

Frederick YMCA Tidal Force Meet Information (6/20/2026)

We are looking forward to hosting the **Villages of Urbana Blue Crabs** on **Saturday, June 20, 2026!**

The following is the information for the meet. Please let me know if you have any questions.

1. Location:

- a. Frederick YMCA Natelli Branch YMCA. The address is **3481 Campus Drive, Ijamsville, MD 21754.**
- b. No need to enter the Y - set-up outside to the left of the building.

2. Pool:

- a. The Natelli YMCA Pool is a 25 yard, 8-lane pool with starting blocks. The depth at the starting end is 9 feet. Swimmers may choose to use the starting blocks or enter the pool from the side.
- b. Wedges for the starting blocks are not available for use in summer league.

3. Parking:

- a. Plenty of parking is available in the Y parking lot. Please park only in marked spaces.

4. Team Seating:

- a. Both teams will be seated outside. We will direct your team to their area when they arrive.

5. Warm-Ups:

- a. Your warm-ups will be from **7:25-7:50am** with a meet start time of **8:00am**.
- b. Our lifeguarding staff has kindly requested that your youngest and/or most inexperienced swimmers warm up in Lane 1 (nearest the windows) to allow them to easily identify these swimmers during warm-ups.
- c. One door to the pool deck will be "Enter only" and the other door will be "Exit only". Swimmers are strongly recommended to have flip flops/sandals to wear onto the deck.

6. Volunteers:

- a. Thank you for providing the following volunteers:
 - i. 12 timers per half (24 total—all timers must attend the timers' meeting.)
 - ii. 3 Stroke and Turn officials per half (6 total—all officials must attend the officials' meeting)
 - iii. 2 Clerks per half (4 total—all clerks must attend the clerks' meeting)
 - iv. 1 Ribbon writer per half (2 total)
 - v. 1 IT assistant per half (2 total, not required to be an IT official)
 - vi. 1 Safety Monitor per half (2 total, will ensure safety in your team area)
- b. When you arrive at the meet, send a team rep to the FCY volunteer table. We will provide badges for your on-deck volunteers as well as a vest for your safety monitor for you to pass out. Please ensure these are returned to FCY's volunteer table at the end of the meet.
- c. For the half-time change-over:
 - i. All volunteers should remain in place until their relief arrives. Exchange of the badges should indicate that a given first-half volunteer has completed their shift.
 - ii. Clerking does not stop during half-time.

7. Meetings:

- a. The meetings will be at the following times:
 - i. **Officials - 7:25am** Location: Universal Locker Room
 - ii. **Timers - 7:40am** Location: Community Room A
 - iii. **Clerks - 7:40am** Location: Near outside door to pool

8. Timing:

- a. We will be using touchpads with 2 buttons and 1 stop watch as backup for each lane. We will use 2 buttons and 1 stopwatch for all 25 yard events.

9. Officials:

- a. Per the above, please plan on providing 3 Stroke and Turn officials per half.
- b. Please let us know if you have someone qualified to be the Meet Referee. If you do, please provide the Meet Referee. If not, we can provide the Meet Referee.
- c. We will provide the starter and 3 additional Stroke and Turn officials per half (a total of 6 S&T will be on deck per half, due to the size of our pool).

10. Clerking:

- a. The clerking area will be outside and then we will bring the kids inside. Please have clerk(s) for your team get them to the main clerking area.
- b. Please remind your kids to bring flip flops/sandals since they will be walking on the sidewalk.
- c. We do not clerk relays. Please plan on having a responsible person gather the relays and deliver them to the deck at the appropriate time.
- d. Clerking does not stop during the half-time break.

11. Spectators:

- a. Spectators will be on the balcony only. No parents on deck or the locker rooms.
- b. Parents will enter via a separate door from the outside that leads to the stairwell up to the balcony. Signs will mark the way to spectator entrance.
- c. Parents and swimmers are allowed on the balcony, at concessions, or in the lobby restrooms and locker rooms. Swimmers and parents are not permitted to access other areas of the building.

12. Rest Rooms:

- a. Spectators should use restrooms in the lobby - enter through the concession seating area.
- b. Swimmers should use the following locker rooms:
 - i. Swimmers under 18 should use the Under 18 Lockers Rooms. **No one age 18 or over will be permitted in the Under 18 Locker Rooms.**
 - ii. Swimmers 18 and over or swimmers requiring assistance changing should use the Universal Locker Room. **Minors in the Universal Locker Room must be supervised by an adult at all times.**
- c. On-deck volunteers should use the on deck universal rest room or the restrooms in the universal locker room.

13. Concessions:

- a. Concessions will be available throughout the meet. Concessions seating available inside.
- b. Concessions can be paid for via credit card or cash.

14. Entry Exchange:

- a. **Please submit your entries by 8:00pm on Thursday night.**
- b. Please send the entries to everyone copied on this email - our IT person is Nancy Pressly. We will send our entries to everyone copied on this email, as well.
- c. We will provide a meet backup of the seeded meet as well as PDFs of the meet program and entry lists by noon on Friday.
- d. We will not be selling programs so feel free to provide electronic versions of the meet program to your parents. The meet will also be on Meet Mobile.

15. Special Accommodations

- a. Please let us know if you have any swimmers that need special accommodations prior to or during their race.
- b. Please let us know if you have any swimmer family members that need handicapped access to the balcony.

If you have any concerns, questions or need anything, please let me know.

Jen Parker

FCY Team Rep

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