

## Heat Sheet

Time Trials and Pancake Breakfast — May 10, 2025

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Session: Time Trials and Pancake Breakfast

## #1 Women 15-18 50yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>27.29</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>29.75</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>31.93</b> |

## Heat 1 of 2 Est Start: 9:00 AM

|   |                 |        |       |
|---|-----------------|--------|-------|
| 1 | Kuhns, Isabella | 16 LIV | 30.54 |
| 2 | Boos, Fiona     | 16 LIV | 29.36 |
| 3 | Veit, Lara      | 15 LIV | 27.35 |
| 4 | Heneman, Maggie | 17 LIV | 28.14 |
| 5 | Khoury, Sophia  | 17 LIV | 29.80 |
| 6 | Hansen, Marlena | 16 LIV | 30.69 |

## Heat 2 of 2 Est Start: 9:00 AM

|   |                  |        |       |
|---|------------------|--------|-------|
| 2 | Gleie, Kamilla   | 17 LIV | NT    |
| 3 | Wong, Sophia     | 16 LIV | 32.23 |
| 4 | Thiessen, Olivia | 15 LIV | 38.31 |

## #2 Men 15-18 50yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>24.56</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>26.77</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>28.74</b> |

## Heat 1 of 2 Est Start: 9:01 AM

|   |                    |        |       |
|---|--------------------|--------|-------|
| 1 | Nicholson, Anthony | 16 LIV | 24.30 |
| 2 | Umscheid, TJ       | 18 LIV | 23.87 |
| 3 | Ryer, Darren       | 16 LIV | 23.58 |
| 4 | Veit, Jason        | 18 LIV | 23.70 |
| 5 | Kimber, Nick       | 18 LIV | 24.28 |
| 6 | Umscheid, Jason    | 16 LIV | 25.26 |

## Heat 2 of 2 Est Start: 9:02 AM

|   |                 |        |       |
|---|-----------------|--------|-------|
| 1 | Mokhat, Elaan   | 15 LIV | NT    |
| 2 | Heneman, John   | 15 LIV | 29.45 |
| 3 | Feldman, Evan   | 15 LIV | 25.28 |
| 4 | Brannan, Austin | 16 LIV | 26.40 |
| 5 | Hauskens, Henry | 16 LIV | 31.48 |

## #3 Girls 6 &amp; Under 25yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>21.83</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>23.79</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>27.07</b> |

## Heat 1 of 3 Est Start: 9:03 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Unruh, Quinn      | 6 LIV | 40.98 |
| 2 | Zimmerman, Alivia | 6 LIV | 29.66 |
| 3 | Foster, Althea    | 6 LIV | 27.25 |
| 4 | Best, Brooklyn    | 6 LIV | 27.53 |
| 5 | Lee, Sage         | 6 LIV | 32.56 |
| 6 | Olson, Ruby       | 5 LIV | 44.09 |

## Heat 2 of 3 Est Start: 9:04 AM

|   |                   |       |         |
|---|-------------------|-------|---------|
| 1 | Ravinder, Maya    | 6 LIV | NT      |
| 2 | Worthley, Kaitlin | 6 LIV | NT      |
| 3 | Pai, Jiya         | 5 LIV | 55.08   |
| 4 | Cooyar, Aryia     | 4 LIV | 1:12.11 |
| 5 | Batchelder, Cate  | 6 LIV | NT      |
| 6 | McQueen, Audrey   | 5 LIV | NT      |

## Heat 3 of 3 Est Start: 9:05 AM

|   |                    |       |    |
|---|--------------------|-------|----|
| 2 | Nieting, Isabella  | 6 LIV | NT |
| 3 | Zimmerman, Adelynn | 5 LIV | NT |
| 4 | George, Riley      | 6 LIV | NT |
| 5 | Kiley, Blair       | 5 LIV | NT |

## #4 Boys 6 &amp; Under 25yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>21.84</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>23.81</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>27.08</b> |

## Heat 1 of 2 Est Start: 9:06 AM

|   |                     |       |       |
|---|---------------------|-------|-------|
| 1 | White, Henry        | 5 LIV | NT    |
| 2 | Rodrigues, Luca     | 6 LIV | 39.77 |
| 3 | Cooyar, Devin       | 6 LIV | 30.77 |
| 4 | Alvarez Chow, Mateo | 6 LIV | 33.26 |
| 5 | Murray, Patrick     | 5 LIV | 41.87 |
| 6 | Gupta, Kabir        | 6 LIV | NT    |

## Heat 2 of 2 Est Start: 9:07 AM

|   |                 |       |    |
|---|-----------------|-------|----|
| 2 | Karbasi, Liam   | 6 LIV | NT |
| 3 | Oster, Koby     | 5 LIV | NT |
| 4 | Collins, Hayden | 6 LIV | NT |

## #5 Girls 7-8 25yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>16.97</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>18.50</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>21.04</b> |

## Heat 1 of 3 Est Start: 9:07 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Murray, Sarah     | 8 LIV | 19.73 |
| 2 | Lee, Edie         | 8 LIV | 19.41 |
| 3 | Jagodzinski, LuLu | 8 LIV | 16.57 |
| 4 | Marshall, Lydia   | 8 LIV | 18.82 |
| 5 | Worthley, Addison | 8 LIV | 19.66 |
| 6 | White, Sarah      | 8 LIV | 22.66 |

## Heat 2 of 3 Est Start: 9:08 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Rohan, Penelope   | 7 LIV | 25.94 |
| 2 | Friedmann, Nellie | 8 LIV | 24.84 |
| 3 | Oster, Olive      | 8 LIV | 22.76 |
| 4 | Lopez, Catalina   | 7 LIV | 23.26 |
| 5 | Kiley, Penelope   | 7 LIV | 25.88 |
| 6 | Bisadi, Aveen     | 7 LIV | 26.08 |

## Heat 3 of 3 Est Start: 9:09 AM

|   |                |       |       |
|---|----------------|-------|-------|
| 2 | Pai, Sonali    | 8 LIV | 39.15 |
| 3 | White, Audrey  | 8 LIV | 28.82 |
| 4 | Roley, Mira    | 7 LIV | 30.78 |
| 5 | Anderson, Jade | 7 LIV | NT    |
| 6 | Waite, Eden    | 7 LIV | NT    |

## #6 Boys 7-8 25yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>16.62</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>18.12</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>20.61</b> |

## Heat 1 of 3 Est Start: 9:10 AM

|   |                  |       |       |
|---|------------------|-------|-------|
| 1 | Walsh, Conor     | 7 LIV | 25.02 |
| 2 | Forrest, Jacob   | 8 LIV | 17.86 |
| 3 | Unruh, Cooper    | 8 LIV | 16.17 |
| 4 | Gaab, Patrick    | 8 LIV | 16.86 |
| 5 | Brooks, Logan    | 8 LIV | 19.37 |
| 6 | Kopelovich, Noah | 7 LIV | 25.56 |

## Heat 2 of 3 Est Start: 9:10 AM

|   |                  |       |       |
|---|------------------|-------|-------|
| 2 | Haymore, Auden   | 7 LIV | 33.94 |
| 3 | Kashyap, Nirvaan | 8 LIV | 27.85 |
| 4 | Campbell, Ezra   | 7 LIV | 31.44 |
| 5 | Felix, Weston    | 7 LIV | 42.00 |

## Heat 3 of 3 Est Start: 9:11 AM

|   |                |       |    |
|---|----------------|-------|----|
| 2 | Kaleiki, Bodhi | 7 LIV | NT |
| 3 | McQueen, Cam   | 7 LIV | NT |
| 4 | Grewal, Armaan | 7 LIV | NT |

## #7 Girls 9-10 50yd Freestyle

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>32.77</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>35.72</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>38.34</b> |

