

NVSL A-Meet FME@HRA YARDS - 7/2/2022

Northern Virginia Swimming League

Meet Program

Event 1 Boys 8 & Under 25 Yard Freestyle

NVSL Yard: 13.90 7/31/1965 Roger McLeod
 HRA Yard: 14.59 6/1/1994 Pat Patterson
 FME Yards: 10:00.00 6/30/2022 NO Swimmer

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|-----------------|---|------------------|-----|
| 1 | Pappas, Charles | 6 | Holmes Run Acres | ___ |
| 2 | Kadambi, Jai | 8 | Foxes | ___ |
| 3 | Nacios, Bryce | 7 | Holmes Run Acres | ___ |
| 4 | Schauder, Jack | 7 | Foxes | ___ |
| 5 | Neely, Asher | 7 | Holmes Run Acres | ___ |
| 6 | Warren, Joey | 7 | Foxes | ___ |

Event 2 Girls 8 & Under 25 Yard Freestyle

NVSL Yard: 14.59 7/24/2004 Janet Hu
 NVSL Yard 2: 14.59 6/18/2022 Sloane Nguyen
 HRA Yard: 15.10 6/1/1978 Jeannie Underhill

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|-------------------|---|------------------|-----|
| 1 | Slattery, Whitney | 7 | Holmes Run Acres | ___ |
| 2 | Nelson, Paige | 6 | Foxes | ___ |
| 3 | Gannon, Maeve | 7 | Holmes Run Acres | ___ |
| 4 | Aufderhaar, Kara | 8 | Foxes | ___ |
| 5 | Nacios, Kiera | 8 | Holmes Run Acres | ___ |
| 6 | Schauder, Tessa | 6 | Foxes | ___ |

Event 3 Boys 9-10 50 Yard Freestyle

NVSL Yard: 27.90 1/1/1976 Marc Hagen
 NVSL Yard 2: 27.90 1/1/1976 Paul Busa
 HRA Yard: 28.79 7/16/2012 Max Cruz at B-Meet W@HRA

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|------------------|----|------------------|-----|
| 1 | Alvarez, Henry | 10 | Holmes Run Acres | ___ |
| 2 | Drummond, Tucker | 10 | Foxes | ___ |
| 3 | Hixson, Indie | 10 | Holmes Run Acres | ___ |
| 4 | Wang, Roman | 10 | Foxes | ___ |
| 5 | Dinh, Thien | 10 | Holmes Run Acres | ___ |
| 6 | Kolodzinski, Leo | 9 | Foxes | ___ |

Event 4 Girls 9-10 50 Yard Freestyle

NVSL Yard: 28.26 1/1/1987 Tracey Rankin
 NVSL Yard 2: 28.26 7/11/1998 Leslie Swinley
 HRA Yard: 28.40 6/1/1977 Stacy Gibbons

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|-------------------|----|------------------|-----|
| 1 | Layman, Maddy | 9 | Holmes Run Acres | ___ |
| 2 | Mohl, Lucy | 9 | Foxes | ___ |
| 3 | Mertz, Nora | 10 | Holmes Run Acres | ___ |
| 4 | McNaughton, Avery | 9 | Foxes | ___ |
| 5 | Slattery, Dani | 9 | Holmes Run Acres | ___ |
| 6 | Warren, Reese | 10 | Foxes | ___ |

Event 5 Boys 11-12 50 Yard Freestyle

NVSL Yard: 24.15 7/19/2014 Max Cruz
 HRA Yard: 24.15 7/19/2014 Max Cruz at A-Meet MHC@HRA YAR

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|-------------------|----|------------------|-----|
| 1 | Slattery, Walker | 11 | Holmes Run Acres | ___ |
| 2 | Morris, Henry | 12 | Foxes | ___ |
| 3 | Kowalewski, Miles | 11 | Holmes Run Acres | ___ |
| 4 | Damian, Vlad | 11 | Foxes | ___ |
| 5 | Judy, David | 11 | Holmes Run Acres | ___ |
| 6 | Anderson, Trevor | 11 | Foxes | ___ |

Event 6 Girls 11-12 50 Yard Freestyle

NVSL Yard: 25.50 7/15/1989 Tracey Rankin
 HRA Yard: 27.90 7/15/2019 Zoe E. Dunn at B-Meet LB @ HRA

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|---------------------|----|------------------|-----|
| 1 | No Swimmer 11, Girl | 11 | Holmes Run Acres | ___ |
| 2 | Mullen, Easley | 11 | Foxes | ___ |
| 3 | Wright, Tessa | 12 | Holmes Run Acres | ___ |
| 4 | Ryan, Cleo | 11 | Foxes | ___ |
| 5 | Ghosh, Sophia | 12 | Holmes Run Acres | ___ |
| 6 | Arnold, Ava | 11 | Foxes | ___ |

Event 7 Boys 13-14 50 Yard Freestyle

NVSL Yard: 22.59 7/9/2011 Ben Lambert
 HRA Yard: 23.62 6/22/2015 Max Cruz at B-Meet BKS@HRA

