

2022 FHSAA Class 4A District 1
Swimming and Diving Championships
Monday and Wednesday October 17 and 19, 2022

Host School(s)

Buchholz High School
Bartram Trail High School

Date (Swimming)

10/19/22 (Wednesday)

Location

Planet Swim and Tennis Club, 300 Davis Park Rd., Ponte Vedra FL 32081

Time

11:30am Start

10:15am Warm Up

Rules

NFHS Rules Championship Meets as amended by FHSAA will govern the meet. USA Swimming Rules will govern USA Swimming athletes.

USA Swimming Observation

Florida Swimming Observation #: _____ (pending)

Diving Information

Date: Monday 10/17/2022

Location: Bolles School 7400 San Jose Blvd Jacksonville, FL 32217

Warm Up 7:30a

Meet: 9:00a

Diving Director Courtney Gills at coachcourtney@atlanticcoastdivingjax.com #: (904) 323-1472

Divers will perform 11 dives; 5 voluntary dives shall come from each of the 5 groups and shall have an assigned "DD" with a sum total of 9.0 or less. The 6 optional dives shall include at least 1 chosen from each of the 5 groups. No more than 1 optional dive from the same group is permitted through semifinals. All five groups must be represented in the first 8 rounds.

Instructions for DiveLive

1. Download the DiveLive App - available on Apple and Android -

<https://scoresandmore.live/download/>

2. Sign Up for Free Profile

3. Find your team and join (as a coach, diver, parent, or administrator)

4. Divers must be approved/accepted by the coach Coaches who need to have their team created should submit a team request. (<https://scoresandmore.live/add-your-team/>)

Divers: Enter your sheet Join a meet and quickly type in your list. Drag and drop to rearrange your dive order. Make changes at any time. Connect and share with friends. Follow your friends in diving. Share your accomplishments on social media. Videos of your dives Looking for that 104B where you pancaked? The 301B you nailed last month? Just go to your dive sheet and view your videos.

Pool Specifications

The facility is an outdoor, 50-meter x 25-yard pool, with lanes available for warmup and cool-down throughout the competition. The competition will be held in an 8-lane course, where water depth throughout competition course is 6'2"

Warm Up

If necessary, two warmup sessions will be held and lane assignments will be sent to head coaches prior to the meet.

Timing System

A Colorado Timing System will be used with touchpads (primary), buttons and stopwatch backups and mini-scoreboard.

Officials

Referee: Stephen Plapp

Starter: Mike Sunman

Admin Official: Scott Rabalais

Meet Marshal: Christie Pinter

Meet Director: John Hulvey

Officiating Volunteer Contact

Certified officials interested in volunteering on deck are asked to contact Meet Referee Stephen Plapp at seplapp@comcast.net.

More Info

Scott Rabalais, email scottrabalais@comcast.net cell/text: (904) 806-6779

	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Individual	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay	40	34	32	30	28	26	24	22	16	14	12	10	8	6	4	2

Entry Limit

There is a team entry limit of four (4) swimmers per individual event scored. Each school is allowed to enter one (1) relay team per relay event. Each swimmer is limited to entering four events, no more than two of which may be individual events.

Entry Deadline

Please submit your Meet Entry File and Team Roster File to Scott Rabalais at scottrabalais@comcast.net by SATURDAY, OCTOBER 15, NO LATER THAN 12 NOON. Head coaches will be sent an email entry confirmation upon receipt of entry.

Send in entries to scottrabalais@comcast.net.

Entry Notes

Coaches should enter swimmers/relays with best Yards time, or NT. Coaches must enter swimmers and divers electronically with meet entry files compatible for import into Hy-Tek software. It is recommended that swimmers' school year be included. Also, since this is a USA Swimming Observed meet, those USA Swimming 3 athletes who wish to have their times submitted for the SWIMS database must have their USA Swimming ID# included in the entry.

The events file will be created and sent to you by Scott Rabalais, whom you may contact with any questions (see email above).

Entry Fee

The entry fee is \$428.57 per school. Checks shall be made payable to "Buchholz High School." They may be delivered to Buchholz Coach John Hulvey on deck, or mailed to Buchholz High School, c/o Athletic Director Rob Brooks, 5510 NW 27th Ave, Gainesville, FL 32606

Psych Sheet / Heat Sheet

Once the entries are processed, the Psych Sheet will be sent to the coaches for review. No changes to events may be made once the Psych Sheet is distributed, unless clerical in nature. The Heat Sheet will be distributed via email to head coaches.

Deck Entries

Deck Entries are not allowed for this meet.

Timers

All participating schools will be asked to two timers for the duration of the meet. Schools are welcome to split timer duties into shifts. Buchholz High School will supply all timer equipment needs and lap counters. A timer meeting will be called at approximately 11:10am.

Volunteers

Each school is required to email a list of their volunteers by Monday, October 17, to Christie Pinter at admin@gatorswimclub.com.

Awards

Championship and runner-up trophies will be awarded to both Boys and Girls.

Parking

Parking instructions will be sent to the head coach of each participating team to forward to all participants and families. Schools are encouraged to use a school bus to transport swimmers

Check-In

Coaches are asked to check in upon arrival at the Hospitality Room to receive coaches' heat sheets, relay cards and other essentials.

Coaches / Captain Meeting

A meeting of head coaches and team captains will be held during warm-ups and run by the Meet Referee. In the case of dual warm-ups, there will be two meetings held. Meetings time(s) will be announced via an email to coaches.

Concessions / Hospitality

Hospitality will be provided for all coaches, officials and volunteers. Bartram Trail High School will operate a concession stand.

Gate Opening and Admission Fee

Gates will open and swimmers/coaches will be admitted as of 10:00 am. Admission fee is \$6.00 per spectator and no spectators will be allowed on deck. Spectator viewing will occur from outside the pool's perimeter fencing. Tickets will be sold online only, and each school will be allotted a maximum of 28 tickets. Those wishing to purchase tickets should contact their school's coach for a direct link to purchase on www.gofan.co.

Weather Contingency Plan

In case of pending inclement weather (i.e. Hurricane development), the meet committee will partake in a conference call no later than Tuesday, October 18. Once both the host (Buchholz) Athletic Director and Meet Director reach a decision, the Meet Director will notify the district coaches via email.

Jury of Appeals

Head coaches from Bartram Trail, Sandalwood, Creekside, Mandarin and Atlantic Coast High Schools

Order of Events

Girls	Event	Boys
1	200 Med Relay	2
3	200 Free	4
5	200 IM	6
7	50 Free	8
15min Break		
9	1m Diving	10
11	100 Fly	12
13	100 Free	14
15	500 Free	16
17	200 Free Relay	18
10min Break		
19	100 Back	20
21	100 Breast	22
5min Break		
23	400 Free Relay	24

*Events 9 and 10, Girls and Boys 1-meter Diving, will be held at an alternate date and site as noted above in this document.