## Heat 1 of 3 Est Start: 9:12 AM

|   |                      |        |       |
|---|----------------------|--------|-------|
| 1 | White, Alexis        | 10 LIV | 41.54 |
| 2 | Kopelovich, Michelle | 10 LIV | 37.00 |
| 3 | Worthley, Madelyn    | 10 LIV | 35.47 |
| 4 | Marshall, Evie       | 10 LIV | 36.40 |
| 5 | Albertoni, Briana    | 10 LIV | 38.35 |
| 6 | Knies, Juna          | 10 LIV | 42.78 |

## Heat 2 of 3 Est Start: 9:13 AM

|   |                  |        |       |
|---|------------------|--------|-------|
| 1 | Karbasi, Nila    | 9 LIV  | NT    |
| 2 | Knies, Sunny     | 10 LIV | 49.77 |
| 3 | Allardice, Piper | 10 LIV | 42.80 |
| 4 | Tsubota, Audrey  | 9 LIV  | 43.57 |
| 5 | Roley, Harper    | 9 LIV  | NT    |

## Heat Sheet

## Time Trials and Pancake Breakfast — May 10, 2025

## Session: Time Trials and Pancake Breakfast

| Heat 3 of 3                   | Est Start: 9:14 AM |
|-------------------------------|--------------------|
| 2 Valldeperas, Lucia 9 LIV NT |                    |
| 3 Rohan, Paisley 9 LIV NT     |                    |
| 4 Felix, Hilary 9 LIV NT      |                    |

## #8 Boys 9-10 50yd Freestyle

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 32.46 |
| <b>SILV</b> | DCSL Motivational Times... | 35.38 |
| <b>BRNZ</b> | DCSL Motivational Times... | 37.98 |

| Heat 1 of 3                        | Est Start: 9:15 AM |
|------------------------------------|--------------------|
| 1 Heneman, Benny 10 LIV 40.79      |                    |
| 2 Williams, Connor 10 LIV 37.32    |                    |
| 3 Gavrylenko, Nicholas 9 LIV 33.63 |                    |
| 4 Forrest, Kaleb 10 LIV 35.84      |                    |
| 5 Campbell, Tyler 9 LIV 38.77      |                    |
| 6 Tsubota, Cameron 9 LIV 45.15     |                    |

| Heat 2 of 3                  | Est Start: 9:16 AM |
|------------------------------|--------------------|
| 1 Lopez, Keller 9 LIV NT     |                    |
| 2 Lee, Chase 9 LIV 49.38     |                    |
| 3 Haymore, Bode 10 LIV 46.51 |                    |
| 4 Waite, Titus 9 LIV NT      |                    |
| 5 Chi, Patrick 10 LIV 56.04  |                    |
| 6 Olson, JJ 9 LIV NT         |                    |

| Heat 3 of 3               | Est Start: 9:17 AM |
|---------------------------|--------------------|
| 2 Maffeo, Patty 9 LIV NT  |                    |
| 3 Gallo, Raleigh 9 LIV NT |                    |
| 4 Brady, Liam 9 LIV NT    |                    |
| 5 Gaab, Daniel 9 LIV NT   |                    |

## #9 Girls 11-12 50yd Freestyle

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 29.49 |
| <b>SILV</b> | DCSL Motivational Times... | 32.14 |
| <b>BRNZ</b> | DCSL Motivational Times... | 34.50 |

| Heat 1 of 3                      | Est Start: 9:18 AM |
|----------------------------------|--------------------|
| 1 Nicholson, Alicia 12 LIV 32.22 |                    |
| 2 Lee, Penelope 12 LIV 30.01     |                    |
| 3 Jagodzinski, JoJo 12 LIV 28.37 |                    |
| 4 Marshall, Corinne 12 LIV 29.36 |                    |
| 5 Walsh, Abigail 12 LIV 30.99    |                    |
| 6 Gallo, Mia 12 LIV 32.33        |                    |

| Heat 2 of 3                    | Est Start: 9:19 AM |
|--------------------------------|--------------------|
| 1 Olson, Linnea 11 LIV 34.76   |                    |
| 2 Maffeo, Claire 12 LIV 33.74  |                    |
| 3 Hanson, Isabela 12 LIV 32.86 |                    |
| 4 Brooks, Briana 12 LIV 33.60  |                    |
| 5 Manea, Ela 12 LIV 34.71      |                    |
| 6 Boos, Genevieve 11 LIV 35.61 |                    |

| Heat 3 of 3                    | Est Start: 9:20 AM |
|--------------------------------|--------------------|
| 1 Bowes, Kaitlyn 12 LIV NT     |                    |
| 2 Felix, Racquel 11 LIV 40.60  |                    |
| 3 Lee, Beatrice 11 LIV 37.83   |                    |
| 4 Hanson, Jessica 12 LIV 38.09 |                    |
| 5 Bellezza, Julia 11 LIV 46.13 |                    |

## #10 Boys 11-12 50yd Freestyle

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 29.21 |
| <b>SILV</b> | DCSL Motivational Times... | 31.84 |
| <b>BRNZ</b> | DCSL Motivational Times... | 34.18 |

| Heat 1 of 2                     | Est Start: 9:21 AM |
|---------------------------------|--------------------|
| 1 Chung, Sebastian 12 LIV 32.75 |                    |
| 2 Hansen, Trevor 11 LIV 31.72   |                    |
| 3 Albertoni, Niko 11 LIV 30.62  |                    |
| 4 Siu, Mason 12 LIV 30.74       |                    |
| 5 Campbell, Isaiah 12 LIV 32.61 |                    |
| 6 Kuhns, JJ 12 LIV 36.13        |                    |

| Heat 2 of 2                    | Est Start: 9:22 AM |
|--------------------------------|--------------------|
| 2 Arkhipov, Andrei 12 LIV NT   |                    |
| 3 Wong, Christian 12 LIV 36.21 |                    |
| 4 Ensrud, Torin 11 LIV 37.65   |                    |

## #11 Girls 13-14 50yd Freestyle

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 27.78 |
| <b>SILV</b> | DCSL Motivational Times... | 30.28 |
| <b>BRNZ</b> | DCSL Motivational Times... | 32.50 |

| Heat 1 of 1                    | Est Start: 9:23 AM |
|--------------------------------|--------------------|
| 1 Felix, Caroline 13 LIV 35.97 |                    |
| 2 Wong, Kaitlyn 14 LIV 31.82   |                    |
| 3 Hansen, Lia 14 LIV 28.99     |                    |
| 4 Khoury, Isabel 14 LIV 29.27  |                    |
| 5 Feldman, Alex 13 LIV 32.18   |                    |
| 6 Boos, Giulia 14 LIV NT       |                    |

## #12 Boys 13-14 50yd Freestyle

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 26.01 |
| <b>SILV</b> | DCSL Motivational Times... | 28.35 |
| <b>BRNZ</b> | DCSL Motivational Times... | 30.43 |

| Heat 1 of 2                   | Est Start: 9:24 AM |
|-------------------------------|--------------------|
| 2 Maffeo, Nico 14 LIV 31.29   |                    |
| 3 Struempf, Noah 14 LIV 26.40 |                    |
| 4 Gates, Spencer 14 LIV 28.36 |                    |
| 5 Chi, Aaron 13 LIV 33.66     |                    |

| Heat 2 of 2                  | Est Start: 9:24 AM |
|------------------------------|--------------------|
| 2 Manea, Edward 13 LIV 39.30 |                    |
| 3 Kochly, Aidan 13 LIV 34.54 |                    |
| 4 Heneman, Sam 13 LIV 36.48  |                    |