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|--------------------|----|------------------|-----|
| 1 | No Swimmer 5, Boy | 13 | Holmes Run Acres | ___ |
| 2 | Bender, Paul | 13 | Foxes | ___ |
| 3 | Schrock, Eamon | 13 | Holmes Run Acres | ___ |
| 4 | Damian, Darius | 13 | Foxes | ___ |
| 5 | Mitchell, Caden | 14 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-12U-M1 | 13 | Foxes | ___ |

Event 8 Girls 13-14 50 Yard Freestyle

NVSL Yard: 24.77 1/1/1991 Tracey Rankin
 HRA Yard: 26.90 6/1/1974 Mimi Mastropaolo

| Lane | Name | Age | Team | Seed Time |
|------|------|-----|------|-----------|
|------|------|-----|------|-----------|

Heat 1 of 1 Finals

| | | | | |
|---|------------------|----|------------------|-----|
| 1 | Traish, Amira | 14 | Holmes Run Acres | ___ |
| 2 | Boardman, Kenzie | 14 | Foxes | ___ |
| 3 | Forde, Lizzie | 14 | Holmes Run Acres | ___ |
| 4 | Wang, Ella | 13 | Foxes | ___ |
| 5 | Alvarez, Kathryn | 13 | Holmes Run Acres | ___ |
| 6 | Settar, Kendall | 13 | Foxes | ___ |

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Northern Virginia Swimming League

Meet Program

Event 9 Boys 15-18 50 Yard Freestyle

NVSL Yard: 21.48 7/16/2016 Tommy Hallock
 HRA Yard: 22.60 7/16/2016 Brett Davey at A-Meet FMW@HRA

| Lane | Name | Age | Team | Seed Time |
|---------------------------|------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Rios, Alexander | 15 | Holmes Run Acres | ___ |
| 2 | Bordovsky, Nick | 17 | Foxes | ___ |
| 3 | Judy, Erik | 18 | Holmes Run Acres | ___ |
| 4 | Bordovsky, Josh | 16 | Foxes | ___ |
| 5 | Mitchell, Champe | 17 | Holmes Run Acres | ___ |
| 6 | Morris, Jack | 17 | Foxes | ___ |

Event 10 Girls 15-18 50 Yard Freestyle

NVSL Yard: 24.59 7/10/1993 Tracey Rankin
 HRA Yard: 25.55 7/20/2013 Marla Surette at A-Meet YARDS

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Gallacher, Evie | 15 | Holmes Run Acres | ___ |
| 2 | LaRow, Grace | 18 | Foxes | ___ |
| 3 | Forde, Caroline | 18 | Holmes Run Acres | ___ |
| 4 | Owen, Veronika | 15 | Foxes | ___ |
| 5 | Tripp, Kelly | 17 | Holmes Run Acres | ___ |
| 6 | Zecher, Sophie | 17 | Foxes | ___ |

Event 11 Boys 8 & Under 25 Yard Backstroke

NVSL Yard: 16.69 6/28/2014 John Paul Gonsalves
 HRA Yard: 18.21 8/1/2020 Ryan T. Schrock at HRA 2020 Ho

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Komiss, Roland | 7 | Holmes Run Acres | ___ |
| 2 | Warren, Joey | 7 | Foxes | ___ |
| 3 | Middendorf, Micah | 8 | Holmes Run Acres | ___ |
| 4 | Marton, Andrew | 8 | Foxes | ___ |
| 5 | Pappas, Charles | 6 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-08U-M1 | 8 | Foxes | ___ |

Event 12 Girls 8 & Under 25 Yard Backstroke

NVSL Yard: 16.70 8/6/1983 Rebecca Ottke
 HRA Yard: 18.64 7/6/2015 Zoe E. Dunn at B-Meet LB@HRA

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Zebrak, Gwenneth | 7 | Holmes Run Acres | ___ |
| 2 | Swimmer, No-08U-F2 | 8 | Foxes | ___ |
| 3 | Alvarez, Rachel | 7 | Holmes Run Acres | ___ |
| 4 | Aufderhaar, Kara | 8 | Foxes | ___ |
| 5 | Feinberg, Paige | 8 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-08U-F1 | 8 | Foxes | ___ |

Event 13 Boys 9-10 50 Yard Backstroke

NVSL Yard: 31.73 7/9/2016 John Paul Gonsalves
 HRA Yard: 33.87 6/23/2012 Max Cruz at A-Meet SOR@HRA YAR

| Lane | Name | Age | Team | Seed Time |
|---------------------------|------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Neely, Chance | 9 | Holmes Run Acres | ___ |
| 2 | Nelson, Jackson | 9 | Foxes | ___ |
| 3 | Schrock, Ryan | 10 | Holmes Run Acres | ___ |
| 4 | Kolodzinski, Leo | 9 | Foxes | ___ |
| 5 | Dinh, Thien | 10 | Holmes Run Acres | ___ |
| 6 | Drummond, Tucker | 10 | Foxes | ___ |

Event 14 Girls 9-10 50 Yard Backstroke

NVSL Yard: 31.53 6/18/2022 Kennedy Masten
 HRA Yard: 31.75 6/25/2022 Olive Dunn at NVSL A-Meet SV@H

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Bleech, Josephine | 10 | Holmes Run Acres | ___ |
| 2 | Trail, Katy | 10 | Foxes | ___ |
| 3 | Dunn, Olive | 10 | Holmes Run Acres | ___ |
| 4 | McNaughton, Avery | 9 | Foxes | ___ |
| 5 | Layman, Maddy | 9 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-10U-F1 | 10 | Foxes | ___ |

Event 15 Boys 11-12 50 Yard Backstroke

NVSL Yard: 28.04 6/25/2022 Maxwell J. Thompson
 HRA Yard: 28.31 6/30/2014 Max Cruz at CCC @ HRA

| Lane | Name | Age | Team | Seed Time |
|---------------------------|----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Borders, Sean | 11 | Holmes Run Acres | ___ |
| 2 | Pellerin, Ben | 12 | Foxes | ___ |
| 3 | Sites, Jackson | 12 | Holmes Run Acres | ___ |
| 4 | Kadambi, Shaan | 11 | Foxes | ___ |
| 5 | Judy, David | 11 | Holmes Run Acres | ___ |
| 6 | Bender, Scott | 11 | Foxes | ___ |

Event 16 Girls 11-12 50 Yard Backstroke

NVSL Yard: 27.59 6/21/2008 Janet Hu
 HRA Yard: 30.79 7/20/2019 Zoe E. Dunn at NVSL A-Meet RV@

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | No Swimmer 11, Girl | 11 | Holmes Run Acres | ___ |
| 2 | Smith, Wynter | 11 | Foxes | ___ |
| 3 | Gallacher, Mary | 12 | Holmes Run Acres | ___ |
| 4 | Owen, Renee | 11 | Foxes | ___ |
| 5 | Schrade, D. Olivia | 11 | Holmes Run Acres | ___ |
| 6 | Mullen, Easley | 11 | Foxes | ___ |

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Event 17 Boys 13-14 50 Yard Backstroke

NVSL Yard: 25.80 1/1/1979 Jon Ballard
 HRA Yard: 25.94 6/20/2015 Max Cruz at A-Meet AF@HRA YARD

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | No Swimmer 5, Boy | 13 | Holmes Run Acres | ___ |
| 2 | Swimmer, No-12U-M2 | 13 | Foxes | ___ |
| 3 | Lyons, Brendan | 14 | Holmes Run Acres | ___ |
| 4 | Quinn, Ryan | 13 | Foxes | ___ |
| 5 | Traish, Zayn | 13 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-12U-M1 | 13 | Foxes | ___ |

Event 18 Girls 13-14 50 Yard Backstroke

NVSL Yard: 27.43 6/18/2022 Morgan Kass
 HRA Yard: 29.50 6/1/1978 Lina Barzdukas

| Lane | Name | Age | Team | Seed Time |
|---------------------------|------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Slattery, Claire | 13 | Holmes Run Acres | ___ |
| 2 | Ryan, Aya | 14 | Foxes | ___ |
| 3 | Forde, Steffi | 14 | Holmes Run Acres | ___ |
| 4 | Bordovsky, Abbey | 14 | Foxes | ___ |
| 5 | Judy, Miranda | 14 | Holmes Run Acres | ___ |
| 6 | McManus, Keira | 13 | Foxes | ___ |

Event 19 Boys 15-18 50 Yard Backstroke

NVSL Yard: 23.65 6/22/2019 Adam Janicki
 HRA Yard: 25.62 7/20/2013 Jesse Kane at A-Meet YARDS SHB

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Gallacher, Joseph | 17 | Holmes Run Acres | ___ |
| 2 | Romero, Eli | 16 | Foxes | ___ |
| 3 | Sites, Thomas | 15 | Holmes Run Acres | ___ |
| 4 | Ingersoll, Ben | 16 | Foxes | ___ |
| 5 | Lyons, David | 17 | Holmes Run Acres | ___ |
| 6 | Murphy, Danny | 15 | Foxes | ___ |

Event 20 Girls 15-18 50 Yard Backstroke

NVSL Yard: 27.28 6/19/2021 Darby Galbraith
 HRA Yard: 29.41 7/18/2009 Clara Dombroski

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Gallacher, Evie | 15 | Holmes Run Acres | ___ |
| 2 | LaRow, Grace | 18 | Foxes | ___ |
| 3 | Dunn, Zoe | 15 | Holmes Run Acres | ___ |
| 4 | Siraj, Hannah | 15 | Foxes | ___ |
| 5 | Tripp, Kelly | 17 | Holmes Run Acres | ___ |
| 6 | Zecher, Sophie | 17 | Foxes | ___ |

