



Aqua Pups Warmup Meet Thursday, June 12, 2025

SANCTION:

Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc.,
Sanction Number: MV-25-48

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

LOCATION & FACILITY:

McPherson Water Park
511 N. Lakeside Dr.
McPherson, KS 67460

50 Meter, 8 lanes, non-turbulent lanes, with turn end varying from 4'-6" to 5'-0" deep and starting end varying from 4'-9" to 5'-0" deep. Timing shall be the semi-automatic Dolphin Wireless Timing System operated by two (2) individual lane timers, each operating a dolphin timing system started by the starter and stopped by lane timer, the system shall be backed up by manual stopwatches that are started and stopped by the timer. The competition course has not been certified in accordance with 104.2.2C(4). The copy of this certification is on file with USA Swimming.

Medical Statement: Facility has AED and standard first aid kits on site.

Meet Referee: Kevin Rogg	620-474-9268	roggkevin@gmail.com
Admin. Official: Kyle Williams	620-755-8233	macaquapups@gmail.com
Meet Director: Natasha Frank	316-200-2223	macaquapups@gmail.com
Entries Chair:	620-755-8233	macaquapups@gmail.com

QUALIFICATIONS:

- All athletes must be **2025** registered athlete members of USA Swimming.
- Athletes over the age of 18 must have fully completed USA Swimming's Athlete Protection Training to be eligible to swim in the meet.
- Age of swimmer on the day of the meet, shall determine the swimmer's age for the entire meet.
- Registration and validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.
- Clubs will be fined \$100 for every unregistered swimmer entering and competing in a Missouri Valley competition. The deadline for registering a swimmer is the start of warmups on the first day of the meet.
- Final Results will be posted on the Missouri Valley Website and may include the swimmer's name, age and times.

ENTRIES:

Entry Deadlines:

Entries due: Sunday, June 8, 2025 by 9:00 PM.
Email entries to macaquapups@gmail.com

Entries must be submitted using actual best LCM time achieved using Hy-Tek Team Manager compatible files. NT entries are accepted.

Swimmers may enter a maximum of five (5) individual events and two (2) relay per session with a maximum of seven (7) individual events for the meet.

Entries will be accepted in the order received. No teams will be split.

Maximum number of entries may be limited to 250 swimmers to ensure a manageable timeline.

Registration and Validity of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered or found to be invalid will not be allowed to swim in the meet.

Deck Entries are permitted and will be accepted in the order received to the extent that open lanes are available. No additional heats will be added. Deck Entries are \$0 for individuals and \$0 for relay events, due at the time of entry submission. An athlete may be deck entered into an event provided that:

- They are a USA Swimming registered athlete and can prove it.
- They have already entered the meet.
- They have not exceeded the maximum entry limit for the day.
- No additional heats are added as a result of the deck entry.

Disabled Swimmers: Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Fees: Payments must be received by date of meet and/or arrangements made prior. Checks should be made to McPherson Swim Club.

- Individual Entries: \$0.00
- Relay Entries: \$0.00
- Deck Entries: \$0.00 Individual/ \$0.00 Relay
- Athlete Surcharge: \$15.00

MEET INFORMATION:

Course: Long Course Meters (LCM) start time is **6:15 PM**

- **Seeding:** All seeding will be fastest to slowest.
 - There will be no clerk of the course
- Mixed Age Group and Open Timed Finals Meet; 8 & Under, 9-10, 11-12, 13-14, and 15 & Over age groups. All age groups and genders in a session will be swam together, but separated for awards.
- The 400 freestyle will be limited to the fastest 24 women and men. Swimmers must provide their own timers and counters.
- **Scratches:** Scratch deadline must be submitted within 15 minutes of your team's warm up times.

Scoring & Awards:

- Top three (3) finishers in relay events
- Top six (6) finishers in all individual age group events, for both female & male
- Age Groups will include 8 & Under, 9 & 10, 11 & 12, 13 & 14, and 15 & Over

WARM-UPS:

The host team reserves the right to adjust warm-up times based on the session entries. Lane assignments and warm-up times for individual clubs, as well as any changes to the warm-up schedule and lane assignments, will be emailed to the team contact person no later than day before meet..

Swimmers without a coach at the meet must check in with the hosting team and be assigned to a team or coach during the warm-up portion of the meet.

Warm-Up Guidelines:

- Swimmers may not dive into the pool during general warm-up.
- Swimmers must enter the pool by stepping in feet first or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee.
- Swimmers may dive during designated sprint warm-up.
- Warm-Up Schedule: 5:00-5:20 PM & 5:20-5:40 PM.

RULES:

All requirements of USA Swimming Corporate Bylaw 2.6 shall be met.

Coaches: Current (**2025**) USA Swimming membership is required for coaches to be on deck. Coaches must be current with all safety certifications and background check requirements. At the request of the Meet Referee or special designee, coaches and officials must present their USA Swimming credentials. Persons without a valid USAS Coach Membership will not be allowed access to the deck area and will not be allowed to participate in any coaching capacity.

Officials: A current (**2025**) USA Swimming membership is required for all working officials. Officials also must

be current with all certifications and background check requirements. MSC welcomes certified officials and shadowing officials from all teams to officiate or complete official shadow sessions at this meet. There is no need for officials who plan to officiate at the meet to contact MSC prior to the meet, unless they want to shadow Administrative Officials. In that case, please contact macaquapups@gmail.com to inquire about availability and make arrangements. Officials and shadows should check in for the Official Stroke & Turn Briefing prior to each session.

(2025) USA Swimming and Missouri Valley Rules & Regulations will govern the meet. MVS safety guidelines and warm-up procedures will be in effect. Only coaches registered with USA Swimming will be allowed to participate in any coaching capacity. All coaches and deck officials should have their cards visible at all times while on deck. Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm-up portion of the meet.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy 2.0 ("MAAPP 2.0") will govern this meet.

SAFE SPORT COMPLIANCE:

All adult participants participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Policy 2.0 ("MAAPP 2.0") and that they understand that compliance with MAAPP 2.0 is a condition of participation in the conduct of this competition.

The following USA Swimming rules are in place at our facility and at the meet for the protection of our swimmers. We believe swimmers are kept safe when parents, spectators, coaches, and officials are educated and have an active role in keeping our swimmers and venue safe. If you witness any of the following prohibited behaviors, please alert an official, a Meet Director, or the Meet Referee immediately.

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
- Deck Changes are prohibited.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas, and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior approval by the Vice President of Program Operations.
- No cameras (including cell phone cameras) or other recording devices are allowed behind the blocks at any time. If you see someone taking video or photos behind the blocks, please inform an official.
- Bullying and taunting are prohibited at all times, and good sportsmanship is expected at all times.
- Rubdowns or massages not performed by a licensed and credentialed massage therapist are prohibited.
- Athletes are not allowed to sit on the lap of any coach or other non-athlete member who is not part of their family.

Remember, if you see or hear something, say something!

GENERAL INFORMATION:

Heat Sheets:

Meet program is included in facility charge and one per swimmer will be available. You may receive it from your coach on the day of meet. Barring any technical issues the meet will be available on Meet Mobile.

Concessions:

WILL be available and put on by the water park with help from the aquapups.

Seating:

Chairs, umbrellas, towels, blankets, coolers or other items utilized in a typical crash area will be permitted inside the fenced area. Tents, w\ exception to those used by the McPherson Swim Club, and glass bottles are NOT permitted inside the fenced area.

Thursday June 12th Evening Meets:

- 1 Mixed OPEN 200 Free
- 2 Mixed OPEN 200 Free Relay
- 3 Mixed OPEN 50 Free
- 4 Mixed OPEN 200 Back
- 5 Mixed OPEN 200 Breast
- 6 Mixed OPEN 200 Fly
- 7 Mixed OPEN 50 Back
- 8 Mixed OPEN 100 Back
- 9 Mixed OPEN 50 Fly
- 10 Mixed OPEN 100 Fly
- 11 Mixed OPEN 200 Med. Relay
- 12 Mixed OPEN 100 Freestyle
- 13 Mixed OPEN 50 Breast
- 14 Mixed OPEN 100 Breast
- 15 Mixed OPEN 200 IM
- 16 Mixed OPEN 400 Freestyle