2021 SWIM CHAMPIONSHIPS REVISED DISTRICT 12-6A; SATURDAY, JANUARY 23 DISTRICT 25-5A, SATURDAY, JANUARY 30 YMCA HIGHLAND LAKES, 1601 SOUTH WATER ST. BURNET, TEXAS 78611

DISTRICTS:

25-5A TEAMS: Anderson, Ann Richards, Connally (Pflugerville), LASA, McCallum,

Pflugerville Hendrickson, Pflugerville, Pflugerville Weiss

12-6A TEAMS: Austin High, Bowie, Hays, Lake Travis, Westlake

DISTRICT MEET Ines Perez (806) 445-4036

COORDINATOR: Email Address: ines.perez@austinisd.org

MEET: 12-6ATrey Prinz (512) 633-4851

REFEREE: <u>t.prinz.a@gmail.com</u>

MEET: 25-5ARon Zolno (512) 775-8113

REFEREE: Email Address: rzolno@gmail.com

MEET FACILITY & Stephanie Ivey (512) 756-6180

OPERATIONS

DIRECTOR: Email Address sivey@ymcagwc.org

DIVING Stephanie Pegues (908) 902-7134

COORDINATOR: Email Address: spegues@burnetcisd.net

DIVING: Friday: January 22 (Both Districts) 9:00 A.M. Start

Divers:

Entries: Please register and complete dive sheets on Clean Entries: Registration open 1/4/21 8am. Registration closes 1/21/21 12pm

(Extra copies of their dive sheets will be available on deck) If you need help or have questions about the entry process please email the meet director, Stephanie Pegues

SWIMMING:

DISTRICT 12-6A GIRLS

MEET: **Timed Finals**

SESSION I Warm-up Saturday, January 23 8:15 - 8:55 A.M. **STARTS** 8:55 - 9:02 A.M. Group 1

> 9:03 - 9:10 A.M. Group 2 **Coaches/Captains Meeting** 9:10 - 9:27 A.M.

NATIONAL ANTHEM 9:28 A.M. **MEET START TIME** 9:30 A.M.

DISTRICT 12-6A BOYS

TIMED FINALS MEET:

SESSION II Saturday January 23 2:15 - 2:55 P.M. Warm-up **STARTS** Group 1 2:55 - 3:02 P.M.

3:03 - 3:10 P.M. Group 2 **Coaches/Captains Meeting** 3:10 - 3:27 P.M.

NATIONAL ANTHEM 3:28 P.M. **MEET START TIME** 3:30 P.M.

SWIMMING: SATURDAY, JANUARY 30

DISTRICT 25-5A GIRLS

Timed Finals MEET:

SESSION I Warm-up Saturday, January 30 8:15 - 8:55 A.M. **STARTS:** Group 1 8:55 - 9:02 A.M. 9:03 - 9:10 A.M. Group 2

Coaches/Captains Meeting (One Coach per school) 9:10 - 9:27 A.M.

NATIONAL ANTHEM 9:28 A.M. **MEET START TIME** 9:30 A.M.

DISTRICT 25-5A BOYS

MEET: TIMED FINALS

SESSION II Saturday, January 30 2:15 - 2:55 P.M. Warn-up 2:55 - 3:02 P.M. **STARTS** Group 1 Group 2 3:03 - 3:10 P.M. Coaches/Captains Meeting (One Coach per school) 3:10 - 3:27 P.M.

NATIONAL ANTHEM 3:28 P.M.

MEET START TIME 3:30 P.M.

SWIMMING:

- Deadline for Meet Entries: District 12-6A: THURSDAY, January 14, 2021 at 4:30 P.M. (Include USA Swimming numbers with entries) NO LATE ENTRIES!
- Deadline for Meet Entries: District 25-5A: THURSDAY, January 21, 2021 at 4:30 P.M. (Include USA Swimming numbers with entries) NO LATE ENTRIES!
- USA ENTRIES: MUST be entered as such:
- First Name
- Middle Name
- Last Name
- Birthdate
- USA SID (example: David Ronald Jones born on July 21st, 1981, SID would be (072181DAVDJONE)
- Email Hy-tek file to Mindy Lewis (<u>mindy.355@gmail.com</u>) and email two soft copies of your "Meet Entry Report" (one report listing entries by each "Swimmer" and one by Event to Ines Perez
- Proof of times & relays required.
- Please label every correspondence with your district and team name: Ex: District 12-6A or District
 25-5A Entries "SCHOOL NAME" (EX: DISTRICT 12-6A-AULT OR DISTRICT 25-5A-PFHE)

