

Week 3A 2022 - 7/2/2022
Potomac Woods Demons vs. Garrett Park Ladybugs
Meet Program

Event 1 Boys 12 & Under 100 SC Meter IM

MCSL: 1:03.31 7/24/2021 Andrew Vanas
 GP POOL: 1:10.77 6/22/2019 Wesley Lee
 GP TEAM: 1:11.28 7/24/2021 Phoenix Vaonakis
 PW Team: 1:09.62 2017 Nate Rosner

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Bangert, Michael	10 GP	1:30.14 ___
2 Egan, Nolan	12 PW	1:31.94 ___
3 Faucette, kai	12 GP	1:17.94 ___
4 McCullough, Connor	10 PW	1:20.41 ___
5 Conze, Gus	11 GP	1:24.47 ___
6 Rascher, Christopher	11 PW	1:39.72 ___

Event 2 Girls 12 & Under 100 SC Meter IM

MCSL: 1:06.59 7/22/2017 Carly Sebring
 GP POOL: 1:12.73 6/17/2017 Maren Conze
 GP TEAM: 1:12.28 7/15/2017 Maren Conze
 PW Team: 1:10.32 2017 Erin Gemmell

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Hilligoss, Jenny	12 GP	1:49.13 ___
2 Csokmay, Claire	12 PW	1:24.19 ___
3 Manifold, Mia	12 GP	1:38.14 ___
4 Heitzmann, Lily	11 PW	1:21.19 ___
5 Houton, Hannah	12 GP	1:44.40 ___
6 Finnegan, Eleanor	11 PW	1:32.88 ___

Event 3 Boys 13-14 100 SC Meter IM

MCSL: 58.23 6/19/2021 Adriano Arioti
 GP POOL: 1:06.87 6/17/2006 Andrew Tollefson
 GP TEAM: 1:04.37 7/30/1995 Craig Readler
 PW Team: 1:04.40 2016 Jacob Rosner

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Midgett, Gabe	13 GP	1:20.45 ___
2 Watts, Abraham	14 PW	1:22.20 ___
3 Vaonakis, Phoenix	13 GP	1:08.52 ___
4 Finnegan, Charles	13 PW	1:12.38 ___
5 Faucette, Wilson	14 GP	1:18.40 ___
6 Myers, Connor	13 PW	1:42.85 ___

Event 4 Girls 13-14 100 SC Meter IM

MCSL: 1:03.08 7/28/2019 Carly Sebring
 GP POOL: 1:09.02 7/13/2019 Maren Conze
 GP TEAM: 1:08.57 7/20/2019 Maren Conze
 PW Team: 1:04.78 7/20/2019 Erin Gemmell

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Down, Bella	13 GP	1:32.28 ___
2 Licamele, Nadia	13 PW	1:33.72 ___
3 Bangert, Anna	13 GP	1:20.52 ___
4 Bennett, Brooke	13 PW	1:26.34 ___
5 Oskvig, Ella	13 GP	1:28.12 ___
6 Anschutz, Lyla	14 PW	1:34.27 ___

Event 5 Boys 15-18 100 SC Meter IM

MCSL: 56.28 7/29/2018 Eli Fouts
 GP POOL: 1:01.77 6/26/2010 Zack Wepasnick
 GP TEAM: 1:00.38 8/1/2010 Andrew Tollefson
 PW Team: 1:00.16 2009 Stephen Sakaris

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Goldberg, Mason	17 GP	1:15.66 ___
2 Odum, Emmanuel	18 PW	1:06.90 ___
3 Abels, Leo	17 GP	1:10.01 ___
4 Rankin, Jackson	16 PW	1:06.47 ___
5 Braun, Carl	17 GP	1:10.63 ___
6 Hicks, Christian	17 PW	1:11.77 ___

Event 6 Girls 15-18 100 SC Meter IM

MCSL: 1:00.82 7/28/2019 Phoebe Bacon
 GP POOL: 1:08.22 7/12/2014 Caroline McTaggart
 GP TEAM: 1:05.76 7/24/2021 Maren Conze
 PW Team: 1:08.59 2014 Caroline Clark

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Vaonakis, Sophia	15 GP	1:23.78 ___
2 Csokmay, Audrey	17 PW	1:15.25 ___
3 Conze, Maren	17 GP	1:10.58 ___
4 Gemmell, Erin	17 PW	1:05.61 ___
5 Fritz, Delia	17 GP	1:14.25 ___
6 Heitzmann, Madison	15 PW	1:18.44 ___

Event 7 Boys 8 & Under 25 SC Meter Freestyle

MCSL: 15.16 7/4/2009 Timmy Ellett
 GP POOL: 15.92 6/30/1981 Jay Hoffman
 GP TEAM: 15.75 6/30/1983 Jay Hoffman
 PW Team: 16.44 2008 Joe Howley

