

# 2023 Class 4A Region 1 Swimming and Diving Championships

## Meet Information

### Swimming & Diving: Saturday, November 4

**Hotel information:**

**Residence Inn Orlando Altamonte Springs/Maitland**  
 270 Douglas Avenue Altamonte Springs, Florida 32714

**Transportation:**

Bus for swimmers from Creekside to pool, then hotel Friday. Bus to pool Saturday. Each athlete will be dismissed to ride with their parent or an approved driver to travel back.

*\*\* If the are carpooling, it is REQUIRED to be an approved St. John's County Volunteer Driver*

Room assignments will be as follows:

Room - 2 bedroom suite	Leslie	Alaina	Anna	Caroline
Room - 2 bedroom suite	Natalie	Mollie	Ava W	Mallory
Room - 2 bedroom suite	Maddie	Evie	Makenna	Lainey
Room - 2 bedroom suite	Dani	Elise	Sophia	Emmie*
Room - 2 bedroom suite	Ian Foulk	Jarrid	Jacob D	
Room - 2 bedroom suite	Yash	Ben	Kieran	Rylan
Room - 2 bedroom suite	Dylan	Aiden	Landon*	Noah
Room- single	Hayden	Lucas		
Room - single	Coach Ed			
Room - 2 bedroom suite	Coach Grace	Coach Tracy		

*Noelle dives during the day*

*Kylie & Brooke have band and will be driving up in the am.*

*Swimmers can elect to stay with parents as long as the parents are staying at the same hotel.  
Please provide Coach Ed the room number upon check-in.*

*\* Athletes staying with parents.*

### ***Itinerary:***

#### ***Friday, Nov 3 :***

No AM Practice

2:10 (end of 5th Period): Swimmers will be dismissed to bus are to board for travel

4:00pm- 5:00pm: Lake Brantley High School, 991 Sand Lake Rd, Altamonte Springs, FL 32714. Athletes will have an afternoon swim/ get familiar with the facility.

5:30 pm: check-in to hotel

6:00 pm: dinner in breakfast area (Olive Garden)

8:30pm: room check- water/ gatorade delivered to rooms

9:00pm: Bedtime

#### ***Saturday, Nov. 4:***

Lake Brantley High School, 991 Sand Lake Rd, Altamonte Springs, FL 32714

7:00 am- meet in lobby for breakfast. **Wear Regional Team shirts**

7:30am: depart for pool (approx 8-10 minutes)

8:00-9:30: Warm-ups (*lanes first come*)

10:00 am : Meet start

-Team Snacks (Chick-fil-a) will be pre-ordered and brought to the meet.

1:30 pm: departure for home

Make sure you back extra towels, sweatshirts, parkas, socks, shoes, and anything needed to stay warm in preparation for possible cool weather during warm ups. Creekside Tent will be brought for team area (if needed for outside).

In addition, please read the additional information about the facility's rules and ticket sales in meet letter—> on website.