THERE WILL BE NO CHANGES ACCEPTED AFTER THURSDAY, JANUARY 14 for 6A; THURSDAY, January 21 for 5A UNLESS IT IS A DELETION, INJURY, OR ILLNESS WHICH WILL BE SUBJECT TO REVIEW BY THE MEET DIRECTOR

OTHER ENTRIES GUIDELINES

- Coaches must follow TISCA Rules as far as Team Codes and Athletes' School Year.
- For Team Code only use the four letter abbreviation (ex. AUST, PFWE) assigned by TISCA. Erase any name you entered for "short" name (leave that field blank). A list of these abbreviations/codes can be found on the TISCA or UIL website (www.tisca.org/Team%20Codes/2020UIL%TeamCodes.PDF)
- For Athlete school year use 9, 10, 11, and 12 (NOT FR, JR, OR 09 for freshman)
- Entries not complying with TISCA/UIL rules will not be accepted.
- Please use TM Meet Event File that will be sent to you. DO NOT set-up Meet number events manually. There are separate entry files for 6A /5A and are named appropriately. District 12-6A will use event numbers 1-24. District 25-5A will use numbers 1-24 as well.
- PLEASE CONTACT Mindy Lewis @: mindy355@gmail.com
 PRIOR TO DEADLINE IF YOU HAVE ANY PROBLEMS
 OR QUESTIONS.

ORDER OF EVENTS: Saturday, January 23: All-Timed Finals: 12-6A Boys and Girls

Saturday, January 30:

All-Timed Finals: 25-5A: Boys & Girls

MEET FORMAT:

- 2020-2021 UIL and National Federation Rules will govern this Meet.
- District 12-6A Girls; 12-6A Boys, will swim timed finals on Saturday, 23. District 25-5A Girls: 25-5A Boys will swim timed finals on Saturday, January 30.
- Nominal 45 seconds between races.
- There will be a Ten minute break after the 200 M Relay, 50 Free, 500 Free, and 100 Breaststroke.

- Teams are limited to 4 entries per event and one relay team per relay event. ("A" relay teams only)
- Each swimmer may enter four events of which no more than two events may be individual events.
- All events will be seeded by entry times and NFHS guidelines.
- PROOF OF TIMES MUST BE INCLUDED WITH YOUR MEET ENTRY REPORT.
- Entry times MUST be Best Times of the CURRENT SCHOOL YEAR.
- NO CUSTOM TIMES, times from past season(s), or non-high school meets can be used. If a swimmer does not have a time for an event this year, enter NT. (This includes Relays)
- This will be a USA OBSERVED swim Meet. Coaches need to have the Athlete's USA ID available. (Please pre-enter the USA ID number for each swimmer in your TM prior to sending entries) these MUST be exact or they will not be entered into the SWIM DATABASE.
- There will be no admission fee

RELAYS

- All Relays will be contested as Timed Finals. No deck entries on relays.
- Include/submit 8 names for each relay team with your entries. Any four of those names submitted will be allowed to swim on your relay.
- Coaches MUST submit Eight (8) names for each relay by Thursday, January 14(6A). Thursday, January 21 (5A) Coaches MUST choose their final four relay names from those 8 names submitted. This will only count as an entry for each person listed if they swim on the relay.
- <u>SPECIAL NOTE:</u> The provisions of rule 3-2-2 regarding the execution of relay cards & their subsequent management will be enforced as written. Relay cards are due 45 minutes prior to event.
- One relay per team, per event may be entered. ("A" Relays Only)
- In Relay Events, eight (8) swimmer names should be listed as the TEAM. Any four (4) can be assigned to swim.
- One relay per team, per event may be entered. ("A" Relays only)

SCRATCH RULES:

- Scratches are not permitted
- Failure to compete for any reason other than illness or injury shall disqualify the competitor from any further competition in the Meet.
- Previous performances will not be nullified.
- An Individual swimmer or relay team may withdraw from competition without penalty in any given event by declaring a false start.

ADVANCEMENT:

- TOP FOUR (4) SWIMMERS/RELAYS IN EACH EVENT WILL ADVANCE TO THE REGIONAL MEET.
- Scoring will be through Eight (8) places.
- Individual Events: 9, 7, 6, 5, 4, 3, 2, 1
- Relay Events: 18, 14, 12, 10, 8, 6, 4, 2

YMCA Highland Lakes

• COACHES ARE RESPONSIBLE FOR SUPERVISING THEIR OWN SWIMMERS

- As guests of the YMCA, ALL MUST adhere to Rules as posted by the YMCA.
- Chewing gum and glass containers are not permitted in the building.
- Wet swimmers and those NOT wearing shoes cannot leave pool deck area.
- Food for athletes must be brought into the center via the team entrance
- Each team is allowed to bring two (2) coolers on deck. (DO NOT BLOCK AISLES)
- NO spectators will be allowed at the Meet.

