

Northland Conference Dual Meets

Summer 2020

TYPE OF MEET: Closed League Dual - Age Group Timed Finals

SANCTION: Held under the Sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc., **Blanket Sanction Number: MV-20-54** .

MEET HOSTS: Northland Swim Conference and teams listed below.

MEET DATES/TEAMS:

July 1 - 2

Woodneath Farms: Intra-squad

July 6 - 12

Riss Lake: Intra-squad
Coves vs Woodneath Farms
Hills of Walden vs Thousand Oaks
Walnut Creek vs Old Pike

July 13 – 19

New Mark vs Coves
Hills of Walden vs Old Pike
Riss Lake vs Woodneath Farms
Thousand Oaks vs Walnut Creek

July 20 – 26

New Mark vs Woodneath Farms
Riss Lake vs Coves
Walnut Creek vs Hills of Walden
Thousand Oaks vs Old Pike

July 27 – 31

New Mark vs Riss Lake

OFFICIALS:

Jason Hipper – Meet Director
Laura Graybill – Meet Director
Sarah Roberts – Meet Director
Kelly Dierker – Meet Director
Shea Henderson – Meet Director
Lindsay Hatcher – Meet Director
Megan Cowger – Meet Director/AO

Kelly Jones – Meet Referee
Tom Lee – Meet Referee
Stacy Williamson – Meet Referee
Dave Reikhof – Meet Referee
Matt Wiewel – Meet Referee / Starter
Donovan Smith – Meet Referee/ AO
Curtis Myers – Meet Referee / AO
Nick Morris – Meet Referee
Leah Naseem – Meet Referee
Lee Wolfe – Meet Referee/ AO/ Starter
Chuck Siegel – Meet Referee/AO/Starter

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Stephanie Schieber – AO

Brandy Stewart – AO

Kris Roberts – AO

Kelsey Schmalz – AO

Krissy Ringo – AO

Lynne Nichols – AO

Chad Hoth – Starter

Angie Barton – Starter

Tami Gittings-Hayes – Starter

Brad Houts - Starter

Chris Ballard – Starter

Andy Riggs – Starter

Kevin Ringo – Starter

David Wickerham – Starter

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VENUES: All starts from the turn end of Coves, Old Pike, Thousand Oaks, Walnut Creek, and Woodneath Farms shall be in-water starts.

Pool	Address	Number of Lanes	Pool Length	Start End Depth	Turn End Depth	Starting Block Height	Timing System
Clayview	7990 N Farley Ave Kansas City, MO 64158	8	25 m	50"-150"	50"	29"	Three Manual Watches
Coves	8221 N Overland Dr Kansas City, MO 64151	5	24.65 m	144"	42"	23.5"	Three Manual Watches
Hills of Walden	5940 N Polk Dr Kansas City, MO 64151	6	25 m	74"	50"	29"	Three Manual Watches
New Mark	9800 N Lydia Ave Kansas City, MO 64155	6	25 m	144"	48"	28"	Three Manual Watches
Old Pike	5101 NW Old Pike Rd Kansas City, MO 64118	6	25 m	56"-66"	43.5"-47.5"	25"	Three Manual Watches
Riss Lake	5900 Riss Lake Dr Parkville, MO 64152	6	25 m	72"	48"	29"	Three Manual Watches
Thousand Oaks	6630 N Nevada Ave Parkville, MO 64152	6	25 m	72"	46"	29"	Three Manual Watches
Walnut Creek	5502 NW Club House Cv Parkville, MO 64152	5	25 m	83"	36"	29"	Three Manual Watches
Woodneath Farms	9001 NE 90 th Street Kansas City, MO 64157	6	25 m	60"	42"	29"	Three Manual Watches
YMCA Platte City	3101 Running Horse Rd, Platte City, MO 64079	8	25 m	130"	62"	29"	Three Manual Watches

RULES: 2020 USA Swimming Official Rules for Swimming, 2020 Missouri Valley Swimming Rules, and 2020 Northland Conference Rules will govern the meet. The Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect at this meet

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Any swimmer entered in the meet must be certified by a USA Swimming member coach, as being proficient in performing a racing start or must start each race from the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

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The competition courses have not been certified in accordance with 104.2.2C(4)

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Deck changes are prohibited.

