ24-22

**Hosted by:** Race Pace Club AZ  
**Location:** Sedona Community Pool  
570 Posse Ground Road, Sedona, AZ 86336

**Meet Referee:** Kurt Watkins [Watkins44@yahoo.com](mailto:Watkins44@yahoo.com)

**Meet Director:** Sean Emery [racepaceclubaz@gmail.com](mailto:racepaceclubaz@gmail.com)

**Course:** Outdoor, 25 yard (6) six lane course, non-turbulent lane lines, Colorado start and semi-automatic timing system. Warm-up and warm-down lane(s) available throughout the meet.

**Eligibility:** Open to any USA Swimming currently registered athletes as of the meet entry deadline.

### Rules Governing Sanctioned Meets

1. Age on the first day the meet will govern for the entire meet.
2. Conduct of the sanctioned event shall conform in every respect to current rules of USA Swimming including technical and administrative rules.
3. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with MAAPP is a condition of participating in the conduct of this competition.
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. The Sedona Community Pool competition course has not been certified in accordance with 104.2.2C(4) as to pool length.
6. The Sedona Community Pool minimum water depth, measured in accordance with Article 103.2.3, is ((7 feet, 0 inches at the start end and 4 feet, 0 inches at the turn end))
7. Deck changes are prohibited.
8. The Arizona Swimming Controlled Meet Warm-up and Safety Guidelines will be posted and enforced.
9. No swimmer will be permitted to compete unless the swimmer is a member of USA Swimming. On deck registration is not available at any Arizona Swimming meet.
10. The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms, locker rooms or other areas as may be designated by the Meet Director/Meet Referee.
11. All referees, starters, administrative officials, chief judges, and stroke and turn judges serving in an official capacity in a sanctioned event must be non-athlete members of USA Swimming or members of other FINA member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be a coach member of USA Swimming.
12. Officials and Meet Marshals must sign in and present proof of current membership and/or training respectively, to the Meet Referee prior to the start of each session of competition.
13. Coaches must sign in and present proof of current membership at the Clerk of Course prior to the start of each session of competition.
14. Meet Marshals shall wear their identifying attire, as provided by the club.
15. Swimmers with disabilities are welcome. The swimmer (or swimmers coach) is responsible for notifying the Referee, prior to the competition, of any disability of the swimmer and the requested accommodation. The swimmer/coach shall provide any assistant(s) or equipment (tappers,

deck mats, etc.) if required.

16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

17. The following medical supervision will be available to athletes participating in the meet <<lifeguards, EMT, AED device, etc. >> .

**Rules:**

1. Meet is limited to the 200th swimmer and his/her team.
2. RPC Season Opener is an ABC Time Standard Competition
3. 500 Free and 400 IM:
  - a. Positive check-in closes at 12:15 PM on the event’s respective day it is listed.
  - b. Both events to be swum Fastest to Slowest alternating girl and boy heats.
  - c. Swimmers are responsible for their own timing (2) personnel.
4. Time Trials will NOT be offered.
5. Entry Maximums: 4 events per session, 8 events for the meet.

**Entry Fees:** Individual events: \$6.00  
LSC Surcharge: \$8.00

**Entries:** Entries must be received by Friday, September 1, 2023. Paper entries will not be accepted. Hy-tek or Team Unify files must be e-mailed to racepaceclubaz@gmail.com by the entry deadline **in electronic format which can be uploaded into Hy-tek Meet Manager** and must be accompanied by a .pdf of the meet entries as contained in the electronic file. The electronic copy will have precedence in case of discrepancy. NO late entries or deck entries will be accepted. All entry fees/surcharges are due at the start of the meet and are non-refundable. Please pay for your entries with a single check made payable to “Verde Valley High Performance”

**Awards:** Ribbons awarded to top 8 finishers in 10 & U, 11-12, 13-14, and 15 & O  
AB Certificates will be awards according to AZSI policy.

**Spectators:**

**Spectators and swimmers will be required to set up their seating areas on the perimeter of the pool facility.** Spectators will be required to watch races from the designated spectator area and are asked to leave the pool deck after the event being watched. Parents are requested to abide by the deck markings in the designated spectator area at all times. Maximum occupancy inside the pool facility is 100 persons at any one time.

**Schedule:**

**Session I - Saturday, September 9th**  
**W/up 11:00 AM, Meet Starts 12:00 PM**  
**Positive Check-In for 500 Free closes at 12:15 PM**

Girls	-----	Boys
<b>1</b>	<b>Open 200 IM</b>	<b>2</b>
<b>3</b>	<b>Open 50 Free</b>	<b>4</b>
<b>5</b>	<b>Open 200 Back</b>	<b>6</b>
<b>7</b>	<b>Open 100 Free</b>	<b>8</b>
<b>9</b>	<b>Open 25 Breast</b>	<b>10</b>
<b>11</b>	<b>Open 100 Breast</b>	<b>12</b>
<b>13</b>	<b>Open 25 Fly</b>	<b>14</b>
<b>15</b>	<b>Open 100 Fly</b>	<b>16</b>
<b>17*</b>	<b>Open 500 Free*</b>	<b>18*</b>

**\*500 Free swimmers are responsible for providing their own timing (2) personnel.**

**Session II – Sunday, September 10th**  
**W/up 11:00 AM, Meet Starts 12:00 PM**  
**Positive Check-In for 400 IM closes at 12:15 PM**

Girls	Event Description	Boys
19	Open 200 Breast	20
21	Open 50 Fly	22
23	Open 25 Free	24
25	Open 200 Free	26
27	Open 100 Back	28
29	Open 50 Breast	30
31	Open 200 Fly	32
33	Open 25 Fly	34
35*	Open 400 IM*	36*

\*400 IM swimmers are responsible for providing their own timing (2) personnel.

THANK YOU to our SPONSORS!



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