

**TOPEKA SWIM ASSOCIATION
TYR TRUE BLUE IGLOO INVITATIONAL
JANUARY 6th, 7th & 8th, 2023**

MVS SANCTION: Held under the Sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc., Sanction Number MV-23-03.

MEET HOST: Topeka Swim Association

MEET FORMAT:

- Age Group Preliminary/Final and Timed Final Meet.
- 8 & Under, 10 & Under will be Timed Finals only.
- Relays will be a single 12 & Under age group.
- 11-12 events will be preliminary/finals with one heat in finals (8 swimmers), except as noted.
- 13-14 and 15 & Over events will be preliminary/finals with two heats in finals (16 swimmers), except if 16 or fewer swimmers enter a preliminary/finals event, the event will have only one heat in finals (8 swimmers.)
- All relays will be timed final and be swum in the preliminary sessions.
- All events on Friday will be in the Timed Final format.

FACILITY: Capitol Federal Natatorium, 530 Tuffy Kellogg Drive, Topeka, KS 66606

OFFICIALS:

Meet Directors:	Heather Strobel	(785) 806-4652	
	Kim Hoobler	(785) 207-5440	
Meet Referee:	Richard Allen	(406) 208-2869	rallen@wattsandassociates.com
Admin Officials:	Shawn Geil	(785) 249-5051	
	Stacey Holzwarth	(816) 682-2033	
Entries Chair:	Kim Hoobler	(785) 207-5440	entries@swimtsa.com

RULES:

- Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 (“MAAPP 2.0”), will govern this meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy 2.0 (“MAAPP 2.0”), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Flyover starts may be used to ensure that meet sessions are completed in a timely manner. The “no recall” start procedure rule will be in effect. Coaches must be 2023 USA Swimming Coach Members and be able to provide evidence, acceptable to the Meet Referee, they have all current requirements for their coach membership.
- Deck changes are prohibited.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

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- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

ELIGIBILITY:

- All athletes must be 2023 registered athlete members of USA Swimming. Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.
- Swimmer’s age on the first day of the meet shall determine the swimmer’s age for the entire meet.
- Coaches must be 2023 registered coach members of USA Swimming and present evidencing that the coach is current on all required lifeguard/first aid certifications and has completed required background screening and Athlete Protection Training.

COURSES: Two (2) Twenty-Five (25) Yard Courses will be available for the meet. Both the East Course and West Course will utilize Colorado Timing System equipment. Both courses have Keifer competition lane lines. The East Course will be using Paragon competition starting blocks and the West Course will be using Spectrum competition starting blocks. The depth of the East Course is five feet at each end. The depth of the West Course is five feet at the start end and four feet at the turn end. At the discretion of the Meet Referee, some swimmers and/or events may be swum in the West Course. A separate four-lane 25 yard warm up/warm down pool will be available. The competition courses have been certified in accordance with 104.2.2C(4). A copy of this certification is on file with USA Swimming.

SESSION WARM-UP AND START TIMES:

Day	Session	Warm-Up	Meet Start	Session	Warm-Up	Meet Start
Friday				All Ages	4:00pm	5:00pm
Saturday/ Sunday	All Ages	7:00am	8:15am	11-Over Finals	See Below	See Below

WARM-UPS:

- Depending on session numbers, warm-ups may be split into two sessions. Both East and West Courses may be utilized. The separate four-lane 25 yard warm up/warm down pool may also be utilized. Lane assignments for Friday and prelim sessions will be available by January 4, 2023.
- Finals will start no earlier than 2 hours after the end of the morning session, with Finals session warm-ups starting no later than 45 minutes before the start of the Finals session. Finals will be a general open warm-up.
- During general warm-ups the following MVS safety rules will apply:
 1. All lanes general warm-up only;
 2. Circle swimming only;
 3. *Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.*
 4. At any time during general warm-ups, the coach of a team in control of any lane may convert the team's lane into a sprint lane by:
 - a. Removing all swimmers in that lane from the water.
 - b. Informing coaches in adjacent lanes.

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- c. Informing the safety marshal.
- d. Following all guidelines for sprint lanes.
- Outside the designated warm-up times, when using the warm-up/warm-down pool, swimmers shall not perform racing starts and must circle swim.

ENTRIES:

- Entries should be submitted in Hy-tek format by e-mail. All entries must include each swimmer's 2023 USA Swimming registration number. The number of swimmers for this meet will be limited to ensure the timely completion of sessions and maintain compliance with the governmental and facility COVID protocols. As a result, it is possible that some entries received prior to the entry deadline may NOT be entered in the meet. Topeka Swim Association has the sole discretion to determine which entries to accept. In exercising this discretion, Topeka Swim Association will consider: when entries are received, number of officials provided by team, balance of age groups and gender by entries, level of competition and geographic location. The Entries Chair and Meet Referee will make the final determination on accepting and/or limiting entries. Teams will be notified as soon as possible if their swimmers are not entered in the meet.
- "No-time" entries will be accepted and will be seeded in the slowest heat(s). *Entry times must be in short course yard times only.*
- Swimmers 10 and Under may swim a maximum of six (6) individual events and one relay per day.
- Swimmers 11 and Over may swim a maximum of three (3) individual events and one relay per day.

ENTRY DEADLINE:

- **Entries will not be accepted before 8:00am CST, November 22, 2022**
- Entry deadline is 8:00 pm CST, December 26, 2022. This meet may fill up early, so meet entries submitted by the deadline will not be guaranteed a spot in the meet.
- All entries must also include the coach's name and the name and phone number of the team's entries chairperson. Psych sheets for events that are limited will be emailed to coaches no later than December 28, 2022. Those swimmers not making the cut may select a substitute event provided the coach provides notice by e-mail to the entry chair not later than 8:00 pm CST on December 30, 2022. There will not be a late fee assessed for this substitute event.

Send entries to: **Kim Hoobler**
e-mail: entries@swimtsa.com

ENTRY FEES:

- Individual events are \$5.00 per event.
- Relays are \$10.00 per event.
- Late and deck entry fees are \$10.00 per Individual Event, \$20.00 per Relay Event and will be accepted only at the discretion of the Administrative Official and Meet Referee. Swimmers who add events are subject to late entry. Please do not send individual checks for each swimmer.
- There will be a \$10.00 per athlete surcharge.
- Checks should be made payable to: **TOPEKA SWIM ASSOCIATION, INC.**

Send payment to: Topeka Swim Association
P. O. Box 3755
Topeka, Kansas 66604

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EVENT LIMITS: Any combination of events may be limited to ensure the timely completion of a session. Coaches will be notified by email if swimmers are affected by limits prior to the meet. TSA reserves the right to swim any TSA swimmer regardless of entry time.

SEEDING: The meet will be “deck seeded.” The 400 IM, 500 Freestyle, and 1650 Freestyle events will be swam fastest to slowest, and will alternate girls & boys heats. Deck entries will be accepted at the discretion of the Administrative Official and Meet Referee. Age groups within an event may be combined during preliminary heats and timed finals events with awards given separately.

The 13–14 and the 15 and Over age group prelim/final events: The preliminary heats will be seeded and swam together. They will be separated for finals.

POSITIVE CHECK-IN: Positive check-in is required for the 400 IM, 500 Freestyle, and 1650 Freestyle events. See the Scratches section for deadlines. A swimmer failing to provide positive check-in will not be seeded in the event at the discretion of the Administrative Official and the Meet Referee.

SCRATCHES: Scratches shall be in accordance with USA Swimming Rules 207.11.6. and the deadlines in this section.

Scratches for Friday’s session will be 60 minutes prior to the start of the session. Scratches for Saturday morning and afternoon sessions will be 6:00 pm **FRIDAY**. Scratches for Sunday morning and afternoon sessions will be 6:00 pm on **SATURDAY**. Scratches may be submitted prior to the first day of the meet via email to the Entries Chair.

FAILURE TO COMPETE PENALTY:

- There is no penalty for failure to compete in timed finals events.
- Except where noted above, there is no penalty for failure to compete in preliminary heats of prelim/finals events.
- For finals heats in prelim/finals events: Should an athlete fail to compete, the penalty is the athlete must positively check in for all events in which they are entered for the remainder of the meet.

BULLPEN: There will be a bullpen area for the 8 & Under events on Friday night only.

HEAT SHEETS: Programs will not be available at the venue. Copies of the meet program will be posted around the venue for the convenience of athletes and fans. The meet will be available on Meet Mobile.

CONCESSIONS: USD 501 School District concessions will be available.

SPORTSWEAR: Swim Quick will be set up during the meet selling swimwear/sportswear and aquatic accessories.

AWARDS: Individual Events Ribbons 1st thru 8th
Relay Events Ribbons 1st thru 3rd, awarded for 12 & Under events only

TIMERS & LAP COUNTERS: *Swimmers competing in the preliminary heats of the 400 IM must provide their own timers. Swimmers in the preliminary heats of the distance events (500 Freestyle, & 1650 Freestyle) are required to provide their own timers and lap counters for their swims. Swimmers in the finals heats of the 500 Freestyle are required to provide their own lap counters.*

***Attending clubs are required to provide 2 timers per session.**

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OFFICIALS: Topeka Swim Association welcomes any visiting officials who would like to officiate. Any interested persons should contact the Meet Referee to make arrangements. All Officials must be 2023 registered members of USA Swimming and shall be currently certified. Officials must provide evidence (either physical or electronic) of USAS membership and certifications.

The Officials contact is Richard Allen (Meet Referee) at rallen@wattsandassociates.com.

Officials meetings will be held 60 minutes prior to the beginning of each session. Meetings will be located in the hospitality room immediately West of the main entrance to the facility.

RESULTS: Final results will be posted on the Topeka Swim Association (www.swimtsa.com) website, Meet Mobile and the Missouri Valley Swimming (www.missourivalleyswimming.com) website and may include the swimmer's name, age, and times.

DIRECTIONS: Take I-70 to the MacVicar exit. Go south on MacVicar to 6th Avenue and take a right (west), go on 6th (approx. 1/4 mile) until you get to the entrance to the Hummer Sports Park. Make a right (north) turn into the park. The Capitol Federal Natatorium is on your right.

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JANUARY 7-9, 2022**

ORDER OF EVENTS

**Friday Evening Session
Warm-Up Start 4:00 pm
Meet Start 5:00 pm**

Girls	Event	Boys
1	8 & Under 25 Back	2
3	8 & Under 25 Breast	4
5	13 & Over 50 Free	6
7	8 & Under 25 Free	8
9	8 & Under 25 Fly	10
11	10 & Under 200 Free	12
13	11-12 500 Free	14
15	13 & Over 1650 Free	16

Swimmers in the 1650 Freestyle must provide their own timers and counter.

**Saturday AM Session (12 & Under) West Pool
Warm-Up Start 7:00 am
Meet Start 8:15 am**

Girls	Event	Boys
17	12 & Under 200 Free Relay	18
19	11-12 100 Fly	20
21	10 & Under 100 Fly	22
23	11-12 50 Free	24
25	10 & Under 50 Free	26
27	11-12 100 Back	28
29	10 & Under 100 Back	30
31	11-12 50 Breast	32
33	10 & Under 50 Breast	34
35	11-12 100 IM	36
37	10 & Under 100 IM	38

**Saturday AM Session (13 & Over) East Pool
Warm-Up Start 7:00 am
Meet Start 8:15 am**

Girls	Event	Boys
39	13 & Over 400 Free Relay	40
41	13-14 100 Fly	42
43	15 & Over 100 Fly	44
45	13-14 200 Free	46
47	15 & Over 200 Free	48
49	13-14 200 Back	50
51	15 & Over 200 Back	52
53	13-14 100 Breast	54
55	15 & Over 100 Breast	56
57	13 & Over 400 IM	58

Swimmers in the 400 IM must provide their own timers.

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**Saturday PM Finals (11 & Over)
Warm Up announced at the meet
Meet Start announced at the meet**

Girls	Event	Boys
107	13 & Over 200 Medley Relay	108
19	11-12 100 Fly	20
41	13-14 100 Fly	42
43	15 & Over 100 Fly	44
23	11-12 50 Free	24
45	13-14 200 Free	46
47	15 & Over 200 Free	48
27	11-12 100 Back	28
49	13-14 200 Back	50
51	15 & Over 200 Back	52
31	11-12 50 Breast	32
53	13-14 100 Breast	54
55	15 & Over 100 Breast	56
35	11-12 100 IM	36
57	13 & Over 400 IM	58

**Sunday AM Session (12 and Under) West Pool
Warm-Up start 7:00 am
Meet start 8:15 am**

Girls	Event	Boys
59	12 & Under 200 Medley Relay	60
61	11-12 200 IM	62
63	10 & Under 200 IM	64
65	11-12 100 Free	66
67	10 & Under 100 Free	68
69	11-12 50 Fly	70
71	10 & Under 50 Fly	72
73	11-12 50 Back	74
75	10 & Under 50 Back	76
77	11-12 100 Breast	78
79	10 & Under 100 Breast	80
81	11-12 200 Free	82

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**Sunday AM Session (13 & Over) East Pool
Warm-Up start 7:00 am
Meet start 8:15 am**

Girls	Events	Boys
83	13 & Over 400 Medley Relay	84
85	13-14 200 IM	86
87	15 & Over 200 IM	88
89	13-14 100 Free	90
91	15 & Over 100 Free	92
93	13-14 200 Fly	94
95	15 & Over 200 Fly	96
97	13-14 100 Back	98
99	15 & Over 100 Back	100
101	13-14 200 Breast	102
103	15 & Over 200 Breast	104
105	13 & Over 500 Free	106

Swimmers in the 500 Freestyle must provide their own timers and counter.

**Sunday PM Finals (11 & Over)
Warm Up announced at the meet
Meet Start announced at the meet**

Girls	Event	Boys
109	13 & Over 200 Free Relay	110
61	11-12 200 IM	62
85	13-14 200 IM	86
87	15 & Over 200 IM	88
65	11-12 100 Free	66
89	13-14 100 Free	90
91	15 & Over 100 Free	92
69	11-12 50 Fly	70
93	13-14 200 Fly	94
95	15 & Over 200 Fly	96
73	11-12 50 Back	74
97	13-14 100 Back	98
99	15 & Over 100 Back	100
77	11-12 100 Breast	78
101	13-14 200 Breast	102
103	15 & Over 200 Breast	104
81	11-12 200 Free	82
105	13 & Over 500 Free	106