

High River Otters Invitational

June 24 and 25, 2022

Meet Information and Meet Package





High River Otters Invitational

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High River AB

June 24 and 25

HOSTED BY High River Otters

FACILITY **Bob Snodgrass Recreation Centre**
228 12 Ave SE
High River AB T1V 1E7
6 Lanes

CONTACTS Meet Manager: Nicole MacIntyre
Contact E-mail: hrottersmeetmanager@gmail.com
Meet Phone #: 403-603-8569
Meet Referee: Krystof Lindenback
Referee E-mail: klindenback@me.com

DATES Meet Dates: Friday June 24 to Saturday June 25
Entry Deadline: June 20 at 8 pm

MEET TYPE Summer

CLUBS INVITED Calgary Swordfish Calgary Tritons
Cochrane Piranhas Didsbury Aquajets
Okotoks Stingrays

SAFE SPORT

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.

RULES

The meet will be conducted under published FINA and/or WPS rules and regulations supplemented by published and approved Swimming Canada, Swim Alberta and ASSA rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.



COMPETITION AND DIVING READINESS STANDARDS

Entry to competition is limited to participants who have passed the Swim Alberta's Competition Swim Test. During competitions, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

DIVING RULES

The following rule applies to the start end of the pool:

1. Starts will be conducted from Starting Platforms (Blocks) as per FINA FR 2.3 and SW 4.1

The following rule applies to the turn end of the pool (for the 4 x 25m relay):

1. In-water starts will be conducted as per Canadian Facility Rule CFR 2.3.1 and CSW 4.1.2.

SCRATCHES

Swim Alberta scratch rule will be in effect for this competition. Scratches should be submitted to the Clerk of Course by the coaches meeting both Friday and Saturday a.m. Please take any late scratches to the Clerk of Course. There is no financial penalty for swimmers who "NoShow" to their event.

SCHEDULE*

	Day 1 (June 24)	Day 2 (June 25)
Coach Meeting	5:00	6:50am
Warm up time	5:15 pm	7:00 am
Start time	6:00 pm	8:15 am

** Lunch and afternoon racing start time will be based on entries and session timeouts; the expected times will be communicated prior to the start of the competition.*

Warm Up Information

- SNC Warm-up protocol in effect.
- The last 10 minutes of warm up for diving-one direction only please
- Warm up lanes assigned & sent to coaches by Friday 12:00p.m.. Posted in lobby as well



- Friday warm up is 25 minutes starting at 5:30. Saturday morning (only) warm up: each club will have a 25 minute warm up session starting at 7:00 am.
- Coaches will provide supervision to their club's swimmers for their warm up session

ENTRY PROCEDURE

- All entries must be submitted through the [Swimming Canada online system](#).

ENTRIES

- This competition is open to all swimmers currently registered as Summer with Swim Alberta and the ASSA
- Entry Fees: \$25 per swimmer*
**Entry fees will include the Summer Swim Club Sanctioning fee of \$3.00 per swimmer, per competition.*
- Maximum individual entries per swimmer: 4
- Maximum relay entries per swimmer: 2
- Please pay by 8:00 am Saturday, June 25 to Nicole MacIntyre to meet manager office in the lobby by the lunchroom.
- Cheques payable to High River Otters Swim Club
- Deck entries will be limited to swimmers who have registered for the competition through the Swimming Canada online system. Deck entries may be permitted at a cost of \$10.00 per swim, provided an extra heat is not created. Deck entries will swim as exhibition and will be seeded with no time (NT).
- Coaches you are welcome to send scratches to hrottersmeetmanager@gmail.com anytime before Friday, June 24 @ 3:00pm

COACHES MEETING

- Friday session: 5:15 in the lunchroom (scratches due at 5:15)
- Saturday am: 6:50 in the Shawne Room (scratches due at 7:00)

MEET FORMAT

- Meet Format: Timed Finals
- Events and Age Groups: The ASSA standard events and age groups as per the ASSA Rules and Regulations will be used.



- Seeding:
 - Events will be swum 'slowest to fastest', by age group, following SW 3.1.2 seeding rules. Clubs may choose to run events or competitions as mixed gender.
 - Para Swimmers will be seeded by time with swimmers of their age and gender.
- Scratches should be submitted to the meet manager prior as per the Swim Alberta Scratch Rule.
- Scratches are to be supplied to the Clerk of Course on the supplied scratch sheet in the coach's package
- Relay names are to be submitted with the online entries. Relay name changes are to be submitted to the clerk of course a minimum of 30 minutes prior to the first relay event, based on session timeouts, regardless of the age or gender of the relay.

