

Spooktacular

October 27-29, 2023

ORDER OF EVENTS

Friday PM Session Warm-Up Start 4:00 pm Meet Start 5:10 pm

Girls	Event	Boys
1	13 & Over 200 IM	2
3	12 & Under 200 IM	4
5	15 & Over 50 Freestyle	6
7	13-14 50 Freestyle	8
9	12 & Under 500 Freestyle*	10
11	13 & Over 500 Freestyle	12

*Time Standard for 10 & Under only

Saturday AM Session (12 & Under) Warm-Up Start 7:00 am Meet Start 8:10 am

Girls	Event	Boys
13	10 & Under 200 Freestyle	14
15	11-12 200 Freestyle	16
17	10 & Under 50 Freestyle	18
19	11-12 50 Freestyle	20
21	10 & Under 100 Breaststroke	22
23	11-12 100 Breaststroke	24
25	10 & Under 50 Butterfly	26
27	11-12 50 Butterfly	28
29	10 & Under 100 Backstroke	30
31	11-12 100 Backstroke	32
33	12 & Under 200 Free Relay	34

Saturday PM Session (13 & Over) Warm-Up not before 12:00 pm Meet Start not before 1:10 pm

Girls	Event	Boys
35	15 & Over 200 Freestyle	36
37	13-14 200 Freestyle	38
39	15 & Over 100 Breaststroke	40
41	13-14 100 Breaststroke	42
43	15 & Over 200 Butterfly	44
45	13-14 200 Butterfly	46
47	15 & Over 100 Backstroke	48
49	13-14 100 Backstroke	50
51	13 & Over 200 Free Relay	52
53	13 & Over 400 IM	54

Sunday AM Session (12 & Under)

Warm-Up Start 7:00 am

Meet Start 8:10 am

Girls	Event	Boys
55	10 & Under 100 IM	56
57	11-12 100 IM	58
59	10 & Under 50 Breaststroke	60
61	11-12 50 Breaststroke	62
63	12 & Under 100 Butterfly	64
65	10 & Under 50 Backstroke	66
67	11-12 50 Backstroke	68
69	10 & Under 100 Freestyle	70
71	11-12 100 Freestyle	72
73	12 & Under 200 Medley Relay	74

Sunday PM Session (13 & Over) Warm-Up not before 12:00 pm Meet Start not before 1:10 pm

Girls	Events	Boys
75	13 & Over 200 Medley Relay	76
77	15 & Over 100 Freestyle	78
79	13-14 100 Freestyle	80
81	15 & Over 200 Breaststroke	82
83	13-14 200 Breaststroke	84
85	15 & Over 200 Backstroke	86
87	13-14 200 Backstroke	88
89	15 & Over 100 Butterfly	90
91	13-14 100 Butterfly	92
93	13 & Over 1000 Freestyle	94

All 500 Freestyle, 1000 Freestyle, and 400 IM swimmers must provide their own timers.
All 500 Freestyle and 1000 Freestyle swimmers must provide their own counters.

MVS SANCTION: Held under the sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming., Sanction Number MV-23-81

MEET HOSTS: Topeka Swim Association & Lawrence Aquahawks

FORMAT: Age Group Timed Finals Meet; 8 & Under, 9-10, 11-12, and 13 & Over age groups. 8 & Under and 9-10 age groups will swim together as a 10 & Under event as indicated in the Order of Events, but separated for awards. The 13 & Over age group will be separated for awards as indicated.

FACILITY: Capitol Federal Natatorium, 530 Tuffy Kellogg Drive, Topeka, KS 66606
To maximize air quality in the facility, there will be a minimum of 2 hours between sessions, spectators will not be allowed in the pool area prior to 45 minutes before the start of each session, and swimmers will not be allowed in the tall bleachers.

COURSE: Two (2) Twenty-Five (25) Yard Courses may be available for the meet. Both the East Course and West Course will utilize Colorado Timing System equipment and an eight (8) line graphics scoreboard. Both courses have Keifer competition lane lines and Paragon competition starting blocks. The depth of the East Course is 13 feet at each end. The depth of the West Course is 5 feet at the start end and 4 feet at the turn end. At the discretion of the Meet Referee, some events may be swum in the West Course. A separate four-lane 25 yard warm up / warm down pool will be available. The competition courses have been certified in accordance with 104.2.2C(4). A copy of this certification is on file with USA Swimming.

ELIGIBILITY: Swimmers must be registered USAS athletes for 2023 or 2024. Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet. Swimmer's age on the first day of the meet determines age for the entire meet. Coaches must be 2023 or 2024 registered coach members of USA Swimming and have in their possession a 2023 or 2024 registration card (physical or electronic) evidencing that the coach is current on all required lifeguard/first aid certifications and has completed required background screening and Athlete Protection Training.

OFFICIALS:

Meet Director:	Kelly Johnson	operations@aquahawks.org
Entries Chair:	Kim Hoobler	entries@swimtsa.com
Meet Referee:	Nikki Meier (785) 554-9020	kteachoftheyear1@gmail.com
Admin Official:	Stacey Holzwarth (816) 682-2033	earlybirder1@msn.com

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0"), will govern this meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0"), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Flyover starts may be used to ensure that meet sessions are completed in a timely manner. The "no recall" start procedure rule will be in effect.

Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. We have taken enhanced health and safety measures—for athletes, officials, personnel, and spectators. You must follow all posted instructions of the facility. Medical supervision for this event will include an EMT and/or a nurse practitioner, access to an AED device, and lifeguards for the back pool area. A full first aid kit will be available at the medical table.

To maximize air quality in the facility, there will be a minimum of 2 hours between sessions, spectators will not be allowed in the pool area prior to 45 minutes before the start of each session, and swimmers will not be allowed in the tall bleachers. Swimmers and wet towels in the tall bleachers impedes the function of the air evacuators.

STARTING TIME:	Warm-Ups	Meet Starts
Friday pm	4:00 pm	5:10 pm
Saturday am (12 & Under)	7:00 am	8:10 am
Saturday pm (13 & Over)	Not Before 12:00 pm	Not Before 1:10 pm
Sunday am (12 & Under)	7:00 am	8:10 am
Sunday pm (13 & Over)	Not Before 12:00 pm	Not Before 1:10 pm

WARM-UPS: Warm-up sessions may be split. Warm-up lane assignments will be available on Thursday, October 26, 2023. During general warm ups, the following MVS safety rules will apply: All lanes general warm up only. Circle swimming only.

Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.

No diving, use of the starting blocks, or racing starts off pool edge.

At any time during general warm ups, the coach of a team in control of any lane may convert the team's lane into a sprint lane by: Removing all swimmers in that lane from the water. Informing coaches in adjacent lanes. Informing the Meet Marshall. Following all guidelines for sprint lanes.

ENTRIES: Entries should be submitted in Hy-tek format by e-mail. All entries must include each swimmer's 2023 or 2024 USA Swimming registration number. The number of swimmers for this meet will be limited to ensure the timely completion of sessions. As a result, it is possible that some entries received prior to the entry deadline may NOT be entered in the meet. TSA and LA have the sole discretion to determine which entries to accept. In exercising this discretion, TSA and LA will consider:

when entries are received, number of officials provided by team, balance of age groups and gender by entries, level of competition and geographic location. The Entries Chair and Administration Official will make the final determination on accepting and/or limiting entries. Teams will be notified as soon as possible if their swimmers are not entered in the meet. "No-time" entries will be accepted and will be seeded in the slowest heat(s).

Entry times must be in short course yard times only.

Swimmers are limited to five (5) individual events per day.

All 500 Freestyle, 1000 Freestyle, and 400 IM swimmers must provide their own timers.

All 500 Freestyle and 1000 Freestyle swimmers must provide their own counter.

ENTRY DEADLINE: Entries will not be accepted prior to 8:00am CDT, Monday, September 18, 2023. Entry deadline is 8:00 pm CDT, Sunday, October 22, 2023. All entries must include the coach's name and email and the name and phone number of the team's entries chairperson.

Send entries to: Kim Hoobler entries@swimtsa.com

ENTRY FEE: Individual events are **\$7.00** per event and relays are **\$12.00** per event. There is a **\$10.00** per athlete surcharge. Deck entry fees are **\$10.00** per Individual Event, and will be accepted only if there are open lanes in existing heats. Checks should be made payable to **Topeka Swim Association** and sent to: P.O. Box 3755, Topeka, Kansas 66604. Checks may be hand delivered to a Meet Director wearing a yellow vest.

ENTRY RULES: Swimmers who add events are subject to the \$10.00 late entry fee and will be placed only in available open lanes. New heats will be created only by approval of the meet referee. Deck registration of swimmers into the meet will not be allowed. Relay only swimmers must be entered in the meet, and deck registration of relay only swimmers will not be allowed.

SEEDING: Except for the 500 Freestyle, 1000 Freestyle, and 400 IM - the meet will be pre-seeded and swum fastest to slowest. The 500 Freestyle, 1000 Freestyle, and 400 IM will be swum fastest to slowest, alternating women and men.

EVENT LIMITS: Any combination of events may be limited to ensure the timely completion of a session. Coaches will be notified by email if swimmers are affected by limits prior to the meet. TSA reserves the right to swim any TSA swimmer regardless of entry time.

POSITIVE CHECK-IN: Positive check-in is required for the 500 Freestyle, 1000 Freestyle, and 400 IM. Positive check-in will close 15 minutes before the start of the session. A swimmer failing to positive check-in may be scratched from the event by the discretion of the Meet Referee.

HEAT SHEETS: Meet program files will be sent to the participating coaches by Thursday October 26, 2023. The meet will be available on Meet Mobile. Heat sheets will be posted in the foyer and near the crash area.

CONCESSIONS: No concessions will be available.

MERCHANDISE: Swim Gear and T-Shirts will be available for sale.

AWARDS: The top team will receive a trophy based on highest team score. Scoring will be 9,7,6,5,4,3,2,1 with relays scored double. Another trophy will be awarded to the team with the highest % best times. Ribbons will be awarded for 1st - 8th places in each event. There will be high point

awards for the top scoring boy and girl from each age group. Ribbons, high-point awards, and scoring will be awarded for the following age groups: 8 & under, 9-10, 11-12, 13-14, 15-18.

TIMERS & OFFICIALS: Topeka Swim Association welcomes any visiting officials who would like to officiate. Any interested person should contact the Meet Referee to make arrangements. Any visitors wishing to be a back-up timer during the various sessions of the meet should contact the Meet Director. All Officials must be 2023 or 2024 registered members of USA Swimming and shall be currently certified.

FINAL RESULTS: Results may be posted on the Topeka Swim Association (www.swimtsa.com) website, and the Missouri Valley Swimming (www.missourivalleyswimming.com) website and may include the swimmers name, age, and times.

DIRECTIONS: Take I-70 to the MacVicar exit. Go south on MacVicar to 6th Avenue and take a right (west), go on 6th (approx. 1/4 mile) until you get to the entrance to the Hummer Sports Park. Make a right (north) turn into the park. The Capitol Federal Natatorium is on your right