## #13 Women 15-18 100yd Freestyle

|             |                            |         |
|-------------|----------------------------|---------|
| <b>GOLD</b> | DCSL Motivational Times... | 59.44   |
| <b>SILV</b> | DCSL Motivational Times... | 1:04.79 |
| <b>BRNZ</b> | DCSL Motivational Times... | 1:09.54 |

| Heat 1 of 2                      | Est Start: 9:25 AM |
|----------------------------------|--------------------|
| 1 Kuhns, Isabella 16 LIV 1:09.27 |                    |
| 2 Boos, Fiona 16 LIV 1:07.29     |                    |
| 3 Heneman, Maggie 17 LIV 1:00.76 |                    |
| 4 Khoury, Sophia 17 LIV 1:05.13  |                    |
| 5 Hansen, Marlena 16 LIV 1:08.22 |                    |
| 6 Wong, Sophia 16 LIV 1:16.04    |                    |

| Heat 2 of 2                  | Est Start: 9:27 AM |
|------------------------------|--------------------|
| 2 Gleie, Kamilla 17 LIV NT   |                    |
| 3 Veit, Lara 15 LIV NT       |                    |
| 4 Thiessen, Olivia 15 LIV NT |                    |

## #14 Men 15-18 100yd Freestyle

|             |                            |         |
|-------------|----------------------------|---------|
| <b>GOLD</b> | DCSL Motivational Times... | 53.07   |
| <b>SILV</b> | DCSL Motivational Times... | 57.85   |
| <b>BRNZ</b> | DCSL Motivational Times... | 1:02.09 |

| Heat 1 of 2                       | Est Start: 9:28 AM |
|-----------------------------------|--------------------|
| 1 Kimber, Nick 18 LIV 55.55       |                    |
| 2 Umscheid, TJ 18 LIV 54.47       |                    |
| 3 Veit, Jason 18 LIV 52.37        |                    |
| 4 Ryer, Darren 16 LIV 52.73       |                    |
| 5 Nicholson, Anthony 16 LIV 54.69 |                    |
| 6 Umscheid, Jason 16 LIV 57.75    |                    |

| Heat 2 of 2                      | Est Start: 9:30 AM |
|----------------------------------|--------------------|
| 1 Mokhat, Elaan 15 LIV NT        |                    |
| 2 Hauskens, Henry 16 LIV 1:09.06 |                    |
| 3 Brannan, Austin 16 LIV 59.99   |                    |
| 4 Feldman, Evan 15 LIV 1:03.12   |                    |
| 5 Heneman, John 15 LIV NT        |                    |

## Heat Sheet

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Session: Time Trials and Pancake Breakfast

## #15 Girls 6 &amp; Under 25yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 31.97 |
| <b>SILV</b> | DCSL Motivational Times... | 34.85 |
| <b>BRNZ</b> | DCSL Motivational Times... | 39.64 |

## Heat 1 of 2 Est Start: 9:31 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Worthley, Kaitlin | 6 LIV | NT    |
| 2 | Foster, Althea    | 6 LIV | 44.74 |
| 3 | Best, Brooklyn    | 6 LIV | 35.33 |
| 4 | Zimmerman, Alivia | 6 LIV | 40.13 |
| 5 | Olson, Ruby       | 5 LIV | 58.65 |
| 6 | Kiley, Blair      | 5 LIV | NT    |

## Heat 2 of 2 Est Start: 9:32 AM

|   |                |       |    |
|---|----------------|-------|----|
| 1 | Cooyar, Aryia  | 4 LIV | NT |
| 2 | Unruh, Quinn   | 6 LIV | NT |
| 3 | Lee, Sage      | 6 LIV | NT |
| 4 | Pai, Jiya      | 5 LIV | NT |
| 5 | Ravinder, Maya | 6 LIV | NT |

## #16 Boys 6 &amp; Under 25yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 31.92 |
| <b>SILV</b> | DCSL Motivational Times... | 34.79 |
| <b>BRNZ</b> | DCSL Motivational Times... | 39.58 |

## Heat 1 of 1 Est Start: 9:33 AM

|   |                     |       |         |
|---|---------------------|-------|---------|
| 1 | Collins, Hayden     | 6 LIV | NT      |
| 2 | Rodrigues, Luca     | 6 LIV | 49.74   |
| 3 | Cooyar, Devin       | 6 LIV | 35.37   |
| 4 | Murray, Patrick     | 5 LIV | 42.83   |
| 5 | Alvarez Chow, Mateo | 6 LIV | 1:05.13 |
| 6 | Oster, Koby         | 5 LIV | NT      |

## #17 Girls 7-8 25yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 23.41 |
| <b>SILV</b> | DCSL Motivational Times... | 25.52 |
| <b>BRNZ</b> | DCSL Motivational Times... | 29.03 |

## Heat 1 of 3 Est Start: 9:34 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | White, Sarah      | 8 LIV | 31.04 |
| 2 | Jagodzinski, LuLu | 8 LIV | 26.96 |
| 3 | Lee, Edie         | 8 LIV | 23.90 |
| 4 | Marshall, Lydia   | 8 LIV | 26.75 |
| 5 | Worthley, Addison | 8 LIV | 29.26 |
| 6 | Bisadi, Aveen     | 7 LIV | 32.39 |

## Heat 2 of 3 Est Start: 9:35 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | White, Audrey     | 8 LIV | 40.66 |
| 2 | Murray, Sarah     | 8 LIV | 35.87 |
| 3 | Rohan, Penelope   | 7 LIV | 33.85 |
| 4 | Roley, Mira       | 7 LIV | 34.62 |
| 5 | Friedmann, Nellie | 8 LIV | 35.95 |
| 6 | Oster, Olive      | 8 LIV | 40.76 |

## Heat 3 of 3 Est Start: 9:36 AM

|   |                 |       |       |
|---|-----------------|-------|-------|
| 2 | Lopez, Catalina | 7 LIV | NT    |
| 3 | Kiley, Penelope | 7 LIV | 45.17 |
| 4 | Anderson, Jade  | 7 LIV | NT    |
| 5 | Pai, Sonali     | 8 LIV | NT    |

## #18 Boys 7-8 25yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 23.22 |
| <b>SILV</b> | DCSL Motivational Times... | 25.31 |
| <b>BRNZ</b> | DCSL Motivational Times... | 28.79 |

## Heat 1 of 3 Est Start: 9:37 AM

|   |                  |       |       |
|---|------------------|-------|-------|
| 1 | Kashyap, Nirvaan | 8 LIV | 29.58 |
| 2 | Brooks, Logan    | 8 LIV | 26.27 |
| 3 | Gaab, Patrick    | 8 LIV | 23.73 |
| 4 | Unruh, Cooper    | 8 LIV | 24.86 |
| 5 | Forrest, Jacob   | 8 LIV | 28.58 |
| 6 | Campbell, Ezra   | 7 LIV | 34.43 |

## Heat 2 of 3 Est Start: 9:38 AM

|   |                  |       |       |
|---|------------------|-------|-------|
| 2 | Kopelovich, Noah | 7 LIV | 51.70 |
| 3 | Walsh, Conor     | 7 LIV | 38.87 |
| 4 | Felix, Weston    | 7 LIV | 49.79 |
| 5 | Haymore, Auden   | 7 LIV | NT    |

## Heat 3 of 3 Est Start: 9:39 AM

|   |                |       |    |
|---|----------------|-------|----|
| 2 | Kaleiki, Bodhi | 7 LIV | NT |
| 3 | Grewal, Armaan | 7 LIV | NT |
| 4 | McQueen, Cam   | 7 LIV | NT |

## #19 Girls 9-10 50yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 42.71 |
| <b>SILV</b> | DCSL Motivational Times... | 46.55 |
| <b>BRNZ</b> | DCSL Motivational Times... | 49.97 |

