

**2024 FHSAA 4A Region 1 Championship**  
**Hosted By: West Port High School**  
**Session Report**

Session: 1 FHSAA Regional Championship Dive  
Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	9 Girls 1 mtr Diving	10:00 AM	_____
Finals	10 Boys 1 mtr Diving	10:50 AM	_____
	Swimmers Counts for Warm-ups: 12		
	Finish Time	11:07 AM	_____

**2024 FHSAA 4A Region 1 Championship****Hosted By: West Port High School****Session Report**

Session: 2 FHSAA Regional Championship Swim

Day of Meet: 1 Starts at 10:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

<b>Round</b>	<b>Event</b>	<b>Starts at</b>	
Finals	1 Girls 200 Medley Relay	10:00 AM	_____
Finals	2 Boys 200 Medley Relay	10:09 AM	_____
Finals	3 Girls 200 Freestyle	10:14 AM	_____
Finals	4 Boys 200 Freestyle	10:22 AM	_____
Finals	5 Girls 200 IM	10:29 AM	_____
Finals	6 Boys 200 IM	10:38 AM	_____
Finals	7 Girls 50 Freestyle	10:46 AM	_____
Finals	8 Boys 50 Freestyle	10:48 AM	_____
	Break: 15 Minutes:		
Finals	11 Girls 100 Butterfly	11:06 AM	_____
Finals	12 Boys 100 Butterfly	11:11 AM	_____
Finals	13 Girls 100 Freestyle	11:15 AM	_____
Finals	14 Boys 100 Freestyle	11:19 AM	_____
Finals	15 Girls 500 Freestyle	11:24 AM	_____
Finals	16 Boys 500 Freestyle	11:42 AM	_____
Finals	17 Girls 200 Freestyle Relay	11:59 AM	_____
Finals	18 Boys 200 Freestyle Relay	12:03 PM	_____
	Break: 10 Minutes:		
Finals	19 Girls 100 Backstroke	12:18 PM	_____
Finals	20 Boys 100 Backstroke	12:23 PM	_____
Finals	21 Girls 100 Breaststroke	12:28 PM	_____
Finals	22 Boys 100 Breaststroke	12:33 PM	_____
	Break: 5 Minutes:		
Finals	23 Girls 400 Freestyle Relay	12:43 PM	_____
Finals	24 Boys 400 Freestyle Relay	12:52 PM	_____
	Swimmers Counts for Warm-ups: 320		
	Finish Time	01:01 PM	_____