



66th Annual Air Capital Invitational

June 23 – 25, 2023

Hosted By:

Wichita Swim Club



WICHITA SWIM CLUB

Sanction #: MV-23-60

Wichita Swim Club reserves the right to amend any information contained in this packet. We will send updated Meet Information to coaches and MV Swim

Sanction

Held under the sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc.
Meet Sanction No.: MV-23-60

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Location & Facility

Garvey Aquatics Center
8323 East Douglas Ave
Wichita, KS 67207
316-683-1491

8-lane, 50 meter pool with non-turbulent lane lines. Daktronics Timing System with touchpads and horn start. 8-lane display scoreboard. Spectrum Xcellerator starting platforms with adjustable track-start footrest, side handles for forward start, and backstroke bar handles. Additional pool is available for warm-up/warm-down. Pool is 8 ft. deep at the start end and 4 ft. deep at the turn end. The competition course has been certified in accordance with 104.2.2c(4). The copy of this certification is on file with USA Swimming. Warm down will be available in the instructional pool.

Facility has AED and standard first aid kit on site. While not on site, EMS is available if needed.

Meet Referee: Craig Isom	officials@wichitaswimclub.org	620.218.9008
Admin Referee: Jae Davis	officials@wichitaswimclub.org	316.759.9093
Meet Director: Lori Kitchen	wscmeetcoordinator@gmail.com	316.633.1639
Entries Chair: Brandon Shinsato	entries@wichitaswimclub.org	316.683.1491

QUALIFICATIONS

Membership:

- All athletes must be 2023 registered athlete members of USA Swimming.
- Athletes over the age of 18 must have fully completed USA Swimming's Athlete Protection Training to be eligible to swim in the meet.
- Age on the first day of the meet, June 22, 2023, shall determine the swimmer's age for the entire meet.
- Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.
- Clubs will be fined \$100 for every unregistered swimmer entering and competing in a Missouri Valley competition. The deadline for registering a swimmer is the start of warmups on the first day of the meet.

Qualifying Times: Qualifying standards for this meet are the USA Swimming 2021-2024 National Age Group Motivational Standards as listed below. Swimmers must have at least one (1) qualifying time, either LCM, SCY or SCM, to enter the meet. WSC reserves the right to swim any of its club members who have not achieved the minimum time standards.

- 10 & Under will use the 10 & Under “BB” Age Group Time Standard
- 11-12 will use the 11-12 “BB” Age Group Time Standard
- 13-14 will use the 13-14 “A” Age Group Time Standard
- 15 & Over will use the 15-16 “A” Age Group Time Standard
- Events listed as OPEN:
 - 12 & Under swimmers will use the 13-14 “A” Age Group Time Standard

Bonus Swims: Swimmers achieving and swimming in at least one qualified event are eligible to swim the following “bonus swims” in events they have not achieved the qualifying time.

- One (1) qualifying event – Up to three (3) bonus events
- Two (2) qualifying events – up to two (2) bonus events
- Three (3) qualifying events – up to one (1) bonus event
- Four (4) or more qualifying events – no bonus events allowed

Bonus events cannot exceed 200 meters in length and will count toward the overall entry limit for the swimmer. In addition, each bonus event must be clearly marked as “Bonus” and the entry should be the athlete’s best time. **NT entries are not accepted.**

ENTRIES

Entry Deadlines:

- **Entry Period: June 7th at 8:00 am to June 16th, 2023 at 5:00 pm or until the meet is full**
- **Early entries will not be accepted**
- **The deadline for receipt of entries is Friday, June 16th, 2023 at 5:00 pm.**
- **Email entries to Brandon Shinsato at entries@wichitaswimclub.org**

Entries must be submitted using actual best long course meters times using Hy-Tek Team Manager compatible files

Swimmers who have achieved a SCY or SCM qualifying times, but not the LCM qualifying time, shall enter with the time they have actually achieved. The entry report must clearly note the submitted time as SCY or SCM time. **Conversions are not allowed.**

No Time (NT) entries are not accepted. The athlete must have a provable time in the SWIMS database for each event entered.

Swimmers may enter a maximum of three (3) individual events per day and a maximum of nine (9) events for the meet.