## Heat 1 of 3 Est Start: 9:40 AM

|   |                      |        |       |
|---|----------------------|--------|-------|
| 1 | Kopelovich, Michelle | 10 LIV | 57.52 |
| 2 | Knies, Juna          | 10 LIV | 54.98 |
| 3 | Albertoni, Briana    | 10 LIV | 48.17 |
| 4 | Worthley, Madelyn    | 10 LIV | 53.01 |
| 5 | Marshall, Evie       | 10 LIV | 57.06 |
| 6 | Knies, Sunny         | 10 LIV | 58.80 |

## Heat 2 of 3 Est Start: 9:41 AM

|   |                  |        |         |
|---|------------------|--------|---------|
| 2 | Roley, Harper    | 9 LIV  | NT      |
| 3 | White, Alexis    | 10 LIV | 1:02.20 |
| 4 | Allardice, Piper | 10 LIV | 1:09.97 |
| 5 | Rohan, Paisley   | 9 LIV  | NT      |

## Heat 3 of 3 Est Start: 9:42 AM

|   |                   |       |    |
|---|-------------------|-------|----|
| 2 | Valdeperas, Lucia | 9 LIV | NT |
| 3 | Felix, Hilary     | 9 LIV | NT |
| 4 | Tsubota, Audrey   | 9 LIV | NT |

## #20 Boys 9-10 50yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 42.92 |
| <b>SILV</b> | DCSL Motivational Times... | 46.78 |
| <b>BRNZ</b> | DCSL Motivational Times... | 50.22 |

## Heat 1 of 3 Est Start: 9:43 AM

|   |                  |        |         |
|---|------------------|--------|---------|
| 1 | Lee, Chase       | 9 LIV  | 1:10.24 |
| 2 | Haymore, Bode    | 10 LIV | 1:00.12 |
| 3 | Forrest, Kaleb   | 10 LIV | 44.77   |
| 4 | Williams, Connor | 10 LIV | 51.65   |
| 5 | Heneman, Benny   | 10 LIV | 1:05.44 |
| 6 | Campbell, Tyler  | 9 LIV  | NT      |

## Heat 2 of 3 Est Start: 9:45 AM

|   |                      |       |    |
|---|----------------------|-------|----|
| 2 | Tsubota, Cameron     | 9 LIV | NT |
| 3 | Gallo, Raleigh       | 9 LIV | NT |
| 4 | Olson, JJ            | 9 LIV | NT |
| 5 | Gavrylenko, Nicholas | 9 LIV | NT |
| 6 | Maffeo, Patty        | 9 LIV | NT |

## Heat 3 of 3 Est Start: 9:46 AM

|   |               |       |    |
|---|---------------|-------|----|
| 2 | Brady, Liam   | 9 LIV | NT |
| 3 | Gaab, Daniel  | 9 LIV | NT |
| 4 | Lopez, Keller | 9 LIV | NT |

## #21 Girls 11-12 50yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 37.91 |
| <b>SILV</b> | DCSL Motivational Times... | 41.32 |
| <b>BRNZ</b> | DCSL Motivational Times... | 44.35 |

## Heat 1 of 3 Est Start: 9:47 AM

|   |                   |        |       |
|---|-------------------|--------|-------|
| 1 | Lee, Beatrice     | 11 LIV | 42.31 |
| 2 | Gallo, Mia        | 12 LIV | 39.81 |
| 3 | Jagodzinski, JoJo | 12 LIV | 36.38 |
| 4 | Maffeo, Claire    | 12 LIV | 36.58 |
| 5 | Marshall, Corinne | 12 LIV | 42.17 |
| 6 | Brooks, Briana    | 12 LIV | 42.71 |

## Heat 2 of 3 Est Start: 9:48 AM

|   |                   |        |       |
|---|-------------------|--------|-------|
| 1 | Felix, Racquel    | 11 LIV | 51.91 |
| 2 | Manea, Ela        | 12 LIV | 46.29 |
| 3 | Lee, Penelope     | 12 LIV | 43.97 |
| 4 | Nicholson, Alicia | 12 LIV | 44.51 |
| 5 | Hanson, Jessica   | 12 LIV | 51.90 |
| 6 | Walsh, Abigail    | 12 LIV | 52.12 |

## Heat 3 of 3 Est Start: 9:49 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Bowes, Kaitlyn  | 12 LIV | NT      |
| 2 | Olson, Linnea   | 11 LIV | 55.68   |
| 3 | Boos, Genevieve | 11 LIV | 52.84   |
| 4 | Hanson, Isabela | 12 LIV | 55.65   |
| 5 | Bellezza, Julia | 11 LIV | 1:01.17 |

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## #22 Boys 11-12 50yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 37.95 |
| <b>SILV</b> | DCSL Motivational Times... | 41.37 |
| <b>BRNZ</b> | DCSL Motivational Times... | 44.40 |

## Heat 1 of 2 Est Start: 9:51 AM

|   |                  |        |       |
|---|------------------|--------|-------|
| 1 | Chung, Sebastian | 12 LIV | 50.37 |
| 2 | Kuhns, JJ        | 12 LIV | 49.27 |
| 3 | Albertoni, Niko  | 11 LIV | 43.33 |
| 4 | Siu, Mason       | 12 LIV | 46.63 |
| 5 | Ensrud, Torin    | 11 LIV | 49.99 |
| 6 | Hansen, Trevor   | 11 LIV | 51.44 |

## Heat 2 of 2 Est Start: 9:52 AM

|   |                  |        |         |
|---|------------------|--------|---------|
| 2 | Arkhipov, Andrei | 12 LIV | NT      |
| 3 | Campbell, Isaiah | 12 LIV | 52.28   |
| 4 | Wong, Christian  | 12 LIV | 1:04.47 |

## #23 Girls 13-14 50yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 36.72 |
| <b>SILV</b> | DCSL Motivational Times... | 40.02 |
| <b>BRNZ</b> | DCSL Motivational Times... | 42.96 |

## Heat 1 of 1 Est Start: 9:53 AM

|   |                 |        |       |
|---|-----------------|--------|-------|
| 2 | Felix, Caroline | 13 LIV | 46.82 |
| 3 | Hansen, Lia     | 14 LIV | 36.32 |
| 4 | Feldman, Alex   | 13 LIV | 37.35 |
| 5 | Wong, Kaitlyn   | 14 LIV | 48.84 |
| 6 | Boos, Giulia    | 14 LIV | NT    |

## #24 Boys 13-14 50yd Breaststroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 33.49 |
| <b>SILV</b> | DCSL Motivational Times... | 36.50 |
| <b>BRNZ</b> | DCSL Motivational Times... | 39.18 |

## Heat 1 of 2 Est Start: 9:54 AM

|   |                |        |       |
|---|----------------|--------|-------|
| 2 | Kochly, Aidan  | 13 LIV | 43.64 |
| 3 | Struempf, Noah | 14 LIV | 30.81 |
| 4 | Gates, Spencer | 14 LIV | 38.81 |
| 5 | Maffeo, Nico   | 14 LIV | 45.12 |

## Heat 2 of 2 Est Start: 9:55 AM

|   |               |        |       |
|---|---------------|--------|-------|
| 2 | Manea, Edward | 13 LIV | 56.38 |
| 3 | Heneman, Sam  | 13 LIV | 45.57 |
| 4 | Chi, Aaron    | 13 LIV | 49.46 |

## #25 Women 15-18 100yd Breaststroke

|             |                            |         |
|-------------|----------------------------|---------|
| <b>GOLD</b> | DCSL Motivational Times... | 1:17.98 |
| <b>SILV</b> | DCSL Motivational Times... | 1:25.00 |
| <b>BRNZ</b> | DCSL Motivational Times... | 1:31.24 |