Lane Name	Age Team	Seed Time
Heat 1 of 2 Finals		
1 Lacroix Osullivan, Miles	7 GP	32.36 ___
2 Wood, William	7 PW	26.12 ___
3 Maloney, Jack	6 GP	30.09 ___
4 Wayman, Trent	8 PW	24.22 ___
5 Paczkowski, Brendan	7 GP	30.41 ___
6 Templeman, Brady	8 PW	27.40 ___
Heat 2 of 2 Finals		
1 Reiter, Cameron	8 GP	28.69 ___
2 Schaffer, Tyler	8 PW	21.64 ___
3 Fout, Cameron	8 GP	20.51 ___
4 Cohen, Hugh	8 PW	18.00 ___
5 Wong, Kai	8 GP	26.27 ___
6 Wallace, Christopher	8 PW	23.89 ___

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Event 8 Girls 8 & Under 25 SC Meter Freestyle

MCSL: 15.48 6/19/2010 Megan Sharkey
GP POOL: 16.86 7/9/2011 Holly Heaton
GP TEAM: 16.86 7/9/2011 Holly Heaton
PW Team: 15.48 2010 Megan Sharkey

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Falcone, Teagan	7 GP	28.39	___
2	Parvinian, Roya	7 PW	31.62	___
3	Corno, Bailey	8 GP	27.03	___
4	McCullough, Molly	5 PW	29.22	___
5	O'Sullivan, Maeve	8 GP	28.32	___
6	Zeitlin, Lillian	8 PW	31.82	___

Heat 2 of 2 Finals

1	Nagl, Chase	8 GP	25.10	___
2	Hahs, Laura	7 PW	23.43	___
3	Patterson, Miah	8 GP	23.39	___
4	Drunic, Mikaela	8 PW	20.40	___
5	Maloney, Emma Kate	8 GP	23.58	___
6	Drunic, Natasha	7 PW	26.24	___

Event 9 Boys 9-10 50 SC Meter Freestyle

MCSL: 29.47 7/15/2017 Adriano Arioti
GP POOL: 30.70 7/16/1983 Jay Hoffman
GP TEAM: 30.38 6/30/1983 Jay Hoffman
PW Team: 31.05 2010 Joe Howley

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Radzinski, Michael	10 GP	46.64	___
2	Watts, Sebastian	9 PW	51.78	___
3	Melton, Luke	10 GP	39.38	___
4	Neches, Preston	9 PW	50.94	___
5	Flaherty, Michael	9 GP	46.48	___
6	Hoburg, Lucas	9 PW	1:03.46	___

Heat 2 of 2 Finals

1	Paczkowski, Walter	10 GP	39.06	___
2	Burton, Patrick	9 PW	46.79	___
3	Bangert, Michael	10 GP	34.66	___
4	McCullough, Connor	10 PW	31.14	___
5	Fritz, Cole	9 GP	37.89	___
6	Burton, Tyler	9 PW	49.47	___

Event 10 Girls 9-10 50 SC Meter Freestyle

MCSL: 29.58 7/27/2014 Giulia Baroldi
GP POOL: 31.45 6/13/2015 Carly Sebring
GP TEAM: 33.18 7/20/2013 Holly Heaton
PW Team: 30.78 1990 Jordan Martens

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Smith, Maddie	9 GP	53.41	___
2	Williamson, Amaya	10 PW	46.44	___
3	Celis-Deppe, Arianna	9 GP	50.41	___
4	Cohen, Amelia	10 PW	42.08	___
5	Fout, Haley	10 GP	52.41	___
6	Bennett, Katelyn	9 PW	46.87	___

Heat 2 of 2 Finals

1	Mansouri, Ida	10 GP	48.52	___
2	Templeman, Ella	9 PW	38.71	___
3	Abels, Clara	10 GP	42.31	___
4	McCullough, Maeve	9 PW	38.46	___
5	Lide, Olwyn	9 GP	47.95	___
6	Avancena, Lilly	10 PW	39.82	___

Event 11 Boys 11-12 50 SC Meter Freestyle

MCSL: 25.60 7/31/2021 Andrew Vanas
GP POOL: 29.41 7/10/2021 Phoenix Vaonakis
GP TEAM: 28.89 8/1/1993 Craig Readler
PW Team: 28.10 Eric Judkins

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Oskvig, Henry	11 GP	40.44	___
2	Licamele, James	11 PW	42.52	___
3	Oliveira, Tegan	11 GP	37.63	___
4	Neches, Nathan	12 PW	42.31	___
5	Aldworth, Diego	12 GP	39.75	___
6	Egan, Carter	11 PW	43.46	___

Heat 2 of 2 Finals

1	Luther, Drew	11 GP	35.52	___
2	Rascher, Christopher	11 PW	37.65	___
3	Faucette, kai	12 GP	30.75	___
4	Egan, Nolan	12 PW	36.88	___
5	Conze, Gus	11 GP	34.81	___
6	Morris, Nick	12 PW	40.22	___

Event 12 Girls 11-12 50 SC Meter Freestyle

MCSL: 27.39 7/22/2017 Carly Sebring
GP POOL: 28.84 7/8/2017 Maren Conze
GP TEAM: 28.19 6/24/2017 Maren Conze
PW Team: 28.19 2017 Erin Gemmell

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Celis-Deppe, Sofia	12 GP	45.08	___
2	LaVan, Rebecca	11 PW	45.90	___
3	Wade, Helen	12 GP	43.26	___
4	Finnegan, Eleanor	11 PW	37.75	___
5	Lauta, Maria	11 GP	44.38	___
6	Helfman, Alexa	11 PW	46.90	___

Heat 2 of 2 Finals

1	Manifold, Mia	12 GP	38.69	___
2	Heitzmann, Lily	11 PW	33.46	___
3	Houton, Hannah	12 GP	36.07	___
4	Csokmay, Claire	12 PW	33.22	___
5	Hilligoss, Jenny	12 GP	38.31	___
6	Bennett, Ashley	11 PW	37.47	___

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Event 13 Boys 13-14 50 SC Meter Freestyle

MCSL: 24.27 7/29/2018 David Fitch
 GP POOL: 26.69 7/10/2010 Nicholas Mion
 GP TEAM: 26.08 7/30/1995 Craig Readler
 PW Team: 25.79 Eric Judkins

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Stievater, Matthew	14 GP	34.16	___
2	Lannan, Bobby	14 PW	41.76	___
3	Lyons, Ben	14 GP	31.14	___
4	Alberino, James	13 PW	40.53	___
5	Fritz, Teddy	14 GP	32.06	___
6	Morris, Everett	11 PW	46.74	___

Heat 2 of 2 Finals

1	Faucette, Wilson	14 GP	30.26	___
2	Watts, Abraham	14 PW	29.88	___
3	Vaonakis, Phoenix	13 GP	28.26	___
4	Finnegan, Charles	13 PW	29.40	___
5	Midgett, Gabe	13 GP	30.00	___
6	Myers, Connor	13 PW	34.72	___

Event 14 Girls 13-14 50 SC Meter Freestyle

MCSL: 26.33 7/14/2018 Carly Sebring
 GP POOL: 27.97 7/13/2019 Maren Conze
 GP TEAM: 27.67 7/28/2019 Maren Conze
 PW Team: 26.81 7/20/2019 Erin Gemmell

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Harris, Reilly	13 GP	38.63	___
2	Doyle, Zoey	14 PW	37.21	___
3	Wright, Addie	14 GP	35.91	___
4	Sakhi, Darya	13 PW	37.15	___
5	Heaton, Libby	13 GP	36.75	___
6	LaVan, Julia	14 PW	37.55	___

Heat 2 of 2 Finals

1	Down, Bella	13 GP	35.63	___
2	Anschutz, Lyla	14 PW	35.40	___
3	Bangert, Anna	13 GP	31.56	___
4	Bennett, Brooke	13 PW	33.89	___
5	Oskvig, Ella	13 GP	34.40	___
6	Licamele, Nadia	13 PW	35.96	___

Event 15 Boys 15-18 100 SC Meter Freestyle

MCSL: 50.47 7/31/2011 Matt Thomas
 GP POOL: 54.37 6/26/2010 Zack Wepasnick
 GP TEAM: 52.85 7/23/2016 Kevin Berry
 PW Team: 52.71 2005 Josh Hafkin

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	McBroom, Dmitry	15 GP	1:28.08	___
3	Eckert, Graham	16 GP	1:10.28	___
5	Culbertson, Andrew	18 GP	1:12.33	___

Heat 2 of 2 Finals

1	Goldberg, Mason	17 GP	1:08.69	___
2	Rankin, Jackson	16 PW	1:00.19	___
3	Abels, Leo	17 GP	1:00.90	___
4	Odim, Emmanuel	18 PW	57.94	___
5	Wisotzkey, Jack	17 GP	1:04.63	___
6	Hicks, Christian	17 PW	1:00.94	___

Event 16 Girls 15-18 100 SC Meter Freestyle

MCSL: 55.15 7/18/2015 Caroline McTaggart
 GP POOL: 58.08 7/12/2014 Caroline McTaggart
 GP TEAM: 57.69 7/3/2021 Maren Conze
 PW Team: 1:00.07 1994 Melissa Genter

Lane Name	Age Team	Seed Time
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Heat 1 of 2 Finals

1	Herman, Celia	13 GP	NT	___
2	Rascher, Elizabeth	15 PW	1:12.22	___
3	Vaonakis, Sophia	15 GP	1:16.50	___
4	Heitzmann, Madison	15 PW	1:11.89	___
5	Midgett, Meredith	17 GP	1:27.22	___
6	Anschutz, Melina	18 PW	1:13.25	___

Heat 2 of 2 Finals

1	Stievater, Leah	17 GP	1:16.06	___
2	Csokmay, Audrey	17 PW	1:09.08	___
3	Conze, Maren	17 GP	1:02.56	___
4	Gemmell, Erin	17 PW	57.89	___
5	Fritz, Delia	17 GP	1:03.47	___
6	Kaplan, Sophie	17 PW	1:09.84	___

Event 17 Boys 8 & Under 25 SC Meter Backstroke

MCSL: 18.09 6/25/2011 Darius Truong
 GP POOL: 20.54 6/30/1993 Paul Andrews
 GP TEAM: 20.35 8/1/1981 Jay Hoffman
 PW Team: 19.48 1987 Tommy Woodward

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Dennis, James	8 GP	33.76	___
2	Cohen, Hugh	8 PW	28.03	___
3	Fout, Cameron	8 GP	25.20	___
4	Sutton, Jack	8 PW	28.01	___
5	Manifold, Will	8 GP	30.79	___
6	Maier, Jack	7 PW	34.16	___

Event 18 Girls 8 & Under 25 SC Meter Backstroke

MCSL: 18.58 7/31/1982 Karla Wilson
 GP POOL: 22.20 6/30/1978 Helena Furberg
 GP TEAM: 20.48 6/25/2011 Holly Heaton
 PW Team: 19.11 2010 Megan Sharkey

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Nagl, Chase	8 GP	30.75	___
2	Drunic, Mikaela	8 PW	27.44	___
3	Maloney, Emma Kate	8 GP	29.57	___
4	Avancena, Avery	8 PW	26.58	___
5	O'Sullivan, Maeve	8 GP	30.13	___
6	Hahs, Laura	7 PW	36.28	___

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Event 19 Boys 9-10 25 SC Meter Backstroke

MCSL: 15.58 7/28/2013 Brett Feyerick
 GP POOL: 17.06 7/14/2012 Kenny Song
 GP TEAM: 16.71 8/3/1991 Craig Readler
 PW Team: 16.84 2011 Aaron Lazar

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Fritz, Cole	9 GP	22.86 ____
2 Neches, Preston	9 PW	24.72 ____
3 Bangert, Michael	10 GP	19.28 ____
4 McCullough, Connor	10 PW	17.19 ____
5 Paczkowski, Walter	10 GP	21.57 ____
6 Burton, Patrick	9 PW	26.72 ____

Event 20 Girls 9-10 25 SC Meter Backstroke

MCSL: 15.78 7/28/2013 Phoebe Bacon
 GP POOL: 16.96 6/13/2015 Carly Sebring
 GP TEAM: 18.66 6/29/2013 Ally Hilligoss
 PW Team: 16.96 2012 Megan Sharkey

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Celis-Deppe, Arianna	9 GP	26.39 ____
2 Templeman, Ella	9 PW	21.38 ____
3 Abels, Clara	10 GP	24.60 ____
4 McCullough, Maeve	9 PW	21.18 ____
5 Mansouri, Ida	10 GP	25.25 ____
6 Cohen, Amelia	10 PW	23.44 ____

Event 21 Boys 11-12 50 SC Meter Backstroke

MCSL: 28.47 7/26/2015 Brett Feyerick
 GP POOL: 34.00 7/10/1993 Craig Readler
 GP TEAM: 32.71 7/30/1995 Adrian Nelson
 PW Team: 31.59 2013 Aaron Lazar

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Aldworth, Diego	12 GP	44.91 ____
2 Rascher, Christopher	11 PW	46.58 ____
3 Conze, Gus	11 GP	38.70 ____
4 Egan, Nolan	12 PW	45.46 ____
5 Faucette, kai	12 GP	39.84 ____
6 Licamele, James	11 PW	50.70 ____

Event 22 Girls 11-12 50 SC Meter Backstroke

MCSL: 29.91 7/18/2015 Phoebe Bacon
 GP POOL: 32.94 6/17/2017 Maren Conze
 GP TEAM: 32.30 6/17/2017 Maren Conze
 PW Team: 31.82 2017 Erin Gemmell

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Celis-Deppe, Sofia	12 GP	54.53 ____
2 Bennett, Ashley	11 PW	44.85 ____
3 Houton, Hannah	12 GP	45.47 ____
4 Heitzmann, Lily	11 PW	38.91 ____
5 Parra, Sofia	11 GP	50.90 ____
6 Finnegan, Eleanor	11 PW	45.12 ____

