

Seneca B League 2025 Guidelines & Schedule

MEMBERS (Division Ranking):

Cloppers Mill-Kingsview (CLM) (Div. K)	Stonebridge (SB) (Div. A)
Kentlands (KL) (Div. F)	Waters Landing (WTL) (Div. L)
Lakelands (LLD) (Div. L)	Woodcliffe (WCF) (Div. B)

GENERAL GUIDELINES

1. All meets will begin at 6:00 p.m. on Wednesday. Home team should warm-up between 5:10 and 5:30. Visiting team warm-ups begin at 5:30.
2. Rain date will be the following evening, unless there is a conflict at the home team's pool. If dangerous weather forces a meet to stop for the evening, it will resume at the same event on Thursday (or as agreed by the team Reps) – unless the first half of the meet has been completed. In that case, the rest of the meet is canceled.
3. We will follow the MCSL "false start" rules.
4. Stroke judging will be the same as for an A meet.
5. All other situations will be governed by MCSL rules.
6. We will follow the MCSL "A" event schedule.
7. The 2025 season's first meet will be on Wednesday, June 18, 2025.
8. The "B" Superstars meets will be held on Wednesday, July 16, 2025, with a start time of 5:30 PM.
9. The "B" Relays will be held on Monday, July 7, 2025, with a start time of 6:00 PM.
10. There will be separate 6 and U freestyle and backstroke events, to be events #7a & 8a and #17a & 18a. These events will not be scored, but ribbons will be awarded. The events will be swum in the following order: 7a, 7, 8a, 8, 17a, 17, 18a, 18.
11. There will be an informal "kickboard event" during the intermission for pre-team swimmers who wish to participate, Event 26(c). Teams can opt to participate. The home team is responsible for supplying the participant ribbons.
12. DQs will be signed off on by the Admin Ref. DQ sheets will be available for the coaches after the meet.
13. The area where swimmers are lined up before their race, normally designated 'Clerk of Course', and the deck where swimmers start their race should be free of any unofficial personnel to prevent confusion and allow the meet to run smoothly.
14. If the meet is held in exceptionally hot weather, an extended "cool off" period should be allowed for host AND visiting team to jump in the pool at half time

OFFICIALS & VOLUNTEERS FOR DUAL MEETS

1. The following officials/volunteers will be provided for each meet by the **HOST TEAM**:
2. The following officials/volunteers will be provided for each meet by the **VISITING TEAM**:

<i>Official</i>	<i>Number Needed</i>
Clerk of Course	1
Referee	1
Announcer	1
Stroke & Turn Judge	2
Head Timer	1
Timers	9
Runners	2
Scorer (Computer)	2
Ribbon Writer	1

<i>Official</i>	<i>Number Needed</i>
Clerk of Course	1
Starter	1
Administrative Referee (especially for second half)	1 (strong S & T person)
Stroke & Turn Judge	2
Assistant Head Timer	1
Timers	9
Scorer (Computer)	1
Ribbon Writer	1

3. Visiting teams should remember to bring back up starting equipment.
4. If Host team or Visiting team would like to swap any volunteer roles for a particular dual meet, it must be agreed upon by both teams.

ELIGIBILITY

1. General: A swimmer is eligible to Swim:
 - a. An individual event (including the I.M.) *only once per week in either an A or B meet.*
 - b. A total of three individual strokes and the I.M. per meet.
2. All swimmers must perform a “legal” stroke in order to participate.
3. Exhibition:
 - a. If a swimmer swims a total of three (3) individual strokes in an A meet, the swimmer may swim the fourth stroke in a B meet, but only as exhibition.
- b. A swimmer who swam three (3) individual strokes in an A meet may swim the I.M. at a B meet for place/ribbon.
- c. Place ribbons will not be awarded to EX swimmers. They swim in order to get a time.
- d. An exhibition swimmer may not be a deck entry.
- e. All exhibition swimmers must have an “X” next to their name on the meet heat sheet.
4. There will be no “swimming up” to an older age level – except in the “B” Relay Carnival.

SEEDING

1. An event will be seeded by entry times, from slowest to fastest. First time swimmers will be entered with a N.T. (No Time).
2. The visiting team will email the team’s entries by Tuesday, 6 p.m., the evening before the swim meet. In the email include a meet roster and team member ID numbers.
3. No deck entries are permitted – except to make corrections of the computer entry errors. No new heats will be formed. Submissions must be made to the scoring table prior to visitor’s warm-ups.
4. Events may only be combined if agreed to prior to the meet by reps from both teams. Heat sheets must reflect combining heats. No heats will be combined on deck at a meet including by any coach, official or rep.