## Heat 1 of 2 Est Start: 9:56 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Kuhns, Isabella | 16 LIV | 1:35.60 |
| 2 | Khoury, Sophia  | 17 LIV | 1:28.66 |
| 3 | Wong, Sophia    | 16 LIV | 1:26.43 |
| 4 | Heneman, Maggie | 17 LIV | 1:27.41 |
| 5 | Hansen, Marlena | 16 LIV | 1:33.42 |
| 6 | Boos, Fiona     | 16 LIV | 1:35.97 |

## Heat 2 of 2 Est Start: 9:58 AM

|   |                  |        |    |
|---|------------------|--------|----|
| 2 | Veit, Lara       | 15 LIV | NT |
| 3 | Thiessen, Olivia | 15 LIV | NT |
| 4 | Gleie, Kamilla   | 17 LIV | NT |

## #26 Men 15-18 100yd Breaststroke

|             |                            |         |
|-------------|----------------------------|---------|
| <b>GOLD</b> | DCSL Motivational Times... | 1:09.48 |
| <b>SILV</b> | DCSL Motivational Times... | 1:15.73 |
| <b>BRNZ</b> | DCSL Motivational Times... | 1:21.29 |

## Heat 1 of 2 Est Start: 10:00 AM

|   |                    |        |         |
|---|--------------------|--------|---------|
| 1 | Umscheid, TJ       | 18 LIV | 1:18.71 |
| 2 | Ryer, Darren       | 16 LIV | 1:10.80 |
| 3 | Veit, Jason        | 18 LIV | 1:05.50 |
| 4 | Kimber, Nick       | 18 LIV | 1:08.29 |
| 5 | Nicholson, Anthony | 16 LIV | 1:15.47 |
| 6 | Umscheid, Jason    | 16 LIV | 1:21.46 |

## Heat 2 of 2 Est Start: 10:01 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Mokhat, Elaan   | 15 LIV | NT      |
| 2 | Hauskens, Henry | 16 LIV | 1:26.98 |
| 3 | Feldman, Evan   | 15 LIV | 1:22.82 |
| 4 | Brannan, Austin | 16 LIV | 1:26.59 |
| 5 | Heneman, John   | 15 LIV | NT      |

## #27 Girls 6 &amp; Under 25yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 26.45 |
| <b>SILV</b> | DCSL Motivational Times... | 28.83 |
| <b>BRNZ</b> | DCSL Motivational Times... | 32.80 |

## Heat 1 of 3 Est Start: 10:03 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Unruh, Quinn      | 6 LIV | 41.14 |
| 2 | Lee, Sage         | 6 LIV | 37.10 |
| 3 | Best, Brooklyn    | 6 LIV | 29.14 |
| 4 | Foster, Althea    | 6 LIV | 30.34 |
| 5 | Zimmerman, Alivia | 6 LIV | 37.37 |
| 6 | Olson, Ruby       | 5 LIV | 48.95 |

## Heat 2 of 3 Est Start: 10:04 AM

|   |                    |       |    |
|---|--------------------|-------|----|
| 1 | Cooyar, Aryia      | 4 LIV | NT |
| 2 | Nieting, Isabella  | 6 LIV | NT |
| 3 | Kiley, Blair       | 5 LIV | NT |
| 4 | Batchelder, Cate   | 6 LIV | NT |
| 5 | Pai, Jiya          | 5 LIV | NT |
| 6 | Zimmerman, Adelynn | 5 LIV | NT |

## Heat 3 of 3 Est Start: 10:05 AM

|   |                   |       |    |
|---|-------------------|-------|----|
| 2 | Ravinder, Maya    | 6 LIV | NT |
| 3 | George, Riley     | 6 LIV | NT |
| 4 | Worthley, Kaitlin | 6 LIV | NT |

## #28 Boys 6 &amp; Under 25yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 26.56 |
| <b>SILV</b> | DCSL Motivational Times... | 28.95 |
| <b>BRNZ</b> | DCSL Motivational Times... | 32.93 |

## Heat 1 of 2 Est Start: 10:06 AM

|   |                     |       |       |
|---|---------------------|-------|-------|
| 1 | Oster, Koby         | 5 LIV | NT    |
| 2 | Rodrigues, Luca     | 6 LIV | 50.43 |
| 3 | Cooyar, Devin       | 6 LIV | 30.98 |
| 4 | Alvarez Chow, Mateo | 6 LIV | 33.09 |
| 5 | Murray, Patrick     | 5 LIV | 50.54 |
| 6 | Collins, Hayden     | 6 LIV | NT    |

## Heat 2 of 2 Est Start: 10:08 AM

|   |               |       |    |
|---|---------------|-------|----|
| 2 | Karbasi, Liam | 6 LIV | NT |
| 3 | Gupta, Kabir  | 6 LIV | NT |
| 4 | White, Henry  | 5 LIV | NT |

## #29 Girls 7-8 25yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 21.49 |
| <b>SILV</b> | DCSL Motivational Times... | 23.42 |
| <b>BRNZ</b> | DCSL Motivational Times... | 26.65 |

## Heat 1 of 3 Est Start: 10:09 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Lee, Edie         | 8 LIV | 23.59 |
| 2 | Murray, Sarah     | 8 LIV | 22.29 |
| 3 | Worthley, Addison | 8 LIV | 20.04 |
| 4 | Jagodzinski, LuLu | 8 LIV | 20.89 |
| 5 | Lopez, Catalina   | 7 LIV | 22.81 |
| 6 | Marshall, Lydia   | 8 LIV | 24.69 |

## Heat 2 of 3 Est Start: 10:10 AM

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Roley, Mira       | 7 LIV | 29.68 |
| 2 | Kiley, Penelope   | 7 LIV | 27.65 |
| 3 | White, Sarah      | 8 LIV | 26.90 |
| 4 | Oster, Olive      | 8 LIV | 27.49 |
| 5 | Bisadi, Aveen     | 7 LIV | 28.78 |
| 6 | Friedmann, Nellie | 8 LIV | 32.99 |

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| Heat 3 of 3       | Est Start: 10:11 AM |
|-------------------|---------------------|
| 2 Pai, Sonali     | 8 LIV NT            |
| 3 White, Audrey   | 8 LIV 34.13         |
| 4 Rohan, Penelope | 7 LIV 42.01         |
| 5 Waite, Eden     | 7 LIV NT            |
| 6 Anderson, Jade  | 7 LIV NT            |

## #30 Boys 7-8 25yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 21.35 |
| <b>SILV</b> | DCSL Motivational Times... | 23.27 |
| <b>BRNZ</b> | DCSL Motivational Times... | 26.47 |

| Heat 1 of 3        | Est Start: 10:12 AM |
|--------------------|---------------------|
| 1 Kopelovich, Noah | 7 LIV 31.10         |
| 2 Brooks, Logan    | 8 LIV 23.85         |
| 3 Unruh, Cooper    | 8 LIV 19.75         |
| 4 Gaab, Patrick    | 8 LIV 21.77         |
| 5 Forrest, Jacob   | 8 LIV 24.65         |
| 6 Haymore, Auden   | 7 LIV 32.56         |

| Heat 2 of 3        | Est Start: 10:13 AM |
|--------------------|---------------------|
| 2 Campbell, Ezra   | 7 LIV 36.67         |
| 3 Kashyap, Nirvaan | 8 LIV 36.17         |
| 4 Walsh, Conor     | 7 LIV 36.66         |
| 5 Felix, Weston    | 7 LIV 59.89         |

| Heat 3 of 3      | Est Start: 10:14 AM |
|------------------|---------------------|
| 2 Grewal, Armaan | 7 LIV NT            |
| 3 McQueen, Cam   | 7 LIV NT            |
| 4 Kaleiki, Bodhi | 7 LIV NT            |