Event 23 Boys 13-14 50 SC Meter Backstroke

MCSL: 26.44 7/31/2021 Adriano Arioti
 GP POOL: 30.21 7/6/2013 Eli Fouts
 GP TEAM: 31.05 7/22/1995 Craig Readler
 PW Team: 27.84 2002 Josh Hafkin

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Fritz, Teddy	14 GP	39.09 ____
2 Finnegan, Charles	13 PW	35.78 ____
3 Vaonakis, Phoenix	13 GP	33.08 ____
4 Watts, Abraham	14 PW	35.50 ____
5 Midgett, Gabe	13 GP	38.20 ____
6 Alberino, James	13 PW	54.87 ____

Event 24 Girls 13-14 50 SC Meter Backstroke

MCSL: 28.23 7/31/2016 Phoebe Bacon
 GP POOL: 31.50 7/13/2019 Maren Conze
 GP TEAM: 30.32 7/20/2019 Maren Conze
 PW Team: 31.61 7/20/2019 Erin Gemmell

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Wright, Addie	14 GP	44.00 ____
2 Anschutz, Lyla	14 PW	40.94 ____
3 Bangert, Anna	13 GP	38.22 ____
4 Bennett, Brooke	13 PW	40.82 ____
5 Oskvig, Ella	13 GP	40.33 ____
6 Licamele, Nadia	13 PW	42.75 ____

Event 25 Boys 15-18 100 SC Meter Backstroke

MCSL: 53.48 7/14/2012 Jack Conger
 GP POOL: 1:01.59 6/30/1999 Justin Ward
 GP TEAM: 1:01.43 7/24/1999 Craig Readler
 PW Team: 55.92 2006 Josh Hafkin

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Braun, Carl	17 GP	1:19.59 ____
2 Hicks, Christian	17 PW	1:15.91 ____
3 Goldberg, Mason	17 GP	1:11.70 ____
4 Odum, Emmanuel	18 PW	1:06.68 ____
5 Wisotzkey, Jack	17 GP	1:18.02 ____

Event 26 Girls 15-18 100 SC Meter Backstroke

MCSL: 56.71 7/28/2019 Phoebe Bacon
 GP POOL: 1:07.10 7/10/2021 Maren Conze
 GP TEAM: 1:02.69 7/24/2021 Maren Conze
 PW Team: 1:04.34 2010 Kaitlin Mills

Lane Name	Age Team	Seed Time
Heat 1 of 1 Finals		
1 Vaonakis, Sophia	15 GP	1:26.39 ____
2 Csokmay, Audrey	17 PW	1:10.94 ____
3 Conze, Maren	17 GP	1:07.12 ____
4 Gemmell, Erin	17 PW	1:07.55 ____
5 Fritz, Delia	17 GP	1:17.32 ____
6 Anschutz, Melina	18 PW	1:13.63 ____

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Event 27 Boys 200 SC Meter Medley Relay

MCSL:	1:46.97	2019	Z.Bandak,D.Danaie,j.Gross,I.Ma
GP POOL:	1:57.24	7/12/2016	Garrett Park
C Demitz, Z Youth, K Berry, T Heaton			
GP TEAM:	1:57.24	2016	Demitz, Youth, Berry, Heaton
PW Team:	1:56.37	7/20/2019	Potomac Woods Swim Team
U Odum, A Lazar, J Rosner, T Schlosser			

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	PW	B	NT _____
3	Garrett Park	A	NT _____
4	PW	A	2:04.05 _____
5	Garrett Park	B	NT _____

Event 28 Girls 200 SC Meter Medley Relay

MCSL:	1:59.89	7/24/2021	E.Sun, J.Umhofer,C.Attar,i.Bar
GP POOL:	2:12.60	6/18/2016	Kentlands Swim Team
H Harnois, S Fogle, O French, E Mann			
GP TEAM:	2:08.32	2016	Kiki, Heaton, Shuck, Mayer
PW Team:	2:05.25	7/20/2019	Potomac Woods Swim Team
M Anschutz, C Howley, E Gemmell, M Sharkey			

Lane	Team	Relay	Seed Time
Heat 1 of 1 Finals			
2	PW	B	NT _____
3	Garrett Park	A	NT _____
4	PW	A	2:24.72 _____
5	Garrett Park	B	NT _____

Event 29 Boys 8 & Under 25 SC Meter Breaststroke

MCSL:	19.37	7/23/2011	Darius Truong
GP POOL:	22.96	7/7/2001	Quentin Jefferies
GP TEAM:	22.87	6/23/2001	Quentin Jefferies
PW Team:	21.94	2014	Alex Wen

