



Schertz YMCA Swim Team

Held under the sanction of USA Swimming Block Party

Meet Name:

2024 SYS Saturday Night at the Races - October

Meet Date: Saturday, October 26th 2024

Venue:

Schertz Aquatics Center
621 Westchester
Schertz, TX 78154

Entries Open:

Tuesday, October 15, 2024. 13:00pm

Entry Deadline:

Monday October 21. 13:00 PM

Qualifying Times:

none

Entry Email:

brandonfain1979@gmail.com

Entry Fees:

\$10 per event also a \$7 athlete surcharge. No refunds.
Make checks payable: Schertz Family YMCA
Hand deliver to Brandon Fain (SYS Head Coach)

Deck Entries:

There will be no deck entries at this meet.

Schedule:

Warm up begins	1630
Competition begins	1730

Facilities:

Eight Lane (25 yard) indoor facility. Lanes 1-6 will be used for competition and lane 8 for warm up/ warm down. Colorado timing system. Full scoreboard with heat and lane display. Limited indoor seating.

Water Depth:

The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet at the start end and the turn end is 4 feet measured for a distance of 1.0 meters to 5.0 meters from both wall ends.

Course Certification:

The competition course has not been certified in accordance with Article 104.2.2((4))

Format:

Timed Finals.

The event will be seeded fastest to slowest.

If inclement weather is an issue the meet will be stopped and meet decisions will be made in real time.

Age Up Date: October 26th 2024

Return to Competition:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTH TEXAS SWIMMING, SURGE AQUATICS AND SUBSIDIARIES AND EACH OF THEIR OFFICERS, PARTNERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Meet Operation:

There is ample room in the parking lot and grass to set up during the meet. Locker room access will be very limited.

Deck Changing:

Deck Changing is prohibited.

Scoring and Awards:

There will be no awards and no scoring of the meet. Results: Results will be found on the STSI website

Liability:

In granting a sanction for this meet, it is understood and agreed that USA Swimming, Inc, South Texas Swimming Inc, Schertz Family YMCA, Schertz YMCA Swim Team and officials shall be free from any liabilities or claims for damage arising by reasons of injuries to anyone during the conduct of this meet. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmers' club, if attached, to be held accountable for repairs.

Medical Supervision:

During the meet, lifeguards and AED equipment will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.

Sanction:

This meet has been sanctioned USA Swimming under the Block Party Policy. Current USA Swimming rules, including Minor Athlete Abuse Protection Policy (MAAPP) and any relevant sections of the South Texas Swimming Policies & Procedures Manual, will govern this meet. All swimmers must be registered as athletes for 2025 with USA Swimming by the meet date. Athletes who register with USA Swimming after the meet entry deadline may enter the meet only if they can present their 2024-2025 USA Swimming registration card or proof of membership. South Texas Swimming does not allow on-deck USA Swimming registrations. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and they understand that compliance with MAAPP is a condition of participation in the conduct of this competition.

USA Swimming Registration:

All swimmers, coaches, and officials participating in this competition must be currently (2024-2025) registered with USA Swimming. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming ID card as proof of registration to the Meet Director or designee at any time. Swimmers who are 1. Late enter when possible; 2. Need to be late entered because of clerical errors by the entering team or the meet host; or 3. Are not entered in this meet and choose to enter the time trials, if offered, will be required to present their USA Swimming ID card . A coach may also present the clubs official, watermarked roster from USA Swimming club portal. Current national and LSC regulations do not allow for exceptions to these policies.

Cell Phones Restrictions:

The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility and arrest.

Swimmer photographs and videos:

There may be one or more photographers and or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Drones:

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) at any time athletes, coaches, officials and or/ spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee

Entry Procedures:

The only acceptable mode of entry is Hy-Tek Comm link file. Meet entry file HYV will be published on STSI website. Hard copy (PDF) must accompany the file. Entries received without a seed time will not be entered into the meet and fee will not be refunded. Please email entries to the Entry Chair, Brandon Fain (brandonfain1979@gmail.com) and include meet entry report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees due along with your entry file. When submitting files to the entry chair, please include the name and email address, and phone number of the person submitting the entries. If you do not receive email confirmation, your entries were not received.

Entry restrictions:

This meet is open to 2024-2025 registered USA Swimming athletes. Meet entries will be capped at 200 swimmers. Maximum of 4 individual events and 2 relays. Entries will be processed in the order received. If a swimmer does not have a SCY time the coach should estimate a time for the swimmer so that the swimmer may be seeded accordingly. Relays will be swam Girl / Boy. Individual events will be swimming mixed.

Meet Management:

Meet Referee: Charles Michaels - c-michaels@sbcglobal.net - 210-621-3960

Entry Chair: Brandon Fain - brandonfain1979@gmail.com 210-288-9302

Meet Director: Brandon Fain

Admin Official: Tom Schultz

Unaccompanied Swimmers:

Any swimmer entered in the meet must be certified by a USA Swimming member -coach at being proficient in performing a racing start or must start each race from within the water

without use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.2.

Rules:

The 2023 USA Swimming Technical Rules and any relevant sections of the STSI Policies and Procedures Manual will apply to this competition.

Warm Up:

Warm Up will be conducted in accordance with the current STSI Policies and Procedures on page five. There will be one (1) lane available throughout the duration of the meet.

Scratch Rules:

There is no penalty for scratching from a pre-seeded event.

Special Needs:

A disability is defined as Permanent physical or mental impairment that substantially limits one or more major life activities. Please notify Schertz YMCA Swim Team in advance of this meet with the name and age of any member on your team who may need assistance to enter the building. The Aquatics staff will make reasonable accommodations for swimmers, coaches, or spectators who wish to enter and use the facility. In any meet sanctioned or approved by South Texas Swimming Inc. which may include one or more swimmers with visual, hearing, mental or physical disabilities; the judging of such competitors shall be in strict accordance with the current USA Swimming Rules and Regulations, ie Article 105. Coaches and or athletes must notify the meet host and the meet referee before the completion begins and preferable at the time entries are submitted, if any specialized equipment is required and or if they are to be considered for judging under article 105.

Officials:

All 2024-2025 South Texas certified and in training USA Swimming registered officials are invited to participate. Please contact the Referee if you wish to participate. The required uniforms are white collared shirts/ blouses over khaki trousers, Bermuda-length shorts, skirts or capris. Please No jeans, cut off or flip flops. Please report to the Meet Referee in accordance with the Daily Schedule on page 1 to be briefed and receive assignments. Name tags are strongly encouraged to be worn.

	Event		
1	200 Medley Relay	Girls	
2	200 Medley Relay	Boys	
3	200 Free		Mixed
4	50 Breastroke		Mixed
5	100 IM		Mixed
6	50 Backstroke		Mixed
7	100 Butterfly		Mixed
8	100 Freestyle		Mixed
9	100 Backstroke		Mixed
10	50 Butterfly		Mixed
11	100 Breastroke		Mixed
12	50 Free		Mixed
13	200 Free Relay	Girls	
14	200 Free Relay	Boys	

SOUTH TEXAS SWIMMING, Inc.

Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

- I. Assigned Warm-up Procedures
 - a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
 - b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
 - c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
 - b. Push/Pace lanes will push off one or two lengths from starting end.
 - c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
 - d. There will be no diving in the general warm-up lanes—circle swimming only.
 - e. No kickboards, pull buoys, or hand paddles may be used.
- ### III. Safety Guidelines
- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
 - b. The host team will be responsible for the following:
 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokers will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroker waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.