## #31 Girls 9-10 50yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 39.61 |
| <b>SILV</b> | DCSL Motivational Times... | 43.17 |
| <b>BRNZ</b> | DCSL Motivational Times... | 46.34 |

| Heat 1 of 3            | Est Start: 10:15 AM |
|------------------------|---------------------|
| 1 White, Alexis        | 10 LIV 50.05        |
| 2 Kopelovich, Michelle | 10 LIV 47.35        |
| 3 Marshall, Evie       | 10 LIV 42.21        |
| 4 Worthley, Madelyn    | 10 LIV 46.10        |
| 5 Knies, Juna          | 10 LIV 48.72        |
| 6 Tsubota, Audrey      | 9 LIV 53.03         |

| Heat 2 of 3        | Est Start: 10:17 AM |
|--------------------|---------------------|
| 2 Roley, Harper    | 9 LIV NT            |
| 3 Allardice, Piper | 10 LIV 57.28        |
| 4 Knies, Sunny     | 10 LIV 1:03.75      |
| 5 Rohan, Paisley   | 9 LIV NT            |

| Heat 3 of 3         | Est Start: 10:18 AM |
|---------------------|---------------------|
| 2 Valdeperas, Lucia | 9 LIV NT            |
| 3 Karbasi, Nila     | 9 LIV NT            |
| 4 Albertoni, Briana | 10 LIV NT           |
| 5 Felix, Hilary     | 9 LIV NT            |

## #32 Boys 9-10 50yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 38.83 |
| <b>SILV</b> | DCSL Motivational Times... | 42.32 |
| <b>BRNZ</b> | DCSL Motivational Times... | 45.43 |

| Heat 1 of 3            | Est Start: 10:20 AM |
|------------------------|---------------------|
| 1 Heneman, Benny       | 10 LIV 58.95        |
| 2 Williams, Connor     | 10 LIV 49.33        |
| 3 Forrest, Kaleb       | 10 LIV 47.51        |
| 4 Gavrylenko, Nicholas | 9 LIV 48.11         |
| 5 Campbell, Tyler      | 9 LIV 50.24         |
| 6 Tsubota, Cameron     | 9 LIV 1:00.42       |

| Heat 2 of 3     | Est Start: 10:21 AM |
|-----------------|---------------------|
| 1 Waite, Titus  | 9 LIV NT            |
| 2 Haymore, Bode | 10 LIV 1:29.25      |
| 3 Lee, Chase    | 9 LIV 1:10.69       |
| 4 Chi, Patrick  | 10 LIV 1:26.94      |
| 5 Maffeo, Patty | 9 LIV NT            |
| 6 Gaab, Daniel  | 9 LIV NT            |

| Heat 3 of 3      | Est Start: 10:23 AM |
|------------------|---------------------|
| 1 Lopez, Keller  | 9 LIV NT            |
| 2 Brady, Liam    | 9 LIV NT            |
| 3 Olson, JJ      | 9 LIV NT            |
| 4 Gallo, Raleigh | 9 LIV NT            |

## #33 Girls 11-12 50yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 34.53 |
| <b>SILV</b> | DCSL Motivational Times... | 37.64 |
| <b>BRNZ</b> | DCSL Motivational Times... | 40.40 |

| Heat 1 of 3         | Est Start: 10:24 AM |
|---------------------|---------------------|
| 1 Lee, Penelope     | 12 LIV 40.24        |
| 2 Gallo, Mia        | 12 LIV 35.95        |
| 3 Jagodzinski, JoJo | 12 LIV 32.82        |
| 4 Marshall, Corinne | 12 LIV 34.82        |
| 5 Brooks, Briana    | 12 LIV 38.12        |
| 6 Olson, Linnea     | 11 LIV 42.58        |

| Heat 2 of 3         | Est Start: 10:26 AM |
|---------------------|---------------------|
| 1 Manea, Ela        | 12 LIV 47.81        |
| 2 Nicholson, Alicia | 12 LIV 43.94        |
| 3 Hanson, Isabela   | 12 LIV 42.72        |
| 4 Walsh, Abigail    | 12 LIV 43.07        |
| 5 Lee, Beatrice     | 11 LIV 44.49        |
| 6 Maffeo, Claire    | 12 LIV 47.94        |

| Heat 3 of 3       | Est Start: 10:27 AM |
|-------------------|---------------------|
| 1 Bowes, Kaitlyn  | 12 LIV NT           |
| 2 Felix, Racquel  | 11 LIV 49.90        |
| 3 Boos, Genevieve | 11 LIV 48.34        |
| 4 Hanson, Jessica | 12 LIV 48.97        |
| 5 Bellezza, Julia | 11 LIV 59.29        |

## #34 Boys 11-12 50yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 34.92 |
| <b>SILV</b> | DCSL Motivational Times... | 38.06 |
| <b>BRNZ</b> | DCSL Motivational Times... | 40.86 |

| Heat 1 of 2        | Est Start: 10:28 AM |
|--------------------|---------------------|
| 1 Ensrud, Torin    | 11 LIV 46.90        |
| 2 Wong, Christian  | 12 LIV 40.08        |
| 3 Siu, Mason       | 12 LIV 33.56        |
| 4 Hansen, Trevor   | 11 LIV 38.33        |
| 5 Campbell, Isaiah | 12 LIV 42.01        |

| Heat 2 of 2        | Est Start: 10:30 AM |
|--------------------|---------------------|
| 2 Arkhipov, Andrei | 12 LIV NT           |
| 3 Kuhns, JJ        | 12 LIV 48.23        |
| 4 Chung, Sebastian | 12 LIV 48.88        |

## #35 Girls 13-14 50yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 32.96 |
| <b>SILV</b> | DCSL Motivational Times... | 35.93 |
| <b>BRNZ</b> | DCSL Motivational Times... | 38.56 |

| Heat 1 of 1       | Est Start: 10:31 AM |
|-------------------|---------------------|
| 1 Felix, Caroline | 13 LIV 46.81        |
| 2 Khoury, Isabel  | 14 LIV 38.26        |
| 3 Wong, Kaitlyn   | 14 LIV 35.90        |
| 4 Hansen, Lia     | 14 LIV 37.98        |
| 5 Feldman, Alex   | 13 LIV 40.85        |
| 6 Boos, Giulia    | 14 LIV NT           |

## #36 Boys 13-14 50yd Backstroke

|             |                            |       |
|-------------|----------------------------|-------|
| <b>GOLD</b> | DCSL Motivational Times... | 31.98 |
| <b>SILV</b> | DCSL Motivational Times... | 34.86 |
| <b>BRNZ</b> | DCSL Motivational Times... | 37.42 |

| Heat 1 of 2      | Est Start: 10:32 AM |
|------------------|---------------------|
| 2 Gates, Spencer | 14 LIV 38.59        |
| 3 Struempf, Noah | 14 LIV 32.72        |
| 4 Chi, Aaron     | 13 LIV 37.18        |
| 5 Maffeo, Nico   | 14 LIV 39.69        |

| Heat 2 of 2     | Est Start: 10:34 AM |
|-----------------|---------------------|
| 2 Manea, Edward | 13 LIV 53.64        |
| 3 Kochly, Aidan | 13 LIV 46.25        |
| 4 Heneman, Sam  | 13 LIV 53.06        |

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## #37 Women 15-18 100yd Backstroke

|             |                            |                |
|-------------|----------------------------|----------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>1:10.14</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>1:16.45</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>1:22.06</b> |

**Heat 1 of 2** **Est Start: 10:35 AM**

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Boos, Fiona     | 16 LIV | 1:22.71 |
| 2 | Khoury, Sophia  | 17 LIV | 1:17.73 |
| 3 | Heneman, Maggie | 17 LIV | 1:10.01 |
| 4 | Kuhns, Isabella | 16 LIV | 1:15.97 |
| 5 | Hansen, Marlena | 16 LIV | 1:19.50 |
| 6 | Wong, Sophia    | 16 LIV | 1:34.56 |