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Manifold, Will	8	GP	NT _____
2	Wallace, Christopher	8	PW	30.22 _____
3	Reiter, Cameron	8	GP	31.82 _____
4	Sutton, Jack	8	PW	29.37 _____
5	Dennis, James	8	GP	48.95 _____
6	Molina-Goldszmid, Nico	7	PW	31.45 _____

Event 30 Girls 8 & Under 25 SC Meter Breaststroke

MCSL:	20.83	7/19/2003	Yahly Levy
GP POOL:	22.91	6/18/2011	Holly Heaton
GP TEAM:	22.67	7/29/2001	Meredith Giblin
PW Team:	22.76	2010	Megan Sharkey

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Patterson, Miah	8	GP	35.82 _____
2	Avancena, Avery	8	PW	36.62 _____
3	Lyon, Josie	8	GP	31.78 _____
4	Drunic, Natasha	7	PW	35.62 _____
5	Nagl, Chase	8	GP	32.56 _____
6	Simpson, Ellie	8	PW	43.43 _____

Event 31 Boys 9-10 25 SC Meter Breaststroke

MCSL:	17.18	7/27/2014	David Fitch
GP POOL:	19.78	7/14/2012	Kenny Song
GP TEAM:	18.81	7/30/2000	Ross Tollefson
PW Team:	17.94	2010	Joe Howley

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Lyons, Jake	10	GP	27.35 _____
2	Watts, Sebastian	9	PW	28.76 _____
3	Paczkowski, Walter	10	GP	23.65 _____
4	Burton, Tyler	9	PW	28.53 _____
5	Melton, Luke	10	GP	25.70 _____
6	Burton, Patrick	9	PW	29.81 _____

Event 32 Girls 9-10 25 SC Meter Breaststroke

MCSL:	17.23	7/30/2017	Emma Lantry
GP POOL:	19.26	7/6/2013	Ally Hilligoss
GP TEAM:	18.81	6/29/2013	Holly Heaton
PW Team:	18.64	2009	Mara Kaplan

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Shioutakon, Kaya	9	GP	27.57 _____
2	Williamson, Amaya	10	PW	25.74 _____
3	Abels, Clara	10	GP	23.19 _____
4	Avancena, Lilly	10	PW	25.01 _____
5	Fout, Haley	10	GP	26.71 _____
6	Heitzmann, Caitlyn	10	PW	26.50 _____

Event 33 Boys 11-12 50 SC Meter Breaststroke

MCSL:	32.79	7/31/2016	David Fitch
GP POOL:	35.50	6/22/2019	Wesley Lee
GP TEAM:	34.43	7/27/2013	Zack Youth
PW Team:	36.24	2012	Joe Howley

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Luther, Drew	11	GP	51.26 _____
2	Egan, Carter	11	PW	53.95 _____
3	Faucette, kai	12	GP	39.65 _____
4	Egan, Nolan	12	PW	44.45 _____
5	Conze, Gus	11	GP	46.53 _____
6	Rascher, Christopher	11	PW	54.16 _____

Event 34 Girls 11-12 50 SC Meter Breaststroke

MCSL:	33.45	7/22/2017	Joyce Wu
GP POOL:	38.70	6/30/1978	Jen Froehlich
GP TEAM:	37.18	7/28/2015	Holly Heaton
PW Team:	37.32	2017	Audrey Csokmay

Lane	Name	Age	Team	Seed Time
Heat 1 of 1 Finals				
1	Manifold, Mia	12	GP	52.44 _____
2	Heitzmann, Lily	11	PW	44.56 _____
3	Hilligoss, Jenny	12	GP	47.25 _____
4	Csokmay, Claire	12	PW	42.93 _____
5	Houton, Hannah	12	GP	47.44 _____
6	LaVan, Rebecca	11	PW	56.81 _____

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Meet Program

Event 35 Boys 13-14 50 SC Meter Breaststroke

MCSL: 30.75 7/24/2021 Adriano Arioti
 GP POOL: 34.02 7/11/2015 Zack Youth
 GP TEAM: 33.52 7/27/2014 Zack Youth
 PW Team: 34.11 1982 David Fratantoni

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Faucette, Wilson	14 GP	41.65	___
2	Lannan, Bobby	14 PW	55.46	___
3	Lyons, Ben	14 GP	36.95	___
4	Myers, Connor	13 PW	51.56	___
5	Midgett, Jonah	13 GP	41.33	___
6	Watts, Abraham	14 PW	NT	___

Event 36 Girls 13-14 50 SC Meter Breaststroke

MCSL: 32.62 7/28/2019 Joyce Wu
 GP POOL: 37.20 7/14/2012 Kelsey Song
 GP TEAM: 37.97 7/31/2011 Morgan Mayer
 PW Team: 35.46 2014 Isa Clark

