Meet Sheet


Location: Any Participating Club’s Pool

Deadline: Results must be entered into SwimTopia by midnight on August 31st.

Sponsored by: The Junipero Serra Swim League

Website: http://jssl.org

Meet Director: Tim Dietrich, meetdirector@laurelwooddolphins.com

About: The meet is closed (JSSL teams only). All competition is held at the participating club pools, via intrasquad or intersquad competition.

The results of all local Virtual Meet competitions will be consolidated into one Results Meet with teams, individuals, and virtually-assembled relays ranked and scored based on their virtual results.

Requirements: Competition must be run in any JSSL club’s 25-yard pool.

Eligibility: Standard Eligibility Requirements for any JSSL Dual Meet apply.

Competition Procedures and Operations

Competition: Teams may swim as a time trial, an intra-squad competition (within their own team) or an inter-squad competition (two or more JSSL teams). The competition must be held within the timeframe of the virtual meet contested period.

Rules: The meet must follow the Rules that govern JSSL Competitions.

Officiating: It will be each individual club’s responsibility to staff or not staff officials to observe competitions. Since the results of the 2020 Quarantine Cup are not applicable to JSSL Records, nor a JSSL Championship, all times will be considered unofficial at the League Level. Teams deciding to track times at the team level (for example Team Records) may staff officials at their own discretion.

Events: Teams may swim any desired schedule of events in a 25-Yard Pool. However, only the Virtual Meet age groups and strokes/distances (see Appendix A.1) will qualify for inclusion in the Virtual competition.

Event Limit: There are no entry limits. A swimmer may record a time for all eligible events by age and gender.
Timing: Teams may record times in any means and at their own discretion. There is no requirements for electronic or 3 averaged times per swim. Since the results of the 2020 Quarantine Cup are not applicable to JSSL Records, nor a JSSL Championship, all times will be considered unofficial at the League Level. Teams deciding to track times at the team level (for example Team Records) may staff timers at their own discretion.

Meets can also be run via Meet Maestro so results are automatically compiled into the Quarantine Cup. (see Appendix B for more information)

Fees: There are no fees associated with this event.

Submission Information

Procedure: Results must be submitted via each team’s SwimTopia website and the Meet “2020 JSSL Quarantine Cup” which should already be configured in your account. Coaches, MDMs, or any volunteer with the correct permissions may manually edit the results of the meet at your convience, prior to the results deadline.

You can follow the procedures documented by SwimTopia: https://help.swimtopia.com/hc/en-us/articles/205048859-Meet-Results-Manually-Entering-and-Editing-

You may enter times at any point during the competition window. Times may also be updated at any time during the competition window.

Results should be carefully reviewed for accuracy before the closing of the submission date on August 31st. No corrections will be permitted after the results deadline. All erroneous times or obviously incorrect times will be eliminated from consideration. Please ensure all result times are accurate and/or corrected.

Meets can also be run via Meet Maestro so results are automatically compiled into the Quarantine Cup. (see Appendix B for more information)

Awards and Recognition

Scoring: When all meet results are consolidated, scoring will follow the JSSL Championship scoring rules:

Individual event scoring: 9, 7, 5, 3, 2, 1
Relay event scoring: 9, 7, 5, 3, 2, 1

Awards: No awards will be issued.

League Records: Physical times and virtual times recorded as part of this Virtual Meet are not eligible to break JSSL League Records.

Team Records: It is at the discretion of each participating club to honor their own Team Records.
Appendix A

1. VIRTUAL MEET RECOGNIZED AGE-GROUPS, STOKES AND DISTANCES

Events listed in this section are events that are expected to be physically swum by each competitor that wishes to have a result in the Virtual Meet. Times must be acquired during the Virtual Meet competition period.

#1 Boys 6 & Under 25 Yard Butterfly
#2 Girls 6 & Under 25 Yard Butterfly
#3 Boys 7-8 25 Yard Butterfly
#4 Girls 7-8 25 Yard Butterfly
#5 Boys 9-10 25 Yard Butterfly
#6 Girls 9-10 25 Yard Butterfly
#7 Boys 11-12 25 Yard Butterfly
#8 Girls 11-12 25 Yard Butterfly
#9 Boys 13-14 25 Yard Butterfly
#10 Girls 13-14 25 Yard Butterfly
#11 Men 15-18 25 Yard Butterfly
#12 Women 15-18 25 Yard Butterfly

