

Orland Otters
Otter Space Invitational 2023
Swim Meet
July 8th and 9th, 2023

Enter online at: <http://ome.swimconnection.com>

SANCTION:

Held under USA Swimming/Sierra Nevada Swimming Sanction # SNS23-66
On Saturday July 8th and Sunday July 9th, the Orland Otters will host the Otter Space Invitational.
In accordance with USA Swimming Rule (USA-S Rule) **202.4.10**, "In granting this sanction, it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE:

By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, webcasting, television, psych sheets and live meet results.

SAFE SPORT:

Pursuant to USA-S Rule **202.4.11H** use of audio or visual recording devices, including a cell phone is not permitted in changing areas, rest rooms or locker rooms.

Sierra Nevada Swimming and the **Orland Otters** Swim Team would like to further state that, "The use of audio or visual recording devices, including a cell phone, is not permitted behind the starting end of the pool at any time." The use of flash devices at the start is also prohibited.

Pursuant to USA-S Rule **202.4.11I** deck changes are prohibited.

According to **202.4.11J**, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, Coaches, Officials and/or spectators are present. **Exceptions may be granted with prior written approval by the Program & Events Committee Coordinator (or his/her designee).**

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Attention Swimmers: All adult athletes (age 18+) are required to complete and keep current their Athlete Protection Training, before they are allowed to enter the meet.

According to 202.4.11N, a lifeguard will be on duty during the entirety of the meet and an AED is available on site,

According to 102.10, there shall now be a minimum of two Marshals present, one female and one male, at all swim meets and time trials.

City of Orland Municipal pool has taken enhanced health and safety measures for all members, athletes, spectators, Coaches and Officials. You must follow all posted instructions at the City of Orland Municipal pool. City of Orland Municipal pool will follow all state, county, city, and facility guidelines regarding social distancing etc.

USA SWIMMING COVID LANGUAGE: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. By attending or participating in this competition, you voluntarily assume all risks associated with exposure to covid-19 and forever release and hold harmless usa swimming and sierra nevada swimming and each of their officers, directors, agents, employees or other representatives from any liability or claims including for personal injuries, death, disease or property losses, or any other loss, including but not limited to claims of negligence and give up any claims you may have to seek damages, whether known or unknown, foreseen or unforeseen, in connection with exposure, infection, and/or spread of covid-19 related to participation in this competition.

LOCATION: City of Orland Municipal pool 120 Roosevelt Ave Orland Ca 95963
 Orland Public Pool – Located at 120 Roosevelt Ave Orland Ca. 95963. From I-5 take the Orland/Chico exit to Highway 32, towards Chico. Turn Left onto 3rd Street and follow around the football field where the road turns onto Roosevelt Ave. The pool and covered parking will be on your right.

From Chico take Highway 32 west to Orland. Turn right on East street. Continue through the stop sign and around the baseball field. East street curves to the left and becomes Roosevelt Ave. The pool and parking are on the left.

FACILITIES: Outdoor 25-yard pool with up to 8 lanes available for competition. The dive pool will be available for warm-up/cool down throughout the competition.

CERTIFICATION: USA-S certification is not on file in accordance with USA-S Rule 104.2.2C(4). In accordance with USA-S Rule 202.4.11C, the competition course has a pool depth of 5 ft. at 3'3.5" and 5 ft. at 16' 5" at the start end. At the turn end it is 4.6 ft. at 3' 3.5" and 4.6 ft. at 16'5". The water depth of the separate warm-up lane, in accordance with USA-S Rule 202.4.11C, has a pool depth of 12ft.

RULES: **WARM-UP RULES:** The following rules apply to the warm up period before each session, and to warm-up/down during the meet:

- Swimmers shall enter the water feet first while maintaining at least one hand on the pool deck until both feet touch the water (3-point entry), except for starts, which are limited to specified lanes.
- If used, Lifeguards shall be on the pool deck during the entire warm up period.
- Up to 2 lanes can be used for pace 50's (Usually lanes 1 & 8) and up to 2 lanes for one-way sprints (Usually lanes 2 & 7).
- Specified center lanes are for circle swimming (2 lengths of the pool beginning at the starting end of the pool)
- Coaches shall stand at the starting end of the pool and verbally start swimmers for sprint or pace work.
- Swimmers are not allowed on the starting blocks when a backstroke swimmer is executing a start in the same sprint lane.
- The use of hand-paddles, kickboards, fins and other devices are not allowed during general warm-up. The use of hand-paddles at any time during which touch pads are installed is forbidden.

