



Frederick Summer Swim League All Star Meet July 26, 2025

The FSSL is looking forward to the All Star Meet on Saturday, July 26, 2025!

The following is the information for the meet. Please let us know if you have any questions.

1. Important Event Times

- a. Day Before (25 July 2025)
 - i. 9:00 am - Scratch Deadline (email scratches to FSSL.Swim.IT@gmail.com)
 - ii. 12:00 pm - Heat Sheets & Entry Lists Published
 - iii. 6:30 pm - Meet Setup Begins
- b. Meet Day (26 July 2026)
 - i. 6:40 am - Parking Attendant Arrival
 - ii. 7:00 am - Warm-Ups Begin
 - iii. 8:45 am - Officials' Meeting (In front of Aquatics Center Entrance)
 - iv. 9:00 am - Timers' Meeting (In front of Deep End Pool Entrance)
 - v. 9:00 am - Clerks' Meeting (Clerking Tent)
 - vi. 9:20 am - Warm-Ups End
 - vii. 9:25 am - National Anthem
 - viii. 9:30 am - Meet Start
 - ix. First Half ends: After Event 30
 - x. Clean Up will begin during the last event

2. Location

- a. Huntsinger Aquatics Center, Hood College
- b. The address is **561 Hodson Drive, Frederick, MD 21701.**

3. Pool

- a. The Huntsinger Aquatic Center pool is a 25-yard, 8-lane pool with starting blocks. The depth at the starting end is 9 feet.
- b. Swimmers may choose to use the starting blocks or enter from the side of the pool.
- c. Dive-over starts will be used for this meet.

4. Parking

- a. Swimmer drop-off is on Hodson Drive in front of Shriner Hall.
- b. Accessible parking will be in Parking Lot A.
- c. Each team will be provided with 2 labeled parking spaces in Parking Lot A.
- d. Officials will be provided with a limited number of parking spaces in Parking Lot A.
- e. All other persons may park anywhere on campus; though the largest lots are noted on the Parking Map.
- f. DO NOT park on Magnolia Avenue. This is an emergency vehicle route and lots of cars parked on the street can slow them down.

5. Entry Submission

- Entries are due by 8:00pm on Tuesday night before the meet. Entries received after the deadline are subject to late entry fees per FSSL rule VIII.2.D.
- Qualification for this meet is determined by a time standard. Swimmers may swim a maximum of 4 individual events.
- Each swimmer is required to pay an entry fee of \$5 for each individual event in which that swimmer will participate. Checks may be made payable to the FSSL and delivered to Emily Porter (FSSL Treasurer):
 - FSSL c/o Emily Porter, 6 Afton Ct, Brunswick, MD 21758.
- Please send the entries to the following personnel: Jen Parker (jparker@frederickymca.org) and Alan Miner (FSSL.Swim.IT@gmail.com).
- Scratches are due by 9:00 am on the Friday before the meet.
- FSSL IT will provide a meet backup of the seeded meet, as well as PDFs of the meet program and entry lists by 12:00pm on Friday. (See <https://fssl.swimtopia.com/allstar-meet>)
- We will not be selling programs. Feel free to provide electronic versions of the meet program to your parents. The meet will also be on Meet Mobile.

6. Team Check-In / Packet Pick-Up

- Team Packet Pick-Up will be near the clerking tent. Team packets will include programs for coaches, team volunteer badges, coach badges, and venue maps.

7. Warm-Ups

- The warm-up schedule is below. The expected meet start time is 9:30am.

Warm-Up Start	Warm-Up End	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
7:00 AM	7:20 AM	CHH	CHH	CHH	CHH	CHH	LDL	LDL	LDL
7:20 AM	7:40 AM	FCY	FCY	FCY	FCY	FCY	FCY	WRST	WRST
7:40 AM	8:00 AM	HOOD	HOOD	HOOD	HOOD	HOOD	BAR	BAR	BAR
8:00 AM	8:20 AM	WKW	WKW	WKW	WKW	WKW	WKW	VOUSH	VOUSH
8:20 AM	8:40 AM	VOUBC	VOUBC	VOUBC	VOUBC	LL	LL	LL	TR
8:40 AM	9:00 AM	RSST	RSST	RSST	RSST	DB	DB	HHCC	HHCC
9:00 AM	9:20 AM	PVYA	PVYA	RMR	RMR	SR-MD	SR-MD	1-WAY STARTS	

8. Officials

- Please have any interested officials sign up using the following link:
- https://docs.google.com/forms/d/e/1FAIpQLSf6GVY9LlxjwIqv0nicyOTYTQQJUbcEc0bg_Mvf_RclhWRWYw/viewform

9. Volunteers

- All volunteers will require a badge. Badges will be given to the head coach or team rep as part of the coaches' packet.
- Thank you for providing the following volunteers. Please note that officials signed up before 17 July 2025 have already been factored into the total number of volunteers.

