



LYLE NOORDHOEK INVITATIONAL

February 1, 2025

Hosted by: The Hays Hurricanes



Meet Sanction No.: MV 25-12

Hays Hurricanes reserves the right to amend any information contained in this packet. We will send updated Meet Information to coaches and MV Swim

SANCTION Held under the Chisholm Trail League Blanket sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc.

Meet Sanction No.: MV 25-12

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

LOCATION FHSU Pool
Fort Hays State University
Cunningham Hall
Hays, Kansas 67601

ENTRIES CHAIR	Jill Dixson	jdixson14@gmail.com
REFEREE	Jaе Davis	jae.lynn.davis@gmail.com
ADMIN OFFICIAL	Jill Dixson	kwilliams259@cox.net
MEET DIRECTOR	Gayly Conard	quiltmama2@gmail.com

COURSE SCY (Short Course Yards)

POOL 25 YARD, 8-lane indoor pool. All events will start from the starting blocks at the east end of the pool. Colorado Timing System with touchpads will be used on all events finishing at the start end of the pool. All 25-yard events will finish at the turn end and will use stopwatches. In-water starts are required from the turn end of the pool (relays). The pool is 4' deep at the start end and 4' feet deep at the turn end. The competition course has not been certified in accordance with 104.2.2C(4). The meet host will ensure the required course dimensions.

STARTS Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

MEET FORMAT This will be a timed finals meet for age group and senior swimmers. Electronic starts and no recall rule will be used. No time trials will be offered.

SCHEDULE 8:00 a.m. Scratches begin
8:00 a.m. Warm-up #1
8:20 a.m. Warm up #2
8:45 a.m. Scratches close
8:45 a.m. Coaches Meeting
9:00 a.m. Meet starts

COACHES Current 2024 USA Swimming membership is required for coaches to be on deck.

SAFETY Certified lifeguards will be on duty. There is an AED at the facility. First Aid medical staff will also be available if needed during the meet.

ELIGIBILITY No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.

- All athletes must be 2025 registered athlete members of USA Swimming.
- Athletes over the age of 18 must have fully completed USA Swimming's Athlete Protection Training to be eligible to swim in the meet.
- Age on the first day of the meet, February 1, 2025 shall determine the swimmer's age for the entire meet. o Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet.
- Those not registered or found to be invalid will not be allowed to swim in the meet.
- Clubs will be fined \$100 for every unregistered swimmer entering and competing in a Missouri Valley competition.
- The deadline for registering a swimmer is the start of warmups on the first day of the meet.
- Final Results will be posted on the Missouri Valley Website and may include the swimmer's name, age and times.

DISABLED SWIMMERS

Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible to notifying the session referee of any disability prior to the competition.

FEES Payments must be received by **DATE OF MEET**. Checks should be made to Hays Hurricanes. Entry fees and surcharges are as follows

Per-Athlete Facility Fee	\$5		
Individual Entries	\$5	Individual Deck Entries	\$10
Relay Entries	\$10	Deck Relay Entries	\$20

ENTRIES **Deadline** for receipt of entries is Monday, January 27, 2025 at 5:00 PM. Email all entries to Jill Dixson at jdixson14@gmail.com.

Format & Submission. Entries must be submitted using actual best short course yard times using Hy-Tek Team Manager compatible files.

No Time (NT) Entries will be accepted for events in which a swimmer does not have a time of record.

PLEASE NOTE The meet will be paced at the discretion of the Meet Referee. Breaks are already built into the event roster. No other breaks will be given, so please consider each athletes' individual and relay events entries accordingly.

Event Limit. Swimmers may enter a maximum of six (6) individual events total, including relays.

Relays. Relays can be mixed gender, which means two boys and two girls, based on event description and age. Entries with any other combination of male/female athletes will not be entered and, if swum, will not receive a certified time.