It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present

- ELIGIBILITY:** All swimmers must be registered as a 2020 athlete member of USA Swimming and attached to a Northland Swim Conference registered team. Registration of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered will not be allowed to swim in the meet.
- START TIMES:** Start and warm up times will be posted and communicated to participants by the host club once all entries have been received.
- AWARDS:** Ribbons will be awarded for 1st through 6th place in individual events and 1st place for relay events. Heat Winner Ribbons will be handed out for all 10&U individual events at the end of each heat. Awards will not be mailed.
- SEEDING:** All events will be seeded slowest to fastest with NT seeded first. The meet will be pre-seeded based upon entry times. Deck entries will not be accepted.
- SCORING:** Individual Events will be scored 7, 5, 4, 3, 2, 1 for 1st through 6th place respectively and 7 points for 1st place in a relay.
- FINAL RESULTS:** Final Results will be posted on the Missouri Valley Website and may include the swimmer's name, age, and times.
- WARM-UPS:**
1. Pre-Meet Warm-Up Period
 - a. Marshals will remain on duty for the entire warm-up period.
 - b. Marshals will be responsible for the control and supervision of the swimmers both in and out of the pool.
 - c. Control and Supervision are the key words for safe swimming.
 2. Coaches shall continually supervise their swimmers during all the meet and warm-up sessions.
 3. Swimmers or coaches not following the prescribed warm-up procedures or directions of marshals or USA Swimming officials may be barred from the use of the warm-up area.
 4. Backstrokers shall ensure that they are not starting at the time that a swimmer is on the blocks. Swimmers shall not step onto the starting blocks if a backstroker is waiting to start.
 5. No running on the pool deck.

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6. In the case of a recall start, swimmers on the deck shall not jump or dive into the pool in order to stop swimmers.
7. When using the side lanes for warming up or down during the meet, swimmers shall not perform racing starts and must circle swim.
8. Changes to warm-up procedures and other factors necessary to ensure swimmer safety may be made by the host team with the consent of the referee.
9. Warm-up areas are for the use of USA Swimming registered swimmers only and are not to be used as a cooling off area by spectators.
10. Swimmers may NOT dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm-up.

COVID-19 RESPONSE PROTOCOLS:

We have taken enhanced health and safety measures – for athletes, officials, personnel, and spectators. You must follow all posted instructions of the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending and participating in [meet name], you voluntarily assume all risks related to exposure to COVID-19.

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BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND MISSOURI VALLEY SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

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List of Events		
BOYS	AGE EVENT	GIRLS
EVENT #		EVENT #
1	8 & Under 100 Medley Relay	2
3	9-10 200 Medley Relay	4
5	11-12 200 Medley Relay	6
7	13-14 200 Medley Relay	8
9	15-18 200 Medley Relay	10
11	8 & Under 25 Freestyle	12
13	9-10 50 Freestyle	14
15	11-12 50 Freestyle	16
17	13-14 50 Freestyle	18
19	15-18 50 Freestyle	20
21	8 & Under 25 Butterfly	22
23	9-10 50 Butterfly	24
25	11-12 50 Butterfly	26
27	13-14 50 Butterfly	28
29	15-18 50 Butterfly	30
31	8 & Under 25 Backstroke	32
33	9-10 50 Backstroke	34
35	11-12 50 Backstroke	36
37	13-14 50 Backstroke	38
39	15-18 50 Backstroke	40
41	9-10 100 IM	42
43	11-12 100 IM	44
45	13-14 100 IM	46
47	15-18 100 IM	48
49	8 & Under 25 Breast	50
51	9-10 50 Breast	52
53	11-12 50 Breast	54
55	13-14 50 Breast	56
57	15-18 50 Breast	58
59	8 & Under 100 Freestyle Relay	60

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61	9-10 200 Freestyle Relay	62
63	11-12 200 Freestyle Relay	64
65	13-14 200 Freestyle Relay	66
67	15-18 200 Freestyle Relay	68