



FEARLESS

"IF YOU WANT TO BE THE BEST, YOU HAVE TO DO THINGS THAT OTHER PEOPLE AREN'T WILLING TO DO."

MICHAEL PHELPS



THE ONLY
DIFFERENCE
BETWEEN TRY AND
TRIUMPH IS A
LITTLE
UMPH



THE BODY
ACHIEVES
WHAT THE
MIND
BELIEVES

- SWIMLIKEACHAMPION

#GETSPEEDOFIT



SWIM BALANCE YOUR BUILD EVERY LAP COUNTS STRENGTHEN YOUR CORE

KICK | STROKE | GLIDE | REGENERATE | REPEAT

ALL IT TAKES IS ONE PERFECT REP DON'T COUNT LAPS MAKE EVERY LAP COUNT

H2O = 2 PARTS HEART, ONE PART OBSESSION

IF YOU THINK YOUR SPORT IS HARD, TRY DOING IT WHILE HOLDING YOUR BREATH THE MORE YOU DREAM THE FARTHER YOU GET

SEVEN DAYS OF NO SWIMMING MAKES ONE WEAK

OXYGEN IS OVERRATED NO MAN DROWNS IF HE PERSEVERES IN PRAYING AND CAN SWIM AWAY SWIM YOUR WORRIES

YOU'RE ONLY ONE SWIM AWAY FROM A GOOD MOOD BODY DOES WHAT MIND PREFERS ONCE YOU LEARN THE STROKE, YOU NEVER FORGET



Welcome to the Rappahannock Swim League's 2024 Championship Meet!! The Rappahannock Swim League's 2024 summer season began with a splash when more than 2,800 swimmers took to the pool. All of the hours of joy and excitement, nerves and cheering lead us to today where the competition culminates in each division champ meet.

The RSL is holding four Division Championship Meets today - Idewild is hosting National, Lee's Hill is hosting American, Lake of the Woods is hosting Patriot, and Woodlands is hosting Battlefield. Thank you to Dixon Pool, Chancellor Pool, Curtis Park and Stafford County, and King George Y, for allowing us to have our exciting finals at your pools. I would like to thank these teams, facilities, their management, and their staff for working with us and allowing us to be here today.

Please join me in congratulating our Division Champions: Fredericksburg Country Club of National Division, Lee's Hill of American Division, Massad Marlins of Battlefield Division and the Patriot Division winner - Aquia Harbour.

As always I am very impressed with all of the teams this year!!! We worked really hard to put the emphasis on having fun and recognizing all of the positive things that each team brings to table. I have enjoyed hearing from parents, swim boards, and reps complementing and helping each other out. This season seemed to be the largest effort in working together and just enjoying the time in the pool and with friends throughout the entire area.

I want to send a special The Tish Frey and the Data Committee put in innumerable hours this season and I am forever thankful for all of their help!! Megan Hubbard put in countless hours to keep us all well trained. Tish and Megan have worked with Swimtopia to keep the software moving and to fit our needs!!

Congratulations swimmers, I know you've worked hard to get here and you'll work even harder as you swim your races today. Congratulations to this year's RSL record breakers, Kyle Peck (SF), Owen Hoben (AH), and the HO relay team of Jason Cooper, Connor Jackson, Finn Whitis, and Marion Woodruff, it is always a joy watching records being broken.



Best wishes to those of you who are aging out of eligibility to swim in the RSL. We wish you a fond farewell and much success as you start the next chapter of your lives. The biggest thank you and congratulations goes to the parents - you made it!!! Countless hours of practice, meets, volunteering and all of it to see the greatest smiles on the faces of the children. This crazy swim world can drive you crazy at times but the reward of seeing these kids so happy is worth it!!

Remember, the RSL would like our Division Championship Meets to run smoothly and we ask for your cooperation in making that happen. Please be respectful to everyone and to the pools that are letting us use their venues. Good sportsmanship is expected of everyone in attendance including parents and guests.

At every meet during the season the following announcement is supposed to be made: "This meet is hosted and sponsored by the Rappahannock Swim League, Incorporated. All spectators, athletes and coaches are reminded that the RSL is committed to the development of sportsmanship, teamwork, dedication and a love for the sport of swimming." The athletes are what it's all about. If they're having a good time, then we, the board, the coaches, and the parents, have all done our jobs.

I hope I served you well and I hope your children had a wonderful season. Developing a love for the sport and staying active is always our goal and I hope to see these names and faces for many more years to come!!

Swim Fast, Have Fun!!

Danielle H. Euker, President
Rappahannock Swim League, Inc.



RSL Executive Board

President - Danielle Euker
Vice-President - Elizabeth Michalik
Treasurer – Matt Pifer
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Aquia Harbor

RSL Rep – Ambrose Harris

Austin Ridge

RSL Rep - Kari Futch

Caroline YMCA

RSL Rep - Angela Carneal

Chancellor

RSL Rep - Helen Kilinski

College Heights

RSL Rep – Jeff Hlywa

Country Club

RSL Rep – Katie Long

Curtis Park

RSL Rep – Jill Cesar

Dahlgren

RSL Rep – Heather Brown

Eden Estates

RSL Rep – Laurie Hill

Fawn Lake

RSL Rep – Stephanie Taylor

Ferry Farm

RSL Rep – Kristen Frezza

Fox Point

RSL Rep - Frances Bernier

Grafton

RSL Rep – Nathan Macey

Hampton Oaks

RSL Rep - Megan Hubbard

Hopyard

RSL Rep – Kelly Evans

Idlewild

RSL Rep - Lauren Reed

Lake of the Woods

RSL Rep - Eugene Slagle

Lake Wilderness

RSL Rep - Tish Frey

Leeland Station

RSL Rep – Karen Oullette

Lee's Hill

RSL Rep – Kevin Hudson

Massad YMCA

RSL Rep – Mike Kainu

Salem Fields

RSL Rep – Mandy Billings

Spotswood

RSL Rep – Matt McCorkle

Spotsylvania YMCA

RSL Rep - Ron Dahart

Woodlands

RSL Rep – Steve Dokus



Aquia Harbor

Head Coach: Lucy Stephens
Assistant Coaches: Olivia Lupo, Sophia Wells,
Harold Wells, Lily McClutchy, Lili Besser
Junior Coaches: Sophia Killion, Nathan
Haberkost, Stella McClutchy, Aiden Holland,
Casper Hayes

Austin Ridge

Head Coach: No Information Submitted

Caroline YMCA

Coaches: Kemie Smith, Kelly Shields, Ollie
Reingruber

Chancellor

Head Coach: Claire Hebertson
Assistant Coach: Audrey Boetig
Junior Coaches: Mary Jo Walsh, Kenny
Westphal, Ellie Preut

College Heights

Head Coach: Andy Bertolet
Assistant Coaches: Cristina Keeka Mitchell,
Isabelle Long, Lowell Bertolet

Curtis Park

Head Coach: Austin Farrar
Assistant Head Coach: Andy Fiore
Senior Coaches: Madi Scott, Molly Tuttle,
Savannah Corey
Junior Coaches: Brody Avery, Makennah
Dovel, Savannah Learch
CITs: Aleksei Aberle, Madsen Call, Mia
Serrano

Dahlgren

Head Coach: Andrew Green
Assistant Coaches: Sarah Green, Katelyn
Spuchesi, Jake Brown
Junior Volunteer Coach: Sean Green, Wayne
Thomason III, Sophia Connolly, Alexis Burke,
Brooke Hayden

Eden Estates

Head Coach: No Information Submitted

Fawn Lake

Head Coach: Nicole Kent
Assistant Coaches: Faith Fowler, Lily Senkus
Junior Coaches: Grace Cao, Allison Johnson,
Paloma Marcus, Haven Quinn, Gabbie Ryan,
Sofia Visioni
Subs: Audrey Gay, Sophia Blanco, Alexandra
Yurasko

Ferry Farm

Head Coach: No Information Submitted

Fox Point

Head Coach: Olivia Knerr
Head Assistant Coach: Jake Smith
Assistant Coaches: Carlie Clements, Alexis
Thai-Nguyen
Junior Coaches: Diego Iglesias, Evelyn Knerr,
Maddie Smith, Julia Storen

Fredericksburg Country Club

Head Coach: Lexi Osleger
Assistant Coaches: Amelia DeDecker, Kevin
McGowan, Regan Euker
Junior Coaches: Dylan Payne, Ellie Kinnamon,
Elizabeth Harding, Emry Brewer, Jake Haynes,
Kendall Hoiska, Liam Long, Marcie Strapp,
Paige Roberts, William Murray

Grafton

Head Coach: Brandi Dawson
Assistant Coach: Brianne Dawson, Rita Born
Coaches: Emily O'Dell, Jonathan Beck, Wade
Harvey

Hampton Oaks

Head Coach: Samuel Yakulis
Assistant Head Coaches: Zack Hubbard, Alex
Fortiz
Coaches: Tessa Garcia, Catherine Hall, Owen
Hoy, Liam Wittwer, Matthew Elliott, Kyra
Woodruff, Sawyer Janey



Hopyard

Head Coaches: Natalie Knoke, Ciara Graves
Assistant Coaches: Ethan Damon, Virginia Yergey, Kaitlyn Adams
Assistant Coach: Breana Herbolsheimer
Junior Coach: Ruth Louise Page, Seth Yergey, Peighton Redding, Peyton Carey

Idlewild

Head Coach: No Information Submitted

Lake of the Woods

Head Coach: Jeff George
Assistant Coach: Alex Beasley
Volunteer Coach: Adam Porter
Junior Coach: Brayden Acton, Aiden Fargo, Kate Slagle, Tiffany Yawgel

Lake Wilderness

Head Coach: Marissa Ross
Assistant Coach: Conner Henriques
Junior Coaches: Ella Stonebreaker, Kaylen Stonebreaker, Will Stroffolino

Leeland Station

Head Coach: Kira Flinn
Assistant Head Coach: Andrew Spinnager
Assistant Coach: Coleen Desmond, Sam King
Jr Coach: Becca Reynolds, Kayeleagh Stahl, Charlie Richwine
Developmental Head Coach: Maggie Kennedy
Developmental Assistant Head Coach: Julianna Wallo
Developmental Jr Coach: Zach Stephenson, Jeremy Wallo, Rylie Armstrong, Brooklyn McGuin, Lizzy Chapman, Hailey Chapman, Sierra Poorbaugh, Austin Poorbaugh

Lee's Hill

Head Coach: Lauren McAnany
Assistant Coach: Sydnee Harlan
Junior Coaches: Dylan Joy, Rebecca Jarrett
Volunteer Coach: Jack Campbell

Massad YMCA

Head Coach: Alex Goshorn
Assistant Head Coach: Fiona Williamson
Assistant Coaches: Morgan Hildebrand, Benjamin Hunter, Mikayla Kainu, Luke Martin, Finn Williamson
CITs: Alexys Anatol, Savannah Duffy, Hannah Ellis, Breelyn Johnson, Kathryn Kainu, London Kelson, Ava Krushinski, Allyson Miles, Carrington Regan, Georgia Verbal, Flannan Williamson

Salem Fields

Head Coach: Logan Euker
Assistant Coaches: Maddy Brown, Garrett Peck, Mason Pifer

Spotswood

Head Coach: David Bridi
Assistant Head Coach: Melody Mersiovsky
Junior Coaches: Kyleigh Tiberio, Chloe Hammer, Ethan Corbin

Spotsylvania YMCA

Head Coach: Heather Hemmert
Assistant Head Coaches: Christina Beach, Morgan Parker
CITs: Henry Dahart, Michael Fiermen, Kylie Platenik, Joleen Johnson, Brycen Dix

Woodlands

Head Coach: Ashton Watterson
Coaches: Caleb Hellmund, Sophie Penton



The RSL proudly recognizes these swimmers who have completed their summer swim eligibility!

Aquia Harbor

Sophia Wells: Sophia competed in her first swim meet at age 6. After moving to Stafford, she joined the Aquia Harbour Dolphins in 2022 where she has been both a leading swimmer and a loving coach. This fall, she will take her swimming to the next level and compete for Southern Virginia University where she will major in biology and minor in violin performance.

Owen Hoban: Owen started his swimming career at the age of 6 with the Aquia Harbour Dolphins. He swam only the summer seasons until he was 11 when he began swimming year round. He swam all 4 high school years for Brooke Point High School earning State Finalist all 4 years and two State Champion titles for the 200 IM his Sophomore & Junior years. He has participated in swim meets and trainings all over the country qualifying for many championship meets like Summer & Winter Junior Nationals in 2023. He is thankful to the many coaches he has had the opportunity to work with through the years and is grateful for their expertise that has helped him to reach the level of swim he is at currently. Outside of the pool, Owen has been involved with music from middle school through 10th grade, the graphic imaging program at North Stafford High School and Cub & Boy Scouts earning his Eagle Scout rank this past winter. This fall Owen will be attending Miami University of Ohio as a student athlete studying Botany or Microbiology.

Austin Correa: Austin began swimming at age 4 for the Aquia Harbour Dolphins. He also swam year round for a few years and was a 4 year Brook Point High School (BPHS) Varsity swimmer. Currently, his favorite event is the 500 freestyle. He lifeguards in the summers and also played goalie for BPHS Lacrosse (JV & Varsity) and FXBG LAX over the last few years. Austin is attending the Aviation Institute of Maintenance (A.I.M) in the fall to study Aviation Mechanics.

Austin Ridge

No information submitted

Caroline YMCA

No information submitted

Chancellor

Brendan Walsh: Brendan is a Fredericksburg native who has enjoyed swimming even before he was born. Joining the Chancellor Blue Dolphin Swim Team in 2014, Brendan thoroughly enjoyed swimming against his buddy, James Bush, even more than racing against the other teams. When he wasn't swimming, he was playing baseball during adult swims and in between events at meets. He was known to carry his bag of baseball equipment everywhere he went. And, yes, he used an often duct taped plastic bat and Wiffle balls so as not to cause other parents alarm. By the time high school rolled around, rugby edged out swimming and baseball as his favorite sport, and he enjoyed being in many musical stage productions with CYT Fredericksburg. Most recently, he was General Waverly in White Christmas. His advice to young swimmers is to keep swimming even if you're not the best on the team because it's the spirit you bring to the team that matters the most. He likes Mel Gibson's quote, "Pain is the precursor to success." Brendan is planning a career as a professional firefighter.



Eleanor "Ellie" Walter: Ellie has been a part of the chancellor blue dolphins for 10 years. Her best summer swim memory is playing UNO with all of her friends at our swim meets. She has always had a love for swimming but didn't like year round or high school swimming as much as she enjoyed summer swim. Her advice for young swimmers is to, "make friends and always remember to have fun because at the end of the day our team will be the ones here for us and supporting us." Ellie's plan for the future is to go to Germanna Community College for two years to get an associates degree in computer science. She shared, "I've loved being on this team and I'm sad to be leaving it."

Andrew Joseph "AJ" Westphal: Born on the 14th of July, AJ is the third child and second son of a large homeschooling family of 9 kids. He has always loved the water having been on various swim teams since 2016 (Montclair Swim Club, Curtis Park and currently Chancellor Swim Club) and has won many medals and ribbons throughout the years. AJ says the best thing about summer swim is the downtime playing UNO with his friends (Josh and Will) and the water game 'Sharks & Minnows' that he plays in with his teammates. Swimming is truly his favorite sport. Outside of swimming, AJ likes to fix things in Dad's garage and play video games alongside his trusted buddy, Lt. Dan the Man LaRuso (Dan), a 6 lb Chiweenie who protects him from all threats perceived or real. These two are absolutely inseparable and very much alike as AJ is a free spirit in every sense of the word; he marches to the beat of his own drum. AJ says, "Don't let anyone tell you what to do. You decide your own future." AJ's advice for young swimmers is, "Swim faster & kick harder." Now that he has graduated, he reflects upon his BMX racing, participation in the Reach Homeschool Generation on Service Club, and acting as secretary of the Reach Homeschool Sr Beta Club as accomplishments preparing him for military service and leadership. He is preparing to join the U.S. Navy, leaving in September. After his service time, AJ plans to open a BMW dealership and repair shop. Because his church youth group, Vertical Youth, voted him "most likely to become Batman" AJ believes he can do it all.

College Heights

Isabelle Long: Isabelle's love for swimming began with the Dick Nichols Devil Rays summer swim team in Austin, TX. While living in Stafford, she swam many happy summers with the Woodland Wahoos. Isabelle has loved being a swimmer and assistant coach for the College Heights Gators for the past two years. Isabelle swam for several club teams, but the highlight of her swimming career was being a Co-Captain for the James Monroe Yellowjackets, where she went to States with her team both Sophomore and Junior years. Her favorite event is the 500 free. Isabelle will attend James Madison University and is majoring in Political Science.

Curtis Park

No information submitted

Dahlgren

Sarah Green: Sarah started swimming for the Dahlgren Sharks in the summer of 2014. Her love for the sport was sparked that summer and continues to this day. Through the years, Sarah has not only swum as a Shark, but also as a member of the Rappahannock Raiders, the RAYS, and the King George High School Swim Team. She served as female team captain for her high school during her senior year, and has also earned times that have allowed her to compete in multiple high school state swim meets, age group championships, senior championships, and sectionals. For the last three years, Sarah has been a much-loved assistant coach with the Sharks, and helps out with the younger kids on RAYS when time permits. She also enjoys coaching her younger siblings on the Sharks (and all the other kiddos too!), and they love getting to work with her! Outside of swim, Sarah is a 2024



graduate from both King George High School and Commonwealth Governor's School. In school, she served as co-president of the KGHS Astronomy Club, a keyboardist for the KGHS Jazz Ensemble, and was an active member of National Honor Society. This fall, Sarah is very excited to be attending Lafayette College in Easton, PA. She will continue her swimming career there as a Leopard in the Patriot League, specializing in sprints. She plans to study mechanical engineering with an aerospace concentration as an undergraduate, and hopes to work for NASA or the space industry after completing her studies. She will miss all of her swim friends and coaches, and hopes to maybe see a few of them around a pool deck in the future!

Eden Estates

No information submitted

Fawn Lake

Layla Soaper: Layla is a recent graduate of Riverbend High School. This is Layla's last season with the Fawn Lake Fliers after being a participant for eight years. She has enjoyed her time being a part of the team from practices to meets and all aspects in between. Layla also participated on the varsity swim team for Riverbend for all four years of high school. Swimming is one of Layla's biggest passions and has truly changed her life. Layla plans on attending George Mason University in the fall where she will study biology and is already on the swim club there. She would like to thank Coach Nicole for the support she has received throughout the years and for helping Layla realize how much she loves this sport.

Ian Van Dusen: Ian has demonstrated exceptional dedication and achievement throughout his academic and extracurricular endeavors. Homeschooled since first grade, he managed to obtain an Associate's Certificate with Germanna College, even before graduating high school, all while maintaining an impressive 4.2 plus GPA. His commitment to excellence is further exemplified by his active participation in the Civil Air Patrol, where he recently earned the prestigious Earhart Award, and honor achieved by only the top 5% of cadets nationwide. In addition to his academic and leadership pursuits, Ian has shown a passion for swimming from a young age. Starting at just four years old with Little Fish Swimming, he progressed to year-round swimming the the Tsunami Swim Team, and for the past few years, has been a dedicated member of the Fawn Lake Swim Team by swimming and coaching. Currently, Ian is preparing to enlist in the United States Air Force, where he aims to continue his journey of service and excellence. His diverse experiences and unwavering determination promise a bright future ahead.

Ferry Farm

Lauren Smith: Lauren was 9 years old when she began swimming at Regency Park's swim team. As an NCSA Age Group swimmer, Lauren found early success in Breaststroke with her best performance being a third place finish at VSI Age Group Champs in the 200 Meter Breaststroke at the age of 12. Lauren has been a State champs swimmer her whole career and has had the privilege of swimming with several teams. Her most recent accomplishments include: In the 2023 Lauren placed 19th in 100 Meter Breast Stroke and 18th in 200 Meter Breast Stroke at Senior Champs. In 2023 High School State Champs, Lauren placed 8th in 100 Yard Breast Stroke. In the 2024 High School State Champs, Lauren placed 9th in 100 Yard Breast Stroke Lauren swam and assisted coached Ferry Farm Flying Fish for 2 years. She has enjoyed her time at Ferry Farm! What Lauren enjoys most about Ferry Farm is being a mentor and spending time with the children! Lauren is attending James Madison University (JMU) in the Fall studying Business.



Carter Frezza: Carter has been a part of the Ferry Farm flying Fish swim team since 2016. In 2018, he was part of the 11-12 yo boys 100 Free relay team record. Carter swam with Tsunami swimming from 2016-2020 and swam for Courtland High 2020-2024. Carter graduated from Courtland High and the Commonwealth Governors School. Carter plans to attend Liberty University where he will study Digital Media and Sports Journalism. Special thanks to Peter Maloney, Lindsay Cook, and William Graf for being great coaches, mentors, and an integral part of his swimming career.

Fox Point

Charlotte Young: Charlotte graduated from Courtland High School in May. She has participated with the Fox Point Swim Team every summer since second grade. Charlotte was also a member of the Courtland High School Swim Team for three years. She also participated on the Courtland Golf Team, Tennis Team, and Soccer Team. She loves staying active and is grateful for all of the friendships and memories she has made along the way. In August, Charlotte will attend the University of Oklahoma where she will pursue a major in Aviation Studies. Her goal is to become a professional airline pilot!

Anthony Mugavero: Anthony graduated this year from The Commonwealth Governors School/Riverbend High School. He has been swimming with the Fox Point Fintastics since he was seven, swam Varsity all four years at Riverbend High, and has been on the Rays year-round swim team for the past 5 seasons. Anthony is headed to Johns Hopkins University in the fall where he intends to pursue a degree in chemical/bio-molecular engineering with a music minor (his other passion). He also plans to join their club swim team.

Natalie Kau: Natalie has been swimming for the Fox Point Fintastics since she was 6 years old. She also swam for 4 years on the Courtland High School swim team, and was a team captain her senior year. She will be attending Purdue University in the Fall, majoring in Biology on the pre-vet track. She plans to do club swimming in college.

Julia Bywaters: Julia is a recent graduate from Riverbend High School where she swam on the Riverbend Bears team all four years. Her swim career started with the Rays year-round Swim Team during middle school. She has swam for the Fox point fantastics since the summer of 2018. Julia will be attending Mississippi State University in the fall and majoring in Animal and Dairy science on the pre-veterinary track.

Teighan MacDougall: Teighan's love of water started early with the ocean. His first swim lessons were at 6mo old with a mommy and me class. A friend of ours had an indoor pool so we were in the water a lot! He learned to Standup Paddleboard by age 4 and was surfing by age 7, continuing with surf camp every summer for years. His first swim team was in Annapolis, MD when he was 6. In 2013 a big family move took us to Fredericksburg where Teighan started swimming for the Spotsy Y Dragons, then joined year round swimming with the Rays. He started swimming for Massad Marlins and finally finding his home with the Fox Point Fintastics. Teighan is also a lifeguard, and this year serving as the Manager of Fox Point pool. A renewed love of swimming starting Fall of 2023 when a friend started swimming for Massaponax asked for help. This encouraged Teighan to get back in the water and start training on his own. He is considering swimming in college as well. Swimming gave him so many gifts, friendships and family. Outside of swim, Teighan played Lacrosse, enjoys gaming, outdoor adventures, music festivals and the ocean. He has been homeschooled since 2nd grade. He graduated in May with a small homeschool group and intends on graduating Winter of 24 with his Associates Degree from Germanna before moving on to pursue Physical Therapy. In the meantime he is enjoying his summer, and looking ahead to the fall semester.



Frederick Klein: Fred was on the Courtland High School swim team for 3 years. He had a fantastic summer swimming for Fox Point. Even when not swimming or life guarding, you can find Fred at the pool! As a 2024 graduate, he is off to Harvard College in August! Best of luck Fred, you will be missed by many!

Diego Iglesias: Diego has been swimming for the Rappahannock Summer Swim League since he was 6 years old and was part of the Courtland swim team since his Sophomore year. His favorites events are freestyle and butterfly. He enjoyed playing baseball for so many years. Besides summer swim team, he also enjoys playing sand volleyball during the summer. He is always looking forward to participate in the Forever Bumping for Elise Volleyball Tournament. He will be attending VCU this coming Fall.

Fredericksburg Country Club

No information submitted

Grafton

No information submitted

Hampton Oaks

Matthew Elliott: Matthew has been swimming for the Hampton Oaks swim team since he was five years old. He has loved the team and was happy to participate as a coach this year. Matthew graduated in May from St. John Paul the Great Catholic High School, where he served as a captain of the cross country and track teams. He will be attending the University of Virginia's School of Architecture this Fall.

Alex Fortiz: Alex graduated Summa Cum Laude from North Stafford High School. He swam and lettered all four years as a Wolverine, serving as co-captain his senior year. Alex's love of swim started at the age of 6, swimming mainly summer league. He joined the Rappahannock Stingrays when he was 10 and swam with the club for 2 years. Both years, Alex qualified for Age Group Championships in the 50 and 100 breaststroke as well as the 50 and 100 freestyle. The past 4 years, Alex has had the pleasure of being part of the Hampton Oaks Hurricanes, both as a swimmer and assistant coach. Breaststroke is his favorite stroke! Alex plans to study engineering and continue his swim career at Randolph Macon College. Go Yellowjackets!

Catherine Hall: Catherine is a recent graduate from North Stafford High School. She will attend Longwood University in the fall to study elementary and early childhood special education. Catherine has been a member of the Hampton Oaks Swim Team since 2018, and has been a coach on the team for the last two years. She absolutely loves coaching and teaching the kids, especially the littlest ones. Catherine also works as a lifeguard and a nanny. She's very busy, but in her brief moments of free time, you'll find her bingeing Law and Order or Criminal Minds with a side of Chipotle, Cava, or sushi.

Zack Hubbard: Zack is a 2023 graduate of the STAT Biomedical Program at North Stafford High School. While at North, he was a 4-year member of the Varsity Swim Team earning Team High Points winner all 4 years, 2 year MVP and qualifier for the High School State Meet. He was also a member of the Varsity Golf and Cross-Country Teams and a part of the Environmental Club. Zack joined the Hurricanes at age 4 and has been an integral member ever since. He is currently finishing his 4th year of coaching with the team and loves the opportunity to give back and pass on his love of swimming to the younger team members. Zack swam for STAT for 3 years and then the RAYS for 3 years. Zack will be a sophomore at Randolph-Macon College in the fall where he is a part of their NCAA D3 Swim Team. He loves the family-feel of the team and the school. He is currently working towards an Asian Studies and Music Minor, while deciding what his major will be.



