



ALBURTIS • BROOKSIDE CC • KAYBROOK • LEHIGH CC • NORTHWEST • ORCHARD VIEW
SAUCON VALLEY CC • STONECREST • STONES CROSSING • TRIDENT • WESTWOOD HEIGHTS

2022 Silver Championship Meet
Saturday, July 23, 2022
Hosted by Westwood Heights Swim Club

Meet Information Packet

Date	Saturday, July 23, 2022 Rain Date - Sunday, July 24, 2022
Location	Westwood Heights Swim Club 1144 N. 38th St. Allentown, PA 18104
Contact	Susan Platt susaplatt@gmail.com
Session Time	<ul style="list-style-type: none"> • Gate Opens - 6:45am • Warm Up - 7:15am-8:15am (2 groups @ 30 min. each) • Meet Start - 8:30am
Warm-Up Groups	Warm up groups will be determined based on entry numbers and announced by Friday, July 22.
Scratch Meeting	<u>Coaches:</u> There will be a mandatory scratch meeting in the ready tent at 8:00am .
In-Session Breaks	Breaks will be determined by the meet director based on number of entries and session timeline. Coaches and teams will be informed of these break times during the scratch meeting.
Eligibility	Eligible swimmers are those who are under the age of fifteen as of May 31, 2022 and are competing in no more than one individual event at Championships or one relay at Championships. Diving counts as an individual event.
Entry Limitations	<ul style="list-style-type: none"> • Eligible swimmers may compete in a maximum of three individual events at this meet. An exception to this rule exists for swimmers swimming one individual event at Championships. In that case, the swimmer is only permitted to compete in a maximum of two individual events at Silver Champs. Championship Diving counts as an individual event. • Eligible swimmers are not permitted to compete in any event in which they are competing at Championships. • Entry times are not required for this meet. • There is no limit upon each club regarding the number of athletes entered per event.
Entry Deadlines	<ul style="list-style-type: none"> • Entries will be accepted starting on July 17, 2022. • The deadline for submitting entries is NOON on Thursday, July 21, 2022. • Changes to entries and final submissions are due by

	<p>NOON on Friday, July 22, 2022.</p> <ul style="list-style-type: none"> ● Only scratches accepted on deck the morning of the meet. ● All entry files should be sent to susaplatt@gmail.com.
<p>Entry Format</p>	<p>Electronic entries in a Hy-Tek Team Manager entry file submitted via email are required. With your file, include a Team Manager report by entry.</p> <p>In the body of your email, provide the number of girls, boys, and total entries. Include contact information (name, email address, and phone number). Send all entries to susaplatt@gmail.com.</p> <p>All entries should list the swimmer's best time in a 2022 ABE Swim League competition and in SCM or an applicable conversion.</p>
<p>Order of Events</p>	<ol style="list-style-type: none"> 1. Mixed 10 and under 100 Medley Relay 2. Mixed 11 and up 200 Medley Relay 3. Girls 8 and under 25 free 4. Boys 8 and under 25 free 5. Girls 9-10 50 free 6. Boys 9-10 50 free 7. Girls 11-12 50 free 8. Boys 11-12 50 free 9. Girls 13-14 50 free 10. Boys 13-14 50 free 11. Girls 12 and under 100 IM 12. Boys 12 and under 100 IM 13. Girls 13-14 100 IM 14. Boys 13-14 100 IM <p>***Tentative 10 minute break and Chuck a Duck event.***</p> <ol style="list-style-type: none"> 15. Girls 8 and under 25 fly 16. Boys 8 and under 25 fly 17. Girls 9-10 25 fly 18. Boys 9-10 25 fly 19. Girls 11-12 50 fly 20. Boys 11-12 50 fly 21. Girls 13-14 50 fly 22. Boys 13-14 50 fly 23. Girls 8 and under 25 back 24. Boys 8 and under 25 back 25. Girls 9-10 25 back 26. Boys 9-10 25 back

	<p>27. Girls 11-12 50 back 28. Boys 11-12 50 back 29. Girls 13-14 50 back 30. Boys 13-14 50 back</p> <p>***Tentative 15 minute break and Coaches Relays.***</p> <p>31. Girls 8 and under 25 breast 32. Boys 8 and under 25 breast 33. Girls 9-10 25 breast 34. Boys 9-10 25 breast 35. Girls 11-12 50 breast 36. Boys 11-12 50 breast 37. Girls 13-14 50 breast 38. Boys 13-14 50 breast 39. Mixed 10 and under 100 Free Relay 40. Mixed 11 and up 200 Free Relay</p>
Awards	<ul style="list-style-type: none"> ● This is a non-scoring meet. ● There will be individual event ribbons for 1st-6th place. ● There will be relay event ribbons for 1st-3rd place. ● There will be heat winner prizes.
Parking	<ul style="list-style-type: none"> ● Handicap parking is available upon request. Advanced notice is preferred by contacting Susan Platt at susaplatt@gmail.com. Please provide name, vehicle make/model/color and estimated time of arrival. ● The lot adjacent to the pool (on the Springhouse Road side of the pool) is designated for officials and head coaches ONLY. Coaches and officials must show their parking pass that will be sent out prior to the meet. ● Spectators may park along the neighborhood streets with respect to the neighbors. ● Spectators may park in the designated section of the Temple Beth El (1305 Springhouse Road, Allentown, PA 18104). ● Swimmer drop-off is available on N. 38th Street.
Admissions and Programs	<ul style="list-style-type: none"> ● Admission fee is \$3 per person, which includes a meet program. ● Current 2022 ABE League athletes are free.
Seating	<p>Each team will have a clearly marked area to set up tents, towels, and seating. Please bring your own chairs for seating as there is no other available seating.</p>

Concessions	<ul style="list-style-type: none"> • We will have a full snack bar available (cash only). • The Perk Up Truck will be parked in front of the pool (on the N. 38th Street side) selling coffee and pastries.
Rules	This meet will be conducted in accordance with all current NFHS rules and the ABE League adoptions.
Volunteers	Each team will be required to provide at least 1 volunteer for the entirety of the session. More details to follow.
Bathroom Facilities	<p><u>Swimmers:</u> Swimmers participating in the meet will be permitted to utilize the club restrooms and changing areas.</p> <p><u>All Others:</u> Please use the Porta-Potty located within the facility.</p>
Grounds	Please observe all roped off areas, including the baby pool and diving well, which will be closed during the meet.
Safety	Safety patrol volunteers will be patrolling the grounds. If assistance is needed, please find a marshal or lifeguard.
Meet Updates and Weather Announcements	We will email the coaches and parent reps of any updates or changes. Coaches and parent reps are expected to pass updates along to their team.
Coach Relays	Coaches relays will be swum during one of the in-session breaks.
Basket Raffles	A variety of baskets will be available. Tickets will be available for sale during the meet.
Duck Games	<p><u>Lucky Duck</u></p> <ul style="list-style-type: none"> • Ducks will be floating in the baby pool for the entirety of the meet. You can purchase tickets to pick up the floating duck and check the bottom to see if you've won a prize. <p><u>Chuck a Duck</u></p> <ul style="list-style-type: none"> • Ducks will be available for purchase to participate in Chuck a Duck, which will be during one of the in-session breaks. Participants will throw ducks into a hoop to win prizes.
Code of Conduct	Please adhere to all ABE league code of conduct policies and respect the rights of all participants in the meet. Please respect the Westwood Heights Swim Club facility and our surrounding community.

Theme	Our theme is SUPERHEROES to go along with our Champs meet! Coaches and swimmers are encouraged to dress up!
Questions?	Please direct all questions to Susan Platt (susaplatt@gmail.com).