**Heat 2 of 2** **Est Start: 10:37 AM**

|   |                  |        |    |
|---|------------------|--------|----|
| 2 | Gleie, Kamilla   | 17 LIV | NT |
| 3 | Veit, Lara       | 15 LIV | NT |
| 4 | Thiessen, Olivia | 15 LIV | NT |

## #38 Men 15-18 100yd Backstroke

|             |                            |                |
|-------------|----------------------------|----------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>1:04.16</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>1:09.93</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>1:15.07</b> |

**Heat 1 of 2** **Est Start: 10:39 AM**

|   |                    |        |         |
|---|--------------------|--------|---------|
| 1 | Umscheid, Jason    | 16 LIV | 1:14.66 |
| 2 | Umscheid, TJ       | 18 LIV | 1:08.36 |
| 3 | Nicholson, Anthony | 16 LIV | 59.02   |
| 4 | Feldman, Evan      | 15 LIV | 1:05.51 |
| 5 | Veit, Jason        | 18 LIV | 1:09.09 |
| 6 | Brannan, Austin    | 16 LIV | 1:14.99 |

**Heat 2 of 2** **Est Start: 10:41 AM**

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Heneman, John   | 15 LIV | NT      |
| 2 | Mokhat, Elaan   | 15 LIV | NT      |
| 3 | Ryer, Darren    | 16 LIV | 1:17.94 |
| 4 | Hauskens, Henry | 16 LIV | NT      |
| 5 | Kimber, Nick    | 18 LIV | NT      |

## #39 Girls 6 &amp; Under 25yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>27.78</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>30.28</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>34.45</b> |

**Heat 1 of 2** **Est Start: 10:42 AM**

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Olson, Ruby       | 5 LIV | 58.06 |
| 2 | Foster, Althea    | 6 LIV | 43.73 |
| 3 | Zimmerman, Alivia | 6 LIV | 34.28 |
| 4 | Lee, Sage         | 6 LIV | 40.43 |
| 5 | Unruh, Quinn      | 6 LIV | 49.65 |
| 6 | George, Riley     | 6 LIV | NT    |

**Heat 2 of 2** **Est Start: 10:44 AM**

|   |                   |       |    |
|---|-------------------|-------|----|
| 1 | Kiley, Blair      | 5 LIV | NT |
| 2 | Worthley, Kaitlin | 6 LIV | NT |
| 3 | Ravinder, Maya    | 6 LIV | NT |
| 4 | Best, Brooklyn    | 6 LIV | NT |
| 5 | Cooyar, Aryia     | 4 LIV | NT |
| 6 | Pai, Jiya         | 5 LIV | NT |

## #40 Boys 6 &amp; Under 25yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>27.59</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>30.07</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>34.21</b> |

**Heat 1 of 1** **Est Start: 10:44 AM**

|   |                     |       |         |
|---|---------------------|-------|---------|
| 1 | Oster, Koby         | 5 LIV | NT      |
| 2 | Rodrigues, Luca     | 6 LIV | 1:00.56 |
| 3 | Cooyar, Devin       | 6 LIV | 46.30   |
| 4 | Murray, Patrick     | 5 LIV | 53.65   |
| 5 | Alvarez Chow, Mateo | 6 LIV | 1:07.03 |
| 6 | Collins, Hayden     | 6 LIV | NT      |

## #41 Girls 7-8 25yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>19.78</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>21.56</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>24.53</b> |

**Heat 1 of 3** **Est Start: 10:46 AM**

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Worthley, Addison | 8 LIV | 24.09 |
| 2 | Lee, Edie         | 8 LIV | 23.47 |
| 3 | Jagodzinski, LuLu | 8 LIV | 18.69 |
| 4 | Murray, Sarah     | 8 LIV | 22.74 |
| 5 | Marshall, Lydia   | 8 LIV | 23.50 |
| 6 | White, Sarah      | 8 LIV | 27.28 |

**Heat 2 of 3** **Est Start: 10:46 AM**

|   |                   |       |       |
|---|-------------------|-------|-------|
| 1 | Rohan, Penelope   | 7 LIV | 31.90 |
| 2 | Friedmann, Nellie | 8 LIV | 29.79 |
| 3 | Oster, Olive      | 8 LIV | 27.55 |
| 4 | Lopez, Catalina   | 7 LIV | 29.50 |
| 5 | Bisadi, Aveen     | 7 LIV | 30.82 |
| 6 | White, Audrey     | 8 LIV | 38.27 |

**Heat 3 of 3** **Est Start: 10:47 AM**

|   |                 |       |       |
|---|-----------------|-------|-------|
| 2 | Anderson, Jade  | 7 LIV | NT    |
| 3 | Roley, Mira     | 7 LIV | 42.07 |
| 4 | Kiley, Penelope | 7 LIV | 44.83 |
| 5 | Pai, Sonali     | 8 LIV | NT    |

## #42 Boys 7-8 25yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>19.49</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>21.24</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>24.17</b> |

**Heat 1 of 3** **Est Start: 10:48 AM**

|   |                  |       |       |
|---|------------------|-------|-------|
| 1 | Walsh, Conor     | 7 LIV | 32.04 |
| 2 | Unruh, Cooper    | 8 LIV | 25.59 |
| 3 | Forrest, Jacob   | 8 LIV | 20.12 |
| 4 | Brooks, Logan    | 8 LIV | 20.98 |
| 5 | Gaab, Patrick    | 8 LIV | 27.38 |
| 6 | Kopelovich, Noah | 7 LIV | 37.93 |

**Heat 2 of 3** **Est Start: 10:49 AM**

|   |                  |       |         |
|---|------------------|-------|---------|
| 2 | Felix, Weston    | 7 LIV | 1:27.53 |
| 3 | Kashyap, Nirvaan | 8 LIV | 54.53   |
| 4 | Campbell, Ezra   | 7 LIV | 1:16.22 |
| 5 | Kaleiki, Bodhi   | 7 LIV | NT      |

**Heat 3 of 3** **Est Start: 10:51 AM**

|   |                |       |    |
|---|----------------|-------|----|
| 2 | Grewal, Armaan | 7 LIV | NT |
| 3 | McQueen, Cam   | 7 LIV | NT |
| 4 | Haymore, Auden | 7 LIV | NT |

## #43 Girls 9-10 50yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>37.20</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>40.55</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>43.52</b> |

**Heat 1 of 3** **Est Start: 10:52 AM**

|   |                      |        |         |
|---|----------------------|--------|---------|
| 1 | Allardice, Piper     | 10 LIV | 55.66   |
| 2 | Albertoni, Briana    | 10 LIV | 48.89   |
| 3 | Marshall, Evie       | 10 LIV | 42.89   |
| 4 | Kopelovich, Michelle | 10 LIV | 45.38   |
| 5 | Worthley, Madelyn    | 10 LIV | 53.60   |
| 6 | Knies, Juna          | 10 LIV | 1:07.13 |

**Heat 2 of 3** **Est Start: 10:53 AM**

|   |                    |        |         |
|---|--------------------|--------|---------|
| 2 | Felix, Hilary      | 9 LIV  | NT      |
| 3 | White, Alexis      | 10 LIV | 1:16.32 |
| 4 | Knies, Sunny       | 10 LIV | 1:28.51 |
| 5 | Valldeperas, Lucia | 9 LIV  | NT      |

**Heat 3 of 3** **Est Start: 10:55 AM**

|   |                 |       |    |
|---|-----------------|-------|----|
| 2 | Roley, Harper   | 9 LIV | NT |
| 3 | Tsubota, Audrey | 9 LIV | NT |
| 4 | Rohan, Paisley  | 9 LIV | NT |

## Heat Sheet

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Session: Time Trials and Pancake Breakfast

## #44 Boys 9-10 50yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>37.98</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>41.40</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>44.44</b> |