Hopyard

Ethan Damon: Ethan has been swimming with the Hopyard Hammerheads since he was 5 years old and this is his second year as an assistant coach for the team. In addition to being a loyal Hammerhead, Ethan has also swam for the Sting Ray's year round team for many years and King George H.S. his Sophomore, Junior and Senior years. Ethan loves to mentor, teach and coach, he also practices and student coaches Martial Arts at Muhammad's in King George and volunteers every summer as a Mentor for Camp Invention at King George Grade School. Ethan graduated from King George Governor's School this spring and will be attending Embry Riddle Aeronautical University this fall majoring in Aerospace Engineering.

Javier Smith: Javi graduated from King George High School, where he swam for the Foxes for 2 years and has been swimming with the Hammerheads swim team for 4 years. This Fall he will be attending Virginia Tech to study Mechanical Engineering.

Idlewild

No information submitted

Lake of the Woods

Zoe Hix: Zoe graduated in May from Orange County High School. She has swum for the Barracudas since she was 5 years old. Along with her over 10 years of swimming she also played volleyball and lacrosse. In addition to being quite the athlete, she is a very talented artist and enjoys traveling. She spent last summer in Germany and has plans to go to France in the fall. The Barracudas wish Zoe all the best in her future endeavors!

Lake Wilderness

Will Stroffolino: Will joined the Lake Wilderness Torpedoes on his sixth birthday and has swam with them each summer through this year. This is his third season as a junior coach for the team. He is a recent graduate of Riverbend School where he was a four-year varsity swimmer and captain during his last two years. This fall he will be attending Germanna Community College. He aspires to transfer to UVA and will pursue a degree in business with a focus in marketing.

Ella Stonebreaker: Ella graduated Riverbend High School in 2024. Ella participated in many sports, clubs, and extracurricular activities during her high school career. She participated in Cross Country, Winter Track, Spring Track, Captain of the Swim Team, and played Field Hockey. In addition to her sports Ella participated in many Clubs. Ella was Vice President of French Club, an Officer in French Honors Society, member of Math Honors society, founder and President of Card Game Club, and Treasurer of National Honors Society. Ella participated in FBLA as well, winning States this year for her business education presentation. Additionally, she has completed many hours community service. Ella has been part of the Lake Wilderness Swim Team for the past ten years. She has been a junior coach for the past three years. Ella was able to balance all of these activities while maintaining straight A's for her school career. Ella will continue her education and her goal is to be a teacher, passing on her love for learning to others.

Kaylen Stonebreaker: Kaylen graduated from Riverbend High School in 2024. Kaylen has been involved in many sports, clubs, and extracurricular activities throughout her high school career. She ran Cross Country, Winter Track, Spring Track, and played Field Hockey. Kaylen was very active at school and participated in many clubs. She was President of the French Club. She was an active



member in French Honors Society and Math Honors Society. Kaylen was the Secretary of National Honors Society. She was also the French Honors Society Representative in Inter-club Council. In addition to her clubs and sports, Kaylen has completed numerous hours of community service. She also participated on the SCTC ProStart team for the State Competition. Kaylen was able to balance her activities while achieving straight A's for all of her school career. Kaylen has been with Lake Wilderness Swim Team for the past 10 years. She has been a Junior Coach for the past three years. Coaching has been Kaylen's favorite part of being on the Swim Team. Kaylen will continue with her education with the goal of becoming a Radiologist.

Leeland Station

Matthew Reynolds: Matthew has been swimming 12 years, nine of those with Leeland Express. For two years he was on the Stafford High School varsity swim team. He has been in scouts since 1st grade and in January of this year earned the rank of Eagle Scout. He is attending Germanna in the fall and plans to transfer to Virginia Tech after completing his Associates in Engineering.

Andrew Spinnanger: Andrew graduated in the top 2% of Stafford High School's Class of 2024 and will attend the University of Virginia's School of Engineering. He has 14 years of experience in swimming, including club, varsity, and summer competitions, and was captain of his high school varsity team. In addition to swimming, Andrew is dedicated to community service. He is an Eagle Scout, a lifeguard, and the assistant head swim coach at Leeland Station. He is also a member of the National Honor Society, the National Math Honor Society, and has participated in the Buddy Club and Boys' State. Andrew looks forward to continuing his journey at UVA. WAHOOWA!

Maggie Kennedy: Maggie graduated Summa Cum Laude from Stafford High School in 2024. She has been swimming every summer with The Leeland Express since the age of four and has served as head coach of their developmental swim program for the last two years. In the fall she will attend George Mason University to study graphic design.

Charlie Richwine: Charles graduated 5th in his class from Stafford High School. He also served as class vice president his junior and senior year, a member of the national honor society, the key club, and played four years on the Stafford baseball team. Charlie has been on the LSST since moving to Leeland Station in 2011. He started on the developmental swim team and continued all the way up his current position as a coach. He will finish out his summer as a lifeguard and will attend William and Mary in the fall. There he will play on the baseball team after completing his first year as a red shirt and healing his arm from his Tommy John Surgery. If you are in the Williamsburg area, please reach out to Charlie. He would love a meal outside of the dining hall with his Leeland family.

Catilyn Jessica Hansen: Catilyn graduated from Hansen Homeschool Academy focusing on the humanities including literature, music, and culinary arts. She is an accomplished pianist & guitarist and lead her team in soccer for several years. During the isolation of 2020, Caitlyn determined to concentrate her time and energy towards whatever the Lord pressed on her heart. She found that both the discipline and the skills she attained will remain with her always. "For the Spirit God gave us does not make us timid, but gives us power, love, and self discipline." 2 Tim 1:7 Caitlyn began her competitive swim experience in 2010 when Leeland Express was first created lasting through her senior year (2010-2024). Her oldest sisters gave instruction to her in the Developmental Swim Program and later she devoted four years to the DSP as a volunteer for 2 years and later as DSP Coach Caitlyn for 2 years. She plans to attend Pensacola Christian College and major in Business Management.



Lee's Hill

Gabriela Bury: Gabby graduated from Massaponax this year and is wrapping up her last swim season with Lee's Hill Lightning Swim Team. Ten years ago Gabby found her sport when she joined the LH Swim Team. With a big smile on her face, Gabby was not the least bit nervous when she swam her first race and won! She also swam all four years on the Massaponax High School Swim Team. Gabby is now ready to spread her wings and will start college in Paris, France next February where she plans to study Business Administration. Bonne chance et bon voyage, Gabby!

Nathaniel Gist: Nathaniel has been a member of the Lee's Hill Lightning since 2014. He also swam for the Massaponax High School team in the 2020-21, 2021-22, and 2023-24 seasons. Nathaniel's favorite events are the 50 Fly and 100 Medley Relay. Nathaniel will be attending George Mason University majoring in Art and Visual Technology with a minor in Conservation Science.

Heidi Moyer: Heidi graduated this year from Spotsylvania High School in their International Baccalaureate program as her school's valedictorian. She has been swimming since she was 11 years old when she joined the Lee's Hill Lightning Swim Team after moving to the neighborhood. Additionally, she swam for the Caroline Krakens Swim Team and for Spotsy High's Varsity Swim Team as a four-year Varsity swimmer. Heidi will attend Embry-Riddle Aeronautical University in Daytona Beach, Florida this fall and will be majoring in Aerospace Engineering.

Massad YMCA

Benjamin Hunter: Benjamin began his RSL swimming career with the Woodland Wahoos at age 5. He, along with his older sister, and two older brothers swam for them until moving to the Massad Marlins in 2014. During his 10 years with the Marlins, he has enjoyed being a swimmer, a CIT, and an assistant coach. He has also swum year-round for the Stingrays for the last 13 years. From barely making 25 meters at age 5, to now accomplishing the mile, he has continued to enjoy and appreciate all the long hours and hard work it's taken to get here. In addition to the accomplishments in the pool, he treasures friendships he's made, and the kids he's gotten to know and coach. Benjamin has also volunteered his time and gathered donations for the Ronald McDonald House and VCU Children's Hospital, which both have been important in his life. Benjamin graduated with a 4.41 GPA through Liberty University Online Academy, earned 36 college credits with Liberty University, and earned numerous academic scholarships. He will continue his academic and swimming career at Liberty University in the fall. As he moves on, Benjamin will always remember being that little 5-year-old with the bright green goggles just hoping to make it across the pool and will continue to cheer on all the kids after him hoping to do the same.

Elise Krushinski: Elise has been a swimmer in the RSL for 12 years. She swam for the Leeland Express for 2 years and has swam on the Massad Marlins for the past 10 years. She was a CIT for 3 seasons and an assistant coach last season. Elise also swam for the Stingrays for 8 years and was on the Stafford High swim team and lacrosse team all 4 years of high school. Elise will be attending the University of Virginia this fall and plans to study Chemistry in hopes of attending medical school in the future. Her favorite memory of being on the Marlins is her pre-swim ritual she started with her relay at age 9 and also spending her summers on the pool deck with her family and closest friends.

Salem Fields

Jessica Calatayud: Jessica loves to read and draw. This fall she will attend George Mason University to study Art and Visual Technology.



Mason Pifer: Mason graduated from Chancellor High School. While there he was a member of the swim team, baseball team, National Honor Society, Tri-M Music Honor Society, and was Concert Master for the symphonic orchestra. This is Mason's 10th season swimming for the Sunfish. Mason plans to attend Virginia Wesleyan University in the fall to continue his swimming career. He will major in Sports and Recreational Management.

Kyle Peck: Kyle began swimming on the steps in the far right corner of the Salem Fields pool. He loved going under water then and that continues to be his favorite part of swimming. Kyle followed his brothers, Dylan and Garrett, onto the Sunfish at the age of 3. He enjoyed success in the meets and loved being with his friends at the pool. It might have been the candy though. He quickly wanted to compete on a bigger stage and joined the local club team. At the age of 10, Kyle qualified for the state championships in the club level. He won a couple of those races and the love of swimming grew. Since that first win, Kyle has won some more races - Kyle is a four-time Virginia State High School Champion (2022-2024 champion in 100yd backstroke, 2024 50yd freestyle). He is the fastest in Virginia High School swimming history in the 100yd backstroke and holds many swim records at Chancellor High School, some with his fellow Sunfish teammates. Kyle recently achieved a goal he set for himself in Kindergarten. He competed at the 2024 U.S. Olympic Team trials. Kyle's journey beginning as a Sunfish now takes him to the University of Texas in Austin this fall, where he will continue his swimming and academics. Hook 'em.

Spotswood

Chloe Hammer: Chloe has been a Spotswood Sea Serpent since 2017. She graduated from Massaponax High School and will be attending Iowa State University for Graphic Design. Some of Chloe's most memorable moments at Spotswood are how welcome she felt as a swimmer when she first started swimming and how much enjoyment she has gotten from being able to help the younger swimmers as a junior coach. The best thing about Spotswood, however, is Coach David's amazing dad jokes.

Claire Thomas: Claire has been a Spotswood Sea Serpent since 2016. She graduated from Massaponax High School and will be attending college to become a pediatrics nurse. She has truly enjoyed swimming at Spotswood and being a junior coach for a season.

Kyleigh Tiberio: Kyleigh has been a Spotswood Sea Serpent since 2010 when she was 4 years old. She graduated from Massaponax High School and will be attending the University of Mary Washington, majoring in English. Some of Kyleigh's most memorable moments are as a junior coach, celebrating the successes of the little kids when they make it down the pool for the first time. She is so thankful that she has been a part of the Sea Serpent family for the past 15 years as a swimmer and for the support of her family and coaches.

Spotsylvania YMCA

Joshua Peters: Joshua began his journey with the Dragons at just 11 years old, cherishing every year he could participate. As he approaches his 19th birthday next month, this marks his final season with the team. Throughout his time, he has enjoyed learning from his coaches and building bonds with his swim mates. Looking ahead, Joshua's future plans remain undecided, though he holds a keen interest in potentially returning to mentor and coach future generations of swimmers.



Marissa Withrow: Marissa, a recent graduate of Spotsylvania High School, has been making waves in the swimming world since the second grade. With a successful career on the Lee Hill Lightning team, the Spotsylvania YMCA Dragons, and her high school team, Marissa has competed in regionals for three years, specializing in backstroke and breaststroke. Her dedication has paid off, with a personal best time of 39.26 in the 50-yard freestyle. Marissa is set to take her talents to Sweet Briar University, where she will continue her swimming career while pursuing a degree in marine biology.

Kiyan Zahabi: Kiyan started swimming with the Dragons when he was six. In the beginning, he was uncertain, but the competitive side kicked in and he loved the challenge. He has had many great coaches over the years that encouraged him to aim higher. Many of the friendships he established in the beginning continue to be strong. He continues to love swimming but has moved on to pursue an education in aerospace engineering at Embry-Riddle. However, no one should be surprised if he shows up at the pool next summer to visit.

Alvin "AJ" Earl Winborne Jr: AJ has been swimming since he was 8 yrs old, starting out with Swim Kids at the Massad YMCA. He joined the high school swim team his sophomore year and remained on the team until graduation. This is the third year AJ has swam for the Dragons swim team in the summer. Alvin did very well in high school. Outside of high school studies and swimming, AJ was very active in many clubs such as DECA, FBLA and the Cybersecurity Club and played recreation basketball. He will be pursuing a college degree at Germanna Community College starting this fall. Entering in the Technology in Mechatronics Career Studies Program. Afterwards looking to attend a four year college.

Woodlands

Aubrey Struder: Aubrey is a recent graduate of Colonial Forge High School and will head to the Virginia Military Institute in August where he will major in psychology and continue his swim career. He is a 7-year member of the Rappahannock Swim League and a 4-year varsity letterman in swim at Colonial Forge.

Caleb Luxeder: Caleb is swimming his 12th season with the Woodland Wahoos. He is a recent graduate of Brooke Point High School, where he was a three year letterman on their varsity swim team while also competing year round with STAT. Caleb is currently employed at the Rouse Center as a head lifeguard, and plans to pursue trade school in the near future.



Ken Novell Ambassador Award

Ken Novell saw a need for a local summer swim league 56 years ago and created the Rappahannock Swim League. He wanted to provide an opportunity for kids to swim against each other in a friendly but competitive environment, where children could take their love of swimming and summertime fun and combine those two activities in a way that promote good sportsmanship.

Sportsmanship is defined as: playing fair, following the rules of the game, respecting the judgment of referees and officials, and treating opponents with respect.

This year's Ken Novell Ambassador Award Winners are:

Battlefield Division – Jack Shrout (Woodlands)

The Woodland Wahoo's nomination for the Ken Novell award is Jack Shrout. Jack has come a long way in his young swimming career, as well as an individual. Jack has had to overcome many difficulties as a child but those have never slowed him down.

He does not back down from a challenge and has never once complained about being asked to do anything even at the young age of 9. In fact, he does the opposite; he is always asking how he can help. Jack has been seen helping his teammates, coaches and volunteers at meets. For example, one meet the coaches were scrambling to find swimmers for relays; next thing you know, Jack showed up with the swimmer we were looking for. He took it upon himself to go to the announcers' table and request for the swimmer, and then took him to his lane. This is one of many examples of Jack being a great teammate.

Throughout the season, Jack has displayed an unwavering passion for swimming. His love for the sport is infectious, inspiring others to share in his enthusiasm for summer swim activities. Whether cheering from the sidelines, supporting teammates, or assisting younger swimmers, Jack demonstrates a genuine commitment to fostering a positive and inclusive swim community.

Jack Shrout's dedication to swimming and his embodiment of sportsmanship make him an outstanding candidate for the Ken Novell Ambassador Award.

Patriot Division – Xander Zysett (Austin Ridge)

The Austin Ridge Rapids would like to nominate Xander Zysett for the Ken Novell Award. Xander is a perfect example of the values this award represents: sportsmanship, dedication to swimming, and continuous improvement.

Xander, who is only 10 years old, joined Rapids last summer and has consistently demonstrated a deep love for swimming. He approaches each practice and meets with determination, and is always striving to better his technique and strokes. His commitment



to self-improvement is truly commendable at his age. He actively seeks feedback and asks questions about his technique to improve his speed. This is shown the most through Zander's Freestyle. Each time he has swam it over the past two summers he has improved his time.

Additionally, Xander was unable to compete in breaststroke or butterfly last year and has successfully competed in all four strokes as well as the 100 IM this summer. Furthermore, Xander exemplifies exceptional sportsmanship both in and out of the pool, through friendships he has made with his teammates.

Summer leagues usually fall second to other summer camps and sports. When it came to our last home meet, Zander's mom requested that Zander only swim in the 2nd half of the swim meet due to a football camp. Because of this, I placed Zander in backstroke, breaststroke, and the 100 IM. When it came to the start of the meet I noticed that Zander was there for warmups. After learning that he would be swimming the IM he decided that swimming was more important that day.

It is without hesitation that I recommend Xander for the Ken Novell Award. His passion for swimming, combined with his exemplary sportsmanship and dedication to improvement, make him a deserving candidate for this honor.

American Division – Victoria Hooton (Hopyard)

This year our nominee for the Ken Novell award is Victoria Hooton. Even though Victoria is only 9 years old, her attitude and sportsmanship extends far past her age group and impacts the entirety of the Hopyard Hammerheads. Victoria exemplifies both a love for the sport of swimming and dedication to teamwork that becomes mirrored by her teammates as a result of her actions. Her unwavering enthusiasm and cheerful disposition have a profound impact on her teammates, creating a supportive and uplifting environment for everyone involved. It is without a doubt that swimmers like Victoria are the ones that make the RSL such an amazing experience.

Every time Victoria is on deck, she exemplifies the pillars of the RSL and values that the Ken Novell Award fosters. At the pool, she is never without her infectious positive attitude and smile. Her greatest impact on the team does not stem from the points she scores, but rather her ability to keep herself and others motivated. During practice, Victoria can be seen reaching across lanes to fist-bump and encourage her teammates to keep working hard. Victoria also serves as a role model to her fellow 10 & under teammates. Her unwavering support becomes infectious across the pool and prompts every swimmer to follow in her footsteps through motivating and congratulating each other after every lap. At swim meets, Victoria's positive and kind demeanor does not waver, even in the heat of competition. She continues to prioritize the necessity for fun in competition for both herself and others. This extends beyond her positive attitude and speed in the water. Victoria can often be found

behind the blocks or in the clerk-of-course getting her teammates and opponents ready to swim. It is her dedication to encouraging others that sets Victoria apart.

Swimmers like Victoria are why the RSL is so influential on the development of swimming skills and character traits. Day in and day out, Victoria dedicates herself to improvement; both for herself and others, in skills both in and out of the water. She is not afraid to push herself in the water, commonly requesting to swim 50s instead of 25s in practice, nor shy away from competition at swim meets. But most importantly, Victoria highlights her importance on our team and in the RSL through the showcasing of her selflessness and genuine care for the team's growth and improvement. When Victoria swims, in practice or competition, she swims for something bigger than herself - her team.

Victoria's actions remind everyone that swimming is not just about individual achievements but about fostering a sense of community and support. Through nominating Victoria for this award, we recognize not only her outstanding character, but also the lasting impact she has on her team. A swimmer that Victoria is rare to come across; and we could not be more honored to be her coach this year.

National Division – Everly Billings (Salem Fields)

I am thrilled to submit a nomination for the Ken Novell award who I feel epitomizes the true spirit of swimming, sportsmanship, and the joy of involving others in all aspects of this incredible sport. This swimmer showed unwavering passion, dedication, and commitment to fostering a fun and inclusive team to make them an outstanding candidate for the Ken Novell. Everly Billings, with her inspirational love for swimming, has become a beacon of inspiration for both seasoned swimmers and newcomers alike. From the very beginning, it was evident Everly's enthusiasm for the sport ran deep. Her dedication to perfecting her technique, pushing her limits, and embracing the challenges of the water has been nothing short of an inspiration to other swimmers on the team.

What truly sets Ever Billings apart is her spectacular sportsmanship. She embodies the values of fairness, respect, and support for her fellow swimmers, regardless of skill level or background. Everly consistently demonstrates grace under pressure, offering words of encouragement and a genuine sense of humor to all her teammates and competitors. Everly at the young age of 10 years old truly understands that swimming is not just about winning races; it's about having fun with everyone around.

In addition to their individual accomplishments, Everly has actively sought opportunities to involve others in the world of summer swimming. She has taken it upon herself to mentor and guide younger swimmers, providing guidance, encouragement, and sharing their deep knowledge and love for the sport. Whether it's organizing friendly competitions, giving stroke advice to swimmers in her lane, or just cracking jokes on the pool deck, Everly will consistently go above and beyond to foster a sense of enjoyment in the water. For these reasons I believe Everly Billings should be the winner of the Ken Novel Award

RSL League Standings By Division

2024 Battlefield

Team	Win	Loss
MY – Massad YMCA Marlins	6	0
HO – Hampton Oaks Hurricanes	4	2
W – Woodland Wahoos	4	2
FP – Fox Point Fintastics	3	3
S – Spotswood Sea Serpents	3	3
CP – Curtis Park Swim Team	0	6

2024 Patriot

Team	Win	Loss
AH – Aquia Harbour Dolphins	6	0
FL – Fawn Lake Fliers Swim Team	5	1
LS – Leeland Station Leeland Express	3	3
AR – Austin Ridge Rapids Swim Team	2	4
LOW – Lake of the Woods Barracudas	2	4
FF – Ferry Farm Flying Fish	1	5

2024 American

Team	Win	Loss
LH – Lee's Hill Lightning Swim Team	6	0
D – Dahlgren Sharks	5	1
H – Hopyard Hammerheads	4	2
C – Chancellor Blue Dolphins	2	4
LW – Lake Wilderness Torpedoes	2	4
CY – Caroline Orcas	1	5
G – Grafton Dolphins	1	5

2024 National

Team	Win	Loss
CC – FCC Buccaneers	5	1
CH – College Heights Swim Team	4	2
SF – Salem Fields	3	3
SY – Spotsylvania YMCA Dragons	2	4
EELS – Eels Swim Team	1	5
I – Idlewild Tidal Waves	0	6



RSL Records - Meters - Individual

Records displayed in course (pool length): **Short Course Meters (25m)**

★ indicates record set in current season

Girls			6 & Under	Boys		
2011	Jordan Durocher	19.56	25 Free	19.62	Kyle Pins	2006
2023	Emmilyn Hamilton	26.85	25 Back	26.59	Cohen Haselhorst	2023

Girls			8 & Under	Boys		
2000	Meredith Cavalier	17.59	25 Fly	17.09	Phillip Sasser	1996
2013	Jordan Durocher	21.44	25 Breast	21.15	John O'Hara	2010

Girls			7-8	Boys		
1996	Cameron Wallace	16.16	25 Free	15.75	Phillip Sasser	1996
1986	Jaime Pyle	19.60	25 Back	18.87	Phillip Sasser	1996

Girls			9-10	Boys		
1988	Erin Chinn	14.10	25 Free	13.21	Nolan Monahan	2009
2000	Ann O'Brien	14.99	25 Fly	14.90	David Johnson	1980
1992	Marion Brothers	17.06	25 Back	16.78	Luke Durocher	2011
2013	Kinsey Brooks	18.16	25 Breast	17.53	Danny Pyle	1990

Girls			12 & Under	Boys		
2004	Meredith Cavalier	1:01.59	100 Free	58.48	Luke Durocher	2013
2004	Meredith Cavalier	1:10.09	100 IM	1:03.78	Luke Durocher	2013

Girls			11-12	Boys		
2015	Caroline Bentz	28.19	50 Free	26.72	Luke Durocher	2013
2004	Meredith Cavalier	30.68	50 Fly	27.69	Luke Durocher	2013
2004	Meredith Cavalier	32.73	50 Back	29.72	Luke Durocher	2013
2007	Kayla Brumbaum	36.06	50 Breast	34.07	Danny Pyle	1992

Girls			13-14	Boys		
2005	Meredith Cavalier	27.66	50 Free	25.09	Brandon Hamblin	2014
2005	Jackie Hynson	29.79	50 Fly	26.66	Luke Durocher	2015
2005	Meredith Cavalier	31.48	50 Back	27.39	Luke Durocher	2015
2009	Kayla Brumbaum	34.64	50 Breast	31.09	Danny Pyle	1994

Girls			13-18	Boys		
2008	Meredith Cavalier	58.19	100 Free	52.87	Dylan Eichberg	2017
2012	Bailie Monahan	1:06.06	100 IM	58.77	Owen Hoban	2024 ★

Women			15-18	Men		
2008	Meredith Cavalier	26.88	50 Free	23.93	Aaron Peterson	1998
2010	Bailie Monahan	28.97	50 Fly	25.38	Kyle Peck	2022
2008	Meredith Cavalier	30.31	50 Back	25.90	Kyle Peck	2024 ★
2011	Kayla Brumbaum	33.41	50 Breast	30.12	Dale Parker	2003



RSL Records - Meters - Relays

Records displayed in course (pool length): **Short Course Meters (25m)**

★ indicates record set in current season

Girls			8 & Under	Boys		
2012	Jordan Durocher, Nia Robinson, Sydney Brown, Marisa Ross	1:17.85	100 Free Relay	1:17.03	Kucas Kopp, Gunther Braendel, Olav Brooks, Ben Eichberg	2012
Girls			9-10	Boys		
2014	Jordan Durocher, Mallory Burns, Sydney Brown, Marisa Ross	1:08.87	100 Free Relay	1:07.37	Avery Amidon, Ryan Lipscomb, Travis Bright, Trevor Tiberio	2018
Girls			12 & Under	Boys		
2015	Carter Wasser, Caroline Bentz, Jenna Kapp, Becca Tidwell	1:05.60	100 Medley Relay	1:06.38	Andrew Rusnak, Collin Feliciano, Nathan Pechacek, Coleman Cassell	2015
Girls			11-12	Boys		
2015	Syndney Duffy, Chloe Schmitz, Madelyn Forman, Shay Walker	59.02	100 Free Relay	57.96	Jack Spinnager, Alex Steuart, Matt Conniff, Devin Bateman	2015
Girls			13-14	Boys		
2021	Kailyn Boutte, Madi Bean, Lily Eichberg, Sami Sowers	56.47	100 Free Relay	50.68	Jacon Ball, Mason Harris, William Rader, Jacobs Ragsdell	2011
Girls			18 & Under	Boys		
2012	Marissa Ross, Alice Sandoval, Gracie Paterson, Rheagan Home, Nicole Mullienburg	1:15.03	125 Free Relay	1:11.76	Ben Eichberg, Patrick Pins, Kyle Pins, Brad Allison, Michael Slattery	2012
Girls			13-18	Boys		
2012	Keara Garrity, Elyse MacIssac, Bailie Monahan, Rylie Waisanen	1:00.34	100 Medley Relay	52.46	Jacob Miller, Ben Eichberg, Dylan Eichberg, Nick Ashton	2018
Women			15-18	Men		
2015	Ryan Ulrich, Annalee Johnson, Alexis Delgado, Katie Sell	54.15	100 Free Relay	46.38	Jacob Miller, Nick Ashton, Joe Stephens, Dylan Eichberg	2018



RSL Records - Yards - Individual

Records displayed in course (pool length): **Short Course Yards (25yd)**

★ Indicates record set in current season

Girls			6 & Under	Boys		
2009	Caroline Bentz	18.44	★ 25 Free	17.89	Jacob Miller	2007
2023	Emmilyn Hamilton	22.77	★ 25 Back	24.07	Declan Parker	2018

Girls			8 & Under	Boys		
2000	Meredith Cavalier	17.59	★ 25 Fly	16.12	Cameron Murray	2011
2013	Ashley Wang	19.09	★ 25 Breast	20.49	Mahlon Newlin	1987

Girls			7-8	Boys		
2011	Caroline Bentz	14.70	★ 25 Free	14.54	Kyle Pins	2008
2013	Ashley Wang	17.49	★ 25 Back	18.46	Ryan McOsker	2014

Girls			9-10	Boys		
2002	Meredith Cavalier	13.04	★ 25 Free	12.66	Brandon Hamblin	2010
2002	Meredith Cavalier	13.97	★ 25 Fly	13.82	Devin Bateman	2014
1993	Trisha Blackwell	15.72	★ 25 Back	15.12	Steen Loccisano	1999
2013	Kinsey Brooks	16.93	★ 25 Breast	17.56	Matt Rodkey	1994

Girls			12 & Under	Boys		
2004	Meredith Cavalier	56.45	★ 100 Free	51.97	Luke Durocher	2013
2017	Jordan Durocher	1:03.21	★ 100 IM	58.97	Luke Durocher	2013

Girls			11-12	Boys		
2004	Meredith Cavalier	25.12	★ 50 Free	24.22	Luke Durocher	2013
2004	Meredith Cavalier	27.87	★ 50 Fly	25.50	Luke Durocher	2013
2004	Meredith Cavalier	29.35	★ 50 Back	26.88	Luke Durocher	2013
2007	Kayla Brumbaum	32.79	★ 50 Breast	30.50	Luke Durocher	2013

Girls			13-14	Boys		
2006	Meredith Cavalier	24.56	★ 50 Free	22.91	Ben Eichberg	2018
2023	Savannah Duffy	26.68	★ 50 Fly	24.47	Luke Durocher	2014
2005	Meredith Cavalier	27.71	★ 50 Back	24.86	Luke Durocher	2015
2008	Kayla Brumbaum	30.55	★ 50 Breast	28.90	Danny Pyle	1994

Girls			13-18	Boys		
2009	Meredith Cavalier	53.12	★ 100 Free	47.74	Steven Loccisano	2006
2012	Kayla Brumbaum	1:01.07	★ 100 IM	52.46	Luke Durocher	2016

Women			15-18	Men		
2009	Caroline Simmons	24.47	★ 50 Free	21.85	Garrett Ross	2016
2009	Meredith Cavalier	26.82	★ 50 Fly	23.10	Kyle Peck	2023
1999	Krystal Ball	27.50	★ 50 Back	24.00	Kyle Peck	2023
2012	Kayla Brumbaum	30.40	★ 50 Breast	27.29	Jake Ball	2016



RSL Records - Yards - Relays

Records displayed in course (pool length): **Short Course Yards (25yd)**

★ indicates record set in current season

Girls		8 & Under		Boys	
2012	Jordan Durocher, Nia Robinson, Katy Bronski, Marissa Ross	1:11.12	100 Free Relay	1:13.11	Jesse Chewing, Jeremy Wallo, Brent Miller, Michael Krushinski 2018
Girls		9-10		Boys	
2014	Jordan Durocher, Mallory Burns, Marissa Ross, Sydney Brown	1:01.24	100 Free Relay	1:01.16	Avery Amidon, Ethan Greene, Tracis Bright , Trevor Tiberio 2018
Girls		12 & Under		Boys	
2014	Alice Sandoval, Maddie Urian, Cristal Perdomo, Marissa Ross	1:00.47	100 Medley Relay	1:01.31	Jason Cooper, Connor Jackson, Finn Whitis, Manion Woodruff 2024★
Girls		11-12		Boys	
2013	Nina Banzon, Alice Sandoval, Maddie Urian, Katrina Yankovich	54.94	100 Free Relay	52.75	Brennan Paterson, Jeffery George, Noah Ross, Luke Durocher 2013
Girls		13-14		Boys	
2021	Mikayla Kainu, Madi Bean, Lily Eichberg, Sami Sowers	51.69	100 Free Relay	47.36	Nathan Pechacek, Micah Hunt, Connor Smith, Collin Feliciano 2017
Girls		18 & Under		Boys	
2012	Marissa Ross, Alice Sandoval, Gracie Paterson, Rheagan Horne, Nicole Mulienburg	1:08.63	125 Free Relay	1:06.85	Michael Krushinski, Eric Pelham, Alex Fortiz, Ben Eichberg, Jacob Miller 2018
Girls		13-18		Boys	
2018	Courtney Wolfgang, Carlie Clements, Pia Basilica, Caroline Storen	54.66	100 Medley Relay	46.70	Jacob Miller, Ben Eichberg, Dylan Eichberg, Nick Ashton 2018
Women		15-18		Men	
2015	Courtney Jones, Nicole Mulienburg, Gracie Paterson, Rheagan Horne	50.60	100 Free Relay	42.16	Luke Duroche, David Turbyfill, Jake Ball, Garrett Ross 2016





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2024 PATRIOT DIVISION

UNDEFEATED CHAMPIONS

GO DOLPHINS

"SWIM FAST"

ARIANA & AALIYAH

LOVE, MOM & DAD



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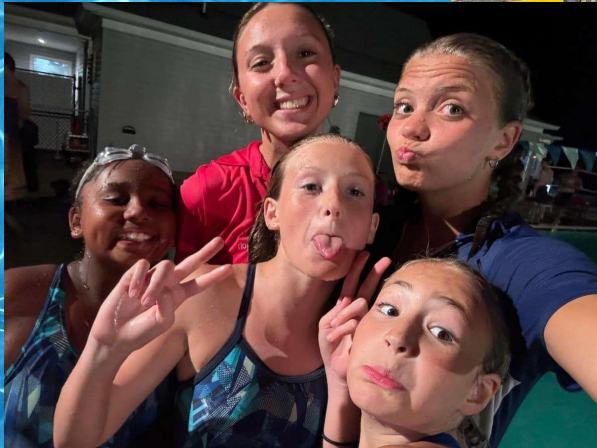


GREAT

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2024 Aquia Harbour Dolphins Patriot Division Undefeated Champs



2024 Aquia Harbour Dolphins Patriot Division Undefeated Champs



2024
Aquia Harbour Dolphins Swim Team
Patriot Division Undefeated Champions



2024
Aquia Harbour Dolphins Swim Team
Patriot Division Undefeated Champions



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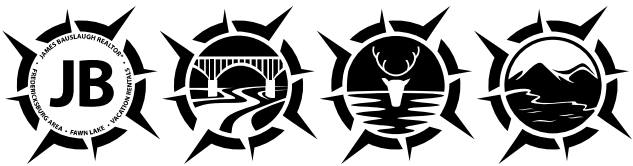
**2024
 Season**



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GO BARRACUDAS!



GOOD LUCK AT FINALS BARRACUDAS!



Swim Fast! GO BARRACUDAS!



**Congratulations Barracudas on your
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The Lake of the Woods Barracudas want to send a huge Thank You to our amazing sponsors for your support for the 2024 Season!

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Celebrating the Leeland Express Swim Team and Their 2024 Sponsors

The Leeland Express Swim Team is making waves in the community, and it's not just in the pool! As we dive into the 2024 swim season, we want to extend a heartfelt thank you to our incredible sponsors who make it all possible. Their support helps our team reach new heights, and we couldn't be more grateful.



LEELAND EXPRESS

RAPPAHANNOCK SWIM LEAGUE
PATRIOT DIVISION
2024

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By appointment, please contact coach of preferred site

King George Y: Connor Muncie, munciecmrays@gmail.com, 540-903-8867

Massad YMCA: Dylan Peck, coachdylan@swimrays.org, 540-498-8682

Rosner YMCA: Jimmy Rodriguez, coachjimmy@swimrays.org, 970-829-9763

JRSSC: Patrick Bogue, coachpatrick@swimrays.org, 540-424-3331

We Aren't Just a Team; We are a Family



Head Coach, Anthony Pedersen

coachanthony@swimrays.org

703-919-5889

Executive Director, Bob Herlinger

robert.herlinger@gmail.com

540-207-0846

www.SwimRays.org

Celebrating over 40 years of success: 1979-2024



Congratulations to Our Graduating Seniors

Kathryn Bennett
James Madison University

Malachi Cabellero
Liberty University

Cameron Cook
John Carroll University

Aly Eller
William and Mary

Sarah Green
Lafayette College

Kristian Henderson
Undecided

Owen Hoban
Miami University - Ohio

Davia Hoover
West Virginia University

Thomas Horton
Liberty University

Benjamin Hunter
Liberty University

Lily Jones
Mississippi State University

Ryan McOsker
US Merchant Marine Academy

Morgan Moore
US Coast Guard Academy

Anthony Mugavero
Johns Hopkins University

Kyle Peck
University of Texas

Sebastean Ready
Undecided

Madison Simons
Brigham Young University

Lauren Smith
Undecided

Andrew Spinnanger
University of Virginia

Aubrey Struder
Virginia Military Institute

Brody Tuttle
Charleston Southern University

We are proud of our student athletes' achievements, in and out of the pool. Our swim team family wishes all of our seniors the best of luck in their next stage of life! We will miss you all.

www.swimrays.org

40 + Years Achievements 1979-2024

#1 Girls 6 & Under 25yd Freestyle

RSLY Caroline Bentz 2009 18.44
D

Heat 1 of 3 Est Start: 8:00 AM

1	—		
2	Lincoln, Lila	4 FF	55.57 C
3	Hlywa, Cori	5 LS	38.00 C
4	Schumann, Aurora	6 LOW	45.05 C
5	—		
6	—		

Heat 2 of 3 Est Start: 8:01 AM

1	Commerford, Katelyn	6 AH	35.32 C
2	Shifflett, Lila	5 AH	33.33 B
3	Gabeler, CeCe	6 FL	32.50 B
4	McDonald, Bailey	6 LS	32.75 B
5	Norton, Teagan	6 AH	34.88 B
6	Robinson, Sawyer	5 FF	37.56 C

Heat 3 of 3 Est Start: 8:02 AM

1	Rodriguez, Isabella	6 FF	29.02 A
2	Smith, Ava	6 FL	26.32 A
3	DeWeese, Kensie	6 FL	24.63 A
4	Paxson, Hannah	6 FL	26.14 A
5	Smith, Bella	6 LOW	27.57 A
6	Williams, Harper	6 AH	30.77 B

#2 Boys 6 & Under 25yd Freestyle

RSLY Jacob Miller 2007 17.89
D

Heat 1 of 4 Est Start: 8:03 AM

1	Upchurch, Macklin	6 LOW	52.05 C
2	Thomas, Solomon	6 FF	47.76 C
3	Wells, John	5 AH	46.12 C
4	Crawley, Holden	5 FL	47.22 C
5	Montoya Cazon, Fernando	5 AR	51.93 C
6	—		

Heat 2 of 4 Est Start: 8:04 AM

1	Tamillow, James	6 FL	41.11 C
2	McClutchy, Howie	6 AH	38.60 B
3	Johnson, Teddy	6 LOW	36.17 B
4	Martinez, Mateo	6 AH	36.41 B
5	Dent, Xavier	5 AR	40.61 B
6	Lipscomb, AJ	6 FF	41.56 C

Heat 3 of 4 Est Start: 8:06 AM

1	Loeffler, Ronan	6 AH	35.38 B
2	Curis, MJ	5 AH	34.04 B
3	Bishop, Griffin	6 FL	30.54 A
4	Patterson, Wyatt	6 LS	32.15 A
5	Passmore, Sawyer	6 FF	34.13 B
6	Abdula, Liam	6 FL	35.38 B

Heat 4 of 4

1	Bakos, Theo	6 FL	28.49 A
2	Stevens, Cliff	6 LOW	26.58 A
3	Gasiorowski, Hank	6 AR	21.88 A
4	Van Dusen, Benji	6 FL	26.41 A
5	Deptola, Theodore	6 AH	27.00 A
6	Bogusz, Lincoln	6 FL	29.44 A

Est Start: 8:07 AM**#3 Girls 8 & Under 25yd Freestyle****Heat 1 of 6 Est Start: 8:08 AM**

1	—		
2	Bliss, Rebel	7 AR	43.59 C
3	Davis, Madelyn	7 AR	41.22 C
4	Shulll, Angelique	7 FF	42.38 C
5	—		
6	—		

Heat 2 of 6 Est Start: 8:09 AM

1	Prasad, Arianna	8 FL	37.59 C
2	Steber, Isla	8 FF	31.77 C
3	Johnston, Eliza Ann	8 AH	31.03 C
4	Sprinkle, Freyja	7 LOW	31.69 C
5	Upchurch, Eva	8 LOW	33.30 C
6	Forbes, Arden	7 FL	38.81 C

Heat 3 of 6 Est Start: 8:10 AM

1	Macey, Sydney	7 FF	30.03 C
2	Young, Norah	7 FF	29.38 B
3	Tran, Annie	8 FL	28.46 B
4	Beer, Lorelai	7 LS	28.59 B
5	Ulrey, Brenna	7 LOW	29.61 B
6	Kuhlmann, Quinn	7 LS	30.22 C

Heat 4 of 6 Est Start: 8:11 AM

1	Haynes, Eleanor	8 AR	27.65 B
2	Harding, Ruthie	8 AR	26.34 B
3	Eck, Catherine	7 FL	25.63 B
4	Johnson, Karis	7 AR	25.65 B
5	Taormina, Marianna	7 FL	26.78 B
6	Soaper, Adaline	7 FL	28.00 B

Heat 5 of 6 Est Start: 8:12 AM

1	Green, Avery	8 LS	24.75 A
2	Gimenez, Ashley	8 LOW	24.50 A
3	Woodcock, Makenna	8 FL	23.84 A
4	Wells, Tori	8 AH	24.13 A
5	Patrignani, Jordan	8 LS	24.56 A
6	Owens, Charlee	7 FF	25.39 B

Heat 6 of 6 Est Start: 8:13 AM

1	Opanashuk, Everly	8 LS	23.21 A
2	Benke, Kristiana	8 LS	21.42 A
3	Gallagher, Katie	7 AR	19.92 A
4	Curis, Kaylani	8 AH	20.33 A
5	Shifflett, Ruby	8 AH	22.39 A
6	Gabeler, Reagan	7 FL	23.74 A

#4 Boys 8 & Under 25yd Freestyle

Heat 1 of 7 **Est Start: 8:14 AM**

1	Carpenter, Leo	7 AH	46.65 C
2	Baca, Jameson	7 AH	40.46 C
3	Jordan, Solo	7 AH	39.73 C
4	Ziegler, Jackson	8 AR	40.17 C
5	Francis, Hudson	7 AH	41.60 C
6	Bakewell, Henry	7 AR	47.55 C

Heat 2 of 7 **Est Start: 8:15 AM**

1	Shay, Luke	7 AR	34.09 C
2	Yurasko, Zachary	7 FL	29.47 C
3	Graff, Max	7 LOW	28.29 C
4	Worman, Leo	7 LS	29.22 C
5	Holder, Reid	8 LOW	30.92 C
6	Chaney, Levi	7 FF	34.80 C

Heat 3 of 7 **Est Start: 8:16 AM**

1	Schietinger, Declan	8 LOW	28.23 C
2	Zysett, Theo	8 AR	27.33 B
3	Castro, Lukas	8 FF	27.03 B
4	Hefner, Josh	7 FL	27.20 B
5	Garrard, Eli	8 FF	27.87 B
6	Witmer, Noah	8 AR	28.24 C

Heat 4 of 7 **Est Start: 8:17 AM**

1	Colon, Oliver	8 FL	25.90 B
2	Patterson, Carter	7 LOW	25.67 B
3	Johnson, Brady	7 FL	25.14 B
4	Brecht, Colton	8 LS	25.57 B
5	Plante, Jett	7 AH	25.79 B
6	Davis, Trevor	7 LS	26.07 B

Heat 5 of 7 **Est Start: 8:18 AM**

1	Shay, Ryan	7 AR	24.95 B
2	Haynes, Owen	7 AR	24.64 B
3	Martinez, Lucas	7 AH	23.87 A
4	Benke, Liam	7 LS	24.34 A
5	Vazquez, Ezra	7 LS	24.90 B
6	Grainger, Henry	7 LS	25.05 B

Heat 6 of 7 **Est Start: 8:19 AM**

1	Holroyd, Eli	8 LS	23.01 A
2	Simpson, Benson	7 FL	22.25 A
3	Deptola, Jeffrey	8 AH	21.98 A
4	Pettis, Colt	8 LOW	22.21 A
5	Plante, Titus	8 AH	22.62 A
6	Bauslaugh, Judah	7 FL	23.87 A

Heat 7 of 7 **Est Start: 8:20 AM**

1	Eliason, Coen	7 FL	21.28 A
2	Lincoln, Cooper	7 FF	20.13 A
3	Porter, Ben	7 LOW	19.85 A
4	Twum, Justice	8 FF	20.06 A
5	Crandall, Isaiah	7 LS	20.65 A
6	Reid, Beckett	8 FL	21.53 A

#5 Girls 9-10 25yd Freestyle

RSLY	Meredith Cavalier	2002	13.04
	AH		

Heat 1 of 7 **Est Start: 8:21 AM**

1	Killion, Marley	10 AH	35.78 C
2	Bakewell, Lillian	9 AR	29.14 C
3	Worman, Claire	9 LS	25.74 C
4	Holroyd, Aria	10 LS	25.87 C
5	Robinson, Reese	9 FF	34.88 C
6	—		

Heat 2 of 7 **Est Start: 8:22 AM**

1	Doty, Cora	10 AR	23.68 C
2	Davis, Felicity	9 AR	23.38 C
3	Yurasko, Elizabeth	9 FL	22.78 C
4	Walden, Kenzie	10 FL	23.23 C
5	Lipscomb, Brynley	9 FF	23.59 C
6	Poston, McKinley	9 AR	24.02 C

Heat 3 of 7 **Est Start: 8:23 AM**

1	Huff, Emma	9 FF	22.20 C
2	Vazquez, Antonia	9 LS	21.10 B
3	Holder, Brantley	9 LOW	20.22 B
4	Logan, Cyra	9 FL	20.66 B
5	Mirza, Sheherazade	10 AH	21.46 B
6	Devereaux, Sarah	9 AH	22.69 C

Heat 4 of 7 **Est Start: 8:24 AM**

1	Ziegler, Josselyn	10 AR	20.11 B
2	Beesley, Katie	10 LOW	19.14 B
3	Payden, Charlotte	10 LOW	18.91 B
4	Yukica, Kaylee	10 LS	19.14 B
5	Bullock, Chandler	10 FL	19.21 B
6	McLachlan, McKenna	10 AR	20.19 B

Heat 5 of 7 **Est Start: 8:25 AM**

1	Smith, Charleigh	9 LOW	18.66 B
2	Eliason, Carlee	9 FL	18.49 B
3	Porter, Emma	9 LOW	17.93 A
4	Deptola, Kayleigh	10 AH	18.32 A
5	Owens, Raegan	10 FF	18.50 B
6	Stewart, Audrey	10 FF	18.83 B

Heat 6 of 7 **Est Start: 8:25 AM**

1	Williams, Emma	10 FL	17.33 A
2	Guy, Nev	10 AH	17.14 A
3	Harte, Savannah	9 LS	16.90 A
4	Kee, Everleigh	10 AH	17.03 A
5	Gouldman, Tinley	10 LS	17.26 A
6	Hiner, Lillian	10 FL	17.48 A

Heat 7 of 7

1	Pyryt, Penny	9 AR	16.32 A
2	Pyryt, Molly	10 AR	15.58 A
3	Engel, Alex	10 AH	15.14 A
4	Taormina, Soleil	10 FL	15.32 A
5	Shifflett, Caroline	10 AH	16.08 A
6	Hix, Eyva	9 LOW	16.90 A

Est Start: 8:26 AM**Heat 6 of 7**

1	Smith, Liam	10 FL	17.24 A
2	Kee, Chris	9 AH	16.36 A
3	Ahlers, Rowan	9 LS	16.26 A
4	Plante, Tripp	10 AH	16.35 A
5	Hall, Eli	10 AR	16.56 A
6	Stevens, Logan	10 LOW	17.40 A

Est Start: 8:31 AM**#6 Boys 9-10 25yd Freestyle**

RSLY	Brandon Hamblin	2010	12.66
	HO		

Heat 1 of 7

1	—		
2	Perron, Forrest	10 FF	27.38 C
3	Lewis, Noah	9 AR	26.04 C
4	Tran, Max	9 FL	26.66 C
5	—		
6	—		

Est Start: 8:27 AM**Heat 2 of 7**

1	Baca, Jackson	9 AH	25.76 C
2	Cartwright, Declan	10 LOW	24.01 C
3	Haberkost, Colin	9 AH	21.86 C
4	Woodward, Liam	10 AR	22.16 C
5	Wallo, Jackson	9 LS	24.38 C
6	—		

Est Start: 8:28 AM**Heat 3 of 7**

1	Thomas, Sebastian	10 FF	21.01 C
2	David, Owen	9 AR	20.66 C
3	Rodriguez, Matthew	9 FF	20.20 B
4	Davis, Austin	9 LS	20.44 B
5	Tamillow, Joshua	9 FL	20.68 C
6	Beer, Emmett	9 LS	21.04 C

Est Start: 8:29 AM**Heat 4 of 7**

1	Kuhlmann, Beau	9 LS	20.00 B
2	Hopwood, Luke	9 FL	19.56 B
3	Patterson, Garrett	10 FL	18.92 B
4	Paxson, Nathan	9 FL	19.22 B
5	Haycock, Nolan	9 AR	19.68 B
6	Prasad, Daniel	9 FL	20.13 B

Est Start: 8:30 AM**Heat 5 of 7**

1	Itoh, Logan	10 AR	18.26 B
2	Green, Eli	9 LS	17.98 B
3	Tuttle, Milo	10 LOW	17.64 A
4	Smith, Javin	10 LS	17.87 B
5	Szczechowski, Eli	9 LOW	18.05 B
6	Steber, Jack	10 FF	18.86 B

Est Start: 8:31 AM**Heat 7 of 7**

1	Quinn, Jase	10 FL	15.96 A
2	McFarlane, Phillip	10 AH	15.57 A
3	Hopewell, Caspian	10 LOW	14.24 A
4	Thompson, Rhett	10 FF	14.52 A
5	Lincoln, Elliott	9 FF	15.58 A
6	Etu, Brendan	10 LS	15.99 A

Est Start: 8:32 AM**#7 Girls 8 & Under 25yd Butterfly**

RSLY	Meredith Cavalier	2000	17.59
	AH		

Heat 1 of 2

1	Steber, Isla	8 FF	42.86 C
2	Patrignani, Jordan	8 LS	34.25 C
3	Benke, Kristiana	8 LS	30.30 B
4	Woodcock, Makenna	8 FL	33.11 B
5	Opanashuk, Everly	8 LS	38.27 C
6	Eck, Catherine	7 FL	58.67 C

Est Start: 8:33 AM**Heat 2 of 2**

1	Owens, Charlee	7 FF	29.94 B
2	Wells, Tori	8 AH	28.50 A
3	Harris, Aaliyah	8 AH	26.48 A
4	Gallagher, Katie	7 AR	26.58 A
5	Van Dusen, Emmy	8 FL	28.97 A
6	Elkins, Finley	7 FF	30.05 B

Est Start: 8:34 AM**#8 Boys 8 & Under 25yd Butterfly**

RSLY	Cameron Murray	2011	16.12
	FF		

Heat 1 of 2

1	Castro, Lukas	8 FF	37.16 C
2	Porter, Ben	7 LOW	32.84 C
3	Gasiorowski, Hank	6 AR	32.23 B
4	Grainger, Henry	7 LS	32.48 B
5	Ortega, Anthony	8 AR	33.47 C
6	Benke, Liam	7 LS	37.70 C

Est Start: 8:35 AM**Heat 2 of 2**

1	Engel, Barrett	8 AH	30.11 B
2	Eliason, Coen	7 FL	29.20 A
3	Lincoln, Cooper	7 FF	26.41 A
4	Colon, Oliver	8 FL	26.76 A
5	Crandall, Isaiah	7 LS	29.99 A
6	Holroyd, Eli	8 LS	30.76 B

Est Start: 8:37 AM

#9 Girls 9-10 25yd Butterfly

RSLY Meredith Cavalier 2002 13.97
AH

Heat 1 of 5 Est Start: 8:38 AM

1	Fogarty, Piper	9 LS	31.07 C
2	Worman, Claire	9 LS	30.71 C
3	Harding, Jane	10 AR	27.23 C
4	Huff, Emma	9 FF	27.85 C
5	Lipscomb, Brynley	9 FF	31.02 C
6	Vazquez, Antonia	9 LS	32.24 C

Heat 2 of 5 Est Start: 8:39 AM

1	McLachlan, McKenna	10 AR	26.41 C
2	Stewart, Audrey	10 FF	26.08 C
3	Welch, Addison	9 AR	25.11 B
4	Yukica, Kaylee	10 LS	25.33 B
5	Fabbro, Rebekah	9 AH	26.32 C
6	Hiner, Livia	9 FL	26.54 C

Heat 3 of 5 Est Start: 8:40 AM

1	Plumley, Calin	10 AH	24.89 B
2	Smith, Charleigh	9 LOW	24.17 B
3	Pyryt, Penny	9 AR	22.44 B
4	Garrard, Caroline	10 FF	22.60 B
5	Payden, Charlotte	10 LOW	24.72 B
6	Logan, Cyra	9 FL	25.00 B

Heat 4 of 5 Est Start: 8:40 AM

1	Taormina, Everleigh	10 FL	21.76 B
2	Kee, Everleigh	10 AH	21.17 A
3	Martinez, Natalia	10 AH	20.60 A
4	Harte, Savannah	9 LS	21.08 A
5	Potrafka, Tori	10 AH	21.47 A
6	Bogusz, June	9 FL	22.41 B

Heat 5 of 5 Est Start: 8:41 AM

1	Soaper, Evelyn	10 FL	19.92 A
2	Pyryt, Molly	10 AR	18.15 A
3	Ferguson, Fergy	10 AH	14.08 A
4	Taormina, Soleil	10 FL	18.13 A
5	Gasiorowski, Avery	10 AR	18.77 A
6	Strausbaugh, Kora	10 LS	20.32 A

#10 Boys 9-10 25yd Butterfly

RSLY Devin Bateman 2014 13.82
LS

Heat 1 of 5 Est Start: 8:42 AM

1	—		
2	Wallo, Jackson	9 LS	34.25 C
3	Rodriguez, Matthew	9 FF	33.33 C
4	David, Owen	9 AR	33.39 C
5	—		
6	—		

Heat 2 of 5

1	Itoh, Logan	10 AR	31.14 C
2	Thomas, Sebastian	10 FF	28.43 C
3	Steber, Jack	10 FF	27.90 C
4	Logan, Axl	10 FL	28.34 C
5	Del Monte, Luca	9 FL	30.94 C
6	—		

Est Start: 8:43 AM**Heat 3 of 5**

1	Freeman, Connor	10 FF	24.40 B
2	Beall, James	9 FL	24.05 B
3	Rensen, Wiley	10 FL	23.80 B
4	Szczechowski, Eli	9 LOW	23.97 B
5	Quinn, Jase	10 FL	24.22 B
6	Wells, Liam	10 AH	26.18 B

Est Start: 8:44 AM**Heat 4 of 5**

1	Fogarty, Joseph	10 LS	22.85 B
2	Etu, Brendan	10 LS	20.99 A
3	Lincoln, Elliott	9 FF	20.13 A
4	Zysett, Xander	10 AR	20.71 A
5	Davis, Ethan	10 LS	21.96 B
6	Elchenko, Declan	10 LS	23.04 B

Est Start: 8:45 AM**Heat 5 of 5**

1	Kee, Chris	9 AH	19.49 A
2	Stephenson, Sam	10 LS	19.11 A
3	Thompson, Rhett	10 FF	16.13 A
4	McFarlane, Phillip	10 AH	17.85 A
5	Hopewell, Caspian	10 LOW	19.32 A
6	Smith, Liam	10 FL	19.85 A

Est Start: 8:46 AM**#11 Girls 6 & Under 25yd Backstroke**

RSLY Emmilyn Hamilton 2023 22.77
Woodland Wahoos

Heat 1 of 3 Est Start: 8:47 AM

1	—		
2	Gabeler, CeCe	6 FL	51.52 C
3	Paxson, Hannah	6 FL	43.32 C
4	Hlywa, Cori	5 LS	49.74 C
5	—		
6	—		

Heat 2 of 3 Est Start: 8:48 AM

1	—		
2	Schumann, Aurora	6 LOW	41.10 B
3	Shifflett, Lila	5 AH	35.93 B
4	McDonald, Bailey	6 LS	37.10 B
5	Commerford, Katelyn	6 AH	42.93 C
6	—		

Heat 3 of 3

1	Norton, Teagan	6 AH	33.86 A
2	Robinson, Sawyer	5 FF	31.16 A
3	DeWeese, Kensie	6 FL	27.12 A
4	Rodriguez, Isabella	6 FF	30.63 A
5	Smith, Ava	6 FL	31.27 A
6	Smith, Bella	6 LOW	34.01 B

Est Start: 8:50 AM**Heat 3 of 5**

1	Steber, Isla
2	Kuhlmann, Quinn
3	Gimenez, Ashley
4	Ulrey, Brenna
5	Green, Avery
6	Patrignani, Jordan

Est Start: 8:59 AM

8	FF	33.26 B
7	LS	31.38 B
8	LOW	29.53 B
7	LOW	31.17 B
8	LS	32.46 B
8	LS	33.35 B

#12 Boys 6 & Under 25yd Backstroke

RSLY	Declan Parker	2018	24.07
	SY		

Heat 1 of 3

1	—		
2	Upchurch, Macklin	6 LOW	1:00.26 C
3	Tamillow, James	6 FL	52.15 C
4	Lipscomb, AJ	6 FF	54.14 C
5	Montoya Cazon, Fernando	5 AR	1:15.91 C
6	—		

Est Start: 8:51 AM**Heat 2 of 3**

1	Abdula, Liam	6 FL	43.81 B
2	Bishop, Griffin	6 FL	43.19 B
3	Loeffler, Ronan	6 AH	37.89 B
4	Bogusz, Lincoln	6 FL	39.49 B
5	Bakos, Theo	6 FL	43.61 B
6	Dent, Xavier	5 AR	47.33 C

Est Start: 8:53 AM**Heat 3 of 3**

1	Johnson, Teddy	6 LOW	37.00 A
2	Gasiorowski, Hank	6 AR	32.08 A
3	Patterson, Wyatt	6 LS	29.58 A
4	Van Dusen, Benji	6 FL	31.70 A
5	Stevens, Cliff	6 LOW	33.12 A
6	Deptola, Theodore	6 AH	37.38 A

Est Start: 8:55 AM**#13 Girls 8 & Under 25yd Backstroke****Heat 1 of 5**

1	Davis, Madelyn	7 AR	46.13 C
2	Haynes, Eleanor	8 AR	40.71 C
3	Bliss, Rebel	7 AR	38.23 C
4	Beer, Lorelai	7 LS	38.38 C
5	Shulll, Angelique	7 FF	42.26 C
6	—		

Est Start: 8:56 AM**Heat 2 of 5**

1	Rensen, Daphne	7 FL	35.95 C
2	Sprinkle, Freyja	7 LOW	34.65 C
3	Soaper, Adaline	7 FL	33.81 B
4	Taormina, Marianna	7 FL	34.46 B
5	Upchurch, Eva	8 LOW	35.43 C
6	Young, Norah	7 FF	37.08 C

Est Start: 8:58 AM**Heat 4 of 5**

1	Macey, Sydney
2	Wells, Tori
3	Shifflett, Ruby
4	Johnson, Karis
5	Van Dusen, Emmy
6	Elkins, Finley

Est Start: 9:00 AM

7	FF	29.18 B
8	AH	27.97 A
8	AH	27.05 A
7	AR	27.83 A
8	FL	28.63 A
7	FF	29.46 B

Heat 5 of 5

1	Harris, Aaliyah
2	Gabeler, Reagan
3	Curis, Kaylani
4	Woodcock, Makenna
5	Opanashuk, Everly
6	Harding, Ruthie

Est Start: 9:02 AM

8	AH	25.95 A
7	FL	25.56 A
8	AH	23.95 A
8	FL	25.36 A
8	LS	25.93 A
8	AR	26.53 A

#14 Boys 8 & Under 25yd Backstroke**Heat 1 of 6**

1	—		
2	Cornett, Will	8 AH	44.26 C
3	Davis, Trevor	7 LS	39.43 C
4	Hefner, Josh	7 FL	43.86 C
5	—		
6	—		

Est Start: 9:03 AM**Heat 2 of 6**

1	Worman, Leo	7 LS	36.67 C
2	Yurasko, Zachary	7 FL	35.56 C
3	Chaney, Levi	7 FF	33.84 C
4	Plante, Jett	7 AH	34.71 C
5	Haynes, Owen	7 AR	35.77 C
6	Witmer, Noah	8 AR	36.77 C

Est Start: 9:04 AM**Heat 3 of 6**

1	Graff, Max	7 LOW	33.38 C
2	Holder, Reid	8 LOW	32.04 B
3	Martinez, Lucas	7 AH	31.59 B
4	Pettis, Colt	8 LOW	31.68 B
5	Vazquez, Ezra	7 LS	32.18 B
6	Shay, Luke	7 AR	33.81 C

Est Start: 9:06 AM**Heat 4 of 6**

1	Garrard, Eli	8 FF	31.08 B
2	Castro, Lukas	8 FF	30.82 B
3	Schietinger, Declan	8 LOW	30.21 B
4	Brecht, Colton	8 LS	30.34 B
5	Plante, Titus	8 AH	30.84 B
6	Shay, Ryan	7 AR	31.55 B

Est Start: 9:07 AM

Heat 5 of 6

1	Johnson, Brady	7 FL	29.50 A
2	Patterson, Carter	7 LOW	28.57 A
3	Simpson, Benson	7 FL	28.16 A
4	Engel, Barrett	8 AH	28.24 A
5	Zysett, Theo	8 AR	29.26 A
6	Holroyd, Eli	8 LS	29.50 A

Heat 6 of 6

1	Crandall, Isaiah	7 LS	26.60 A
2	Deptola, Jeffrey	8 AH	26.24 A
3	Eliason, Coen	7 FL	25.41 A
4	Ortega, Anthony	8 AR	26.21 A
5	Colon, Oliver	8 FL	26.25 A
6	Twum, Justice	8 FF	27.28 A

#15 Girls 9-10 25yd Backstroke

RSLY	Trisha Blackwell	1993	15.72
	LOW		

Heat 1 of 5

1	Robinson, Reese	9 FF	38.13 C
2	Poston, McKinley	9 AR	32.92 C
3	Holder, Brantley	9 LOW	28.84 C
4	Lipscomb, Brynley	9 FF	30.09 C
5	Bakewell, Lillian	9 AR	34.20 C
6	Holroyd, Aria	10 LS	38.17 C

Heat 2 of 5

1	DeWeese, Chloe	10 FL	28.18 C
2	Huff, Emma	9 FF	27.06 C
3	Fogarty, Piper	9 LS	26.72 B
4	Worman, Claire	9 LS	26.82 B
5	Curis, Penelope	9 AH	27.42 C
6	Davis, Felicity	9 AR	28.84 C

Heat 3 of 5

1	Gouldman, Tinley	10 LS	25.93 B
2	Beesley, Katie	10 LOW	25.62 B
3	Doty, Cora	10 AR	24.27 B
4	Deptola, Kayleigh	10 AH	25.08 B
5	Harding, Jane	10 AR	25.79 B
6	Jillard, Juliette	10 FL	26.31 B

Heat 4 of 5

1	Yukica, Kaylee	10 LS	23.90 B
2	Forbes, Cora	10 FL	22.51 A
3	Garrard, Caroline	10 FF	22.25 A
4	Shifflett, Caroline	10 AH	22.41 A
5	Porter, Emma	9 LOW	22.98 A
6	Maxwell, Natalie	10 FL	23.99 B

Heat 5 of 5

1	Pyryt, Penny	9 AR	21.31 A
2	Potrafka, Tori	10 AH	20.69 A
3	Ryan, Cecie	9 FL	19.78 A
4	Williams, Emma	10 FL	20.35 A
5	Plumley, Calin	10 AH	21.28 A
6	Kee, Everleigh	10 AH	21.45 A

Est Start: 9:16 AM**#16 Boys 9-10 25yd Backstroke**

RSLY	Steen Loccisano	1999	15.12
	C		

Heat 1 of 5

1	Perron, Forrest	10 FF	38.17 C
2	Baca, Jackson	9 AH	34.86 C
3	Cartwright, Declan	10 LOW	32.96 C
4	Patterson, Garrett	10 FL	33.32 C
5	Haberkost, Colin	9 AH	35.05 C
6	—		

Est Start: 9:17 AM**Heat 2 of 5**

1	Stover, Wyatt	9 FL	28.68 C
2	Woodward, Liam	10 AR	27.41 C
3	Beer, Emmett	9 LS	25.22 B
4	Reanos, Max	9 FL	25.63 B
5	Rodriguez, Matthew	9 FF	28.63 C
6	Lewis, Noah	9 AR	31.50 C

Est Start: 9:18 AM**Heat 3 of 5**

1	Paxson, Nathan	9 FL	24.50 B
2	Freeman, Connor	10 FF	24.22 B
3	Stevens, Logan	10 LOW	22.90 B
4	Kuhlmann, Beau	9 LS	23.24 B
5	Haycock, Nolan	9 AR	24.42 B
6	Bakos, Sebastian	9 FL	25.01 B

Est Start: 9:19 AM**Heat 4 of 5**

1	Green, Eli	9 LS	22.72 B
2	Plante, Tripp	10 AH	22.49 A
3	Steber, Jack	10 FF	21.65 A
4	Tuttle, Milo	10 LOW	22.00 A
5	Lincoln, Elliott	9 FF	22.59 A
6	Elchenko, Declan	10 LS	22.89 B

Est Start: 9:21 AM**Heat 5 of 5**

1	Woronicz, Seth	10 LS	20.74 A
2	Colon, Finn	10 FL	20.13 A
3	Hall, Eli	10 AR	20.03 A
4	Zysett, Xander	10 AR	20.05 A
5	Kee, Chris	9 AH	20.28 A
6	Ahlers, Rowan	9 LS	21.61 A

Est Start: 9:22 AM

#17 Girls 8 & Under 25yd Breaststroke

RSLY Ashley Wang 2013 19.09
SY

Heat 1 of 4 Est Start: 9:23 AM

1	—		
2	Ko, Eloise	8 FL	43.14 C
3	Elkins, Finley	7 FF	39.76 C
4	Taormina, Marianna	7 FL	42.91 C
5	—		
6	—		

Heat 2 of 4 Est Start: 9:24 AM

1	—		
2	Soaper, Adaline	7 FL	39.42 C
3	Eck, Catherine	7 FL	38.35 B
4	Green, Avery	8 LS	39.31 C
5	Smith, Bella	6 LOW	39.60 C
6	—		

Heat 3 of 4 Est Start: 9:25 AM

1	Sprinkle, Freyja	7 LOW	35.27 B
2	Kuhlmann, Quinn	7 LS	33.68 B
3	Gallagher, Katie	7 AR	31.39 A
4	Gabeler, Reagan	7 FL	31.94 B
5	Johnston, Eliza Ann	8 AH	33.93 B
6	Shifflett, Ruby	8 AH	36.03 B

Heat 4 of 4 Est Start: 9:26 AM

1	Curis, Kaylani	8 AH	30.90 A
2	Benke, Kristiana	8 LS	30.05 A
3	Harris, Aaliyah	8 AH	26.24 A
4	Van Dusen, Emmy	8 FL	29.98 A
5	Gimenez, Ashley	8 LOW	30.21 A
6	Owens, Charlee	7 FF	31.20 A

#18 Boys 8 & Under 25yd Breaststroke

RSLY Mahlon Newlin 1987 20.49
FF

Heat 1 of 3 Est Start: 9:27 AM

1	Francis, Hudson	7 AH	1:03.64 C
2	Graff, Max	7 LOW	45.01 C
3	Benke, Liam	7 LS	39.96 C
4	Bakos, Theo	6 FL	42.82 C
5	Holder, Reid	8 LOW	49.70 C
6	—		

Heat 2 of 3 Est Start: 9:29 AM

1	Brecht, Colton	8 LS	36.11 B
2	Simpson, Benson	7 FL	32.79 B
3	Pettis, Colt	8 LOW	30.18 B
4	Stevens, Cliff	6 LOW	32.27 B
5	Twum, Justice	8 FF	35.32 B
6	Schietinger, Declan	8 LOW	37.17 B

Heat 3 of 3

			Est Start: 9:30 AM
1	Porter, Ben	7 LOW	30.03 A
2	Davis, Trevor	7 LS	29.78 A
3	Lincoln, Cooper	7 FF	28.75 A
4	Engel, Barrett	8 AH	29.67 A
5	Grainger, Henry	7 LS	29.95 A
6	Ortega, Anthony	8 AR	30.16 A

#19 Girls 9-10 25yd Breaststroke

RSLY Kinsey Brooks 2013 16.93
FL

Heat 1 of 5 Est Start: 9:31 AM

1	—		
2	Stewart, Audrey	10 FF	37.58 C
3	Vazquez, Antonia	9 LS	34.47 C
4	Hiner, Livia	9 FL	35.23 C
5	Robinson, Reese	9 FF	47.10 C
6	—		

Heat 2 of 5 Est Start: 9:32 AM

1	Yurasko, Elizabeth	9 FL	33.28 C
2	Holder, Brantley	9 LOW	32.94 C
3	Plumley, Calin	10 AH	29.73 B
4	McLachlan, McKenna	10 AR	32.04 C
5	Ziegler, Josselyn	10 AR	33.00 C
6	Davis, Felicity	9 AR	33.65 C

Heat 3 of 5 Est Start: 9:33 AM

1	Fogarty, Piper	9 LS	29.41 B
2	Carpenter, Everly	9 AH	29.21 B
3	Eliason, Carlee	9 FL	27.61 B
4	Shifflett, Caroline	10 AH	27.77 B
5	Fabbro, Rebekah	9 AH	29.40 B
6	Francis, Peyton	9 AH	29.61 B

Heat 4 of 5 Est Start: 9:34 AM

1	Beesley, Katie	10 LOW	26.58 B
2	Doty, Cora	10 AR	25.98 A
3	Welch, Addison	9 AR	24.74 A
4	Taormina, Soleil	10 FL	25.45 A
5	DeWeese, Chloe	10 FL	26.47 A
6	Harte, Savannah	9 LS	27.47 B

Heat 5 of 5 Est Start: 9:35 AM

1	Owens, Raegan	10 FF	22.34 A
2	Hix, Eyva	9 LOW	20.80 A
3	Pyryt, Molly	10 AR	20.27 A
4	Engel, Alex	10 AH	20.52 A
5	Ryan, Cecie	9 FL	22.12 A
6	Strausbaugh, Kora	10 LS	22.76 A

#20 Boys 9-10 25yd Breaststroke

RSLY Matt Rodkey 1994 17.56
CP

Heat 1 of 5 Est Start: 9:36 AM

1	Thomas, Sebastian	10 FF	40.44 C
2	Lewis, Noah	9 AR	34.96 C
3	Anderson, Miles	9 FL	33.16 C
4	Woodward, Liam	10 AR	34.14 C
5	Perron, Forrest	10 FF	36.66 C
6	—		

Heat 2 of 5 Est Start: 9:37 AM

1	Rensen, Wiley	10 FL	29.63 C
2	Stover, Wyatt	9 FL	29.15 C
3	Tuttle, Milo	10 LOW	28.76 B
4	Itoh, Logan	10 AR	29.09 B
5	Woronicz, Seth	10 LS	29.59 C
6	Smith, Javin	10 LS	30.22 C

Heat 3 of 5 Est Start: 9:38 AM

1	Plante, Tripp	10 AH	28.52 B
2	Davis, Austin	9 LS	28.35 B
3	Wells, Liam	10 AH	26.75 B
4	Freeman, Connor	10 FF	27.97 B
5	Haycock, Nolan	9 AR	28.38 B
6	David, Owen	9 AR	28.68 B

Heat 4 of 5 Est Start: 9:39 AM

1	Beall, James	9 FL	25.21 B
2	Hall, Eli	10 AR	24.76 A
3	Quinn, Jase	10 FL	23.65 A
4	McClutchy, Ricky	9 AH	23.83 A
5	Smith, Liam	10 FL	24.81 A
6	Stevens, Logan	10 LOW	25.42 B

Heat 5 of 5 Est Start: 9:40 AM

1	Stephenson, Sam	10 LS	23.03 A
2	Szczechowski, Eli	9 LOW	22.44 A
3	Hopewell, Caspian	10 LOW	19.68 A
4	Ahlers, Rowan	9 LS	21.10 A
5	Grainger, Camden	10 LS	22.92 A
6	McFarlane, Phillip	10 AH	23.62 A

#21A Girls 8 & Under 100yd Freestyle Relay A

RSLY RP 2012 1:11.12
Jordan Durocher, Nia Robinson, Katy Bronski,
Marissa Ross

Heat 1 of 1 Est Start: 9:41 AM

1	Ferry Farm	A FF	1:50.53
2	Fawn Lake Fliers	A FL	1:36.21
3	AH Dolphins	A AH	1:26.27
4	Leeland Express	A LS	1:33.94
5	ARRST	A AR	1:39.56
6	LOW Barracudas	A LOW	1:53.38

#21B Girls 8 & Under 100yd Freestyle Relay B

RSLY RP 2012 1:11.12
Jordan Durocher, Nia Robinson, Katy Bronski,
Marissa Ross

Heat 1 of 1 Est Start: 9:44 AM

1	—		
2	AH Dolphins (EXH)	B AH	2:10.01
3	Fawn Lake Fliers (EXH)	B FL	1:54.78
4	Leeland Express (EXH)	B LS	2:09.55
5	—		
6	—		

#22A Boys 8 & Under 100yd Freestyle Relay A

RSLY MY 2018 1:13.11
Jesse Chewning, Jeremy Wallo, Brent Miller, Michael
Krushinski

Heat 1 of 1 Est Start: 9:46 AM

1	ARRST	A AR	1:34.83
2	Leeland Express	A LS	1:32.90
3	AH Dolphins	A AH	1:28.47
4	Fawn Lake Fliers	A FL	1:28.94
5	LOW Barracudas	A LOW	1:34.30
6	Ferry Farm	A FF	1:35.09

#22B Boys 8 & Under 100yd Freestyle Relay B

RSLY MY 2018 1:13.11
Jesse Chewning, Jeremy Wallo, Brent Miller, Michael
Krushinski

Heat 1 of 1 Est Start: 9:48 AM

1	ARRST (EXH)	B AR	2:09.84
2	AH Dolphins (EXH)	B AH	1:54.97
3	Leeland Express (EXH)	B LS	1:45.91
4	Fawn Lake Fliers (EXH)	B FL	1:48.23
5	LOW Barracudas (EXH)	B LOW	2:03.61
6	—		

#23A Girls 9-10 100yd Freestyle Relay A

RSLY RP 2014 1:01.24
Jordan Durocher, Mallory Burns, Marissa Ross,
Sydney Brown

Heat 1 of 1 Est Start: 9:51 AM

1	LOW Barracudas	A LOW	1:12.40
2	ARRST	A AR	1:06.72
3	AH Dolphins	A AH	1:01.42
4	Fawn Lake Fliers	A FL	1:05.97
5	Leeland Express	A LS	1:09.09
6	Ferry Farm	A FF	1:17.52

#23B Girls 9-10 100yd Freestyle Relay B

RSLY RP 2014 1:01.24
Jordan Durocher, Mallory Burns, Marissa Ross,
Sydney Brown

Heat 1 of 1 Est Start: 9:53 AM

1	—		
2	Fawn Lake Fliers (EXH)	B FL	1:24.83
3	AH Dolphins (EXH)	B AH	1:17.59
4	ARRST (EXH)	B AR	1:23.79
5	Ferry Farm (EXH)	B FF	2:07.79
6	—		

#24A Boys 9-10 100yd Freestyle Relay A

RSLY S 2018 1:01.16
Avery Amidon, Ethan Greene, Tracis Bright , Trevor
Tiberio

Heat 1 of 1 Est Start: 9:55 AM

1	Fawn Lake Fliers	A FL	1:08.24
2	LOW Barracudas	A LOW	1:06.59
3	Leeland Express	A LS	1:05.09
4	AH Dolphins	A AH	1:06.10
5	Ferry Farm	A FF	1:06.92
6	ARRST	A AR	1:09.80

#24B Boys 9-10 100yd Freestyle Relay B

RSLY S 2018 1:01.16
Avery Amidon, Ethan Greene, Tracis Bright , Trevor
Tiberio

Heat 1 of 1 Est Start: 9:57 AM

1	—		
2	Ferry Farm (EXH)	B FF	1:43.39
3	Leeland Express (EXH)	B LS	1:08.85
4	Fawn Lake Fliers (EXH)	B FL	1:19.26
5	ARRST (EXH)	B AR	1:56.41
6	—		

Scheduled Break: 2nd Session Warm Ups/Volunteer Change

Duration: 60 minutes Est Start: 9:59 AM

#25A Girls 18 & Under 125yd Freestyle Relay Graduated A

RSLY RP 2012 1:08.63
Marissa Ross, Alice Sandoval, Gracie Paterson,
Rheagan Horne, Nicole Muilenburg

Heat 1 of 1 Est Start: 10:59 AM

1	Fawn Lake Fliers	A FL	1:19.86
2	Leeland Express	A LS	1:22.34
3	LOW Barracudas	A LOW	1:28.41
4	Ferry Farm	A FF	1:27.13
5	AH Dolphins	A AH	1:18.16
6	—		

#25B Girls 18 & Under 125yd Freestyle Relay Graduated B

RSLY RP 2012 1:08.63
Marissa Ross, Alice Sandoval, Gracie Paterson,
Rheagan Horne, Nicole Muilenburg

Heat 1 of 1 Est Start: 11:01 AM

1	Fawn Lake Fliers (EXH)	B FL	NT
2	AH Dolphins (EXH)	B AH	NT
3	Leeland Express (EXH)	B LS	NT
4	Ferry Farm (EXH)	B FF	NT
5	LOW Barracudas (EXH)	B LOW	NT
6	—		

#26A Boys 18 & Under 125yd Freestyle Relay Graduated A

RSLY MY 2018 1:06.85
Michael Krushinski, Eric Pelham, Alex Fortiz, Ben
Eichberg, Jacob Miller

Heat 1 of 1 Est Start: 11:04 AM

1	Leeland Express	A LS	1:18.33
2	LOW Barracudas	A LOW	1:13.93
3	Fawn Lake Fliers	A FL	1:16.95
4	AH Dolphins	A AH	1:16.76
5	Ferry Farm	A FF	1:16.53
6	—		

#26B Boys 18 & Under 125yd Freestyle Relay Graduated B

RSLY MY 2018 1:06.85
Michael Krushinski, Eric Pelham, Alex Fortiz, Ben
Eichberg, Jacob Miller

Heat 1 of 1 Est Start: 11:06 AM

1	Fawn Lake Fliers (EXH)	B FL	NT
2	Leeland Express (EXH)	B LS	NT
3	LOW Barracudas (EXH)	B LOW	NT
4	AH Dolphins (EXH)	B AH	NT
5	Ferry Farm (EXH)	B FF	NT
6	—		

#27 Girls 12 & Under 100yd IM

RSLY Jordan Durocher 2017 1:03.21
SY

Heat 1 of 5 Est Start: 11:09 AM

1	—		
2	Forbes, Cora	10 FL	2:06.84 C
3	Smith, Charleigh	9 LOW	1:58.31 C
4	Elkins, Sloane	11 FF	2:05.21 C
5	—		
6	—		