Deck Entries are permitted and will be accepted in the order received to the extent that open lanes are available. An athlete may be deck entered into an event provided that:

- They are a USA Swimming registered athlete and can prove it.
- They are already entered into the meet.
- They have not exceeded the maximum entry limit for the day
- No additional heats are added as a result of the deck entry.

SEEDING The meet will be deck seeded 30 minutes prior to meet start, fastest to slowest, using best 25-yard times, followed by no-times. At the Meet Ref's discretion, and depending on the number of entries received, the meet may be seeded using only 4 or 6 lanes, instead of 8, to allow for comfortable meet pacing.

CHECK-IN Swimmers are considered checked in for their events when their entries are received.

SCRATCHES Scratches are due 30 minutes prior to the start of the meet.

WARMUPS Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm up portion of the meet. Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

Assignments. Warmup lane assignments will be made based on squad size and emailed to squad contacts before the meet and posted/announced at the meet.

AWARDS Ribbons will be awarded to 1st through 6th place for individual events and relays. Boys and girls events will be placed separately, according to the following age groups

- 8 & Under
- 9-10
- 11-12
- 13-14
- 15 & Over

Heat winners will receive an award.

Each squad shall designate one representative to pick up awards from the Meet Director after the swim meet. Please pick up your squad's awards at the conclusion of the meet. If awards are not complete by the end of the meet they will be mailed.

SCORING No team or individual scores will be kept.

TIMERS Each participating squad will be required to provide timers during the meet.

OFFICIALS Each participating squad is required to provide certified stroke and turn judges or apprentice (in-training) stroke and turn judge. An officials' briefing will be held 1 hour prior to meet start, and all officials and officials-in-training should plan to attend. Current 2024 USA Swimming membership is required for coaches to be on deck.

RESULTS Final Results will be posted on the Missouri Valley and may include the swimmer's name, age, times and USA Swimming number.

CONCESSION There will be a concession stand with drinks and limited food choices.

SAFE SPORT

COMPLIANCE All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Policy 2.0 ("MAAPP 2.0") and that they understand that compliance with MAAPP 2.0 is a condition of participation in the conduct of this competition.

The following USA Swimming rules are in place at our facility and at the meet for the protection of our swimmers. We believe swimmers are kept safe when parents, spectators, coaches, and officials are educated and have an active role in keeping our swimmers and venue safe.

If you witness any of the following prohibited behaviors, please alert an official, a Meet Director, or the Meet Referee immediately. ***Remember, if you see or hear something, say something!***

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck Changes are prohibited o Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior approval by the Vice President of Program Operations.
- No cameras (including cell phone cameras) or other recording devices are allowed behind the blocks at any time. If you see someone taking video or photos behind the blocks, please inform an official.
- Bullying and taunting are prohibited at all times, and good sportsmanship is expected at all times.
- Rubdowns or massages not performed by a licensed and credentialed massage therapist are prohibited.
- Athletes are not allowed to sit on the lap of any coach or other non-athlete member who is not part of their family.

ORDER OF EVENTS	
1	Mixed 12 & Under 100Y Freestyle Relay
2	Mixed 13 & Over 200 Freestyle Relay
	10 MIN BREAK
3	50 Y Freestyle
4	8 & Under 25 Y Backstroke
5	12 & Under 50 Backstroke
6	OPEN 100 Y Backstroke
	5 MIN BREAK
7	200 Y Freestyle
8	8 & Under 25 Y Breaststroke
9	12 & Under 50 Breaststroke
10	OPEN 100 Y Breaststroke
	5 MIN BREAK
11	OPEN 100 Y Freestyle
12	8 & Under 25 Y Butterfly
13	12 & Under 50 Y Butterfly
14	OPEN 100 Y Butterfly
	5 MIN BREAK
15	8 & Under 25 Y Freestyle
16	12 & Under 100 Y IM
17	11 & Over 200 Y IM
	10 MIN BREAK
18	12 & Under 100 Y Medley Relay
19	13 & Over 200 Y Medley Relay

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