Swimmers that are observed being warmed-up or being started by anyone other than a registered Coach, will be removed from all events for the day.

All USA Swimming athlete members entered in the meet must be under the supervision of a USA Swimming Member Coach during warm-up, competition, and warm-down. Any swimmer without a Coach in attendance must report to the Meet Director or Meet Referee who may assist the swimmer in making arrangements for such supervision. It is the swimmer's responsibility to make such arrangements prior to the start of the meet.

The Meet Referee, Meet Director or a designee may remove a swimmer, Coach, and/or Team from the deck for violations of these rules.

All heats for all events will be **seeded fastest to slowest**. Fly over starts may be used at the discretion of the Meet Referee. If so, swimmers are reminded to stay in the water at the completion of their heats and stay close to the pool edge/wall.

Current USA-S and Sierra Nevada Swimming rules will govern the meet.

- Sierra Nevada warm-up procedures will be in effect and a copy of the procedures will be posted at the meet.
- The four-hour rule will be enforced in accordance with USA-S Rule 205.3.1F
- Swimmers are limited to a maximum of 4 events per day on Saturday and Sunday; for a total maximum of 8 events during the meet.
- All events are **SHORT COURSE YARDS** and timed finals.
- Properly registered 19-over swimmers may enter, but they will not be scored or awarded.
- In accordance with USA-S Rule 102.2.9, if a swimmer has no official time in the entered event an estimated appropriate seedtime will be accepted.
- NT (No Time) entries will not be accepted.
- Any swimmer entered in the meet must be certified by a USA Swimming Member-Coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge.
- In accordance with USA-S Rule 202.4.11D when unaccompanied by a Member-Coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

TIMES:

	Warm ups	Meet Begins
Saturday and Sunday	7:45 AM	9:00 AM

- ELIGIBILITY:** All swimmers must have a current USA Swimming Membership. The SNS Registrar will verify all swimmers' memberships prior to the meet and, if valid, will be allowed to check-in and compete. Note that SNS does not allow swimmers to register for a USA Swimming Membership at the meet.
- The Club will be fined \$100 for every entered swimmer that shows unregistered on a Registration Recon five (5) days prior to the meet. Flex members needing to upgrade to Premium will be exempt from the fine, however will need to be upgraded prior to the start of the meet to be eligible to swim.**
- According to **302.3** in the current Rulebook and in effect now — If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.
- ENTRY LIMITS & SCRATCH DOWN:** It is up to the Meet Director and Meet Referee to ensure that no sessions with swimmers 12 & Under are planned to last longer than 4 hours under USA-S Rule 205.3.1F
- The meet will be capped at **350** swimmers per session on Saturday/Sunday, or when it is estimated sessions with swimmers 12 & Under will exceed 4 hours.
 - The Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. In this case, swimmers will be given a coupon for the value of the entry fee that can be redeemed for cash or used at the snack bar. There is no refund for entering more than 4 events a session.
- ENTRY FEES:** \$5.00 per individual event for all entries plus a \$10.00 per swimmer splash fee surcharge. Entry fees are non-refundable. except in the event of a required scratch down
- ENTRIES:** **ONLINE ENTRIES:** Online entries will be accepted through **11:59 PM Thursday June 29th, 2023**.
- Enter at: <http://ome.swimconnection.com/> to receive an immediate entry confirmation of acceptance via email.
- The "Billing Info" email should be brought to the meet as proof of entry. Online entry requires payment by credit card using a secure website. Swim Connection LLC charges a processing fee for this service, equal to \$1.00 per swimmer plus 5% of the total Entry Fees.
- Please note that the processing fee is a separate fee from the Entry Fees described below. Entering online, which requires the payment of this processing fee, is completely voluntary. If you do not wish to pay the processing fee, enter the meet via US Mail. Online meet entry is not required in order to enter this meet.
- Teams who would like to enter using Hy-Tek may request an event file and send their entries by email to the Meet Director. Please contact the Meet Director to confirm there is space in the meet before emailing Team files.
- DECK ENTRIES:** There will be no deck entries for individual events for this meet. Relay entries will be due by 10:00 AM. Saturday's Relay will be the 200 Medley Relay by age group. Sunday's Relay is a 200 yard 49er Relay. Swimmers' ages need to add up to 49.
- CHECK-IN:** The meet will be Pre-Seeded so no check-in is required.
- AWARDS:** "Medals will be awarded for 1st thru 3rd place. Rosette ribbons will be awarded for 4th thru 12th place.
- Relays will be not be scored and will be awarded any ribbons or medals
- High Point seasonal individuals will be awarded to both boys and girls in the following age groups: 6 & under, 7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 & 16 and 17 & 18.
- High Point year-round individuals will be awarded to both boys and girls in the following age groups: 6 & under, 7 & 8, 9 & 10, 11 & 12, 13 & 14, 15 & 16 and 17 & 18.
- High Point Team (seasonal only): 1st 2nd and 3rd place trophies
- Awards will need to be picked up by the swimmer or Team Representative by the end of the meet on Sunday. No awards will be mailed.
- SCORING:** In accordance with USA Swimming rules for **8** lane pools: Scoring is **16-13-12-11-10-9-7-5-4-3-2-1**.
- ADMISSION:** Free.

