



Agenda Notes from Parent/Family Meeting

Saturday, August 31, 2024

9:00-10:00 / 10:00-11:00

Castroville Regional Park Pool - upper deck

(816 Alsace, Castroville, TX 78009)

Purpose of MVSC team

To provide accessible and excellent aquatics programming (competitive swimming & swim lessons) to all families; to advocate for swim programming in general and expand reach out to community members; to work with City government and Schools to grow year-round opportunities that support our respective programs (ex: summer league and high school swimming).

Introductions of team staff

*Head Coach/Owner - nicol schriner

*Contact info: coachnicol.mvsc@gmail.com / 210-665-1807

*Available for all questions about the team; also available for private competitive lessons & adult and special needs lessons

*Background - 30 years in competitive swimming and water polo; 15 years full time professional USA Swimming coach; grew up in & came back to Castroville to build MVSC; academic degrees in philosophy, specifically the philosophy of sport and ethics

*Preteam and Swim Lesson Coach - Laura Kokesh

*Contact info: swimmingwithcoachlaura@gmail.com / 210-488-4874

*Contact regarding preteam and swim lessons; also available for triathlete training

*Background - 40 years in competitive swimming; 17 years teaching swim lessons; USA Swimming coach

*Team Administrator - Gina Davis

Communication and Information

*General - The team website (mvsc.swimtopia.com) is a robust resource; Emails will be sent to families (using the primary email address submitted on the registration form) ~10 days. Notices (celebratory and practical) will also be posted to Facebook and Instagram.

*Parent-coach meetings - Families are welcome to call/text/email and/or make an appointment to talk with coaches before or after swim practices. *Coaches give 100% of their attention to swimmers during practices so unless it's a hello or an emergency, please do not plan to talk with coaches during swim practice.*

*In the case of possible or actual inclement weather, MVSC will notify families by email, on Facebook, and on Instagram as soon as possible.

*Billing - MVSC uses Wave to email monthly and event invoices to families. You may pay by cash, check, or online; you can pay month to month or make a

multi-month payment; you can also store your credit card on the Wave site and allow for automatic drafts to your bank account or credit card. MVSC will always email you a receipt of your payment for your records.

Practice and Event schedule

*Schedules, estimated event dates, and holidays are on team website

*Attendance is not required at all team practices or competitions; we believe that every day in the pool is a good day to get better and there is no penalty for not participating (although coaches like to keep in touch with how our swimmers are doing outside of the pool)

*Meet schedule - competitions are all within the San Antonio area. The furthest distance of a probable competition is at the Das Rec natatorium in New Braunfels. As soon as meet hosts post Meet Information, the information will be uploaded to the team website and families will receive an email notice. When November rolls around, we will have a finalized location for our Championship series (for those eligible).

Training equipment

*Equipment list and link to MVSC team store at SwimOutlet.com (where we have lots of examples of appropriate equipment) is on the team website.

*Basics - Reusable water bottle with swimmer name, goggles, one piece suit, fins, tennis balls; optional: second pair of goggles (suggested one shaded and one clear), kickboard (please see examples at MVSC SwimOutlet store)

*SwimFreak, our team suit vendor, will be at the Thurs, Sept 05 from 5-6 p.m. They will be doing swimsuit fittings and will have additional equipment/fun stuff to purchase. To prepare for the winter season, SwimFreak will also bring swim parkas.

Uniforms

*MVSC provides team shirts, swim caps, and expects to provide team swim suits for core team. Swim caps were handed out to families who attended the parent meeting.

*Julie Beckman is our volunteer coordinator for team uniforms. ❤️ Thank you, Julie!

Team Code of Conduct

*Short version: *expect to be treated as a valuable team member, treat others likewise, err towards compassion, and direct any concerns to coach nicol.* The longer version is part of our team registration that includes agreement to a code of conduct for athletes & a code of conduct for parents. Give it a read and guide your swimmers towards an understanding of social behavior expectations.

Volunteer Roles, Sponsorships

*Our volunteer needs add up to ~300 hours a season (typical for teams this size). Any help you can offer is sincerely appreciated!

*MVSC has three top general needs:

- 1) organizing social events (planning for decoration, awards, tracking RSVPs);
- 2) advocacy and outreach (making institutions like City Councils and schools area of our good work, advertising by sharing fliers and team info, networking with businesses, manning booths at community events) and;
- 3) fundraising (passively or actively).

-A sponsorship form is available as a PDF on the team website. We also have an online form (<https://forms.gle/KeBUQaTdV4Fy9ZPo8>). Sponsors are not being asked for handouts; MVSC provides immediate, measurable value for their contributions.

-Donations are always welcomed in any amount. Online donations can be made using the PayPal feature on the team website but we're also collecting donations in small, regular ways (ex: when coach nicol works at All Local, all tips go to the team; when MVSC has a booth at Fiorella Friday, anyone is welcome to put change, bills, or checks in the donation jar.)

*MVSC has three top specific needs:

- 1) Assuring that for each competition we attend, there are 4 adults willing to serve as timers during the meet. When meet information is posted to the team site, there is a signup option for athletes & volunteers.
- 2) Securing 1-2 USA Swimming certified Meet Officials. (Training is provided & if possible, a discount will be applied to those families monthly fees for each meet they officiate.)
- 3) Mentoring someone to become our next team administrator. (Training is provided, MVSC will pay for training and membership costs.) The role entails being a backup representative of MVSC in the situations when the head coach is not available. For all the Type-A's out there—this is a lane you'll thrive in!

(notes written by coach nicol and posted 20240902)