

ALTERNATE SHEET - ONLY ALTERNATES LISTED ON GREEN SHEETS MAY BE USED - Coaches certify that alternates are eligible to swim any event according to GDSA Rules.

Substitutions should be made at the scorer's table **PRIOR TO THE START OF THE MEET.**

AFTER THE START OF THE MEET, USE THIS FORM AND TURN INTO SCORER'S TABLE AT LEAST 1 EVENT PRIOR TO THE EVENT LISTED BELOW

Circle Team, Stroke, Age Group by Gender and Event #

DATE: JUNE _____ JULY _____ MEET # 1 2 3 4 5 6 7

| TEAM: | CW | FV | 4S | MN | OC | PC | SF | WH |
|-------|--------|-----|----|--------|-----|------|------|--------|
| | M. REL | 42' | IM | BREAST | FLY | FREE | BACK | FR REL |
| 6 F | - | 11 | - | - | - | 41 | 53 | - |
| 6 M | - | 12 | - | - | - | 42 | 54 | - |
| 8 F | 1 | - | - | 21 | 31 | 43 | 55 | 65 |
| 8 M | 2 | - | - | 22 | 32 | 44 | 56 | 66 |
| 10 F | 3 | - | 13 | 23 | 33 | 45 | 57 | 67 |
| 10 M | 4 | - | 14 | 24 | 34 | 46 | 58 | 68 |
| 12 F | 5 | - | 15 | 25 | 35 | 47 | 59 | 69 |
| 12 M | 6 | - | 16 | 26 | 36 | 48 | 60 | 70 |
| 14 F | 7 | - | 17 | 27 | 37 | 49 | 61 | 71 |
| 14 M | 8 | - | 18 | 28 | 38 | 50 | 62 | 72 |
| 18 F | 9 | - | 19 | 29 | 39 | 51 | 63 | 73 |
| 18 M | 10 | - | 20 | 30 | 40 | 52 | 64 | 74 |

Swimmer(s) Out:

1 _____ 2 _____ 3 _____ 4 _____

Alternate(s) In:

1 _____ 2 _____ 3 _____ 4 _____

COACH'S INITIALS _____ REFEREE'S INITIALS _____

GDSA 201705

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