



Time for Districts!!!

Class 3A Region 1 District 3

Cecil Field Aquatic Center

13611 Normandy Blvd

Swimming: Tuesday, October 27, 2015

How this works...

1. Swimmers will be released from class at 10:00am (after 1st period). We will travel to Cecil Field on a school bus. Since this is a District approved field trip for the team, all athletes must ride the bus to and post District competition.
2. Warm-up will begin at 12:30 pm. The timed final meet will start at 2:00 pm.
3. Snack items can be donated by parents to help feed swimmers post swimming their event. Keep to "nibbling" food- you don't want to be filled up before you swim your next event. Please see the sign-up genius for items and donations.
4. No cards, except for relays. You must report to your lane previous to your heat being called. Heat sheet will be posted with events/ heat/lane assignments.
5. Swim your fastest!!! **Ok, so this is always a rule, but it REALLY counts now.** The top 16 finishers in individual events are fighting (swimming) for the chance to move on to Regional (11/2 at UF O'Connell Center).
6. Team lunch: when the team arrives at Cecil (approx. 11:00am), they will join for a team lunch catered by Publix (lunchmeat platters).
7. **REST!!!!** No practice Tuesday morning.
8. Tech suit- it is your choice if you want to wear a tech suit or your team suit for the meet (see #5) . The only caps to be worn at the meet are Creekside High School Caps. No jewelry, tape, watches, or hairbands worn on the wrists.
9. Done swimming??? Hopefully not, but if you did not qualify for the District team, we would LOVE for you to join us and cheer them on! It will be an excused absence from school that day.
10. **THERE IS A \$6.00 ADMISSION CHARGE INTO THE MEET.**

4.12.2.2.4 Advancement of Teams and Individuals

(a) District to Regional.

- (1) Swimming Events. Twenty-four (24) contestants shall advance from district meets to the correlating regional meets in each individual event in swimming competition as follows: the top two (2) finishers in each swimming event from each district meet as well as the next overall best times at large for a field of 24 from the remaining best times among top sixteen (16) finishers in the district meets comprising the region. In the event of a tie for the last at-large qualifying place to the regional meet, all of the competitors tied shall be allowed to advance to the regional meet.
- (2) Relay Events. Sixteen (16) teams shall advance from district meets to the correlating regional meets in each relay event in swimming competition as follows: the top finisher in each relay event from each district meet as well as the next overall best times at large for a field of 16 from the remaining best times among top eight finishers in the district meets comprising the region.
- (3) Diving Competition. Twenty-four (24) contestants may advance from district meets to the correlating regional meets in diving competition as follows: the first two (2) places in diving competition from each district meet, provided the diver has a minimum qualifying score of 280.0 points in district competition. Any remaining available spaces shall be filled on an at-large basis from all competing divers who placed in the top sixteen (16) in their respective district meets comprising the region and met the minimum qualifying score of 280.0 points for a field of 24. In the event of a tie for the last at-large qualifying place to the regional meet, all of the competitors tied shall be allowed to advance to the regional meet.
- (4) Qualifying times/scores for at-large entries into the regional meet will be posted on FHSAA.org after all districts in that region have reported their results.
- (5) Relay teams qualify from the district meet to the regional meet as a team, not as individuals.
- (6) Any eligible swimmer whose name appears on an official entry list may swim on a relay team provided the swimmer's name also is entered on the relay card.