SNACK BAR & HOSPITALITY:

The Knights of Columbus will be serving Breakfast on Saturday and Sunday. Que Bravo, our local taco truck, will be available to purchase lunch on Saturday and Sunday, Snow Cones will also be available for purchase. The Otters will also have a snack bar available Saturday and Sunday to purchase food items. Lunch and refreshments will be provided to all working Officials, Coaches and Timers currently sitting behind the lanes at the time of service.

OFFICIALS:

Meet Referee: Amber Ponciano
Head Starter: Cyndi Jacobo
Admin Official: Michelle Owen
Meet Director: Ruby Newmann & Lisa Reimers

All working Officials must have passed the background check, athlete protection training and concussion course mandated by USA Swimming, as well as the California required Mandatory Reporting: Understanding Your Responsibility. Before the beginning of the meet, the Meet Referee will verify that these conditions have been met. Please have the USA Swimming App on your phone so that you can pull up your Membership Card or have a printed copy available.

All working Officials must have passed the **background check, athlete protection training and the concussion course mandated** by USA Swimming. Before the beginning of the meet, the Meet Referee will verify that this condition has been met. All Officials must wear their Officials' credentials visibly while working on deck.

An Officials' Meeting will be held 30 minutes before the start of each session.

OFFICIAL'S DRESS:

Official attire at this meet will be white tennis shoes, white socks, white polo shirts and navy-blue pants/shorts/skirts. For wet or cold conditions, boots and parkas will be allowed.

COACHES:

All Coaches must have evidence of their USA Swimming Certification and will be required to check in with the Clerk of Course or Check-in table at the meet to show proof. Upon such proof, Coaches will receive any necessary meet paperwork and identifying mark (wrist band, etc.) of clearance that must be displayed while on deck. Coaches unable to present evidence of certification will not be allowed to coach on the Pool Deck **and the Coach and Club will each be fined \$100.**

There will be a Coaches meeting before each session begins once the pool is closed for warm-ups.

MINIMUM OFFICIALS RULE:

Each Team shall, by the entry deadline, provide to the Meet Director or designee a list of Officials who have agreed to represent their Team during the meet, in accordance with the following table:

Number of a Team's swimmers entered in meet	Number of trained and carded Officials required.
0-10	0
11-25	1
26-50	2
51-75	3
76-100	4
>100	5

One half-hour before the scheduled start of each session, the Meet Referee shall conduct an inventory of Officials, and shall compare the number of entries against the number of Officials present representing each Team. Those Teams who have not provided sufficient Officials shall have all their swimmers treated as "time-only swimmers" in all aspects of that session.

