

**2024**  
**Seven Hills League Diving Champs**



**Informational Packet**  
**Monday July 8, 2024 @ 8:00 am**  
**Hosted by: Turpin Hills Swim Club @**  
**Turpin Hills Swim Club**  
**Meet Director: Emma Frye**  
**Turpin Hills Dive Rep: Lisa Sullivan**  
**turpindiverrep@gmail.com**

**Eligibility:** To be in compliance with our league rules, the diver must be a paid member of their club and have participated in two dual meets. For details see <https://sevenhillsleague.swimtopia.com/documents>. Intra-squad meets (properly judged and documented) and diving exhibition in a regular season meet does count towards the two-meet participation rule for champ meet eligibility. The meet director has the discretion to question the status of a diver and their paid membership. According to the Seven Hills League Rules (I. General, Rule #14), a team may be fined \$100 if they enter a non-club diver in the championship meet.

**Entries:** The Seven Hills League uses the eDive software to run all dual and championship meets. The League eDive Coordinator, Emma Frye, will collect all eDive data (entries) and will be running the meet. Coaches, please submit entries on or before **Monday, July 1st**. Please email or call with any questions or concerns at [emmafrye4@gmail.com](mailto:emmafrye4@gmail.com) or 513-290-8676.

**Warm ups:** Open warm-ups will be on Sunday, July 7th. The dive well will be closed for only divers from teams at their assigned time. The pool will be open to Turpin Hills members only. The team assignments are as follows:

**Turpin Hills: 3pm - 4pm**  
**Forest Hills: 4pm – 5pm**  
**Miami Hills: 5pm – 6pm**  
**Normandy: 6pm – 7pm**  
**Indian Hill: 7pm - 8pm**  
**Terrace Park: 8pm - 9pm**

## **Order of Events:**

**\*There will be an estimated timeline sent out on or before Friday, July 5th.**

7:00-7:50 am 13 & Over Open Warm-Ups  
7:50am National Anthem / Senior Recognition  
**8:00 am** 15-18 Girls & Boys (Combined Event)  
13-14 Boys  
13-14 Girls  
11-12 Boys  
Lunch Break: 30 Minutes  
11-12 Girls  
9-10 Boys  
9-10 Girls  
8 & U Boys  
8 & U Girls

There will be a 15-20 minute warm-up period prior to each event with the exclusion of 15-18 girls and boys. During this time, awards from the previous event, both individual and team high point, will be presented.

## **Table Worker**

Each team will supply **one** table worker to work at the score table for one age group during the meet. The worker will serve as the master scorer during the event and will help with awards at the end of the event.

Team assignments for score tables are as follows:

15-18 group- Forest Hills  
13-14 group- Indian Hill  
11-12 group- Miami Hills  
9-10 group- Terrace Park  
8 & under- Normandy

**Awards:** After each event the top 12 divers will be called to the awards stand and presented with awards. The top 3 finishers will receive medals and 4th-12th place will receive ribbons that are provided by the Seven Hills League. Team high point awards will be given after each event. The overall score will be announced at the end of the meet.

Team points are awarded as follows:

1. 1<sup>st</sup> place-15 points
2. 2<sup>nd</sup> place-12 points
3. 3<sup>rd</sup> place- 10 points
4. 4<sup>th</sup> place-9 points
5. 5<sup>th</sup> place-8 points
6. 6<sup>th</sup> place- 7 points
7. 7<sup>th</sup> place- 6 points
8. 8<sup>th</sup> place-5 points
9. 9<sup>th</sup> place-4 points
10. 10<sup>th</sup> place-3 points
11. 11<sup>th</sup> place-2 points
12. 12<sup>th</sup> place- 1 point

**Judges:** The host club will hire five experienced, non-affiliated judges to officiate the Champs Meet.

**Venue:** There will be plenty of seating on the pool deck to accommodate the expected large crowd including bleachers. We recommend you bring a folding chair to have if needed. Turpin Hills concessions will be available for purchase.

**Parking:** The Turpin Hills lot should accommodate all vehicles. The back gate will be open for any overflow parking.

**Weather:** We are hoping for beautiful weather. In case of inclement weather, the decision to cancel or postpone the Champs meet will be

determined by the following people: meet directors, Turpin Hills Swim Club Manager, diving coaches from each club and dive rep for each club. Coaches will be responsible for communicating any delays or schedule changes to their teams.

**Admission Fees:**

- Under 6- no charge
- Ages 6-15- \$2.00
- Over 15 - \$5.00

All coaches, judges, divers and hired officials will not be charged an admission fee. All spectators and volunteers must pay the admission fee. **CASH ONLY!**

**Coach and Judge Hospitality:** There will be a hospitality area set up with food and drinks for the coaches and judges.

**Senior Awards:** As a tradition in the Seven Hills League, we will recognize all graduating seniors for each team who will be competing for the final time. Please submit a list of senior divers to the Turpin Hills Dive Rep by June 15 [turpindiverep@gmail.com](mailto:turpindiverep@gmail.com) . Please have Senior Divers complete this survey: <https://forms.gle/sbCmVJfDNDzeB1Fx5> .

## 7-Hills League Diving Championship Meet Dive Requirements

### Age Groups Preliminaries (Cut to 12 after Preliminaries) Finals

- 8 and Under: One Required Dive, One Optional Dive, One Optional Dive (Divers must represent TWO categories within three dives)
- 10 and Under: One Required Dive, One Optional Dive, One Required Dive, One Optional Dive (Divers must represent TWO categories within four dives)
- 12 and Under: Two Required Dives, One Optional Dive, One Required Dive, One Optional Dive, (Divers must represent THREE categories within five dives)
- 14 and Under: Two Required Dives, One Optional Dive, One Required Dive, One Optional Dive, (Divers must represent THREE categories within five dives)
- 18 and Under: Two Required Dives, Two Optional Dives, One Required Dive, One Optional Dive (Divers must represent FOUR categories within six dives)

### Notes:

- A. Only the one-meter board can be used during the Diving Championship Meet.
- A. All diving events are for both boys and girls.
- B. No dives performed in the preliminaries shall be repeated in the finals.
- C. There are FIVE categories of dives: Forward Dives, Back Dives, Reverse Dives, Inward Dives and Twisting Dives. NOTE: A back twisting dive is NOT considered a “back” category dive – it is considered a “twisting” category dive.
- D. Required dives are defined by number from the USA Diving Rule Book Degree of Difficulty Tables: Forward dive - #101; Back dive -

#201; Reverse dive - #301; Inward dive - #401; Half Twist - #511.

Required dives must be performed prior to the optional dives.

E. The Position of the dive is also defined in the USA Diving Rulebook: “A” – Straight or Layout Position; “B” – Pike Position; “C” – Tuck Position; “D” Free Position

F. All optional dives must be from a different group. (Example: A diver cannot perform both a Forward 1 ½ somersault AND a Forward double somersault.)

G. Any “required” dive not used as a “required” dive may be used as an “optional” dive. Any dive not defined as a “required” dive is considered an optional dive. “Optional” dives may NOT be used as “required” dives

H. The finals will be restricted to the twelve boys and twelve girls accumulating the highest number of points in the diving preliminaries, in each age group. In the event of a “tie” for 12th place, both divers will be permitted to dive in the Finals for a total of 13 divers.

I. Properly submitted eDive data is required for all divers at the Champ Meet. The Dive Number and Position Letter are the OFFICIAL description of the dive

J. Jumping off the board is not permitted at Diving Championships.

K. Exhibition Divers are NOT permitted at the Diving Championship Meet.