RIBBONS

1. The Home Team will award ribbons to 6 places with awards to the Freestyle Relay to 4 places.
2. Participant ribbons may be awarded to all non-placing swimmers by their own team.
3. There will be no Open Medley Relay. The 175 M Freestyle Relay is limited to 3 entries per team

SCHEDULE

Date	<u>2025 Schedule</u>		
June 18	Kentlands at Cloppers Mill	Lakelands at Stonebridge	Waters Landing at Woodcliffe
June 25	Woodcliffe at Cloppers Mill	Stonebridge at Waters Landing	Lakelands at Kentlands
July 2	Cloppers Mill at Stonebridge	Waters Landing at Lakelands	Kentlands at Woodcliffe
July 7 (MON)	Relay Carnival (If A Relay Carnival is rained out, B Relays are on THURSDAY, 7/10)		
	Cloppers Mill hosting - Kentlands & Lakelands		Stonebridge hosting - Waters Landing & Woodcliffe
July 9	Woodcliffe at Lakelands	Stonebridge at Kentlands	Cloppers Mill at Waters Landing
July 16	Superstars Meets		
	Waters Landing hosting Lakelands & Cloppers Mill		Kentlands hosting Woodcliffe & Stonebridge

In the 2025 season the following dual meets will not be held: WCF vs. SB, KL vs. WTL, LLD vs. CLM

The meet opponents for each season are determined as follows:

1. South Group teams (SB-LL-KL) and North Group teams (WL-CM-WCF) always swim dual meets against the teams in their respective groups. Each team will rotate a team from the other group they do not swim against each season.
2. Relay Carnival is swum on a rotating basis (below) with Cloppers Mill and Stonebridge as the host pools.
3. Superstars is swum between the top 3 teams and the bottom 3 teams according to MCSL divisions.

For reference – dual meets **not held for 2026, 2027, 2028:*

2026 – KL vs. CLM, SB vs. WTL, LLD vs. WCF	2027 – KL vs. WCF, SB vs. CLM, LLD vs. WTL	2028 – WCF vs. SB, KL vs. WTL, LLD vs. CLM
---	---	---

2026 - LLD & WCF @ CLM WTL & KL @ SB	2027 - WCF & WTL @ CLM KL & LLD @ SB	2028 - WTL & KL @ CLM LLD & WCF @ SB
---	---	---

SUPERSTARS

- A swimmer is NOT eligible to swim in this meet if he/she will be swimming in two or more events at Divisionals.**
- This meet will have ribbons up to 12 places; no heat ribbons will be given at this meet. In addition, the ribbons used will be the oversized (12") rosette ribbons with three 2"x 9" streamers and a 4" rosette.
- A swimmer is limited to 2 events (plus I.M.). If a swimmer is swimming in one event at Divisionals, they may only sign up for one event plus IM at Superstars. **Swimmers may not swim the one event they will be swimming at Divisionals.** At the discretion of the majority of the participating teams, 2 events plus IM may be allowed for Divisionals swimmers.
- NO Exhibition Swimmers
- There will be no Relays.
- Email of entries should be made by Monday evening at 9 p.m.
- This meet will begin at 5:30 p.m. Warm ups begin at 4:30 p.m.
- Coaches are reminded to enter swimmers only in events in which their strokes are 'legal.' If a coach must get in the water to encourage the kids, ensure no physical contact with the kids. **Swimmers MUST have a current time, i.e., a time received during the current swim season, for any event entered at the meet.**

B RELAY CARNIVAL

- A swimmer is eligible to swim in this meet if:
 - He/she did not participate in the 'A' Relay Carnival.
 - He/she participated in only **one** event of the 'A' Relay Carnival.
 - Participants of two or more events in the 'A' Relay Carnival are ineligible.
 - Swimmers may "swim up" if there are vacancies in any age groups.
 - Relay teams can become "Mixed" if not enough boys or girls are available to fill a team.
- There will be two relay teams for most events, except as pre-determined by all B-Reps prior to their carnival.
- This meet will have ribbons to 6 places; participant ribbons may be offered to non-placing swimmers by their own team.
- This meet will begin at 6PM. *Rosters will be needed in advance.*
- Coaches should have relay teams formed and on cards before coming to the meet.
- Clerk of Course personnel will be responsible only for their own team members at the Relay Carnival.
- Relay Carnival order of events is attached.