## Heat 1 of 3 Est Start: 10:56 AM

|   |                      |        |         |
|---|----------------------|--------|---------|
| 1 | Haymore, Bode        | 10 LIV | 1:02.23 |
| 2 | Forrest, Kaleb       | 10 LIV | 43.76   |
| 3 | Williams, Connor     | 10 LIV | 41.88   |
| 4 | Gavrylenko, Nicholas | 9 LIV  | 42.86   |
| 5 | Heneman, Benny       | 10 LIV | 51.89   |
| 6 | Chi, Patrick         | 10 LIV | 1:43.09 |

## Heat 2 of 3 Est Start: 10:58 AM

|   |                  |       |    |
|---|------------------|-------|----|
| 2 | Tsubota, Cameron | 9 LIV | NT |
| 3 | Gaab, Daniel     | 9 LIV | NT |
| 4 | Olson, JJ        | 9 LIV | NT |
| 5 | Lopez, Keller    | 9 LIV | NT |
| 6 | Brady, Liam      | 9 LIV | NT |

## Heat 3 of 3 Est Start: 10:59 AM

|   |                 |       |    |
|---|-----------------|-------|----|
| 2 | Lee, Chase      | 9 LIV | NT |
| 3 | Gallo, Raleigh  | 9 LIV | NT |
| 4 | Campbell, Tyler | 9 LIV | NT |
| 5 | Maffeo, Patty   | 9 LIV | NT |

## #45 Girls 11-12 50yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>32.53</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>35.46</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>38.06</b> |

## Heat 1 of 3 Est Start: 11:00 AM

|   |                   |        |       |
|---|-------------------|--------|-------|
| 1 | Maffeo, Claire    | 12 LIV | 37.06 |
| 2 | Walsh, Abigail    | 12 LIV | 34.06 |
| 3 | Marshall, Corinne | 12 LIV | 30.46 |
| 4 | Jagodzinski, JoJo | 12 LIV | 31.99 |
| 5 | Lee, Penelope     | 12 LIV | 35.15 |
| 6 | Olson, Linnea     | 11 LIV | 37.87 |

## Heat 2 of 3 Est Start: 11:01 AM

|   |                   |        |       |
|---|-------------------|--------|-------|
| 1 | Brooks, Briana    | 12 LIV | 46.01 |
| 2 | Hanson, Isabela   | 12 LIV | 40.55 |
| 3 | Gallo, Mia        | 12 LIV | 38.25 |
| 4 | Nicholson, Alicia | 12 LIV | 40.38 |
| 5 | Boos, Genevieve   | 11 LIV | 44.15 |
| 6 | Lee, Beatrice     | 11 LIV | 49.06 |

## Heat 3 of 3 Est Start: 11:02 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Bowes, Kaitlyn  | 12 LIV | NT      |
| 2 | Hanson, Jessica | 12 LIV | 57.33   |
| 3 | Manea, Ela      | 12 LIV | 54.58   |
| 4 | Felix, Racquel  | 11 LIV | 56.27   |
| 5 | Bellezza, Julia | 11 LIV | 1:11.53 |

## #46 Boys 11-12 50yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>32.56</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>35.49</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>38.10</b> |

## Heat 1 of 2 Est Start: 11:03 AM

|   |                  |        |       |
|---|------------------|--------|-------|
| 1 | Wong, Christian  | 12 LIV | 43.66 |
| 2 | Chung, Sebastian | 12 LIV | 36.63 |
| 3 | Hansen, Trevor   | 11 LIV | 32.41 |
| 4 | Siu, Mason       | 12 LIV | 36.43 |
| 5 | Campbell, Isaiah | 12 LIV | 37.75 |

## Heat 2 of 2 Est Start: 11:04 AM

|   |                 |        |       |
|---|-----------------|--------|-------|
| 2 | Arkipov, Andrei | 12 LIV | NT    |
| 3 | Ensrud, Torin   | 11 LIV | 50.48 |
| 4 | Kuhns, JJ       | 12 LIV | 55.73 |

## #47 Girls 13-14 50yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>30.38</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>33.11</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>35.54</b> |

## Heat 1 of 1 Est Start: 11:06 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Felix, Caroline | 13 LIV | 1:04.40 |
| 2 | Feldman, Alex   | 13 LIV | 32.61   |
| 3 | Khoury, Isabel  | 14 LIV | 31.94   |
| 4 | Hansen, Lia     | 14 LIV | 32.13   |
| 5 | Wong, Kaitlyn   | 14 LIV | 35.98   |
| 6 | Boos, Giulia    | 14 LIV | NT      |

## #48 Boys 13-14 50yd Butterfly

|             |                            |              |
|-------------|----------------------------|--------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>28.99</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>31.60</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>33.92</b> |

## Heat 1 of 2 Est Start: 11:07 AM

|   |                |        |       |
|---|----------------|--------|-------|
| 2 | Gates, Spencer | 14 LIV | 35.23 |
| 3 | Struempf, Noah | 14 LIV | 27.31 |
| 4 | Chi, Aaron     | 13 LIV | 35.02 |
| 5 | Maffeo, Nico   | 14 LIV | 37.61 |

## Heat 2 of 2 Est Start: 11:08 AM

|   |               |        |       |
|---|---------------|--------|-------|
| 2 | Manea, Edward | 13 LIV | 55.80 |
| 3 | Heneman, Sam  | 13 LIV | 42.68 |
| 4 | Kochly, Aidan | 13 LIV | 51.68 |

## #49 Women 15-18 100yd Butterfly

|             |                            |                |
|-------------|----------------------------|----------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>1:08.40</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>1:14.56</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>1:20.03</b> |

## Heat 1 of 2 Est Start: 11:09 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Gleie, Kamilla  | 17 LIV | NT      |
| 2 | Boos, Fiona     | 16 LIV | 1:26.83 |
| 3 | Heneman, Maggie | 17 LIV | 1:05.35 |
| 4 | Hansen, Marlena | 16 LIV | 1:23.19 |
| 5 | Wong, Sophia    | 16 LIV | 1:26.96 |

## Heat 2 of 2 Est Start: 11:11 AM

|   |                  |        |    |
|---|------------------|--------|----|
| 2 | Kuhns, Isabella  | 16 LIV | NT |
| 3 | Veit, Lara       | 15 LIV | NT |
| 4 | Thiessen, Olivia | 15 LIV | NT |

## #50 Men 15-18 100yd Butterfly

|             |                            |                |
|-------------|----------------------------|----------------|
| <b>GOLD</b> | DCSL Motivational Times... | <b>1:01.15</b> |
| <b>SILV</b> | DCSL Motivational Times... | <b>1:06.65</b> |
| <b>BRNZ</b> | DCSL Motivational Times... | <b>1:11.55</b> |

## Heat 1 of 2 Est Start: 11:12 AM

|   |                    |        |         |
|---|--------------------|--------|---------|
| 1 | Nicholson, Anthony | 16 LIV | 1:06.72 |
| 2 | Umscheid, TJ       | 18 LIV | 1:03.43 |
| 3 | Veit, Jason        | 18 LIV | 55.71   |
| 4 | Feldman, Evan      | 15 LIV | 1:02.33 |
| 5 | Ryer, Darren       | 16 LIV | 1:06.60 |
| 6 | Umscheid, Jason    | 16 LIV | 1:08.62 |

## Heat 2 of 2 Est Start: 11:14 AM

|   |                 |        |         |
|---|-----------------|--------|---------|
| 1 | Heneman, John   | 15 LIV | NT      |
| 2 | Hauskens, Henry | 16 LIV | NT      |
| 3 | Kimber, Nick    | 18 LIV | 1:10.28 |
| 4 | Brannan, Austin | 16 LIV | 1:16.80 |
| 5 | Mokhat, Elaan   | 15 LIV | NT      |