



Legends Invitational

November 10-12, 2023

Hosted By:

Wichita Swim Club



WICHITA SWIM CLUB

Sanction #: MV-23-82

Wichita Swim Club reserves the right to amend any information contained in this packet. We will send updated Meet Information to coaches and MV Swim

Sanction

Held under the sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc.

Meet Sanction No.: MV-23-82

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

Location & Facility

Garvey Aquatics Center
8323 East Douglas Ave
Wichita, KS 67207
316-683-1491

8-lane, 25 yard pool with non-turbulent lane lines. Daktronics Timing System with touchpads and horn start. 8-lane display scoreboard. Spectrum Xcellerator starting platforms with adjustable track-start footrest, side handles for forward start, and backstroke bar handles. Additional lanes are available for warm-up/warm-down. Pool is 8 ft. deep at the start end and 8 ft. deep at the turn end. The competition course has been certified in accordance with 104.2.2c(4). The copy of this certification is on file with USA Swimming.

Facility has AED and standard first aid kit on site. While not on site, EMS is available if needed.

Meet Referee: Craig Isom	officials@wichitaswimclub.org	620.218.9008
Meet Director: Holly Benton	wscmeetcoordinator@gmail.com	620.229.4110
Admin Official: Jae Davis	officials@wichitaswimclub.org	316.759.9093
Entries Chair: Brandon Shinsato	entries@wichitaswimclub.org	316.683.1491

QUALIFICATIONS

Eligibility:

- All athletes must be 2023 or 2024 registered athlete members of USA Swimming.
- Athletes over the age of 18 must have fully completed USA Swimming's Athlete Protection Training to be eligible to swim in the meet.
- Age on the first day of the meet, November 10, 2023, shall determine the swimmer's age for the entire meet.
- Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.
- Clubs will be fined \$100 for every unregistered swimmer entering and competing in a Missouri Valley competition. The deadline for registering a swimmer is the start of warmups on the first day of the meet.
- Final Results will be posted on the Missouri Valley Website and may include the swimmer's name, age and times.

ENTRIES

Entry Deadlines:

- The deadline for receipt of entries is Wednesday, November 1, 2023.
- Email entries to Brandon Shinsato at entries@wichitaswimclub.org

Entries must be submitted using actual best short course yard times using Hy-Tek Team Manager compatible files

No Time (NT) entries will be accepted for events in which a swimmer does not have a time of record.

Swimmers may enter a maximum of three (3) individual events and one (1) relay per session with a maximum of seven (7) individual events for the meet.

Entries will be accepted in the order received. No teams will be split.

Maximum number of entries will be limited to 450 swimmers.

Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.

Deck Entries are permitted and will be accepted in the order received to the extent that open lanes are available. No additional heats will be added. Deck Entries are \$10 for individual events, \$14.00 for relays, due at the time of entry submission. An athlete may be deck entered into an event provided that:

- They are a USA Swimming registered athlete and can prove it.
- They are already entered into the meet.
- They have not exceeded the maximum entry limit for the day
- No additional heats are added as a result of the deck entry.

Disabled Swimmers: Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible to notifying the session referee of any disability prior to the competition.

Fees: Payments must be received by November 10, 2023. Checks should be made to Wichita Swim Club.

- Individual Entries: \$5.00
- Relay Entries: \$7.00
- Deck Entries: \$10.00/\$14.00
- Athlete Surcharge: \$20.00

MEET INFORMATION

Course: Short Course Yards (SCY)

Format: This will be a timed finals meet for age group and senior swimmers

Seeding & Positive Check In

All events except those listed below will be pre-seeded. All events will be swum slowest to fastest except for the 500 Freestyle and 1000 Freestyle. These events will be swum fastest to slowest alternating girls/boys. Swimmers in the 1000 Freestyle will need to provide their own timers and counters. Swimmers in the 500 Freestyle will need to provide their own counters. **Swimmers failing to positively check-in by the deadline will not be allowed to swim the event.**

AGE	EVENT	CHECK IN DEADLINE
13 & OVER	400 YARD INDIVIDUAL MEDLEY	Friday, 4:45 PM
13 & OVER	1000 YARD FREESTYLE	Friday, 4:45 PM
12 & UNDER	500 YARD FREESTYLE	Saturday, 8:30 AM
13 & OVER	500 YARD FREESTYLE	Sunday, 1:45 PM

Scratches: Scratches are due 45 minutes prior to the start of the session.