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Yerkie, Lily	13 GP	47.19	___
2	Doyle, Zoey	14 PW	47.69	___
3	Lauta, Irene	13 GP	46.58	___
4	Licamele, Nadia	13 PW	46.84	___
5	Down, Bella	13 GP	47.08	___
6	LaVan, Julia	14 PW	47.84	___

Event 37 Boys 15-18 100 SC Meter Breaststroke

MCSL: 59.56 7/26/2015 Carsten Vissering
 GP POOL: 1:05.61 6/27/2010 Andrew Tollefson
 GP TEAM: 1:05.61 8/1/2010 Andrew Tollefson
 PW Team: 1:09.90 2009 Stephen Sakaris

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Abels, Leo	17 GP	1:24.37	___
2	Hicks, Christian	17 PW	1:23.78	___
3	Braun, Carl	17 GP	1:18.31	___
4	Rankin, Jackson	16 PW	1:16.64	___
5	Eckert, Graham	16 GP	1:23.25	___

Event 38 Girls 15-18 100 SC Meter Breaststroke

MCSL: 1:09.46 7/31/2016 Jaycee Yegher
 GP POOL: 1:18.87 6/28/2014 Kate Zimmerman
 GP TEAM: 1:20.90 6/13/2015 Morgan Mayer
 PW Team: 1:16.50 2017 Caroline Howley

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Midgett, Meredith	17 GP	1:40.46	___
2	Heitzmann, Madison	15 PW	1:26.32	___
3	Conze, Maren	17 GP	1:25.56	___
4	Csokmay, Audrey	17 PW	1:23.50	___
5	Vaonakis, Sophia	15 GP	1:36.13	___
6	Kaplan, Sophie	17 PW	1:32.53	___

Event 39 Boys 8 & Under 25 SC Meter Butterfly

MCSL: 16.07 7/31/2011 Darius Truong
 GP POOL: 18.69 7/10/1993 Paul Andrews
 GP TEAM: 18.10 8/1/1993 Paul Andrews
 PW Team: 18.03 2008 Joe Howley

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Dennis, James	8 GP	47.56	___
2	Sutton, Jack	8 PW	29.56	___
3	Fout, Cameron	8 GP	27.56	___
4	Cohen, Hugh	8 PW	23.31	___
5	Reiter, Cameron	8 GP	37.03	___
6	Wallace, Christopher	8 PW	30.15	___

Event 40 Girls 8 & Under 25 SC Meter Butterfly

MCSL: 16.96 6/19/2010 Megan Sharkey
 GP POOL: 18.71 6/18/2011 Holly Heaton
 GP TEAM: 17.44 7/31/2011 Holly Heaton
 PW Team: 16.96 2010 Megan Sharkey

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Falcone, Teagan	7 GP	NT	___
2	Avancena, Avery	8 PW	27.41	___
3	Maloney, Emma Kate	8 GP	35.53	___
4	Drunic, Mikaela	8 PW	24.40	___
5	Lyon, Josie	8 GP	36.40	___
6	Drunic, Natasha	7 PW	35.14	___

Event 41 Boys 9-10 25 SC Meter Butterfly

MCSL: 14.82 7/30/2017 Adriano Aroti
 GP POOL: 15.75 6/30/1991 Craig Readler
 GP TEAM: 15.55 8/3/1991 Craig Readler
 PW Team: 15.15 6/22/2022 Connor McCullough

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Melton, Luke	10 GP	21.64	___
2	Burton, Tyler	9 PW	23.84	___
3	Bangert, Michael	10 GP	18.08	___
4	McCullough, Connor	10 PW	15.15	___
5	Fritz, Cole	9 GP	21.64	___
6	Neches, Preston	9 PW	27.16	___

Event 42 Girls 9-10 25 SC Meter Butterfly

MCSL: 14.77 7/11/2015 Carly Sebring
 GP POOL: 15.22 6/13/2015 Carly Sebring
 GP TEAM: 16.24 7/20/2013 Holly Heaton
 PW Team: 15.76 2016 Erin Gemmill

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Lide, Olwyn	9 GP	29.41	___
2	McCullough, Maeve	9 PW	22.02	___
3	Celis-Deppe, Arianna	9 GP	27.50	___
4	Templeman, Ella	9 PW	18.24	___
5	Shioutakon, Kaya	9 GP	28.69	___
6	Avancena, Lilly	10 PW	22.06	___

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Meet Program

Event 43 Boys 11-12 50 SC Meter Butterfly

MCSL: 27.28 7/31/2021 Andrew Vanas
 GP POOL: 31.94 7/10/2021 Phoenix Vaonakis
 GP TEAM: 31.50 7/24/2021 Phoenix Vaonakis
 PW Team: 30.63 2009 Andrew Valentine

