

HOLY MACKEREL WEEK 2019

MONDAY JULY 8: PJ PARTY

Wear your PJs to practice...don't forget your swim suit.

Streamline contest at practice.

IM CARNIVAL— Those participating should meet at Chantilly National by 5:15 PM. Wear your team t-shirt!

TUESDAY JULY 9: TWIN DAY

Dress up with a friend in matching outfits or famous twins.

Treading water contest at practice

WEDNESDAY JULY 10: I <3 MY COACHES , 8:00-8:45 AM

(aka Coaches' Appreciation)

Show your coaches some love as we have game day activities!.

Developmental Meet #4: HOME v. Sequoia Farms

Swimmers should arrive by 4:30 PM for warm-ups.

Meet Theme: Favorite Food

THURSDAY JULY 11: NEON DAY

Come dressed to practice in your brightest colors.

Peter Samp Trivia Night: 6:00 PM at the BBQ Pit.

Come with a team or join one! All ages welcome!

FRIDAY JULY 12: MACKEREL SCHOOL PRIDE

Wear your mackerel school colors to practice as we prepare for the last dual meet of the season.

Atka: Mint, Bonitos: Navy, Chubs: Light Blue, Cunene: Neon Blue, Kings: Royal Blue & Petos: Teal

Progressive Dinner: 15-18 year old Mackerels, details sent via email.

SATURDAY JULY 13: Dual Meet #5

HOME v. Burke Centre Stingers

Swimmers arrive by 6:45 AM for warm-ups.

Theme: FAVORITE TOY

SUNDAY JULY 14: FAMILY POOL PARTY, 10:00-12:00

Family Relays will take place!