No-Show Penalties:

- All events that do not require positive check-in will be pre-seeded. There will be no penalty for missing a pre-seeded event.
- All events that require positive check-in will be deck seeded. Any swimmer that fails to positive check-in will not be allowed to swim the event.

Scoring and Awards:

- Individual Events: Ribbons will be awarded for 1st through 8th for the following age groups:
 - 8 & under, 9-10, 11-12, 13-14, 15 & Over
- Individual high point award in the following age groups:
 - 9-10, 11-12, 13-14, 15 & Over
- Scoring will be standard per Meet Manager

WARM-UPS

The host team reserves the right to adjust warm-up times based on the session entries. Lane assignments and warm-up times for individual clubs, as well as any changes to the warm-up schedule and lane assignments will be emailed to the team contact person no later than Thursday, November 9th, 2023.

Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm-up portion of the meet.

Warm-Up Guidelines:

- Swimmers may not dive into the pool during general warm-up.
- Swimmers must enter the pool by stepping in feet first or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee.
- Swimmers may dive during designated sprint warm-up.

Warm-Up Schedule:

SESSION	AGE GROUP	WARM UPS	MEET START
FRIDAY PM	12 & UNDER/13 & OVER	4:30 PM	5:30 PM
SATURDAY AM	12 & UNDER	8:00 AM	9:15 AM
SATURDAY PM	13 & OVER	Not Before 1:15 PM	Not Before 2:30 PM
SUNDAY AM	12 & UNDER	8:00 AM	9:15 AM
SUNDAY PM	13 & OVER	Not Before 1:15 PM	Not Before 2:30 PM

RULES

All requirements of USA Swimming Corporate Bylaw 2.6 shall be met.

Coaches: Current (2023) USA Swimming membership is required for coaches to be on deck. Coaches must be current with all safety certifications and background check requirements. At the request of the Meet Referee or special designee, coaches and officials must present their USA Swimming credentials. Persons without a valid 2023 USAS Coach Membership will not be allowed access to the deck area and will not be allowed to participate in any coaching capacity.

Officials: A current 2023 USA Swimming membership is required for all working officials. Officials also must be current with all certifications and background check requirements. WSC welcomes certified officials and shadowing officials from all teams to officiate or complete official shadow sessions at this meet. There is no need for officials who plan to officiate at the meet to contact WSC prior to the meet, unless they want to shadow Administrative Official. In that case, please contact Craig Isom at officials@wichitaswimclub.org to inquire about availability and make arrangements. Officials and

shadows should check in for the Official Stroke & Turn Briefing prior to each session. The briefings are held one hour prior to each session in the café next to the main office.

2023 USA Swimming and Missouri Valley Rules & Regulations will govern the meet. MVS safety guidelines and warm-up procedure will be in effect. Only coaches registered with USA Swimming will be allowed to participate in any coaching capacity. All coaches and deck officials should have their cards visible at all times while on deck. Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm-up portion of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0") will govern this meet.

SAFE SPORT COMPLIANCE

All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Policy 2.0 ("MAAPP 2.0") and that they understand that compliance with MAAPP 2.0 is a condition of participation in the conduct of this competition.

The following USA Swimming rules are in place at our facility and at the meet for the protection of our swimmers. We believe swimmers are kept safe when parents, spectators, coaches, and officials are educated and have an active role in keeping our swimmers and venue safe. If you witness any of the following prohibited behaviors, please alert an official, a Meet Director, or the Meet Referee immediately.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck Changes are prohibited
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior approval by the Vice President of Program Operations.
- No cameras (including cell phone cameras) or other recording devices are allowed behind the blocks at any time. If you see someone taking video or photos behind the blocks, please inform an official.
- Bullying and taunting are prohibited at all times, and good sportsmanship is expected at all times.
- Rubdowns or massages not performed by a licensed and credentialed massage therapist are prohibited
- Athletes are not allowed to sit on the lap of any coach or other non-athlete member who is not part of their family.

Remember, if you see or hear something, say something!