OFFICIALS FOR SUPERSTARS AND 'B' RELAY CARNIVAL

<u>Position</u>	<u>Host Team</u>	<u>Visiting Team A</u>	<u>Visiting Team B</u>	<u>Position</u>	<u>Host Team</u>	<u>Visiting Team A</u>	<u>Visiting Team B</u>
Referee	1			Side Take Off Judges (deep end)	1	1	
Admin Referee		1		Side Take of Judges (shallow end)	1		1
Starter			1	Opposite End Take of Judges (deep end)	1	1	
Back-up Starter Equipment			1	Opposite End Take of Judges (shallow end)	1		1
Head Timer	1			Clerk of Course	2-3	2-3	2-3
Assistant Head Timer		1		Awards/Ribbon Writer	1	1	1
Timers	6	6	6	Announcer	1		
Automation/Computer Operator	1	1	1	Runners		1	1
Stroke & Turn Judges	2	1	1				

* - Teams may have a total of either 6 or 8 T.O. judges – left to the discretion of the participating teams.

The following table assumes that lanes are assigned to teams for the entire meet. There must be one representative from each team, in each lane, sharing the listed tasks. Timer 3 is not assigned an additional task.

RELAY CARNIVAL TIMER AND TAKE OFF JUDGES

	<u>Lane 1</u>	<u>Lane 2</u>	<u>Lane 3</u>	<u>Lane 4</u>	<u>Lane 5</u>	<u>Lane 6</u>
<u>Timer 1 (Recorder)</u>	Team 1	Team 2	Team 3	Team 1	Team 2	Team 3
<u>Timer 2 (Take Off Judge)</u>	Team 3	Team 1	Team 2	Team 3	Team 1	Team 2
<u>Timer 3</u>	Team 2	Team 3	Team 1	Team 2	Team 3	Team 1
<u>Opposite End Take of Judge</u>	Team 2	Team 3	Team 1	Team 2	Team 3	Team 1

Since Side Take Off Judges are not assigned to a particular lane, these positions appear on the Officials list. Opposite End Take Off Judges are needed for 100 and 225 meter events. NOTE: The chart assumes that Opposite End Take Off Judges are timers. The listing above assumes these volunteers are NOT TIMERS.

RELAY CARNIVAL ORDER OF EVENTS

1. Boys Jr. 100 Meter Medley Relay 2 8U & 2 9-10
 2. Girls Jr. 100 Meter Medley Relay 2 8U & 2 9-10
 3. 6 & under 100 Meter Freestyle Relay (Teams may be all girls, boys or any combination. An extra heat can be swum if needed.)
 4. Boys Sr. 200 Meter Medley Relay 2 11-12 & 2 13-14
 5. Girls Sr. 200 Meter Medley Relay 2 11-12 & 2 13-14
 6. Mixed 15-18 200 Meter Freestyle Relay
 7. Boys 9-10 200 Meter Freestyle Relay
 8. Girls 9-10 200 Meter Freestyle Relay
 9. Boys 8 & under 100 Meter Freestyle Relay-2 heats/ 4 entries per team (if needed)
 10. Girls 8 & under 100 Meter Freestyle Relay-2 heats / 4 entries per team (if needed)
 11. Mixed 13-14 200 Meter Freestyle Relay
 12. Boys 11-12 200 Meter Freestyle Relay
 13. Girls 11-12 200 Meter Freestyle Relay
- INTERMISSION (10 minutes)**
14. Mixed 6 & under Back 100 Meter -2 heats/4 entries per team (if needed)
 15. Boys 8 & under 100 Meter Medley Relay-2 heats/4 entries per team (if needed)
 16. Girls 8 & under 100 Meter Medley Relay-2 heats/4 entries per team (if needed)
 17. Boys 9-10 100 Meter Medley Relay
 18. Girls 9-10 100 Meter Medley Relay
 19. Boys 225 Meter Graduated Freestyle Relay – 1 from each age group: 50 Meters for 15-18, 13-14, 11-12, 9-10, & 25 Meters for 8&U **(All swimmers start at opposite end)**
 20. Girls 225 Meter Graduated Freestyle Relay – 1 from each age group: 50 Meters for 15-18, 13-14, 11-12, 9-10, & 25 Meters for 8&U **(All swimmers start at opposite end)**
 21. Boys 11-12 200 Meter Medley Relay
 22. Girls 11-12 200 Meter Medley Relay
 23. Boys 13-14 200 Meter Medley Relay
 24. Girls 13-14 200 Meter Medley Relay
 25. Mixed 15-18 200 Meter Medley Relay

Special Notes:

- a If the shallow end of the host team's pool is less than 4.5 feet, swimmers at the shallow end will start in the water.
- b All teams are encouraged to make a poster of team entries to hang in the team area to facilitate getting swimmers to the clerk of course on time.
- c All teams may have 2 entries per event except where noted or previously agreed to by participating teams
- d Swimmers from either age group may swim any stroke
- e All Mixed Relays have 2 boys & 2 girls swimming in any order, preferably. If necessary, relay teams may have at least one of each gender.