AWARDS

- Scoring (individual and relay events):
 - 6-Lanes = 7,5,4,3,2,1 (6 lanes)
- Ribbons:
 - Individual events - Swimmers placing in the top 6 in their event shall receive a ribbon. (6 is the # of lanes)
 - Relay events – Swimmers placing in the top 6 as members of the relay team shall receive a ribbon. (6 is the # of lanes)
- Aggregate Awards: Medals will be presented to the top three male and top three female in each age group based on the total points earned in their individual swims:
 - 6 & U, 7 & 8, 9 & 10, 11 & 12, 13 & 14, 15-17,
- Best Time Draws will be made during the late afternoon
- All award will be brought to the next Region E meet and given to coaches

APPEALS

- Only coaches may lodge a protest or address issues with a referee or meet manager

GENERAL

Meet will start at 6:00 pm Friday and 8:15 am Saturday

All clubs are responsible for the behaviour of their swimmers at all times. Please provide adult chaperones for the fieldhouse/arena area

Each club shall clean up their fieldhouse/arena area and coaches area by the end of the meet

No parents in the marshalling area please

50/50

NO HEAT SHEETS to purchase. Available online Friday June 24 at

www.highriverotters.swimtopia.com



EVENTS

- ☐ Para swimmers will be seeded based on their age and gender.
- ☐ Mixed gender relays (2 male and 2 female) may be scheduled with the other Boys/Girls relays if offered.

List the events to be offered at the competition.

Friday Distance Events	
<input type="checkbox"/> 200 IM <input type="checkbox"/> 50 Fly (10 & Under) <input type="checkbox"/> 100 Fly <input type="checkbox"/> 400 Free <input type="checkbox"/> 50 Breast (10 & Under) <input type="checkbox"/> 100 Breast	
Saturday	
Morning Events	Afternoon Events
<input type="checkbox"/> 50 Back (10 & Under)	<input type="checkbox"/> 25 Flutter (6 & Under or 8 & Under)*
<input type="checkbox"/> 100 Back	<input type="checkbox"/> 25 Fly (10 & Under)
<input type="checkbox"/> 25 Breast (10 & Under)	<input type="checkbox"/> 50 Fly
<input type="checkbox"/> 50 Breast	<input type="checkbox"/> 200 Free
<input type="checkbox"/> 25 Free (8 & Under)	<input type="checkbox"/> 25 Back (10 & Under)
<input type="checkbox"/> 50 Free	<input type="checkbox"/> 50 Back
<input type="checkbox"/> 100 IM	<input type="checkbox"/> 50 Free (8 & Under)
<input type="checkbox"/> 100 Medley Relay (10 & Under)	<input type="checkbox"/> 100 Free
<input type="checkbox"/> 200 Medley Relay	<input type="checkbox"/> 100 Free Relay (10 & Under)
<input type="checkbox"/> 800 Free	<input type="checkbox"/> 200 Free Relay

**Events that are 'fun' events do not score and are not counted towards the maximum number of individual entries*



APPENDIX A

SWIM ALBERTA SCRATCH RULE

Time Final Meets including Swim Alberta Winter & Summer Festivals and all Summer Swimming Competitions:

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Clerk of Course.

Scratches for the session's events are to be submitted to the Clerk of Course 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

No refunds will be provided for scratches submitted by 7pm on Wednesday, June 22 to hrottersmeetmanager@gmail.com

Deadlines for Relays:

The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

The deadline for name changes shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin. The deadline will be a minimum of 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.

OFFICIALS

- Clubs will need to provide officials to this meet
- Please send requests to Cara Taylor: hrottercoa@gmail.com (1st ask/1st tserve)



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- We can accommodate mentoring for timers app. 1 per lane/session. S&T can be 1 or 2 per judge
- All officials are asked to attend briefings: Friday 5:30 pm Saturday 7:20 am
- All Officials are asked to bring refillable water bottle (**NO GLASS**) -club will provide refreshments throughout the sessions
- Dinner will be provided for officials on Friday
- A light breakfast for morning officials will be supplied
- Lunch for both morning and afternoon officials will be provided
- Afternoon officials will eat lunch during the Medley Relay. Once morning officials' replacement arrives you are welcome to eat lunch. If you are officiating the afternoon session you will be relieved to eat first.
- There will not be a lunch break
- The meet manager has the right to alter, revise, or cancel events to ensure the meet runs effectively and on time
- Swimmers will report to the Head Marshal in the lobby when their event is announced