

## **Bethesda Safety Protocols**

### Team Event (including meets and practices) COVID 19 Protocols:

- Please have your athlete arrive in their swimsuits if possible. Our locker rooms are small, and use should be minimized.
- Before entering the pool, please make sure you do not have any of the following:
  - Temperature of 100.4 or above in the 24 hours before the event
  - Any symptoms associated with COVID-19: fever or chills, cough, difficulty breathing, fatigue, new loss of taste or smell, sore throat, congestion/runny nose, nausea or vomiting, diarrhea.
  - Positive COVID test within the last 10 days
  - Unvaccinated and in close contact with someone who has COVID-19 in the last 14 days.
- Please let a parent representative or coach know if you, your swimmer, or anyone you have been in contact with has tested positive for COVID 19 or is showing symptoms.

### Mask Requirements & Recommendations

- We do not require masks for vaccinated individuals.
- We strongly encourage people who are not vaccinated (including young children) to wear a mask. For masked swimmers please send your swimmer to their lane with a Ziploc bag (with name on it) to keep their mask in while they swim. We will also have bags available at Clerk of Course area.

### Spectators

- Spectators are permitted at the pool, to manage crowds, we ask that you limit the number of friends and family that you bring with you, if possible.
- Family members and spectators need to avoid areas specified as Athlete Areas, Clerk of Course area and Automation Area. As well as Referee & Starter, coaching and announcer areas.
- We ask that spectators and family members not enter the pools deck (competition area) and remain in the home or visiting team grassy areas for spectating.
- Be advised that Bethesda pool is a county pool and there may be other groups at the pool.
- A parent volunteer, Safety Marshall (in yellow vest) will be on deck to assist.
- Please see meet schematic attached:



