

FCC Crazy Ducks

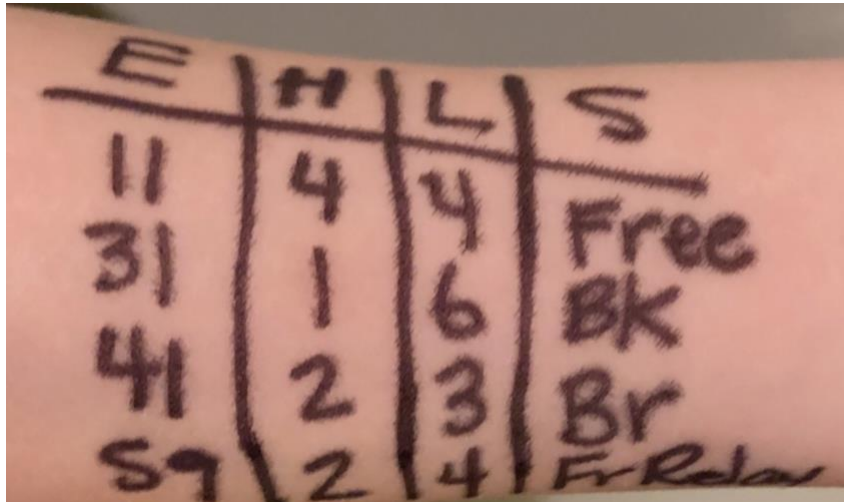
How to Read a Heat Sheet

Breaking Down the Heat Sheet:

Event #	#3 Girls 8 & Under	100 SC Meter	Medley Relay	Distance
Lane #	Heat 1 of 1 Finals	3 FCC	A	Stroke or Relay
1 st and 3 rd swimmers	Webster, Lizzy 8 Efird, Maggie 8	4 CW	Austin, Selah 8 O'Neill, Naya 8	Heat #
	Johnsen, Ivy 8 Britt, Noelle 7		Syracuse, Michelle 8 Byington, Indiana 8	2 nd and 4 th swimmers
			Seed Time	
			1:49.80	
			2:12.99	

- Medley relay order is Back, Breast, Butterfly, Free
- Individual medley (IM) order is Butterfly, Back, Breast, Free

What do I write on my swimmer's arm?



- "E" is the Event Number (Event numbers in this instance are 6, 12, and 16)
- "H" is the Heat Number (Heat numbers in this instance are 4, 3, and 4)
- "L" is the Lane Number (Lane numbers in this instance are 4, 5, and 8)
- "S" is the Stroke and/or Relay

What do I write on my swimmer's back?

Write your swimmer's first and last name and age group on their shoulder. This information is important for the Deck Manager, Timers, and Duckling Helpers.

First Last (age)