CELL PHONE RESTRICTIONS:

- CELL PHONES and/or any other equipment capable of producing photographic or video images are STRICTLY AND SPECIFICALLY PROHIBITED IN THE LOCKER ROOM AT ALL TIMES!
- There are NO exceptions to this prohibition.
- VIOLATORS will be subject to disqualification from the Meet and disbarment from the facility.

SWIM WEAR RESTRICTIONS:

- Swimmers shall be limited to one swimsuit constructed of woven/knit textile material, permeable to
 water and air; constructed so as not to aid in buoyancy, and shall not contain zippers or other
 fastening systems.
- The suit shall be constructed so that the style/shape for males shall not cover the navel or below the knee. Female suits shall not extend below the knee and shall not cover the neck or shoulder.

USE OF TAPE:

- The use of tape will follow NHS Rule 3, Section 3, Article 4: "The use of tape is permitted to treat a documented medical condition which allows a competitor to compete, but not gain an advantage over the remainder of the field. The Meet Referee must be presented with signed documentation from an appropriate health-care professional before permitting the athlete to compete."
- Send copy of appropriate health-care documentation to Ron Zolno (<u>rzolno@gmail.com</u>) prior to the Meet.

DECK PASSES:

- Swim Tattoos will be used as deck passes and are to be placed on the back of your Right or Left hand.
- Wrist bands will be issued to Coaches, Meet Officials, workers, and photographers
- ONLY ONE Photographer per school will be allowed for 12-6A schools:
- Names MUST BE EMAILED BY FRIDAY, JANUARY 15 FOR DISTRICT 12-6A
- ONLY ONE Photographer per school will be allowed for 25-5A schools:
- Names MUST BE EMAILED BY FRIDAY, JANUARY 22 FOR DISTRICT 25-5A.
- NO PICTURES are to taken from behind the starting blocks! NO FLASH is to be used at the start of a Race.
- NO SPECTATORS WILL BE ALLOWED

MEET WORKERS:

• All individuals who will be assisting with the Meet will have their names place on a pass list. The list will be with Kevin Shevlin who will be located at the table inside the deck area.

- A wrist band will be issued to each worker to be on the deck area.
- No one will be allowed in the deck area without a TATTOO OR WRIST BAND.

SPIRIT ITEMS/PERSONNEL:

- Vinyl banners or signs allowed ONLY as per YMCA policies.
- If allowed, banners and signs MUST be removed immediately at the conclusion of the Meet.
- Cheerleaders and Mascots are not allowed in the deck area.

NATIONAL ANTHEM:

• National Anthem will be played prior to the start of the Meet.

AWARDS:

- Awards will be given out at the end of the Meet.
- Only the CHAMPION TEAM TROPHY will be presented. Medals can be picked up at the Awards Table.
- Medals will be given for First (1st) thru Sixth (6th) places.
- Team Trophies will be given to the District Champion and Runner-up in both the Boys and Girls Divisions.
- Female and Male swimmer of the Meet will be awarded. Can pick up Certificate at Awards Table
- Female and Male "Coach of the Year" will be awarded at the conclusion of the Meet. Only ONE vote per school will be allowed.
- Coaches CANNOT vote for themselves. (voted by Head Coaches attending our Spring Meeting)

COVID RULES:

- NO SPECTATORS WILL BE ALLOWED. (Only Coaches, and no more than 1 videographer per school) (If you are bringing a photographer, please email me their name)
- All swimmers will be spaced out behind the blocks and have assigned seating by school. (Seating chart will be sent out the week of our Meet)
- There will be cones on the deck to help with social distancing.
- Swimmers must wear their masks at all times, except when competing. (Please help us reinforce this rule)
- All officials, Coaches, video/photo personnel must wear their masks at all times
- Officials should maintain 3-6 feet apart if at all possible.
- Upon arrival please check in with the front desk and have your temperature taken. (This is a YMCA building policy for all persons who enter the facility).

** FAILURE TO FOLLOW COVID RULES CAN RESULT IN REMOVAL FROM THE FACILITY/MEET.

DISTRICT 12-6A CODES:
AUSTIN HIGH – AUST
BOWIE – AUBO
HAYS – BUDA

DISTRICT 25-5A CODES: ANDERSON - AUAN ANN RICHARDS - AUAR CONNALLY -PFCO LAKE TRAVIS –AULT
WESTLAKE –AUWL

LASA - AULA
McCALLUM – AUMC
HENDRICKSON – PFHE
PFLUGERVILLE – PFLU
WEISS - PFWE