Heat 2 of 5 Est Start: 11:11 AM

1	—		
2	Sauter, Abbi	12 FF	1:57.70 C
3	Hix, Eyva	9 LOW	1:53.77 C
4	Hiner, Lillian	10 FL	1:54.95 C
5	Bogusz, June	9 FL	1:57.84 C
6	—		

Heat 3 of 5 Est Start: 11:14 AM

1	Bogusz, Emmeline	12 FL	1:47.00 B
2	Rolf, Isla	11 FF	1:43.32 B
3	Engel, Alex	10 AH	1:40.23 B
4	Yukica, Taylor	12 LS	1:40.72 B
5	Garrard, Caroline	10 FF	1:46.17 B
6	Strausbaugh, Kora	10 LS	1:49.76 C

Heat 4 of 5 Est Start: 11:16 AM

1	Haycock, Felicity	12 AR	1:38.47 B
2	Green, Kennedy	12 FL	1:34.50 A
3	Gonzalez, Stephanie	12 LOW	1:31.78 A
4	Plumley, Cambree	11 AH	1:31.86 A
5	Warren, Julia	12 FF	1:37.38 B
6	Gasiorowski, Avery	10 AR	1:39.96 B

Heat 5 of 5 Est Start: 11:18 AM

1	David, Madeline	11 AR	1:26.54 A
2	Sproule, Evie	12 LS	1:23.86 A
3	Ferguson, Fergy	10 AH	1:10.87 A
4	Engel, Sam	12 AH	1:18.72 A
5	Ryan, Samantha	11 FL	1:24.02 A
6	Kahn, Maggie	11 AR	1:29.39 A

#28 Boys 12 & Under 100yd IM

RSLY Luke Durocher 2013 58.97
RP

Heat 1 of 4 Est Start: 11:20 AM

1	—		
2	Wells, Liam	10 AH	1:58.97 C
3	Tosh, William	11 FL	1:53.48 C
4	Grainger, Camden	10 LS	1:54.88 C
5	—		
6	—		

Heat 2 of 4

1	McClutchy, Ricky	9 AH	1:52.17 C
2	Beall, James	9 FL	1:48.39 C
3	Fogarty, Joseph	10 LS	1:45.38 B
4	Etu, Brendan	10 LS	1:47.21 B
5	Hopwood, Ethan	11 FL	1:48.41 C
6	Davis, Ethan	10 LS	1:52.95 C

Est Start: 11:23 AM**Heat 3 of 4**

1	Bakos, Ben	11 FL	1:43.92 B
2	Stephenson, Sam	10 LS	1:42.61 B
3	Johnson, Andrew	11 LOW	1:39.73 A
4	Beesley, Ethan	12 LOW	1:39.91 B
5	Payden, Jackson	11 LOW	1:43.34 B
6	Visioni, Rocco	11 FL	1:44.41 B

Est Start: 11:25 AM**Heat 4 of 4**

1	Robinson, Brooks	12 FF	1:31.82 A
2	Johnson, Nathan	12 FL	1:28.46 A
3	Thompson, Rhett	10 FF	1:24.72 A
4	Welch, Brayden	12 AR	1:24.99 A
5	Wells, Thomas	12 AH	1:30.96 A
6	Grainger, William	12 LS	1:35.40 A

Est Start: 11:28 AM**#29 Girls 13-18 100yd IM**

RSLY Kayla Brumbaum 2012 1:01.07
CP

Heat 1 of 4 Est Start: 11:30 AM

1	Blanco, Sophia	16 FL	1:40.56 C
2	Itoh, Ashlyn	13 AR	1:38.77 C
3	Harris-Bowman, Mycah	13 FF	1:31.79 C
4	Gay, Alice	15 FL	1:32.99 C
5	Downey, Ava	13 LOW	1:39.25 C
6	—		

Heat 2 of 4 Est Start: 11:32 AM

1	Springston, Riley	15 LS	1:27.79 C
2	Slagle, Katherine	17 LOW	1:24.48 B
3	Fick, Danielle	17 AR	1:21.24 B
4	Marcus, Paloma	17 FL	1:23.65 B
5	Irish, Gabriella	16 LS	1:25.66 B
6	Beall, Alayna	13 FL	1:28.85 C

Heat 3 of 4 Est Start: 11:34 AM

1	David, Leila	13 AR	1:20.86 B
2	Armstrong, Rylie	15 LS	1:20.29 B
3	Tse, Sophie	15 LS	1:17.16 A
4	Killion, Sophia	16 AH	1:18.46 A
5	Wallo, Julianna	16 LS	1:20.61 B
6	Hopewell, Aibreann	13 LOW	1:21.17 B

Heat 4 of 4**Est Start: 11:36 AM**

1	McClutchy, Lilly	15 AH	1:15.06 A
2	Sheehan, Jessica	14 FF	1:09.94 A
3	Smith, Lauren	18 FF	1:07.34 A
4	Stahl, Kayeleigh	15 LS	1:09.44 A
5	Fowler, Adi	13 FL	1:10.57 A
6	Rosero, Violet	13 AH	1:16.01 A

#30 Boys 13-18 100yd IM

RSLY	Luke Durocher	2016	52.46
	RP		

Heat 1 of 4**Est Start: 11:37 AM**

1	—		
2	Richwine, John	14 LS	1:31.80 C
3	Moore, Jacob	13 LS	1:27.47 C
4	Elkins, Gray	14 FF	1:30.28 C
5	—		
6	—		

Heat 2 of 4**Est Start: 11:39 AM**

1	Jackson, Ezra	18 AR	1:25.60 C
2	Frezza, Carter	18 FF	1:19.73 C
3	Van Dusen, Colin	14 FL	1:19.08 B
4	Hopewell, Anderson	14 LOW	1:19.18 B
5	Correa, Austin	17 AH	1:20.24 C
6	—		

Heat 3 of 4**Est Start: 11:41 AM**

1	McFarlane, Patrick	14 AH	1:14.43 B
2	DeWald, Adam	15 LS	1:12.41 B
3	Wallo, Jeremy	14 LS	1:11.24 A
4	King, Sam	17 LS	1:11.72 B
5	Shay, Colin	14 AR	1:13.32 B
6	Wells, Harold	15 AH	1:18.26 B

Heat 4 of 4**Est Start: 11:43 AM**

1	Barnes, Jack	16 LOW	1:06.71 A
2	Wohler, Logan	16 AR	1:06.32 A
3	Hoban, Owen	18 AH	52.95 A
4	Spinnanger, Andrew	18 LS	1:05.00 A
5	Ouellet, Elijah	17 FF	1:06.44 A
6	Ryan, Nathan	15 FL	1:08.43 A

#31A Girls 12 & Under 100yd Medley Relay A

RSLY	RP	2014	1:00.47
	Alice Sandoval, Maddie Urian, Cristal Perdomo, Marissa Ross		

Heat 1 of 1**Est Start: 11:45 AM**

1	LOW Barracudas	A LOW	1:19.83
2	Fawn Lake Fliers	A FL	1:16.45
3	AH Dolphins	A AH	1:09.79
4	ARRST	A AR	1:13.78
5	Leeland Express	A LS	1:17.01
6	Ferry Farm	A FF	1:21.56

#31B Girls 12 & Under 100yd Medley Relay B

RSLY	RP	2014	1:00.47
	Alice Sandoval, Maddie Urian, Cristal Perdomo, Marissa Ross		

Heat 1 of 1**Est Start: 11:47 AM**

1	Leeland Express (EXH)	B LS	1:31.77
2	Ferry Farm (EXH)	B FF	1:26.79
3	AH Dolphins (EXH)	B AH	1:14.83
4	ARRST (EXH)	B AR	1:18.99
5	LOW Barracudas (EXH)	B LOW	1:26.86
6	Fawn Lake Fliers (EXH)	B FL	1:32.23

#32A Boys 12 & Under 100yd Medley Relay A

RSLY	Hampton Oaks-Hurricanes	2024	1:01.31
	Jason Cooper, Connor Jackson, Finn Whitis, Manion Woodruff		

Heat 1 of 1**Est Start: 11:49 AM**

1	Leeland Express	A LS	1:16.94
2	AH Dolphins	A AH	1:15.30
3	ARRST	A AR	1:13.64
4	LOW Barracudas	A LOW	1:14.28
5	Ferry Farm	A FF	1:15.56
6	Fawn Lake Fliers	A FL	1:20.03

#32B Boys 12 & Under 100yd Medley Relay B

RSLY	Hampton Oaks-Hurricanes	2024	1:01.31
	Jason Cooper, Connor Jackson, Finn Whitis, Manion Woodruff		

Heat 1 of 1**Est Start: 11:51 AM**

1	Ferry Farm (EXH)	B FF	1:36.23
2	ARRST (EXH)	B AR	1:29.12
3	Leeland Express (EXH)	B LS	1:24.29
4	AH Dolphins (EXH)	B AH	1:26.97
5	LOW Barracudas (EXH)	B LOW	1:30.05
6	Fawn Lake Fliers (EXH)	B FL	1:14.83

#33A Girls 13-18 100yd Medley Relay A

RSLY FP 2018 54.66
Courtney Wolfgang, Carlie Clements, Pia Basilica,
Caroline Storen

Heat 1 of 1 Est Start: 11:54 AM

1	ARRST	A AR	1:09.94
2	Fawn Lake Fliers	A FL	1:04.95
3	AH Dolphins	A AH	1:02.51
4	Ferry Farm	A FF	1:02.87
5	LOW Barracudas	A LOW	1:08.33
6	Leeland Express	A LS	1:11.66

#33B Girls 13-18 100yd Medley Relay B

RSLY FP 2018 54.66
Courtney Wolfgang, Carlie Clements, Pia Basilica,
Caroline Storen

Heat 1 of 1 Est Start: 11:56 AM

1	Ferry Farm (EXH)	B FF	1:20.78
2	ARRST (EXH)	B AR	1:17.62
3	Leeland Express (EXH)	B LS	1:16.90
4	Fawn Lake Fliers (EXH)	B FL	1:17.25
5	LOW Barracudas (EXH)	B LOW	1:17.86
6	AH Dolphins (EXH)	B AH	1:23.57

#34A Boys 13-18 100yd Medley Relay A

RSLY MY 2018 46.70
Jacob Miller, Ben Eichberg, Dylan Eichberg, Nick
Ashton

Heat 1 of 1 Est Start: 11:58 AM

1	ARRST	A AR	1:03.25
2	Fawn Lake Fliers	A FL	1:02.34
3	Leeland Express	A LS	58.93
4	LOW Barracudas	A LOW	1:00.67
5	Ferry Farm	A FF	1:02.94
6	AH Dolphins	A AH	1:08.77

#34B Boys 13-18 100yd Medley Relay B

RSLY MY 2018 46.70
Jacob Miller, Ben Eichberg, Dylan Eichberg, Nick
Ashton

Heat 1 of 1 Est Start: 12:00 PM

1	AH Dolphins (EXH)	B AH	1:17.15
2	Ferry Farm (EXH)	B FF	1:13.83
3	Leeland Express (EXH)	B LS	1:01.11
4	ARRST (EXH)	B AR	1:10.97
5	Fawn Lake Fliers (EXH)	B FL	1:14.95
6	—		

#35 Girls 12 & Under 100yd Freestyle

RSLY Meredith Cavalier 2004 56.45
AH

Heat 1 of 6 Est Start: 12:02 PM

1	—		
2	Hill, Charlotte	12 FF	2:01.15 C
3	Harding, Jane	10 AR	1:54.89 C
4	Losh, Hayden	11 FF	1:58.00 C
5	—		
6	—		

Heat 2 of 6 Est Start: 12:04 PM

1	Davis, Ava	11 AR	1:51.89 C
2	Fleming, Claire	11 FF	1:48.39 C
3	Payden, Charlotte	10 LOW	1:39.95 C
4	Taormina, Everleigh	10 FL	1:44.89 C
5	Porter, Emma	9 LOW	1:50.26 C
6	—		

Heat 3 of 6 Est Start: 12:07 PM

1	Owens, Raegan	10 FF	1:37.13 C
2	Maxwell, Natalie	10 FL	1:36.03 B
3	Tran, Juliet	11 FL	1:32.09 B
4	Humphreys, Leah	12 LS	1:32.40 B
5	Gouldman, Tinley	10 LS	1:37.01 B
6	Welch, Addison	9 AR	1:37.92 C

Heat 4 of 6 Est Start: 12:09 PM

1	Potrafka, Tori	10 AH	1:30.86 B
2	Vazquez, Sofia	11 LS	1:28.27 B
3	Fabbro, Kyla	12 AH	1:24.38 B
4	Ryan, Cecie	9 FL	1:25.19 B
5	Martinez, Natalia	10 AH	1:28.96 B
6	Williams, Emma	10 FL	1:32.03 B

Heat 5 of 6 Est Start: 12:11 PM

1	Gasiorowski, Avery	10 AR	1:22.00 A
2	Beck, Amelia	12 AR	1:17.74 A
3	Gillespie, Gracie	11 AH	1:14.41 A
4	Tartaglia, Amelia	11 AH	1:14.94 A
5	Ashby, Sutton	11 FF	1:20.18 A
6	Wright, Simone	11 FF	1:24.30 B

Heat 6 of 6 Est Start: 12:13 PM

1	Sproule, Evie	12 LS	1:13.27 A
2	Pyryt, Emily	11 AR	1:10.53 A
3	Ferguson, Fergy	10 AH	1:01.90 A
4	Cianci, G	11 LOW	1:10.23 A
5	Harris, Ariana	12 AH	1:11.88 A
6	Taylor, Josie	12 FL	1:13.56 A

#36 Boys 12 & Under 100yd Freestyle

RSLY Luke Durocher 2013 51.97
RP

Heat 1 of 5 Est Start: 12:14 PM

1	—		
2	Copic, Lucas	12 AR	1:55.23 C
3	Davis, Austin	9 LS	1:46.85 C
4	Reanos, Max	9 FL	1:53.14 C
5	—		
6	—		

Heat 2 of 5 Est Start: 12:17 PM

1	Prasad, Gabriel	11 FL	1:46.14 C
2	Thomas, Sawyer	11 FF	1:37.88 C
3	McClutchy, Ricky	9 AH	1:33.77 C
4	Grainger, Camden	10 LS	1:35.41 C
5	Del Monte, Luca	9 FL	1:41.36 C
6	—		

Heat 3 of 5 Est Start: 12:19 PM

1	Green, Eli	9 LS	1:32.60 B
2	Fogarty, Joseph	10 LS	1:31.83 B
3	Zysett, Xander	10 AR	1:30.38 B
4	Tuttle, Owen	12 LOW	1:30.54 B
5	Elchenko, Declan	10 LS	1:32.31 B
6	Uddin, Aidan	12 AH	1:32.67 B

Heat 4 of 5 Est Start: 12:21 PM

1	Paxson, Caleb	11 FL	1:27.10 B
2	Ortega, Joey	11 AR	1:23.87 A
3	Gonzalez, Ethan	11 LOW	1:17.26 A
4	Finney, Terran	11 FL	1:20.47 A
5	Smith, Alex	11 LOW	1:24.32 B
6	Davis, Ethan	10 LS	1:27.80 B

Heat 5 of 5 Est Start: 12:23 PM

1	Castro, Oliver	12 FF	1:12.97 A
2	Bauslaugh, Zane	12 FL	1:08.08 A
3	Cianci, Jack	12 LOW	1:02.57 A
4	Jordan, Link	12 AH	1:07.40 A
5	Davis, Sawyer	12 AR	1:08.78 A
6	Hayes, Jackson	12 AH	1:17.23 A

#37 Girls 13-18 100yd Freestyle

RSLY Meredith Cavalier 2009 53.12
AH

Heat 1 of 5 Est Start: 12:25 PM

1	—		
2	Kleen, Lily	13 AR	1:51.63 C
3	Itoh, Elizabeth	15 AR	1:25.33 C
4	Heyward, Janessa	15 AH	1:33.94 C
5	—		
6	—		

Heat 2 of 5

1	—		
2	Williams, Teresa	16 AH	1:19.93 C
3	Haycock, Anna	14 AR	1:16.41 C
4	Tuttle, Anna	13 LOW	1:17.98 C
5	Yurasko, Alexandra	15 FL	1:21.05 C
6	—		

Est Start: 12:27 PM**Heat 3 of 5**

1	Tuttle, Emma	15 LOW	1:13.42 B
2	Irish, Gabriella	16 LS	1:13.28 B
3	Humphreys, Isabelle	15 LS	1:11.93 B
4	Armstrong, Rylie	15 LS	1:13.08 B
5	Soaper, Layla	18 FL	1:13.34 B
6	Stover, Mia	13 FL	1:15.52 C

Est Start: 12:29 PM**Heat 4 of 5**

1	Mann, Amelia	13 FF	1:11.01 B
2	Welch, Samantha	14 AR	1:08.90 A
3	Duarte, Mariana	13 FL	1:08.32 A
4	Kennedy, Maggie	18 LS	1:08.44 A
5	Johnson, Allison	16 FL	1:10.88 B
6	Green, Lily	17 AR	1:11.11 B

Est Start: 12:31 PM**Heat 5 of 5**

1	Ryan, Gabbie	16 FL	1:03.46 A
2	Elchenko, Shaelyn	15 LS	1:02.07 A
3	Ashby, Spencer	13 FF	1:00.14 A
4	Yawgel, Tiffany	14 LOW	1:01.38 A
5	Wells, Sophia	17 AH	1:02.44 A
6	Armstrong, Sienna	17 LS	1:05.35 A

Est Start: 12:32 PM**#38 Boys 13-18 100yd Freestyle**

RSLY Steven Loccisano 2006 47.74
C

Heat 1 of 4 Est Start: 12:34 PM

1	—		
2	Mason, Skylar	14 FF	1:20.51 C
3	Lewis, Caleb	14 AR	1:13.63 C
4	Kraus, Aidan	14 AH	1:17.78 C
5	Rickey, Mclain	13 AR	1:39.32 C
6	—		

Heat 2 of 4 Est Start: 12:36 PM

1	Poorbaugh, Austin	13 LS	1:10.80 C
2	Robinson, Colin	15 FF	1:09.87 B
3	Taylor, Luke	15 FL	1:07.91 B
4	Carter, Donald	13 AH	1:08.69 B
5	Moore, Christian	13 LS	1:10.35 C
6	Powers, JT	13 LOW	1:11.98 C

Heat 3 of 4

1	Correa, Austin	17 AH	1:05.83 B
2	Griffith, Jude	16 AH	1:03.68 B
3	Fargo, Aiden	15 LOW	1:02.61 A
4	Havrylin, Nazar	15 AH	1:03.24 A
5	Ouellette, Hudson	13 LS	1:05.56 B
6	Kahn, Patrick	13 AR	1:06.40 B

Heat 4 of 4

1	Wallo, Jeremy	14 LS	58.97 A
2	Swick, Aiden	15 FL	57.78 A
3	Unruh, Jonah	18 LS	52.17 A
4	Bazemore-Fountain, Brandon	16 FF	54.86 A
5	Kahn, Michael	15 AR	57.99 A
6	DeCrisci, Joe	17 LS	1:00.78 A

Scheduled Break: 3rd Session Volunteer Change

Duration: 10 minutes

Est Start: 12:41 PM

#39 Girls 11-12 50yd Freestyle

RSLY	Meredith Cavalier	2004	25.12
	AH		

Heat 1 of 6

1	Barbee, Ava	11 AR	57.98 C
2	Ziegler, Scarlett	11 AR	52.08 C
3	Losh, Hayden	11 FF	48.88 C
4	Pascal, Arianna	11 LOW	50.23 C
5	Johnston, Naomi	11 AH	54.42 C
6	Worman, Paige	11 LS	1:00.14 C

Heat 2 of 6

1	Herman, Sarah	11 AR	44.71 C
2	Reschke, Eva	11 LS	43.84 C
3	Elkins, Sloane	11 FF	41.38 C
4	Jordan, Sunny	11 AH	43.08 C
5	Davis, Ava	11 AR	44.58 C
6	Mann, Elsie	11 FF	45.35 C

Heat 3 of 6

1	Reanos, Lily	11 FL	41.33 B
2	Simpson, Alexis	11 FL	40.21 B
3	Torres, Iris	12 AH	39.14 B
4	Finger, Chloe	11 LOW	39.24 B
5	Tamillow, Jillian	12 FL	40.82 B
6	Rolf, Isla	11 FF	41.35 B

Heat 4 of 6

1	Bogusz, Emmeline	12 FL	38.26 B
2	Ortega, Gabby	12 AR	36.79 B
3	Yukica, Taylor	12 LS	36.45 B
4	Besser, Juliana	12 AH	36.54 B
5	Vazquez, Sofia	11 LS	37.84 B
6	Kee, Makayla	12 AH	38.92 B

Heat 5 of 6

1	Pascal, Emily	12 LOW	34.64 A
2	Wright, Simone	11 FF	33.59 A
3	Pyryt, Emily	11 AR	32.49 A
4	Haycock, Felicity	12 AR	33.55 A
5	Gonzalez, Stephanie	12 LOW	33.80 A
6	Ouellet, Niamh	11 FF	36.15 A

Heat 6 of 6

1	Harris, Ariana	12 AH	32.35 A
2	Taylor, Josie	12 FL	31.59 A
3	Ouellette, Emme	11 LS	29.46 A
4	Engel, Sam	12 AH	30.68 A
5	Cianci, G	11 LOW	32.01 A
6	Gillespie, Gracie	11 AH	32.43 A

Est Start: 12:56 PM

12	LOW	34.64 A
11	FF	33.59 A
11	AR	32.49 A
12	AR	33.55 A
12	LOW	33.80 A
11	FF	36.15 A

Est Start: 12:57 PM

12	AH	32.35 A
12	FL	31.59 A
11	LS	29.46 A
12	AH	30.68 A
11	LOW	32.01 A
11	AH	32.43 A

#40 Boys 11-12 50yd Freestyle

RSLY	Luke Durocher	2013	24.22
	RP		

Heat 1 of 7

1	—		
2	Devereaux, Chris	11 AH	54.32 C
3	Copic, Lucas	12 AR	51.80 C
4	Hole, Josh	12 FF	53.14 C
5	—		
6	—		

Heat 2 of 7

1	—		
2	Futch, Will	12 AR	47.69 C
3	Carpenter, Asher	12 AH	46.50 C
4	Anderson, Carter	11 FL	46.53 C
5	Tucker, Maks	11 FL	48.08 C
6	—		

Heat 3 of 7

1	Thomas, Sawyer	11 FF	44.07 C
2	Blaney, Rylan	11 LOW	41.44 C
3	Burkholder, Evan	11 FF	40.53 B
4	Uddin, Aidan	12 AH	40.86 C
5	Duy, Ethan	11 LS	41.74 C
6	Yurasko, Jonathan	12 FL	46.46 C

Heat 4 of 7

1	Woodward, Luke	12 AR	40.12 B
2	Schietinger, Graham	11 LOW	39.77 B
3	Griffith, Kael	12 AH	39.16 B
4	Visioni, Rocco	11 FL	39.25 B
5	Woodcock, Mikey	11 FL	40.00 B
6	Hopwood, Ethan	11 FL	40.18 B

Heat 5 of 7

1	Witmer, Seth	12 AR	37.48 B
2	Cartwright, Levi	11 LOW	37.24 B
3	Norton, Dylan	11 AH	36.43 A
4	Payden, Jackson	11 LOW	37.22 B
5	Chapman, Isaac	11 LS	37.37 B
6	McCormack, Gavin	12 LOW	38.28 B

Heat 6 of 7

1	Bauslaugh, Zeke	11 FL	35.77 A
2	Hall, Owen	12 AR	34.53 A
3	Robinson, Brooks	12 FF	34.09 A
4	Grainger, William	12 LS	34.39 A
5	Smith, Alex	11 LOW	34.77 A
6	Tuttle, Owen	12 LOW	35.99 A

Heat 7 of 7

1	Strausbaugh, Levi	12 LS	32.28 A
2	Bauslaugh, Zane	12 FL	29.53 A
3	Cianci, Jack	12 LOW	28.46 A
4	Jordan, Link	12 AH	29.26 A
5	Welch, Brayden	12 AR	30.68 A
6	Hayes, Jackson	12 AH	33.76 A

#41 Girls 13-14 50yd Freestyle

RSLY	Meredith Cavalier	2006	24.56
	AH		

Heat 1 of 4

1	Kleen, Lily	13 AR	50.95 C
2	Kovarik, Katie	14 FL	46.55 C
3	Windsor, Asher	13 AH	44.85 C
4	Kalokoh, Aimee	13 LS	45.44 C
5	Herman, Jae	14 AR	49.00 C
6	—		

Heat 2 of 4

1	Tosh, Lexie	13 FL	36.91 C
2	Beall, Alayna	13 FL	34.69 B
3	Tuttle, Anna	13 LOW	34.09 B
4	Haycock, Anna	14 AR	34.14 B
5	Hill, Ella	14 FF	35.63 B
6	Itoh, Ashlyn	13 AR	37.31 C

Heat 3 of 4

1	Green, Falyn	13 AR	33.57 B
2	Hix, Noemi	13 LOW	32.04 B
3	McClutchy, Stella	13 AH	30.91 A
4	Harris-Bowman, Mycah	13 FF	31.88 A
5	Stover, Mia	13 FL	32.53 B
6	Downey, Ava	13 LOW	34.03 B

Est Start: 1:03 PM**Heat 4 of 4**

1	Welch, Samantha	14 AR	29.83 A
2	Ryan, Adrianna	13 FL	29.00 A
3	Ashby, Spencer	13 FF	27.45 A
4	Yawgel, Tiffany	14 LOW	28.38 A
5	Hopewell, Aibreann	13 LOW	29.69 A
6	David, Leila	13 AR	30.41 A

Est Start: 1:10 PM**#42 Boys 13-14 50yd Freestyle**

RSLY	Ben Eichberg	2018	22.91
	MY		

Heat 1 of 5

1	—		
2	Hole, Jason	13 FF	42.87 C
3	Dave, Rudra	13 LS	37.48 C
4	Rickey, Mclain	13 AR	42.17 C
5	—		
6	—		

Est Start: 1:11 PM**Heat 2 of 5**

1	Stoeter, Sebastian	13 AR	37.40 C
2	Richwine, John	14 LS	33.96 C
3	Mason, Skylar	14 FF	33.53 C
4	Wallace, Liam	13 AR	33.87 C
5	Blanco, Antonio	14 FL	36.13 C
6	—		