TIMERS:

TIMING: Clubs will be assigned Lanes. Timing is based on the SN Timing Policy. Number of timing chairs per Team is based on the formula – (number of swimmers on a Team in the session [divided by] total number of swimmers in the session) which is then [multiplied by] NUMBER OF timing chairs. This number will be rounded to the nearest whole number. Host Team supplies Timers in the same ratio as the visiting Teams and is responsible for filling unassigned chairs. Assignments will be sent to participating Teams. We will be using a Colorado timing system with 3 buttons and 1 stopwatch per lane. If the primary timing system fails 3 stopwatches will be used.

RESTRICTIONS:

Smoking and the use of other tobacco products are prohibited at the **Orland City Pool** facility. Anyone desiring to smoke or use other tobacco products must leave the facility to do so. The sale and use of alcoholic beverages is prohibited in all areas of the meet venue. Glass containers as well as pets are not allowed in the pool area. Personal propane heaters will not be allowed inside the facility.

12 & UNDER RESTRICTIONS:

102.8.1.F SWIMWEAR (USA Swimming Rulebook)

"No Technical Suits Shall be worn by any 12 & under USA Swimming athlete member in competition at any sanctioned, approved or observed meet

1) Exceptions for the foregoing restriction are only for Junior Nationals, U.S. Open, National Championships, and Olympic Trials.

2) A Technical Suit is one that has the following components:

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette: or
- b. Any suit with woven fabric extending past the hips.

(Note: WOVEN FABRIC – a suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC – a suit with knit fabric and sewn seams not extending below the knee is permitted.).

Schedule of Events

Saturday				Sunday			
Event #	Age Group	Event		Event #	Age Group	Event	
Session 1				Session 2			
G	B			G	B		
1	2	13-18	200 IM	39	40	13-18	100 Butterfly
3	4	11-12	100 IM	41	42	11-12	50 Butterfly
5	6	9-10	100 IM	43	44	9-10	50 Butterfly
7	8	8- Under	100 IM	45	46	8-Under	25 Butterfly
9	10	13-18	100 Free	47	48	13-18	50 Free
11	12	11-12	100 Free	49	50	11-12	50 Free
13	14	9-10	100 Free	51	52	9-10	50 Free
15	16	8-Under	25 Free	53	54	8-Under	50 Free
17	18	13-18	100 Breaststroke	55	56	13-18	200 Breaststroke
19	20	11-12	50 Breaststroke	57	58	11-12	100 Breaststroke
21	22	9-10	50 Breaststroke	59	60	9-10	100 Breaststroke
23	24	8-Under	25 Breaststroke	61	62	8-Under	50 Breaststroke
25	26	13-18	50 Backstroke	63	64	13-18	100 Backstroke
27	28	11-12	50 Backstroke	65	66	11-12	100 Backstroke
29	30	9-10	50 Backstroke	67	68	9-10	100 Backstroke
31	32	8-under	25 Backstroke	69	70	8-Under	50 Backstroke
33	34	9-10	200 Medley Relay	71	72	49er 18 & Under	200 Free Relay
35	36	11-12	200 Medley Relay	73		Coaches	100 IM
37	38	13-18	200 Medley Relay				

Summary of Events by Age Group

	8-under	9-10	11-12	13-18
Saturday	25 Breaststroke 25 Free 100 IM 25 Backstroke	50 Breaststroke 100 Free 100 IM 50 Backstroke 200 Medley Relay	50 Breaststroke 100 Free 100 IM 50 Backstroke 200 Medley Relay	100 Breaststroke 100 Free 200 IM 50 Backstroke 200 Medley Relay
Sunday	25 Butterfly 50 Free 50 Breaststroke 50 Backstroke 200 49er Free Relay	50 Butterfly 50 Free 100 Breaststroke 100 Backstroke 200 49er Free Relay	50 Butterfly 50 Free 100 Breaststroke 100 Backstroke 200 49er Free Relay	100 Butterfly 50 Free 200 Breaststroke 100 Backstroke 200 49er Free Relay

Relay events on All Days are fun relays and will not be paid events or awarded individual or Team points.

Holiday Inn Express Willows
Holiday Inn Express Corning
Best Western Rolling Hills Casino Corning
Orland Inn Orland