

2021 District 11-6A Championship Meet

Date Thursday, January 21, 2021

Location: YMCA Camp Moody, 1220 Old San Antonio Rd, Buda, TX 78610

Teams: Vandergrift, Vista Ridge, Round Rock, McNeil, Cedar Ridge, Stony Point, Westwood, Hutto

District Meet Coordinator: Matt McBrearty, (512) 590-9105, matt_mcbrearty@roundrockisd.org

Meet Referee: Ron Zolno, (512-775-8113, rzolno@gmail.com)

Timed Finals: Thursday, January 21

Warm-ups:	10: AM
Meet Start:	12:30 PM

Diving: Diving portion of the meet Jan. 22.
Tex Robertson Aquatic Center at the YMCA of the Highland Lakes
1601 South Water Street Burnet, Texas 78611
Girls: 8 am Warm-up, 9 AM Start
Boys: 1 pm Warm-up, 2 PM Start

Entries: **Deadline for Meet Entries: Thursday, January 14, 2020, 6:00 PM**

E-mail **Hy-Tek** file and two soft copies of "Meet Entry Report" (one listing entries by "Swimmer" and one by "Event") to: MLewis1@slb.com
PLEASE label every correspondence with your team name and district: EX. (DISTRICT 11-6A "SCHOOL NAME")

***There will be no changes accepted after January 13, 2021 unless it is a deletion, injury, or illness which will be subject to review by Meet Director**

Other Entry Guidelines:

- Coaches please follow TISCA Rules as far as Team Codes and Athletes' School Year.
- For Team Code only use the four letter abbreviations (ex. AUAN, AUMC, etc) assigned by TISCA. Erase any name you entered for "short" name (leave that field blank). A list of these abbreviations/codes can be found on the TISCA website.
- For Athlete school year use 9, 10, 11, and 12 (not FR., JR., or 09 for freshman)
- Coaches **MUST** submit up to Eight (8) names for each relay by the deadline Wed, January 16.. Coaches **MUST** choose their final four relay names from those 8 names submitted. If you only list four names and have an ill or injured swimmer you will not have enough swimmers for the relay. This will only count as an entry for each person listed if they swim on the relay.

Meet Format:

- 2020/2021 UIL and National Federation Rules will govern this Meet.
- **Timed finals on Thursday only.**
- Nominal 45 seconds between races.
- Ten minute break after the 200 Medley Relay, 50-yard freestyle, 500-freestyle, 200-freestyle relay, and 100-yard breaststroke.
- Teams are limited to 4 entries per event and one relay team per relay event.
- Each swimmer may enter four events, no more than two of which may be individual events.
- **Entry times must be best times this school year. No custom times, times from past seasons, or times from non-high school meets may be used. If a swimmer does not have a time for an event this year, enter NT. This includes relays.**
- **This will be a USA observed swim meet, coaches need to have the athlete's USA ID available.(Please pre-enter the USA ID number for each swimmer in your TM prior to sending entries) These MUST be exact or they will not be entered into the SWIMS database.**

Relays:

- A maximum of eight individuals may be listed as members of a single relay team, any four of whom shall be assigned to swim.
- This will only count as an entry for each person listed if they swim.
- **Please make special note:** The provisions of Rule 3-2-2 regarding the execution of relay cards and their subsequent management will be enforced as written. Information about when cards are due will be announced at the pre-meet meeting.
- **Entry times must be best times of the current school year.**

Scratch Rules:

- Championship Format will govern this meet
- Scratches are not permitted.
- Failure to compete for any reason other than illness or injury shall disqualify the competitor from any further competition in the meet.
- Previous performances will not be nullified.
- An individual swimmer or relay team may withdraw from competition without penalty in any given event by declaring a false start.

Advancement:

- **THE TOP FOUR (4) WILL ADVANCE TO THE REGIONAL MEET**
- Scoring will be through eight (8) places
Individual Events: 9-7-6-5-4-3-2-1
Relays: 18-14-12-10-8-6-4-2

Cell Phone Restrictions:

- **Cell phones and/or any other equipment capable of producing photographic or video images are strictly and specifically prohibited in the locker rooms at all times.**
- **There are NO exceptions to this prohibition.**
- **Violators are subject to disqualification from the Meet and disbarment from the facility.**

Shaving Restrictions:

- Shaving of any kind is strictly prohibited anywhere in the Meet facility.
- Violators are subject to disqualification from the Meet and disbarment from the facility.