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Luther, Drew	11 GP	48.50	___
2	Neches, Nathan	12 PW	55.82	___
3	Oliveira, Tegan	11 GP	43.77	___
4	Licamele, James	11 PW	53.62	___
5	Aldworth, Diego	12 GP	48.39	___
6	Morris, Nick	12 PW	NT	___

Event 44 Girls 11-12 50 SC Meter Butterfly

MCSL: 29.20 7/22/2017 Carly Sebring
 GP POOL: 33.00 7/8/2017 Maren Conze
 GP TEAM: 31.92 7/28/2015 Holly Heaton
 PW Team: 31.27 2017 Erin Gemmell

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Lauta, Maria	11 GP	1:00.10	___
2	Bennett, Ashley	11 PW	43.08	___
3	Manifold, Mia	12 GP	45.40	___
4	Csokmay, Claire	12 PW	38.41	___
5	Wade, Helen	12 GP	55.02	___
6	Finnegan, Eleanor	11 PW	48.33	___

Event 45 Boys 13-14 50 SC Meter Butterfly

MCSL: 25.60 7/31/2021 Adriano Arioti
 GP POOL: 28.87 6/27/2009 Patrick Scordato
 GP TEAM: 28.13 7/30/1995 Craig Reader
 PW Team: 27.22 2010 Andrew Valentine

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Midgett, Gabe	13 GP	35.14	___
2	Myers, Connor	13 PW	51.59	___
3	Vaonakis, Phoenix	13 GP	29.90	___
4	Finnegan, Charles	13 PW	33.96	___
5	Faucette, Wilson	14 GP	32.81	___
6	Lannan, Bobby	14 PW	1:01.62	___

Event 46 Girls 13-14 50 SC Meter Butterfly

MCSL: 27.49 7/28/2019 Carly Sebring
 GP POOL: 30.60 6/23/2018 Giulia Baroldi
 GP TEAM: 30.87 7/27/2014 Kiki Bonetta-Misteli
 PW Team: 28.66 7/20/2019 Erin Gemmell

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Down, Bella	13 GP	37.88	___
2	Bennett, Brooke	13 PW	42.59	___
3	Bangert, Anna	13 GP	34.18	___
4	Anschutz, Lyla	14 PW	39.60	___
5	Oskvig, Ella	13 GP	36.75	___
6	Sakhi, Darya	13 PW	42.92	___

Event 47 Boys 15-18 50 SC Meter Butterfly

MCSL: 23.94 7/28/2013 Jack Conger
 GP POOL: 26.19 6/18/2016 Kevin Berry
 GP TEAM: 25.21 7/23/2016 Kevin Berry
 PW Team: 25.50 2005 Josh Hafkin

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Braun, Carl	17 GP	32.15	___
2	Odim, Emmanuel	18 PW	28.25	___
3	Goldberg, Mason	17 GP	31.44	___
4	Rankin, Jackson	16 PW	27.06	___
5	Abels, Leo	17 GP	31.46	___

Event 48 Girls 15-18 50 SC Meter Butterfly

MCSL: 27.06 7/19/2019 Phoebe Bacon
 GP POOL: 29.64 6/18/2016 Olivia French
 GP TEAM: 29.70 7/24/2021 Maren Conze
 PW Team: 29.03 2014 Caroline Clark

Lane Name	Age Team	Seed Time
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Heat 1 of 1 Finals

1	Midgett, Meredith	17 GP	45.19	___
2	Anschutz, Melina	18 PW	35.57	___
3	Fritz, Delia	17 GP	35.38	___
4	Gemmell, Erin	17 PW	29.51	___
5	Stievater, Leah	17 GP	37.63	___
6	Maloney, Katie	18 PW	35.65	___

Event 49 Boys 14 & Under 175 SC Meter Freestyle Relay

MCSL: 1:41.06 2011
 GP POOL: 1:46.86 6/23/2012 Germantown
 M. Sabad, M. Wong, A. Li, B. Nachod
 GP TEAM: 1:49.47 2004 Fletcher, Cooke, Ross, Giblin
 PW Team: 1:44.90 2010 Potomac Woods

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

2	PW	B	NT	___
3	Garrett Park	A	NT	___
4	PW	A	2:00.08	___
5	Garrett Park	B	NT	___

Event 50 Girls 14 & Under 175 SC Meter Freestyle Relay

MCSL: 1:45.26 2015
 GP POOL: 1:55.78 6/17/2017 Merrimack Park Maniacs
 N Thomas, S Thomas, E Noll, A Garrett
 GP TEAM: 1:56.27 2013 Heaton, Shuck, Kiki, Oseneek
 PW Team: 1:51.00 2016 Potomac Woods

Lane Team	Relay	Seed Time
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Heat 1 of 1 Finals

2	PW	B	NT	___
3	Garrett Park	A	NT	___
4	PW	A	2:02.94	___
5	Garrett Park	B	NT	___