Est Start: 1:12 PM**Heat 3 of 5**

1	Kraus, Aidan	14 AH	33.11 B
2	Elkins, Gray	14 FF	33.00 B
3	Moore, Jacob	13 LS	31.58 B
4	Bell, Isaac	13 LS	32.84 B
5	Burch, Alex	13 FF	33.01 B
6	Meadow, Ej	14 AH	33.22 B

Est Start: 1:14 PM**Heat 4 of 5**

1	Lewis, Caleb	14 AR	30.16 B
2	Gillespie, Dougie	13 AH	29.86 A
3	Carter, Donald	13 AH	29.11 A
4	Ouellette, Hudson	13 LS	29.15 A
5	Kahn, Patrick	13 AR	30.06 B
6	Williams, Jake	13 FL	30.25 B

Est Start: 1:15 PM**Heat 5 of 5**

1	Shay, Colin	14 AR	27.72 A
2	Twum, Kaleb	14 FF	27.00 A
3	Acton, Brayden	14 LOW	24.88 A
4	Young, Aaron	14 LS	25.85 A
5	Palomo, Edward	13 LS	27.31 A
6	Moore, Christian	13 LS	28.79 A

Est Start: 1:16 PM

#43 Women 15-18 50yd Freestyle

RSLY **Caroline Simmons** **2009** **24.47**
AR

Heat 1 of 5 **Est Start: 1:17 PM**

1	Johnston, Sarah	17 AR	51.71 C
2	Itoh, Elizabeth	15 AR	36.34 C
3	Chapman, Elizabeth	15 LS	35.05 C
4	Yurasko, Alexandra	15 FL	35.87 C
5	Besser, Lili	15 AH	39.19 C
6	Watts, Haleigh	17 AH	52.58 C

Heat 2 of 5 **Est Start: 1:18 PM**

1	Gay, Audrey	17 FL	34.46 C
2	Irish, Gabriella	16 LS	33.95 C
3	Gay, Alice	15 FL	32.95 B
4	Williams, Teressa	16 AH	33.31 B
5	Blanco, Sophia	16 FL	34.14 C
6	Chapman, Haylie	15 LS	34.48 C

Heat 3 of 5 **Est Start: 1:19 PM**

1	Tuttle, Emma	15 LOW	31.78 B
2	Green, Lily	17 AR	31.73 B
3	Johnson, Allison	16 FL	31.32 B
4	Futch, Emma	16 AR	31.58 B
5	Wallo, Julianna	16 LS	31.74 B
6	Hix, Zoe	18 LOW	32.48 B

Heat 4 of 5 **Est Start: 1:20 PM**

1	Slagle, Katherine	17 LOW	30.93 B
2	Fick, Danielle	17 AR	30.53 A
3	Quinn, Haven	16 FL	30.34 A
4	Armstrong, Sienna	17 LS	30.37 A
5	Springston, Riley	15 LS	30.72 A
6	Swick, Caelyn	16 FL	30.95 B

Heat 5 of 5 **Est Start: 1:21 PM**

1	Kennedy, Maggie	18 LS	29.91 A
2	Ryan, Gabbie	16 FL	28.12 A
3	Desmond, Coleen	17 LS	26.83 A
4	Wells, Sophia	17 AH	27.72 A
5	McClutchy, Lilly	15 AH	29.14 A
6	Barcas, Ella	16 FF	30.13 A

#44 Men 15-18 50yd Freestyle

RSLY **Garrett Ross** **2016** **21.85**
RP

Heat 1 of 5 **Est Start: 1:22 PM**

1	—		
2	DeLapp, Nate	17 AH	50.63 C
3	Olsen, Vianney	15 LS	33.86 C
4	Carpenter, Gavin	15 AH	41.19 C
5	—		
6	—		

Heat 2 of 5

1	Hayes, Casper	15 AH	33.18 C
2	Smith, Wesley	16 FF	30.90 C
3	Kraus, Colin	15 AH	30.29 C
4	Reynolds, Matthew	18 LS	30.58 C
5	Frezza, Ian	15 FF	32.76 C
6	—		

Est Start: 1:23 PM**Heat 3 of 5**

1	Frezza, Carter	18 FF	30.10 B
2	DeWald, Ryan	17 LS	29.88 B
3	Olsen, Xavier	15 LS	28.35 B
4	Jackson, Ezra	18 AR	29.51 B
5	Stoeter, Matthew	18 AR	29.90 B
6	Davis, Britton	15 AR	30.23 B

Est Start: 1:24 PM**Heat 4 of 5**

1	Stephenson, Zach	15 LS	28.01 B
2	Havrylin, Nazar	15 AH	26.54 A
3	Ouellet, Elijah	17 FF	26.41 A
4	Swick, Aiden	15 FL	26.46 A
5	Griffith, Jude	16 AH	27.26 B
6	Dave, Devum	16 LS	28.22 B

Est Start: 1:25 PM**Heat 5 of 5**

1	Wohler, Logan	16 AR	25.89 A
2	Barnes, Jack	16 LOW	24.97 A
3	Unruh, Jonah	18 LS	24.04 A
4	Spinnanger, Andrew	18 LS	24.18 A
5	Van Dusen, Ian	18 FL	25.38 A
6	Kahn, Michael	15 AR	26.23 A

Est Start: 1:26 PM**#45 Girls 11-12 50yd Butterfly**

RSLY **Meredith Cavalier** **2004** **27.87**
AH

Heat 1 of 4 **Est Start: 1:27 PM**

1	Sauter, Abbi	12 FF	55.10 C
2	Ashby, Sutton	11 FF	50.31 C
3	Pascal, Emily	12 LOW	49.52 C
4	Simpson, Alexis	11 FL	50.28 C
5	Hill, Charlotte	12 FF	52.15 C
6	Reschke, Eva	11 LS	57.21 C

Heat 2 of 4 **Est Start: 1:29 PM**

1	Yukica, Taylor	12 LS	45.47 C
2	Rolf, Isla	11 FF	45.07 B
3	Tran, Juliet	11 FL	42.81 B
4	Ouellet, Niamh	11 FF	44.86 B
5	Fabbro, Kyla	12 AH	45.34 B
6	Warren, Julia	12 FF	48.47 C

Heat 3 of 4**Est Start: 1:30 PM**

1	Beck, Amelia	12 AR	42.42 B
2	David, Madeline	11 AR	40.65 B
3	Kahn, Maggie	11 AR	40.21 A
4	McClutchy, Lucy	11 AH	40.22 A
5	Beall, Reagan	11 FL	41.38 B
6	Gonzalez, Stephanie	12 LOW	42.66 B

Heat 4 of 4**Est Start: 1:31 PM**

1	Pyryt, Emily	11 AR	37.61 A
2	Plumley, Cambree	11 AH	35.07 A
3	Engel, Sam	12 AH	32.51 A
4	Ouellette, Emme	11 LS	33.50 A
5	Ryan, Samantha	11 FL	37.28 A
6	Green, Kennedy	12 FL	40.20 A

#46 Boys 11-12 50yd Butterfly

RSLY Luke Durocher **2013** **25.50**
RP

Heat 1 of 4**Est Start: 1:33 PM**

1	—		
2	Burkholder, Evan	11 FF	1:03.05 C
3	Cartwright, Levi	11 LOW	58.35 C
4	Tosh, William	11 FL	1:01.57 C
5	—		
6	—		

Heat 2 of 4**Est Start: 1:34 PM**

1	Schietinger, Graham	11 LOW	54.49 C
2	Woodcock, Mikey	11 FL	48.59 C
3	Witmer, Seth	12 AR	47.11 B
4	Bauslaugh, Zeke	11 FL	47.31 B
5	Johnson, Andrew	11 LOW	53.84 C
6	Bakos, Ben	11 FL	55.88 C

Heat 3 of 4**Est Start: 1:36 PM**

1	Ortega, Joey	11 AR	46.86 B
2	Grainger, William	12 LS	45.93 B
3	Beesley, Ethan	12 LOW	45.05 A
4	Gonzalez, Ethan	11 LOW	45.47 B
5	Strausbaugh, Levi	12 LS	46.12 B
6	Finney, Terran	11 FL	46.86 B

Heat 4 of 4**Est Start: 1:37 PM**

1	Smith, Alex	11 LOW	42.41 A
2	Jordan, Link	12 AH	39.39 A
3	Davis, Sawyer	12 AR	29.94 A
4	Bauslaugh, Zane	12 FL	36.07 A
5	Castro, Oliver	12 FF	41.39 A
6	Wells, Thomas	12 AH	43.48 A

#47 Girls 13-14 50yd Butterfly

RSLY Savannah Duffy **2023** **26.68**
Massad YMCA-Marlins

Heat 1 of 3**Est Start: 1:38 PM**

1	—		
2	Meyer, Amelia	13 FL	45.79 C
3	Forbes, Quin	13 FL	42.52 C
4	Lewis, Ava	14 FF	43.56 C
5	—		
6	—		

Heat 2 of 3**Est Start: 1:39 PM**

1	Green, Falyn	13 AR	39.66 C
2	Duarte, Mariana	13 FL	38.38 B
3	Tartaglia, Amelia	11 AH	38.07 B
4	Beall, Alayna	13 FL	38.19 B
5	Hix, Noemi	13 LOW	39.30 B
6	—		

Heat 3 of 3**Est Start: 1:40 PM**

1	David, Leila	13 AR	35.89 A
2	Rosero, Violet	13 AH	32.45 A
3	Sheehan, Jessica	14 FF	29.89 A
4	Fowler, Adi	13 FL	30.89 A
5	Mann, Amelia	13 FF	34.83 A
6	Stover, Mia	13 FL	37.47 B

#48 Boys 13-14 50yd Butterfly

RSLY Luke Durocher **2014** **24.47**
RP

Heat 1 of 4**Est Start: 1:42 PM**

1	—		
2	Hole, Jason	13 FF	1:04.20 C
3	Dave, Rudra	13 LS	48.92 C
4	Adams, Zachary	14 AR	50.08 C
5	—		
6	—		

Heat 2 of 4**Est Start: 1:43 PM**

1	Wallace, Liam	13 AR	43.47 C
2	Williams, Jake	13 FL	39.71 C
3	Smith, Ben	13 FF	38.20 B
4	Cicholski, Jacob	13 FF	39.47 B
5	Powers, JT	13 LOW	41.91 C
6	—		

Heat 3 of 4**Est Start: 1:44 PM**

1	Maxwell, Austin	13 FL	37.06 B
2	Poorbaugh, Austin	13 LS	35.50 B
3	Haberkost, Nathan	13 AH	34.09 A
4	Carter, Donald	13 AH	35.03 B
5	Hopewell, Anderson	14 LOW	35.94 B
6	Moore, Christian	13 LS	37.77 B

Heat 4 of 4

1	Twum, Kaleb	14 FF	31.50 A
2	Palomo, Javi	13 LS	30.78 A
3	Wallo, Jeremy	14 LS	29.65 A
4	Van Dusen, Colin	14 FL	30.77 A
5	Palomo, Edward	13 LS	30.99 A
6	Shay, Colin	14 AR	33.75 A

Est Start: 1:45 PM**#49 Women 15-18 50yd Butterfly**

RSLY Meredith Cavalier **2009** **26.82**
AR

Heat 1 of 4

1	—		
2	Gay, Audrey	17 FL	43.63 C
3	Gay, Alice	15 FL	38.95 C
4	Soaper, Layla	18 FL	39.34 C
5	—		
6	—		

Est Start: 1:47 PM**Heat 2 of 4**

1	Swick, Caelyn	16 FL	37.93 C
2	Johnson, Allison	16 FL	36.81 C
3	Slagle, Katherine	17 LOW	35.93 B
4	Hix, Zoe	18 LOW	36.74 B
5	Barcas, Ella	16 FF	37.37 C
6	—		

Est Start: 1:48 PM**Heat 3 of 4**

1	Futch, Emma	16 AR	35.09 B
2	Killion, Sophia	16 AH	34.43 B
3	Armstrong, Sienna	17 LS	34.00 A
4	Fick, Danielle	17 AR	34.14 B
5	Springston, Riley	15 LS	34.77 B
6	Wallo, Julianna	16 LS	35.70 B

Est Start: 1:49 PM**Heat 4 of 4**

1	Tse, Sophie	15 LS	31.88 A
2	Stahl, Kayeleagh	15 LS	31.56 A
3	Smith, Lauren	18 FF	29.28 A
4	Elchenko, Shaelyn	15 LS	30.69 A
5	McClutchy, Lilly	15 AH	31.80 A
6	Cao, Grace	16 FL	33.31 A

Est Start: 1:50 PM**#50 Men 15-18 50yd Butterfly**

RSLY Kyle Peck **2023** **23.10**
Salem Fields Sunfish

Heat 1 of 3

1	Smith, Wesley	16 FF	39.35 C
2	Robinson, Colin	15 FF	37.49 C
3	Stephenson, Zach	15 LS	35.20 C
4	Correa, Austin	17 AH	36.91 C
5	Olsen, Xavier	15 LS	37.50 C
6	Hayes, Casper	15 AH	49.76 C

Est Start: 1:51 PM**Heat 2 of 3**

1	Frezza, Carter	18 FF	33.46 B
2	Havrylin, Nazar	15 AH	32.60 B
3	DeWald, Adam	15 LS	31.88 B
4	Taylor, Luke	15 FL	32.21 B
5	DeWald, Ryan	17 LS	33.05 B
6	Wells, Harold	15 AH	33.76 B

Est Start: 1:52 PM**Heat 3 of 3**

1	DeCrisci, Joe	17 LS	28.63 A
2	Barnes, Jack	16 LOW	27.32 A
3	Bazemore-Fountain, Brandon	16 FF	26.59 A
4	Swick, Aiden	15 FL	27.15 A
5	King, Sam	17 LS	28.00 A
6	Van Dusen, Ian	18 FL	29.23 A

Est Start: 1:53 PM**#51 Girls 11-12 50yd Backstroke**

RSLY Meredith Cavalier **2004** **29.35**
AH

Heat 1 of 6

1	—		
2	Carpenter, Caradee	11 AH	1:13.33 C
3	Pascal, Arianna	11 LOW	1:07.93 C
4	Barbee, Ava	11 AR	1:10.07 C
5	—		
6	—		

Est Start: 1:54 PM**Heat 2 of 6**

1	Worman, Paige	11 LS	1:07.62 C
2	Losh, Hayden	11 FF	1:01.48 C
3	Herman, Sarah	11 AR	58.88 C
4	Ziegler, Scarlett	11 AR	59.45 C
5	Tamillow, Jillian	12 FL	1:06.50 C
6	—		

Est Start: 1:56 PM**Heat 3 of 6**

1	Mann, Elsie	11 FF	54.32 C
2	Reschke, Eva	11 LS	52.16 B
3	Fleming, Claire	11 FF	50.88 B
4	Bell, Bree	11 AH	51.46 B
5	Reanos, Lily	11 FL	52.56 B
6	Simpson, Alexis	11 FL	57.50 C

Est Start: 1:58 PM**Heat 4 of 6**

1	Plumley, Cambree	11 AH	48.32 B
2	Beall, Reagan	11 FL	45.63 B
3	Finger, Chloe	11 LOW	45.41 B
4	Kahn, Maggie	11 AR	45.58 B
5	Humphreys, Leah	12 LS	45.87 B
6	Tran, Juliet	11 FL	50.41 B

Est Start: 2:00 PM

Heat 5 of 6

1	Vazquez, Sofia	11 LS	45.30 A
2	Wright, Simone	11 FF	41.76 A
3	Harris, Ariana	12 AH	39.31 A
4	Ouellet, Niamh	11 FF	39.64 A
5	Ortega, Gabby	12 AR	43.97 A
6	Ashby, Sutton	11 FF	45.33 B

Heat 6 of 6

1	Gillespie, Gracie	11 AH	38.88 A
2	David, Madeline	11 AR	37.58 A
3	McClutchy, Lucy	11 AH	37.32 A
4	Cianci, G	11 LOW	37.45 A
5	Taylor, Josie	12 FL	38.67 A
6	Sproule, Evie	12 LS	39.16 A

#52 Boys 11-12 50yd Backstroke

RSLY	Luke Durocher	2013	26.88
	RP		

Heat 1 of 5

1	—		
2	Futch, Will	12 AR	1:03.44 C
3	Copic, Lucas	12 AR	56.58 C
4	Duy, Ethan	11 LS	59.35 C
5	Carpenter, Asher	12 AH	1:04.93 C
6	—		

Heat 2 of 5

1	Soaper, Dylan	12 FL	55.49 C
2	Uddin, Aidan	12 AH	53.02 C
3	Burkholder, Evan	11 FF	52.56 B
4	Griffith, Kael	12 AH	52.95 C
5	Green, Gavin	11 FL	54.23 C
6	Thomas, Sawyer	11 FF	56.27 C

Heat 3 of 5

1	Hall, Owen	12 AR	51.83 B
2	Beesley, Ethan	12 LOW	50.53 B
3	McCormack, Gavin	12 LOW	48.77 B
4	Chapman, Isaac	11 LS	49.70 B
5	Paxson, Caleb	11 FL	51.45 B
6	Woodward, Luke	12 AR	51.92 B

Heat 4 of 5

1	Cartwright, Levi	11 LOW	47.63 B
2	Blaney, Rylan	11 LOW	46.42 A
3	Norton, Dylan	11 AH	43.81 A
4	Johnson, Andrew	11 LOW	45.42 A
5	Bakos, Ben	11 FL	46.53 A
6	Witmer, Seth	12 AR	47.95 B

Heat 5 of 5

1	Visioni, Rocco	11 FL	42.86 A
2	Welch, Brayden	12 AR	40.84 A
3	Cianci, Jack	12 LOW	33.41 A
4	Castro, Oliver	12 FF	39.28 A
5	Hayes, Jackson	12 AH	41.22 A
6	Johnson, Nathan	12 FL	43.33 A

#53 Girls 13-14 50yd Backstroke

RSLY	Meredith Cavalier	2005	27.71
	AH		

Heat 1 of 4

1	—		
2	Herman, Jae	14 AR	59.89 C
3	Kalokoh, Aimee	13 LS	53.23 C
4	Kleen, Lily	13 AR	54.64 C
5	—		
6	—		

Heat 2 of 4

1	Windsor, Asher	13 AH	52.84 C
2	Hill, Ella	14 FF	45.10 C
3	Meyer, Amelia	13 FL	44.10 B
4	Haycock, Anna	14 AR	44.32 B
5	Tosh, Lexie	13 FL	49.41 C
6	—		

Heat 3 of 4

1	Lewis, Ava	14 FF	43.01 B
2	Forbes, Quin	13 FL	40.33 B
3	Mann, Amelia	13 FF	39.63 A
4	Green, Falyn	13 AR	39.91 B
5	Tuttle, Anna	13 LOW	41.05 B
6	Downey, Ava	13 LOW	43.50 B

Heat 4 of 4

1	Hopewell, Aibreann	13 LOW	37.40 A
2	Ryan, Adrianna	13 FL	36.86 A
3	Ashby, Spencer	13 FF	31.65 A
4	Fowler, Adi	13 FL	32.40 A
5	McClutchy, Stella	13 AH	37.12 A
6	Tartaglia, Amelia	11 AH	39.38 A

#54 Boys 13-14 50yd Backstroke

RSLY	Luke Durocher	2015	24.86
	RP		

Heat 1 of 4

1	Rickey, Mclain	13 AR	50.56 C
2	Adams, Zachary	14 AR	45.76 C
3	Blanco, Antonio	14 FL	45.17 C
4	Burch, Alex	13 FF	45.22 C
5	Dave, Rudra	13 LS	47.39 C
6	Hole, Jason	13 FF	56.59 C

Heat 2 of 4

1	Meadow, Ej	14 AH	43.56 C
2	Mason, Skylar	14 FF	42.20 B
3	Gillespie, Dougie	13 AH	41.49 B
4	Bell, Isaac	13 LS	41.59 B
5	Smith, Ben	13 FF	42.52 B
6	Stoeter, Sebastian	13 AR	44.20 C

Heat 3 of 4

1	McFarlane, Patrick	14 AH	37.90 B
2	Kahn, Patrick	13 AR	37.69 B
3	Lewis, Caleb	14 AR	36.82 A
4	Powers, JT	13 LOW	37.11 A
5	Poorbaugh, Austin	13 LS	37.84 B
6	Cicholski, Jacob	13 FF	39.35 B

Heat 4 of 4

1	Haberkost, Nathan	13 AH	36.05 A
2	Palomo, Edward	13 LS	34.23 A
3	Acton, Brayden	14 LOW	30.59 A
4	Young, Aaron	14 LS	30.80 A
5	Palomo, Javi	13 LS	34.99 A
6	Maxwell, Austin	13 FL	36.59 A

#55 Women 15-18 50yd Backstroke

RSLY	Krystal Ball	1999	27.50
	EE		

Heat 1 of 4

1	—		
2	Watts, Haleigh	17 AH	1:07.85 C
3	Besser, Lili	15 AH	54.40 C
4	Johnston, Sarah	17 AR	55.94 C
5	—		
6	—		

Heat 2 of 4

1	Gay, Audrey	17 FL	41.97 C
2	Quinn, Haven	16 FL	40.45 C
3	Kennedy, Maggie	18 LS	39.25 B
4	Heyward, Janessa	15 AH	40.32 B
5	Williams, Teresa	16 AH	41.14 C
6	Chapman, Elizabeth	15 LS	48.09 C

Heat 3 of 4

1	Humphreys, Isabelle	15 LS	37.73 B
2	Armstrong, Rylie	15 LS	37.22 B
3	Marcus, Paloma	17 FL	36.61 A
4	Soaper, Layla	18 FL	36.65 B
5	Futch, Emma	16 AR	37.59 B
6	Tuttle, Emma	15 LOW	37.95 B

Heat 4 of 4

1	Cao, Grace	16 FL	36.30 A
2	Elchenko, Shaelyn	15 LS	34.14 A
3	Desmond, Coleen	17 LS	30.57 A
4	Ryan, Gabbie	16 FL	33.57 A
5	Killion, Sophia	16 AH	35.50 A
6	Green, Lily	17 AR	36.32 A

#56 Men 15-18 50yd Backstroke

RSLY	Kyle Peck	2023	24.00
	Salem Fields Sunfish		

Heat 1 of 4

1	—		
2	Carpenter, Gavin	15 AH	55.10 C
3	Smith, Wesley	16 FF	43.50 C
4	Olsen, Vianney	15 LS	45.32 C
5	—		
6	—		

Heat 2 of 4

1	—		
2	Frezza, Ian	15 FF	41.78 C
3	Davis, Britton	15 AR	39.36 B
4	Kraus, Colin	15 AH	41.50 C
5	Hayes, Casper	15 AH	43.19 C
6	—		

Heat 3 of 4

1	DeWald, Ryan	17 LS	38.06 B
2	Dave, Devum	16 LS	33.41 B
3	Ryan, Nathan	15 FL	32.86 A
4	Ouellet, Elijah	17 FF	32.91 B
5	Wells, Harold	15 AH	37.90 B
6	Reynolds, Matthew	18 LS	38.89 B

Heat 4 of 4

1	Fargo, Aiden	15 LOW	32.23 A
2	DeCrisci, Joe	17 LS	31.89 A
3	Hoban, Owen	18 AH	24.19 A
4	Taylor, Luke	15 FL	31.78 A
5	King, Sam	17 LS	32.19 A
6	Wohler, Logan	16 AR	32.52 A

#57 Girls 11-12 50yd Breaststroke

RSLY	Kayla Brumbaum	2007	32.79
	FL		

Heat 1 of 5

1	—		
2	Worman, Paige	11 LS	1:20.71 C
3	Mann, Elsie	11 FF	1:06.81 C
4	Davis, Ava	11 AR	1:07.69 C
5	Pascal, Arianna	11 LOW	1:28.72 C
6	—		

Heat 2 of 5

1	Herman, Sarah	11 AR	1:04.23 C
2	Fleming, Claire	11 FF	1:00.83 C
3	Fabbro, Kyla	12 AH	57.56 B
4	Hill, Charlotte	12 FF	57.89 C
5	Kee, Makayla	12 AH	1:00.89 C
6	Torres, Iris	12 AH	1:04.26 C

Heat 3 of 5

1	Elkins, Sloane	11 FF	54.35 B
2	Sauter, Abbi	12 FF	52.64 B
3	Lawson, Sarah	11 AH	51.92 B
4	Ortega, Gabby	12 AR	52.11 B
5	Reanos, Lily	11 FL	53.89 B
6	Humphreys, Leah	12 LS	54.92 B

Heat 4 of 5

1	Pascal, Emily	12 LOW	49.60 B
2	Green, Kennedy	12 FL	47.89 A
3	Warren, Julia	12 FF	46.93 A
4	Haycock, Felicity	12 AR	47.37 A
5	Beall, Reagan	11 FL	48.39 A
6	Besser, Juliana	12 AH	51.26 B

Heat 5 of 5

1	Finger, Chloe	11 LOW	44.89 A
2	McClutchy, Lucy	11 AH	42.17 A
3	Ouellette, Emme	11 LS	40.39 A
4	Ryan, Samantha	11 FL	41.55 A
5	Beck, Amelia	12 AR	44.43 A
6	Bogusz, Emmeline	12 FL	46.59 A

#58 Boys 11-12 50yd Breaststroke

RSLY	Luke Durocher	2013	30.50
	RP		

Heat 1 of 5

1	—		
2	Cannavo, Sebastian	12 FL	1:11.50 C
3	Blaney, Rylan	11 LOW	1:06.68 C
4	Futch, Will	12 AR	1:09.77 C
5	—		
6	—		

Heat 2 of 5

1	Hole, Josh	12 FF	1:04.45 C
2	Hopwood, Ethan	11 FL	59.81 C
3	Woodward, Luke	12 AR	57.83 C
4	Duy, Ethan	11 LS	59.29 C
5	Kovarik, Logan	11 FL	1:00.98 C
6	—		

