

Sanctioned by: SISL	DU QUOIN SPRINT CLASSIC June 28, 2025	Hosted by 
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SPONSOR/HOST	Du Quoin Swimming Indians		
MEET CONTACT	Adam Lewis	Email: alewis17@gmail.com	Phone: (618) 318-2542
WORKER CONTACT	Denise Woodsides	Email: dwoodsides74@gmail.com	Phone: (618) 318-2133
POOL CONTACT	Tomi Wright		Phone: (618) 542-8942
FACILITY	<ul style="list-style-type: none"> • The Du Quoin Sprint Classic 2025 Swim Meet will be held in Du Quoin at the Du Quoin Municipal Pool. The pool is located at 640 West Park Street in Du Quoin. • The Du Quoin pool is a 6-lane 25-meter pool. Swim starting blocks will be positioned on the east end of the pool. • To accommodate the large number of swimmers and keep the meet running smoothly, the bullpen will be located on the southeast side of the pool deck. The staging area will be off the pool deck right outside the southeast gate of the pool. • Swimmers must enter the pool deck using the southeast gate of the pool and will exit the pool deck by using the north gate. • Only the meet workers and the swimmers in their event will be allowed on the pool deck. • A team crash site will be marked for each team that is attending the meet. Please help keep the area clean by encouraging your team to use the trash can. • There will be a viewing area provided. There will be no chairs or tents allowed in the viewing area. Please keep tents and chairs off of the sidewalks and marked walking areas. 		
FACILITY RULES	<ul style="list-style-type: none"> • Please refer to the rules of the Du Quoin Municipal Pool. 		
ENTRIES	<ul style="list-style-type: none"> • Entries will be due by 11:59 pm on June 24, 2025. Please email entries using a Hy-Tek compatible file to alewis17@gmail.com 		
ENTRY LIMITS	<ul style="list-style-type: none"> • Swimmers will only be allowed to enter up to 4 events. • Swimmers are only allowed to do one event per swimming stroke. • Swimmers in the 6 & Under age group are welcome to swim 7-8 butterfly and 7-8 breaststroke, but those points will not count towards the 6 & Under high point. 		
DISABILITY SWIMMERS	<ul style="list-style-type: none"> • Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. • The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition. 		

FORMAT AND SEEDING	<ul style="list-style-type: none"> No deck entries will be allowed. All events are competed as timed finals. Events will be pre-seeded and swum slowest to fastest. The Meet Referee may insert additional breaks between events in order to maintain an appropriate timeline for the athletes. 		
SCORING	<table border="0"> <tr> <td data-bbox="472 348 987 722"> <ul style="list-style-type: none"> 1st Place = 20 points 2nd Place = 17 points 3rd Place = 16 points 4th Place = 15 points 5th Place = 14 points 6th Place = 13 points 7th Place = 12 points 8th Place = 11 points </td> <td data-bbox="987 348 1502 722"> <ul style="list-style-type: none"> 9th Place = 9 points 10th Place = 7 points 11th Place = 6 points 12th Place = 5 points 13th Place = 4 points 14th Place = 3 points 15th Place = 2 points 16th Place = 1 point </td> </tr> </table>	<ul style="list-style-type: none"> 1st Place = 20 points 2nd Place = 17 points 3rd Place = 16 points 4th Place = 15 points 5th Place = 14 points 6th Place = 13 points 7th Place = 12 points 8th Place = 11 points 	<ul style="list-style-type: none"> 9th Place = 9 points 10th Place = 7 points 11th Place = 6 points 12th Place = 5 points 13th Place = 4 points 14th Place = 3 points 15th Place = 2 points 16th Place = 1 point
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SCHEDULE	<ul style="list-style-type: none"> Warm-ups at: TBA Meet Start at: 9 a.m. 		
FEES	<ul style="list-style-type: none"> Individual Events - \$5.00 All checks should be made payable to Du Quoin Swimming Indians. There will be no refunds. 		
AWARDS	<ul style="list-style-type: none"> 1st Place through 3rd Place = Medals 4th Place through 8th Place = Ribbons High point 1st – 3rd place for each age group/gender. 		
WORKER LIST	<ul style="list-style-type: none"> Each team will need to submit a list of volunteers that are able to work the swim meet. Please use the work list page below. The worker list must be submitted with the entries by 11:59 pm on June 24, 2025. 		
INVITATIONAL SHIRT	<ul style="list-style-type: none"> We will be offering a special invitational t-shirt with the meet logo on it. The online store will close at 11:59 pm on 6/17/25. The online store can be found at https://shopsilkworm.com/dqswimsprintclassic <div data-bbox="570 1373 1016 1887" data-label="Image"> </div>		

Du Quoin Sprint Classic 2025 Event Order

Boys	Event Order	Girls
1	7-8 25 M Butterfly	2
3	9-10 25 M Butterfly	4
5	11-12 50 M Butterfly	6
7	13-14 50 M Butterfly	8
9	15-18 50 M Butterfly	10
11	6 & Under 25 M Freestyle	12
13	7-8 25 M Freestyle	14
15	9-10 25 M Freestyle	16
17	11-12 50 M Freestyle	18
19	13-14 50 M Freestyle	20
21	15-18 50 M Freestyle	22
23	6 & Under 25 M Backstroke	24
25	7-8 25 M Backstroke	26
27	9-10 25 M Backstroke	28
29	11-12 50 M Backstroke	30
31	13-14 50 M Backstroke	32
33	15-18 100 M Backstroke	34
35	7-8 25 M Breaststroke	36
37	9-10 25 M Breaststroke	38
39	11-12 50 M Breaststroke	40
41	13-14 50 M Breaststroke	42
43	15-18 100 M Breaststroke	44

Worker List

In order to prepare for the Du Quoin Sprint Classic 2025 Swim Meet, we are requesting that you submit a list of names to fill the positions listed. Please fill in as many positions as possible. We must have volunteers in every position in order to run the meet orderly and effectively. We will be unable to start the meet until all positions have been filled. Please return this completed form with your team's entries by 11:59 pm on June 24, 2025, via email, to Denise Woodsides at dwoodsides74@gmail.com.

TEAM NAME		
COACH NAME		COACH PHONE
CONTACT NAME		CONTACT PHONE
	1 st SHIFT	2 nd SHIFT
TIMERS	1)	1)
	2)	2)
	3)	3)
RUNNERS	1)	1)
	2)	2)
STARTER	1)	1)
BULLPEN	1)	1)
	2)	2)
HEAT WINNER	1)	1)
COMPUTER	1)	1)
AWARDS	1)	1)
	2)	2)
STROKE JUDGE	1)	1)
	2)	2)