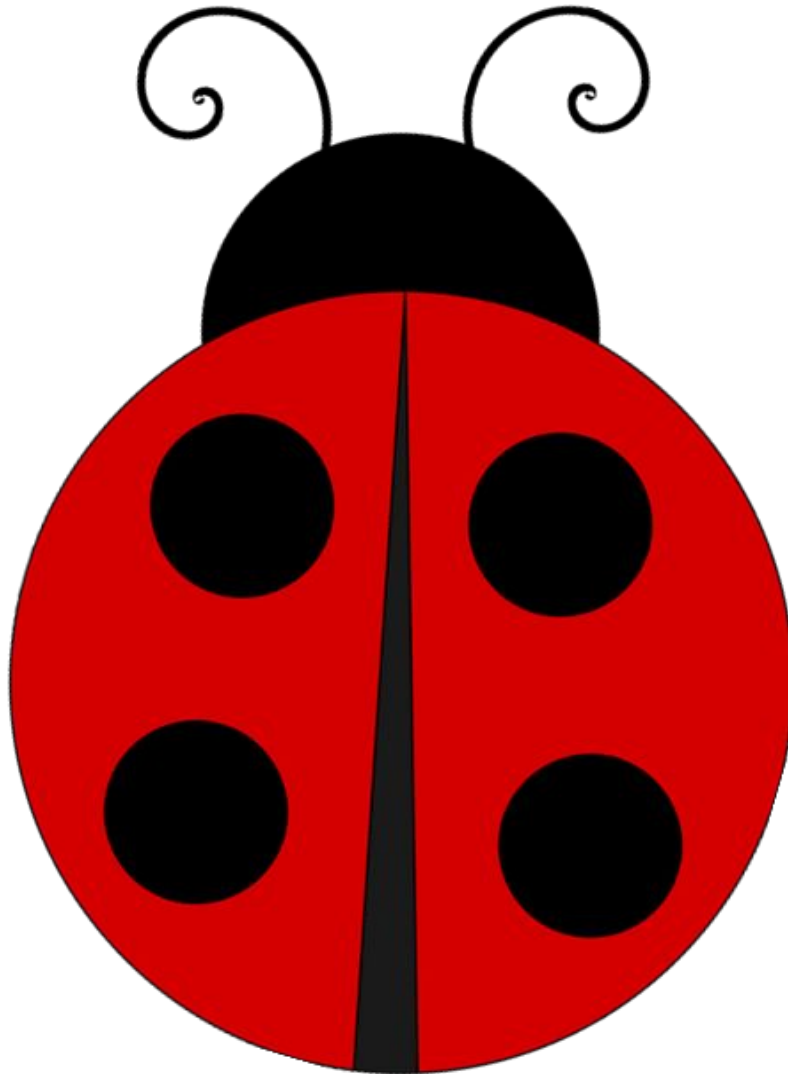




**Garrett Park
Swim Team 2023
Division I**



**Home of the Ladybugs!
2023 Awards Night
Sunday, July 23rd
6:00 p.m.**

~ 2023 Coaching Staff ~

Head Coach: Tommy Williams
Assistant Coaches: Sophia Abels
Caroline Melton
Pre-Team Coach: Leo Abels

Along with many other team members who helped out at practices and meets!

~ Awards ~

Most Improved is given to a boy and a girl in each age group who posted the greatest number of best times throughout the entire season. This includes best times in A meets, B meets, and Divisionals. It accounts for all individual events. This award celebrates those who made the most of their opportunities and viewed every swim as a way to improve.

High Point is given to a boy and a girl in each age group who scored the most combined points in the A meets, Relay Carnival, and Divisionals. This award accounts for points scored in individual and relay events.

Coaches' Award is given to two swimmers who value commitment, teamwork, and spirit throughout the entirety of the season. The Coaches' Award recognizes the swimmers who consistently put the team first and understand the balance between competition and fun.

A huge thanks to the GPST Leadership Team: Monica & Tom Faucette and Kate Fritz (A Reps); Megan Dennis and Elizabeth Koza (B Reps); Angie Melton (Treasurer); Heather Down (Automation); and Heather Bruskin (Ad hoc). **THANK YOU PARENTS!** We could not do it without all the parent volunteers who time, sell spirit wear and concessions, get swimmers in the right lanes, officiate, label ribbons, score, and perform all the other jobs that make our kids have an awesome swim team experience!