Maximum number of entries will be limited to 500 swimmers

WSC has the sole discretion to determine which entries to accept. In exercising this discretion, WSC will consider items such as balance of age groups and gender in entries, level of competition, and geographic location.

Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.

Deck Entries are permitted and will be accepted in the order received to the extent that open lanes are available. No additional heats will be added. Deck Entries are \$10, due at the time of entry submission. An athlete may be deck entered into an event provided that:

- They are a USA Swimming registered athlete and can prove it.
- They are already entered into the meet.
- They have not exceeded the maximum entry limit for the day/meet
- No additional heats are added as a result of the deck entry.
- Entry is accompanied by sufficient proof of time.

Disabled Swimmers: Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible to notifying the session referee of any disability prior to the competition.

Fees: Payments must be received by June 22nd, 2023. Checks should be made to Wichita Swim Club.

- Individual Entries: \$5.00
- Deck Entries: \$10.00
- Athlete Surcharge: \$20.00

MEET INFORMATION

Course: Long Course Meters (LCM)

Format: This will be a preliminaries/finals format with the fastest eight (1-8) advancing to Championship Finals, and the next fastest eight (9-16) advancing to Consolation Finals. **The following exceptions apply:**

- 12 & Under events will have the fastest eight (1-8) advancing to Championship Finals in the following age groups: 10 & under; 11-12. **The following exception applies:**
 - 12 & under 400 Freestyle is a timed finals event. All heats will swim in the preliminary session.
- OPEN event finals will be broken into the following age groups: 14 & under, 15 & over with a Championship and Consolation final for each age group. **The following exceptions apply:**
 - OPEN 800 Freestyle is a timed finals event. All heats will swim in the preliminary session.
 - OPEN 400 Individual Medley will have the fastest eight (1-8) advancing to Championship Finals in the following age groups: 14 & under, 15 & over.

- OPEN 400 Freestyle will have the fastest eight (1-8) advancing to Championship Finals in the following age groups: 14 & under, 15 & over.
- OPEN 50 Freestyle will have the fastest eight (1-8) advancing to a Shootout Final in the following age groups: 14 & under, 15 & over.

50 Free Shootout: The OPEN 50 Freestyle will be conducted with the top eight (1-8) swimmers in each age group (14 & under, 15 & over) advancing to finals.

- The first round of the shootout (Top 8) will feature the 1st seed vs the 8th seed, the 2nd seed vs the 7th seed, the 3rd seed vs the 6th seed, and the 4th seed vs 5th seed.
- The semi-final round of the shootout (Top 4) will feature the winner of the 1 vs 8 facing off against the winner of the 4 vs 5, and the winner of the 2 vs 7 facing off against the winner of the 3 vs 6.
- The final round of the shootout (Top 2) will feature the remaining two swimmers facing off against each other.

Limited Events: Wichita Swim Club maintains the authority to limit any event to maintain an appropriate timeline. Coaches will be notified prior to the meet if swims have been impacted.

Seeding: All events will be pre-seeded and swam slowest to fastest except for the OPEN 800M Freestyle & the 12 & Under 400M Freestyle. **The 800M Freestyle & 12 & Under 400M Freestyle will be swam fastest to slowest, alternating girls and boys.** Entry times conforming to course length for this meet (LCM) shall be considered “conforming times”. All other times meeting the appropriate standard shall be considered “nonconforming times”. For this meet, the seeding order is: 1) “conforming times” (LCM), 2) “nonconforming times” (SCY then SCM), 3) Bonus swims.

Positive Check-In: The OPEN 800M freestyle & 12 & Under 400M Freestyle require positive check-in. Any swimmer failing to check in before the deadline may be removed from the event.

Event	Check In Deadline
OPEN 800M Freestyle	Friday 8:15 AM
12 & Under 400 M Freestyle	Sunday, 8:15 AM

Scratches: Scratch deadline for Friday’s events will be 15 minutes after the start of warm-up. Scratch deadline for Saturday and Sunday events is 45 minutes prior to the beginning of the preliminary session. If coaches do not arrive prior to the scratch deadline they must make arrangements with the Meet Referee if they want to scratch a swimmer.

No-Show Penalties: No show penalties are as listed below:

- Any swimmer who does not scratch an event in prelims and is a no-show for that event will not be penalized.
- Any swimmer who does not scratch a timed finals event that does not require positive check-in and is a no-show for that event will not be penalized.
- Any swimmer who qualifies for an A or B final, who fails to declare intent to scratch or scratch per USA Swimming Championship procedures, and fails to compete in said final race shall be removed their next event.

- Any swimmer who qualifies for an A or B final, who fails to declare intent to scratch or scratch per USA Swimming Championship procedures, and fails to compete in said final race, which is his/her final race of the Meet, shall be fined one hundred dollars (\$100.00).
- 100% of all fines shall go to Missouri Valley Athlete Travel Fund.

Scoring and Awards:

- Individual Events: Ribbons will be awarded for 1st through 8th for the following age groups:
 - 10 & under, 11-12, 13-14, 15 & Over
- Individual High Point Award will be given to the highest scoring girl and boy in the following age groups:
 - 10 & under, 11-12, 13-14, 15 & Over
- 50 Freestyle Shootout awards will be given to the top girl and boy finisher in the following age groups:
 - 14 & under, 15 & Over
- Team scores will be kept and awards will be given to the top three (3) combined men and women scoring teams.
- Results will be posted to Meet Mobile

WARM-UPS

The host team reserves the right to adjust warm-up times based on the session entries. Lane assignments and warm-up times for individual clubs, as well as any changes to the warm-up schedule and lane assignments will be emailed to the team contact person no later than Wednesday, June 21st, 2023.

Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm-up portion of the meet.

Warm-Up Guidelines:

- Swimmers may not dive into the pool during general warm-up.
- Swimmers must enter the pool by stepping in feet first or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee.
- Swimmers may dive during a designated sprint warm-up.

Warm-Up Schedule:

Friday Prelims: Warm-ups: 7:15 AM. Meet Start: 9:00 AM

Saturday Prelims: Warm-ups: 7:15 AM. Meet Start: 9:00 AM

Sunday Prelims: Warm-ups: 7:15 AM. Meet Start: 9:00 AM

There will be a minimum of two (2) hours between the end of the preliminaries and the beginning of finals. Actual start time for finals will be announced at the meet.

RULES

Coaches: Current (2023) USA Swimming membership is required for coaches to be on deck. Coaches must be current with all safety certifications and background check requirements. At the request of the Meet Referee or special designee, coaches and officials must present their USA Swimming credentials. Persons without a valid 2023 USAS Coach Membership will not be allowed access to the deck area and will not be allowed to participate in any coaching capacity.

Officials: Current (2023) USA Swimming membership is required for all working officials. Officials also must be current with all certifications and background check requirements. WSC welcomes certified officials and shadowing officials from all teams to officiate or complete official shadow sessions at this meet. There is no need for officials who plan on officiating the meet to contact WSC prior to the meet, unless they are wanting to shadow Administrative Official. In that case please contact Jae Davis at officials@wichitaswimclub.org to inquire about availability and make arrangements. Officials and shadows should check in for the Official Stroke & Turn Briefing prior to each session. The briefings will be held one hour prior to each session in the café next to the main office.

2023 USA Swimming and Missouri Valley Rules & Regulations will govern the meet. MVS safety guidelines and warm-up procedure will be in effect. Only coaches registered with USA Swimming will be allowed to participate in any coaching capacity. All coaches and deck officials should have their cards visible at all times while on deck. Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm-up portion of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0") will govern this meet.

SAFE SPORT COMPLIANCE

All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Policy 2.0 ("MAAPP 2.0") and that they understand that compliance with MAAPP 2.0 is a condition of participation in the conduct of this competition.

The following USA Swimming rules are in place at our facility and at the meet for the protection of our swimmers. We believe swimmers are kept safe when parents, spectators, coaches, and officials are educated and have an active role in keeping our swimmers and venue safe. If you witness any of the following prohibited behaviors, please alert an official, a Meet Director, or the Meet Referee immediately.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck Changes are prohibited
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior approval by the Vice President of Program Operations.
- No cameras (including cell phone cameras) or other recording devices are allowed behind the blocks at any time. If you see someone taking video or photos behind the blocks, please inform an official.
- Bullying and taunting are prohibited at all times, and good sportsmanship is expected at all times.
- Rubdowns or massages not performed by a licensed and credentialed massage therapist are prohibited
- Athletes are not allowed to sit on the lap of any coach or other non-athlete member who is not part of their family.

Remember, if you see or hear something, say something!

GENERAL INFORMATION

Heat Sheets: Heat sheets will be for sale for \$20 at our concession area

Concessions: Concessions will be available for purchase and will be located near the garage door on the South side of the building

Swim Gear: Wichita Swim Club proudly partners with The Starting Block, a swim shop located within WSC at the southeast corner of the deck

Seating: Limited bleacher seating and crash areas are provided on the pool deck to accommodate swimmers. **Spectators are encouraged to crash outside in the designated areas.** Crashing behind the blocks, in front of exits, doorways and other frequent access areas is prohibited. Personal items (including chairs/blankets/towels) may not be left in the facility overnight. Any items left in the facility at the end of the finals session each evening will be removed. WSC is not responsible for any personal items (including chairs/coolers/canopies) left in the outdoor crash areas overnight.

Parking: Wichita Swim Club is located on The Independent School of Wichita's campus and traffic flows one way through campus. The entire TIS campus parking lot is available for your convenience with the exception of designated spots reserved for WSC volunteers, TIS staff & faculty, TIS drop-off/pick-up, and handicap patrons. RV and camper parking is not allowed on the TIS/WSC campus. Plugging into power sources anywhere of the TIS campus, outside of the Wichita Swim Club facility is strictly prohibited.

Bus traffic is limited to the entry of The Independent School. Once you enter the driveway, please turn right into the lot immediately South of Douglas and unload your swimmers. Due to the amount of parking near the pool, there is not enough room for bus traffic.

Order of Events & Qualifying Times						
Women	LCM	Event			LCM	Men
Friday AM Preliminaries						
1	3:20.99	10 & U	12 & Under 200 Freestyle	10 & U	3:12.09	2
	2:49.19	11-12		11-12	2:44.89	
3	2:29.39	14 & U	OPEN 200 Freestyle	14 & U	2:20.59	4
	2:26.19	15 & O		15 & O	2:14.89	
5	48.89	10 & U	12 & Under 50 Backstroke	10 & U	49.19	6
	40.79	11-12		11-12	40.39	
7	1:17.09	14 & U	OPEN 100 Backstroke	14 & U	1:11.89	8
	1:14.89	15 & O		15 & O	1:08.69	
9	53.99	10 & U	12 & Under 50 Breaststroke	10 & U	53.29	10
	45.49	11-12		11-12	45.19	
11	1:27.49	14 & U	OPEN 100 Breaststroke	14 & U	1:21.29	12
	1:25.29	15 & O		15 & O	1:16.99	
13	1:52.99	10 & U	12 & Under 100 Butterfly	10 & U	1:50.79	14
	1:28.49	11-12		11-12	1:26.29	
15	2:45.49	14 & U	OPEN 200 Butterfly	14 & U	2:35.09	16
	2:40.59	15 & O		15 & O	2:27.69	
17	10:47.99	14 & U	OPEN 800 Freestyle**	14 & U	10:22.19	18
	10:35.39	15 & O		15 & O	10:00.09	

Friday PM Finals		
1	10 & Under 200 Freestyle	2
1B	11-12 200 Freestyle	2B
3	14 & Under 200 Freestyle	4
3B	15 & Over 200 Freestyle	4B
5	10 & Under 50 Backstroke	6
5B	11-12 50 Backstroke	6B
7	14 & Under 100 Backstroke	8
7B	15 & Over 100 Backstroke	8B

9	10 & Under 50 Breaststroke	10
9B	11-12 50 Breaststroke	10B
11	14 & Under 100 Breaststroke	12
11B	15 & Over 100 Breaststroke	12B
13	10 & Under 100 Butterfly	14
13B	11-12 100 Butterfly	14B
15	14 & Under 200 Butterfly	16
15B	15 & Over 200 Butterfly	16B

Saturday AM Preliminaries						
19	1:45.99	10 & U	12 & Under 100 Backstroke	10 & U	1:43.09	20
	1:30.99	11-12		11-12	1:27.99	
21	2:44.89	14 & U	OPEN 200 Backstroke	14 & U	2:36.09	22
	2:41.49	15 & O		15 & O	2:28.89	
23	3:43.19	10 & U	12 & Under 200 Individual Medley	10 & U	3:40.79	24
	3:11.39	11-12		11-12	3:08.49	
25	5:56.19	14 & U	OPEN 400 Individual Medley*	14 & U	5:36.59	26
	5:49.69	15 & O		15 & O	5:20.59	
27	47.09	10 & U	12 & Under 50 Butterfly	10 & U	45.99	28
	38.29	11-12		11-12	38.59	
29	1:14.29	14 & U	OPEN 100 Butterfly	14 & U	1:09.69	30
	1:13.19	15 & O		15 & O	1:06.29	
31	39.89	10 & U	12 & Under 50 Freestyle	10 & U	39.49	32
	35.69	11-12		11-12	34.69	
33	31.79	14 & U	OPEN 50 Freestyle (w/shootout final)	14 & U	29.49	34
	31.19	15 & O		15 & O	27.89	

Saturday PM Finals		
33B	14 & Under 50 Freestyle (Top 8)	34B
33C	15 & Over 50 Freestyle (Top 8)	34C
19	10 & Under 100 Backstroke	20
19B	11-12 100 Backstroke	20B
21	14 & Under 200 Backstroke	22
21B	15 & Over 200 Backstroke	22B
23	10 & Under 200 Individual Medley	24
23B	11-12 200 Individual Medley	24B
25	14 & Under 400 Individual Medley*	26B
25B	15 & Over 400 Individual Medley*	26B
133A	14 & Under 50 Freestyle (Top 4)	133A
133B	15 & Over 50 Freestyle (Top 4)	133B
27	10 & Under 50 Butterfly	28
27B	11-12 50 Butterfly	28B
29	14 & Under 100 Butterfly	30
29B	15 & Over 100 Butterfly	30B
31	10 & Under 50 Freestyle	32
31B	11-12 50 Freestyle	32B
233A	14 & Under 50 Freestyle (Top 2)	233A
233B	15 & Over 50 Freestyle (Top 2)	233B

Sunday AM Preliminaries						
35	2:47.79	14 & U	OPEN 200 Individual Medley	14 & U	2:38.29	36
	2:44.49	15 & O		15 & O	2:31.39	
37	1:31.19	10 & U	12 & Under 100 Freestyle	10 & U	1:30.19	38
	1:18.09	11-12		11-12	1:15.49	
39	1:08.99	14 & U	OPEN 100 Freestyle	14 & U	1:04.49	40
	1:07.89	15 & O		15 & O	1:01.69	

41	1:59.79	10 & U	12 & Under 100 Breaststroke	10 & U	1:55.99	42
	1:40.89	11-12		11-12	1:38.39	
43	3:08.29	14 & U	OPEN 200 Breaststroke	14 & U	2:56.09	44
	3:05.09	15 & O		15 & O	2:47.49	
45	6:51.09	10 & U	12 & Under 400 Freestyle**	10 & U	6:44.49	46
	5:56.49	11-12		11-12	5:48.69	
47	5:14.39	14 & U	OPEN 400 Freestyle*	14 & U	4:59.19	48
	5:07.29	15 & O		15 & O	4:46.09	

Sunday PM Finals		
35	14 & Under 200 Individual Medley	36
35B	15 & Over 200 Individual Medley	36B
37	10 & Under 100 Freestyle	38
37B	11-12 100 Freestyle	38B
39	14 & Under 100 Freestyle	40
39B	15 & Over 100 Freestyle	40B
41	10 & Under 100 Breaststroke	42
41B	11-12 100 Breaststroke	42B
43	14 & Under 200 Breaststroke	44
43B	15 & Over 200 Breaststroke	44B
47	14 & Under 400 Freestyle*	48
47B	15 & Over 400 Freestyle*	48B

* Prelim/Finals event with top eight (8) only advancing to a championship final in the following age groups: 14 & under, 15 & over.

** Timed Finals event with the all heats swam in the preliminary session. **800 Freestyle swimmers must provide their own timer and counter.**