

May

2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 New to RHCC Swimmer Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	16 New to RHCC Swimmers Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	17 Return of all Swimmers Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	18 Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	19 No Practice	20
21	22 Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	23 Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	24 Afternoon Practice Practice Meet	25 Afternoon Practice 8 and under 4:15 – 5:00 9 – 12 5:00 – 6:00 13 and up 6:00 – 7:00	26 RHSD graduation No Practice	27
28	29 Memorial Day No Practice	30 Morning Practice 13 and up – 8:00 – 9:00 9 – 12 9:00 – 10:00 8 and Under 10:00 – 10:45	31 Morning Practice 13 and up – 8:00 – 9:00 9 – 12 9:00 – 10:00 8 and Under 10:00 – 10:45			