We also want to thank the Garrett Park Swimming Pool Association Board for their support of the swim team and the lifeguard staff for keeping us safe!

Want to keep the swimming fun going all year long?
Check out these year-round swimming programs if you are interested.





Graduating Seniors



Leo Abels has been a member of the swim team since age 7. He graduated from Walter Johnson and will attend the EU Business School of Munich, Germany. Leo has been a Garrett Park Pre-Team Coach for many years.

Carl Braun became a Ladybug at age 7. During high school at Walter Johnson, he dove and earned his Eagle Scout rank. Carl will head to Hurricane, Utah to do conservation work with Americorps during a gap year, and then go to the University of Pittsburgh.

Maren Conze joined Garrett Park's swim team at age 9, following two years swimming for Kenmont. During high school, she taught herself to play guitar. She graduated from Walter Johnson and will swim for the University of North Carolina - Chapel Hill next year where she intends to major in psychology.

Maren holds GPST Relay Records in the Mixed 13-14 200 Freestyle with Delia, Jack, and Mason; the 13-14 200 Medley with Alannah, Delia, and Quinn; and the Girls 250 Crescendo Freestyle with Holly, Jordan, Kiki, and Skylar.

Maren holds Garrett Park Pool Records in the following events: 12 & Under 100 IM, 11-12 50 Free, 11-12 50 Back, 11-12 50 Fly, 13-14 100 IM, 13-14 50 Free, 13-14 50 Back, and the 15-18 100 Back.

Maren holds Garrett Park Team Records in the following events: 12 & Under 100 IM, 11-12 50 Free, 11-12 50 Back, 13-14 100 IM, 13-14 50 Free, 13-14 50 Back, 15-18 100 Free, 15-18 100 Back, 15-18 100 Breast, and 15-18 50 Fly.

Delia Fritz turned 5 and became a Ladybug. She was a Sancta Crux and Madaleva Scholar at the Academy of Holy Cross. Delia was awarded an Army ROTC scholarship to attend Providence College in the fall where she will be a member of the swim team. Delia holds GPST Relay Records in the Mixed 13-14 200 Freestyle with Jack, Maren, and Mason; and the 13-14 200 Medley with Alannah, Maren, and Quinn.

Mason Goldberg has been a Ladybug since age 4. He graduated from Walter Johnson, where he sang in the choir for four years and played lacrosse for three. Mason will major in Theater at Towson University next year.

Mason holds the GPST Relay Record in the Mixed 13-14 Freestyle with Delia, Jack, and Maren.

Evie Kirvan became a Ladybug at age 4. She graduated from the Academy of the Holy Cross where she played volleyball for 4 years. She will attend Appalachian State University in Boone, NC.

Meredith Midgett joined the swim team when she was 7. She was homeschooled for high school. She will major in biology at UMBC.

Spenser Morrison became a Ladybug at age 7. He is an Eagle Scout. Now that he's graduated from Walter Johnson, he will attend Case Western Reserve University next fall, where he will major in Business Management.

Leo Pahuja joined the Ladybugs at age 7. He was the class treasurer for multiple years at Walter Johnson. In the fall, he will attend the University of Texas - Austin.

Leah Stievater joined the Ladybugs at age 7. She graduated from Walter Johnson in the top 5% of her class and will attend the University of Vermont in the fall. She is excited to ski as much as possible!

Jack Wisotzkey became a Ladybug at the age of 8. While at Walter Johnson, Jack volunteered with Kids Are Scientists, Too to bring fun science experiments to elementary school kids. Jack will major in something science-y at the University of Maryland - College Park. He received a scholarship from the Montgomery County Chapter of the Project Management Institute. Jack holds the GPST Relay Record in the Mixed 13-14 Freestyle with Delia, Maren, and Mason.

Goodbye and thank you to our graduating parents:

Rainer Braun & Judy Gearhart, Chae Bae & Dave Goldberg, Erik & Sandy Morrison, Laura Wisotzkey & Marty Brown, Jen & Matt Kirvan, Mark & Suzanne Stievater





Garrett Park Swim Team 2023

Clara Abels
Leo Abels
Diego Aldworth
Juliana Altar
Anna Bangert * +
Michael Bangert + !
Thomas Bangert
Camden Bean
Bertie Bennett
Nura Nia Bhatt
Damon Bozzo
Morgan Brand
Carl Braun *
Aryeh Brunner
Lyla Brunner
Abby Bruskin
Sawyer Bruskin
Colin Busse
Ethan Busse
Kiran Buttazzoni
Dempsey Carlin
Hailey Carlin
Eamonn Carney
Ana Carter
Olivia Carter
Arianna Celis-Deppe
Sofia Celis-Deppe
Matthew Chernoff
Norah Chernoff
Logan Clay
Ellie Cone
Gus Conze * + !
Maren Conze * ! & #
Finn Croarkin
Graham Darman-Allen
James Dennis
Norah Dennis
Bella Down
Kaitlynn Down
Graham Eckert *
Jack Epshteyn
Sophie Epshteyn
Brynn Falcone
Teagan Falcone
Kai Faucette * + !
Wilson Faucette
Natalie Finn
Gus Fitzgerald
Michael Flaherty *
Jonathan Forry

Cameron Fout * !
Haley Fout
Jordan Fout
Cole Fritz *
Delia Fritz * !
Teddy Fritz
Hazel Geller
Lucas Geller
Mia Goerlitz
Mason Goldberg !
Liz Goldin
Sylvie Goodson
Adriana Guerra
Leyla Guerra
Thomas Hamilton
Reilly Harris
Claire Hayes
Grace Hayes
Libby Heaton
Celia Herman
Maya Heymann
Kim Hooton
Hannah Houton
Isaac Johnson
Max Johnson
Sam Katki
Wilson Keister
Ruby Kelly
Evie Kirvan
Miles Lacroix O'Sullivan
Dylan Lacroix Stumpe
Pete Lacroix Stumpe
Christina Lauter
Dominic Lauter
Irene Lauter
Maria Lauter
Olwyn Lide
Ridley Lide
Daniel Lieberman
Henry Lieberman
Sylvia Lieberman
Gabe Liebreich
JoJo Liebreich
Vivian Liebreich
Maddy Lopes
Drew Luther +
Adelaide Lutkenhouse
Charlotte Lutkenhouse
Josie Lyon
Ben Lyons

Jake Lyons
Emma Kate Maloney
Jack Maloney
Mia Manifold
Will Manifold
Ida Mansouri
Dmitry McBroom
Connor McGarity
Sean McGuire
Luke Melton
Gabe Midgett * + !
Jonah Midgett *
Meredith Midgett
Ele Miller
Izzy Miller
Maggie Miller
Mia Moise
Ava Montesinos
Isabelle Montesinos
Spenser Morrison
Michaela Mullen
Rowan Mullen
Hadrian Murphy
Chase Nagl
Logan Nagl
Xander Nagl
Teagan Nee
Tegan Oliveira
Jack O'Sick
Maddie O'Sick
Ella Oskvig * +
Henry Oskvig * +
Maeve O'Sullivan
Brendan Paczkowski
Walter Paczkowski +
Leo Pahuja
Madeleine Palardy
Juliana Papaloizos
Annie Pappano
Elijah Pardo
Jonah Pardo
Nicole Parodi Alonso
Ema Parra
Sofia Parra
Miah Patterson
Abby Peters
Allison Plog
Marina Preslopsky
Bennett Primosch
Dylan Radzinschi

Michael Radzinschi
Santi Radzinschi
Cameron Reiter
Lena Reiter
Yoav Rozin
Daniel Santiago
Juliana Santiago
Graham Scott *
Maddie Scott
Kate Seidman
Kaya Shioutakon *
Josie Smith
Maddie Smith
Arianna Steffen
Leah Stievater
Grant Taska
Lili Taska
Sammy Taska
Ruby Tjan *
Johan Tocol
Phoenix Vaonakis * + ! &
Sophia Vaonakis
Abby Vedder
Zach Vedder
Quinn Venit
Audrey Wade
Helen Wade
Avi Wells
Charlie Wetter
Jack Wetter
Ayden White
Teva White
Amelie Wirshing
Luca Wirshing
Jack Wisotzkey !
Aila Wong
Kai Wong
Addie Wright
Dylan Yasseri
Vince Yasseri
Lily Yerkie
Maddie Young
Samantha Young

* All-Star Individual Time
+ All-Star Relay Swimmer
! Relay Record
& Individual Record
Long Course

