

OGC DIVE TEAM -- PARENT INFO SUMMER 2019

PRACTICE SCHEDULE

<u>MAY 28- JUNE 14</u>		<u>JUNE 17 - JULY 19 MORNINGS</u>		<u>June 17- July 19 Afternoons</u>	
8 & Under	4:00-4:30 pm	8 & Under	12:00-12:30 & 12:30-1:00	10& Under	4:00-5:00
9-12 yr olds	4:30-5:30 pm			11+	5:00 - 6:00
13+	5:30-6:30 pm	9-12 yr olds	10:30-11:30		
		13+	9:30-10:30		

MEET SCHEDULE

Dive Meets (Sundays)

6/16 - Home vs. Regency Estates

Theme: Duos/Twins

6/23 - @ Seven Locks

Theme: Zombies

6/30 - Home vs. Country Glen

Theme: Red, White & Blue

7/7 - @ Merrimack Park

Theme: Initials

7/14 - @. Flower Valley

Theme: Luau

Invitation/Qualifying Only Meets:

July 19 - Robin Hood Invitational

July 21 (8:00am) - Divisionals

July 24 - 25 (3:00pm) - All Stars

Dive Meets are open to all divers.

Dive meets are a family affair, if your diver is participating, expect to volunteer and sign up early!

Sign ups will open for dive families on May 28.

**If you know of a weekend that your diver is not available, please notify the coaches. Also, if your swimmer is expected to swim at a meet but has an emergency, please notify Patrick or Abbey ASAP -- Patrick (301.820.2130) Abbey (202.818.9578).*

What to bring to meets: team suit, towel, and lots of team spirit! No devices. ***Divers should remain in team area for entirety of the meet to cheer on their teammates.**

SOCIAL EVENTS:

Psych Nights: Friday June 14, June 28, July 5, July 12, July - 6 - 7 pm

Team Photo and Pasta Dinner - June 21 - 5 pm - 8pm

Team Breakfast - Wednesday, July 19 - TBD

Team Banquet - July 22 - 7 pm

**Additional info: to sign up for meets and volunteer: ogcdolphins.swimtopia.com