Event 21 Boys 8 & Under 25 Yard Breaststroke

NVSL Yard: 17.37 7/14/2018 Andy Li
 HRA Yard: 19.55 6/1/1994 Pat Patterson

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Neely, Asher | 7 | Holmes Run Acres | ___ |
| 2 | Schauder, Jack | 7 | Foxes | ___ |
| 3 | Nacios, Bryce | 7 | Holmes Run Acres | ___ |
| 4 | Kadambi, Jai | 8 | Foxes | ___ |
| 5 | Komiss, Roland | 7 | Holmes Run Acres | ___ |
| 6 | Anderson, Henry | 7 | Foxes | ___ |

Event 22 Girls 8 & Under 25 Yard Breaststroke

NVSL Yard: 18.30 8/6/1983 Shari Witham
 HRA Yard: 20.50 6/1/1981 Amy Hughes

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Moran, Lucy | 8 | Holmes Run Acres | ___ |
| 2 | Swimmer, No | 8 | Foxes | ___ |
| 3 | Feinberg, Paige | 8 | Holmes Run Acres | ___ |
| 4 | Goldian, Claire | 8 | Foxes | ___ |
| 5 | Dinh, Nhien | 6 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-08U-F1 | 8 | Foxes | ___ |

Event 23 Boys 9-10 50 Yard Breaststroke

NVSL Yard: 34.69 6/22/2019 Andy W. Li
 HRA Yard: 41.20 6/1/1978 John Fischbach

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Ponce de Leon, Luca | 10 | Holmes Run Acres | ___ |
| 2 | Nelson, Jackson | 9 | Foxes | ___ |
| 3 | Rowe, Forest | 10 | Holmes Run Acres | ___ |
| 4 | Pellerin, Owen | 10 | Foxes | ___ |
| 5 | Feinberg, Elliot | 10 | Holmes Run Acres | ___ |
| 6 | McGowan, Matthew | 9 | Foxes | ___ |

Event 24 Girls 9-10 50 Yard Breaststroke

NVSL Yard: 36.81 7/14/2018 Elizabeth Bryan
 HRA Yard: 39.10 6/1/1977 Stacy Gibbons

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | No Swimmer 1, - | 8 | Holmes Run Acres | ___ |
| 2 | Warren, Reese | 10 | Foxes | ___ |
| 3 | Mertz, Nora | 10 | Holmes Run Acres | ___ |
| 4 | Costello, Libby | 9 | Foxes | ___ |
| 5 | Bleech, Josephine | 10 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-10U-F1 | 10 | Foxes | ___ |

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Event 25 Boys 11-12 50 Yard Breaststroke

NVSL Yard: 31.97 6/21/2008 Howe Wang
 HRA Yard: 34.03 7/25/2016 Erik Judy at B Meet Woodley@HR

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Maines, Drew | 11 | Holmes Run Acres | ___ |
| 2 | Damian, Vlad | 11 | Foxes | ___ |
| 3 | Moran, Zachary | 11 | Holmes Run Acres | ___ |
| 4 | Pellerin, Ben | 12 | Foxes | ___ |
| 5 | Borders, Sean | 11 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-10U-M2 | 11 | Foxes | ___ |

Event 26 Girls 11-12 50 Yard Breaststroke

NVSL Yard: 33.40 8/5/1978 Debby Bergman
 HRA Yard: 36.76 6/1/1990 Kristin Campbell

| Lane | Name | Age | Team | Seed Time |
|---------------------------|---------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | No Swimmer 12, Girl | 11 | Holmes Run Acres | ___ |
| 2 | Boyce, May | 11 | Foxes | ___ |
| 3 | Ghosh, Sophia | 12 | Holmes Run Acres | ___ |
| 4 | Ryan, Cleo | 11 | Foxes | ___ |
| 5 | No Swimmer 5, Girl | 12 | Holmes Run Acres | ___ |
| 6 | Boardman, Taylor | 12 | Foxes | ___ |

Event 27 Boys 13-14 50 Yard Breaststroke

NVSL Yard: 28.91 7/17/2010 Joel DeSatnick
 HRA Yard: 31.35 7/18/2009 Jesse Kane

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Hogge, Andrew | 14 | Holmes Run Acres | ___ |
| 2 | Bender, Paul | 13 | Foxes | ___ |
| 3 | Traish, Zayn | 13 | Holmes Run Acres | ___ |
| 4 | Quinn, Ryan | 13 | Foxes | ___ |
| 5 | Mitchell, Caden | 14 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-12U-M1 | 13 | Foxes | ___ |

Event 28 Girls 13-14 50 Yard Breaststroke

NVSL Yard: 31.65 6/28/2014 Jacquee Clabeaux
 HRA Yard: 34.70 6/1/1992 Kristin Campbell

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Shutov, Nadia | 13 | Holmes Run Acres | ___ |
| 2 | Ryan, Aya | 14 | Foxes | ___ |
| 3 | Forde, Steffi | 14 | Holmes Run Acres | ___ |
| 4 | Wang, Ella | 13 | Foxes | ___ |
| 5 | Traish, Amira | 14 | Holmes Run Acres | ___ |
| 6 | Settar, Kendall | 13 | Foxes | ___ |