#13 Boys 6 & Under 25 Yard Backstroke
#14 Girls 6 & Under 25 Yard Backstroke
#15 Boys 7-8 25 Yard Backstroke
#16 Girls 7-8 25 Yard Backstroke
#17 Boys 9-10 25 Yard Backstroke
#18 Girls 9-10 25 Yard Backstroke
#19 Boys 11-12 25 Yard Backstroke
#20 Girls 11-12 25 Yard Backstroke
#21 Boys 13-14 25 Yard Backstroke
#22 Girls 13-14 25 Yard Backstroke
#23 Men 15-18 50 Yard Backstroke
#24 Women 15-18 50 Yard Backstroke

#25 Boys 6 & Under 25 Yard Breaststroke
#26 Girls 6 & Under 25 Yard Breaststroke
#27 Boys 7-8 25 Yard Breaststroke
#28 Girls 7-8 25 Yard Breaststroke
#29 Boys 9-10 25 Yard Breaststroke
#30 Girls 9-10 25 Yard Breaststroke
#31 Boys 11-12 50 Yard Breaststroke
#32 Girls 11-12 50 Yard Breaststroke
#33 Boys 13-14 50 Yard Breaststroke
#34 Girls 13-14 50 Yard Breaststroke
#35 Men 15-18 50 Yard Breaststroke
#36 Women 15-18 50 Yard Breaststroke

#37 Boys 6 & Under 100 Yard Individual Medley
#38 Girls 6 & Under 100 Yard Individual Medley
#39 Boys 7-8 100 Yard Individual Medley
#40 Girls 7-8 100 Yard Individual Medley
#41 Boys 9-10 100 Yard Individual Medley
#42 Girls 9-10 100 Yard Individual Medley
#43 Boys 11-12 100 Yard Individual Medley
#44 Girls 11-12 100 Yard Individual Medley
#45 Boys 13-14 100 Yard Individual Medley
#46 Girls 13-14 100 Yard Individual Medley
#47 Men 15-18 100 Yard Individual Medley
#48 Women 15-18 100 Yard Individual Medley

* The following are Bonus Events that are not part of a traditional Dual Meet event list, but are included as some JSSL meets do swim the 100IM as a bonus event. Results from these events will not be scored.

#49 Boys 6 & Under 100 Yard Individual Medley
#50 Girls 6 & Under 100 Yard Individual Medley
#51 Boys 7-8 100 Yard Individual Medley
#52 Girls 7-8 100 Yard Individual Medley
#53 Boys 9-10 100 Yard Individual Medley
#54 Girls 9-10 100 Yard Individual Medley
#55 Boys 11-12 100 Yard Individual Medley
#56 Girls 11-12 100 Yard Individual Medley
#57 Boys 13-14 100 Yard Individual Medley
#58 Girls 13-14 100 Yard Individual Medley
#59 Men 15-18 100 Yard Individual Medley
#60 Women 15-18 100 Yard Individual Medley
2. VIRTUALLY ASSEMBLED RESULTS

In addition to the physical swims listed above, the following relays will be virtually assembled. The virtual event list is based on the event list from the 1992 JSSL Relay Meet.

As many results as possible will be reported. Relays will assemble the top-4 fastest, or the top-fastest in each stroke for the “A” Relay, then the next top-4 fastest, or the next top-fastest in each stroke for the “B” Relay and so on and so forth until no more relays can be assembled. There is no maximum number of relays that can be created. Times used will only be pulled from the events listed in Appendix A.1. Swimmers without results or with invalid times will not be considered for virtual results.

#100 Mixed 6&U 100 Yard Butterfly Relay
#101 Mixed 7-8 100 Yard Butterfly Relay
#102 Mixed 9-10 100 Yard Butterfly Relay
#103 Mixed 11-12 200 Yard Butterfly Relay
#104 Mixed 13-14 200 Yard Butterfly Relay
#105 Mixed 15-18 200 Yard Butterfly Relay

#106 Mixed 6&U 100 Yard Backstroke Relay
#107 Mixed 7-8 100 Yard Backstroke Relay
#108 Mixed 9-10 100 Yard Backstroke Relay
#109 Mixed 11-12 200 Yard Backstroke Relay
#110 Mixed 13-14 200 Yard Backstroke Relay
#111 Mixed 15-18 200 Yard Backstroke Relay

#112 Mixed 6&U 100 Yard Breaststroke Relay
#113 Mixed 7-8 100 Yard Breaststroke Relay
#114 Mixed 9-10 100 Yard Breaststroke Relay
#115 Mixed 11-12 200 Yard Breaststroke Relay
#116 Mixed 13-14 200 Yard Breaststroke Relay
#117 Mixed 15-18 200 Yard Breaststroke Relay