Swim Wear Restrictions:

- Swimmers shall be limited to one swimsuit constructed of a woven/knit textile material, permeable to water and air; constructed so as not to aid in buoyancy, and shall not contain zippers or other fastening systems.
- The suit shall be constructed so that the style/shape for males shall not extend above the navel or below the knee. Female suits shall not extend below the knee and shall not cover the neck or shoulder.
- Use of tape:
 - The use of tape will follow NHS Rule 3, Section 3, Article 4:
 - The use of tape is permitted to treat a documented medical condition which allows a competitor to compete but not gain an advantage over the remainder of the field. The meet referee must be presented with signed documentation from an appropriate healthcare professional before permitting the athlete to compete.
 - Please send a copy of the appropriate healthcare documentation to the meet referee, Ron Zolno, prior to the start of the meet at rzolno@gmail.com.

Meet Workers:

- All individuals who will be assisting with the meet will have their names placed on a pass list at the pool entrance.

Awards:

- Awards will be available for pickup by swimmers/coaches throughout the meet.
- Medals will be given for First thru Third places.
- At the conclusion of the meet, team trophies will be given to the District Champion and Runner-Up in both the boys and girls divisions.
- Swimmers, Divers, and Coaches of the Meet will be awarded at the meet's conclusion.

YMCA CAMP MOODY

COVID – 19 SWIM MEET PROTOCOL

As guests of the Camp Moody YMCA, all must adhere to their rules.

Swimmer and Spectator Health

- A face covering that covers both the mouth and the nose is permitted by all persons, at all times, except for those actively swimming. Athletes should wear the face covering up until they get behind the starting blocks.
- Hand sanitation centers will be available throughout the swim center.
- Team areas will be spaced apart so as to provide as much distance as possible. Teams should remain in their assigned team area when not warming up or down.
- Swim Center staff will routinely be sanitizing high traffic areas throughout the course of the meet.
- Failure to follow the COVID-19 mitigation strategies will result in removal from the pool facility.

Team staging areas

- Team staging areas will be in the Pool Parking Lot (Phase 1A). Each team will be responsible for ensuring that they are maintaining social distance from one another. The area consist of four rows.
- Row 1: 18 spots or 2,916 square feet
- Row 2: 22 spots 3,563 square feet
- Row 3: 22 spots 3,564 square feet
- Row 4: 21 spots 3,402 square feet
- To ensure effective flow and distancing all drives between the rows must remain clear for athlete and spectator foot traffic
- Coaches and parents are allowed to drop of supplies but must follow the road into camp (Phase 1B) and follow the circle drive around to exit the camp

Spectator areas

- Spectators will not be allowed. Livestream information will be provided prior to the start of the meet.

Communication and Signage

- Teams need to communicate to all students and those attending the meet prior to arrival at YMCA Camp Moody that any individual who are confirmed to have, suspected of having, are experienced symptoms of, or have been in close contact with an individual who has been confirmed to have COVID-19 should not enter the facility.
- In addition, the home team needs to provide printed signage on site in both English and Spanish that any individuals who are confirmed to have, suspected of having, are experienced symptoms of, or have been in close contact with an

individual who has been confirmed to have COVID-19 should not enter the facility.

Locker Room and Restroom use

- Locker Rooms will be sanitized by YMCA Staff prior to the meet however it will be the responsible for the host team to identify a staff or volunteer to monitor the locker room and other areas swimmers congregate to ensure social distancing and wearing of a face covering.
- Disinfecting supplies will be made available in the locker rooms for students to disinfect afterwards.
- YMCA Staff will disinfect at regular intervals and as need for issues needing immediate attention however each student is responsible for disinfecting after their own use.
- To encourage social distancing lockers, sinks, showers, and toilets will be limited, based on meet size, to keep swimmers from congregating.
- Temperature screenings will be required to enter the building for restroom usage.

Entering/Exiting and PPE in the Natatorium for athletes

- Athletes will enter from the south side nearest the lobby and exit from the North side nearest the starting blocks
- Swimmer Entrance/Swimmer Exit/Participant Viewing Area
- Swimmers must wear a face covering up entering the Natatorium for their event. Heats will be staged at the south end of the pool (shallow end) and west of lane 10. Swimmers will not be permitted to take their starting positions until the conclusion of the current heat and must wear their face covering until in position.
- Once in position for their event athletes will remove their PPE and place it in a plastic Ziploc bag. Bags must be labeled with the athlete's first name, last name, and school/club. Bags containing the athletes PPE will be placed in an individual bucket.
- At the conclusion of the event athletes will place their face covering back on and exit the Natatorium.

Parking

- All parking will be in designated areas only...no parking along the road
- Parking Map
- Volunteering Parking/Swimmer Drop off

Additional Considerations

- In addition to the above Standard Operating Procedures for Swim Meets hosted at YMCA Camp Moody all host teams are responsible for ensuring that any applicable governing guidelines are followed.

Site Videos for staff, officials, athletes, and spectators

- Where to park and swimmer drop off
- Team staging areas and spectator view area
- Swimmer entrance and exit from the pool
- Official, Coach, and Volunteer Entrance