Event 29 Boys 15-18 50 Yard Breaststroke

NVSL Yard: 26.88 7/20/2019 Andrew Hale
 HRA Yard: 28.78 7/19/2014 Matt Quandt at A-Meet MHC@HRA

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Mitchell, Champe | 17 | Holmes Run Acres | ___ |
| 2 | Morris, Jack | 17 | Foxes | ___ |
| 3 | Judy, Erik | 18 | Holmes Run Acres | ___ |
| 4 | Bordovsky, Josh | 16 | Foxes | ___ |
| 5 | Gallacher, Joseph | 17 | Holmes Run Acres | ___ |
| 6 | McKinley, Colin | 17 | Foxes | ___ |

Event 30 Girls 15-18 50 Yard Breaststroke

NVSL Yard: 31.16 7/10/1999 Lauren Cornet
 HRA Yard: 34.14 7/15/2019 Anna Sprunck at B-Meet LB @ HR

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Peal, Tatiana | 16 | Holmes Run Acres | ___ |
| 2 | McGowan, Genevieve | 16 | Foxes | ___ |
| 3 | Hixson, Prix | 15 | Holmes Run Acres | ___ |
| 4 | Siraj, Hannah | 15 | Foxes | ___ |
| 5 | Forde, Caroline | 18 | Holmes Run Acres | ___ |
| 6 | Duggan, Keira | 15 | Foxes | ___ |

Event 31 Boys 8 & Under 25 Yard Butterfly

NVSL Yard: 16.30 6/28/2014 John Paul Gonsalves
 HRA Yard: 16.70 7/3/2010 Max Cruz

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | No Swimmer 1, Boy | 8 | Holmes Run Acres | ___ |
| 2 | Swimmer, No-08U-M1 | 8 | Foxes | ___ |
| 3 | Middendorf, Micah | 8 | Holmes Run Acres | ___ |
| 4 | Marton, Andrew | 8 | Foxes | ___ |
| 5 | No Swimmer 3, Boy | 8 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-08U-M2 | 8 | Foxes | ___ |

Event 32 Girls 8 & Under 25 Yard Butterfly

NVSL Yard: 15.06 7/24/2004 Janet Hu
 HRA Yard: 16.72 7/18/2015 Zoe E. Dunn at A-Meet WW@HRA Y

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Dinh, Nhien | 6 | Holmes Run Acres | ___ |
| 2 | Swimmer, No | 8 | Foxes | ___ |
| 3 | Gannon, Maeve | 7 | Holmes Run Acres | ___ |
| 4 | Goldian, Claire | 8 | Foxes | ___ |
| 5 | Nacios, Kiera | 8 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-08U-F1 | 8 | Foxes | ___ |

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Event 33 Boys 9-10 25 Yard Butterfly

NVSL Yard: 14.00 7/19/2012 Max Cruz
 HRA Yard: 14.00 7/19/2012 Max Cruz at A-Meet PAR@HRA YAR

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Alvarez, Henry | 10 | Holmes Run Acres | ___ |
| 2 | Pellerin, Owen | 10 | Foxes | ___ |
| 3 | Schrock, Ryan | 10 | Holmes Run Acres | ___ |
| 4 | Wang, Roman | 10 | Foxes | ___ |
| 5 | Hixson, Indie | 10 | Holmes Run Acres | ___ |
| 6 | Greene, Cameron | 10 | Foxes | ___ |

Event 34 Girls 9-10 25 Yard Butterfly

NVSL Yard: 13.91 6/25/2022 Olive Dunn
 HRA Yard: 13.91 6/25/2022 Olive Dunn at NVSL A-Meet SV@H

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | No Swimmer 1, - | 8 | Holmes Run Acres | ___ |
| 2 | Costello, Libby | 9 | Foxes | ___ |
| 3 | Dunn, Olive | 10 | Holmes Run Acres | ___ |
| 4 | Mohl, Lucy | 9 | Foxes | ___ |
| 5 | Slattery, Dani | 9 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-10U-F1 | 10 | Foxes | ___ |

Event 35 Boys 11-12 50 Yard Butterfly

NVSL Yard: 26.17 6/25/2022 Maxwell J Thompson
 HRA Yard: 26.31 7/19/2014 Max Cruz at A-Meet MHC@HRA YAR

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Slattery, Walker | 11 | Holmes Run Acres | ___ |
| 2 | Kadambi, Shaan | 11 | Foxes | ___ |
| 3 | Sites, Jackson | 12 | Holmes Run Acres | ___ |
| 4 | Morris, Henry | 12 | Foxes | ___ |
| 5 | Kowalewski, Miles | 11 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-10U-M2 | 11 | Foxes | ___ |

Event 36 Girls 11-12 50 Yard Butterfly

NVSL Yard: 26.84 6/21/2008 Janet Hu
 HRA Yard: 29.18 7/20/2019 Zoe E. Dunn at NVSL A-Meet RV@

