

# CUDA CHRONICLE



## Team Picnic Night 5/19

To celebrate the end of our first week of practices, we invite all families to our Team Picnic Night on May 19th. Bring your picnic blankets, favorite snacks, or dinner and set up on the lawn next to the Tiki. If you are planning on enjoying to-go offerings or dining at Roxie's on Team Picnic night, the Mansion kindly requests your reservations in advance so we may properly prepare to exceed your expectations! We plan to have a fun GAME DAY practice and hang out with our new summer friends. We look forward to seeing you and your family there!

## Meet Schedule

- 5/31 Home v. Georgetown Theme: Cuda Spirit
- 6/7 Away v. LCC Theme: White Out
- 6/14 Away v. Hartland Theme: Blue Out
- 6/21 Home v. Signature Theme: Under the Sea (think mermaids, sea animals, luau, etc.)
- 6/28 Home v. WCC Theme: Game On (think video games, superheroes, etc.)
- 7/5 Away v. Idle Hour Theme: Yellow Out
- 7/9 Dive Conference
- 7/10-7/12 Swim Conference

If your child is UNABLE to attend a swim meet, please sign out [here](#) by selecting MEET ENTRY and CANNOT ATTEND. The coaches will assume ALL swimmers CAN attend unless they are signed out from the meet.



## Hot Dog Day 5/27

Join us for our first Saturday practice on May 27th. All team members and families will be provided a hot dog lunch. All new parents should plan to attend the New Parent Meeting on this day. We will go over all volunteer jobs at this meeting for previous members that want a refresher or want other opportunities to volunteer. You may pick up your t-shirt, caps, special order caps, personalized towels, and any K3 orders placed by May 10th.



## Practice Schedule

The practices before school are out will begin May 15 and will be Monday-Friday:

- 10 & Under Swimming: 7:00 pm to 8:00 pm
- 10 & Under Dive: 6:00 pm to 7:00 pm
- 11 & Over Swimming: 6:00 pm to 7:00 pm
- 11 & Over Dive: 7:00 pm to 8:00 pm



# Family Volunteer Requirements

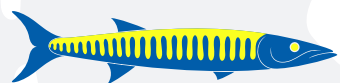
Each swim family is required to work 4 half meets (earn 4 points) during the regular swim season, which does not include Conference. Each dive family is required to work at least 2 full dual meets (earn 4 points, 1 meet = 2 points). A family with a swimmer and diver is required to earn 4 swim points AND 4 dive points. Jobs are assigned different point values, a job working for half a meet = 1 point, and working for a whole meet = 2 points.

A \$50 fine will be issued for each unearned point. For instance:

- A family earning 4 points or more is not fined at all
- A family earning 3 points is fined \$50
- A family earning 2 points is fined \$100
- A family earning 1 point is fined \$150
- A family earning 0 points is fined \$200

Conference: All families with a child swimming or diving in conference must work. As hosts of this meet for every team in our conference, there are many jobs to be done, and we need lots of help! 50% off of the victory party dinner will be given to each conference worker

To sign up for a volunteer position, click [here](#). Find the meet you would like to volunteer at, select JOB SIGNUP and select the position you would like to have.



## Important Dates

- May 13th: Last Day of Regular Registration for \$180
- Sunday, May 14th: Swimville Suit Orders Due & First Day of Late Registration for \$205
- Monday, May 15th: First Spindletop Evening Practice
- Friday, May 19th: Team Picnic Night
- Saturday, May 20th: Preview Weekend
- Tuesday, May 23rd: CKSDC Meeting, Stroke & Turn Clinic, Dive Judge Clinic
- Friday, May 26th: Last Day of School Fayette County & Scott County
- Saturday, May 27th: First Saturday Practice, Hot Dog Day, New Parent Meeting, Apparel Delivery Day
- Sunday, May 28th: Sign Out Deadline for Spindletop v. Georgetown Meet
- Monday, May 29th: Memorial Day, No Practice
- Tuesday, May 30th: Stroke & Turn Clinic, Dive Judge Clinic
- Wednesday, May 31st: Spindletop v. Georgetown

# Private Lessons

If you would like to sign up for private swim lessons with a coach, please book them [here](#). For questions about swim lessons, email Coach Riette at [swimlessons@spindletophall.org](mailto:swimlessons@spindletophall.org)

For private dive lessons, please contact Coach Jame at [jpalumbo@spindletophall.org](mailto:jpalumbo@spindletophall.org) or Coach Kyndel at [kyndalknight@gmail.com](mailto:kyndalknight@gmail.com). All lesson fees are billed to the member's account.