Est Start: 2:39 PM**Heat 3 of 5**

1	Griffith, Kael		
2	Tuttle, Owen		
3	Norton, Dylan		
4	Payden, Jackson		
5	Schietinger, Graham		
6	McCormack, Gavin		

Est Start: 2:48 PM

12	AH	54.86 B
12	LOW	53.96 B
11	AH	53.09 B
11	LOW	53.63 B
11	LOW	54.35 B
12	LOW	55.59 B

Heat 4 of 5

1	Carpenter, Asher		
2	Ortega, Joey		
3	Robinson, Brooks		
4	Bauslaugh, Zeke		
5	Chapman, Isaac		
6	Tosh, William		

Est Start: 2:49 PM

12	AH	51.45 B
11	AR	49.54 A
12	FF	48.43 A
11	FL	48.90 A
11	LS	50.37 B
11	FL	53.03 B

Heat 5 of 5

1	Gonzalez, Ethan		
2	Wells, Thomas		
3	Davis, Sawyer		
4	Johnson, Nathan		
5	Strausbaugh, Levi		
6	Hall, Owen		

Est Start: 2:51 PM

11	LOW	46.54 A
12	AH	45.07 A
12	AR	37.57 A
12	FL	40.83 A
12	LS	46.02 A
12	AR	46.87 A

#59 Girls 13-14 50yd Breaststroke

RSLY	Kayla Brumbaum	2008	30.55
	FL		

Heat 1 of 3

1	—		
2	Hill, Ella	14 FF	51.02 C
3	Itoh, Ashlyn	13 AR	50.54 C
4	Kovarik, Katie	14 FL	50.96 C
5	Herman, Jae	14 AR	1:11.80 C
6	—		

Est Start: 2:52 PM**Heat 2 of 3**

1	Lewis, Ava	14 FF	48.86 B
2	Forbes, Quin	13 FL	44.82 B
3	Duarte, Mariana	13 FL	42.53 B
4	McClutchy, Stella	13 AH	43.19 B
5	Meyer, Amelia	13 FL	47.75 B
6	Tosh, Lexie	13 FL	49.62 C

Est Start: 2:54 PM**Heat 3 of 3**

1	Welch, Samantha	14 AR	38.98 A
2	Yawgel, Tiffany	14 LOW	37.07 A
3	Sheehan, Jessica	14 FF	36.83 A
4	Ryan, Adrianna	13 FL	36.99 A
5	Hix, Noemi	13 LOW	37.29 A
6	Rosero, Violet	13 AH	40.04 A

Est Start: 2:55 PM

#60 Boys 13-14 50yd Breaststroke

RSLY **Danny Pyle** **1994** **28.90**
G

Heat 1 of 4 **Est Start: 2:56 PM**

1	Stoeter, Sebastian	13 AR	50.47 C
2	Blanco, Antonio	14 FL	48.13 C
3	Wallace, Liam	13 AR	46.05 C
4	Bell, Isaac	13 LS	46.40 C
5	Meadow, Ej	14 AH	48.93 C
6	—		

Heat 2 of 4 **Est Start: 2:57 PM**

1	Richwine, John	14 LS	45.52 C
2	Adams, Zachary	14 AR	44.18 B
3	Williams, Jake	13 FL	43.50 B
4	Smith, Ben	13 FF	43.57 B
5	Moore, Jacob	13 LS	45.05 B
6	Cicholski, Jacob	13 FF	45.58 C

Heat 3 of 4 **Est Start: 2:59 PM**

1	Elkins, Gray	14 FF	42.02 B
2	Ouellette, Hudson	13 LS	39.07 B
3	Haberkost, Nathan	13 AH	37.86 A
4	Gillespie, Dougie	13 AH	39.07 B
5	Twum, Kaleb	14 FF	40.26 B
6	Maxwell, Austin	13 FL	42.25 B

Heat 4 of 4 **Est Start: 3:00 PM**

1	Palomo, Javi	13 LS	37.64 A
2	Van Dusen, Colin	14 FL	37.07 A
3	Acton, Brayden	14 LOW	32.56 A
4	Hopewell, Anderson	14 LOW	36.89 A
5	Young, Aaron	14 LS	37.32 A
6	McFarlane, Patrick	14 AH	37.78 A

#61 Women 15-18 50yd Breaststroke

RSLY **Kayla Brumbaum** **2012** **30.40**
CP

Heat 1 of 4 **Est Start: 3:01 PM**

1	—		
2	Watts, Haleigh	17 AH	1:14.60 C
3	Johnston, Sarah	17 AR	49.69 C
4	Besser, Lili	15 AH	59.08 C
5	—		
6	—		

Heat 2 of 4 **Est Start: 3:03 PM**

1	Chapman, Haylie	15 LS	48.50 C
2	Blanco, Sophia	16 FL	46.95 C
3	Barcas, Ella	16 FF	44.38 B
4	Chapman, Elizabeth	15 LS	46.90 B
5	Yurasko, Alexandra	15 FL	47.12 C
6	Heyward, Janessa	15 AH	49.13 C

Heat 3 of 4**Est Start: 3:04 PM**

1	Itoh, Elizabeth	15 AR	43.86 B
2	Marcus, Paloma	17 FL	40.94 B
3	Swick, Caelyn	16 FL	39.66 A
4	Cao, Grace	16 FL	40.77 B
5	Humphreys, Isabelle	15 LS	41.98 B
6	Quinn, Haven	16 FL	43.91 B

Heat 4 of 4**Est Start: 3:05 PM**

1	Tse, Sophie	15 LS	38.59 A
2	Hix, Zoe	18 LOW	36.50 A
3	Smith, Lauren	18 FF	33.40 A
4	Desmond, Coleen	17 LS	35.78 A
5	Stahl, Kayeleagh	15 LS	36.62 A
6	Wells, Sophia	17 AH	39.25 A

#62 Men 15-18 50yd Breaststroke

RSLY **Jake Ball** **2016** **27.29**
RP

Heat 1 of 4 **Est Start: 3:06 PM**

1	—		
2	Frezza, Ian	15 FF	47.21 C
3	Davis, Britton	15 AR	45.47 C
4	Reynolds, Matthew	18 LS	46.97 C
5	—		
6	—		

Heat 2 of 4 **Est Start: 3:08 PM**

1	Carpenter, Gavin	15 AH	45.22 C
2	Griffith, Jude	16 AH	43.19 C
3	Stoeter, Matthew	18 AR	39.79 B
4	Kahn, Michael	15 AR	40.30 B
5	Stephenson, Zach	15 LS	44.94 C
6	—		

Heat 3 of 4 **Est Start: 3:09 PM**

1	Fargo, Aiden	15 LOW	36.93 B
2	Dave, Devum	16 LS	36.16 B
3	Ryan, Nathan	15 FL	36.03 A
4	Kraus, Colin	15 AH	36.14 B
5	Jackson, Ezra	18 AR	36.86 B
6	Robinson, Colin	15 FF	38.41 B

Heat 4 of 4 **Est Start: 3:10 PM**

1	Spinnanger, Andrew	18 LS	34.30 A
2	Bazemore-Fountain, Brandon	16 FF	32.39 A
3	Hoban, Owen	18 AH	27.56 A
4	Unruh, Jonah	18 LS	31.39 A
5	DeWald, Adam	15 LS	33.35 A
6	Van Dusen, Ian	18 FL	34.59 A

#63A Girls 11-12 100yd Freestyle Relay A

RSLY	RP	2013	54.94
Nina Banzon, Alice Sandoval, Maddie Urian, Katrina Yankovich			

Heat 1 of 1		Est Start: 3:11 PM	
1	LOW Barracudas	A LOW	1:09.85
2	Fawn Lake Fliers	A FL	1:07.99
3	AH Dolphins	A AH	1:04.27
4	ARRST	A AR	1:06.34
5	Leeland Express	A LS	1:08.61
6	Ferry Farm	A FF	1:11.78

#63B Girls 11-12 100yd Freestyle Relay B

RSLY	RP	2013	54.94
Nina Banzon, Alice Sandoval, Maddie Urian, Katrina Yankovich			

Heat 1 of 1		Est Start: 3:13 PM	
1	—		
2	Fawn Lake Fliers (EXH)	B FL	1:20.33
3	AH Dolphins (EXH)	B AH	1:11.66
4	ARRST (EXH)	B AR	1:20.03
5	Ferry Farm (EXH)	B FF	1:24.75
6	—		

#64A Boys 11-12 100yd Freestyle Relay A

RSLY	RP	2013	52.75
Brennan Paterson, Jeffery George, Noah Ross, Luke Durocher			

Heat 1 of 1		Est Start: 3:15 PM	
1	Leeland Express	A LS	1:12.86
2	AH Dolphins	A AH	1:06.32
3	ARRST	A AR	1:03.49
4	LOW Barracudas	A LOW	1:05.59
5	Fawn Lake Fliers	A FL	1:07.68
6	Ferry Farm	A FF	1:16.63

#64B Boys 11-12 100yd Freestyle Relay B

RSLY	RP	2013	52.75
Brennan Paterson, Jeffery George, Noah Ross, Luke Durocher			

Heat 1 of 1		Est Start: 3:17 PM	
1	—		
2	AH Dolphins (EXH)	B AH	1:30.43
3	LOW Barracudas (EXH)	B LOW	1:15.45
4	ARRST (EXH)	B AR	1:28.54
5	Fawn Lake Fliers (EXH)	B FL	1:31.05
6	—		

#65A Girls 13-14 100yd Freestyle Relay A

RSLY	MY	2021	51.69
Mikayla Kainu, Madi Bean, Lily Eichberg, Sami Sowers			

Heat 1 of 1		Est Start: 3:19 PM	
1	AH Dolphins	A AH	1:09.46
2	LOW Barracudas	A LOW	1:02.06
3	Ferry Farm	A FF	59.05
4	Fawn Lake Fliers	A FL	1:00.13
5	ARRST	A AR	1:03.98
6	Leeland Express	A LS	1:10.26

#65B Girls 13-14 100yd Freestyle Relay B

RSLY	MY	2021	51.69
Mikayla Kainu, Madi Bean, Lily Eichberg, Sami Sowers			

Heat 1 of 1		Est Start: 3:20 PM	
1	—		
2	—		
3	Fawn Lake Fliers (EXH)	B FL	1:16.03
4	ARRST (EXH)	B AR	1:34.67
5	—		
6	—		

#66A Boys 13-14 100yd Freestyle Relay A

RSLY	W	2017	47.36
Nathan Pechacek, Micah Hunt, Connor Smith, Collin Feliciano			

Heat 1 of 1		Est Start: 3:22 PM	
1	Ferry Farm	A FF	1:02.41
2	AH Dolphins	A AH	1:00.78
3	Leeland Express	A LS	54.07
4	ARRST	A AR	1:00.70
5	Fawn Lake Fliers	A FL	1:01.98
6	Leeland Express (EXH)	B LS	59.95

#66B Boys 13-14 100yd Freestyle Relay B

RSLY	W	2017	47.36
Nathan Pechacek, Micah Hunt, Connor Smith, Collin Feliciano			

Heat 1 of 1		Est Start: 3:24 PM	
1	—		
2	—		
3	—		
4	—		
5	—		
6	—		

#67A Women 15-18 100yd Freestyle Relay A

RSLY RP 2015 50.60
Courtney Jones, Nicole Mulienburg, Gracie Paterson,
Rheagan Horne

Heat 1 of 1		Est Start: 3:24 PM	
1	ARRST	A AR	1:05.07
2	Ferry Farm	A FF	1:04.64
3	Fawn Lake Fliers	A FL	58.92
4	AH Dolphins	A AH	1:00.23
5	LOW Barracudas	A LOW	1:04.64
6	Leeland Express	A LS	52.52

#67B Women 15-18 100yd Freestyle Relay B

RSLY RP 2015 50.60
Courtney Jones, Nicole Mulienburg, Gracie Paterson,
Rheagan Horne

Heat 1 of 1		Est Start: 3:26 PM	
1	—		
2	—		
3	Leeland Express (EXH)	B LS	1:01.07
4	Fawn Lake Fliers (EXH)	B FL	1:03.81
5	—		
6	—		

#68A Men 15-18 100yd Freestyle Relay A

RSLY RP 2016 42.16
Luke Duroche, David Turbyfill, Jake Ball, Garrett
Ross

Heat 1 of 1		Est Start: 3:28 PM	
1	Ferry Farm	A FF	55.02
2	LOW Barracudas	A LOW	52.69
3	Leeland Express	A LS	50.02
4	AH Dolphins	A AH	52.66
5	Fawn Lake Fliers	A FL	52.73
6	ARRST	A AR	55.77

#68B Men 15-18 100yd Freestyle Relay B

RSLY RP 2016 42.16
Luke Duroche, David Turbyfill, Jake Ball, Garrett
Ross

Heat 1 of 1		Est Start: 3:29 PM	
1	—		
2	AH Dolphins (EXH)	B AH	1:07.60
3	Leeland Express (EXH)	B LS	57.23
4	Ferry Farm (EXH)	B FF	1:05.09
5	—		
6	—		

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Visit us online at www.TsunamiSwimming.org or call **540-418-6870** for more information.

TSUNAMI PROGRAMS

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As a member of Virginia Swimming and USA Swimming, Tsunami competes year-round at local, state, and national levels. We offer three different practice groups and convenient practice times 6 days/week at **St. Michael High School** pool in Spotsylvania.



Congratulations to our graduating seniors!

Lina Hansen - 1 year on Tsunami
Heading to U.S. Military Academy West Point
Kyleigh Tiberio - 8 years on Tsunami
Heading to the University of Mary Washington

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In these 40-minute Sunday classes, students learn basic strokes and confidence in the water. Adults welcome. Runs September-July.

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RSL Stroke Clinic

A one-week training program that gives summer league swimmers a head start to their season. Offered annually in May.

Connect with us online!



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info@TsunamiSwimming.org

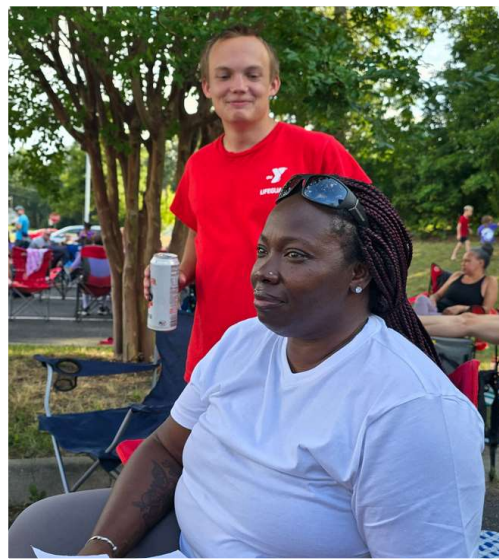
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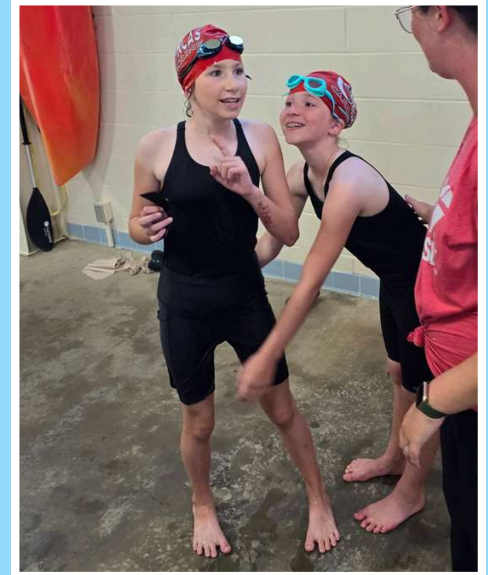
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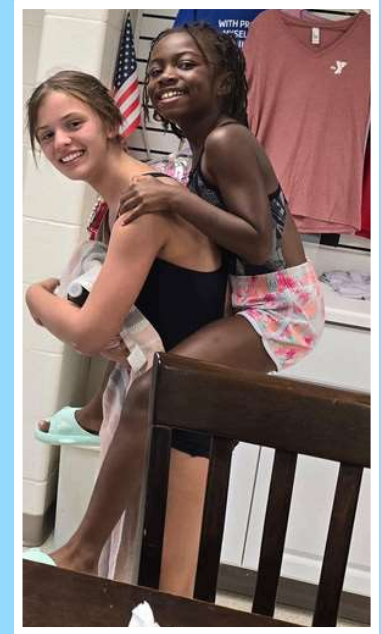


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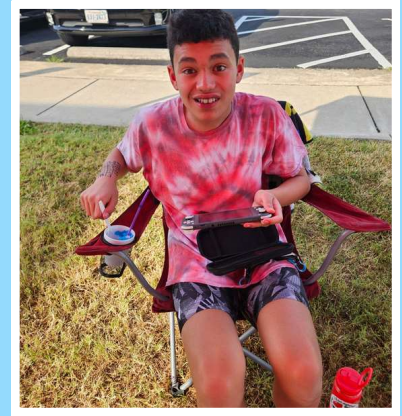


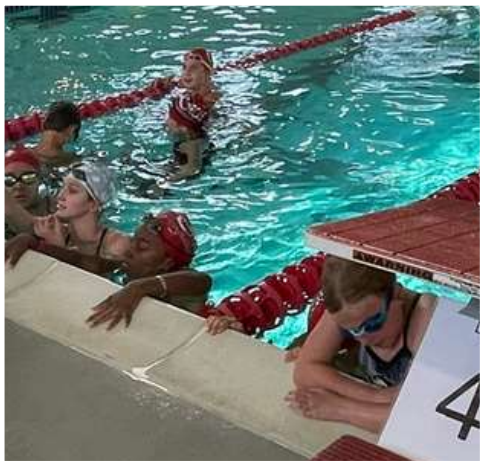
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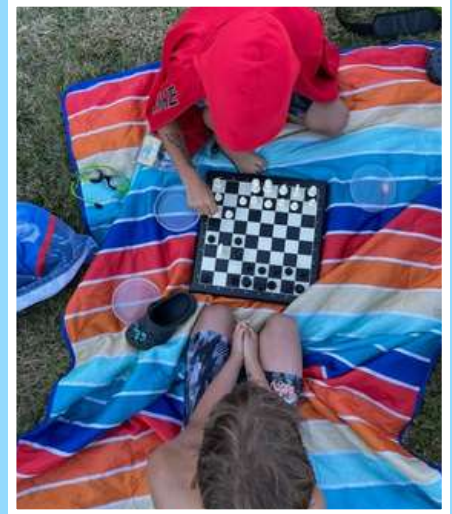


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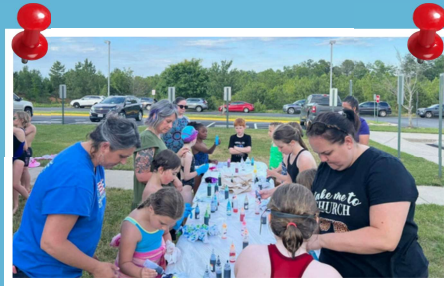
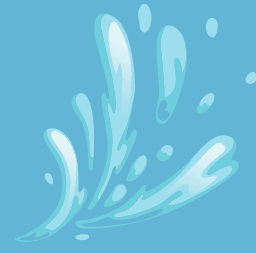




ORCAS



SUMMER SWIM FUN!



caroline ORCAS



Thanks for a great season Blue Dolphins!

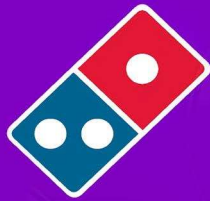




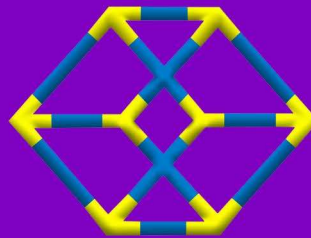
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Fear the Fin!

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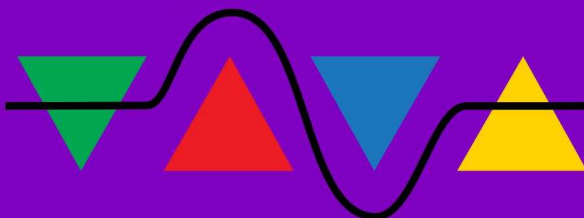


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Brooke



2024



Way to go!!!



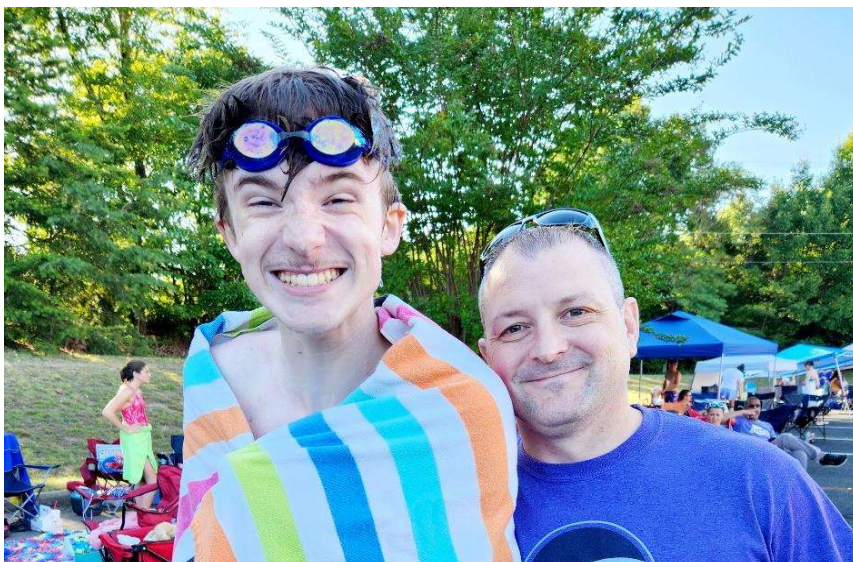
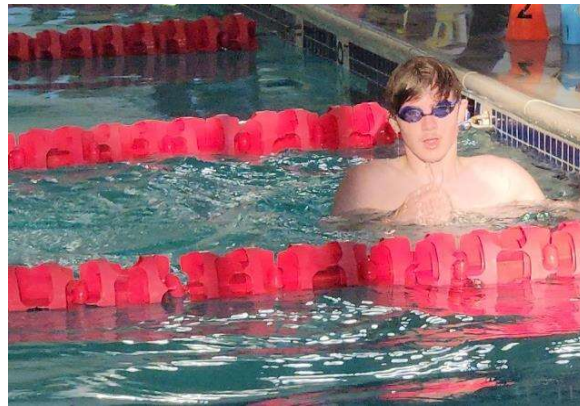
**Good luck,
Caleigh! We are
so proud of you.
Swim fast and GO
SHARKS!**

Adam,

We are incredibly proud of you and your Summer Swim 2024 Season!

GO SHARKS!

XO, Mom & Dad



Dahlgren Sharks



2024



Way to Go!!! Elliana



FOUR ELEMENTS

ELECTRICAL CONTRACTING

Caleb Myers!



You have come so far this year. From not being able to make it across the pool to swimming a 100m freestyle in under 2 minutes and a 50m freestyle in under 1 minute!! You have gotten better each time you have gotten into the pool and we are so proud of all the hard work that you have put in this summer! We love you so much!

GO SHARKS!

Love Mom and Dad <3

Thank you to the coaches that have helped Caleb this season! We are proud of each of you as well!

Dahlgren Sharks



2024

Way to go!!

Lincoln



Thank you to all of our volunteers and parents! We could not have done this without you!



Thank you to our wonderful swimmers!