GENERAL INFORMATION

Heat Sheets: Heat sheets will be for sale for \$15 at our concession area

Concessions: Concessions will be available for purchase and will be located near the garage door on the South side of the building

Swim Gear: Wichita Swim Club proudly partners with The Starting Block, a swim shop located within WSC at the southeast corner of the deck

Seating: Bleacher seating and crash areas are provided on the pool deck to accommodate swimmers & spectators. Crashing behind the blocks, in front of exits, doorways and other frequent access areas is prohibited. Personal items (including chairs/blankets/towels) may not be left in the facility overnight. Any items left in the facility at the end of the meet will be removed.

Parking: Wichita Swim Club is located on The Independent School of Wichita's campus and traffic flows one way through campus. The entire TIS campus parking lot is available for your convenience with the exception of designated spots reserved for WSC volunteers, TIS staff & faculty, TIS drop-off/pick-up, and handicap patrons. RV and camper parking is not allowed on the TIS/WSC campus. Plugging into power sources anywhere of the TIS campus, outside of the Wichita Swim Club facility is strictly prohibited.

Bus traffic is limited to the entry of The Independent School. Once you enter the driveway, please turn right into the lot immediately South of Douglas and unload your swimmers. Due to the amount of parking near the pool, there is not enough room for bus traffic.

Order of Events

Girls	Friday PM: Distance Timed Finals	Boys
1	12 & Under 200 Yard Individual Medley	2
3	13 & Over 400 Yard Individual Medley	4
5	13 & Over 1000 Yard Freestyle	6
Girls	Saturday AM 12 & Under Timed Finals	Boys
7	10 & Under 200 Yard Medley Relay	8
9	11-12 200 Yard Medley Relay	10
11	12 & Under 200 Yard Butterfly	12
13	8 & Under 25 Yard Butterfly	14
15	10 & Under 100 Yard Butterfly	16
17	11-12 100 Yard Butterfly	18
19	8 & Under 25 Yard Freestyle	20
21	10 & Under 100 Yard Freestyle	22
23	11-12 100 Yard Freestyle	24
25	10 & Under 50 Yard Breaststroke	26
27	11-12 50 Yard Breaststroke	28
29	10 & Under 50 Yard Backstroke	30
31	11-12 50 Yard Backstroke	32
33	10 & Under 100 Yard Individual Medley	34
35	11-12 100 Yard Individual Medley	36
37	12 & Under 500 Yard Freestyle	38
Girls	Saturday PM 13 & Over Timed Finals	Boys
39	13 & Over 200 Yard Medley Relay	40
41	13 & Over 100 Yard Breaststroke	42
43	13 & Over 100 Yard Freestyle	44
45	13 & Over 200 Yard Butterfly	46
47	13 & Over 100 Yard Backstroke	48
49	13 & Over 200 Yard Individual Medley	50

Girls	Sunday AM 12 & Under Timed Finals	Boys
51	10 & Under 200 Yard Freestyle Relay	52
53	11-12 200 Yard Freestyle Relay	54
55	12 & Under 200 Yard Backstroke	56
57	8 & Under 25 Yard Backstroke	58
59	10 & Under 100 Yard Backstroke	60
61	11-12 100 Yard Backstroke	62
63	8 & Under 50 Yard Freestyle	64
65	9-10 50 Yard Freestyle	66
67	11-12 50 Yard Freestyle	68
69	12 & Under 200 Yard Breaststroke	70
71	8 & Under 25 Yard Breaststroke	72
73	10 & Under 100 Yard Breaststroke	74
75	11-12 100 Yard Breaststroke	76
77	8 & Under 50 yard Butterfly	78
79	9-10 50 Yard Butterfly	80
81	11-12 50 Yard Butterfly	82
83	10 & Under 200 Yard Freestyle	84
85	11-12 200 Yard Freestyle	86
Girls	Sunday PM 13 & Over Timed Finals	Boys
87	13 & Over 200 Yard Freestyle Relay	88
89	13 & Over 200 Yard Backstroke	90
91	13 & Over 50 Yard Freestyle	92
93	13 & Over 200 Yard Breaststroke	94
95	13 & Over 100 Yard Butterfly	96
97	13 & Over 200 Yard Freestyle	98
99	13 & Over 500 Yard Freestyle	100