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Schrade, D. Olivia | 11 | Holmes Run Acres | ___ |
| 2 | Smith, Wynter | 11 | Foxes | ___ |
| 3 | Wright, Tessa | 12 | Holmes Run Acres | ___ |
| 4 | Owen, Renee | 11 | Foxes | ___ |
| 5 | Gallacher, Mary | 12 | Holmes Run Acres | ___ |
| 6 | Boardman, Taylor | 12 | Foxes | ___ |

Event 37 Boys 13-14 50 Yard Butterfly

NVSL Yard: 25.00 1/1/1979 Jon Ballard
 NVSL Yard 2: 25.00 8/6/1983 Charles Thompson
 HRA Yard: 25.12 6/20/2015 Max Cruz at A-Meet AF@HRA YARD

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Hogge, Andrew | 14 | Holmes Run Acres | ___ |
| 2 | Swimmer, No-12U-M3 | 13 | Foxes | ___ |
| 3 | Schrock, Eamon | 13 | Holmes Run Acres | ___ |
| 4 | Damian, Darius | 13 | Foxes | ___ |
| 5 | Lyons, Brendan | 14 | Holmes Run Acres | ___ |
| 6 | Swimmer, No-14U-M1 | 14 | Foxes | ___ |

Event 38 Girls 13-14 50 Yard Butterfly

NVSL Yard: 26.80 8/6/1983 Mary Quinn
 HRA Yard: 29.03 7/3/2021 Zoe E. Dunn at NVSL A-Meet RH@

| Lane | Name | Age | Team | Seed Time |
|---------------------------|------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Shutov, Nadia | 13 | Holmes Run Acres | ___ |
| 2 | Boardman, Kenzie | 14 | Foxes | ___ |
| 3 | Forde, Lizzie | 14 | Holmes Run Acres | ___ |
| 4 | Bordovsky, Abbey | 14 | Foxes | ___ |
| 5 | Alvarez, Kathryn | 13 | Holmes Run Acres | ___ |
| 6 | McManus, Keira | 13 | Foxes | ___ |

Event 39 Boys 15-18 50 Yard Butterfly

NVSL Yard: 23.23 7/19/2012 Colin Stephenson
 HRA Yard: 24.36 7/20/2013 Jesse Kane at A-Meet YARDS SHB

| Lane | Name | Age | Team | Seed Time |
|---------------------------|-----------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Peal, Alexander | 18 | Holmes Run Acres | ___ |
| 2 | Ingersoll, Ben | 16 | Foxes | ___ |
| 3 | Sites, Thomas | 15 | Holmes Run Acres | ___ |
| 4 | Bordovsky, Nick | 17 | Foxes | ___ |
| 5 | Lyons, David | 17 | Holmes Run Acres | ___ |
| 6 | Romero, Eli | 16 | Foxes | ___ |

Event 40 Girls 15-18 50 Yard Butterfly

NVSL Yard: 25.93 7/3/2021 Sophie Scadron
 HRA Yard: 27.40 7/20/2013 Marla Surette at A-Meet YARDS

| Lane | Name | Age | Team | Seed Time |
|---------------------------|--------------------|-----|------------------|-----------|
| Heat 1 of 1 Finals | | | | |
| 1 | Peal, Tatiana | 16 | Holmes Run Acres | ___ |
| 2 | McGowan, Genevieve | 16 | Foxes | ___ |
| 3 | Dunn, Zoe | 15 | Holmes Run Acres | ___ |
| 4 | Owen, Veronika | 15 | Foxes | ___ |
| 5 | Hixson, Prix | 15 | Holmes Run Acres | ___ |
| 6 | Duggan, Keira | 15 | Foxes | ___ |

NVSL A-Meet FME@HRA YARDS - 7/2/2022

Northern Virginia Swimming League

Meet Program

Event 41 Boys 8 & Under 100 Yard Freestyle Relay

NVSL Yard: 1:06.50 1/1/1977 Overlee

C. Thompson, S. Newlove, G. Gerlitz, C. Lanois

HRA Yard: 1:13.52 7/21/2008 A. Howe, M. Cruz, A. Harris, A

. Moylan

| Lane | Team | Relay | Seed Time |
|---------------------------|------------------------|---------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Neely, Asher 7 | 2) Komiss, Roland 7 | |
| | 3) Middendorf, Micah 8 | 4) Nacios, Bryce 7 | |
| 4 | Foxes | A | --- |
| | 1) Kadambi, Jai 8 | 2) Warren, Joey 7 | |
| | 3) Marton, Andrew 8 | 4) Schauder, Jack 7 | |
| 5 | | | --- |
| 6 | | | --- |