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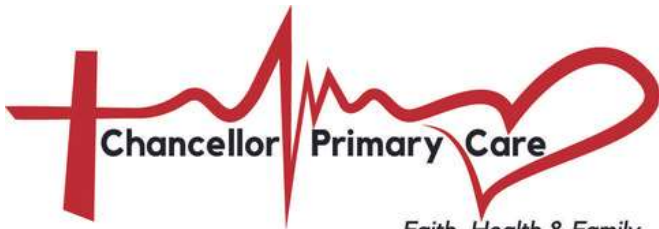
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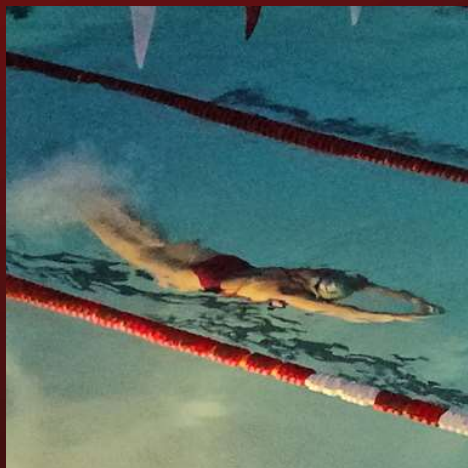
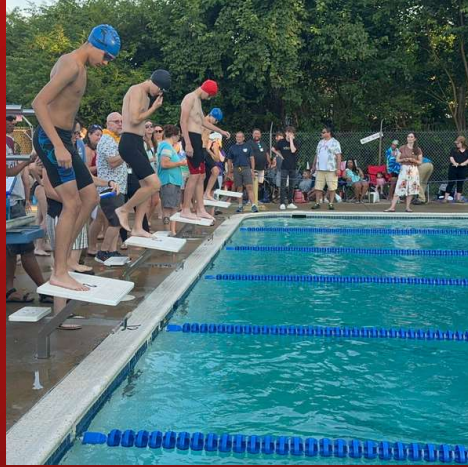
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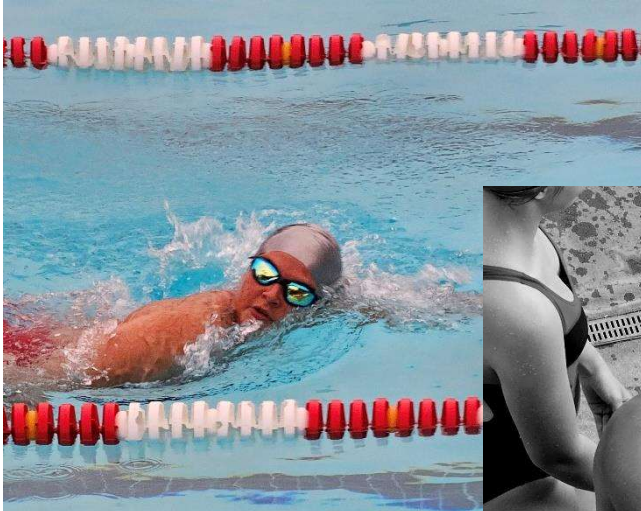


LAKE WILDERNESS TORPEDOES
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**We are so
proud of you,
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FASTER!**



LAKE WILDERNESS

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SENIORS



Ella

Stonebreaker



Kaylen
Stonebreaker



Will

Stroffolino

CONGRATULATIONS

AND

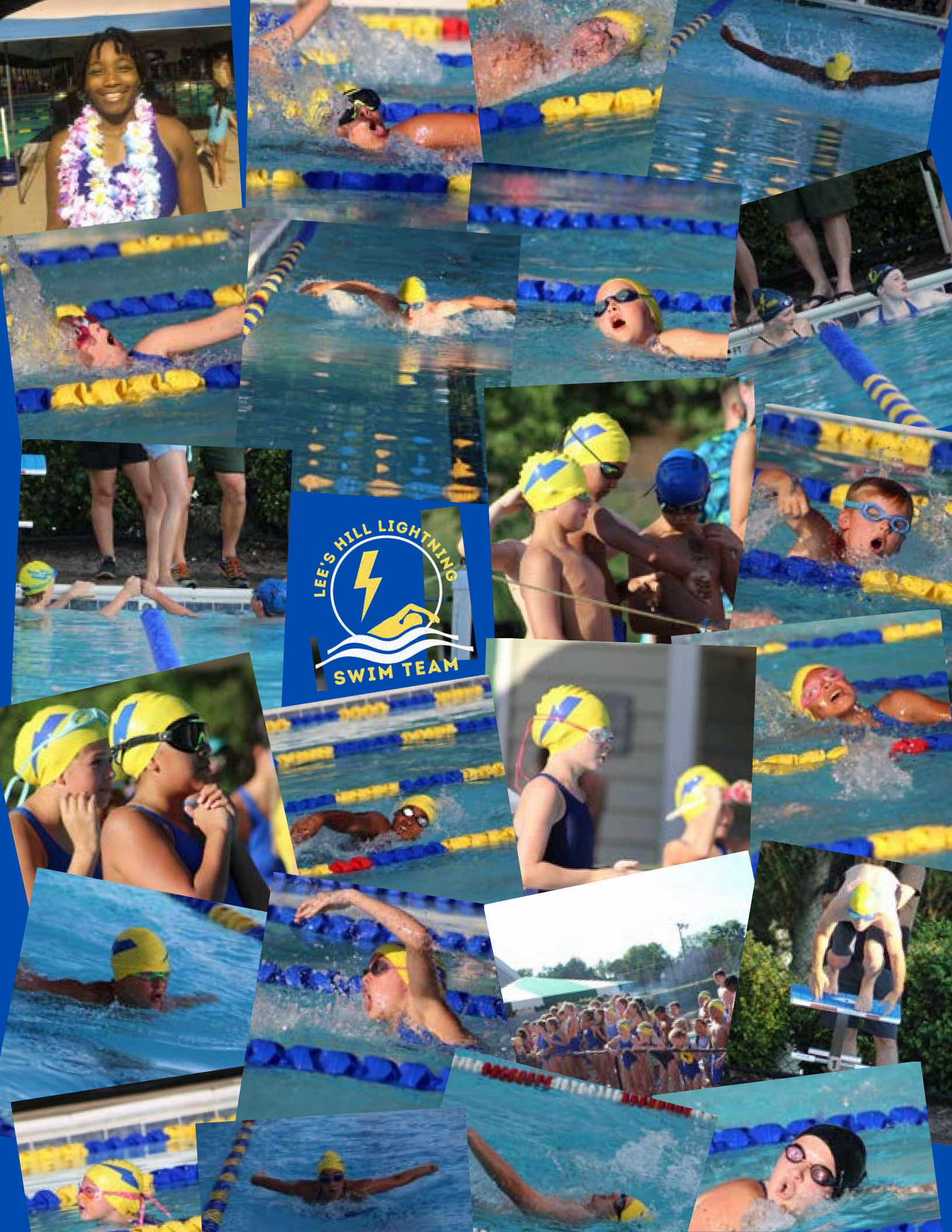
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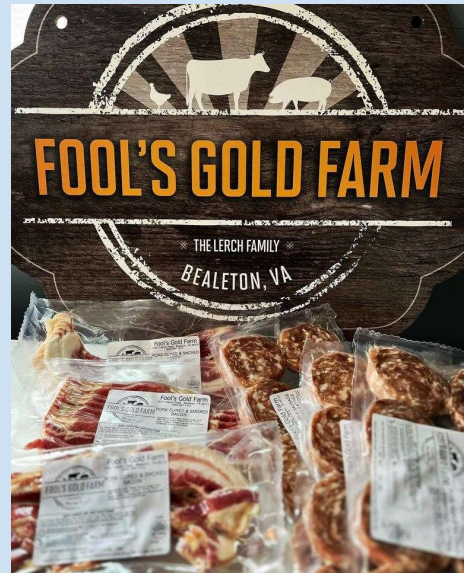


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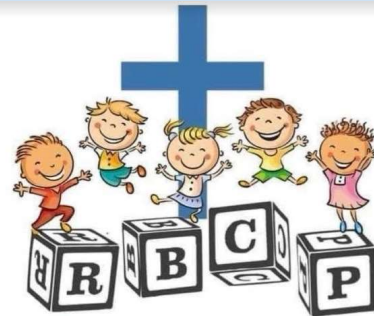


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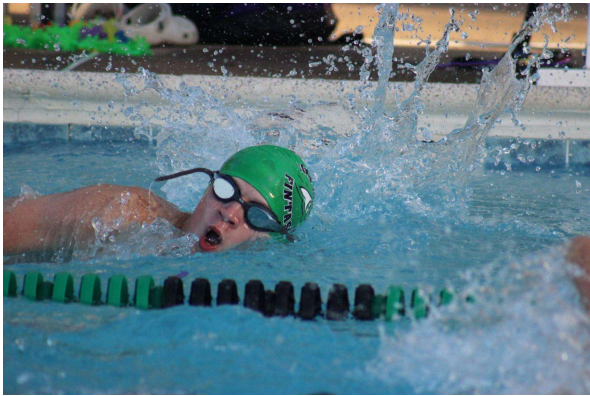
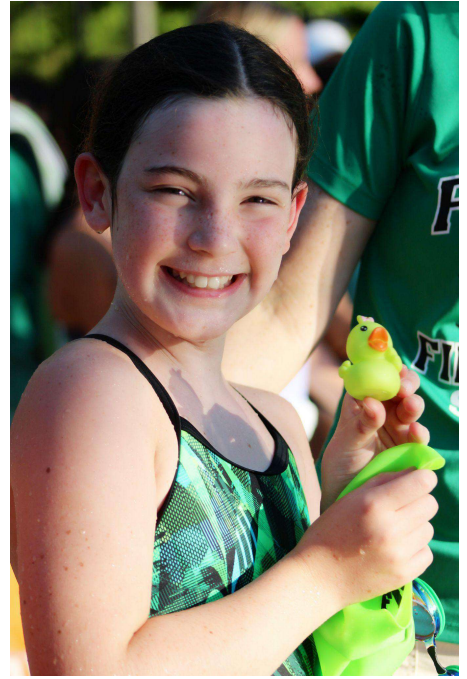


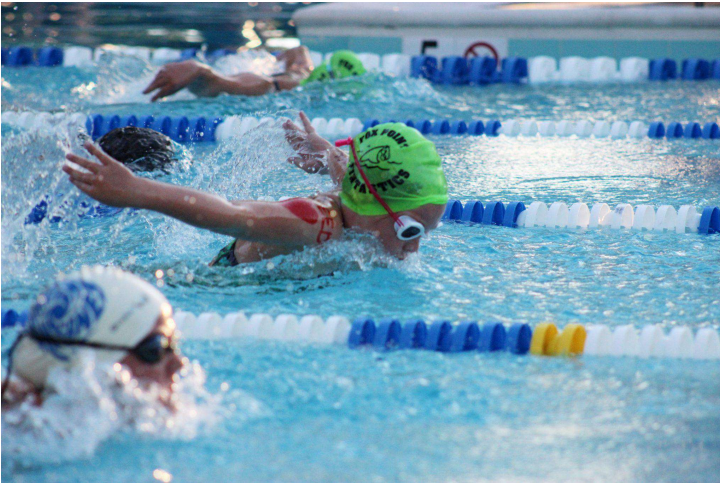
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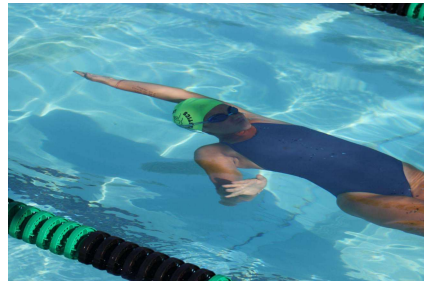
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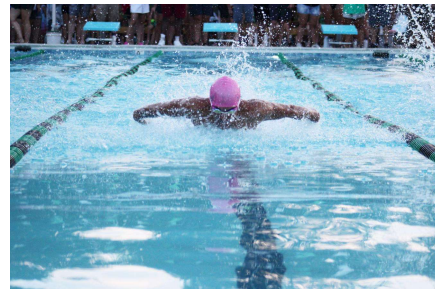
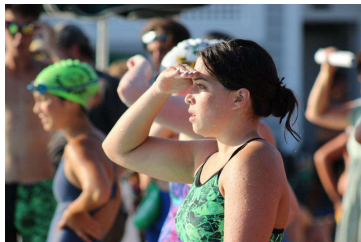
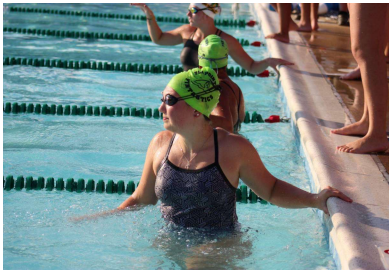








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Alex, Samuel, Kyra, Owen, Catherine, Zack, Tessa, Liam, Matthew, Sawyer

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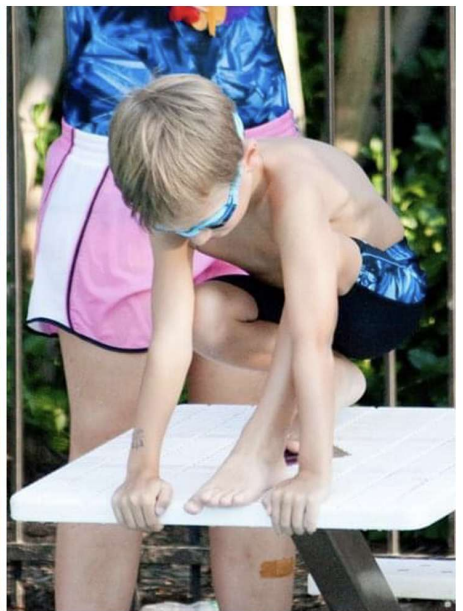
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Zack... we cannot believe after 15 years this will be your final swim as a Hurricane. Watching your skill and love of the sport develop over the years has been a joy and we are so proud of you continuing to pass it along by coaching the next generation.

Thank goodness we get to watch you continue swimming at Randolph-Macon College - we're not ready to say goodbye to this sport just yet.

Swim fast at Finals...we will miss watching you in the water for the Hurricanes!

Where it all started vs now!





Best of luck on your very first visit to the finals, Theo!
We love watching you swim. Go Hampton Oaks Hurricanes!
Love, Mom, Dad and Ruby



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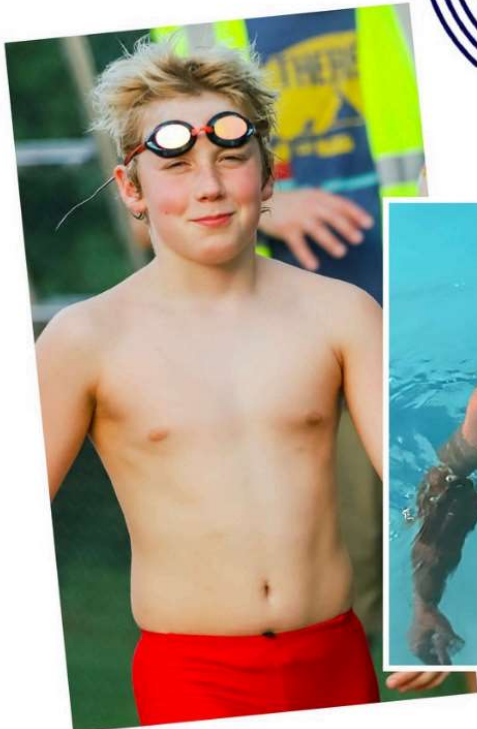












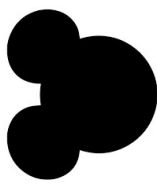
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...and have a "Speed Button"



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for another great season!





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2024 **FREDERICKSBURG**
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BUCCANEERS

KNOCK KNOCK
WHO'S THERE??
AL
AL WHO?
ALARIMO, ALRAMO, ALRIMO RAMO RO
COUNT 7
COUNT 11
COUNT RICKETY ROCKETY SHOOT ME DOWN!
WHO CAN KNOCK THE COUNTRY CLUB DOWN?
NOBODY, NOBODY!
HEY HEY
NOBODY, NOBODY!
HEY HEY
WHEN YOU'RE UP YOU'RE UP
WHEN YOU'RE DOWN YOU'RE DOWN
WHEN YOU'RE UP AGAINST THE COUNTRY CLUB YOU'RE UPSIDE DOWN
KICK 'EM IN THE HEAD
KICK 'EM IN THE FEET
COUNTRY CLUB, COUNTRY CLUB
CAN'T BEAT ME!
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WHAT WAS YOUR FAVORITE PART OF BEING A BUCCANEER.....

“SWIMMING BACKSTROKE” – OLIVER

“SEEING TEAMMATES FROM LAST YEAR, GETTING OUT OF MY COMFORT ZONE AND TRYING 100M FREESTYLE AND THE TEAM BREAKFAST” – AUTUMN

“THE MEETS” – TYLER

“HIDING CUPS FOR THE LITTLE KIDS” – HUNTER

“BEING WITH MY FRIENDS AT MEETS AND PRACTICES” – BRADY

“I LOVE WORKING WITH AND TEACHING MY LITTLES (6U’S)” – EMRY

“I LIKED THE COACHES, THEY WERE FUNNY” – MARCO

“THE COACHES” – MACKENZIE

“HANGING OUT WITH FRIENDS” – MADDIE

“SEEING THE COACHES, AND EARNING POINTS AT THE SWIM MEETS” – FINLEY

“GETTING 1ST PLACE AND SCORING POINTS FOR THE TEAM” – AUSTIN

“COACHING THE LITTLES” – WILLIAM

“I ENJOYED SEEING MY FRIENDS FROM LAST YEAR, LEARNING NEW STROKE, BREAST & FLY AND THE TEAM BREAKFAST” – ETHAN

“SWIMMING IN THE MEETS AND HANGING OUT WITH ALL MY FCC FRIENDS” – KHLOE

“GETTING TO COACH AND WATCHING THEM RACE” – MARCIE

“WATER POLO” – KENDALL

“SWIM MEETS BECAUSE OF EVERYBODY’S POSITIVE ATTITUDE” – KATHERINE

“HELPING THE LITTLE KIDS AT MEETS” – LIAM

“THE MEETS” – PAULY

“CHEERING ON MY FRIENDS AT THE MEETS” – MADI

“HELPING WIN POINTS FOR TEAM, SWIMMING FAST AND MAKING FRIENDS” – IVEY

“HELPING WIN POINTS FOR TEAM AND PUSHING COACHES IN THE POOL AFTER MEETS” – BLAIR

“LATE NIGHT AT MCDONALDS” – LAINE

WHAT WAS YOUR FAVORITE PART OF BEING A BUCCANEER.....

**“GETTING TO
SEE LAINE
SWIM”-CHASE**

**“GETTING TO
SEE OTHER
POOLS”-JOEL**

**“HAVING FUN
AND SPENDING
TIME WITH MY
FRIENDS”-
HANNA**

**“ WATER POLO”-
PARKER**

**“SEEING MY
FRIENDS,
GETTING BETTER
AT SWIMMING,
AND GOING TO
THE**

**“SWIM MEETS”-
EMMA**

**“LEXI AND
WATCHING
FRIENDS RACE”-
LAINIEY**

**“SEEING
FRIENDS I HAVE
NOT SEEN IN A
WHILE”-ELLIE**

**“ WATER POLO”-
DYLAN**

**“GETTING
RIBBONS”-NORE**

**“SWIM
OLYMPICS”-
CHLOE**

**“WHEN I DO
FREESTYLE WITH
MY FRIENDS
AND...JUNIOR
COACHES”-
CHARLIE**

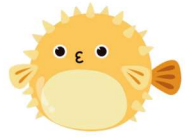
**“SWIMMING IN
THE RELAYS
BECAUSE IT
COOLS YOU
DOWN AND IT IS
A TEAM THING.I
ALSO LIKE
COMPETING AND
SWIMMING WITH
FRIENDS”-
WHITLEY**





Idlewild

Tidal Waves



Congratulations, Caroline! You will always be our favorite mermaid! We are so proud of you! Great job! Love, Momma and Colette

Caroline and Aubrey, swim fast! We know you can! Love, Mimi and Granddad



GOOD LUCK Samantha! We are so proud of all your hard work this season! We love you! -Mom & Dad

Aubrey- We're so proud of how hard you've worked! Swim fast! Love, Mom & Dad



Caroline- You've worked so hard this summer and it's paid off! Swim Fast! Love, Mom & Dad

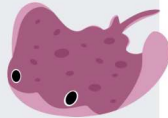
Dearest Victoria, We are so proud of you for your dedication, passion, and enthusiasm for swim and your swim team. Keep up the good work and keep swimming fast!! Love, Mom, Dad & Connor



Swim fast Carter and Mason! We love you! -Mom and Dad

BROOKE! I am so proud of you and love you so much! Swim strong!

Go Colin! We are so proud of you! Love, Mommy & Daddy



Lucia and Max, we are incredibly proud of you! Have a blast and swim fast. Love, Mom and Dad

GO STELLA! We are so proud of you & love watching you compete! Love, Dad, Michaela, Maddox & Phoebe

Go Carter and Mason! We know you can do it! Love, Mimi and Granddad

Xander, Swim like a fish! Besitos, Mami



THANK YOU TO OUR SPONSOR
SWEAT FXBG SWEATFXBG.COM

Tidal Waves Spirit

2024



SALEM FIELDS SUNFISH



Salem Fields
SUNFISH
SWIM TEAM

CHARGER
SWIM

Kyle Peck

Salem Fields Sunfish
Swim 2024



Salem Fields
SUNFISH
SWIM TEAM

SPST
Swimming

Mason Pifer

Salem Fields Sunfish
Swim 2024



Salem Fields
SUNFISH
SWIM TEAM

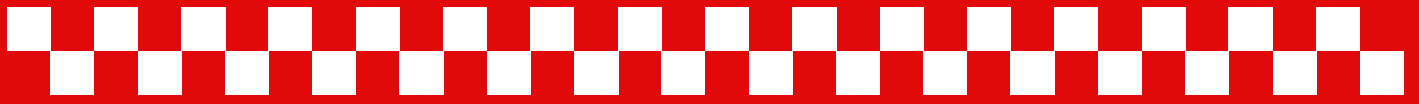
SALEM FIELDS
SUNFISH

Jessica Calatayud

Salem Fields Sunfish
Swim 2024

Congrats to our 2024 Seniors!

SALEM FIELDS SUNFISH

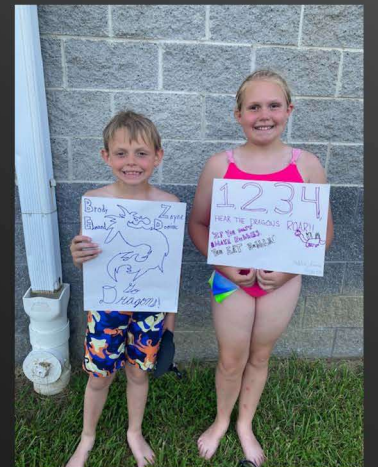


Thank You To Our Sponsors



2024

2024



Your passion for swimming and your positive attitude inspire us every day. Keep up the fantastic work, and remember, every stroke you take brings you closer to your goals. We are so proud of you, Savannah Julia! Love, Mom and Dad



Go Spotsy Y
Dragons!

Swim fast
Madeline and Dominic!



We are so proud of you!
Love, Mom and Dad



The Dynamic Duo is at it again!!!

Michael,

Let's get this win!

*Love,
GiGi*



Henry,

*Swim hard,
swim fast, big
arms! We
are so proud
of you!*

*Love,
Mom & Dad*

Henry Dahart

*Go out there and win Henry!
-Luke and Sam*

*Go Henry you got this!!!
-Sophie and Zack*



Dragon's Coaches and Junior Coaches:

*Thank you for helping our
swimmers to grow both in
and out of the water!*



2024

**Purple & Black Attack!
Jake & Shelby Fire Up For Finals!**



**You and your team have done awesome
this season. We're so proud of you.
Love you both to the moon and back.
Love Mom and Dad!**



*Benson
Bunch:*

*We are so
proud of
your hard
work this
season!*

Mom & Dad



*THANK YOU DRAGONS
BOARD MEMBERS FOR ALL
THAT YOU DID TO MAKE
THIS SEASON A SUCCESS.*

Henry Dahart



Prayers for speed and endurance at finals, Henry! Jump in and lose yourself, in the best way!!

-Alisha

Go Henry go! Show them what you got! I know you can do it!

-Ethan



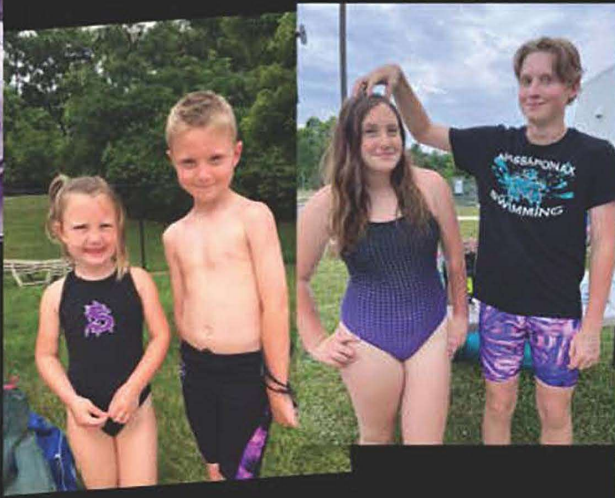
Ryleigh, Brenna, & Leighton,

We are so proud of you and all your accomplishments this season. Keep pushing to be the best you can be. We love you! Go Dragons!

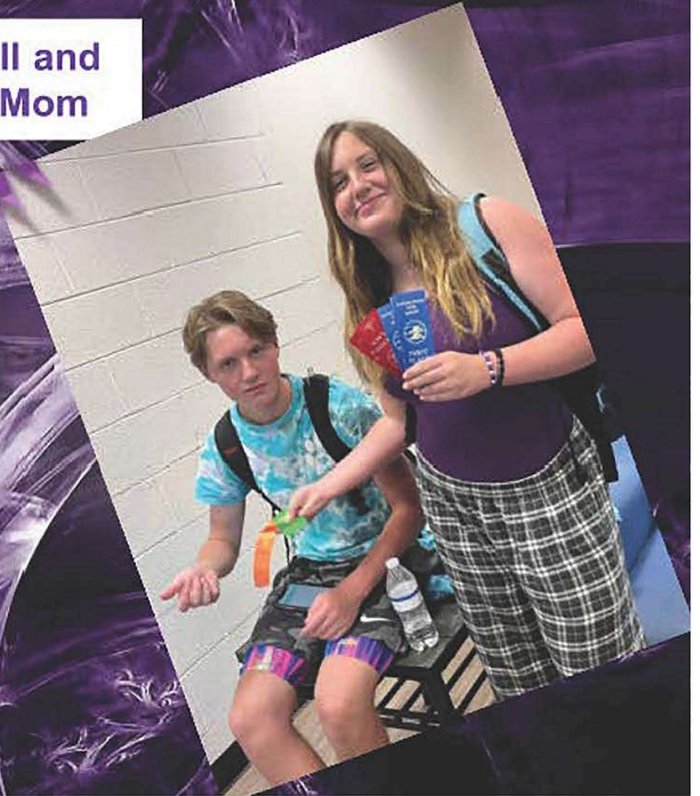
**Love,
Mom & Dad**



Way to go, Will and
Kylie! Love, Mom



PhotoC



Moxie, Congratulations on a great season.
We are so proud of you.
Love, Mom and Dad



WE



OUR SENIORS



OXYGEN
IS OVERRATED



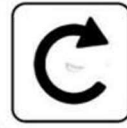
EAT



SLEEP



SWIM



REPEAT

BREATHING
IS
FOR THE
WEAK

BREASTSTROKE FINALS
SWIMSUIT LANE GOALS SWIM CAP FLAGS STARTING BLOCK HEATS
PERSONAL BEST LAPS POOL
SWIMMING
RELAY FREESTYLE
DISTANCE PRACTICE KICK BOARD
BACKSTROKE BUTTERFLY
GOGGLES

HARD DAYS
ARE THE BEST
DAYS BECAUSE
THIS IS WHEN
CHAMPIONS ARE
MADE

- Gabby Douglas

IF YOU THINK YOUR

SPORT

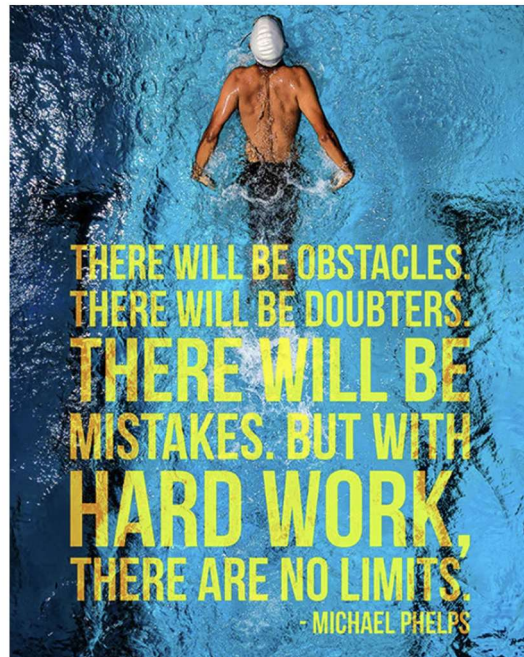
IS HARD,



TRY DOING IT WHILE

HOLDING YOUR

BREATH



THERE WILL BE OBSTACLES.
THERE WILL BE DOUBTERS.
THERE WILL BE
MISTAKES. BUT WITH
HARD WORK,
THERE ARE NO LIMITS.

- MICHAEL PHELPS



SWIMMERS
DO MORE KICKS THAN A SOCCER
PLAYER, MORE FLIPS THAN A
CHEERLEADER, MORE SETS THAN
A VOLLEYBALL PLAYER AND MORE
YARDS THAN A FOOTBALL PLAYER,
BUT IN LESS BREATHS THAN ALL
OF THEM COMBINED.