Team	Required Volunteer Positions
BAR	(2) Door Clerk 1 Ea. Half, (4) Timers 2 Ea. Half, (1) Meet Cleanup
CHH	(2) Parking Attendants - <i>Arrive NLT 6:40am</i> , (2) Announcing Clerks 1 Ea. Half, (2) Gathering Clerk 1 Ea. Half, (4) Timers 2 Ea. Half, (1) Meet Cleanup
DB	(2) Timers 1 Ea. Half, (1) Ribbons 2nd Half Only, (2) Concessions 1 Ea. Half
FCY	(1) Night Before Setup, (8) Timers 4 Ea. Half
HOOD	(4) Night Before Setup, (2) Safety Marshalls 1 Ea. Half, (6) Timers 3 Ea. Half, (1) Meet Cleanup
HHCC	(2) Timers 1 Ea. Half, (1) Meet Cleanup
LDL	(2) Block Clerks 1 Ea. Half, (2) Timers 1 Ea. Half, (1) Meet Cleanup
LL	(4) Timers 2 Ea. Half, (1) Meet Cleanup
PVYA	(2) IT Assistants 1 Ea. Half
RMR	(2) Block Clerks 1 Ea. Half, (2) Concessions 1 Ea. Half
RSST	(2) Announcing Clerks 1 Ea. Half, (2) Gathering Clerks 1 Ea. Half, (6) Timers 3 Ea. Half
SR-MD	(1) Night Before Setup, (1) Head Timer 1st Half, (2) IT Assistant 1 Ea. Half
TR	(1) Heat Winner Ribbon 1st Half
VOUBC	(2) Gathering Clerk 1 Ea. Half, (4) Timers 2 Ea. Half, (2) IT Assistants 1 Ea. Half, (1) Ribbons 2nd Half Only
VOUSH	(2) Runners 1 Ea. Half, (1) Ribbons 2nd Half Only
WKW	(2) 50/50 1st Half, (2) Announcing Clerk 1 Ea. Half, (1) Head Timer 2nd Half, (6) Timers 3 Ea. Half, (2) Runners 1 Ea. Half
WRST	(2) Safety Marshall 1 Ea. Half, (1) Heat Winner Ribbon 2nd Half

10. Meetings

- a. The meetings will be at the following times and locations
 - i. **Officials - 8:45am** **Location: In Front of Aquatics Center Entrance**
 - ii. **Timers - 9:00am** **Location: In Front of Deep End Pool Entrance**
 - iii. **Clerks - 9:00am** **Location: Clerking Tent**

11. Timing

- a. Each lane will have 3 timers assigned to it. Each timer will be from a different team.
- b. We will be using Time Drops, a semi-automatic timing system, with 2 backup watches for all events.

12. Clerking

- a. Clerking will take place in the area indicated on the Area Map.
- b. All clerks must attend the clerking meeting. Individual jobs will be assigned at this meeting by the Head Clerk.

13. Team Seating

- a. All teams will be seated outside in the areas indicated on the Area Map.
- b. There will be signs directing your team to their area when they arrive.
- c. Do not place tents, chairs, or other gear in the sidewalks, on the stairs, the gazebo, or the tennis courts.
- d. **All teams are responsible for their areas throughout the day and after the meet. The "Leave No Trace" policy is in effect!**

14. Coaches

- a. Coach seating is available on the pool deck.
- b. No chairs or canopies are allowed on the deck. Coach seating will be in the bleachers.
- c. Each team will be given 2 badges to be used at their discretion for coaches that will be on-deck. **No more than 2 coaches will be allowed in the coach seating area, including junior coaches.**

15. Spectators

- a. Spectator seating is available on the pool deck. Enter through the front door of the Aquatics Center and proceed to the bleacher seating.
- b. No chairs or canopies are allowed on the deck. Spectator seating will be in the bleachers.
- c. Spectators will not be permitted beyond the roped off areas.
- d. We kindly ask that spectators return to their team areas outside once their swimmer has completed their race.

16. Special Accommodations

- a. Please advise Jen Parker (jparker@frederickymca.org) of any swimmers, families, or spectators that require special assistance or accommodations so that appropriate access badges can be issued.
- b. Any swimmers requiring accommodations should also be noted with the entry file sent to Alan Miner (FSSL.Swim.IT@gmail.com).

17. Rest Rooms

- a. All meet attendees should use the restrooms in the aquatics center.

18. T-Shirt

- a. We will have a t-shirt vendor at the meet. Shirts may be bought either at the meet or may be ordered online (but will not be shipped until 3-5 days after the meet.)
- b. <https://simaxsports.com/collections/2025-fssl-all-stars-meet>

19. Concessions/Vendors

- a. Multiple food trucks will be available for concessions at the meet:
 - i. Traveling Tom's Coffee, Pita Kings, Traditional Authentic Mexican, Kona Ice
- b. Concessions area with pre-packaged items (e.g., drinks, chips, candy) will be on-site.
 - i. We are looking for donations for concessions. Please use the sign-up genius if you are able to contribute:
 - ii. <https://www.signupgenius.com/go/20F0B45AFAA29A2F49-57546392-concessions>
- c. Simax Sports (t-shirt vendor) will be on-site for apparel sales.
- d. JOLYN will be on-site for swimsuit sales.

20. Seniors

- a. For any seniors that will be attending the meet, please fill out the following form:

- i. <https://docs.google.com/forms/d/e/1FAIpQLSeD2SBm-zu07ZfVbukxzQ01i2C965CrrYmSgc-DvLl1stwOYQ/viewform?usp=sharing&oid=101574942064771303390>
- b. There will be a fun senior relay that will randomly combine seniors from different teams and divisions into relays. This will be an unscored, untimed event and has no entry fee. Seniors can indicate in the form if they would like to participate.

If you have any questions, concerns, or need anything, please let us know.

Sincerely,

Your All Star Committee

Meet Manager: Jen Parker (FCY)

Volunteer Coordinator: Rick Babbitt (SR-MD)

Vendor Chair: Katy Courtois (WKW)

Concessions Chair: Emily Mitchell (VOUSH)

Officials Chair: Kyle Bostian (FCY)

Head AO: Alan Miner (PYVA)