Event 42 Girls 8 & Under 100 Yard Freestyle Relay

NVSL Yard: 1:06.74 7/13/1991 Oakton

L Delquadro, J Benjamin, M Ferguson, C McCormack

HRA Yard: 1:12.51 7/9/2011 Holmes Run Acres

J. Surette, C. Forde, S. Reyes, C. Tripp

| Lane | Team | Relay | Seed Time |
|---------------------------|-----------------------|----------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Nacios, Kiera 8 | 2) Dinh, Nhien 6 | |
| | 3) Feinberg, Paige 8 | 4) Gannon, Maeve 7 | |
| 4 | Foxes | A | --- |
| | 1) Schauder, Tessa 6 | 2) Nelson, Paige 6 | |
| | 3) Aufderhaar, Kara 8 | 4) Goldian, Claire 8 | |
| 5 | | | --- |
| 6 | | | --- |

Event 43 Boys 9-10 100 Yard Medley Relay

NVSL Yard: 1:04.33 6/22/2019 Kent Gardens

A. Cafer, A. Li, B. Nguyen, J. Davis

HRA Yard: 1:10.92 7/19/2012 Holmes Run Acres

M. Reyes, K. Barzdukas, M. Cruz, J. Murphy

| Lane | Team | Relay | Seed Time |
|---------------------------|-----------------------|------------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Schrock, Ryan 10 | 2) Rowe, Forest 10 | |
| | 3) Hixson, Indie 10 | 4) Dinh, Thien 10 | |
| 4 | Foxes | A | --- |
| | 1) Kolodzinski, Leo 9 | 2) Pellerin, Owen 10 | |
| | 3) Wang, Roman 10 | 4) Drummond, Tucker 10 | |
| 5 | | | --- |
| 6 | | | --- |

Event 44 Girls 9-10 100 Yard Medley Relay

NVSL Yard: 1:05.80 1/1/1976 Wakefield Chapel

D. Bergman, K. Watson, C. Bergman, K. Danisavage

HRA Yard: 1:10.09 7/8/2017 Holmes Run Acres

Z. Dunn, N. Borders, E. Forde, V. Hixson

| Lane | Team | Relay | Seed Time |
|---------------------------|------------------------|-------------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Layman, Maddy 9 | 2) Mertz, Nora 10 | |
| | 3) Slattery, Dani 9 | 4) Bleech, Josephine 10 | |
| 4 | Foxes | A | --- |
| | 1) McNaughton, Avery 9 | 2) Costello, Libby 9 | |
| | 3) Mohl, Lucy 9 | 4) Warren, Reese 10 | |
| 5 | | | --- |
| 6 | | | --- |

Event 45 Boys 11-12 100 Yard Medley Relay

NVSL Yard: 58.40 1/1/1963 Vienna Woods

R. Russell, R. Williams, J. Dickson, S. Mason

HRA Yard: 1:01.80 6/1/1975 R. Potts, F. Watson, S. Watson

, A. Barzdukas

| Lane | Team | Relay | Seed Time |
|---------------------------|-------------------------|----------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Sites, Jackson 12 | 2) Moran, Zachary 11 | |
| | 3) Kowalewski, Miles 11 | 4) Judy, David 11 | |
| 4 | Foxes | A | --- |
| | 1) Kadambi, Shaan 11 | 2) Pellerin, Ben 12 | |
| | 3) Morris, Henry 12 | 4) Damian, Vlad 11 | |
| 5 | | | --- |
| 6 | | | --- |

Event 46 Girls 11-12 100 Yard Medley Relay

NVSL Yard: 58.71 7/13/1991 Oakton

J. Schloendorn, K. Jobe, M. Fransen, J. Ramsdell

HRA Yard: 1:02.56 7/19/2008 B.Surette, M. Lynskey, A. Milb

urn, E. Peters

| Lane | Team | Relay | Seed Time |
|---------------------------|-----------------------|-----------------------|-----------|
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Gallacher, Mary 12 | 2) Ghosh, Sophia 12 | |
| | 3) Wright, Tessa 12 | 4) Dunn, Olive 10 | |
| 4 | Foxes | A | --- |
| | 1) Smith, Wynter 11 | 2) Ryan, Cleo 11 | |
| | 3) Owen, Renee 11 | 4) Mullen, Eislely 11 | |
| 5 | | | --- |
| 6 | | | --- |

NVSL A-Meet FME@HRA YARDS - 7/2/2022

Northern Virginia Swimming League

Meet Program

Event 47 Boys 13-14 100 Yard Medley Relay

| NVSL Yard: 50.50 1/1/1979 Tuckahoe | | | |
|--|----------------------|------------------------|-----------|
| J. Ballard, C. Lockard, G. Smith, J. Clever | | | |
| HRA Yard: 55.48 7/20/2019 Holmes Run Acres | | | |
| S. Lyons, J. Gallacher, D. Lyons, O. Vargas | | | |
| Lane | Team | Relay | Seed Time |
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Lyons, Brendan 14 | 2) Traish, Zayn 13 | |
| | 3) Schrock, Eamon 13 | 4) Mitchell, Caden 14 | |
| 4 | Foxes | A | --- |
| | 1) Quinn, Ryan 13 | 2) Bender, Paul 13 | |
| | 3) Damian, Darius 13 | 4) Anderson, Trevor 11 | |
| 5 | | | --- |
| 6 | | | --- |

