

Wheeling YMCA 14 and Under Invitational January 7, 2023

SPONSOR/HOST	Wheeling YMCA		
MEET DIRECTOR	Rick Riedel	EMAIL: riedelswim@gmail.com	PHONE: 304-650-6690
LOCATION	THE LINSLEY SCHOOL POOL		
FACILITY DESCRIPTION	25 yard 6 lane pool, starting platforms, 6" lane dividers, Daktronics timing system with watch backup.		
POOL CERTIFICATION	The competition course has been certified in accordance with 104.2.2C(4)		
WATER DEPTH	The depth of the water at the start is 9' 9" and the turn end is 3" 9".		
EVENTS	The meet will be conducted in accordance with the attached schedule of events.		
ENTRIES OPEN	December 2, 2022		
ENTRY DEADLINE	January 3, 2023 by 10 PM		
ENTRY FEES	Individual Events \$5.00	Relays \$8.00	
ENTRY LIMIT	A swimmer may swim a maximum of 5 individual events, plus one medley relay and one freestyle relay. ENTRIES WILL BE LIMITED TO THE FIRST 150 VISITING SWIMMERS		
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries must be SCY • NTs will be accepted • All entries should be submitted by E-mail. 		
MEET ENTRY CHAIR	Rick Riedel	NO CALLS AFTER 9:00 p.m.	
E-MAIL ENTRY FILES TO	riedelswim@gmail.com		
MAIL CHECKS AND REPORTS TO	Rick Riedel 222 Washington Avenue, Wheeling, WV 26003. Checks may be hand carried to the meet.		
CHECKS PAYABLE TO	Wheeling YMCA Swim Team		
SEEDING	THE MEET WILL BE PRE-SEEDED. Heats will be combined as needed.		
SAFETY CHAIR	Tony Sunseri		
OFFICIALS CONTACT	Jacob Manning To volunteer contact Jacob at jamanning710@gmail.com		
AWARDS	Individual and relays 1 st to 6 th Place Heat winner ribbons High point and runner up awards for boys and girls in each age group.		
SCORING	THIS MEET WILL NOT BE SCORED FOR TEAMS. Individual events will be scored for high-point and runner-up. Swimmers will receive points as they place in any event and age groups will not be broken down if they are from a younger age group for ex. 8 & under, and 10 & under events.		
MISCELLANEOUS	There will be a snack bar. Swimmers will camp in the gymnasium located across the hallway from the pool. There will be a bullpen.		
	WARM-UP		MEET STARTS
SATURDAY SESSION	8:35 – 9:55 AM		10:00 AM
WARM-UP INFORMATION	The home team will warm-up prior to 9:00 a.m. Visiting teams will be assigned lanes based on team size and distance traveling. Warm-ups 20min		
MEET/DECK REFEREE	This official shall have full charge of the meet. Any questions regarding the conduct of the meet should go through a coach to the referee.		
MEET MARSHALLS	Meet Marshalls have full authority throughout the meet to ensure the safety of the swimmers throughout the venue.		
PHOTOGRAPHY	In compliance with USA Swimming Rules and Regulations; use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additionally the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc.) are banned from behind the starting blocks during the entire meet, including warm-up competition and warm down periods. NO FLASH PHOTOGRAPHY DURING THE START!		
ACCOMMODATIONS	Hampton Inn of Wheeling 795 National Road Wheeling WV 26003. Phone 304-233-0440. Spring Hill Suite 908 National Road Wheeling, WV 26003 Phone: 304-232-8903		
DIRECTIONS	SEE THE SEOWVSWIM WEBSITE		

Girls Events Numbers	Event Description	Boys Event Numbers
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	8 & Under 100 Freestyle	10
11	10 & Under 200 Freestyle	12
13	11-12 200 Freestyle	14
15	13-14 200 Freestyle	16
17	8 & Under 100 IM	18
19	9-10 100 IM	20
21	11-12 100 IM	22
23	13-14 200 IM	24
25	6 & Under 25 Freestyle	26
27	7-8 25 Freestyle	28
29	9-10 50 Freestyle	30
31	11-12 50 Freestyle	32
33	13-14 50 Freestyle	34
35	6 & Under 25 Butterfly	36
37	7-8 25 Butterfly	38
39	9-10 50 Butterfly	40
41	11-12 50 Butterfly	42
43	11-12 100 Butterfly	44
45	13-14 100 Butterfly	46
47	8 & Under 50 Freestyle	48
49	9-10 100 Freestyle	50
51	11-12 100 Freestyle	52
53	13-14 100 Freestyle	54
55	6 & Under 25 Backstroke	56
57	7-8 25 Backstroke	58
59	9-10 50 Backstroke	60
61	11-12 50 Backstroke	62
63	11-12 100 Backstroke	64
65	13-14 100 Backstroke	66
67	6 & Under 25 Breaststroke	68
69	7-8 25 Breaststroke	70
71	9-10 50 Breaststroke	72
73	11-12 50 Breaststroke	74
75	11-12 100 Breaststroke	76
77	13-14 100 Breaststroke	78
79	8 & Under 100 Freestyle Relay	80
81	9-10 200 Freestyle Relay	82
83	11-12 200 Freestyle Relay	84
85	13-14 200 Freestyle Relay	86

The Linsly School and the Wheeling YMCA Swim Team have taken enhanced health and safety measures for you, our other guests, volunteers, and our athletes. Everyone must follow all posted instructions while attending this meet. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. The Linsly School and the Wheeling YMCA Swim Team cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in our YMCA event. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in our YMCA event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. By attending or participating in this competition, you voluntarily assume all risks associated with exposure to COVID-19 and forever release and hold harmless The Linsly School and the Wheeling YMCA Swim Team and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection therewith.

Thank you for your time and please contact me if you have any questions.

Rick