## Links & Key Contacts

Asha Reed, Head Swim Coach  
[areed@spindletophall.org](mailto:areed@spindletophall.org)

Jamie Palumbo, Head Dive Coach  
[jpalumbo@spindletophall.org](mailto:jpalumbo@spindletophall.org)

Russ Thomason, Parent Rep.  
[kycuda@twc.com](mailto:kycuda@twc.com)

Crystal Carty, Apparel Chair  
[crystalj@cartyville.com](mailto:crystalj@cartyville.com)

[SwimTopia FAQ](#)

[Team Store](#)

[Parent Handbook](#)

[Swim Lessons Signup](#)

[Mini Cudas Signup](#)





# Interested in Becoming More Involved with the Swim and Dive Team?

## Meet Volunteer Positions Requiring Training

### Stroke and Turn Official

- Stroke & Turn Training May 23rd at 7 pm at the Spindletop Mansion
- Makeup Stroke & Turn Training - Virtual on May 30th
- Must redo certification every 2 years
- USA and KHSAA-certified officials do not have to do the training

### Computer Scoring

- Virtual Training hosted by Jennifer Havens, CKSDC Meet Director ([jennifer.havens@gmail.com](mailto:jennifer.havens@gmail.com))
- [https://www.dropbox.com/s/simdbp0ua1m9vpf/GMT20220525-220122\\_Recording\\_1920x1030.mp4?dl=0](https://www.dropbox.com/s/simdbp0ua1m9vpf/GMT20220525-220122_Recording_1920x1030.mp4?dl=0)

### Finish Judge

- Talk to Russ Thomason about training

### Dive Judge

- Dive Clinic May 23rd at 5:30 pm at the Spindletop Dive Well
- Makeup Dive Clinic May 30th at 5:30 pm at Hartland
- Must redo certification every 2 years
- USA and KHSAA-certified officials do not have to do the training

## Help Plan Cuda Events

Each of these positions will also count toward your volunteer point requirements, points for each position are listed.

### Donut Days (4 points)

- Pick up and deliver donuts to Spindletop at 9:30 am every Thursday following a swim meet for our Game and Donut Day (June 1st, June 8th, June 15th, June 22nd, June 29th, July 5th)

### Bring a Friend to Practice Day and Cuda Fun Day June 10th (2 points)

- Encourage athletes to bring a friend with them to practice (allowed to bring non-members and introduce them to the club and the team)
- Parents of friends encouraged to come and stay for the day
- Plan lawn games and activities for athletes to do after practice as part of a Cuda Fun Day

### Cuda Talent Show/Lost and Found Fashion Show June 24th (2 points)

- Plan our first-ever Cuda Talent Show/Lost and Found Fashion show

### Conference Prep (4 points)

- Create a conference spirit budget to purchase Cuda spirit gear for the meet (tutus, capes, temporary tattoos, sunglasses, beads, headbands, etc.)
- Create a conference snack table with nutritious snacks (fruit, vegetables, granola bars, waters, sports drinks, etc.), coordinate signups to bring snacks, and assign a parent volunteer to monitor the table
- Focus on revamping Cuda Spirit Day July 8th—> posters, tie-dye, etc.

### Victory Party July 12th (2 points)

- Focus on revamping the Victory Party to get more members involved (food, pool games, lawn games, etc.)
- Coordinate with the mansion to provide food

If you are interested in any of these positions, contact [Russ Thomason](#).

