

**TSA 2024 Voorhees-Maxfield
Long Course Invitational
April 26-28, 2024**

Order of Events

Session 1: Friday Warm-up: 1:30pm Meet Start: 2:30pm

Girls	Event	Boys
1	13 & Over Mixed 1500 Free	1

***Swimmers must provide their own timers and counter for the 1500 Free**

Session 2: Friday Warm-up: 4:30pm Meet Start: 5:30pm

Girls	Event	Boys
3	13 & Over Mixed 200 IM	3
5	10-12 Mixed 400 Free	5
7	13 & Over Mixed 50 Free	7

Session 3: Saturday Warm-up: 7:00am Meet Start 8:00am

Girls	Event	Boys
9	12 & Under Mixed 100 Free	9
11	12 & Under Mixed 50 Breast	11
13	12 & Under Mixed 100 Fly	13
15	12 & Under Mixed 50 Back	15
17	12 & Under Mixed 200 IM	17

Session 4: Saturday Warm-up: Not before 12:00pm Meet Start: Not before 1:00pm

Girls	Event	Boys
19	13 & Over Mixed 200 Free	19
21	13 & Over Mixed 100 Back	21
23	13 & Over Mixed 200 Fly	23
25	13 & Over Mixed 100 Breast	25
10 Minute Break		
27	13 & Over Mixed 400 IM	27

***Swimmers must provide their own timers for the 400 IM**

Session 5: Sunday Warm-up: 7:00am Meet Start: 8:00am

Girls	Event	Boys
29	12 & Under Mixed 50 Free	29
31	12 & Under Mixed 100 Breast	31
33	12 & Under Mixed 50 Fly	33
35	12 & Under Mixed 100 Back	35
37	12 & Under Mixed 200 Free	37

Session 6: Sunday Warm-up: Not before 12:00pm Meet Start: Not before 1:00pm

Girls	Event	Boys
39	13 & Over Mixed 100 Free	39
41	13 & Over Mixed 200 Breast	41
43	13 & Over Mixed 100 Fly	43
45	13 & Over Mixed 200 Back	45
10 Minute Break		
47	13 & Over Mixed 400 Free	47

***Swimmers must provide their own timers for the 400 Free**

MEET HOST: Topeka Swim Association

MEET TYPE: Mixed Age Group and Open Timed Finals Meet; 8 & Under, 9-10, 11-12, and 13 & Over age groups. All age groups and genders in a session will be swum together as a 12 and Under or 13 and Over event, as appropriate, where indicated in the Order of Events, but separated for awards.

SANCTION: Held under the sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc. Sanction number MV-24-39.

LOCATION: Capitol Federal Natatorium, 530 Tuffy Kellogg Drive, Topeka, KS, 66606

ADMISSION: \$5.00 per session, or \$10 for the weekend. Officials and volunteers will not be charged.

COURSE: The competition pool is 50 meters x 25 yards with moveable bulkhead, 8 feet wide lanes, KDI Paragon Long Reach Competitor starting blocks, Keifer non-turbulent lane lines and Colorado Timing system, with graphics scoreboard. A four-lane 25-yard warm-up pool is available. Water depth is 13 feet at the east end of the course and 5 feet at the west end of the course. The competition course has been certified in accordance with 104.2.2C(4). A copy of this certification is on file with USA Swimming.

OFFICIALS:

Meet Director:	Aaron Strother		
Entries Chair:	Erin Appuhn		entries@swimtsa.com
Meet Referee:	Nikki Meier	(785) 554-9020	kteachoftheyear1@gmail.com
Admin Official:	Stacey Holzwarth	(816) 682-2033	earlybirder1@msn.com

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 (“MAAPP 2.0”), and Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy 2.0 (“MAAPP 2.0”), and that they understand that compliance with the MAAPP 2.0 policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. Flyover starts may be used to ensure that meet sessions are completed in a timely manner. The “no recall” start procedure rule will be in effect. Coaches must be 2024 USA Swimming Coach Members and be able to provide evidence, acceptable to the Meet Referee, they have all current requirements for their coach membership.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Medical supervision for this event will include lifeguards and access to an AED device.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Deck changes are prohibited.

ELIGIBILITY: Swimmers must be registered USA Swimming Athletes for 2024. Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet. Swimmer’s age on the first day of the meet determines age for the entire meet.

STARTING TIMES:

Session	Age Groups	Warm-Ups	Meet Start
1 – Friday 1500	13 & Over	1:30pm	2:30pm
2 – Friday PM	All Age Groups	4:30-5:20pm	5:30pm
3 – Saturday AM	12 & Under	7:00-7:50am	8:00am
4 – Saturday PM	13 & Over	Not before 12:00pm	Not before 1:00pm
5 – Sunday AM	12 & Under	7:00-7:50am	8:00am
6 – Sunday PM	13 & Over	Not before 12:00pm	Not before 1:00pm

WARM-UPS: Warm-up sessions may be split at the discretion of the Meet Referee. Teams will be notified of warm up schedule by Wednesday, April 24. A warm-up schedule will be posted at the pool.