Event 48 Girls 13-14 100 Yard Medley Relay

| NVSL Yard: 54.75 7/13/2019 Sideburn Run | | | |
|---|------------------------|------------------------|-----------|
| A Littleton, A. Simonsen, S. Scadron, J. Dobrydney | | | |
| HRA Yard: 58.49 7/3/2021 Holmes Run Acres | | | |
| Z. Dunn, A. Traish, V. Hixson, E. Forde | | | |
| Lane | Team | Relay | Seed Time |
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Forde, Steffi 14 | 2) Traish, Amira 14 | |
| | 3) Forde, Lizzie 14 | 4) Alvarez, Kathryn 13 | |
| 4 | Foxes | A | --- |
| | 1) Ryan, Aya 14 | 2) Wang, Ella 13 | |
| | 3) Bordovsky, Abbey 14 | 4) Boardman, Kenzie 14 | |
| 5 | | | --- |
| 6 | | | --- |

Event 49 Boys 15-18 200 Yard Medley Relay

| NVSL Yard: 1:40.78 7/13/2019 Sideburn Run | | | |
|---|-----------------------|-------------------------|-----------|
| M. Ferrari, L. Shivik, J. Dobrydney, M. Mitros | | | |
| HRA Yard: 1:45.15 7/20/2013 Holmes Run Acres | | | |
| J. Kane, M. Quandt, R. Davenport, E. Vasquez | | | |
| Lane | Team | Relay | Seed Time |
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Sites, Thomas 15 | 2) Gallacher, Joseph 17 | |
| | 3) Lyons, David 17 | 4) Judy, Erik 18 | |
| 4 | Foxes | A | --- |
| | 1) Bordovsky, Josh 16 | 2) Morris, Jack 17 | |
| | 3) Bordovsky, Nick 17 | 4) McKinley, Colin 17 | |
| 5 | | | --- |
| 6 | | | --- |

Event 50 Girls 15-18 200 Yard Medley Relay

| NVSL Yard: 1:54.15 6/26/2021 Oakton | | | |
|---|-----------------------|--------------------------|-----------|
| C. Lim, A. Lee, L. Knepper, L. Kotarski | | | |
| HRA Yard: 2:01.73 7/20/2013 Holmes Run Acres | | | |
| B. Surette, S. Davey, M. Surette, S. Kendall | | | |
| Lane | Team | Relay | Seed Time |
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Dunn, Zoe 15 | 2) Hixson, Prix 15 | |
| | 3) Forde, Caroline 18 | 4) Peal, Tatiana 16 | |
| 4 | Foxes | A | --- |
| | 1) Siraj, Hannah 15 | 2) McGowan, Genevieve 16 | |
| | 3) Owen, Veronika 15 | 4) LaRow, Grace 18 | |
| 5 | | | --- |
| 6 | | | --- |

Event 51 Boys 18 & Under 200 Yard Freestyle Relay Mixed Age

| NVSL Yard: 1:43.80 1/1/1978 Tuckahoe | | | |
|---|----------------------|-----------------------|-----------|
| P. Sawicki, G. Smith, J. Ballard, G. Smith | | | |
| HRA Yard: 1:46.35 7/14/2012 Holmes Run Acres | | | |
| A. Moylan, M. Cruz, M. Milburn, J. Kane | | | |
| Lane | Team | Relay | Seed Time |
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Sites, Jackson 12 | 2) Schrock, Ryan 10 | |
| | 3) Schrock, Eamon 13 | 4) Sites, Thomas 15 | |
| 4 | Foxes | A | --- |
| | 1) Damian, Vlad 11 | 2) Wang, Roman 10 | |
| | 3) Damian, Darius 13 | 4) Bordovsky, Josh 16 | |
| 5 | | | --- |
| 6 | | | --- |

Event 52 Girls 18 & Under 200 Yard Freestyle Relay Mixed Age

| NVSL Yard: 1:47.83 6/18/2022 Hamlet | | | |
|--|---------------------|------------------------|-----------|
| E. Kass, K. Masten, M. Kass, E. Flickinger | | | |
| HRA Yard: 1:53.14 7/3/2021 Holmes Run Acres | | | |
| K. Alvarez, O. Dunn, Z. Dunn, C. Forde | | | |
| Lane | Team | Relay | Seed Time |
| Heat 1 of 1 Finals | | | |
| 1 | | | --- |
| 2 | | | --- |
| 3 | Holmes Run Acres | A | --- |
| | 1) Wright, Tessa 12 | 2) Dunn, Olive 10 | |
| | 3) Forde, Lizzie 14 | 4) Forde, Caroline 18 | |
| 4 | Foxes | A | --- |
| | 1) Owen, Renee 11 | 2) McNaughton, Avery 9 | |
| | 3) Wang, Ella 13 | 4) Owen, Veronika 15 | |
| 5 | | | --- |
| 6 | | | --- |