

Swim Meet Handwriting 101

Swim meets are organized into events, heats and lanes.

Event: This is this stroke and distance your child is swimming. For example event #14 Girls 6&under 25 yard free style. You will want to listen for your child's event to be called for line up!

Heat: Often we have more swimmers in an event than lanes in the pool. The swimmers are placed into groups based on how many lanes there are. These groups are called Heats. The heats are typically arranged slowest to fastest. Heats are numbered from 1 on up. Heat 1 being the slower swimmers. Often heat-winner ribbons are awarded to the winner of each heat of a race. This allows slower swimmers to win ribbons too!

Lane: This is the actual lane your child swim in for their race.

The lane organizers will help ensure your swimmer is in the right heat and lane for their swim. YOU will need to ensure your child is in the line up area on time for their event.

Handwriting: EVENT/HEAT/LANE

We suggest you write your child's events on their hand in sharpie as an extra help to ensure they don't miss a swim:

