2026-27 Team Info & To Do List

- √ **Check out the TEAM WEBSITE at https://tvdawgs.swimtopia.com/ for lots of info about our TEAM and SEASON!**
  - Click the REGISTER NOW button to sign up (swimmer + at least 1 parent) for the 2026-27 season.
  - Click on the TEAM HANDBOOK dropdown from the ABOUT tab. READ IT.
  - Click on the PRACTICE tab and SportsYou calendar to find the most up-to-date practice info and schedule changes, including the Tri-Valley *No School for Students* days and Holiday Break practice schedules.
  - Click on the MEET SCHEDULE/SIGNUP CALENDAR dropdown from the MEETS & EVENTS tab to find the most up-to-date meet schedule/info and other important dates.

- √ **Swimmers must purchase a complete Team Uniform (Team Suit/Warm Up/Cap).** Ordering info posted online!

- √ **Team Swim Bags and Practice Gear will be issued on Oct 22nd after school + prior to the Parent Meeting.**

- √ **Sign up on sportsYou** to get important team messages. Access code is **YXGP-CY7Y**.

- √ **Download the SwimTopia Mobile App to your phone**. "Allow" notifications. The app is used to track your swim time history and check your events/entries.

- √ **Complete the FinalForms documents online** at https://trivalley-oh.finalforms.com/. Register for SWIMMING.

- √ **Complete your Sports Physical and submit to the AD** prior to the first day of practice. You cannot swim until the AD has the physical on file.

- √ **Attend the AD's Winter All Sports Parent Meeting. Thurs, Oct 22nd @ 6PM.** TV Swim will meet afterwards.

- √ **Mandatory Practice begins Fri, Oct 23rd at the Muskingum County Family YMCA, 3-4:30PM.** We will start practice promptly at 3PM and will wrap up our daily team meeting before 5PM. The practice schedule is always subject to change. Transportation to the Y is not provided. Swimmers must work together to form carpools.

- √ **Preseason Conditioning** – Join the Y's Winter Swim Team High School Conditioning program. Practice starts September 8th at the MCFY. See flyer on reverse for more information.

- √ We follow the TV School Nurse Communicable Illness Guidelines for dealing with athlete illness. **Help us keep our TEAM healthy**!

- √ **Support our team by shopping at Kroger!** Enroll your Community Rewards Card at https://www.kroger.com/account/enrollCommunityRewardsNow. Our organization number is PR596. *Thank you!*

- √ Contact Coach Christi Holmes at *scottieswimcoach@yahoo.com* with any questions. Go Dawgs!!

Updated September 21, 2026