#118 Mixed 6&U 100 Yard Freestyle Relay
#119 Mixed 7-8 100 Yard Freestyle Relay
#120 Mixed 9-10 200 Yard Freestyle Relay
#121 Mixed 11-12 200 Yard Freestyle Relay
#122 Mixed 13-14 200 Yard Freestyle Relay
#123 Mixed 15-18 400 Yard Freestyle Relay

#124 Mixed 6&U 100 Yard Medley Relay
#125 Mixed 7-8 100 Yard Medley Relay
#126 Mixed 9-10 100 Yard Medley Relay* 
#127 Mixed 11-12 200 Yard Medley Relay
#128 Mixed 13-14 200 Yard Medley Relay
#129 Mixed 15-18 200 Yard Medley Relay**

* The Freestyle leg of event 126 will be determined by taking submitted time for the swimmer’s 50 freestyle and dividing the time in half.

** The Freestyle leg of event 129 will be determined by taking submitted time for the swimmer’s 100 freestyle and dividing the time in half.
Appendix B

WAYS TO ENTER TIMES FOR THE QUARATINE CUP

To compile the results of the Quarantine Cup, SwimTopia will run a process called a Power Rankings Report, which runs a simulated meet -- it takes each swimmer’s fastest time for the season, enters it as a seed time, uses the seed time as the “results” time, and the scores out the “meet.”

1. EDITING TIMES IN THE SWIMTOPIA MEET

For simplicity's sake, the easiest (but more manual) process is to enter the fastest times into the Quarantine Cup meet’s “results editor,” as outlined by SwimTopia’s Help Center.

If you’ll be timing your swimmers during practice on an ad-hoc basis, it will be much simpler to make manual edits to the SwimTopia meet using the "results editor." The interface presents a table with all swimmers in an age group and an entry field for their swim events, so it’s easy to find swimmers and make bulk edits.

However, if you’d like to run a time-trials in a true meet format, complete with swim events, heats, and assigned lanes, it will be much easier to enter results through Meet Maestro.

2. RUNNING THE QUARATINE CUP IN MEET MAESTRO

With Meet Maestro, a meet is seeded and merged just like a swim meet, with a schedule of events, heats, and lanes. The interface displays the swimmers in each event by heat (or by lane, if in lane mode). So if teams would like to simulate a meet and generate some excitement and competition in a time-trials-type environment, they could create a meet in Meet Maestro.

If teams decide to run a meet on using Meet Maestro, here are some things to remember about the results:

a) When a team runs the meet in Meet Maestro, then hits "Finish and Transfer," the results will automatically be uploaded to SwimTopia, and will be used as results for the Quarantine Cup.

b) If a team goes into the existing Meet Maestro meet again, unlocks it to enter some new times or overwrite some existing times, they'd have to "Finish and Transfer" that meet again -- and 100% of the results in the SwimTopia meet will be overwritten (even those that weren't edited -- which should be alright, as they'd be re-imported).

c) If a team rebuilds a new meet in Meet Maestro (from within that same SwimTopia meet), adds only a handful of times, then hits "Finish and Transfer," 100% of the results in the SwimTopia meet will be overwritten. So kids who had results from the 1st meet but who didn't get times in the 2nd iteration (of a re-built meet) will end up with "0.00" as their time (not alright). So if a team just wants to add/update a few new times, it's better to edit the times directly in the SwimTopia meet (as in the instructions in the Help Center).

d) A team could keep their Meet Maestro meet “open” until August 31 and continue to add/edit times right up until the very end. Then on August 31, they could “Finish and Transfer” the results.
3. RUNNING ADDITIONAL MEETS FOR THE QUARANTINE CUP

Teams may run other types of meets if they like, and the results can still be used for the Quarantine Cup, so long as the results are in SwimTopia for the 2020 season.

a) If a team would like to make a whole new go of it more than once, in a meet/time trial format (with heats and lanes), they should copy the Quarantine Cup in SwimTopia to create a brand new meet, then run Meet Maestro from the new meet.

b) Since the Quarantine Cup is processed using best times for the 2020 season, teams could run as many meets as they’d like, and SwimTopia will automatically find each swimmer’s best time.

c) Technically teams can run any type or number of meets they want and enter times/results into any of those meets, and those times would be used for the Power Rankings Report, which in turn, will be used to generate the results for the Quarantine Cup.