During general warm-ups, the following MVS safety rules will apply:

1. All lanes general warm-up only;
2. Circle swimming only;
3. Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for the session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.
4. At any time during general warm-ups, the coach of a team in control of any lane may convert the team's lane to a sprint lane by:
 - a. Removing all swimmers in that lane from the water.
 - b. Informing coaches in adjacent lanes.
 - c. Informing the safety marshal.
 - d. Following all guidelines for sprint lanes.

ENTRIES:

1. Entries should be submitted in Hy-tek format by e-mail. All entries must include each swimmer's 2024 USA Swimming registration number. The number of swimmers for this meet will be limited to ensure the timely completion of sessions and maintain compliance with the governmental and facility protocols. As a result, it is possible that some entries received prior to the entry deadline may NOT be entered in the meet. Topeka Swim Association has the sole discretion to determine which entries to accept. In exercising this discretion, Topeka Swim Association will consider: when entries are received, number of officials provided by team, balance of age groups and gender by entries, level of competition and geographic location. The Administrative Official and Meet Referee will

make the final determination on accepting and/or limiting entries. Teams will be notified as soon as possible if their swimmers are not entered in the meet.

2. Swimmers may enter a maximum of 4 events per day.
3. All times should be entered in long course meter times, and “No-time” entries will be allowed.
4. All events will be Mixed Gender events combining both women & men and will be swum fastest to slowest.
5. For the 1500 Free, Swimmers must provide their own timers & counter.
6. The 13&Over 400 IM and Free will be swum fastest to slowest. Swimmers must provide their own timers.
7. Any combination of events may be limited to ensure the timely completion of a session. Coaches will be notified by email which swimmers are affected by limits prior to meet.
8. TSA reserves the right to swim any TSA swimmer regardless of entry time.

ENTRY DEADLINE: Entries will not be accepted prior to Saturday, March 9, 2024.

Entry deadline is 8:00pm Sunday, April 21, 2024.

Entries will be prioritized by time of receipt. This meet may fill up early, so meet entries submitted by the deadline will not be guaranteed a spot in the meet. All entries must also include the coach's name and the name and phone number of the team's entries chairperson. Psych sheets for limited events will be emailed to coaches no later than Thursday, April 25, 2024. Those swimmers not making the cut may select a substitute event provided the coach submits notice by e-mail to the entry chair sent not later than 12:00 pm CDT on April 25, 2024. There will not be a late fee assessed for this substitute event.

Send Entries to: Erin Appuhn entries@swimtsa.com

Mail Entry Fees to: TSA, PO Box 3755, Topeka, KS 66604

ENTRY FEES & DECK ENTRIES: Individual events are **\$7.00 per event**. Late and deck entry fees are \$12.00 per Individual Event and will be accepted only if there are open lanes in existing heats. **There will be a \$10.00 per athlete facility surcharge**. New heats will be created only with the approval of the Meet Referee and Administrative Official. Deck entries must be received a minimum of 45-minutes prior to the start of the session. Deck entries are only available to athletes already entered in the meet and will not be accepted without payment to the Entries Chair.

SEEDING: With the exception of the 400 Free, 1500 Free, and 400 IM, the meet will be pre-seeded by Hy-Tek Meet Manager. All seeding will be mixed gender, fastest to slowest. The 1500 Free, 400 IM, and 400 Free will be deck seeded fastest to slowest

POSITIVE CHECK-IN:

13&Over 1500 Free	by the start of the session	1 warm-ups	1:30pm, Friday, April 26
10-12 400 Free	by the start of the session	2 warm-ups	4:30pm, Friday, April 26
13&Over 400 IM	by the end of the session	4 warm-ups	TBA, Saturday, April 27
13&Over 400 Free	by the end of the session	6 warm-ups	TBA, Sunday, April 28

A swimmer who fails to provide a positive check-in for their event may be scratched from the event at the discretion of the Meet Referee.

SCRATCHES: Scratch deadlines will be announced prior to the meet.

AWARDS: Ribbons will be awarded for 1st through 8th place in each age group. 12&Under events will be swum together and separated for awards into 10&Under and 11-12 by gender. 13&Over events will be swum together and separated for awards into 13-14 and 15&Over groups by gender.

HEAT SHEETS: Meet program files will be sent to the participating coaches for dissemination to their membership by Thursday, April 25, 2024. Programs will not be available at the venue. The meet will be available on Meet Mobile.

FINAL RESULTS: A copy of the results will be sent to all teams. Final results will be posted on the Missouri Valley website and may include the swimmer's name, age, times.

TIMERS & JUDGES: Topeka Swim Association welcomes any visiting officials who would like to officiate. Any interested person should contact the Meet Referee. Any visitors wishing to assist as timers during the various sessions of the meet should contact the Meet Director. All Officials must be 2024 registered members of USA Swimming and shall be currently certified.

CONCESSIONS: Concessions will not be available during the meet.

SPORTSWEAR: Aquatic accessories will be available to purchase during the meet.

DIRECTIONS: From I-70 take the MacVicar Exit. Go south on MacVicar to 6th Ave. and turn right (west). Take 6th Ave. about ¼ mile and turn right on Center Dr. The pool is on the corner of 6th and Center Drive.